

CAROLINE
HIRONS.#



THE FACE-OFF KIT



THE FACE-OFF KIT #1

THIS KIT IS ABOUT REMOVING ALL TRACE OF THE DAY,
TREATING THE IMPACT OF DAILY POLLUTION (THANK YOU
DR LENS) AND DELIVERING BRIGHTER SKIN.



Step 1 – Cleanse

DECREE LIGHT CLEANSE, 100ML



Cruelty free



Pregnancy friendly



Suitable for breastfeeding



Vegan



Suitable for acne skin



Fragrance free

The Decree Light Cleanse is gentle, yet effective, working perfectly as your morning cleanser to remove overnight congestion and excess oil. Softly and gently foaming, it is infused with rose water, glycerine and seaweed extract leaving your skin soft, plump and hydrated.

HOW TO USE IT:

- AM/PM second cleanse.
- Apply a big blueberry-sized amount to dry skin and massage onto face and neck. You may need to add water to get it moving.
- Use a damp flannel to remove.

FACE-OFF KIT #1

Step 2 – Acid Tone

MEDIK8 PRESS & GLOW,TM 200ML



Glycolic free



Cruelty free



Pregnancy friendly



Suitable for breastfeeding



Vegan



Suitable for acne skin



Fragrance free

Press & Glow contains the PHA gluconolactone, which is a next generation exfoliating acid that is found naturally in the skin and acts as a moisture magnet. The product can be used twice daily. Regular exfoliation is key to keeping a dull complexion at bay. Press & Glow is perfect as an acid-based toner for everyday surface exfoliation, giving an all-year round glow.

HOW TO USE IT:

- AM/PM.
- Apply one pump to a cotton pad and wipe across cleansed skin in a side-to-side action, working downwards from the forehead.





Step 3 – Hydrate

ANTONIA BURRELL FOREST DEW PLUMP + HYDRATE BEAUTY WATER, 100ML



Glycolic free



Cruelty free



Pregnancy
friendly



Suitable for
breastfeeding



Vegan



Suitable for
acne skin

A thirst-quenching drink for the skin, which deeply hydrates and plumps up the skin. This mist helps to reduce the look of large pores, fine lines, wrinkles, and redness.

HOW TO USE IT:

- AM/PM or whenever is needed.
- Spritz over the face as liberally as you like. I like to keep mine in the fridge for an extra cool, refreshing experience.

FACE-OFF KIT #1

Step 4 – Treat

STRIVECTIN INTENSIVE EYE CONCENTRATE FOR WRINKLES PLUS, 30ML



Glycolic free



Cruelty free



Pregnancy friendly



Suitable for breastfeeding



Vegan



Suitable for acne skin



Fragrance free

The Intensive Eye Concentrate for Wrinkles Plus helps to reduce the appearance of crow's feet, under-eye lines and frown lines between the brows, whilst also helping to reduce the appearance of dark circles and puffiness.

HOW TO USE IT:

- AM/PM.
- Take half a pump onto your ring finger, quickly blend into the opposing ring finger and gently apply to the orbital bone, smoothing outwards, upwards and around the entire eye area.





Step 5 – Treat

SUNDAY RILEY C.E.O. 15% VITAMIN C BRIGHTENING SERUM, 30ML



Cruelty free



Pregnancy friendly



Suitable for breastfeeding



Suitable for acne skin



Fragrance free

CEO 15% Vitamin C Brightening Serum is targeted to help reduce the look of dullness, dark spots and discoloration at the source, while diminishing the signs of premature ageing. Skin looks firmer and plumper, as a youthful skin's bounce and even tone are restored.

HOW TO USE IT:

- AM.
- Apply one pump in an even layer across your face and neck. Add more if needed – skin should not feel sticky or tacky after application.
- Please note, it is not necessary to use both serums twice a day. Consider these as part of your skincare wardrobe.

FACE-OFF KIT #1

Step 6 – Treat

ZELENS TEA SHOT URBAN DEFENCE SERUM, 30ML



Glycolic free



Cruelty free



Pregnancy friendly



Suitable for breastfeeding



Vegan



Suitable for acne skin



Fragrance free

Rich in potent antioxidants, this moisturising serum helps to protect from daily environmental pollution and stressors and helps to reduce the visible signs of premature skin ageing caused by free radicals. Skin feels protected and looks healthy and youthful.

