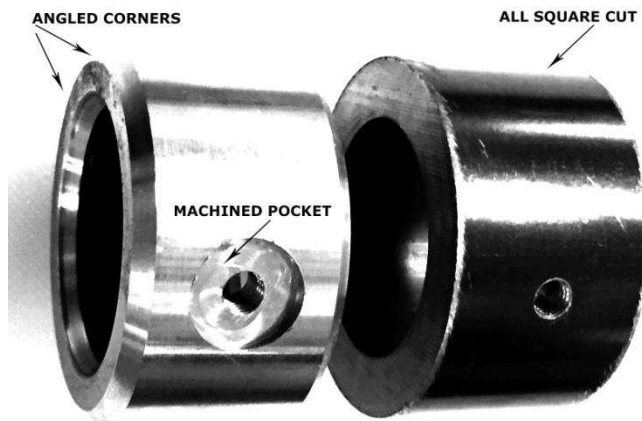


## TRACK BAR BUSHING KIT



- Kit includes extra set of bushings in case one gets damaged during install or for future use, **bushings and sleeve are a press fit.**
- Identify if your track bar has a machined bushing housing by referencing the picture below, the housing on the left has a milled pocket for the grease fitting and angled corners. If your track bar has a machined housing then it will use one o-ring on the back side each bushing instead of the shims. The O-ring will sit on the between the bushing flange and angled edge of the bushing housing.
- If the track bar does not have a machined bushing housing and the sleeve sticks out past the busing please use the shims, they will fit over the sleeve and are designed to keep pressure on the bushings so they cannot come out of the bushing housing, they may or may not be needed.
- If track bar does not have grease fitting on the frame side bushing housing please drill and tap a 1/4x28 hole in the middle of the bushing housing so it will point down when mounted in the truck and install the zerk fitting included.



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## Common specs

### ALIGNMENT:

0.00-0.05 Total toe in & 3.7-4.5 deg caster. Please see Tech section of website for more information.

**Radius arm trucks:** Less than .5deg of cross caster, upper and lower axle mounting bolts must be loose when performing adjustment.

### TORQUE VALUES:

**Lug nuts:** 140 ft/lbs

**14mm track bar bolts:** 150 ft/lbs

**16mm and 18mm track bar bolts:** 215 ft/lbs

**Heim joint jamb nut:** 175 ft/lb minimum

**Shock mounting bolts (Eyelet mounts):** 100 ft/lbs

**Shock mounting nuts (Stem top):** Turn nut until washer is snug then tighten 2 full rotations.

**Shock tower nuts:** 55 ft/lbs

**Factory tie rod ends:** 40 ft/lbs then additional 90 deg.

**Factory sway bar end link:** 100 ft / lbs.

**Factory sway bar end link with stem mount through sway bar if equipped:** Turn nut until washer is snug then tighten 2 full rotations

**Sway bar frame mounts:** 45 ft/lbs

**Upper control arm bolts 03-13:** 150 ft/lbs

**Lower control arms 03-09:** 215 ft/lbs

**Lower control arm bolt on axle end of 2010+ trucks:** 225 ft/lbs, frame end still 215 ft/lbs.

**Leaf spring mounting bolts:** 180 ft/lbs

**Shackle mounting bolts:** 180 ft/lbs

**Factory U-bolt nuts:** 110 ft/lbs