

PREP GUIDE

plain  jane

lovingly crafted to inspire your creativity



WELCOME

One of the things I get asked about most is how much prep work is needed with Plain Jane Paints.

Conflicting advice around prepping furniture for painting can leave you feeling a little overwhelmed, confused and ready to give up painting before you've even got started! The good news is that our paints require very minimal prep so you can get started on the fun stuff straight away.

We are going to look at 4 things, cleaning, sanding, stripping and priming. I hope you find this useful!

Jane X





CLEANING

DO I NEED TO CLEAN MY FURNITURE?

Yes! This is an easy one because the answer is always yes.

it doesn't matter what you are painting, always give it a good clean. You never know what could be on the surface that might resist the paint.

Usually a 50/50 mix of water and good old white vinegar is enough to remove any greasy spots. Simply wash your piece down and rinse it off. If your piece has a build up of thick grime you can use some sugar soap instead (make sure you rinse it all off properly afterwards)



SANDING

DO I NEED TO SAND?

You DO NOT need to sand your piece right back to raw wood. In fact, doing this can actually cause issues with wood tannins bleeding into your paint finish.

If the existing finish is intact then **do not** sand it off. You can use a 180 grit sandpaper to lightly scratch over the surface and create a 'key' for the paint. This should only be a 10 minute job. Don't be tempted to over sand and start completely removing the old finish. Remember to rinse off the dust you have created before you start painting.





STRIPPING

DO I NEED TO STRIP MY FURNITURE FIRST?

Unless the existing finish is flaking or peeling off you DO NOT need to strip back your furniture.

If the existing finish is unstable then you will need to strip it. It will not be possible for the new paint to grip to the furniture if there is a peeling surface in between. Remove all flaking or peeling paint prior to painting.

PRIMING



DO I NEED TO PRIME?

You DO NOT need to prime for adhesion. Our paint sticks incredibly well to pretty much any surface including laminate, glass and metal. If you clean and lightly sand your piece you will have no adhesion issues.

Please remember that although our paint dries in only a couple of hours it isn't actually CURED for 28 days. It is best to be gentle with your piece for the first few days. After the first 24 hours the paint will be very well adhered but it will be at it's strongest when fully cured.

You may need to prime to stop tannin bleed through. This occurs mainly on woods such as mahogany or oak or from knotty yellow pine. If you are painting directly onto any of these woods then you can apply a coat of stain blocking primer first to prevent tannin bleed.

EXAMPLES

PAINTED SURFACE



WASH
SCRATCH SAND
RINSE OFF DUST
PAINT

LAMINATE



WASH
SCRATCH SAND
RINSE OFF DUST
PAINT

GLASS & METAL



WASH
SCRATCH SAND
RINSE OFF DUST
PAINT

RAW WOOD



WASH
PRIME WITH STAIN
BLOCKER
PAINT

PEELING PAINT



REMOVE LOOSE
PAINT
SAND SMOOTH
PRIME IF BACK TO
RAW WOOD
PAINT



TIME TO PAINT!

And that's it! You're all ready to get painting and create something beautiful.

I really hope you found this guide useful. If you still have questions about your project then please get in touch and I will be happy to help you.

You can email me anytime at;

Jane@plainjanepaints.com



Happy Painting!

