



# **Addictions and Cravings Index**

by Michael J. Lincoln, Ph.D.

## **Addictions and Cravings Index**

**A**  
**ABALONE**  
**ACACIA**  
**“ACCEPTANCE-ADDICT”**  
**“ACHIEVE-AHOLIC”**  
**“ACID” (LSD)**  
**ACOUSTIC GUITAR**  
**ACTING**  
**“ACTION-ADDICT”**  
**ACTIVITIES**  
**“ACTIVITY-ADDICT”**  
**“ADAM” (Heart chakra-affecting psychoactive substance)**  
**ADDICTION**  
**ADOPTING CHILDREN**  
**ADRENALINE-ADDICT**  
**ADVICE-GIVING**  
**AEROBICS**  
**AEROSOLS (Sniffing)**  
**AFRICAN ARTIFACTS**  
**AFRICAN VIOLETS**  
**“AIKIDO-ADDICT”**  
**ALCOHOL**  
**ALLITERATION-FREAK**  
**ALLSPICE**  
**ALMONDS**  
**ALYSSUM**  
**AMPHETAMINE**  
**ANEMONE**  
**“ANGEL DUST”**  
**ANGELS**  
**“ANIMAL LOVER”**  
**ANISE**  
**ANOREXIA**  
**ANTHROPOLOGY**  
**ANTIDEPRESSANTS**

ANTIQUE AUTOS  
ANTIQUES  
APPLE(S)  
APPLE BLOSSOMS  
APRICOT(S)  
ARBUTUS (Strawberry tree, madrone)  
ARCHAEOLOGY  
ARCHERY  
ARCHITECTURE  
ARGUING  
AROMATICS  
ARROWHEADS  
ARTICHOKE(S)  
ART COLLECTING  
“ART-MANIA”  
ART MUSEUMS  
ASPARAGUS  
“ASPIRIN-FREAK”  
ASTERS  
ASTRAL PROJECTION/ASTRAL TRAVELS  
ASTROLOGY  
ASTRONOMY  
ATHLETICS  
“ATONEMENT-FREAK”  
“ATTENTION-GETTING”  
“AUTHORITY-FREAK”  
AUTOBIOGRAPHY-WRITING  
“AUTOGRAPH HOUND”  
AVOCADO(S)  
AZALEA

**B**  
BABIES  
BACHELOR’S BUTTON  
BACKGAMMON  
BACON  
BADGES  
BADMINTON  
BAGPIPE  
BAG-POPPING  
BAKED GOODS  
BAKING  
BALALAIKA  
BALLET  
BALL GAME-BETTING  
BALLOONS  
BALLROOM DANCING  
BANANAS; BANANA FLAVOR  
BANJO  
“BARBIE”  
“BAR FLY”  
BARGAINS  
BARLEY  
BARS  
BASEBALL CARDS

**“BASEBALL-NUT”**  
**BASIL**  
**BASKETBALL CARDS**  
**“BASKETBALL-MAD”**  
**BASKETS**  
**BASS**  
**BASS GUITAR**  
**BASSOON**  
**BASS VIOLIN**  
**BATHING**  
**BATHS**  
**BATH TUBS**  
**BAY LEAF**  
**BEADS**  
**BEANS**  
**BEEF**  
**BEEKEEPING**  
**BEER**  
**BEER STEINS**  
**BEETS**  
**BEGONIA**  
**BEING PREGNANT**  
**BELL PEPPERS**  
**BELLS**  
**BELLY DANCING**  
**BELTS**  
**BERRIES; BERRY FLAVORS**  
**BICARBONATE**  
**BICYCLING**  
**BIG GAME HUNTING**  
**BILLIARDS**  
**BINGE-EATING**  
**“BINGO”**  
**BIRD-OF-PARADISE**  
**BIRDS**  
**BISCUITS**  
**“BITCHING”**  
**BITTER FLAVORS**  
**BITTERNESS**  
**BITTERSWEET FLAVORS**  
**BLACKBERRY; BLACKBERRIES; BLACKBERRY FLAVOR**  
**BLACK-EYED PEAS**  
**“BLAND-ON-BLAND” TASTES**  
**BLEEDING HEARTS (Flower)**  
**BLOGGING**  
**“BLOODY MARY”**  
**BLUEBELLS (Flower)**  
**BLUEBERRIES; BLUEBERRY FLAVOR**  
**BOATING**  
**BOATS**  
**BODY-BUILDING**  
**BODY GUARDS**  
**BODY-LICKING**  
**BODY-PIERCING**  
**BOLOGNA**

**BONDAGE**  
**BONSAI TREE**  
**“BOOK-AHOLIC”**  
**BOOKKEEPING**  
**“BOREDOM-AVOIDANCE”**  
**BOTTLES; OLD BOTTLES**  
**BOTTLE OPENERS**  
**BOTTLE TOPS**  
**BOURBON**  
**BOWLING**  
**BOWLS**  
**BOXING**  
**BOYSENBERRIES**  
**BRAN**  
**BRANDY**  
**BRAZIL NUTS**  
**BREAD**  
**BRIDGE**  
**BROAD JUMP**  
**BROCCOLI**  
**BROADCAST E-MAILING**  
**BRUSHES**  
**BRUSSEL SPROUTS**  
**BUCKLES**  
**BUCKWHEAT**  
**BUFFALO MEAT**  
**BUGLE**  
**BULIMIA**  
**“BUMPER CARS”**  
**“BUNGEE JUMPING”**  
**BUS FUMES**  
**BUSINESS CARDS**  
**BUSTS**  
**“BUSYBODY”**  
**“BUSY-NESS”**  
**BUTTER**  
**BUTTERCUPS (Flower)**  
**BUTTERFLIES**  
**BUTTERMILK**  
**BUTTERSCOTCH**  
**BY THE WATER**

**C**  
**CABBAGE**  
**CACTUS FLOWERS**  
**“CAFE AMERICANA”**  
**“CAFE AU LAIT”**  
**“CAFFEINE-ADDICT”**  
**CAKE**  
**CALLA LILY (Flower)**  
**CAMELLIA (Flower)**  
**CAMERAS**  
**CAMPING OUT**  
**CANASTA**  
**CANDLES**

