



PFX-205 Flat Bench

The **Xplode PFX-205 flat bench** is great for numerous exercises! The padded cushions are comfortable and don't have any gaps at the lower back. It's also easy to move because it is compact and light. Stick it under an independent squat rack for easy bench presses or use it for dumbbell exercises. The **Xplode Flat Bench** is the perfect addition to any gym.



Pads	7cm thick, durable upholstered pads
Assembled Dimensions	60" L x 25"W x 20" H
Product Weight	64 lbs
Transport Wheels	No