User's manual
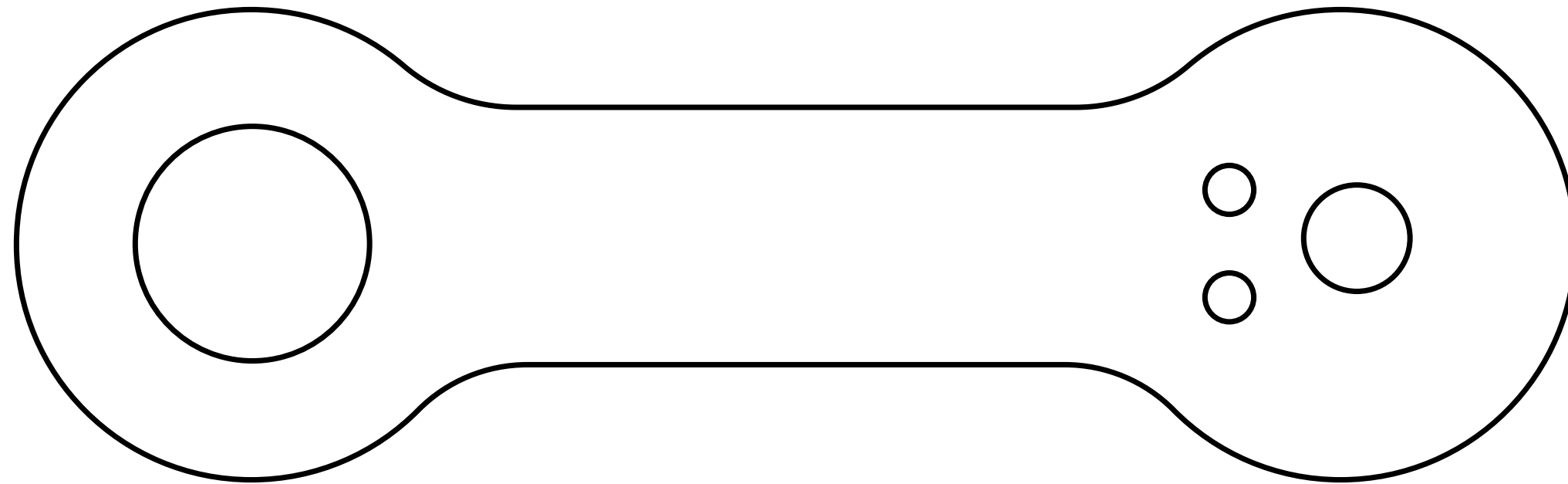
1

Clip the CardioPod in this direction. (right hand side)

2

**1 long press
(>4 secondes)
turns on/off the
CardioPod**

3

5 short and successive presses on the button turn on the CardioPod in configuration mode.

4

1 long press (>12 seconds) to restart the CardioPod and resets user settings and internal clock.

5

In case the battery is discharged (<5%).
The CardioPod flashes the red LED rapidly for 20 minutes before going into deep sleep.

6

When the CardioPod is placed on the charger, the red LED starts flashing to indicate charging.

During charging, the red LED flashes rapidly (as long as the battery is <5%), then slowly (as soon as >5%), and finally lights up continuously when the charge is complete (max. 100% after 3 hours). The CardioPod can then be removed from the charger

CardioPod   **Clicshirt**

7

When switching on from deep sleep mode or a reset (long press on the CardioPod Clicshirt button > 12 seconds).

The 2 LEDs flash 4 times simultaneously to indicate the restart.

CardioPod

Clicshirt