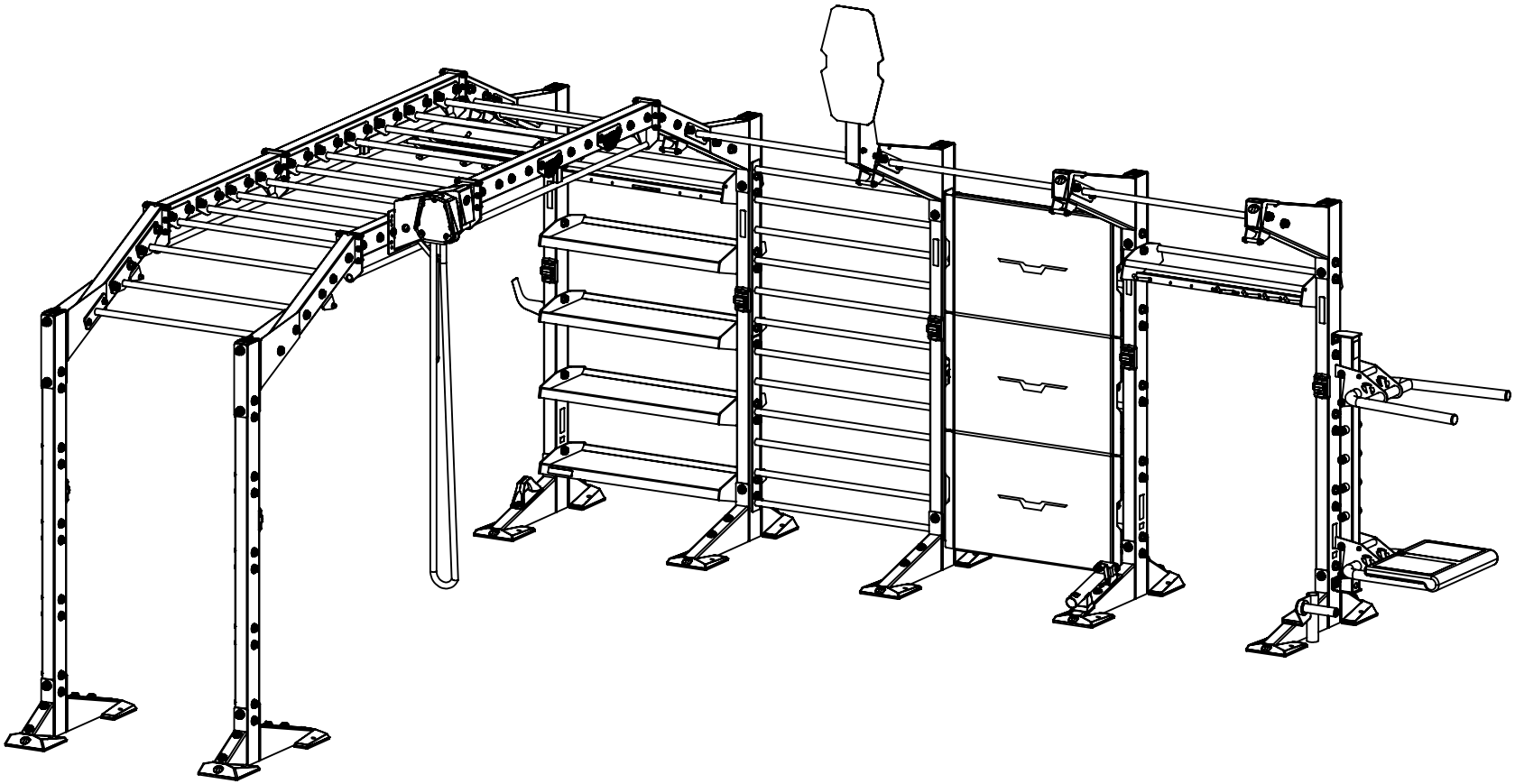
XCREATE BRIDGE SPACE ASSEMBLY GUIDE

VERSION: XCBS

PART #: 5844101-C



TORQUE USA

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WARNING!

ALL X-CREATE ARE REQUIRED TO BE ANCHORED TO THE FLOOR TO PREVENT ROCKING OR TIPPING DURING USE.

OVERVIEW AND TOOLS REQUIRED

X-CREATE Bridge Space Systems can be customized in countless ways. This manual provides instructions for assembling base units, module options and attachment options.

Not all modules or attachments are detailed in this assembly guide. For further instruction on these, reference the individual guide for the module being installed.

If you worked with Torque X-Team Design during the purchasing process, please request a Bill of Material Drawing to reference your exact set-up. For assistance, contact www.sales@torquefitness.com or call (763) 754-7533

NOTE:
When assembling any X-CREATE System that is longer than one module wide, the hardware will be shared between two side by side modules and pull-up bars. It is recommended to keep all bolt connections loose until the base system and all of the module stations have been assembled. Securely tighten all frame connections at this time, and then proceed to the attachment options. Attachment options can be securely tightened as they are assembled.