HOW TO USE IT:

- AM/PM.
- Apply a blueberry-sized amount in an even layer to face and neck.
- Please note, it is not necessary to use both serums twice a day. Consider these as part of your skincare wardrobe.





Step 7 – Moisturise

MURAD CLARIFYING OIL-FREE WATER GEL, 47ML



Glycolic free



Cruelty free



Pregnancy
friendly



Suitable for
breastfeeding



Suitable for
acne skin

Hyaluronic acid deeply hydrates while salicylic acid exfoliates and refines for a balanced, non-greasy finish. Korean red pine extract helps stop quorum sensing – a process known to cause microbiome imbalance and irritation. This oil-free, water-light formula helps to purify and refine.

HOW TO USE IT:

- AM/PM.
- Apply one to two pumps in an even layer to face and neck.

FACE-OFF KIT #1

Step 8 – Protect

DERMALOGICA PRISMA PROTECT SPF30, 50ML



Glycolic free



Cruelty free



Pregnancy
friendly



Suitable for
breastfeeding



Vegan



Suitable for
acne skin



Fragrance
free

This multi-tasking broad spectrum SPF30 provides protection from UV damage, while a bio-ferment from sage helps to maintain an even skin tone. Breakthrough antioxidant technology helps to protect skin against pollution.

HOW TO USE IT:

- AM.
- Apply two full finger-lengths to the face, neck and ears. Start with one and then apply more to areas you may have missed and to high points of the face.





THE FACE-OFF KIT #2

THIS KIT IS ABOUT REMOVING ALL TRACE OF THE DAY,
TREATING THE IMPACT OF BEING 'OUT AND ABOUT' MORE
AND DELIVERING BRIGHTER SKIN.



Step 1 – Cleanse

VOTARY CLEANSING OIL — ROSE GERANIUM AND APRICOT, 100ML



Glycolic free



Cruelty free



Pregnancy friendly



Suitable for breastfeeding



Vegan

The Rose Geranium and Apricot Cleansing Oil nourishes and hydrates, leaving your skin clean, soft and plumped without feeling tight. Vitamin E minimises redness and inflammation, respecting and protecting the skin's mantle.

HOW TO USE IT:

- AM/PM.
- Apply 2 to 3 pumps to dry skin and massage onto face and neck. Repeat in the evenings if you have been wearing SPF or makeup.
- Use a warm, damp flannel to remove.

FACE-OFF KIT #2

Step 2 – Acid Tone

MEDIK8 PRESS & GLOW,TM 200ML



Glycolic free



Cruelty free



Pregnancy friendly



Suitable for breastfeeding



Vegan



Suitable for acne skin



Fragrance free

Press & Glow contains the PHA gluconolactone, which is a next generation exfoliating acid that is found naturally in the skin and acts as a moisture magnet. The product can be used twice daily. Regular exfoliation is key to keeping a dull complexion at bay. Press & Glow is perfect as an acid-based toner for everyday surface exfoliation, giving an all-year round glow.

HOW TO USE IT:

- AM/PM.
- Apply one pump to a cotton pad and wipe over cleansed skin.
- Always use an SPF AM.





Step 3 – Hydrate

JANUARY LABS RESTORATIVE TONIC MIST, 118ML



Glycolic free



Cruelty free



Pregnancy
friendly



Suitable for
breastfeeding



Vegan



Suitable for
acne skin



Fragrance
free

A beautifully refreshing mist, full of skin-caring ingredients that can help to calm and soothe inflammation, reduce blemish-causing bacteria and hydrate the skin. Regular use can help to soften, balance and restore the skin.

HOW TO USE IT:

- AM/PM or whenever you need.
- Spritz over the face as liberally as you like. I like to keep mine in the fridge for an extra cool, refreshing experience.

