

Specifically formulated to support people living with chronic illness, Vitassium provides sodium and potassium to help manage symptoms of Postural Orthostatic Tachycardia Syndrome (POTS), Ehlers Danlos Syndrome (EDS), Vasovagal Syncope, and other chronic conditions.







Available in tasteless capsules, delicious, chewable tablets, or ready-to-mix powder, Vitassium helps to maintain electrolyte levels, to support healthy blood pressure, and to reduce fatigue and dizziness due to low blood pressure. Vitassium is easy on the stomach and a convenient way to get the sodium you need.

CAPSULES

FASTCHEWS®

DRINKMIX

FREQUENTLY ASKED QUESTIONS

How much Vitassium® should I consume?

Every person will have a different "ideal" usage and dosage, and your doctor can provide guidance around how much may work best for you. In general, we recommend 1-2 capsules OR 1 serving of DrinkMix, 3-4 times a day. FastChews can provide a rapid boost of sodium when needed, or when on the go.

Can Vitassium® be consumed
on an ongoing daily basis?

NaCl SALT (mg)*	Na SODIUM (mg)*	VITASSIUM° CAPSULES	VITASSIUM° FASTCHEWS	VITASSIUM° DRINKMIX
635	250	1	4	1/2
1270	500	2	8	1
2540	1000	4	16	2
3810	1500	6	24	3
5080	2000	8	32	4
6350	2500	10	40	5

*1000 mg = 1 gram

Yes, please confirm with your supervising physician. Given the safety profile of the common and safe ingredients, as part of a normal diet and with regular hydration, ongoing use as a medical food should be well tolerated. If you have specific concerns, please consult with your physician.







VITASSIUM° CAPSULES

VITASSIUM® FASTCHEWS

VITASSIUM° DRINKMIX

Sodium (per cap/unit/scoop)	250 mg	65 mg	500 mg
Potassium (per cap/unit/scoop)	50 mg	12.5 mg	100 mg
Vegan	⊘	⊘	⊘
Non-GMO	⊘	<	⊘
Gluten Free	⊘	⊘	⊘
Allergen Free*	⊘	⊘	⊘
Preservative Free	⊘	⊘	⊘
Sweeteners	None	Dextrates, Dextrose, Stevia	Dextrates, Dextrose, Stevia

Vitassium Is a Proud Supporter Since 2016

Dysautonomia International







*Vitassium products do not contain any of the 8 FDA-identified allergens, including wheat, soy, milk, eggs, shellfish, fish, tree nuts, or peanuts.





VISIT VITASSIUM.COM FOR MORE INFORMATION



