

**OWNER'S
MANUAL**

**MODEL NO.
1232011**

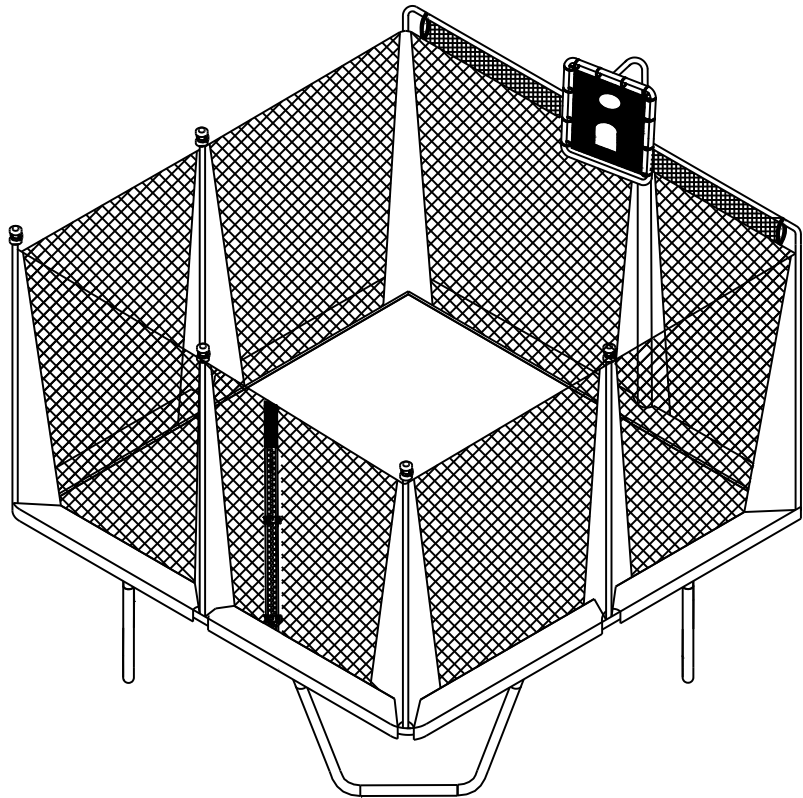
- **Assembly**
- **Adjustments**
- **Parts**
- **Warranty**

CAUTION

You must read and understand this owner's manual before operating unit.



**11 FOOT SQUARE TRAMPOLINE AND
ENCLOSURE WITH PITCHBALL**



MAURICE PINCOFFS

CANADA INC.

6050 Don Murie Street, Niagara Falls, Ontario L2E 6X8
Telephone: (905) 353-8955 Fax: (905) 353-8968

TABLE OF CONTENTS

Assembly Instructions for trampoline	3-15
Installation	3
Assembly	4-16
Care and Maintenance	17
Assembly Instructions for enclosure and pitchball	18-28
Installation	18
Assembly	19-28
Care and Maintenance	29
Warning Information	30
Use Instruction	31-32
Additional trampoline safety instructions	32-34
Tips to reduce risks and accidents	34
Lesson Plan	35
Basic Trampoline Bounces	36
Warranty	37
Liability	37

ASSEMBLY AND INSTALLATION INSTRUCTION

WARNING

PLEASE READ ENTIRE INSTRUCTION BOOKLET BEFORE YOU ASSEMBLE OR USE THIS TRAMPOLINE

INSTALLATION OF THE TRAMPOLINE MAKE SURE THE ASSEMBLED TRAMPOLINE IS ON LEVEL GROUND!

The owner and supervisors of the trampoline are responsible to make all users aware of practices specified in the use instructions.

Use trampoline only with mature, knowledgeable supervision.
Secure the trampoline and trampoline enclosure against unauthorized and unsupervised use.
Inspect before use. Keep frame padding in place.
While keeping the head erect, focus eyes on the trampoline toward the perimeter.
Avoid bouncing when tired.

The minimum overhead clearance required is 24 feet (7.3 meters). In terms of horizontal clearance, please ensure that no hazardous objects are near the trampoline such as tree limbs, other recreational objects (i.e. swing sets, swimming pools), electrical power wiring, walls, fences, etc. Maintain a clear space on all sides of the trampoline.

For safe use of the trampoline, please be aware of the following when selecting a place for your trampoline:

- Make sure it is placed on a level surface.
- The area is well-lighted. Artificial illumination maybe required for indoor or shady areas.
- There are no obstructions beneath the trampoline.
- When not in use, the trampoline should be secured against unauthorized use.
- Do not place trampoline on concrete floor, hard ground surface (i.e. rock), on slippery surface. Do not use indoor.

If you do not follow these guidelines, you increase the risk of someone getting injured.

 **WARNING**

	<p>NO MORE THAN ONE PERSON AT A TIME ON THE TRAMPOLINE! MULTIPLE JUMPERS INCREASE THE RISK OF INJURY SUCH AS BROKEN HEAD, NECK, LEG, OR BACK.</p>		<p>PARALYSIS OR DEATH CAN RESULT IF YOU LAND ON YOUR HEAD OR NECK! DO NOT PERFORM SOMER- SAULTS (FLIPS) AS THIS WILL INCREASE YOUR CHANCES OF LANDING ON YOUR HEAD OR NECK!</p>
---	---	---	---

Always consult a physician before performing any kind of physical activity.

Trampolines over 20 inches (51 cm) tall are not recommended for children under six years of age. Weight limit: 225lbs.

ASSEMBLING THE TRAMPOLINE

To assemble this trampoline, all you need is our special spring loading tool provided with this product. During periods of non-use, this trampoline can be easily disassembled and stored. Please read the assembly instructions before beginning to assemble the product. It is recommended that no less than 2 persons participate in the assembly of this product.

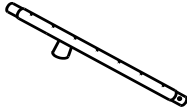
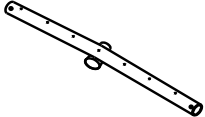

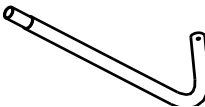
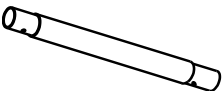
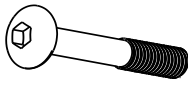
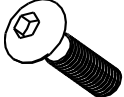
Prior to assembling

Please refer to the parts list for part descriptions and numbers. The assembly steps use these descriptions and numbers as reference for your convenience.

Make sure that you have all parts listed. If you are missing any parts, please call our customer service number 1-888-707-1880 toll free to attain any parts.

To prevent any injuries to your hands from pinch points during assembly, please use gloves to protect your hands.

PARTS LIST

Ref #		Parts	Description	Q'ty
1-L	HJ201101L		STRAIGHT TOP FRAME WITH ONE LEG SOCKET (LEFT)	4
1-R	HJ201101R		STRAIGHT TOP FRAME WITH ONE LEG SOCKET (RIGHT)	4
2	HJ201102		MIDDLE TOP FRAME RAIL	4
3	HJ201103		CORNER TOP FRAME RAIL	4
4-L	HJ201104L		CURVED LEG TUBE (LEFT)	4
4-R	HJ201104R		CURVED LEG TUBE (RIGHT)	4
5	HJ201105		GROUND LEG TUBE	4
6	HJ201106		LONG BOLT (M8 X 72mm)	8
7	HJ201107		SHORT BOLT(M8 X 20mm)	16

Ref #		Parts	Description	Q'ty
8	HJ201108		CAP NUT	8
9	HJ201109		ARC WASHER	32
10	HJ201110		SPRING	64
11	HJ201111		MAT	1
12	HJ201112		SAFETY PAD	4
13	HJ201113		SPRING LOADING TOOL	1
14	HJ201114		WRENCH	1
15	HJ201115		ALLEN WRENCH	1
16	HJ201116		END CAP (PRE-ASSEMBLED on #2 and #3)	8
17	HJ201117		SPRING LOCK WASHER	8



WARNING

- PLEASE USE GLOVES DURING ASSEMBLY TO AVOID PINCHING.
- AT LEAST 2 PEOPLE ARE REQUIRED TO ASSEMBLE THE TRAMPOLINE.

ASSEMBLY INSTRUCTIONS

- Remove all the contents from inside the carton and verify that you have all listed parts as shown on the PARTS LIST.

STEP 1 – FRAME LAYOUT

- PLEASE BE SURE THAT YOU HAVE THE FOLLOWING PARTS:

- A. 4pcs – Straight Top Frame with One Leg Socket (#1 R)
- B. 4pcs – Straight Top Frame with One Leg Socket (#1 L)
- C. 4pcs – Middle Top Frame Rail (# 2)
- D. 4pcs – Corner Top Frame Rail (# 3)
- E. 4pcs – Curved Leg Tube (#4 R)
- F. 4pcs - Curved Leg Tube (#4 L)
- G. 4pcs – Ground Leg Tube(# 5)

- There are a total of 28 pieces of tubing parts that are needed to assemble the trampoline frame. Lay out all the parts as shown in FIGURE1.
- Some of tubing parts are labeled with “R” (Right) and “L” (Left). Please assemble those parts with the direction as shown in FIGURE1.

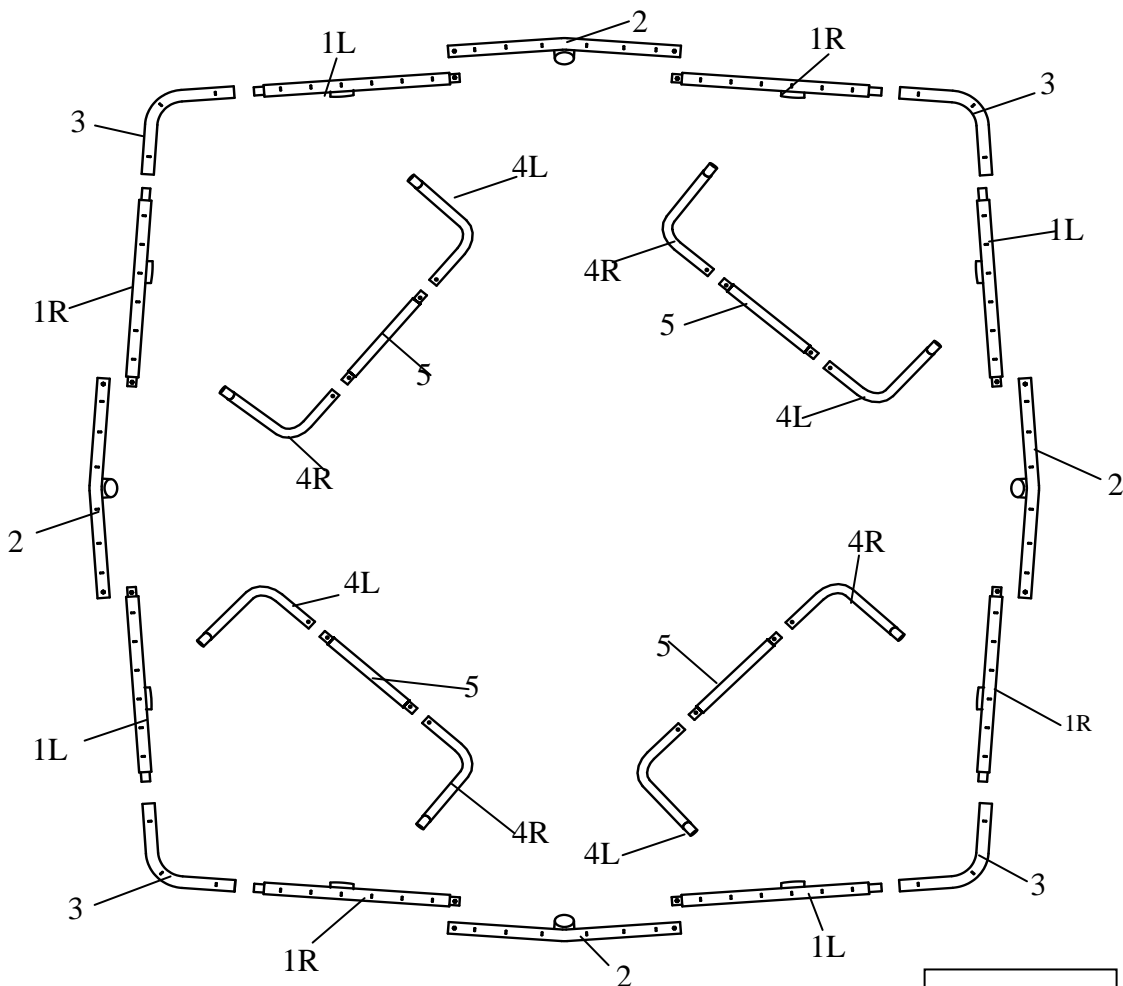


FIGURE 1

LEG ASSEMBLY

STEP 2 – Slide CURVED LEG TUBE (#4L and #4R) into GROUND LEG TUBE #5 as shown in FIGURE 2. Secure using ARC WASHER #9 and SHORT BOLT #7 with ALLEN WRENCH #15. Do same installation for all 4 sets of “LEG BASE”.

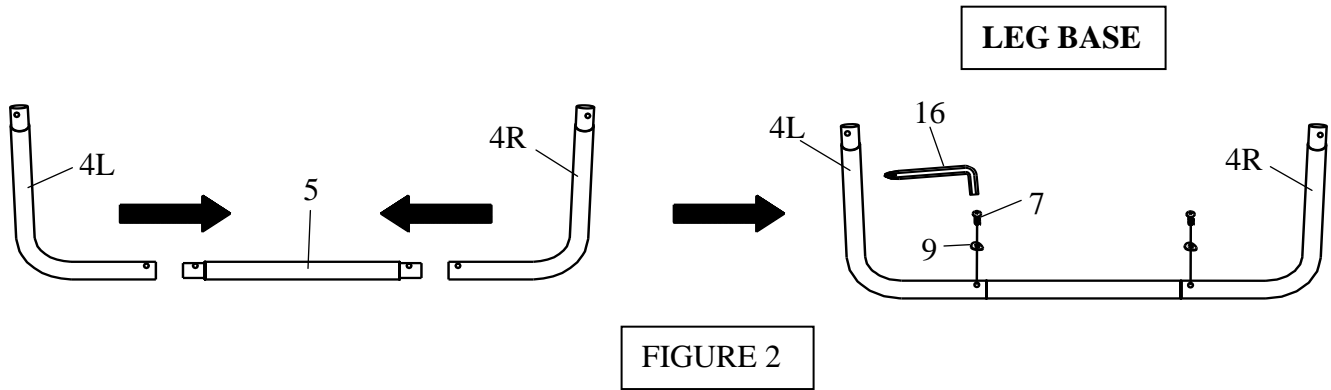


FIGURE 2

MAIN FRAME ASSEMBLY

STEP 3 - Slide the STRAIGHT TOP FRAME RAIL WITH ONE LEG SOCKET (#1L and #1R) to MIDDLE TOP FRAME RAIL #2 as shown in FIGURE 3. Please make sure that the end of frame rail (#1L and #1R) with hole is attached to MIDDLE TOP FRAME RAIL #2