**CANDLE HOLDERS**  
**CANDY**  
**CANDY APPLES**  
**CANDY-COATED POPCORN**  
**CANES**  
**CANTALOUPE**  
**CAPPUCCINO**  
**CARAMEL**  
**CARAMEL-COATED POPCORN**  
**CARAWAY (Spice)**  
**CARBOHYDRATES**  
**CARBONATED MINERAL WATER**  
**CARDAMON (Spice)**  
**CARDS-PLAYING**  
**CARD TRICKS**  
**“CARE-COERCING”**  
**CARNATIONS (Flower)**  
**CARNIVAL GAMES**  
**CARNIVAL RIDES**  
**CAROB**  
**CAROUSEL HORSES**  
**CARP**  
**CARPENTRY**  
**CARPET BEATERS**  
**CARPETS**  
**CAR REPAIRING**  
**CAR RESTORATION**  
**CARROT JUICE**  
**CARROTS**  
**CARS**  
**CARTOONING**  
**CARTOONS (Animated)**  
**CARTOONS (Jokes)**  
**CARVING**  
**CASHEWS**  
**CASH REGISTERS**  
**CASINOS**  
**CASTLES**  
**CATALOGUES**  
**CATFISH**  
**CATS**  
**CATSUP**  
**CAULIFLOWER**  
**“CAUSE-AHOLIC”**  
**CAVE EXPLORING**  
**CAYENNE**  
**CD’s**  
**CELERY**  
**CELL PHONE**  
**CEREAL**  
**CHAMPAGNE**  
**CHANGE**  
**CHANGING OTHERS**  
**“CHAPSTICK”**  
**CHARADES (Game)**

**CHARD**  
**CHECKBOOK COVERS**  
**CHECKERS**  
**“CHEERFUL CHARLIE/CHARLENE” COMPULSIVE UP-BEATNESS**  
**CHEESE**  
**CHEESECAKE**  
**“CHEESE CURLS;” “CHEESE PUFFS”**  
**CHERRIES; CHERRY FLAVOR**  
**CHESS**  
**CHESTNUTS**  
**CHEWING GUM**  
**CHEWING TOBACCO**  
**CHEWY FOODS**  
**CHICKEN**  
**CHICORY**  
**CHILES**  
**CHINAWARE**  
**CHINESE CHECKERS**  
**CHOCOLATE**  
**CHOCOLATE-AND-MINT**  
**CHOCOLATE-AND-PEANUT BUTTER**  
**CHOIR**  
**CHRYSANTHEMUMS**  
**CHURCH ACTIVITIES**  
**CHURCH CHOIR**  
**CIDER**  
**CIGARETTES**  
**CIGARS**  
**CILANTRO**  
**CINNAMON**  
**CITRUS FRUITS; CITRUS FRUIT FLAVORS**  
**CLAMS**  
**CLARINET**  
**CLASSIC CARS**  
**CLEANING; CLEANLINESS**  
**CLOCKS**  
**“CLOTHES HORSE”**  
**CLOTHES WASHING**  
**CLOVERS**  
**CLOVES**  
**COBALT BLUE OBJECTS**  
**COCAINE**  
**COCK FIGHTS**  
**COCONUT**  
**CO-DEPENDENCY**  
**COD**  
**COFFEE**  
**COFFEE CAKE**  
**COFFEE FLAVOR**  
**COINS**  
**“COKE”**  
**COLD DRINKS**  
**COLLARD GREENS**  
**COLLAGES**  
**COLLECTING**

**COLUMBINES (Flower)**  
**COMBS**  
**COMEDY**  
**COMIC BOOKS**  
**COMIC STRIPS**  
**COMMITMENT-AVOIDING**  
**COMPACT DISCS**  
**COMPENSATION**  
**COMPLAINING**  
**COMPUTER GAMES**  
**COMPUTERS**  
**“CONFORMITY-CONSCIOUSNESS”**  
**“CONQUESTS”**  
**“CONSPICUOUS CONSUMPTION”**  
**“CONSUMING PASSIONS”**  
**CONTACT SPORTS**  
**CONTAINERS**  
**“CONTROL-AVOIDANCE”**  
**“CONTROL-MANIA”**  
**COOKIE JARS**  
**COOKIES**  
**COOKING**  
**“COP” SHOWS**  
**CORIANDER**  
**CORKSCREWS**  
**CORN**  
**CORN CHIPS**  
**CORN DOGS**  
**CORN FLOWERS**  
**CORNMEAL**  
**COSMOS FLOWER**  
**COSTUMES**  
**COTTON CANDY**  
**COUGH SYRUP**  
**CRAB MEAT**  
**“CRACK” (Cocaine derivative)**  
**“CRACKER JACKS”**  
**CRACKERS**  
**CRAFTS**  
**CRANBERRY; CRANBERRY SAUCE; CRANBERRY JUICE; CRANBERRY FLAVOR**  
**CRAYFISH**  
**CREAM**  
**CREAM CHEESE**  
**CREME SODA**  
**CREPE MYRTLE (Flowering tree)**  
**CREPES**  
**CRIME**  
**CROCHET**  
**CROQUET**  
**CROSS-COUNTRY SKIING**  
**CROSSWORD PUZZLES**  
**CROWS**  
**CRUCIFIXES**  
**“CRUNCHY” FOODS**  
**“CRYSTAL”**

**CRYSTAL WARE**  
**CRYSTALS**  
**CUCUMBERS**  
**CUMIN**  
**CUPS; CUPS AND SAUCERS**  
**CURRENTS**  
**CURRY**  
**CUSHIONS**  
**CYMBAL-PLAYING**  
**CYNICAL HUMOR**

