

Purifying Facial

This facial is for acneic and combination skin types. Powerful Essential oils, exfoliants and acids combine in this facial to address blemishes and the core imbalances that undermine healthy flawless skin.

Time: 1 hr to 1 hr and 15 minutes

Skin Types: Acneic, blemish prone, combination

Backbar Products Needed:

White Sage Cleanser
White Sage Toner
Blueberry Scrub
Pumpkin Enzyme 5% glycolic
Salicylic Acid Cream/Mask 4%
Lactic Acid 88%
Seaweed & Clay Mask
Eye Repair Serum
White Sage Spot Treatment
White Sage Oil Free Moisturizer
Prickly Pear Daily Moisturizer Spf 30
Tea Tree Daily Cleansing Pads

Supplies Needed:

7 warm towels 1 roto brush or manual brush Steamer 3 fan brushes 4 facial sponges eye pads made from 100% cotton

Step 1: Clean all impurities off skin with White Sage Cleanser. Manipulate cleanser in a circular and lifting motion to help stimulate blood flow. Use deep cleansing techniques. Use 1 warm towel to remove.

Step 2: Perform skin analysis to decide on correct course of treatment. Always double check for Retina A use or waxing within the last 3 days.

Step 3: Cleanse again with Tea Tree Daily Cleansing Pads. (Can use White Sage Cleanser again if you don't have pads)

- 4. Apply thin layer of blueberry scrub manipulate lightly for 2 minutes.

 If client has open pustules avoid mechanical exfoliation. (Can use Desert Aloe and Jojoba Scrub if you don't have Blueberry)
- 5. Apply steam with thin layer of Pumpkin Enzyme with 5% glycolic. Leave on for up to 5 minutes.
- 6. Remove Pumpkin Mask and apply Salicylic Acid Cream/Mask 4% with optional 2 drops of lactic acid 88%. Adding lactic will help any pigmentation issues that go along with acne issues as

well as helping with fine lines and aging issues. Can use Glycolic 10 or 25% Mask if you don't have Salicylic.

- 7. Remove with warm towel or sponges. Neutralize.
- 8. Gently perform extractions using correct technique.
- 9. Tone with White Sage Toner.
- 10. May do a massage on face but please use White Sage Cleanser only so you are not spreading bacteria. If they have mild acne may use Ocean Minerals Moisturizer.
- 11. Remove and Tone with White Sage Toner
- 12. Apply Seaweed & Clay Mask. Leave on 7-10 minutes.
- 13. Remove with sponges and tone with White Sage Toner.
- 14. Apply a thin layer of Clear UP Serum.
- 15. Apply White Sage Spot Treatment on any acne/spots after serum has absorbed into the skin.
- 15. Apply eye repair serum.
- 16. Apply a thin layer of either Oil Free White Sage Moisturizer or Ocean Minerals Moisturizer depending on hydration levels.
- 17. Apply a thin layer of either Prickly Pear Daily Moisturizer or Chemical Free SPF.
- 18. Fill our Skincare prescription and recommend the White Sage Skin Care line for at home use in between treatments.
 - Add on products to recommend: Tea Tree Daily Cleansing Pads, Scrub, and Pumpkin Enzyme Treatment.
 - May be able to switch them to Prickly Pear Line once skin is corrected.