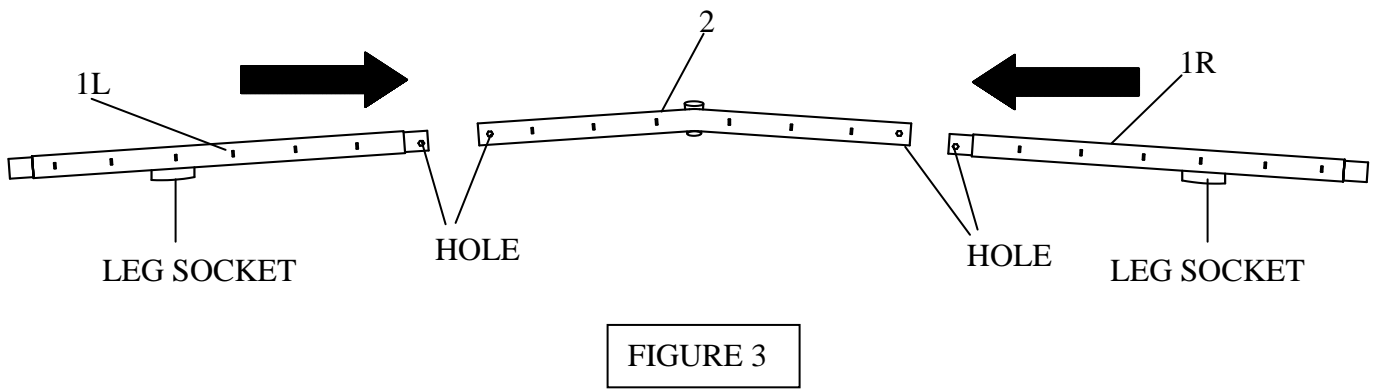
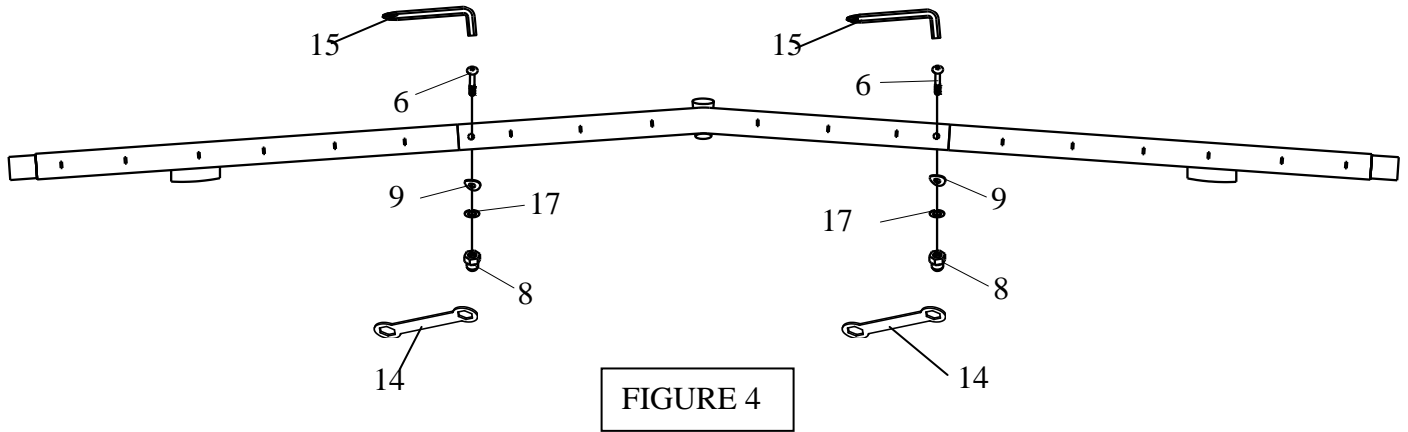
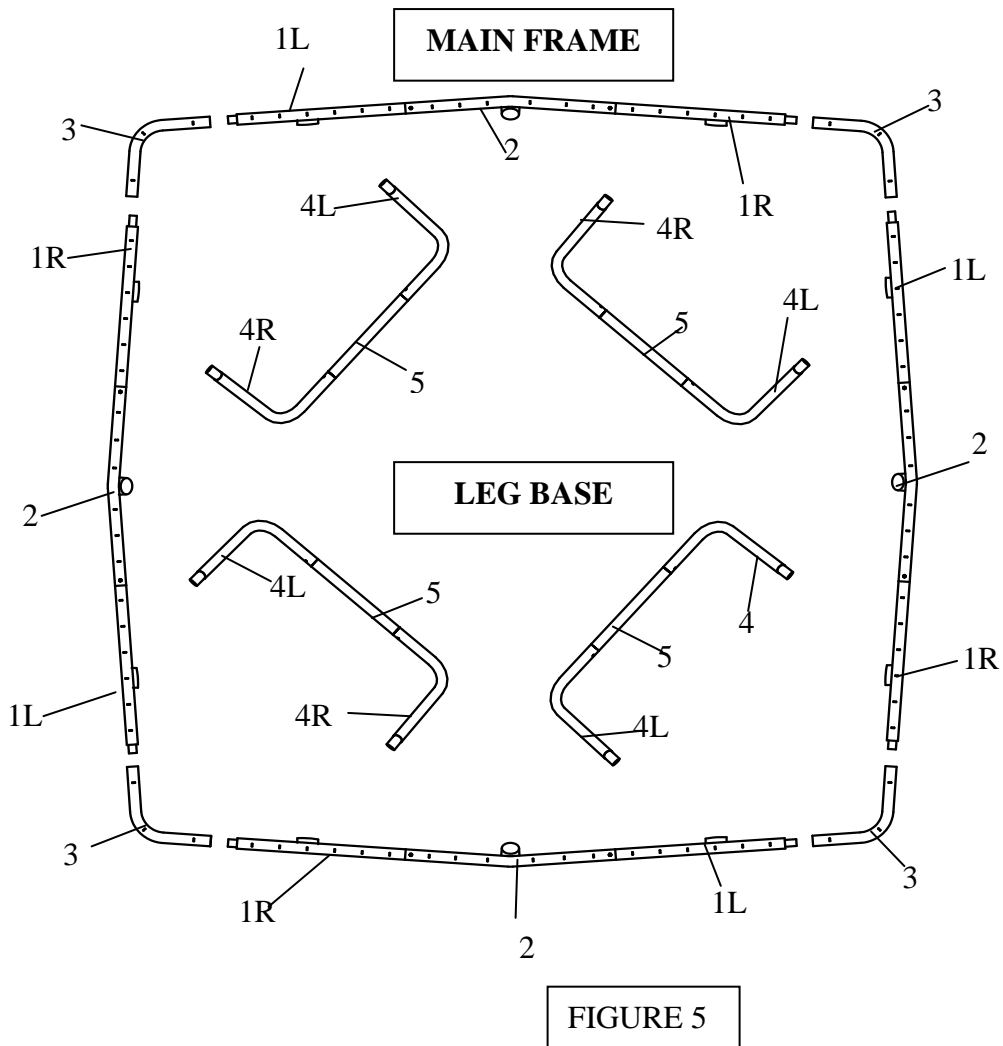


FIGURE 3

STEP 4 - Secure using LONG BOLT #6, ARC WASHER #9, SPRING LOCK WASHER #17 and CAP NUT #8 by using WRENCH #14 and ALLEN WRENCH #15 as shown in FIGURE 4. Do same installation for all 4 sets of "MAIN FRAME".



STEP 5 - You will have the trampoline frame layout like the diagram as shown in FIGURE 5.



LEG BASE FRAME ASSEMBLY

⚠ CAUTION

- Two adults are required.
- Install screws and washers LOOSELY.
- Do not tighten to allow adjustment.

STEP 6

- One person lifts one end of the LEG BASE and the other person inserts the vertical portion of LEG BASE into the socket of the STRAIGHT TOP FRAME WITH ONE LEG SOCKET #1 as shown in FIGURE 6.
- Secure loosely using ARC WASHER #9 and SHORT BOLT #7 with ALLEN WRENCH #15. See enlarged diagram.
- Do not tighten the screws, just use it to hold the tube in position at this point.
- Do same installation for all 4 sets of "LEG BASE".

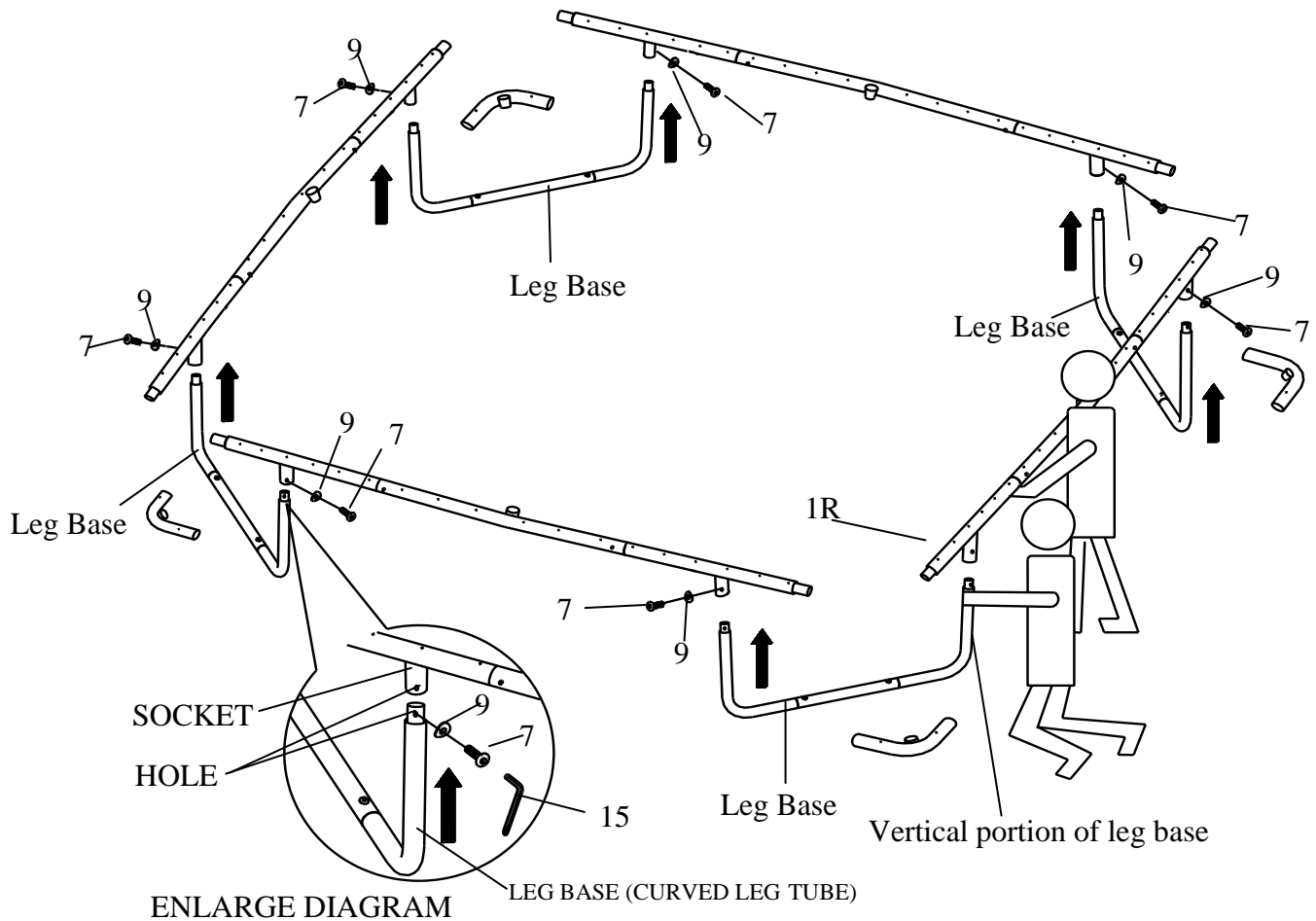
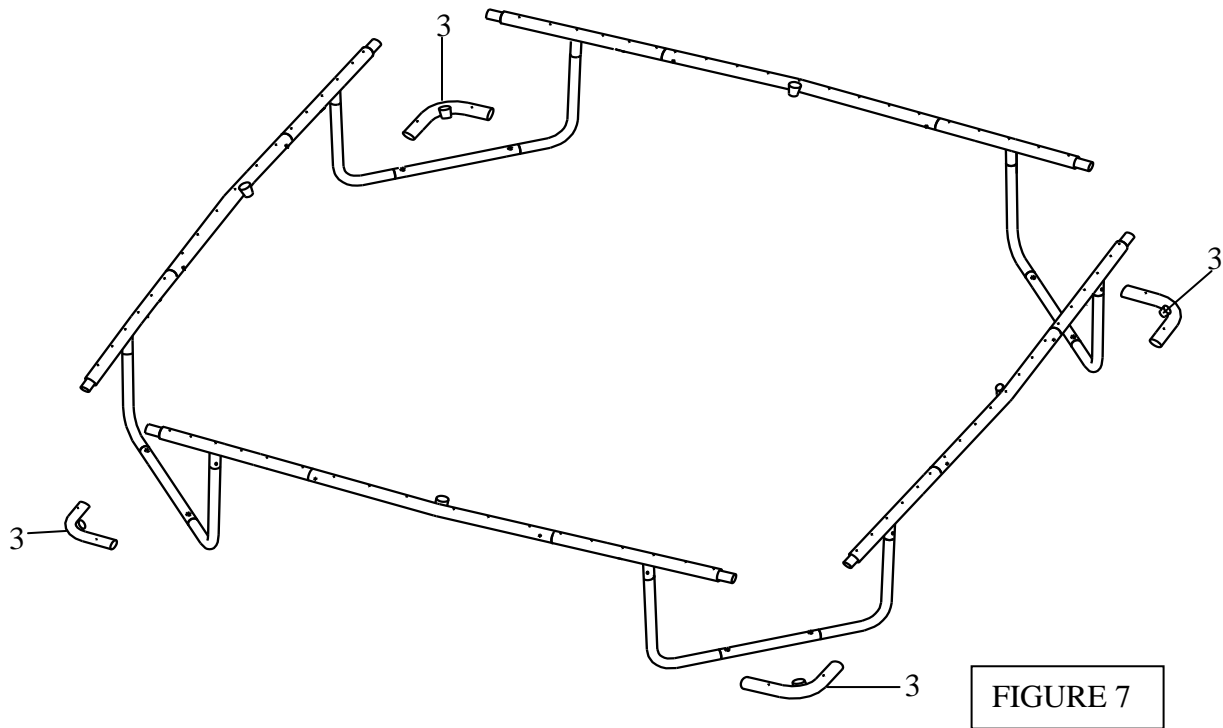
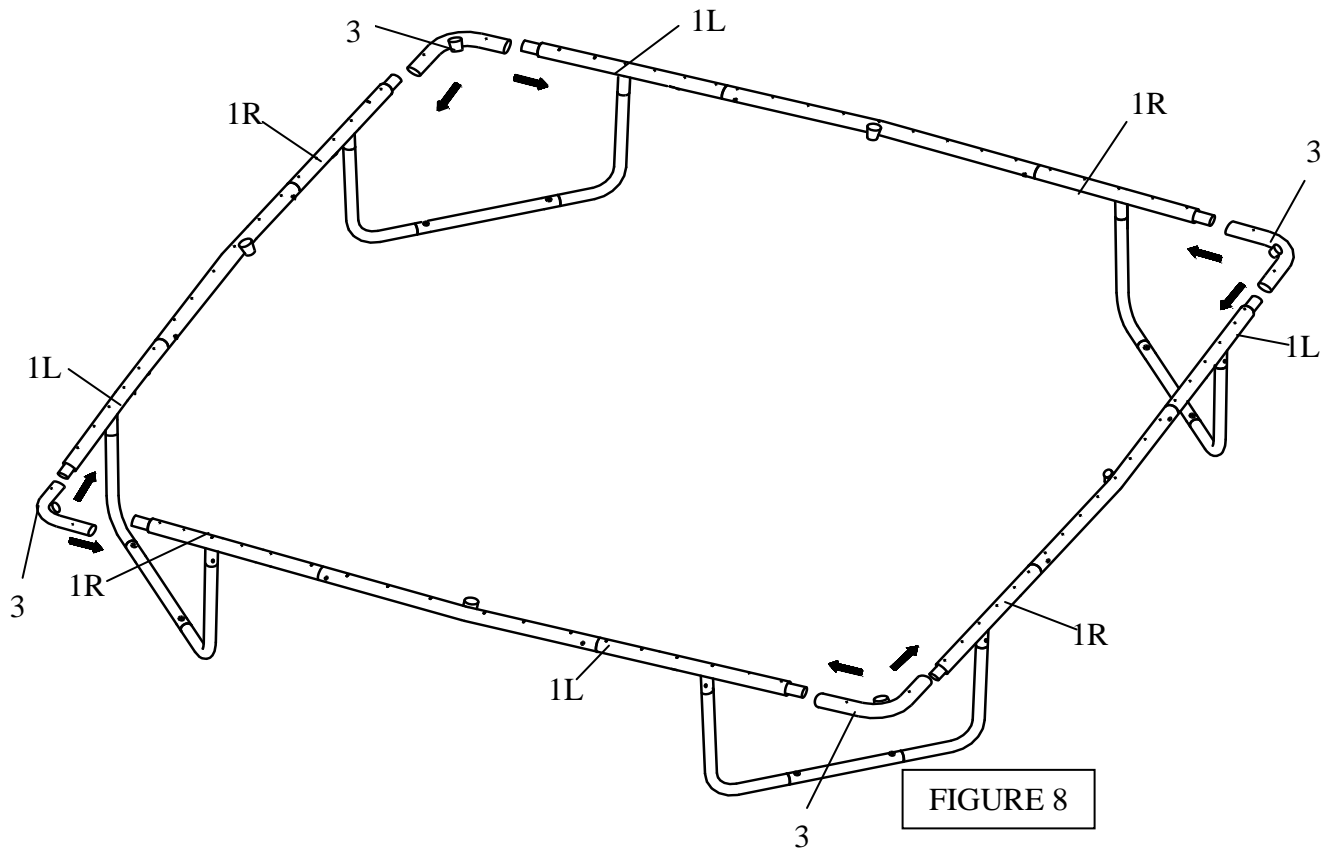


