



Age Defying Facial

This facial combines powerful antioxidants, enzymes, glycolic and vitamins to address all general signs of aging. Skin will be refreshed and renewed with diminished appearance of fine lines, pores and uneven skin tone with improved clarity, texture and hydration. This is a no down time facial.

Time: 1 hr to 1 hr and 15 min

Skin Type: Mature/Maturing

Backbar products needed:

Prickly Pear Cleanser

Prickly Pear Toner

Super C Tonic Pads

Desert Aloe & Jojoba Scrub

Glycolic Acid Cream/Mask 25%

Pumpkin Enzyme Mask 10% glycolic

Firming Mud Mask

Prickly Pear Seed Serum

Instant Eye Repair

Prickly Pear Daily Moisturizer Spf 30

Prickly Pear Rescue Cream

Optional Add-on's to package: Lactic Acid 88% & Desert Aloe & Jojoba Moisture Mask

Supplies needed:

7 warm towels

1 roto brush or manual brush

Steamer

3 fan brushes

4 facial sponges

eye pads made from 100% cotton

Step 1: Clean all impurities off skin with your first application of Prickly Pear Cleanser. Manipulate cleanser in a circular and lifting motion to help stimulate blood flow. Use deep cleansing techniques. Use 1 warm towel to remove.

Step 2: Cover eyes and turn on light to look at skin for analysis. Check t-zone area for enlarged pores, redness, broken capillaries. Does the skin look tight in chin, cheek, or forehead area? Look for pigmentation issues such as melasma, hyper pigmentation and acne scarring.

Step 3: Turn off light to create a more serene environment and move forward with second application of Prickly Pear Cleanse. May use roto brush, hands, or face brush to provide a light mechanical exfoliation. Remove with warm towel.

Step 4: Turn on steamer. (If you do not have a steamer please make sure to have extra warm towels).

Step 5: Apply a thin layer of the desert aloe & jojoba scrub under steam. Manipulate across skin for up to 2 minutes. Remove with warm towel while still under steam.

Step 6: Using a fan brush, apply a thin layer of pumpkin enzyme 10% glycolic across skin.

- Avoid lips and under eye area.
- If you are doing any waxing or client has been waxed in the previous 3 days avoid eyebrow area.
- While under steam watch Pumpkin Enzyme and the skin reaction. If client's skin is turning pink or red remove steam.
- Leave Mask on for 3 to 7 minutes. If going for a stronger depth peeling action leave on for 7 minutes. This should be predetermined during skin analysis and client consult.
- Gently remove pumpkin enzyme using a warm towel and long wiping motions.
- Remove steam.

Step 7: if going for a stronger in depth peel apply Glycolic Acid Cream/Mask 25% for 2-3 minutes. Do not apply on rosacea skin or sensitive skin. Remove with warm towel.

Step 8: Perform extractions gently using pushing motions and proper techniques.

Step 9: Tone skin with a light spray of the Prickly Pear Toner.

Step 10: Perform a facial deep cleansing massage or your traditional massage.

Step 11: Remove massage oil or cream. Tone with Super C Tonic Pads.

Step 12: Apply thin layer of Prickly Pear Seed Serum. Do Not Remove – leave on under mask to drive nutrients further into the skin

Step 13: Apply either Firming Mud Mask for 5-7 minutes or Desert Aloe & Jojoba Moisture Mask for 7-10 minutes depending on clients needs. Remove with warm towel.

Step 14: Spray face with Prickly Pear Toner.

Step 15: Apply a **THIN LAYER** of Prickly Pear Seed Serum to face, under eyes and neck. Manipulate into skin.

Step 16: Apply Eye Repair Serum and appropriate moisturizer.

- If it is during daytime the client **MUST** leave with an SPF on their skin. Prickly Pear Daily Moisturizer or Chemical Free SPF.
- If they are in the evening may put on Prickly Pear rescue cream.

Step 17: Fill out a Sia Prescription Pad and discuss with client the products they should be using at home, other lifestyle changes that would help their skin and let them know that for optimal skin they should come back in 4 to 6 weeks for another facial.

Optimal Home Products Include:

- Prickly Pear Line
- Pumpkin Enzyme Mask 5%
- Instant Eye Repair Serum
- Items from the Desert Plus or Desert Aloe lines are also good additions