



# Our Personal Challenges Introduction

By Michael J. Lincoln, Ph.D.

This book represents an examination of the pervasive personality problems that we are confronting at the present time. These patterns reflect the issues that we are dealing with in the transition/transformation of the human collective consciousness that is now under way.

Mastery of these problematic patterns will reflect and be implemented by the movement of the collective soul consciousness to the Heart chakra that is now happening. We will be “up to our eyebrows in alligators” while getting ready to perform our Purposes.

Covered are the “Peter Pan(ella)” pandemic, addictions and co-dependency, the sexually saturated isolated nuclear family, the fixation on happiness and success, patriarchal misogyny, control-avoidance, spinal problems created by our personality problems, common psychopathologies, and criminal patterns.

Taken together, these portray where we are at in the process of the transformation/transition we are in at present. Many of these patterns are having the effect of generating a universal reaction of, “This is an up with which I will no longer put!”

Each of us has a different set of patterns that we are struggling with as we go through the healing crisis just before the onset of the implosion/upheaval process that will clear out the old order, and that will bring forth the people with better ideas to lead the way in the re-configuration of how the whole world works.

One reassuring thing is that each of us has only to be able to meet the immediate demands in the initial stages of the evolutionary change-over process. The remainder of our self-hindrances will be healed in the context of a success spiral later.

But we simply *must* be able to meet the challenges that are coming at us personally and collectively. So this period of history is most notably marked by our confrontations with the “side effects” of our Destiny training, and with the healing process for those aspects of our functioning that cannot be taken into the upcoming world.

The chapters in this book cover in some detail the issues, problems and handicaps we are working our way out of. You will recognize the ones that are affecting and driving you and everyone around you up the wall. They will be the focus of your life during this healing crisis transition period.

The more that you concentrate on ameliorating and function-changing these patterns of yours. the more effectively and potently you will make your contribution, and the more enjoyable by far will be the ride as you live out your life and your Destiny purpose.