FIGURE 6

You will have the trampoline layout as shown in FIGURE 7.



STEP 7 – Attach CORNER TOP FRAME RAIL #3 to the STRAIGHT TOP FRAME WITH ONE LEG SOCKET #1 as shown in FIGURE 8.



STEP 8 – Now, use ALLEN WRENCH (#15) to tighten all the SCREWS (#7) as shown in FIGURE 9.

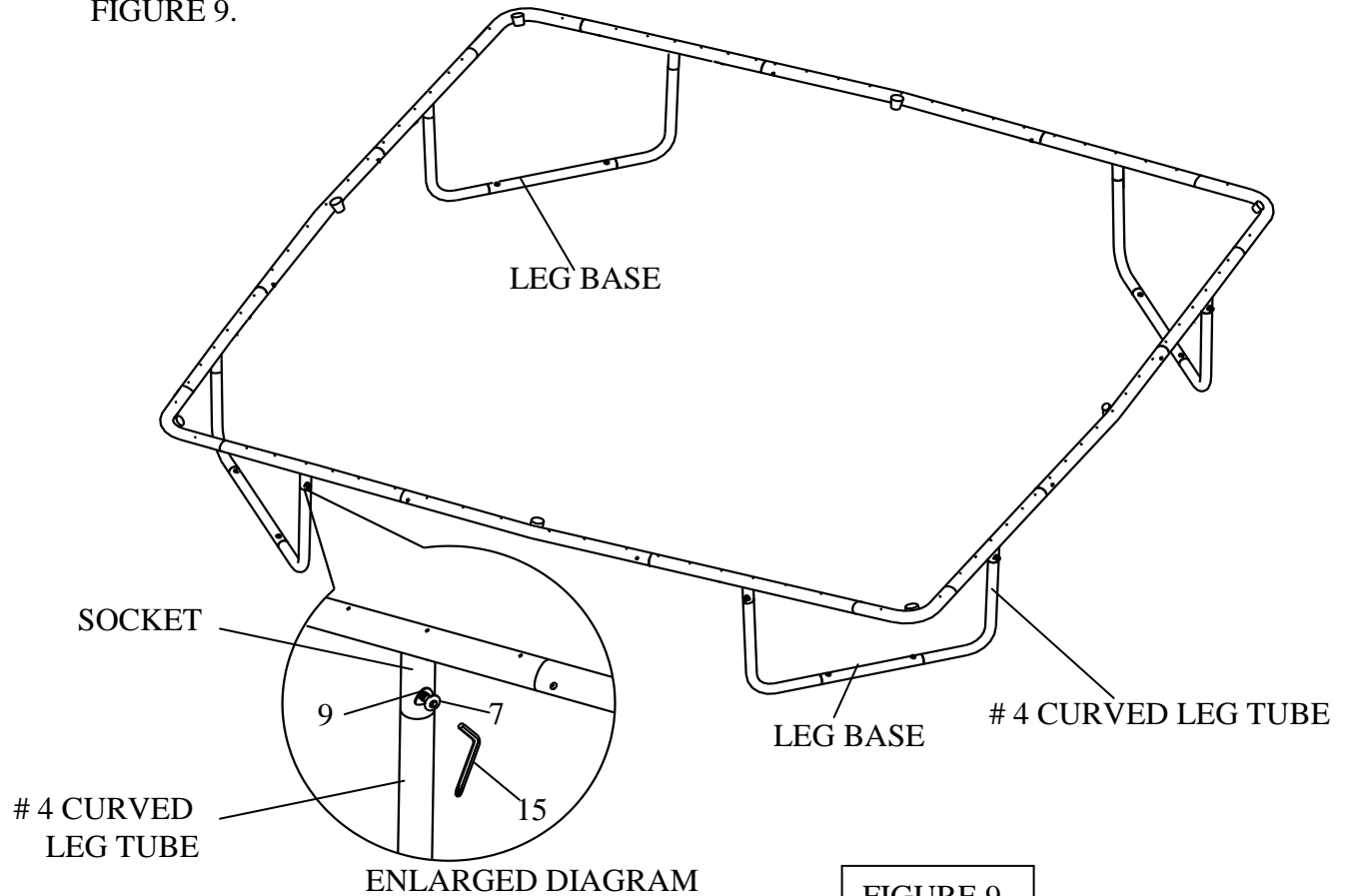


FIGURE 9

ATTACHING THE JUMPING MAT TO THE FRAME

WARNING

- Failure to follow instructions may result in damaged springs or frame warping/displacement.
SPRINGS SHOULD BE ATTACHED AS PER INSTRUCTIONS BELOW !!
- Make sure all spring hooks face down
- All warning labels must be facing upwards
- Spring hooks must be pushed securely into the frame holes

STEP 9 - Lay out the MAT #11 inside the frame with warning labels facing up, as shown in FIGURE 10.

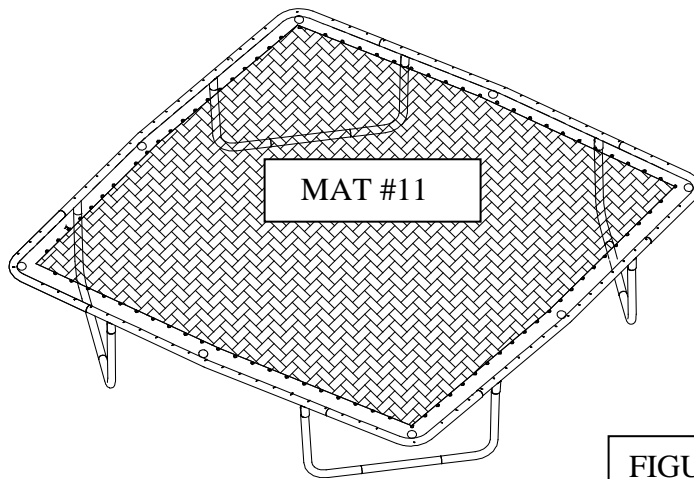
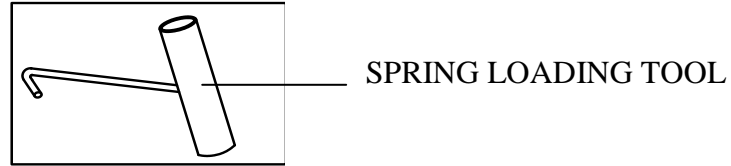


FIGURE 10

SPRING LOADING INSTRUCTION

⚠ CAUTION

- Two adults are required in this assembling STEP.
- Wear heavy duty working gloves to protect your hand.
- Use the special spring loading tool included.



STEP 10 - Attach the SPRING #10 with “R” hook end to the triangle ring on the mat as shown in FIGURE 11.

HINT: Holding the spring at 45 degree in relation to the mat surface will be much easier to install into triangle ring.

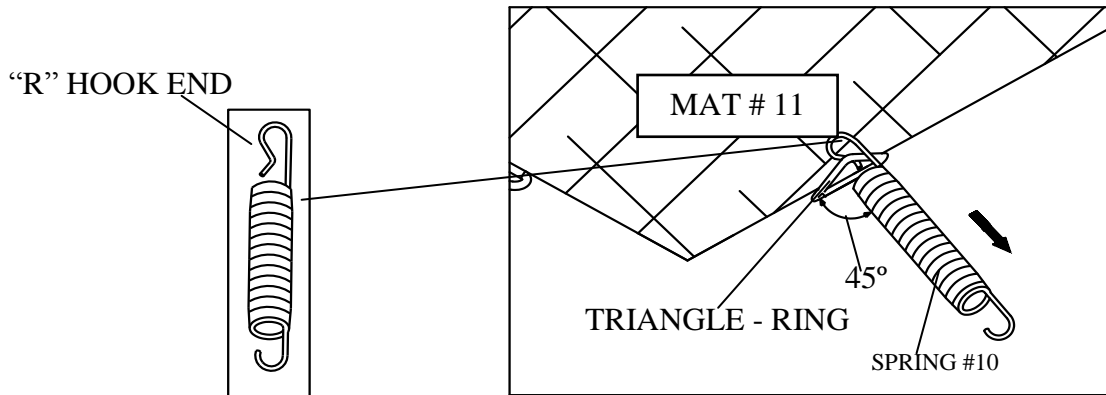


FIGURE 11

STEP 11 - Hold the spring loading tool underhand and pull spring hook towards steel frame as shown in FIGURE 12. Drop hook into frame hole until it latches on completely and tap it down if hook is not completely in the hole.

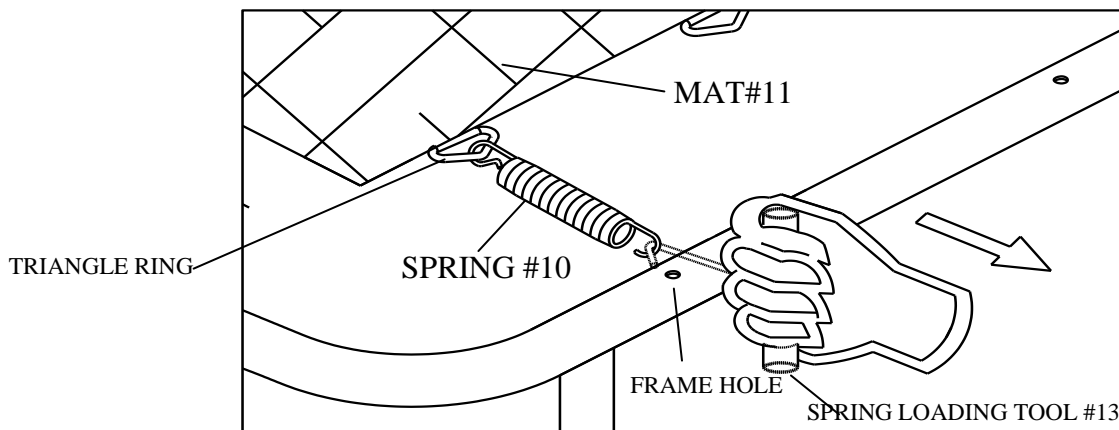
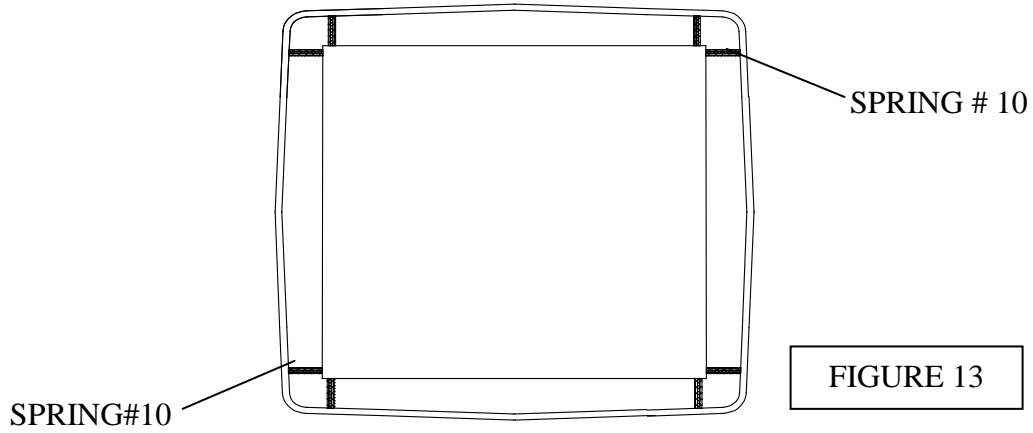
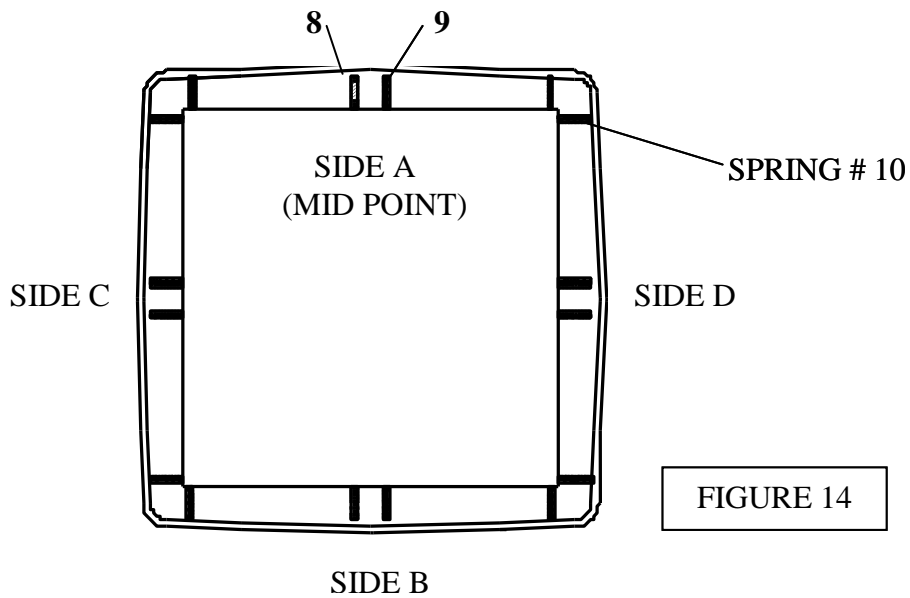


FIGURE 12

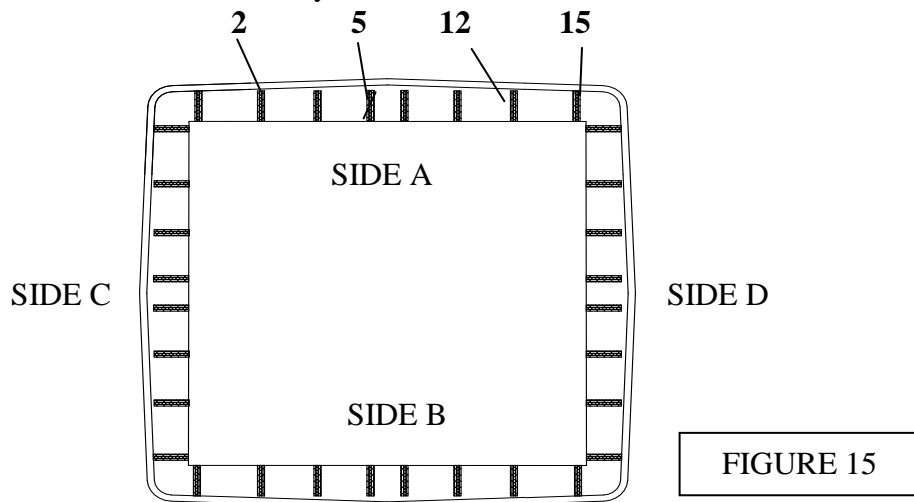
STEP 12 - Attach the SPRING #10 on 4 corners (8pcs) first, as shown in FIGURE 13.



