

# natural deodorant stick

**DURATION:** 10 Minutes

**SKILL LEVEL:** ● ● ○

**SUPPLIES:** Double boiler    Thermometer    2 oz Wax-lined Paper Tubes  
Scale                      Tray

**FORMULA:** Makes 50 grams or nearly 2 ounces

	INGREDIENT	FORMULA	WEIGHT
1	Squalane	19.5 %	9.75 g
2	Organic Jojoba Oil	5.0 %	2.5 g
3	Organic Shea Butter	8.0 %	4.0 g
4	Fair Trade Cocoa Butter	10.0 %	5.0 g
5	Cetearyl Alcohol MB	17.0 %	8.5 g
6	Sustainable African Beeswax	3.0 %	1.5 g
7	Baking Soda (Arm & Hammer)*	4.0 %	2.0 g
8	Arrowroot Powder (Bob's Red Mill)*	32.0 %	16.0 g
9	Lavender Essential Oil*	0.5 %	0.25 g
10	Lemon Essential Oil*	1.0 %	0.5 g
	TOTAL	100 %	50 g

**DIRECTIONS:** Ingredients marked with an asterisk can be purchased from any supplier. Prepare a double boiler with water in the bottom pan and add ingredients 1-7 to the top pan. Begin heating the mixture to 175°F with light stirring. Keep the temperature at 175°F for 20 minutes while stirring occasionally.

After 20 minutes, turn off the heat and begin cooling naturally. At 110°F, add 9 and 10. Continue to stir gently.

Set up a tray with the paper tubes on it. Continue stirring while pouring mixture into paper tubes to avoid settling of baking soda and arrowroot powder to the bottom. Transfer the paper tubes immediately to the refrigerator to cool before capping.

**PRODUCT LABELING:**

**INGREDIENTS:** Arrowroot Powder, Squalane, Cetearyl Alcohol, Theobroma Cacao (Cocoa) Seed Butter, Butyrospermum Parkii (Shea) Butter, Simmondsia Chinensis (Jojoba) Seed Oil, Sodium Bicarbonate, Cera Alba (Beeswax), Citrus Medica Limonum (Lemon) Peel Oil, Lavandula Angustifolia (Lavender) Oil