**D**

**“DAD-ADDICT”**  
**DAFFODIL** (Flower)  
**DAGGERS**  
**DAHLIA** (Flower)  
**DAIRY PRODUCTS**  
**DAISY** (Flower)  
**DANCE**  
**DANCING**  
**DANDELIONS**  
**“DANGER-FREAK”**  
**“DANISH PASTRY”**  
**DART BOARDS**  
**DATES**  
**DATING**  
**“DAY-GLO” COLORS**  
**DEBATING**  
**DECANTERS**  
**DELPHINIUM** (Flower)  
**DEPRESSANTS**  
**DESERT**  
**DICE**  
**DIET SODA**  
**DILL**  
**DINNER BELLS**  
**DINOSAURS**  
**DISAPPROVAL-ENSLAVEMENT**  
**DISCUS**  
**“DISSIPATION BLUES MAN/MAMA”**  
**DIVINER SAGE**  
**DIVING** (Deep sea)  
**DIVING** (Into the water)  
**DOG RACES**  
**DOGS**  
**DOGWOOD**  
**DOLLS**  
**DOMINOES**  
**DONUTS**  
**DOODLING**  
**DOOR KNOCKERS**  
**DOT-TO-DOT DRAWINGS**  
**DOUBLE SOLITAIRE**  
**“DOWNERS”**  
**DRAWING**



**DRINKING MODES**  
**“DR. PEPPER”**  
**DRUMS; DRUMMING**  
**“DRY” DRINKS**  
**DRY FOODS**  
**“DRY” HUMOR**  
**“DRY” TOAST**  
**DUCK**  
**DVD’S**

**E**  
**EAGLES**  
**EASTER LILY (Flower)**  
**ECCENTRICITY**  
**“ECSTASY”**  
**“EGG CREAM”**  
**EGGPLANT**  
**EGGS**  
**ELDERBERRY; ELDERBERRIES**  
**ELECTRIC GUITAR**  
**ELECTRIC/ELECTRONIC KEYBOARD**  
**E-MAIL**  
**EMBALMING FLUID**  
**“EMOTIONAL-COMMOTIONAL”**  
**EMPATHOGENS**  
**ENDIVE**  
**ENGLISH HORN**  
**ENGLISH MUFFINS**  
**ENTERTAINING (For an audience)**  
**ENTERTAINING (Having people over)**  
**ENTERTAINMENT**  
**“ERECTOR” SETS**  
**EROTIC UNDERWEAR**  
**“ESCAPE/RELIEF EXPERIENCE-SEEKING” ADDICTIONS**  
**ESCARGOT**  
**ESOTERIC INTERESTS**  
**ESPRESSO**  
**ETHNIC FOODS**  
**EUCALYPTUS (Flower)**  
**EXHIBITIONISM**  
**“EXCITEMENT-FREAK”**  
**“EXCUSE-MAKING”**  
**“EXERCISE-NUT”**  
**“EXPERIENCE-EXPANSION”**  
**EXPLORING**  
**“EXTORTION-ARTIST”**  
**EYEBROW-PLUCKING**  
**EYE DROPS**

**F**  
**FACE-PICKING**  
**FALAFELS**  
**FALCONS**  
**FALLING IN “LOVE”**  
**FAME**

**“FAMILY-ADDICT”**  
**FAMILY ACTIVITIES**  
**“FAMILY-PLEASING”**  
**FANS** (Electric, as in the bedroom at night, etc.)  
**FANS** (Hand-held)  
**FANTASY GAMES**  
**FAST WALKING**  
**FATTY FOODS**  
**“FEAR-FREAK”**  
**FEATHERS**  
**“FEELING-AVOIDANCE”**  
**FENNEL** (Spice)  
**FERNS**  
**FETISHISM**  
**FICTION**  
**“FIDDLING” WITH OBJECTS**  
**“FIGHT-AHOLIC”**  
**FIGS**  
**FILBERTS**  
**FINANCIAL TRACKING**  
**FINGERNAIL BITING**  
**FIRE; FIRES**  
**FIREARMS**  
**“FIREBALL FLICKS”**  
**FIRE-SETTING**  
**FIREWORKS**  
**FISH**  
**“FISH & CHIPS”**  
**FISHING**  
**“FITNESS-FIEND”**  
**FLAGS**  
**FLANNEL SHEETS**  
**FLEA MARKETS**  
**“FLOATS”**  
**FLOWERS**  
**FLUTE**  
**FLY-FISHING**  
**FLYING**  
**FOLK ART**  
**FOOD**  
**FOOTBALL**  
**FOOTBALL CARDS**  
**FOREST**  
**FORGET-ME-NOT**  
**FORKS**  
**FORMALDEHYDE**  
**“FORM-FREAK”**  
**FOSSILS**  
**FOXGLOVE** (Medicinal, poisonous flower)  
**FOX-HUNTING**  
**FRANGIPANI** (Flower)  
**“FREEDOM-FREAK”**  
**FRENCH FRIES**  
**FRENCH HORN**  
**FRIED FOODS**

**“FRIEND-ADDICT”**  
**FROG’S LEGS**  
**FROTTEURISM**  
**FROZEN WATERFALL CLIMBING**  
**FROZEN YOGURT**  
**FRUIT**  
**FRUIT FLAVORS**  
**FRUIT YOGURT**  
**FUCHSIA (Flower)**  
**“FUNNIES;” COMIC STRIPS**

## **G**

**GADGETS**  
**GAMBLING**  
**GAMES**  
**GAME SHOWS**  
**GARBANZO BEANS**  
**GARDENIA**  
**GARDENING**  
**GARGOYLES**  
**GARLIC**  
**GASOLINE**  
**GELATIN**  
**GEMS**  
**GERANIUMS**  
**GIN**  
**GIN; GIN RUMMY**  
**GINGER**  
**GINGERBREAD**  
**GINGER ALE**  
**GLADIOLA**  
**GLASS-WORKING (Art)**  
**GLOBALISM**  
**GLOVES**  
**GLUE-SNIFFING**  
**“GO”**  
**GOAT’S MILK**  
**“GOD-AHOLIC”**  
**GOLD**  
**GOLDENROD (Flower)**  
**GOLF**  
**“GOODIE-GETTING”**  
**GOOD LUCK CHARM(S)**  
**GOOSE**  
**GOOSEBERRY; GOOSEBERRIES**  
**“GOSSIP-MONGER”**  
**GOURMET**  
**GRANOLA**  
**GRAPE FLAVOR**  
**GRAPEFRUIT(S)**  
**“GRAPE-NUTS”**  
**GRAPES**  
**GRAPHOLOGY**  
**“GRASS” (Marijuana)**  
**GRAVY**