STEP 13 - Attach the SPRING #10 at number 8th and 9th spring of each side which are the TWO mid points per side, as shown in FIGURE 14.



STEP 14 - Attach the SPRING #10 at number 2th, 5th, 12th and 15th, starting from SIDE A, then SIDE B, then SIDE C, and finally SIDE D, as shown in FIGURE 15.



STEP 15 - Now, attach the remaining springs

PAD ASSEMBLY



WARNING

Never use the trampoline without attaching the frame pad, properly tie down the frame pad before each use!!

STEP 16 - Lay the SAFETY PAD #12 over the trampoline so that the springs and the steel frame are covered. Please ensure that the Frame Pads cover all metal parts.

STEP 17 - Secure one end of SAFETY PAD #12 with the VELCRO on each end of the PAD as shown below. Do this until you have attached all the sections together. Then, tie straps on each end of pad, as securely as possible.

STEP 18 - Line up the tie straps as shown in FIGURE 16. Tie the straps to a knot over the middle top main frame rail as shown in the ENLARGED DIAGRAM-1 of FIGURE 16.

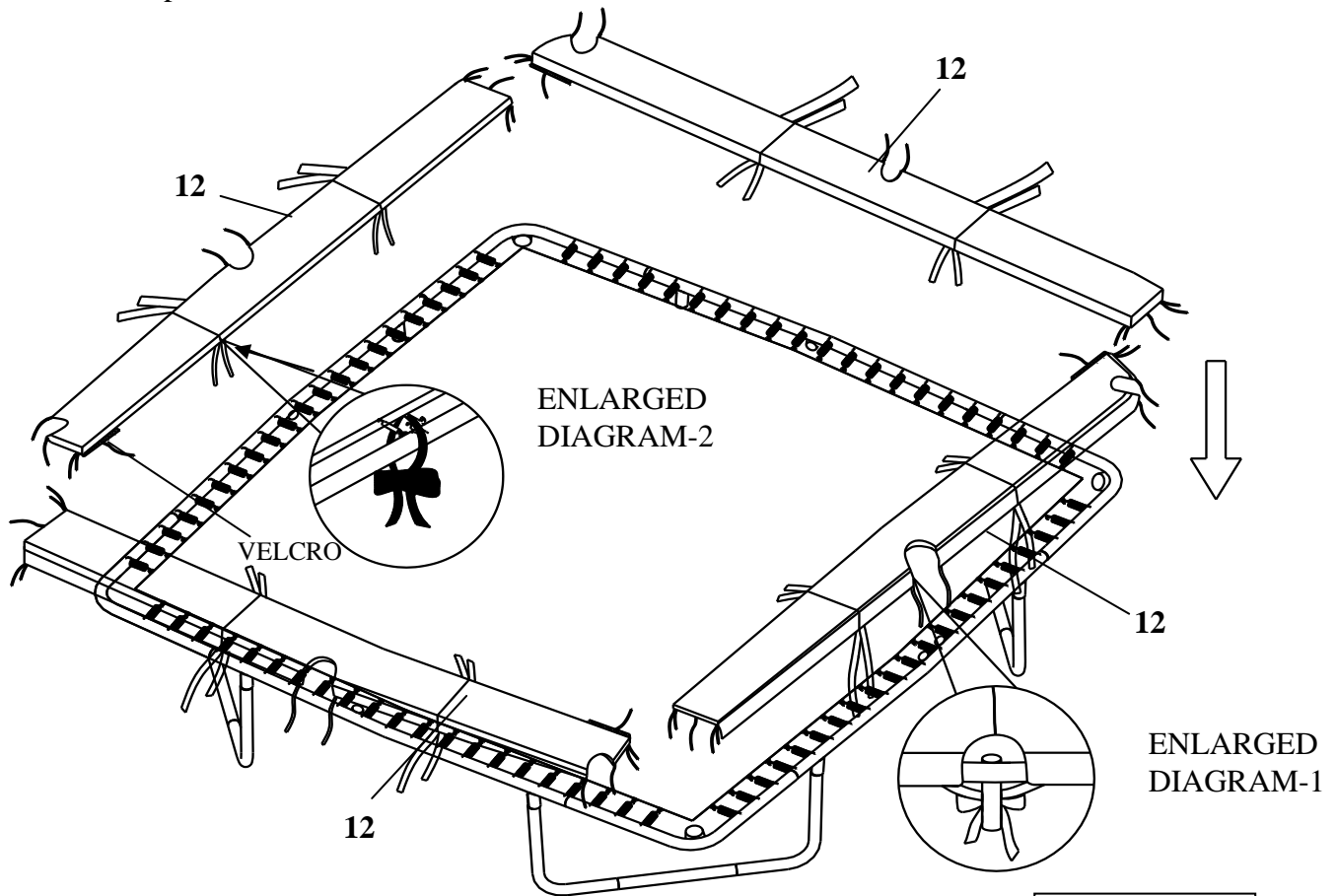
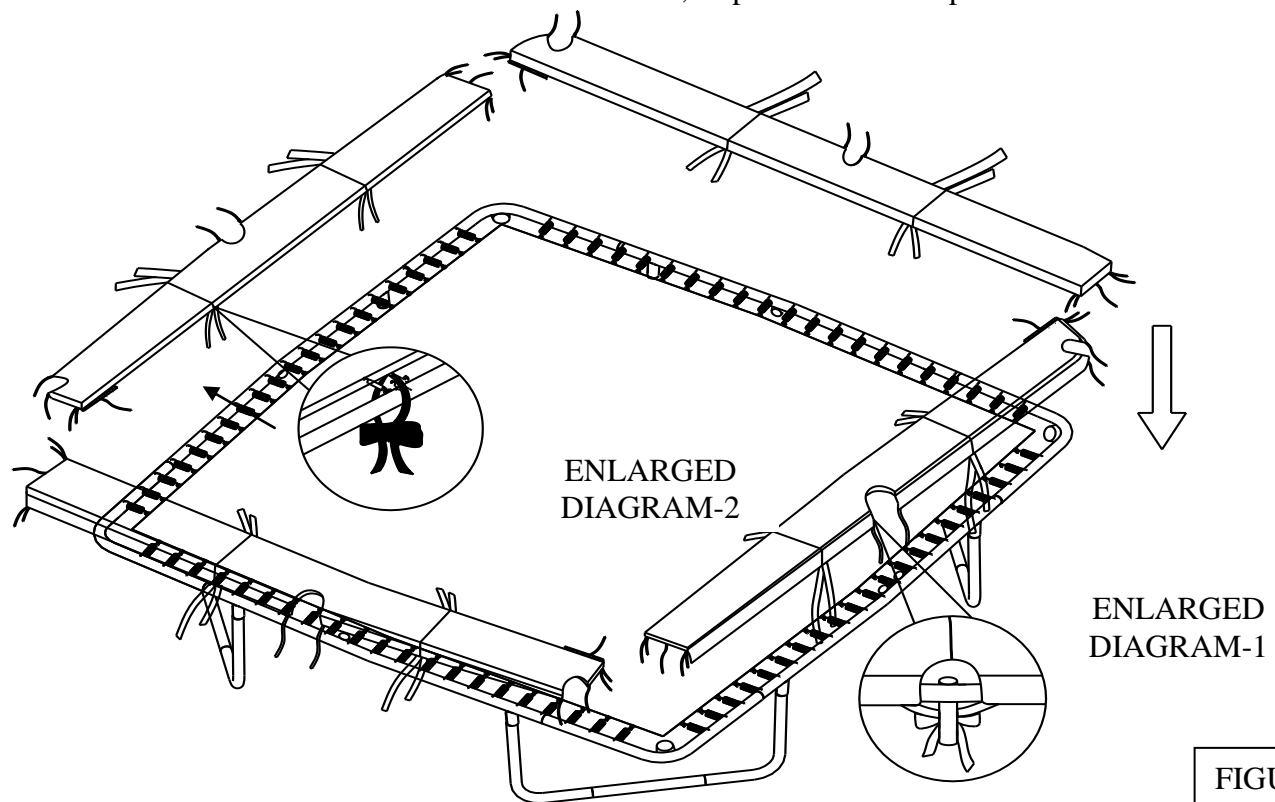


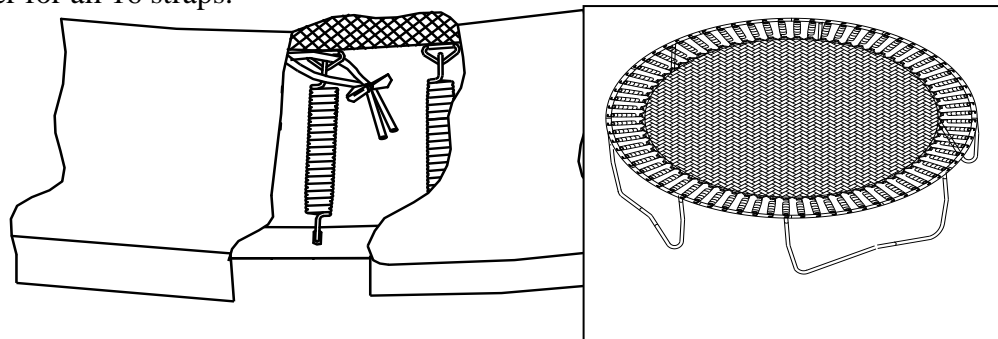
FIGURE 16

HINT: Make sure the loop is loose as this will help the safety pad to stay in place without tearing the safety pad.

STEP 19 - Tie the elastic straps located on the outside of pad over main frame rail as shown in the ENLARGED DIAGRAM-2 of FIGURE 17, Repeat for all 8 straps.



STEP 20 - Tie another small elastic strap which is near the jumping mat to one triangle hook with a knot as shown in FIGURE 18. Make sure the knot is tight and the safety pad fits securely on the trampoline. Repeat same manner for all 16 straps.



! IMPORTANT NOTICE:

Make sure the safety pad is securely attached to the frame and completely covers the frame and all springs before using this trampoline. Do not use trampoline if even one spring or Triangle -ring is damaged or missing.

STEP 21- Safety Placard Attachment

Using the tie wrap, attach the Safety Instruction Placard to the trampoline. The tie wrap should go around the Vertical Frame Joint and the Top Rail to ensure that it doesn't slide off the trampoline.

CARE AND MAINTENANCE AND USE INSTRUCTIONS MUST BE READ CAREFULLY BEFORE USING THE TRAMPOLINE!

CARE AND MAINTENANCE

This trampoline was designed and manufactured with quality materials and craftsmanship. If proper care and maintenance is provided, it will provide all jumpers with years of exercise, fun, and enjoyment as well as reduce the risk of injury. Please follow the guidelines listed below.

This trampoline is designed to withhold a certain amount of weight and use. Please make sure that only one person at any one time uses the trampoline. Also, the person should weigh less than 225 pounds. Please be aware that street shoes or tennis shoes should NOT be worn while using the trampoline. In order to prevent the trampoline mat from getting cut or damaged please do not allow any pets onto the mat. Also, jumpers should remove all sharp objects from their person prior to using the trampoline. Any type of sharp or pointed objects should be kept off the trampoline mat at all times.

Always inspect the trampoline before each use for worn, abused or missing parts. A number of conditions could arise that may increase your chances of getting injured. Please be aware that the following could represent potential hazards:

FRAME

- A bent or broken frame.
- Stretched or ruptured springs.
- Sharp protrusions on the frame or suspension system.
- Sleeve welds should be painted once per year.

Remove any rust which may exist by using a wire brush. Apply a coat of grey primer enamel spray paint and then a coat of aluminum enamel spray paint, following directions on paint can.

JUMPING MAT

- Punctures, frays, tears or holes worn in the jumping mat.
- Deterioration in the stitching of the jumping mat.
- Sagging jumping mat.
- Snow on the jumping mat will stretch springs.
- Jumping beds must be kept free of dirt particles and sand.
- Clean bed surfaces with cold water but do not use soaps, detergents or chemical cleaners.
- Mats can be damaged by belts with large buckles or levis with rivets. Mats are not resistant to scratching.
- Shoes should not be worn while using the trampoline. Wear a gymnastic slipper or jump in bare feet.
- The mat and safety pads are not fire retardant. Keep trampoline away from fire, sparks and fireworks.
- Sun can deteriorate the mat fabric and stitching.

SAFETY PADS

- Punctures, frays, tears or holes in the safety pad.
- Deterioration in the stitching of the safety pad.
- Missing, improperly positioned or insecurely attached safety pad.
- The safety pad could crack if exposed to extreme cold. Safety pads must be in place when using trampoline.



WARNING

IF YOU FIND ANY OF THE PREVIOUS CONDITIONS, OR ANYTHING ELSE THAT YOU FEEL COULD CAUSE HARM TO ANY USER, THE TRAMPOLINE SHOULD BE DISASSEMBLED OR SECURED FROM USE UNTIL THE CONDITION(S) HAS BEEN RESOLVED.

INSTALLATION OF THE TRAMPOLINE ENCLOSURE

MAKE SURE THE ASSEMBLED TRAMPOLINE IS ON LEVEL GROUND!

The owner and supervisors of the trampoline and trampoline enclosure are responsible to make all users aware of practices specified in the use instructions.

Use trampoline and trampoline enclosure only with mature, knowledgeable supervision.

Children using a trampoline with a trampoline enclosure must be supervised by adults. Young children must be supervised constantly. Adults must pay particular attention to:

- Things that children bring into the enclosure.
- Children's activities inside the enclosure.
- Conditions inside the enclosure while children are using it.
- The way children get into and out of the enclosure.

Adequate overhead clearance is essential. The minimum of 24ft (7.3 meters) from ground level is recommended. Provide clearance for wires, tree limbs, and other possible hazards. Lateral clearance is essential. Place the trampoline and trampoline enclosure away from wall, structures, fences, and other play areas. Maintain a clear space on all sides of the trampoline and trampoline enclosure.

