



**Kinematics**

**Unit 1 ↓**

- Scalar vs. vector
- 1-D motion
  - Four kinematic equations
  - Free-fall motion (gravity is only force)
- Cross product and vector addition
- x(t), v(t), a(t) graphs
  - Derivatives and integrals
- 2-D motion
  - x and y components (like 2 1-D motions)
- Special projectile motion formulas (symmetric)
  - $t = \frac{v \sin \theta}{g}$  to reach max height
  - $H = \frac{v^2 \sin^2 \theta}{2g}$  max height
  - $R = \frac{v^2 \sin 2\theta}{g}$  range

**Newton's Laws of Motion**

**Unit 2 ↓**

- Newton's 1st law: inertia
- Newton's 2nd law:  $F_{net} = ma$
- Newton's 3rd law: Action and reaction force pair
  - Equal in magnitude, opposite in direction
- Free-body diagrams
- Equilibrium ( $F_{net} = 0$ ) when at rest OR constant velocity
- Friction is fun!  $f = \mu N$ 
  - Static > kinetic friction
- Centripetal = points to center
  - $F_c = \frac{mv^2}{r}$
  - $a_c = \frac{v^2}{r}$
- Uniform circular motion means speed is constant but direction changes
  - $a = \sqrt{a_r^2 + a_t^2}$  where  $a_r$  is towards center and  $a_t$  is tangential

**Work, Energy, and Power**

**Unit 3 ↓**

- $W = F \Delta r \cos \theta$  and  $W = \int_{x_i}^{x_f} F_x dx$
- Conservative vs. nonconservative forces
- Stable vs. unstable equilibrium
- $W_{conservative} = -\Delta U$ 
  - Gravity = conservative
- PE includes both gravitational and elastic
- Work-Kinetic Energy Theorem
  - $\Sigma W = \Delta KE$
- Hooke's Law (force law for springs)
  - $F_s = -kx$
- Conservation of energy
  - $E_{mech} = \Delta K + \Delta U$
- Conservation of energy (including work and heat)
  - $\Delta K + \Delta U = W + Q$
- Average power  $P = \frac{W}{\Delta t}$

**Systems of Particles and Linear**

**Momentum**

**Unit 4 ↓**

- Center of mass
- Conservation of linear momentum
  - Conserved when  $F_{net} = 0$
- Momentum is a vector
  - $\Sigma F = \frac{dp}{dt}$
- Impulse  $I = \int_{t_i}^{t_f} \Sigma F dt$
- **Elastic** collisions → KE and momentum conserved
  - Objects bounce off each other
- **Inelastic** collisions → KE is NOT conserved, momentum conserved
  - Perfectly inelastic = stick together
- Special elastic collision formulas
  - $v_{1f} = \left(\frac{m_1 - m_2}{m_1 + m_2}\right)v_{1i} + \left(\frac{2m_2}{m_1 + m_2}\right)v_{2i}$
  - $v_{2f} = \left(\frac{2m_1}{m_1 + m_2}\right)v_{2i} + \left(\frac{m_2 - m_1}{m_1 + m_2}\right)v_{1i}$

**Rotation**

**Unit 5 ↓**

- Same kinematic equations as Unit 1 but with  $\theta$ ,  $\alpha$ ,  $\omega$
- Angular and translational
  - $v = r\omega$  tangential speed
  - $a = r\alpha$  tangential acceleration
- Torque  $\tau = rF \sin \theta$  is a vector
- Net torque  $\Sigma \tau = I\alpha$ 
  - Clockwise -
  - Counterclockwise +
- Moment of inertia
  - Single particle  $I = mr^2$
  - Hoop, cylinder, rod, sphere
- KE includes both translational and rotational
  - Rotational KE =  $\frac{1}{2}I\omega^2$
- Angular momentum  $L = rmv \sin \theta$ 
  - And  $L = I\omega$
  - Conserved when  $\tau_{net} = 0$
- Parallel-axis theorem
  - $I_o = I_{CM} + MD^2$

**Oscillations**

**Unit 6 ↓**

- Hooke's Law
  - $F_s =$  restoring force
  - Negative when  $F_s$  and  $x$  in opposite directions
- Simple Harmonic Motion (sin/cos functions)
  - $x(t) = A \cos(\omega t + \theta_i)$
  - $v(t) = -\omega A \sin(\omega t + \theta_i)$
  - $a(t) = -\omega^2 A \cos(\omega t + \theta_i)$
- $v_{max} = \omega A$  and  $a_{max} = \omega^2 A$ 
  - A is max displacement from equilibrium
- Energy conservation
  - $\frac{1}{2}kA^2 = \frac{1}{2}mv^2 + \frac{1}{2}kx^2$

**Gravitation**

**Unit 7 ↓**

- Orbital speed  $v = \sqrt{\frac{GM}{R}}$ 
  - M is mass of thing being orbited
- Gravity  $g = \frac{GM}{R^2}$ 
  - Add h to R if there is an altitude
- Minimum escape velocity  $v = \sqrt{\frac{2GM}{R}}$
- Orbital period  $T^2 = \frac{4\pi^2}{GM} r^3$ 
  - Kepler's 3rd law
  - Time it takes for a revolution around something
- Circular vs. elliptical orbits

**FRQ Tips**

- Always list your givens at the start of the problem (m, v, a, F, etc.)
- If you are given a graph, use it!
- Make sure you know how to integrate and differentiate (i.e. u-sub)
- Relationships between variables (i.e.  $F_{net} = ma$ , and  $a = dv/dt$ )
- Find keywords (constant speed means  $a=0$ , terminal speed means  $t=\infty$ )
- Visualize, draw a picture or FBD!
- Use conservation of energy, especially when heights and movement are involved
- Fundamental concepts in units reappear in other units! (FBDs, kinematic equations, etc.)