

A woman with blonde hair is lying on a massage table, receiving a facial treatment. A therapist's hands are gently massaging her forehead. The background shows a bright, clean spa environment with white shelves holding various products.

 BEVERLEE BOTANICALS

# SERVICE MENU

BEAUTY & WELLNESS

[BEVERLEEBOTANICALS.COM](http://BEVERLEEBOTANICALS.COM)



# ABOUT

BEVERLEE BOTANICALS IS A SELF-CARE BRAND THAT WORKS HOLISTICALLY TO ENHANCE BOTH INNER PEACE & OUTER BEAUTY. WITH THE ESSENCE OF AROMATIC ESSENTIAL OILS, BOTANICAL ELIXIRS, & ZEN MASSAGE THERAPIES, YOU WILL UNVEIL A PATH TO SERENITY & INNER PEACE.

## BEVERLEE

With over a decade of experience in the beauty & wellness industry, Beverlee Felkner is a devoted lifelong learner. She pours her heart into providing top-notch services & aims to create a memorable & uplifting experience for each of her guests.

Ever true to her guiding light, she ventures off to the mystical island of Bali where she graduates from the International Spa Academy where she immersed herself in ancient secrets of Balinese, Ayurvedic Head, & Lymphatic massages. As well as Foot Reflexology & other eastern healing techniques.

Her journey is one of wonder & enlightenment, a testament to the power of dedication & the magic of holistic healing.





# YOUR HOLISTIC JOURNEY INCLUDES

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## **CONSULTATION**

To provide you with a customized experience, we will conduct a pre-treatment consultation where we will discuss your unique requirements, as well as any specific areas to focus on or avoid.

## **BREATHE WORK**

Each session starts with a brief meditation and zen-aroma breathe work. By consciously guiding your breath, you can tap into a serene state of mind, melt away your worries, and let your body bliss out.

## **AROMATHERAPY**

Embark on a Sensory Adventure, as Soothing Scents of Lavender, Frankincense, & Ylang Ylang lull You into deep relaxation. To accompany this blissful aroma, our handpicked sound healing playlist will take you to new heights of tranquility.

# HEAD MASSAGE

## HEAD SPA THERAPY

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Indulge in the ultimate pampering experience that fuses the best of both worlds: the ancient art of acupressure from Eastern cultures & the soothing strokes of Swedish massage. Meridian lines on the head & face are activated from a warm sensation of free flowing energy, while tension is melted away in the neck & shoulders.

This Signature Holistic massage will help you unwind, boost blood flow, & leave you in a state of zen with the help of healing crystals, aromatherapy & organic plant oils.

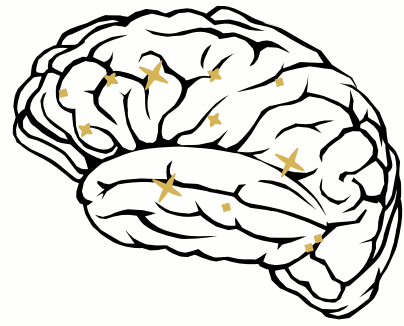
30 min | \$75      60 min | \$120



# HEAD MASSAGE BENEFITS

INDULGE IN THE SACRED ART OF DIVINE WELL-BEING & BEAUTY

## MENTAL HEALTH



Pump up the blood flow to your brain ! Mental fatigue flies out the window, & your brain's chemicals are back in happy harmony. This upgraded circulation brings a blast of oxygen, leaving you with a crystal clear mindset.

## LYMPHATHIC FLOW



Acupressure points & purifying essential oils target the pathways in the lymphatic system (sub-section of your immune & nervous systems). Naturally helping to **detoxify all of the cells in your body.**

## SINUS AID



Say goodbye to pesky headaches & sinus stress with a gentle temple & cheekbone massage. These magic pressure points work wonders in **easing tension & congestion.**