The trampoline enclosure is only to be used as an enclosure for a trampoline and the trampoline must be of the appropriate size as covered by the specific enclosure.

For safe use of the trampoline and trampoline enclosure, please be aware of the following when selecting a place:

- Place the trampoline and trampoline enclosure on a level surface before use.
- Use the trampoline and trampoline enclosure in a well-lighted area. Artificial illumination may be required for indoor or shady areas.
- Secure the trampoline and trampoline enclosure against unauthorized and unsupervised use.
- Remove any obstructions from beneath the trampoline and trampoline enclosure.
- Do not place trampoline and trampoline enclosure on concrete floor, hard ground surface (i.e. rock), on slippery surface. Do not use indoor or shady areas.

If you do not follow these guidelines, you increase the risk of someone getting injured.



WARNING!!

PLEASE READ ENTIRE INSTRUCTION BOOKLET BEFORE YOU USE THIS TRAMPOLINE. Use trampoline only with mature, knowledgeable supervision.



WARNING!!



DO NOT allow more than one person on the trampoline. Use by more than one person at the same time can result in serious injury.



DO NOT attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis or death, even when landing in the middle of the bed.

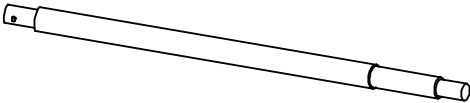
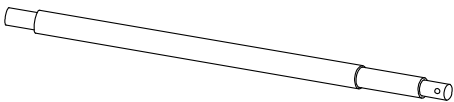
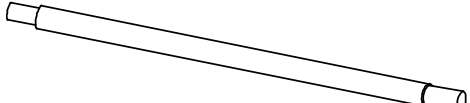
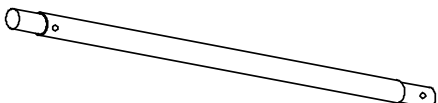
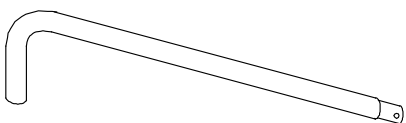
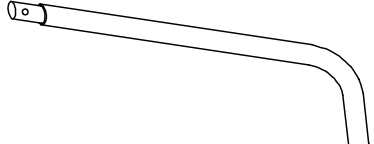
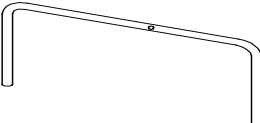
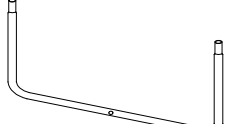
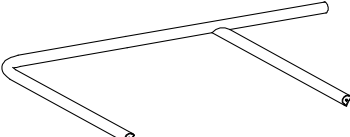

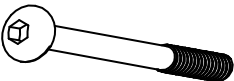
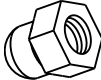
Always consult a physician before performing any kind of physical activity.

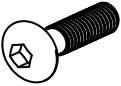

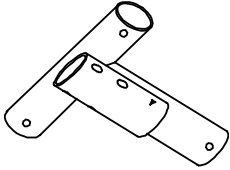
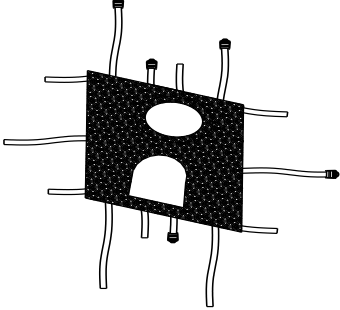



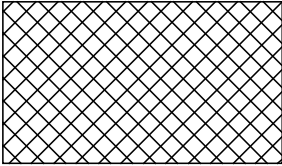

Trampolines over 20 inches (51 cm) tall are not recommended for children under six years of age. Weight limit: 225LBS

ASSEMBLING THE TRAMPOLINE ENCLOSURE

During periods of non-use, this trampoline and trampoline enclosure can be easily disassembled and stored. Please read the assembly instructions before beginning to assemble the product.

PARTS LIST

NO	DIAGRAM	DESCRIPTION	Q'TY
A.		LOWER FRAME TUBE WITH FOAM	8 PCS
B.		UPPER FRAME TUBE (ONE COMPRESSED END) WITH FOAM	3 PCS
C.		UPPER FRAME TUBE WITH FOAM	5 PCS
D.		HORIZONTAL TUBE (TWO COMPRESSED ENDS) WITH FOAM	2 PCS
E.		LEFT HORIZONTAL TUBE WITH FOAM	1 PC
F.		RIGHT HORIZONTAL TUBE WITH FOAM	1 PC
G.		UPPER PITCHBALL FRAME WITH FOAM	1 PC
H.		LOWER PITCHBALL FRAME (TWO COMPRESSED ENDS) WITH FOAM	1PC
I.		F-SHAPED SUPPORTING TUBE WITH FOAM	1PC
J.		BOLT (M8 x 50mm)	7 PCS
K.		BOLT (M8 x 54mm)	4 PCS
L.		NUT	9 PCS

M.		BOLT (M8 x 20mm)	8 PCS
N.		ARC WASHER	28 PCS
O.		T-PART WITH FOAM	1 PC
P.		PITCHBALL GOAL WITH FLASH LIGHT (BATTERY NOT INCLUDED)	1 PC
Q.		CORD	6 PCS
R.		TUBE CAP	5 PCS
S.		END CAP (PRE-ASSEMBLED ON # P)	1 PC
T		ENCLOSURE NETTING	1 PC
U		SPRING LOCK WASHER	9 PC

ASSEMBLY INSTRUCTIONS FOR ENCLOSURE AND PITCHBALL

NOTICE: TWO (2) “AA” BATTERIES ARE REQUIRED (NOT INCLUDED) TO OPERATE THE PITCHBALL LIGHT FEATURE. THE SYSTEM IS MOTION ACTIVATED. THE ON/OFF SWITCH IS LOCATED ON THE BATTERY HOUSING. TURN THE SWITCH TO “ON”. THE MOTION SENSOR WILL DETECT THE MOTION OF THE BALL AS WELL AS IMPACT AND ACTIVATE THE LIGHT.



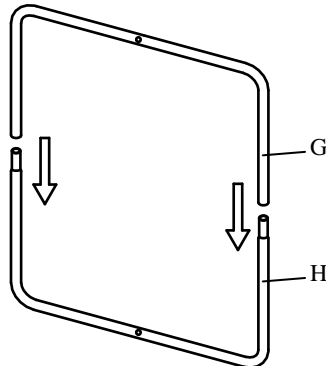
WARNING!!

Do not mix old and new batteries.

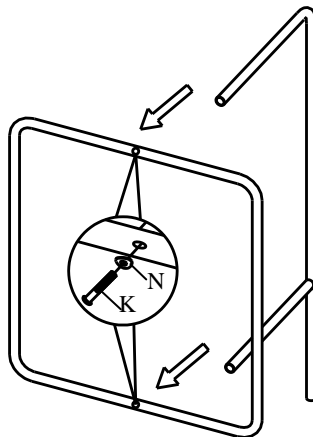
Do not mix alkaline, standard, or rechargeable batteries.

STEP 1 – PITCHBALL FRAME ASSEMBLY

- A. Insert LOWER PITCHBALL FRAME (TWO COMPRESSED ENDS) WITH FOAM (H) to UPPER PITCHBALL FRAME WITH FOAM (G).



- B. Attach the Frame assembled in PART A above with F-SHAPED SUPPORTING TUBE WITH FOAM (I) with 2 pieces of BOLT (K) and 2 pieces of ARC WASHER (N) with the ALLEN WRENCH provided for the trampoline.



C. Attach the PITCHBALL GOAL (P) to the Frame assembled in PART B above as shown below. Secure the Strap onto the PITCHBALL GOAL as shown below following FIGURE 1, then FIGURE 2 and FIGURE 3 and secure them in the sequence shown in FIGURE 4.

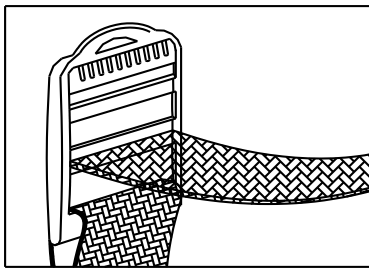
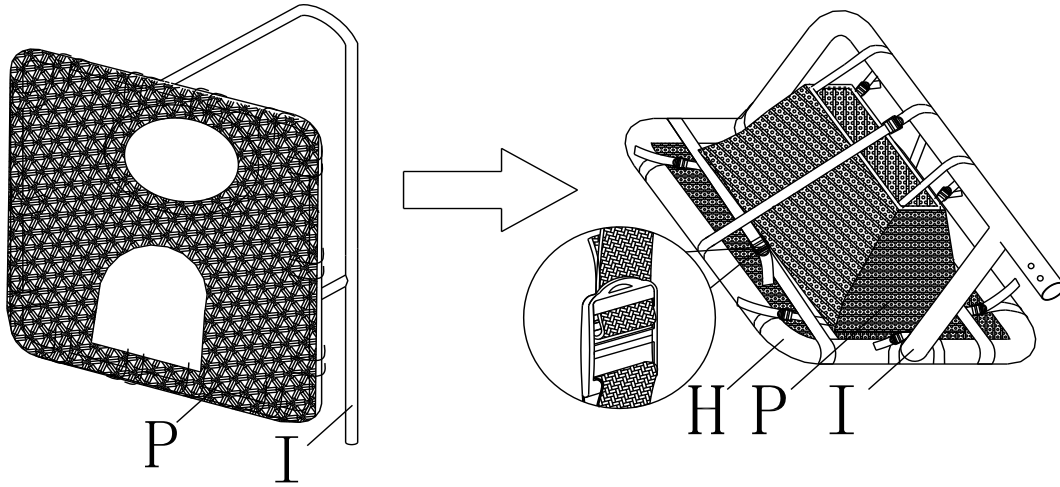


FIGURE 1

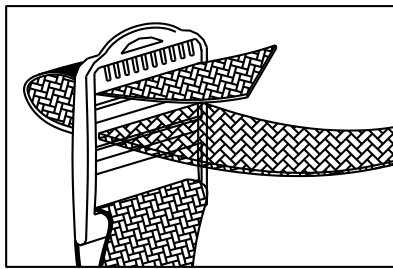


FIGURE 2

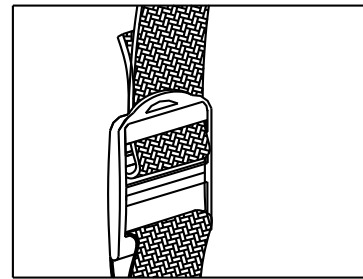


FIGURE 3

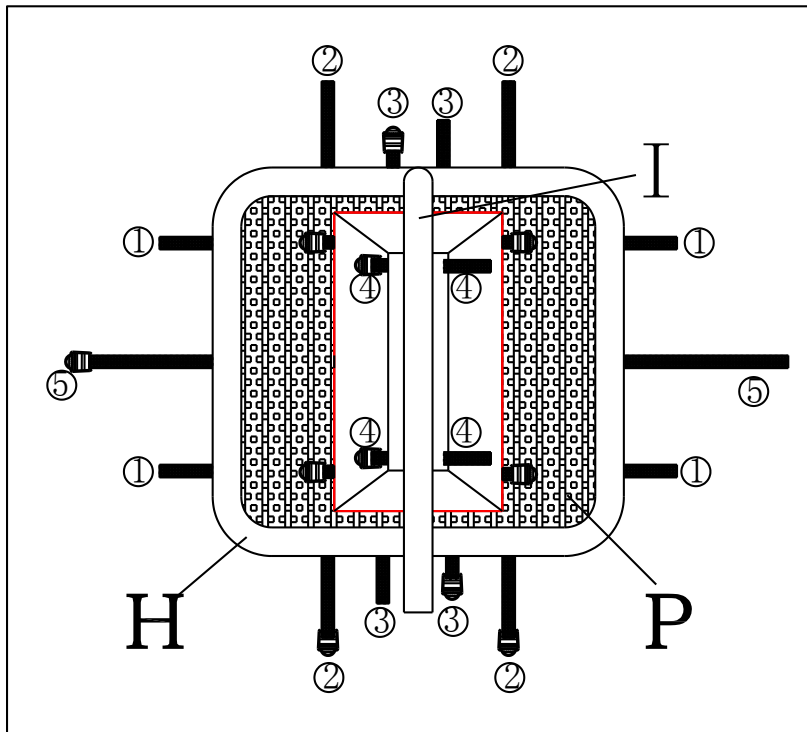
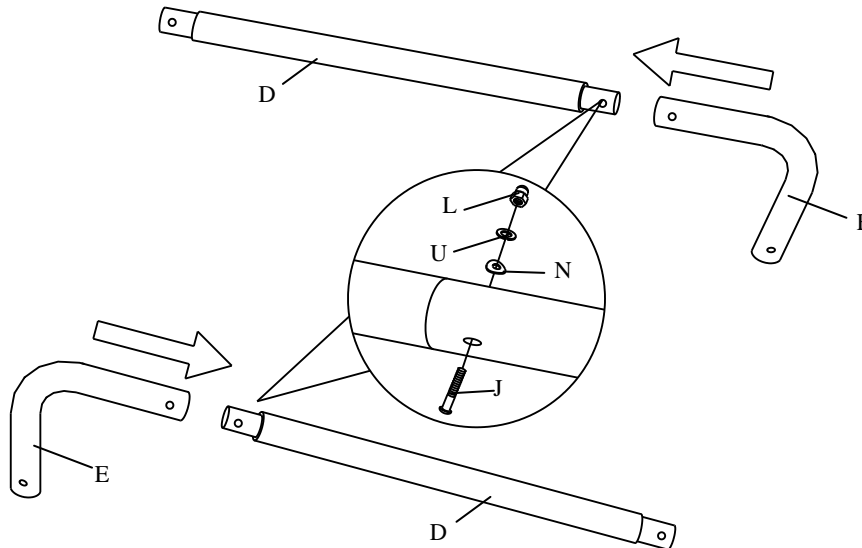


FIGURE 4

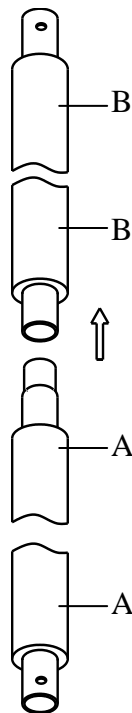
STEP 2 – HORIZONTAL FRAME ASSEMBLY

- A. Attach the LEFT HORIZONTAL TUBE WITH FOAM (E) and HORIZONTAL TUBE (TWO COMPRESSED ENDS) WITHFOAM (D) with BOLT (#J), ARC WASHER (N), SPRING LOCK WASHER (U) and CAP NUT (L) with the WRENCH and ALLEN WRENCH provided for the trampoline.
- B. Attach the RIGHT HORIZONTAL TUBE WITH FOAM (F) and HORIZONTAL TUBE (TWO COMPRESSED ENDS) WITH FOAM (D) with BOLT (J), ARC WASHER (N), SPRING LOCK WASHER (U) and CAP NUT (L) with the WRENCH and ALLEN WRENCH provided for the trampoline.