**“GREENS”**  
**GREETING CARDS**  
**GRIPING**  
**GRITS**  
**GROUP THERAPY**  
**“GUILT-GRABBING”**  
**GUM; CHEWING GUM**  
**GUM DROPS**  
**GUNS**  
**“GURU-SHOPPING”**  
**“GURU-WORSHIP”**  
**GYMNASTICS**

**H**  
**HAIR PLAY**  
**HAIR-SET PERFECTIONISM**  
**HALIBUT** (Fish, as food)  
**HALLUCINOGENS**  
**HAM**  
**HAMBURGERS**  
**HAM RADIO**  
**HANDBALL**  
**HAND MIRRORS**  
**HAND WASHING**  
**HANG GLIDING**  
**“HAPPINESS-ADDICT”**  
**HARD CANDIES**  
**HARD LIQUOR**  
**HARD SURFACES**  
**HARMONICA**  
**HARMONIUM**  
**HARP**  
**HARPSICHORD**  
**HASHISH; HASH**  
**HATS**  
**HAVING BABIES**  
**HAVING TO HAVE SOMETHING IN THEIR MOUTH**  
**HAWKS**  
**HAZEL NUTS**  
**HEALING TECHNOLOGIES**  
**HEALTH FOODS**  
**“HEALTH NUT”**  
**HEART’S EASE** (Flower)  
**HEATHER** (Evergreen shrub)  
**HEAVY BLANKETS**  
**HEDONISM**  
**HELIOTROPE** (Flower)  
**HELMETS**  
**HEMLOCK**  
**HERBAL TEA**  
**HERBS**  
**HEROIN**  
**HERRING**  
**HIBISCUS** (Flower)  
**HICKORY NUTS**

**“HIDDEN QUALITIES” PICTURES**  
**“HIDE AND SEEK”**  
**HIGH JUMP**  
**HIKING**  
**HISTORY**  
**“HIP” TRIP**  
**“HOBBY-HOLIC”**  
**HOCKEY**  
**HOCKEY CARDS**  
**HOLLYHOCK**  
**HOME WORKSHOP**  
**HOMINY**  
**HONEY**  
**HONEYDEW MELON**  
**HONEYSUCKLE**  
**“HOPSCOTCH”**  
**HORNS**  
**“HORROR” CARDS**  
**HORROR SHOWS**  
**HORSEBACK RIDING**  
**HORSE RACES**  
**HORSERADISH**  
**HORSES**  
**HORSESHOES**  
**HOT BATHS**  
**HOT DOGS**  
**HOT DRINKS**  
**HOT FOODS**  
**HOUSEHOLD REPAIRS**  
**“HOW TO’s”**  
**HUB CAPS**  
**HUCKLEBERRY; HUCKLEBERRIES**  
**HUMOR**  
**HUNDRED YARD DASH**  
**HUNTING**  
**HURDLES**  
**HYACINTH (Flower)**

**I**  
**ICE**  
**ICE CREAM**  
**ICE CREAM SODAS**  
**ICE HOCKEY**  
**ICE SKATING**  
**IDEALISM**  
**IDOLIZATION**  
**“IMAGE”-FOCUSSED**  
**“IMPRESSARIO” TRIP**  
**“IMPROVEMENT-MAD”**  
**INCENSE**  
**INCENSE BURNERS**  
**INDIAN ARTIFACTS (The Eastern culture)**  
**INDIAN ARTIFACTS (Native American)**  
**INFANTILISM**  
**“INFOMANIAC”**

**INHALANTS**  
**“INJUSTICE-NURTURING”**  
**INSECT-FANCIER**  
**INSTANT FOODS**  
**INTELLECTUAL ELITISM**  
**INTELLECTUALISM**  
**INTENSITY-SEEKING**  
**INTERIOR DECORATION**  
**INTERNET**  
**INVENTING; INVENTIONS**  
**INVESTMENTS**  
**I-POD**  
**IRIS (Flower)**  
**IRONING**  
**ISOLATION**  
**“ITALIAN SODAS”**

**J**  
**“JACKS”**  
**JAM**  
**JASMINE (Flower, tea, seasoning)**  
**JASMINE (Spice or Tea)**  
**JAVELIN**  
**“JELL-O”**  
**JELLY**  
**JELLY BEANS**  
**“JERKY”**  
**JEWELRY**  
**JIG-SAW PUZZLES**  
**JOGGING**  
**JOGGING CLOTHES**  
**JONQUIL (Flower)**  
**JOUSTING**  
**“JOY-AHOLIC”**  
**JUGGLING**  
**JUICE (Fruit)**  
**JUICE (Vegetable)**  
**JUICY FOODS**  
**JUJITSU**  
**“JUJU FRUITS” (Candy)**  
**JUKE BOXES**  
**JUMP ROPING**  
**JUNK FOOD**

**K**  
**KALE**  
**KARATE**  
**KAYAKING**  
**KELP**  
**KEROSENE**  
**KETCHUP**  
**“KID-ADDICT”**  
**KIDNEY (Meat)**  
**“KISS-AHOLIC”**  
**KIWI**

