

strawberry scrub

DURATION: 25 Minutes

SKILL LEVEL: ● ● ○

SUPPLIES: Double boiler Thermometer Spoon
Scale Mixing Bowl Storage Container

FORMULA: Makes 200 grams or 6 oz

| | INGREDIENT | FORMULA | WEIGHT |
|----|--------------------------|---------|---------|
| 1 | Organic Glycerin | 15.0 % | 30.0 g |
| 2 | Organic Jojoba Oil | 9.0 % | 18.0 g |
| 3 | Strawberry Seed Oil | 3.0 % | 6.0 g |
| 4 | Organic Shea Butter | 5.0 % | 10.0 g |
| 5 | Natural Emulsifier 68 | 5.0 % | 10.0 g |
| 6 | Shea Butter Surfactant | 5.0 % | 10.0 g |
| 7 | Preservative PE | 1.0 % | 2.0 g |
| 8 | Strawberry Exfoliant | 5.0 % | 10.0 g |
| 9 | Chamomile Essential Oil* | 0.1 % | 0.2 g |
| 10 | Granulated Sugar* | 51.9 % | 103.8 g |
| | TOTAL | 100 % | 200 g |

DIRECTIONS: Ingredients marked with an asterisk can be purchased from any supplier. Prepare a double boiler with water in the bottom pan and add ingredients 1-5 to the top pan. Begin heating the mixture to 160°F with light stirring. Gently stir the mixture until all the solids are dissolved and the mixture looks homogenous.

Turn off the heat and allow the mixture to naturally cool while stirring. Add ingredient 6.

Once the temperature reaches 120°F, stir in ingredients 7-10. This will create a pasty consistency. Gently mix it together with a spatula, folding over, until the scrub looks homogenous. Transfer into the desired container. Remix as needed to reincorporate any oils.

PRODUCT LABELING: INGREDIENTS: Sugar, Glycerin, Simmondsia Chinensis (Jojoba) Seed Oil, Butyrospermum Parkii (Shea) Butter, Fragaria Vesca (Strawberry) Seed, Fragaria Ananassa (Strawberry) Seed Oil, Cetearyl Alcohol, Cetearyl Glucoside, Shea Butteramidopropyl Betaine, Phenoxyethanol, Ethylhexylglycerin, Anthemis Nobilis (Roman Chamomile) Oil

