User Manual of Watch Pro 1

01.Product introduction

Wrist strap

Touch screen

Power button (Press and hold the Power button for 5 seconds to turn it on. Press the power button to wake the screen or return to the previous interface)

Heart rate sensor

Charging contacts

Charging cable
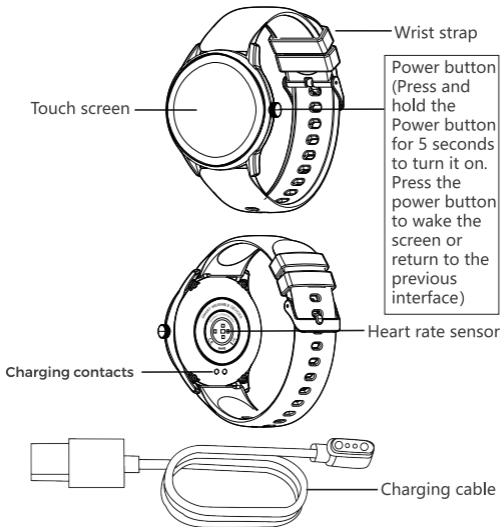
02.Wearing

Wear the wristband about one finger away from the wrist bone and adjust the tightness of the wristband to a comfortable position.
Tip: If you wear the strap too loose, the data acquisition of heart rate sensor may be affected.


03.Connection and binding

1. Scan the QR code on the watch display (Settings-APP Download) by your mobile phone, and then install the APP SOUNDPEATS SPORTS. You can also scan the QR code below to download and install SOUNDPEATS SPORTS from the mobile APP store.
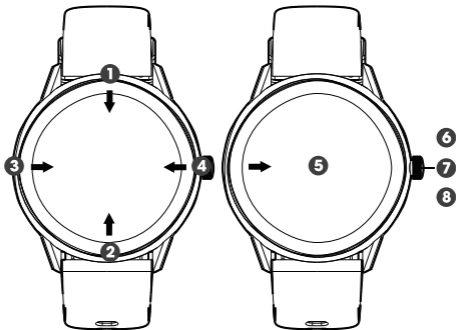
2. After installing the APP, open and log in SOUNDPEATS SPORTS, then select (device WATCH Pro 1 to be added) on the device page so as to connect it.
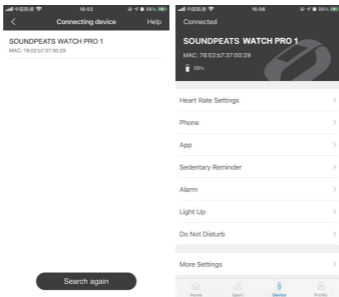
04.Operation

1. Open the control panel: Swipe the screen on the main interface downwards from the top
2. Open the messages/notifications: Swipe the screen on the main interface upwards from the bottom
3. Open the main menu: Swipe the screen on the main interface from left to right (Note: On other interfaces, slide your finger from left to right to return to the previous interface)
4. Open the status interface: Swipe the screen on the main interface from right to left
5. Quick dial change: Press and hold the dial interface for 3 seconds, and the watch vibrates once; then you can slide your finger to left or right to select the dial.

6. Power on: Press and hold the Power button for 5 seconds to switch it on (Power off: You need to press and hold the button for 3 seconds when the display is on to select whether to power off)

7. Quick sports pause/continue: Press the power button.

8. Press the power button to return to the homepage (Note: If you are on the level 2 interface, you will return to the level 1 interface).
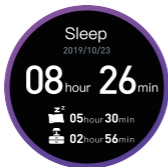
05.Features

13 sport modes (Running, Walking, Cycling, Alpinism, Yoga, Skipping, Tennis, Baseball, Basketball, Badminton, Football, Rugby, Table Tennis)

In running, walking, Alpinism and other sports modes, you can click the screen to view the sports data (steps, pace, calories, distance and duration).

Heart Rate Monitor: The watch will continuously track your heart rate for 24 hours(Need to turn on the "Heart rate monitoring" in the APP at first), you can also view the historical heart rate data in the APP.
Note: When this feature is enabled, the power consumption will be increased, and the battery endurance will be reduced.

8000 Step **6.4** Km **250** Kcal	Status Interface: The steps, distance and calories will be recorded in detail and displayed on watch everyday.
Sleep 2019/10/23 **08** hour **26** min **05** hour **30** min **02** hour **56** min	Sleep: The watch will monitor your sleep status from 6:00pm to the 11:59 am of the next day. Note: The sleep data on watch will be cleared at 6:00pm everyday. But you still can check the historical sleep data in the **SOUNDPEATS SPORTS** APP.
Music ▶ ‖	Music: The watch can be used to control the music player of the mobile phone, you can use it to play/pause or skip songs (it is only compatible with the in-built music player of the mobile phone, may not be compatible with third party's player, and the volume cannot be adjusted on the watch)

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Stopwatch 00:00.2	Stopwatch: The watch can be used to count time (slide your finger to the right after pressing the pause button to exit and return to the previous menu)
Badminton Notice: Booked venue 5 on Friday evening from Six class Fang Fang: Does anyone in the group	Message: The watch will receive and display texts/ messages/ social media notifications from your phone.
Off Reset Info	Setting: You can shut down or reset the watch from setting, and you can also check the info about the watch and App download QR code.

06.Charging

1.Place the watch on the magnetic charging cable and make sure the charging contacts on the back of the watch are fully attached to the metal contacts of the charging cable. It can be fully charged within about 3.5 hours.

2. Plug the charging cable into a standard USB charger purchased via official channels. The output voltage is 5V and the output current is 1A.

If the watch can't be turned on after being left for a long time, please wipe the charging contacts of the charging cable when using it again to remove the sweat or moistrue residue.

Note: (If you do not use the watch often, please charge it once every month.)
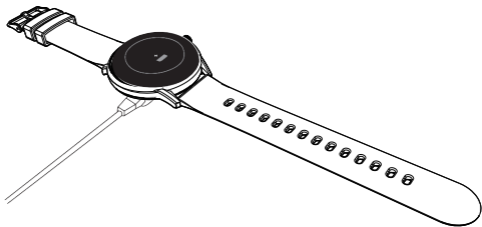
07.Basic parameters

Hardware parameters	
Display	1.28inch
Touch screen	Capacitive full touch screen
Bluetooth	BT5.0
Material of shell	Zinc alloy with vacuum plating
Material of strap	Silicone rubber
Battery and battery life	Standby time>30 days
	Service time: 7 days (with all features on)
Button	Power button on side
Charging mode	Magnetic charging
Water-proofing	IP68 waterproof level

08. Warranty regulations

When purchasing products from the original buyer, we begin to guarantee watches for a period of 12 months, and the warranty scope is limited to manufacturing defects.

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