**KLEPTOMANIA**  
**KNITTING**  
**KNIVES**  
**KNOCKERS** (Front door)  
**KUNG FU**  
**“KVETCHING”**

**L**  
**LABYRINTHS**  
**LACE**  
**LA CROSSE**  
**LADYSLIPPERS** (Flower)  
**LAMB**  
**LAMPS; LANTERNS**  
**LARD**  
**LARKSPUR** (Flower)  
**“LATTE”**  
**LAUGHTER**  
**LAVENDER** (Flower)  
**LAWN DECORATIONS**  
**LAWN MOWING**  
**LAXATIVES**  
**LEAFY VEGETABLES**  
**“LEARNING FIEND”**  
**“LEATHERS”** (Clothing)  
**LEEKS**  
**“LEGO BLOCKS”**  
**LEMON**  
**LEMON-LIME**  
**LENTILS**  
**LETTUCE**  
**LICORICE**  
**“LIFESAVERS”**  
**LIGHTHOUSES**  
**LILAC** (Flower)  
**LILY** (Flower)  
**LILY OF THE VALLEY** (Flower)  
**LIMA BEANS**  
**LIME**  
**“LINCOLN LOGS”**  
**LINENS**  
**LINT-PICKING**  
**LIPSTICK**  
**LITIGATION**  
**LIVER**  
**LOBSTER**  
**LOGANBERRY; LOGANBERRIES**  
**LOLLIPOPS**  
**“LONG-HAULIC”**  
**LOTTERY-PLAYING**  
**LOTUS BLOSSOMS**  
**LOUD MUSIC**  
**“LOVE-AHOLIC”**  
**“LOVER-ADDICT”**  
**LSD**

**LUKEWARM DRINKS**  
**LUPINE** (Flower)  
**LUST**

**M**

**MACADEMIA NUTS**  
**MACE** (Spice)  
**MACKEREL**  
**MACROBIOTICS**  
**MAGAZINES**  
**MAGIC**  
**MAGNOLIA** (Flower)  
**MAIL-ORDERING**  
**MAKEUP**  
**MAKING MONEY**  
**MAKING UP STORIES**  
**MALTS**  
**MANDOLIN**  
**MANGO**  
**MAPLE SUGAR**  
**MAPS**  
**MARATHONS**  
**MARGARITAS**  
**MARIGOLD** (Flower)  
**MARIJUANA**  
**MARIMBA**  
**MARJORAM**  
**MARMALADE**  
**MARSHMALLOWS**  
**MARTIAL ARTS**  
**MARTINIS**  
**“MARTYRING”**  
**MASHED POTATOES**  
**MASKS**  
**MASOCHISM**  
**MASSAGES**  
**MASTURBATION**  
**MATCHBOOKS**  
**MATCHMAKING**  
**MATERIALISM**  
**MATHEMATICS**  
**MAYONNAISE**  
**MAZES**  
**MDMA** (“Ecstasy”)  
**MEAT**  
**MEAT SNACKS**  
**MECHANICAL PUZZLES**  
**MEDICAL SCANNINGS**  
**“MEDICI”**  
**MEDITATION**  
**MELANCHOLY**  
**MELON(S)**  
**“MEMORIES-ADDICT”**  
**“MENSA MENTALITY”**  
**“MENTORING-MANIA”**



**MERRY-GO-ROUNDS**  
**MESCALINE**  
**METAL-WORKING**  
**METAPHYSICS**  
**“METH”**  
**MILITARISM**  
**MILK**  
**MILK OF MAGNESIA**  
**MILKSHAKES**  
**MILLET**  
**MIMOSA** (Flower)  
**MINCE PIE**  
**MINERAL WATER**  
**MINIATURES**  
**“MINI-EXPERTISES”**  
**MINT**  
**MIRRORS**  
**MISTLETOE**  
**MIXED DRINKS**  
**“MOCHA”**  
**MODEL AIRPLANES**  
**MODEL CARS**  
**MODEL MILITARY EQUIPMENT**  
**MODEL RAILROADS**  
**MODEL SHIPS**  
**MOLASSES**  
**“MOM-ADDICT”**  
**MONEY**  
**“MONOPOLY”**  
**MORNING GLORY** (Flower)  
**MOSAICS**  
**MOSS(ES)**  
**MOTORCYCLES**  
**MOUNTAIN CLIMBING**  
**MOUNTAINS**  
**“MOVIE NUT”**  
**MOVIE POSTERS**  
**MOVING**  
**MOWING LAWNS**  
**MUFFINS**  
**MUGS**  
**MULBERRY; MULBERRIES**  
**MUNG BEANS**  
**MUSEUMS**  
**MUSHROOMS**  
**MUSIC**  
**MUSIC BOXES**  
**MUSIC-MAKING**  
**MUSSEL** (Shellfish - as food)  
**MUSTARD** (Condiment)  
**MUSTARD** (Flower)  
**MUTTON**  
**MYRTLE** (Flower)