STEP 3 – ENCLOSURE POLE ASSEMBLY

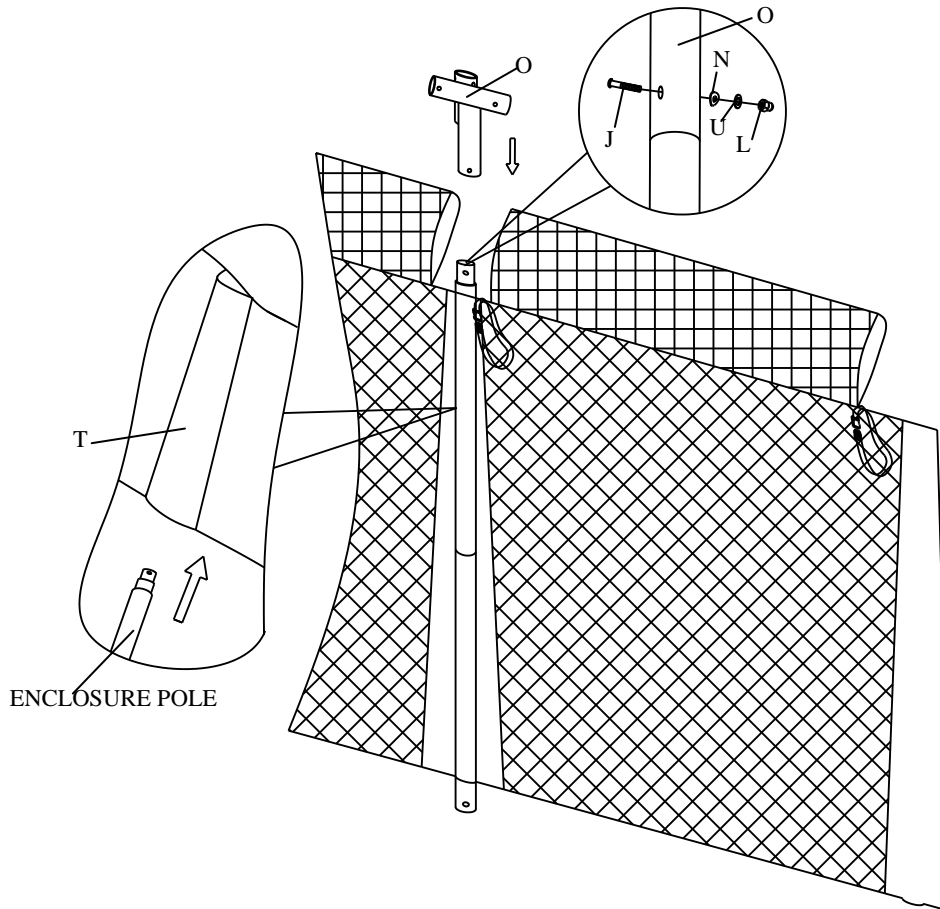
Attach LOWER FRAME TUBE WITH FOAM (A) and UPPER FRAME TUBE (ONE COMPRESSED END) WITH FOAM (B) as shown below. Do this for 3 Sets of UPPER FRAME TUBE (ONE COMPRESSED END) WITH FOAM (B).



STEP 4

HINT: please remove the FOAM pre-assembled on T-PART WITH FOAM (O) before assembling below.

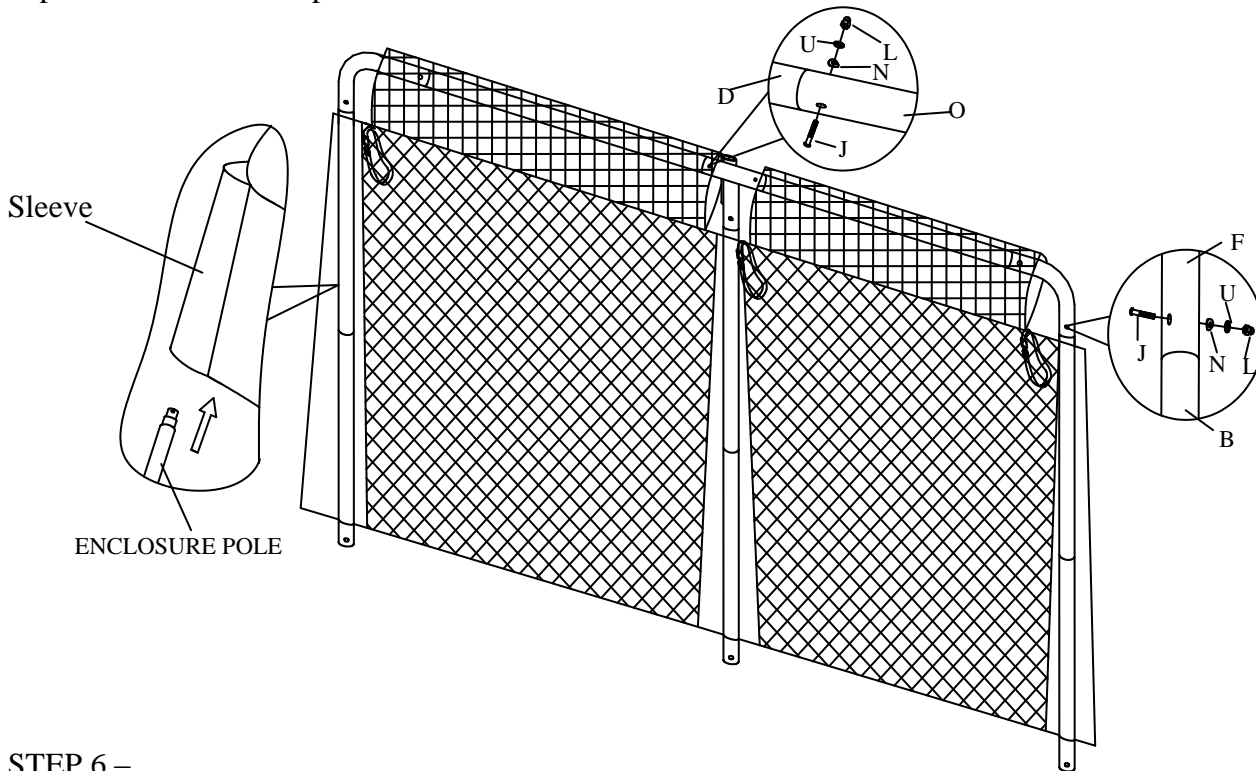
Please assemble this step by placing the enclosure netting on the trampoline bed. Insert the ENCLOSURE POLE assembled in above step to the sleeve. Then, attached T-PART WITH FOAM (O) to the ENCLOSURE POLE secure by using BOLT (J), ARC WASHER (N), SPRING LOCK WASHER (U), and CAP NUT (L) using WRENCH and ALLEN WRENCH provided for the trampoline as shown below.



STEP 5-

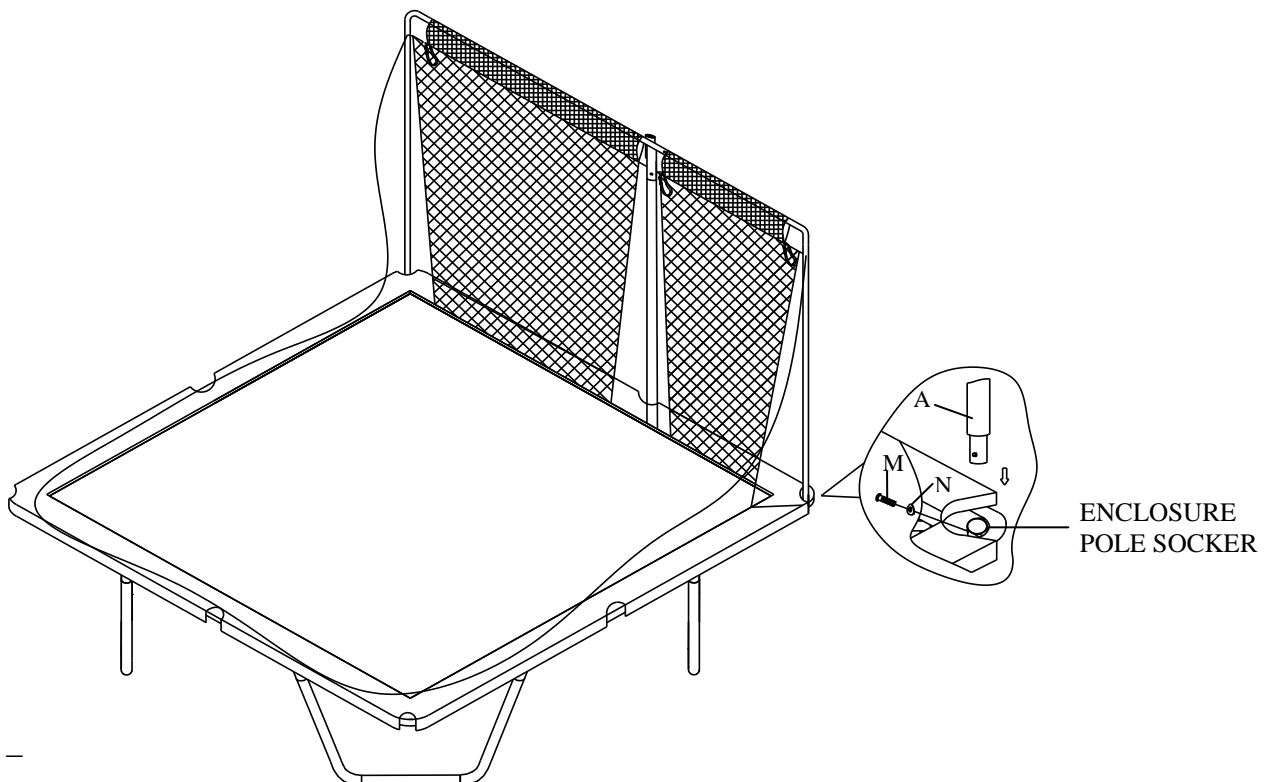
A. Insert the assembled HORIZONTAL FRAME from STEP 2 to the sleeve at the top of the ENCLOSURE NETTING (T). Then, attach the HORIZONTAL FRAME to T-PART WITH FOAM (O) by using BOLT (J), ARC WASHER (N), SPRING LOCK WASHER (U), and CAP NUT (L) using WRENCH and ALLEN WRENCH provided for the trampoline as shown below.

B. Insert the ENCLOSURE POLE to the sleeve at the corner of the enclosure netting. Attach the ENCLOSURE POLE to the HORIZONTAL FRAME by using BOLT (J), ARC WASHER (N), SPRING LOCK WASHER (U), and CAP NUT (L) using WRENCH and ALLEN WRENCH provided for the trampoline as shown below.



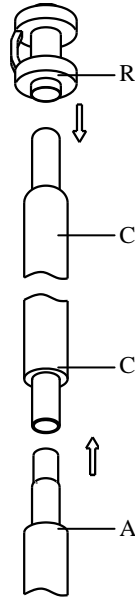
STEP 6 –

Insert the “ENCLOSURE POLE” with the sleeve of the ENCLOSURE NETTING (T), to the ENCLOSURE POLE SOCKET” as shown below. Secure it with BOLT (M) and ARC WASHER (N) with ALLEN WRENCH provided for trampoline.

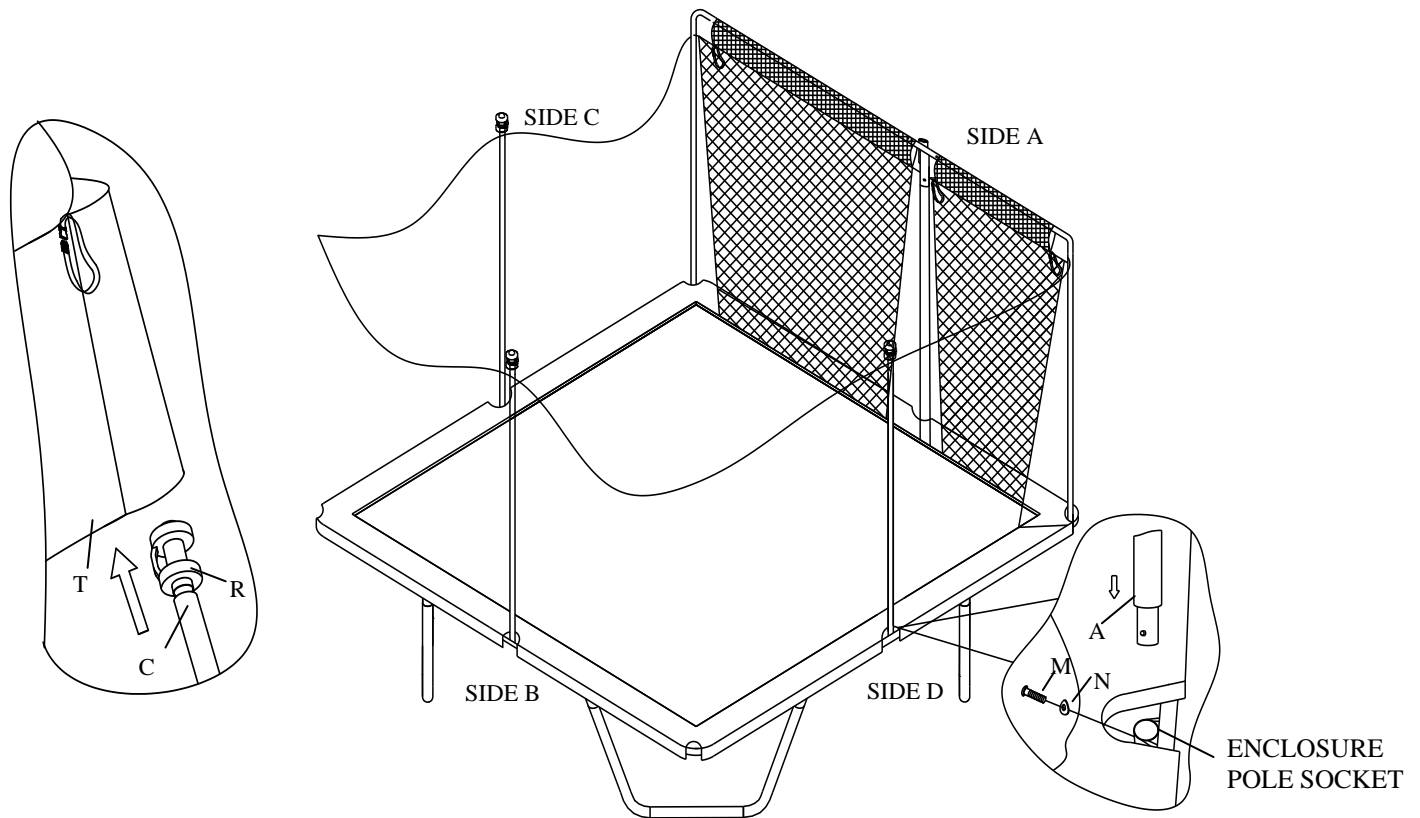


STEP7 –

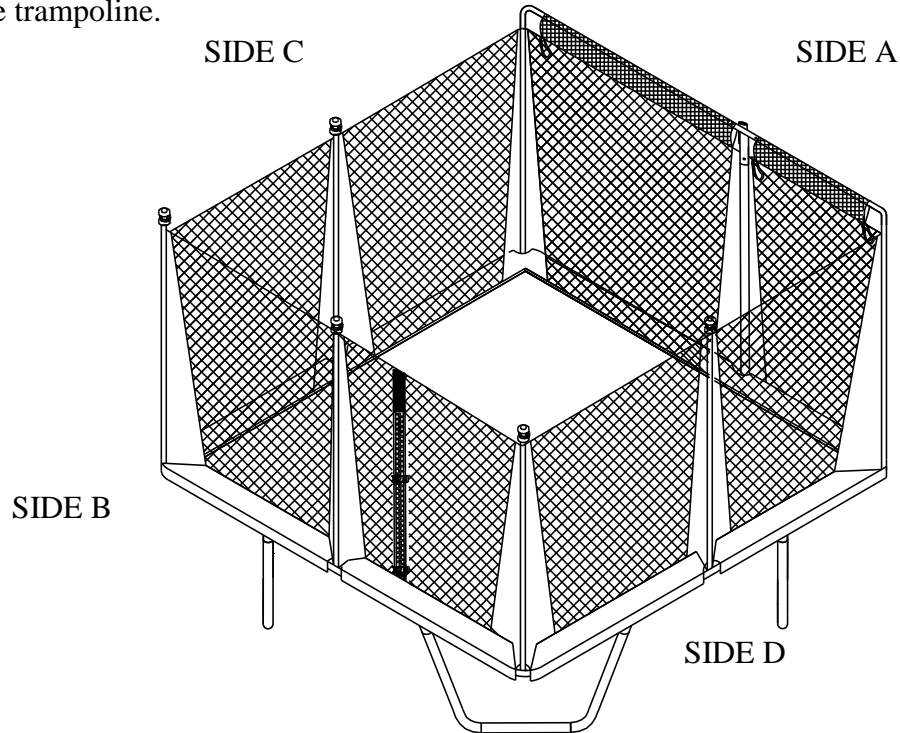
- A. Attach UPPER FRAME TUBE WITH FOAM (C) and LOWER FRAME TUBE WITH FOAM (A). Do this for all 5 sets.
- B. Attach the TUBE CAP (R) onto UPPER FRAME TUBE WITH FOAM (C) Do this for 5 pcs of UPPER FRAME TUBE WITH FOAM (C).



