

hydrating body lotion

DURATION: 40 Minutes

SKILL LEVEL: ● ● ○

SUPPLIES: Double boiler Thermometer Spoon
Scale 2 Mixing Bowls Storage Container

FORMULA: Makes 200 grams or 6 oz

	INGREDIENT	FORMULA	WEIGHT
1	Distilled or Deionized Water	70.8 %	141.6 g
2	Organic Glycerin	5.0 %	10.0 g
3	Tara Gum*	0.4 %	0.8 g
4	Natural Emulsifier 68	3.5 %	7.0 g
5	Cetearyl Alcohol MB	2.8 %	5.6 g
6	Organic Jojoba Oil	6.5 %	13.0 g
7	Squalane	5.0 %	10.0 g
8	Organic Shea Butter	4.0 %	8.0 g
9	Hyaluronic Acid Solution	1.0 %	2.0 g
10	Preservative PE	1.0 %	2.0 g
	TOTAL	100 %	200 g

DIRECTIONS: Ingredients marked with an asterisk can be purchased from any supplier. Prepare a double boiler with water in the bottom pan and add ingredient 1 to the top pan. Premix Organic Glycerin and Tara Gum in a side container to form a slurry. Add the slurry to the main vessel and mix with an immersion blender or hand mixer until homogenous. Begin heating the mixture to 170°F with light stirring.

In another bowl, premix ingredients 4 - 8 and gently heat in the microwave until everything is dissolved and mixture is 175°F. Slowly pour the oil phase into the main vessel. Gently stir the mixture with an immersion blender, making sure to not introduce air into the fluid. Once homogenous, remove everything from the heat. Continue to gently stir while cooling. When the temperature is below 110°F, add the remaining ingredients one-by-one, stirring in between each addition. Pour into desired containers. Lotion will thicken over the next few days.

PRODUCT LABELING: INGREDIENTS: Water, Simmondsia Chinensis (Jojoba) Seed Oil, Squalane, Glycerin, Butyrospermum Parkii (Shea) Butter, Cetearyl Alcohol, Cetearyl Glucoside, Caesalpinia Spinosa Gum, Sodium Hyaluronate, Phenoxyethanol, Ethylhexylglycerin