## **N**

**NAME-DROPPING**

**NAPS**

**NARCISUS FLOWER**

**NASAL SPRAYS**

**NASTURTIM** (Flower)

**NATIVE AMERICAN ARTIFACTS**

**NATURALISM**

**NAUTICAL EQUIPMENT**

**NAZISM**

**NECTARINES**

**NEEDLEPOINT**

**NEWSPAPER-READING**

**NICOTINE**

**“NINTENDO”** (Video game)

**NON-FICTION-READING**

**NON-PRESCRIPTION NARCOLEPTICS**

**NON-PRESCRIPTION STIMULANTS**

**NOODLES**

**“NORMALCY”**

**NOSTALGIA-FREAK**

**NOVELTY-SEEKING**

**NUDITY**

**NUTMEG**

**“NUTRASWEET”** (Artificial sweetener)

**NUTS; NUT FLAVORS**

## **O**

**OATMEAL**

**OATS**

**OBOE**

**“OBLIVION-SEEKING”**

**OILY FOODS**

**OKRA**

**OLD MOVIES**

**OLIVES, BLACK**

**OLIVES, GREEN**

**OMLETTES**

**ONIONS**

**OPIOIDS**

**ORACLES** (Psychics, astrologers, channels, gurus, etc.)

**ORACLES** (I Ching, Tarot, Medicine Cards, Runes, etc.)

**ORANGE(S); ORANGE FLAVOR**

**ORANGE BLOSSOMS**

**ORCHID**

**OREGANO** (Herb)

**ORGAN**

**ORIENTAL ACCOUTREMENTS**

**OUTDOORS**

**OVERDOSE**

**OWLS**

**OYSTERS**

**P****PAIN PILLS; PAINKILLERS****“PAINT-BY-NUMBERS”****PAINTING (Art)****PAINTING (House)****PAINT THINNER****PALEONTOLOGY****PALMISTRY****PANCAKES****PANSY****PAPAYAS; PAPAYA FLAVOR****PAPER****PAPER DOLLS****PAPRIKA****PARENTING****“PARENT-RESCUING”****PARMESAN CHEESE****PARSLEY****PARSNIP****“PARTICULAR PERSON-ADDICT”****PARTIES****PASSION-ADDICT****PASTA****PASTRAMI****PASTRIES****“PATHOLOGICAL LIAR”****“PCP”****PEACHES****PEACH BLOSSOMS****“PEAK-BAGGER”** (Has to be the “best,” the “most,” “Number One,” etc.)**PEANUT BUTTER****PEANUT BUTTER-AND-CHOCOLATE****PEANUT BUTTER-AND-JELLY SANDWICHES****PEANUTS; PEANUT FLAVOR****“PEANUTS”****PEAR(S)****PEAS****PECANS****PEONY (Flower)****PEPPER (Black)****PEPPERMINT; PEPPERMINTS; PEPPERMINT FLAVOR; PEPPERMINT TEA****PEPPERONI****PEPPERS****PERCH****PERCUSSION INSTRUMENTS****“PERENNIAL STUDENT”****PERFECTIONISM****PERFORMING** (Putting on “acts” singing, dancing, acting, stand-up comedy, etc.)**“PERFORMING”** (Seeking to manifest perfection for their all-persuasive “audience” in their head.)**PERFUME (For the female)****PERFUME (For the male)****PERFUME BOTTLES****PERIWINKLE (Flower)****PERSIMMONS**

**“PETER PAN(ELLA)”- ADDICT**  
**PETS**  
**PETUNIA** (Flower)  
**“PEZ:” “PEZ”-DISPENSERS**  
**PHEASANT**  
**“PHONE-AHOLIC”**  
**PHOTOGRAPHIC EQUIPMENT**  
**PHOTOGRAPHS**  
**PHOTOGRAPHY**  
**PHYSICAL EXERTION**  
**PIANO**  
**PICCALO**  
**PICKLES**  
**PICTURE PUZZLES**  
**PIE**  
**PIGEONS**  
**PILLOW FIGHTS**  
**PIMENTO, PIMIENTO**  
**PINBALL GAMES**  
**PINAPPLE(S)**  
**PING-PONG**  
**PINTO BEANS**  
**PIPE SMOKING**  
**PISTACHIOS**  
**PIZZA**  
**PLAINS**  
**PLANTS**  
**“PLAY-ACTING”**  
**“PLAYER” LIFESTYLE**  
**“PLEASURE-GLUTTON”**  
**“PLEASURE-PRIORITY”**  
**PLUMS**  
**POETRY**  
**POINSETTA** (Flower)  
**“POINTILISM”**  
**POKER**  
**POLE VAULTING**  
**POLICE BAND RADIO**  
**“POLITICS-NUT”**  
**POLO**  
**POMEGRANATE(S)**  
**POOL** (The game)  
**POOL-BETTING** (On the pool game’s outcome)  
**POOL-BETTING** (In groups on predicted outcomes of things as reflected in specific events such as competitions, promotions in the organization or the play out of scenarios)  
**POPCORN**  
**POPPIES**  
**POPSICLES**  
**PORK**  
**PORNOGRAPHY; “PORN CARDS”**  
**PORTRAITS**  
**POSTERS**  
**“POT”**  
**POTATO CHIPS**  
**POTATOES**

**“POWER/EFFECTANCE EXPERIENCE-SEEKING” ADDICTIONS**

**“POWER-FREAK”**

**PRAWNS**

**PRAYER**

**“PREPARING”-ADDICT**

**PRETZELS**

**PRIMITIVE ART**

**PRIMROSE (Flower)**

**“PRINCE (SS) AND THE PEA” PATTERN**

**PROSTITUTES**

**“PROZAC”**

**PRUNES**

**PSILOCYBIN**

**PSYCHOLOGY**

**PUBLIC MASTERBATION**

**PUBLIC SPEAKING**

**“PUMPING IRON”**

**PUMPKIN; PUMPKIN PIE**

**“PUNISHMENT-SEEKING”**

**PUNS**

**PURSES**

**PUZZLES**

**Q**

**QUAIL**

**QUEEN ANNE’S LACE**

**QUILTS**

**QUINCE**

**QUOTES**

**R**

**RABBIT MEAT**

**RABBITS**

**RABBIT’S FOOT**

**RACE TRACKS**

**RACING**

**RAQUETBALL**

**RADIOS**

**RADIO SHOWS**

**RADISH**

**“RAGE-AHOLIC”**

**RAISINS**

**RAPE**

**RASPBERRIES; RASPBERRY FLAVOR**

**RATIONALITY**

**RAVENS**

**RAW HAMBURGER**

**READING**

**RE-ARRANGING ROOMS**

**REBELLION; “REBELLIOUS CHILD” PATTERN**

**RECIPES**

**RECORDER (The musical instrument)**

**“RECORD-KEEPING MANIA”**

**RECORDS (Guinness Book, etc.)**

**RECORDS (45, EP, vinyl or acetate phonograph discs)**

**RED MEAT**  
**RED SNAPPER** (as food)  
**“REHASHING” COMPULSION**  
**“REHEARSING” COMPULSION**  
**“REJECTION-COURTING” SOCIAL INTERFACE**  
**RELATIONSHIPS**  
**RELIGION; RELIGIOUS SERVICES**  
**REMODELLING**  
**REMOTE CONTROL CARS, PLANES, BOATS**  
**“RESCUING”**  
**“RESPONSIBILITY-FREAK”**  
**“RESTITUTION 1”**  
**“RESTITUTION 2”**  
**“RESULTS-MANIA”**  
**RETRIBUTION**  
**“REVENGE-FREAK”**  
**RHODODENDRON** (Flower)  
**RHUBARB**  
**RICE**  
**“RICH” FOODS**  
**“RIGHT AND RIGHTEOUS”**  
**RINGS**  
**“RISK-AHOLIC”**  
**ROCK CLIMBING**  
**ROCKS**  
**ROLLER BLADING**  
**ROLLER COASTERS**  
**ROLLER SKATING**  
**ROMANCE**  
**ROMANCE NOVELS**  
**“ROMANCING THE STONE”**  
**ROOT BEER**  
**ROOT BEER FLOATS**  
**ROSEMARY**  
**ROSES**  
**ROUGH TEXTURES**  
**RUBBER STAMPS**  
**RUGBY**  
**RUGS**  
**RUM**  
**RUMMY; GIN RUMMY**  
**RUNNING**  
**RUNNING SHOES**  
**“RUSH-AHOLIC”**  
**RUTABAGA**  
**RYE** (Grain and bread)  
**RYE** (Whiskey)

