



# Rise and Fall Wall Hanging

Designer: Amanda Brown / IG @myfabricheart

Level: Beginner

Easily add chenille to this beautiful modern quilt wall hanging.  
You will need:

## Tools:

- OLFA Chenille Cutter (CHN-1)
- OLFA 24" x 36" Double-Sided, Self-Healing Rotary Mat (RM-MG/NBL)
- OLFA 6" x 24" Frosted Acrylic Ruler (QR-6x24)
- OLFA 6.5" x 6.5" Frosted Acrylic Ruler (QR-6S)
- OLFA 45mm Quick-Change Rotary Cutter, Navy (RTY-2C/NBL)
- Erasable marking tool
- Brass brush (paint section at hardware store)

## Materials:

- Fat Quarter Fabric 1 (Pink)
- Fat Quarter Fabric 2 (Orange)
- Fat Quarter Fabric 3 (Teal)
- 1/3 yard Fabric 4 (Light Blue)
- 1/2 yard Background (Pale pink)
- 3/4 yard Fabric 5 (Coral)
- 1 yard Backing
- 26" x 30" Batting
- 1/4 yard Binding
- Matching Thread



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### Cutting:

- Fabric 1 (Pink)
  - (3) 5" x 5"
  - (2) 4" x 18". Sub cut into (12) Equilateral triangles
- Fabric 2 (Orange)
  - (3) 5" x 5"
  - (2) 4" x 18". Sub cut into (13) Equilateral Triangles
- Fabric 3 (Teal)
  - (5) 5" x 5"
  - (2) 4" x 18". Sub cut into (13) Equilateral Triangles
- Fabric 4 (Light Blue)
  - (1) 5" x WOF strip sub cut into (9) 5" x 5" squares
  - (1) 4" x WOF Sub cut into (16) Equilateral Triangles
- Fabric 5 (Coral)
  - (5) 13" x 13"
  - 1 Equilateral Triangle
- Background Fabric
  - (3) 4" x WOF strips sub cut into (44) Equilateral triangles

### How to Cut Equilateral Triangles:

- Take one 4" strip of fabric.
- Using the OLFA 6"x12" line up the top 60 degree line along the bottom of the strip.
- Position the left side edge close to the beginning of the fabric and cut along this edge.
- Rotate the 60 degree line so it is now along the newly cut edge lining up the right side of the ruler at the corner. **(See Photos 1 & 2)**
- Cut along this line. Repeat Steps 4 & 5.

### Chenille the fabric squares:

This is the same process for all squares. Refer to the chart below for each unit.

- Layer the 5 squares on top of each other (*for squares with 2 colors alternate colors starting and ending with the same color*).
- Draw a diagonal line from one corner to another. **(See Photo 3)**
- Use this line as a guide and fill your square with additional lines the indicated width apart.
- Using a shortened stitch sew through all 5 layers of squares along each of these lines back stitching at each end.
- Set your Chenille cutter to the indicated guide and carefully slice the top 4 layers of fabric leaving the bottom fabric intact. **(See Photos 4 & 5)**
- Use wire brush to brush out the cut fabric until you have your desired level of fluffy. **(See Photo 6)**
- Trim blocks to indicated size (try to take a little off each side) and make an Equilateral Triangle.
- Using the leftovers from Block 4 lay them on top of an Orange triangle so covers the top point and at least 2" down. Pin together and trim the chenilled scraps to the size of the triangle and this is Chenille Block #6. **(See Photo 7)**

Chenille Block #	Colors	Space Between Lines	Chenille Guide	Trim to
#1	(5) Coral	½"	LL	12.5"x12.5"
#2	(3) Teal (2) Light Blue	¼"	M	4.75"x4.75"
#3	(3) Light Blue (2) Teal	¼"	M	4.75"x4.75"
#4	(3) Orange (2) Light Blue	¼"	M	4.75"x4.75"
#5	(3) Pink (2) Light Blue	¼"	M	4.75"x4.75"