- C. Now, insert the “ENCLOSURE POLE” into the sleeve next to the ZIP DOOR of the ENCLOSURE NETTING (T). Then, insert this “ENCLOSURE POLE” to the enclosure pole socket on the “SIDE B” of the trampoline. Secure the Pole with BOLT (M) and ARC WASHER (N) using ALLEN WRENCH provide for the trampoline. Insert other 2 “POLES” into the enclosure pole socket locating on the MIDDLE TOP FRAME RAIL (SIDE C & SIDE D)



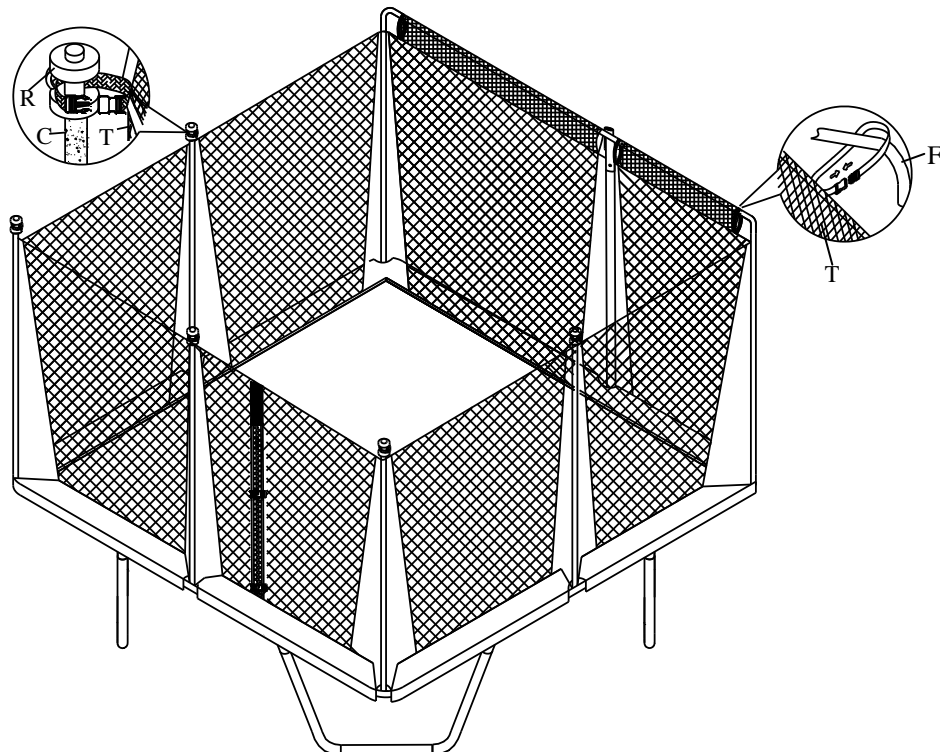
D. Insert the 2 “ENCLOSURE POLE” for the 2 corners of SIDE B with the sleeve of the ENCLOSURE NETTING (T), and then, into enclosure pole sockets same as shown in previous page. Secure the Pole with BOLT (M) and ARC WASHER (N) using ALLEN WRENCH provide for the trampoline.



ENCLOSURE NETTING ASSEMBLY

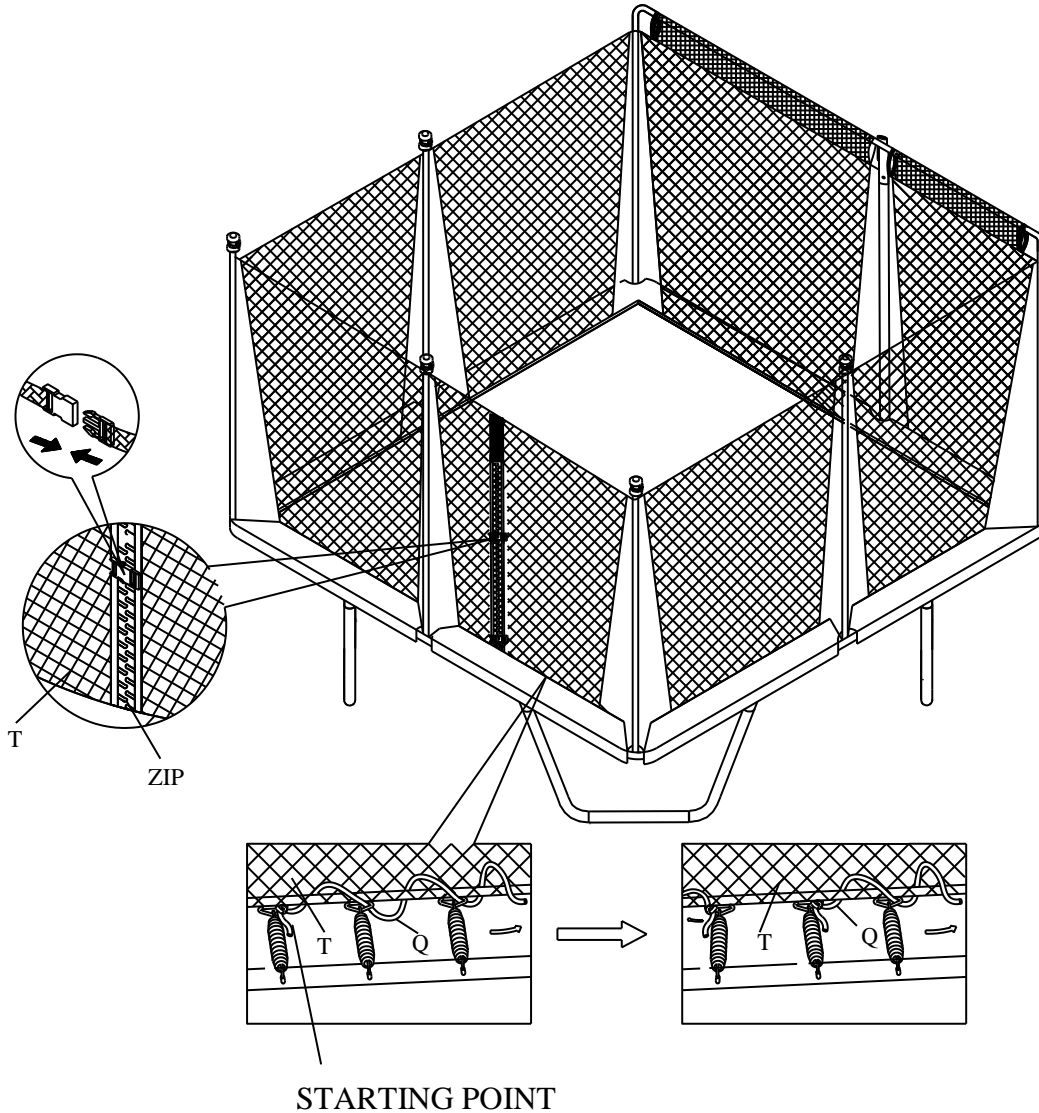
STEP 8 –

- Attach the snap in buckles on the top of the ENCLOSURE NETTING (T) to TUBE CAP (R) as shown. Please make sure the cap holder is facing outward. Do this for 5 sets of the tubes.
- For the remaining buckles, snap in buckles as shown below.
- Please keep the length of the strap loose.



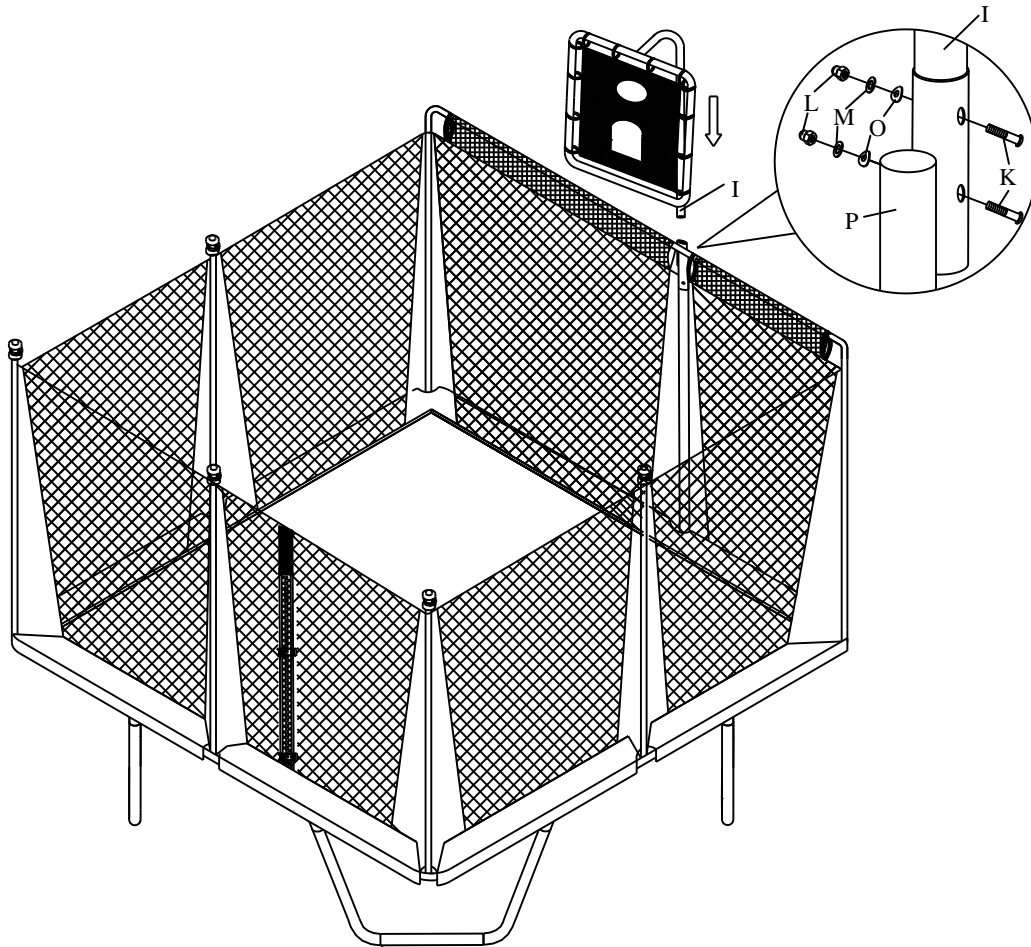
STEP 9—CORD ASSEMBLY

- A. Tie one end of the CORD (Q) to the trampoline mat ring right next to the “POLE”. Do this for all 8 “POLES”. Those ends are the “STARTING POINTS”.
- B. First, pull the CORD (Q) from the “STARTING POINT” to the trampoline mat ring as shown below. Tie the CORD (Q) to the mat ring before you reach the next” STARTING POINT”. Repeat this until you have finished with all 8 pieces of CORD (Q).
- C. Pull the ZIPPER of the ENCLOSURE NETTING (T) at the door. Then snap two buckles closely (one not shown as it may be covered by the pad of the trampoline).



STEP 10–PITCHBALL FRAME AND BASE ASSEMBLY

Insert the PITCHBALL FRAME to the “PITCHBALL FRAME BASE” as shown below. Secure it with BOLT (K), ARC WASHER (N), and NUT (L) with the WRENCH and ALLEN WRENCH provided for the trampoline.



STEP 11– STRAP LENGTH ADJUSTMENT

Now, go back to adjust the length of the strap which you have assembled in STEP 8.

STEP 12 :

Now, use the included plastic tie, attach the Safety Placard (not shown in the parts list) to the netting near the door.

DISASSEMBLY

To disassemble, simply start from STEP 11, then STEP 10 until you have disassembled the enclosure.

CARE AND MAINTENANCE

This trampoline enclosure was designed and manufactured with quality materials and craftsmanship. If proper care and maintenance is provided, it will provide all jumpers with years of exercise, fun, and enjoyment as well as reduce the risk of injury. Please follow the guidelines listed below.

This trampoline enclosure is designed to withhold a certain amount of weight and use. Please make sure that only one person at any one time uses the trampoline. Also, the person should weigh less than 225 pounds. Please be aware that street shoes or tennis shoes should NOT be worn while using the trampoline. In order to prevent the trampoline mat from getting cut or damaged please do not allow any pets onto the mat. Also, jumpers should remove all sharp objects from their person prior to using the trampoline. Any type of sharp or pointed objects should be kept off the trampoline mat at all times.

Always inspect the trampoline enclosure before each use for worn, abused or missing parts. A number of conditions could arise that may increase your chances of getting injured. Please be aware that the following could represent potential hazards:

- Missing, improperly positioned or insecurely attached netting, enclosure tubes, or foam sleeves
- Punctures, frays, tears, or holes worn in the netting or foam sleeves
- Deterioration in the stitching or fabric of the netting
- Bent or broken enclosure tubes
- Sagging net
- Sharp protrusions on enclosure tubes

WARNING

IF YOU FIND ANY OF THE PREVIOUS CONDITIONS, OR ANYTHING ELSE THAT YOU FEEL COULD CAUSE HARM TO ANY USER, THE TRAMPOLINE AND TRAMPOLINE ENCLOSURE SHOULD BE DISASSEMBLED OR SECURED FROM USE UNTIL THE CONDITION(S) HAS BEEN RESOLVED.

WARNING

PLEASE READ ENTIRE INSTRUCTION BOOKLET BEFORE YOU USE THIS TRAMPOLINE

Use trampoline only with mature, knowledgeable supervision

WARNING

	<p>NO MORE THAN ONE PERSON AT A TIME ON THE TRAMPOLINE! MULTIPLE JUMPERS INCREASE THE RISK OF INJURY SUCH AS BROKEN HEAD, NECK, LEG, OR BACK.</p>		<p>PARALYSIS OR DEATH CAN RESULT IF YOU LAND ON YOUR HEAD OR NECK! DO NOT PERFORM SOMERSAULTS (FLIPS) AS THIS WILL INCREASE YOUR CHANCES OF LANDING ON YOUR HEAD OR NECK!</p>
---	---	---	---

Always consult a physician before performing any kind of physical activity.

