

exfoliating body bars

DURATION: 40 Minutes

SKILL LEVEL: ● ● ●

SUPPLIES: Double Boiler Spoon Silicone Mold Scale

FORMULA: Makes 100 grams or 3.4 oz

	INGREDIENT	FORMULA	WEIGHT
1	Creamy Coconut Surfactant	44.2 %	44.2 g
2	Shea Butter Surfactant	14.5 %	14.5 g
3	Organic and Fair Trade Cocoa Butter	2.0 %	2.0 g
4	Natural Emulsifier 68	21.0 %	21.0 g
5	Cetearyl Alcohol MB	10.0 %	10.0 g
6	Brazil Clays Purple Earth	2.0 %	2.0 g
7	Strawberry Exfoliant	3.6 %	3.6 g
8	Lavender Essential Oil*	1.6 %	1.6 g
9	Geranium Essential Oil*	0.1 %	0.1 g
10	Preservative PE	1.0 %	1.0 g
	TOTAL	100 %	100.0 g

DIRECTIONS: Ensure all equipment is cleaned and sanitized. Wear proper safety equipment, including gloves and a respiratory mask that can filter our small particulate as Creamy Coconut Surfactant generates a lot of dust.

Add ingredients 1-7 in the top portion of a double boiler and begin heating to 175°F/80°C with gentle stirring. When at temperature and everything is homogenous, add in items 8-10 and continue stirring. Turn off heat and begin cooling to 150°F/65°C.

Pour into silicone molds of your choosing and allow to cool to room temperature.

PRODUCT LABELING:

INGREDIENTS: Sodium Cocoyl Isethionate, Water, Cetearyl Alcohol, Shea Butteramidopropyl Betaine, Cetearyl Glucoside, Fragaria Vesca (Strawberry) Seed, Theobroma Cacao (Cocoa) Seed Butter, Lavandula Angustifolia (Lavender) Oil, Pelargonium Graveolens (Geranium) Oil, Phenoxyethanol, Ethylhexylglycerin, Tocopherol

simply
ingredients