### Piecing Equilateral Triangles:

- Place 2 pieces together with right sides facing. **(See Photos 8 & 9)**
- Sew along on edge and press seam to the dark side.
- Place next triangle on top of the last lining up 2 long edges and the tip of the triangle you are adding will extend past the top by ¼". Pay close attention to orientation of these. Stitch together and repeat. **(See Photos 10 & 11)**

### Assembly:

- Following the diagrams below piece the 4 sections together in rows. **(See Photos 12 & 13)**
- Join Section 2 to the Peach triangle and press.
- Join Section 3 to the other side of the Peach triangle and press.
- Add section 1 and 4 as indicated.
- Trim top and bottom rows so they are each 2" tall.
- Layer, baste and Quilt as desired.
- Trim at the quilt top and bottom and trim both sides to have a straight edge
- Bind or face the quilt using your preferred method

**Note:** When quilting avoid sewing directly over chenilled fabric. Carefully move the chenille and sew between the cut fabric.

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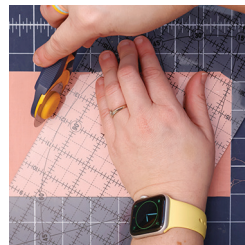


Photo 1

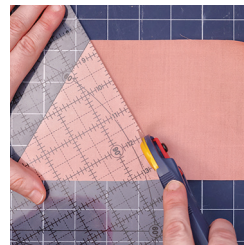


Photo 2

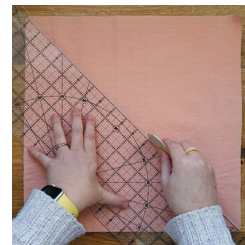


Photo 3



Photo 4



Photo 5



Photo 6

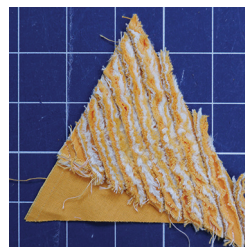


Photo 7

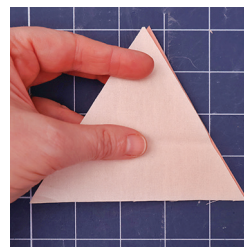


Photo 8

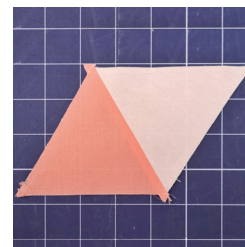


Photo 9

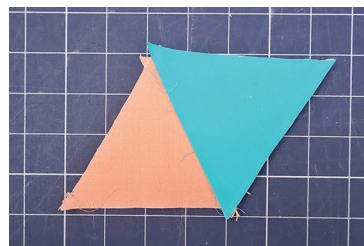


Photo 10

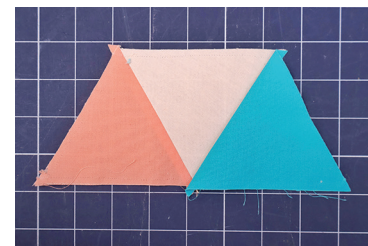


Photo 11

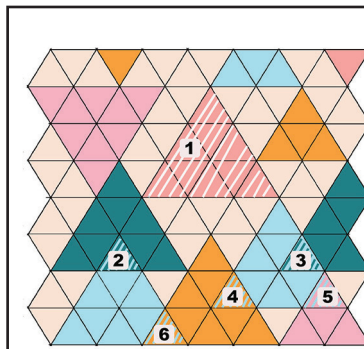


Photo 12

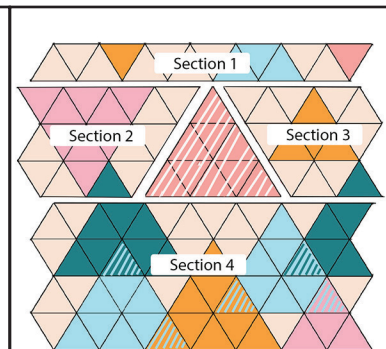


Photo 13

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