USE INSTRUCTIONS

Before you begin use of this trampoline, be sure to carefully read all the information provided to you in this manual. Just like any other type of physical recreational activity, participants can be injured. To reduce the risk of injury, be sure to follow appropriate safety rules and tips.

Do not attempt or allow somersaults. Landing on the head or neck can cause serious injury, paralysis, or death, even when landing in the middle of the mat.

Do not allow more than one person on the trampoline. Use by more than one person at the same time can result in serious injuries.

Use trampoline only with mature, knowledgeable supervision.

Trampolines over 20 in. (51cm) tall are not recommended for use by children under 6 years of age.

[Inspect the trampoline before each use. Make sure the trampoline safety pad is correctly and securely positioned. Replace any worn, defective or missing parts.](#)

You should always mount and dismount properly in order to avoid injury. It is dangerous practice to jump from the trampoline to the floor or ground when dismounting, or to jump onto the trampoline when mounting. Do not use the trampoline as a springboard to other objects. Use the trampoline only for trampolinestyle bouncing.

Stop bounce by flexing knees as feet come in contact with the trampoline bed. Learn this skill before attempting others. This technique should also be practiced while you are learning each of the basic bounces. The skill of braking should be used whenever you lose balance or control of your jump.

Initially, you should get accustomed to the feel and bounce of the trampoline. The focus must be on the fundamentals of your body position and you should practice each bounce (the basic bounces) until you can do each skill with ease and control.

Always learn the simplest bounce first and be consistent with the control of your bounce before moving on to more difficult and advanced bounces. A controlled bounce is one when your take off point and landing point is the same spot on the mat. If you move up to the next bounce without first mastering the previous, you increase your chances of getting injured.

Avoid bouncing too high. Stay low until bounce control and repeated landing in the center of the trampoline can be accomplished. Control is more important than height.

Do not bounce recklessly on the trampoline since this will increase your chances of getting injured. The key to safety and having fun on the trampoline is control and mastering the various bounces. Never try to out-bounce another bouncer in terms of height! Never use the trampoline alone without supervision.

Do not bounce on the trampoline for extended periods of time because fatigue can increase your chances of becoming injured. Bounce for a brief period of time and then allow others to join in on the fun! Never have more than one person bouncing on the trampoline.

Focus your eyes on the end of the trampoline, this will help you control your bounce. Do check your position while jumping by checking your position in relation to the center circle. Do not jump more than 1 foot from edge of circle.

Jumpers should wear t-shirt, shorts or sweats, and regulation gymnastic slippers, heavy socks, or be barefoot. If you are just beginning, you may want to wear long sleeve shirts and pants to protect against scrapes and abrasions until you master correct landing positions and form. Do not wear hard sole shoes, such as tennis shoes, on the trampoline as this will cause excessive wear on the mat material.

Keep objects away that could interfere with the performer. Maintain a clear area around the trampoline.

Bounce only when the surface of the mat is dry. Wind or air movement should be calm to gentle. The trampoline must not be used in gusty or severe winds. Do not use the trampoline when under the influence of alcohol or drugs.

Climb on and off the trampoline. It is a dangerous practice to jump from the trampoline to the floor or ground when dismounting, or to jump onto the trampoline when mounting. Do not use the trampoline as a springboard to other objects.

Learn fundamental bounces and body positions thoroughly before trying more advanced skills. A variety of trampoline activities can be carried out by performing the basic fundamentals in various series and combinations, performing one fundamental after another, with or without feet bounces between them.

While keeping the head erect, focus eyes on the trampoline toward the perimeter. This will help control bounce.

Avoid bouncing when tired. Keep turns short.

Do not attempt to jump over the barrier. Do not attempt to crawl under the barrier.

Do not intentionally rebound off the barrier. Do not hang from, kick, cut or climb on the barrier.

Wear clothing free of drawstrings, hooks, loops or anything that could get caught in the barrier.

Do not attach anything to the barrier that is not a manufacturer-approved accessory or part of the enclosure system,

Enter and exit the enclosure only at the enclosure door or barrier opening designated for that purpose.

Properly secure the trampoline when not in use. Protect it against unauthorized use. If a trampoline ladder is used, the supervisor should remove it from the trampoline when leaving the area to prevent unsupervised access by children under 6 years of age.

For further information or additional instructional materials on skill training, contact a competent trampoline instructor.

For additional information concerning the trampoline equipment contact Maurice Pincoffs Canada Inc. at 1-888-707-1880 or write to the following address: 6050 Don Murie, Niagara Falls, Ontario L2E 6X8 or email us at: customerservice@pincoffs.ca

Properly secure the trampoline when not in use. Protect it against unauthorized use.

ADDITIONAL TRAMPOLINE SAFETY INSTRUCTIONS

Mounting and Dismounting:

Be very careful when getting on and off the trampoline. DO NOT mount the trampoline by grabbing the safety pad, stepping onto the springs, or by jumping onto the mat of the trampoline from any object (i.e. a deck, roof, or ladder). This will increase your chances of getting injured! DO NOT dismount by jumping off the trampoline and landing on the ground, regardless of the makeup of the ground. If small children are playing on the trampoline, they may need help dismounting.

Use of Alcohol and Drugs:

DO NOT consume any alcohol or drugs when using this trampoline! This will increase your chances of getting injured since these foreign substances impair your judgment, reaction time, and overall physical coordination.

Multiple Jumpers:

Multiple jumpers (more than one person on the trampoline at any one time), increase the chance of getting injured. Injuries could occur when you fly off the trampoline, lose control, collide with the other jumper(s), or land on the springs. Generally, the lightest person on the trampoline will get injured. No more than one person at a time on the trampoline.

Striking the Frame or Springs:

When playing on the trampoline, STAY in the center of the mat. This will reduce your risk of getting injured by landing on the frame or springs. Always keep the safety pad covering the frame of the trampoline. DO NOT jump or step onto the safety pad directly since it was not intended to support the weight of a person.

Loss of Control:

DO NOT try difficult maneuvers, or any maneuvers until you have mastered the previous maneuver, or if you are just learning how to jump on a trampoline. If you do, you will increase your risk of getting injured by landing on the frame, springs, or off the trampoline completely because you might lose control of your jump. A controlled jump is considered landing on the same spot that you took off from. If you do lose control when you are jumping on the trampoline, bend your knees sharply when you land and this will allow you to regain control and stop your jump.

Somersaults (Flips):

DO NOT PERFORM Somersaults of any type (backwards or forwards) on this trampoline. If you make a mistake when trying to perform a somersault, you could land on your head or neck. This will increase your chances of getting your neck or back broken, which could result in death or paralysis.

Foreign Objects:

DO NOT use the trampoline if there are pets, other people, or any objects underneath the trampoline. This will increase the chances of an injury occurring. DO NOT hold any foreign objects in your hand and DO NOT place any objects on the trampoline while anyone is playing on it. Please be aware of what is overhead when you are playing on the trampoline. Tree limbs, wires, or other objects located over the trampoline will increase your chances of getting injured.

Poor Maintenance of Trampoline:

A trampoline in poor condition will increase your risk of getting injured. Please inspect trampoline before each use for bent steel tubes, torn mat, loose or broken springs, and overall stability of the trampoline.

Weather Conditions:

Please be aware of the weather conditions when using the trampoline. If the mat of the trampoline is wet, the jumper could slip and injure him or herself. If it is too windy, jumpers could lose control.

Use trampoline only when the jumping mat is clean and dry. A wet jumping mat is extremely slick and prevents a stable landing.

Windy conditions

In severe wind situations, the trampoline can be blown about. If you expect windy weather conditions, the trampoline should be moved to a sheltered area or disassembled. Another option is to tie the round, outside portion (top frame) of the trampoline, to the ground using ropes and stakes. To ensure security, at least three (3) tie downs should be used. Do not just secure the legs of the trampoline to the ground because they can pull out of the frame sockets.

Moving the trampoline

If you need to reposition the trampoline, two people should be used. All connector points should be wrapped and secured with weather resistant tape, such as duct tape. This will keep the frame intact during the move and prevent the connector points from dislocating and separating. When moving, lift the trampoline slightly off the ground and keep it horizontal to the ground. For any type of other move, you should disassemble the trampoline.

TIPS TO REDUCE THE RISK OF ACCIDENTS

All jumpers need to be supervised, regardless of skill level or age.

Jumpers role in accident prevention

The key here is to stay in control of your jumps. DO NOT move onto more complicated, more difficult maneuvers until you have mastered the basic, fundamental bounce. Education is also key to safety and very important. Read, understand, and practice all safety precautions and warnings prior to using the trampoline. A controlled jump is when you land and take off from the same location. For additional safety tips and instructions, contact a certified trampoline instructor.

Supervisor's or owner's role in accident prevention

Supervisors need to understand and enforce all safety rules and guidelines. It is the responsibility of the supervisor to provide knowledgeable advice and guidance to all jumpers of the trampoline. If supervision is unavailable or inadequate, the trampoline could be stored in a secure place, disassembled to prevent unauthorized use, or covered with a heavy tarp that can be locked or secured with lock or chains. The supervisor is also responsible to ensure that the safety placard is placed on the trampoline and that jumpers are informed of these warnings and instructions.

LESSON PLAN

The following lessons are suggested in order to learn basic steps and bounces before moving onto more difficult, complicated bounces. Before actually getting on and using the trampoline, you should read and understand all safety instructions. A complete discussion and demonstration of body mechanics and trampoline guidelines should occur between the supervisor and student as well.

Lesson 1

- A. Mounting and Dismounting - Demonstration of proper techniques
- B. The Basic Bounce - Demonstration and practice
- C. Braking (check the bounce) - Demonstration and practice. Learn to brake on command
- D. Hands and Knees - Demonstration and practice. Stress should be on four-point landing and alignment.

Lesson 2

- A. Review and practice of techniques learned in Lesson 1.
- B. Knee Bounce - Demonstration and practice. Learn the basic down to knee and back up before trying half twist to left and right.
- C. Seat Bounce - Demonstration and practice. Learn basic seat bounce then add a knee bounce, hands and knees; repeat.

Lesson 3

- A. Review and practice skills and techniques learned in previous lessons.
- B. Front Drop - To avoid mat burns and teach the front bounce position, all students should be requested to assume the prone position (face down on the ground) while the instructor checks for faulty positions that could cause injury.
- C. Start with a hands and knees bounce and then extend body into prone position, land on the mat and return to feet.
- D. Practice Routine - Hands and Knees Bounce, Front Bounce, back to feet, seat bounce, back to feet

Lesson 4

- A. Review and practice skills and techniques learned in previous lessons.
- B. Half- Turn
 - i. Start from front drop position and as you make contact with mat, push off with arms in either the right or left direction and turn head and shoulders in same direction.
 - ii. During turn, be sure to keep back parallel to mat and head up.
 - iii. After completing turn, land in front drop position.

After completing this lesson, the student now has a basic foundation of trampoline bounces. Jumpers should be encouraged to try and develop their own routines with the emphasis on control and form.

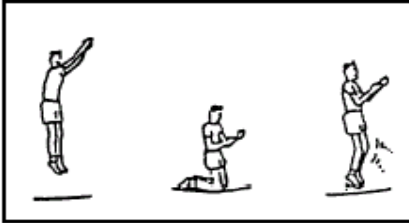
BASIC TRAMPOLINE BOUNCE

The Basic Bounce



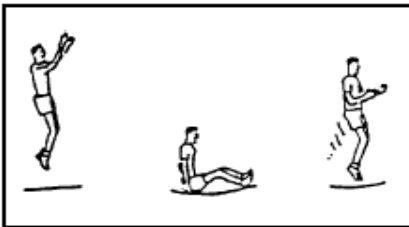
1. Start from standing position, feet shoulder width apart and with head up and eyes on mat.
2. Swing arms forward and up and around in a circular motion.
3. Bring feet together while in mid-air and point toes downward.
4. Keep feet shoulder width apart when landing on mat.

Knee Bounce



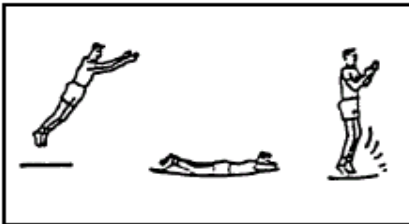
1. Start with basic bounce and keep it low.
2. Land on knees keeping back straight, body erect and use your arms to maintain balance.
3. Bounce back to basic bounce position by swinging arms up.

Seat Bounce



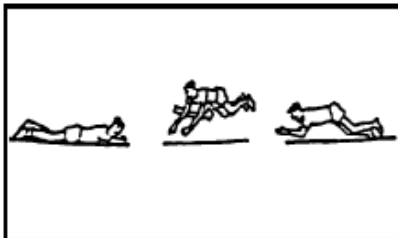
1. Land in a flat sitting position.
2. Place hands on mat besides hips, do not lock your elbows.
3. Return to erect position by pushing with hands.

Front Bounce



1. Start with a low bounce.
2. Land in prone (face down) position and keep hands and arms extended forward on mat.
3. Push off the mat with arms to return to standing position.

180 Degree Bounce



1. Start with front bounce position.
2. Push off with left or right hands and arms (depending on which way you wish to turn).
3. Maintain head and shoulders in the same direction and keep back parallel to mat and head up.
4. Land in prone position and return to standing position by pushing up with hands and arms.



WARNING

ALWAYS START YOUR JUMP AT THE CENTER CIRCLE.
WHEN YOU LAND MORE THAN 1 FOOT AWAY FROM THE EDGE
OF THE CENTER CIRCLE, STOP YOUR JUMP IMMEDIATELY!
RESTART YOUR JUMP AT THE CENTER OF CIRCLE.

LIMITED WARRANTY

Maurice Pincoffs Canada Inc. warrants this unit, to the original purchaser, to be free from defects in material and workmanship for the period of time listed below. Warranty time begins at the time of purchase. Normal wear and user's abuse are not covered in the warranty. Weather damage and other such acts of nature are not covered by the Manufacturer's warranty. Commercial use and/or transfer of ownership voids the warranty.

Trampoline

Frame 10 Years
Mat Fabric 5 Years
Mat Stitching 2 Years
Springs 1 Year
Safety Pad 1 Year

Enclosure

Net Support poles	10 years
Metal hardware	1 year
Pole pads	6 months
Other components	90 days

Flash Zone

30 days

For warranty service contact our Customer Service Dept.:

1-888-707-1880 (toll free)

Monday-Friday

8:30 A.M. to 5:00 P.M.

Eastern Standard Time

LIABILITY

While every attempt is made to embody the highest degree of safety in all equipment we cannot, however, guarantee freedom from injury. The user assumes all risk of injury due to use. All merchandise is sold on this condition, that no representative of the Company can waive or change. This equipment is intended for residential use only. This equipment is not to be used in places of public assembly such as schools, nurseries, day care centre, churches and parks. Maurice Pincoffs Canada Inc. cannot assume any liability for such use. Any commercial, institutional or public use of this equipment will void the warranty.

MAURICE PINCOFFS

CANADA INC.

6050 Don Murie Street, Niagara Falls, Ontario L2E 6X8

Telephone: (905) 353-8955 Fax: (905) 353-8968