FACE-OFF KIT #2

Step 4 – Hydrate

OSKIA ISOTONIC HYDRA-SERUM, 30ML



Glycolic free



Cruelty free



Pregnancy friendly



Suitable for breastfeeding



Suitable for acne skin



Fragrance free

A technological take on skin hydration, this lightweight hydrating serum infuses instant and long-term moisture to quench thirsty skin and can help to increase and regulate skin hydration. Calming and comforting, it also replenishes vital nutrients and supports the skin's mantle and barrier function – resulting in skin that feels hydrated, supple, strong and calm.

HOW TO USE IT:

- AM/PM.
- Apply half a pump in an even layer to face and neck, repeating if necessary.
- Please note, it is not necessary to use both serums twice a day. Consider these as part of your skincare wardrobe.





Step 5 – Treat

SUNDAY RILEY C.E.O. 15% VITAMIN C BRIGHTENING SERUM, 30ML



Cruelty free



Pregnancy friendly



Suitable for breastfeeding



Suitable for acne skin



Fragrance free

CEO 15% Vitamin C Brightening Serum is targeted to help reduce the look of dullness, dark spots and discoloration at the source, while diminishing the signs of premature ageing. Skin looks firmer and plumper, as a youthful skin's bounce and even tone are restored.

HOW TO USE IT:

- AM.
- Apply one pump in an even layer across your face and neck. Add more if needed – skin should not feel sticky or tacky after application.
- Please note, it is not necessary to use both serums twice a day. Consider these as part of your skincare wardrobe.

FACE-OFF KIT #2

Step 6 – Treat

KATE SOMERVILLE KATECEUTICALS™ LIFTING EYE CREAM, 15ML



Glycolic free



Cruelty free



Pregnancy
friendly



Suitable for
breastfeeding



Suitable for
acne skin



Fragrance
free

The ultimate wrinkle-smoothing, under eye-soothing, lifting eye cream inspired by top anti-ageing clinic treatments. Expertly formulated with a triple peptide complex, red and brown algae, hyaluronic acid and vitamin c, Kate's clinic-inspired eye cream relaxes the look of wrinkles, improves skin firmness and increases elasticity around eyes, while depuffing and diminishing dark under-eye circles.

HOW TO USE IT:

- AM/PM.
- Take half a pump onto your ring finger, quickly blend into the opposing ring finger and gently apply to the orbital bone, smoothing outwards, upwards and around the entire eye area.





Step 7 – Moisturise

SUMMER FRIDAYS CLOUD DEW OIL-FREE GEL CREAM, 50ML



Glycolic free



Cruelty free



Pregnancy
friendly



Suitable for
breastfeeding



Vegan



Suitable for
acne skin



Fragrance
free

This oil-free formula is packed with hyaluronic acid, glycerin and amino acids to help boost skin's moisture barrier. Super-potent antioxidants and brightening pineapple enzymes help to improve skin tone and texture.

HOW TO USE IT:

- AM.
- Apply a small amount to entire face and neck area, lightly tapping in to absorb.
- If you are super dry, reapply your mist on top to leave the skin extra hydrated.

FACE-OFF KIT #2

Step 8 – Protect

CHANTECAILLE ULTRA SUN PROTECTION SPF 45 PA++, 40ML



Glycolic free



Cruelty free



Pregnancy
friendly



Suitable for
breastfeeding



Vegan



Suitable for
acne skin



Fragrance
free

A powerful skin shield with skin-perfecting properties, it offers the ultimate anti-ageing protection from the environment by creating an invisible barrier that protects skin from UVA/UVB ray damage. Oil-free, lightweight and mattifying, it's ideal for all skin types.

It can be worn on its own or under foundation as a smoothing face primer, creating the perfect canvas for flawless, long-lasting makeup application.

HOW TO USE IT:

- AM.
- Ideally, apply two full finger-lengths to the face, neck and ears. It works better if you do this in stages as opposed to trying to apply all at once.





THE LEGAL STUFF

The views expressed in this e-book are the author's own and are provided for informational purposes only. The author makes no warranties about the suitability of any product referenced here for any person other than herself and any reliance placed on these references by you is done so solely at your own risk. Nothing in this e-book shall be construed as providing dermatological, medical or other such advice and you are always advised to seek the advice of a suitable professional should you have any such concerns.

**CAROLINE
HIRONS.** #