**S**  
**SACCHARIN** (Artificial sweetener)  
**SACRED PATH FIXATION**  
**SADISM**  
**SAFARIS**  
**SAFFLOWER**  
**SAFFRON** (kind of crocus flower)

**SAFFRON** (Spice)  
**SAGE**  
**SAILING**  
**SALAD**  
**SALAMI**  
**SALMON**  
**SALSA**  
**SALT; SALTY FLAVORS**  
**SALT WATER TAFFY**  
**SAND CASTLES**  
**SANDWICHES**  
**SANTA CLAUS**  
**SARCASTIC HUMOR**  
**SARDINES**  
**SARDONIC HUMOR**  
**SATIN**  
**SAUERKRAUT**  
**SAUSAGE**  
**SAVORY** (Herb)  
**SAXOPHONE**  
**SCALLOPS**  
**SCARVES**  
**SCHOOL** (“Perpetual student”)  
**SCOTCH**  
**SCOUTING**  
**“SCRABBLE”**  
**SCUBA DIVING**  
**SCULPTING**  
**SCULPTURES**  
**“SEALED UNIT”-ING**  
**SEAWEED** (as food)  
**“SECURITY”-FREAK**  
**“SECURITY-SEEKING”**  
**SEDATIVES**  
**“SEDUCTIVE-DESTRUCTIVENESS”**  
**“SELF-ATTACK”**  
**SELF-IMPROVEMENT**  
**SELTZER WATER**  
**“SERIAL KILLER”**  
**“SERVE-AHOLIC”**  
**SESAME**  
**“SEVEN-UP,” “SPRITE,” “SLICE,” etc.** (Lemon-lime type soda)  
**SEWING**  
**SEX-ADDICTION; CYBER SEX ADDICTION**  
**SEXUAL AROUSAL RELEASERS (VERY DETAILED SECTION)**  
**SHARK MEAT**  
**SHELLFISH** (As food)  
**SHELLS**  
**SHERBERT; SORBORT**  
**SHIP-IN-A-BOTTLE**  
**SHOES**  
**SHOPLIFTING**  
**“SHOP-AHOLIC”**  
**SHOT PUT**  
**SHOWERS**

**SHRIMPS** (as food)  
**“SIBLING-ADDICT”**  
**“SIGNIFICANCE-AVOIDANCE”**  
**“SIGNIFICANCE-FIXATION”**  
**SILKY/SATINY TEXTURES**  
**SILVER SETS**  
**SILVERWARE**  
**SINGING**  
**SITUATION COMEDIES**  
**SKATEBOARDING**  
**SKEET SHOOTING**  
**SKIING**  
**SKY-DIVING**  
**SLAPSTICK HUMOR**  
**“SLEEP-AHOLIC”**  
**SLIPPERS**  
**SLOT MACHINES**  
**SMOKED FOODS**  
**SMOKING**  
**SMOOTH TEXTURES**  
**SNACKING**  
**“SNAILS”** (Danishes a kind of pastry)  
**SNAILS** (Escargot - the animal as a delicacy)  
**SNAKE-FANCIER**  
**SNAPDRAGONS** (Flower)  
**SNEAKERS**  
**SNORKELLING**  
**SNOWBALL FIGHTS**  
**SNOWBALL** (Flower)  
**SNOWBOARDING**  
**SOAP OPERAS**  
**SOCCER**  
**SOCIALIZING**  
**SODA POP**  
**SODAS** (Seltzer, flavoring and floating ice cream)  
**SOFT DRINKS**  
**SOFTBALL**  
**SOFT FOODS**  
**SOFT PORN**  
**SOFT TEXTURES**  
**SOLE** (Fish, as food)  
**SOLITAIRE**  
**SOMBREROS**  
**SOPHISTICATED COMEDIES**  
**SORREL**  
**“SORROW-ADDICT”**  
**SOUP**  
**SOUR FLAVORS**  
**“SOY-ADDICT”**  
**SPACE TRAVEL THEMES**  
**“SPACE-OUT ARTIST”**  
**“SPAM”**  
**SPARKLING WATER; SELTZER; CARBONATED WATER**  
**SPEARMINT**  
**“SPEED”**



**SPELUNKING**  
**SPHERE(S); GLASS BALL(S); CRYSTAL BALL(S)**  
**SPICY FOODS**  
**SPICY/SPICES FLAVORS**  
**SPIDER-FANCIER**  
**SPINACH**  
**SPIRITUALISM**  
**SPIRITUALITY**  
**SPITOONS**  
**SPOONS**  
**SPORTS CARS**  
**SPORTS GAMBLING**  
**“SPORTS-MANIA”**  
**“SPOTLIGHT-ADDICT”**  
**“SPOUSE-ADDICT”**  
**SPROUTS**  
**SQUASH** (The racquet-using hand ball-like game)  
**SQUASH** (Vegetable)  
**STAMP-COLLECTOR**  
**“STAR TREK;” “TREKKIE”**  
**“STAR WARS”**  
**STATE LOTTERY PLAYING**  
**“STATUS-ADDICT”**  
**“STATUS QUO-ADDICT”**  
**STEAK**  
**STEALING**  
**STEINS**  
**STEREO-FREAK**  
**STEROIDS**  
**STIMULANTS**  
**STIMULATION-SEEKING**  
**STORYTELLING**  
**“STRANGULATION SEX” RECIPIENT**  
**STRAWBERRIES; STRAWBERRY FLAVOR**  
**“STRESS-SEEKER”**  
**STRING BEANS**  
**“STRIPPING”** (Professionally)  
**“STRIPTEASE”-LOVER**  
**“STRUGGLE-ADDICT”**  
**STUFFED ANIMALS**  
**STURGEON** (Fish, as food)  
**“SUCCESS-AVOIDANCE”**  
**SUCKERS** (Candy)  
**“SUFFERING-SEEKER”**  
**SUGAR**  
**SUGAR SUBSTITUTES**  
**SUNFLOWERS**  
**SUNFLOWER SEEDS**  
**“SUN-WORSHIPPER”**  
**SUPER-SELF-SUFFICIENCY**  
**SURFING**  
**“SURGERY-FREAK”**  
**“SURVIVALISM”**  
**SUSHI**  
**SUSPENDERS**

