

# THE PREGNANCY COUPON BOOK

FROM LĒTO FOODS

You're bringing life into the world.  
Use these coupons to get what you need, when you need it.  
Absolutely no restrictions apply. At least as far as we're concerned.



Written and designed by M. Harris & Co.

COUPON REDEEMABLE FOR

An emergency trip to the store  
to grab \_\_\_\_\_ -flavored  
ice cream.

(Write in as needed)



COUPON REDEEMABLE FOR

Making me dinner  
because you  
got me pregnant.



COUPON REDEEMABLE FOR

Breakfast in bed.  
Then lunch in bed.  
Then dinner in bed.

(Don't mind the crumbs)



COUPON REDEEMABLE FOR

Date night!  
As long as we're home  
by 6 p.m.



COUPON REDEEMABLE FOR

A long,  
very detailed compliment  
from you to me.



COUPON REDEEMABLE FOR

A Saturday night  
where you're not drinking  
because I'm not drinking.



COUPON REDEEMABLE FOR

Tying my shoes  
because I can no longer  
bend down.



COUPON REDEEMABLE FOR

An hour  
of uninterrupted silence,  
starting now.



COUPON REDEEMABLE FOR

Letting me pick the movie  
even if I fall asleep  
15 minutes in.



COUPON REDEEMABLE FOR

An entire pizza  
to myself.



COUPON REDEEMABLE FOR

A foot massage.  
A really long one.



COUPON REDEEMABLE FOR

Whatever the hell I want.  
I'm growing a human.



LÊTO FOODS

At Lêto Foods, we believe in taking care of yourself — before, during, and after your pregnancy. We hope this coupon book helps you get exactly what you need.

But if it doesn't, scan the QR code and get \$10 off our pre-postnatal smoothies.

— Amanda Gorter, founder



LetoFoods.com  
pre-postnatal nutrition