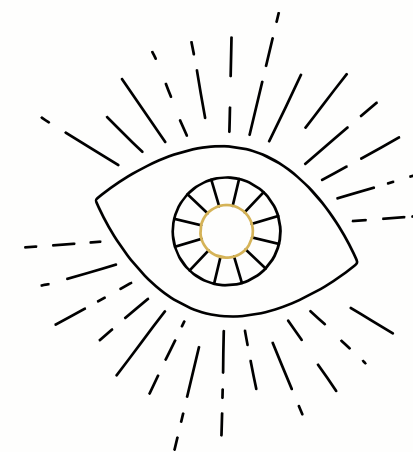
## HEALTHY HAIR

Applying organic, extra virgin coconut oil onto your scalp & hair provides a **nourishing boost**, delivering **extra oxygen** to those hair follicles. The result? Locks that are healthier, stronger, and shinier than ever before!



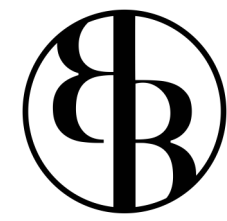
## GLOWING SKIN

Organic Rosehip & Frankincense has the ability to penetrate deep layers of the skin that **stimulates collagen**, as well as **reduces fine lines & wrinkles.** Let's go with your best glow!



## VITAL EYES

Targeting pressure points on the forehead & around the eyes, this magic touch will also help **soothe eye strain** from all that screen time. Say hello to a **more youthful, refreshed look!**



# FACIAL MASSAGE

## GUA SHA THERAPY

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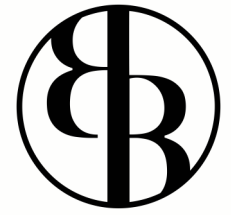
Energetic Chinese care provides deep relaxation & restores the radiance & youth of your face. The points along the meridians are gently stimulated with healing crystals to improve the flow of energy & blood. This massage fights the signs of aging in the face & neck, reduces dark circles & puffiness under eyes. Reduce facial wrinkles & overall revitalize your skin & soul with potent plant oils.

## LYMPHATIC THERAPY

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Facial lymphatic drainage is a gentle massage technique that involves slow and delicate movements directed towards the lymph nodes. This approach aids in the natural elimination of toxins, fluids & waste, resulting in a clearer, brighter complexion. Additionally, this technique is highly relaxing & leaves you feeling refreshed.

30 min | \$45      60 min | \$75



# FOOT REFLEXOLOGY

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Reflexology is an ancient healing art achieved by applying pressure on reflex points of the feet which correspond to internal organs, in the body as a whole.

The power of Reflexology lies in its ability to unlock the gates of restfulness, coaxing the mind & body into a state of stillness where healing can flourish, culminating in a state of harmony & vitality.

15 min | \$20 (add-on)

30 min | \$45

60 min | \$75





# BEAUTY ENHANCEMENTS

## RADIANT SKIN

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### **LED Rose Quartz Face Mask** | **\$15**

Delivers a dose of skin boosting red light , non-invasive solutions for stimulating collagen & elastin production, as well as reducing wrinkles

### **Crystal Collagen Eye Mask** | **\$10**

A rose quartz eye mask is applied over firming collagen patches, reducing puffiness & under eye circles, helping you to look & feel more rested

### **High Frequency for Acne** | **\$10**

Oxygenates the skin, increases circulation, reduces inflammation, & heals emerging blemishes with a bacteria fighting facial device



# BEAUTY ENHANCEMENTS

## HEALTHY HAIR & SCALP

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### **Organic Extra Virgin Coconut Oil | \$15**

Indulge in a head massage using this nutritious cold-pressed oil which not only deeply nourishes a dry scalp, but also offers numerous health & beauty benefits. Experience softer, shinier, healthier, & more hydrated tresses with this must-try treatment.

### **Blue Light Therapy | \$15**

Brings balance to the scalp & stimulates hair follicles to energize & enhance overall hair health using a gentle blue light therapy device





# SELF-CARE IS NOT SELFISH

The Best Gift to Yourself is A Little Love & Attention.

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Spa & Massage are not a luxury. They have have wondrous effects on the mind, body & soul. They help bring about healthier, happier lives & that is a human right.

Allow me to calm your mind, ease your muscles, enhance your natural beauty & recharge your body's essential energies.

*Xo*  
*Beverlee*