**SWEAT SUITS; SWEAT PANTS**  
**SWEET-AND-CRUNCHY FOODS**  
**SWEET-AND-SOUR FLAVORS**  
**SWEET-AND-SOUR-AND-SPICY-HOT FLAVORS**  
**SWEET DRINKS** (Sugary alcoholic beverages)  
**SWEET FLAVORS**  
**SWEET PEA** (Flower)  
**SWEET POTATOES**  
**SWEETS**  
**SWIMMING**  
**“SWINGING”** (Spouse-swapping)  
**SWORD FISH** (as food)  
**SWORDS**

**T**  
**TABLE-TENNIS**  
**TAFFY**  
**“TAI CHI-FREAK”**  
**“TALK-AHOLIC;” “TALK-ATHON TABLE-HOPPER”**  
**TALK RADIO**  
**TANGERINE(S)**  
**TAP DANCING**  
**TAPES**  
**TAPIOCA**  
**TARRAGON**  
**TATTOOS**  
**TAVERNS**  
**TEA** (Black)  
**TEA** (Herbal)  
**TEACHING**  
**TEA CUPS**  
**TEA POTS**  
**“TECH-EMPHASIS”**  
**“TELEPHONE TALK-AHOLIC”**  
**“TENNIS-FIEND”**  
**TEQUILA**  
**THEATER-MANIA**  
**THE PLAINS**  
**“THERAPY-ADDICT”**  
**THIMBLES**  
**THINKING; THOUGHT**  
**THUMBSUCKING**  
**THYME**  
**TIDE POOLS**  
**TIGER LILY**  
**“TINKERTOYS”**  
**TOAST**  
**TOBACCO**  
**TOMATO(S)**  
**TONGUE** (of a cow)  
**“TOOTSIE ROLLS”**  
**TORTILLA CHIPS**  
**TORTOISE MEAT**  
**TOYS**  
**TRACK-AND-FIELD**

**“TRAGIC DRAMA”-ADDICT**  
**TRAINING**  
**TRAINS**  
**TRANQUILIZERS; “TRANQS”**  
**TRANSVESTITISM**  
**“TRAVEL-ADDICT”**  
**TREES**  
**“TREKKIE”**  
**“TRIVIA-FIXATION”**  
**TROMBONE**  
**TROPHIES**  
**TROPICAL FISH**  
**TROUT**  
**TRUMPET**  
**TUBA**  
**TUBEROSE**  
**TULIPS**  
**TUNA**  
**TURKEY**  
**TURMERIC**  
**TURNIPS**  
**TURTLE MEAT**  
**TV**  
**TV WRESTLING**  
**“TWIDDLING” WITH OBJECTS**  
**“TWINKIES”** (“Junk food” baked goods, sweets)

**U**  
**UNICORNS**  
**“URGENCY”**

**V**  
**VALIUM**  
**VANILLA**  
**VEAL**  
**“VEGETARIANISM-FREAK”**  
**VEGETABLES**  
**VELVETY TEXTURES**  
**VENISON**  
**VIAGRA.**  
**VIBRAPHONE**  
**“VICTIM-TRIPPING”**  
**VIDEO GAMES**  
**VIDEOS**  
**“VINDICATION-SEEKING”**  
**VINEGAR**  
**VIOLA**  
**VIOLENCE**  
**VIOLETS** (Flower)  
**VIOLIN**  
**VISUAL EXPERIENCES**  
**VODKA**  
**VOLLEYBALL**  
**VOYEURISM**

## **W**

**WAFFLES**  
**WALKING**  
**WALLETS**  
**WALNUTS**  
**WANDS**  
**“WAR-FASCINATION”**  
**WARM BEER**  
**“WASH-AHOLIC”**  
**WATCHES**  
**WATER CHESTNUTS**  
**WATERCRESS**  
**WATER LILY**  
**WATERMELON**  
**WATER POLO**  
**WEAVING**  
**WHEAT**  
**WHEAT CRACKERS; (“WHEAT THINS”)**  
**WHEAT GERM**  
**WHIPPED CREAM; WHIPPING CREAM**  
**WHISKEY**  
**WHITE FISH**  
**WHITEWATER RAFTING**  
**WIND-SURFING**  
**WILDFLOWERS**  
**WINDOW SHOPPING**  
**WINE**  
**WINKING**  
**WINTERGREEN**  
**“WISDOM-FREAK”**  
**WISTERIA (Flower)**  
**WOOD**  
**WOODWORKING**  
**“WORKAHOLIC”**  
**“WORKSHOP-JUNKIE”**  
**WORRYING**  
**“WORTH/ACCEPTANCE EXPERIENCE-SEEKING” ADDICTIONS**  
**WRESTLING**  
**“WRITING-MANIA”**

## **X**

**XYLOPHONE**

## **Y**

**YAMS**  
**YARD SALES**  
**YEAST**  
**“YOGA-JOCK(ETTE)”**  
**YOGURT**  
**YO-YO’s**  
**YUCCA FLOWERS**

**Z**  
**“ZEN-ZONER”**  
**ZINNIA**  
**ZITHER**  
**“ZOO-FREAK”**  
**ZUCCINI**