

soft and supple lotion bar

DURATION: 10 Minutes

SKILL LEVEL: ● ○ ○

SUPPLIES: Double Boiler Thermometer
Scale Silicone Mold (with desired shapes)

FORMULA: Makes 200 grams Number of bars varies depending on the mold used

	INGREDIENT	FORMULA	WEIGHT
1	Sunflower Oil*	35.0 %	70.0 g
2	Sustainable African Beeswax	30.0 %	60.0 g
3	Fair Trade Cocoa Butter	15.0 %	30.0 g
4	Organic Shea Butter	17.0 %	34.0 g
5	Tapioca Starch (Bob's Red Mill)*	3.0 %	6.0 g
	TOTAL	100 %	200.0 g

DIRECTIONS: Ingredients marked with an asterisk can be purchased from any supplier. Prepare a double boiler with water in the bottom pan and add ingredients 1-5 to the top pan. Begin heating the mixture to 175°F with light stirring, trying to break up the clumps of Tapioca Starch. You may need to use a whisk. Keep the temperature at 175°F for 10 minutes while stirring diligently. Everything should be melted.

Turn off the heat and continue to stir for 5 minutes. Pour mixture directly into the silicone mold. Allow the shapes in the mold to solidify slightly before transferring to the refrigerator to completely cool.

Once cool, pop the shapes out and store at room temperature. To use, warm the lotion bar up in the hands or rub directly on the skin and massage.

PRODUCT LABELING: **INGREDIENTS:** Helianthus Annuus (Sunflower) Seed Oil, Cera Alba (Beeswax), Butyrospermum Parkii (Shea) Butter, Theobroma Cacao (Cocoa) Seed Butter, Tapioca Starch