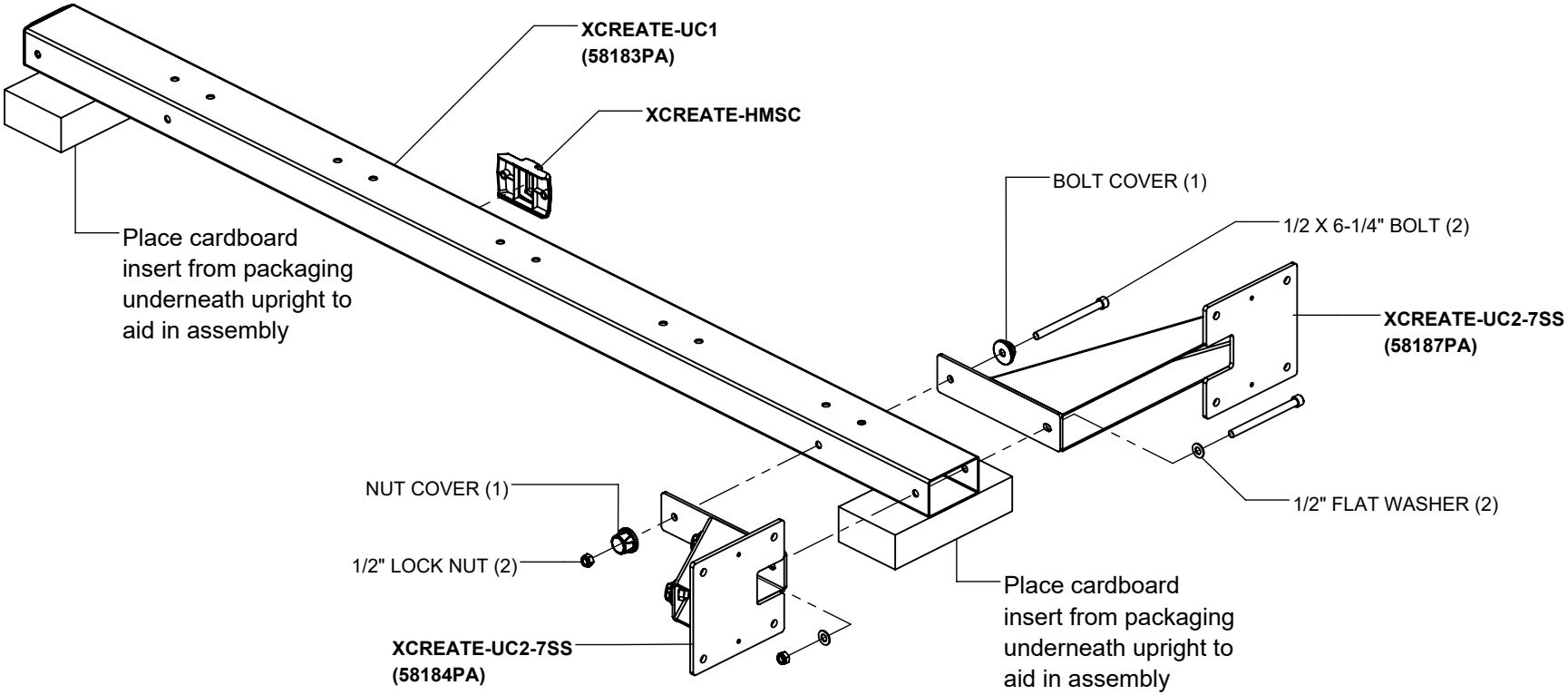
For the purpose of illustration, the 8U is shown in this assembly guide. The 7U can be assembled the exact same way where specified in the notes.

TOOLS FOR ASSEMBLY:
- 3/8" ALLEN WRENCH
- 5/16" ALLEN WRENCH
- 3/16" ALLEN WRENCH
- 3/4" WRENCH OR SOCKET
- 9/16" WRENCH OR SOCKET
- 1/2" WRENCH OR SOCKET
- RUBBER MALLET

WARNING!

ALL X-CREATE ARE REQUIRED TO BE ANCHORED TO THE FLOOR TO PREVENT ROCKING OR TIPPING DURING USE.

XCREATE-U-7SS ASSEMBLY

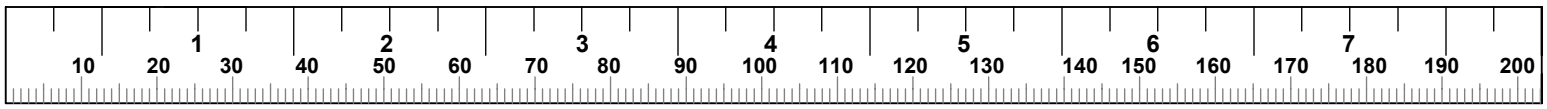


NOTES:

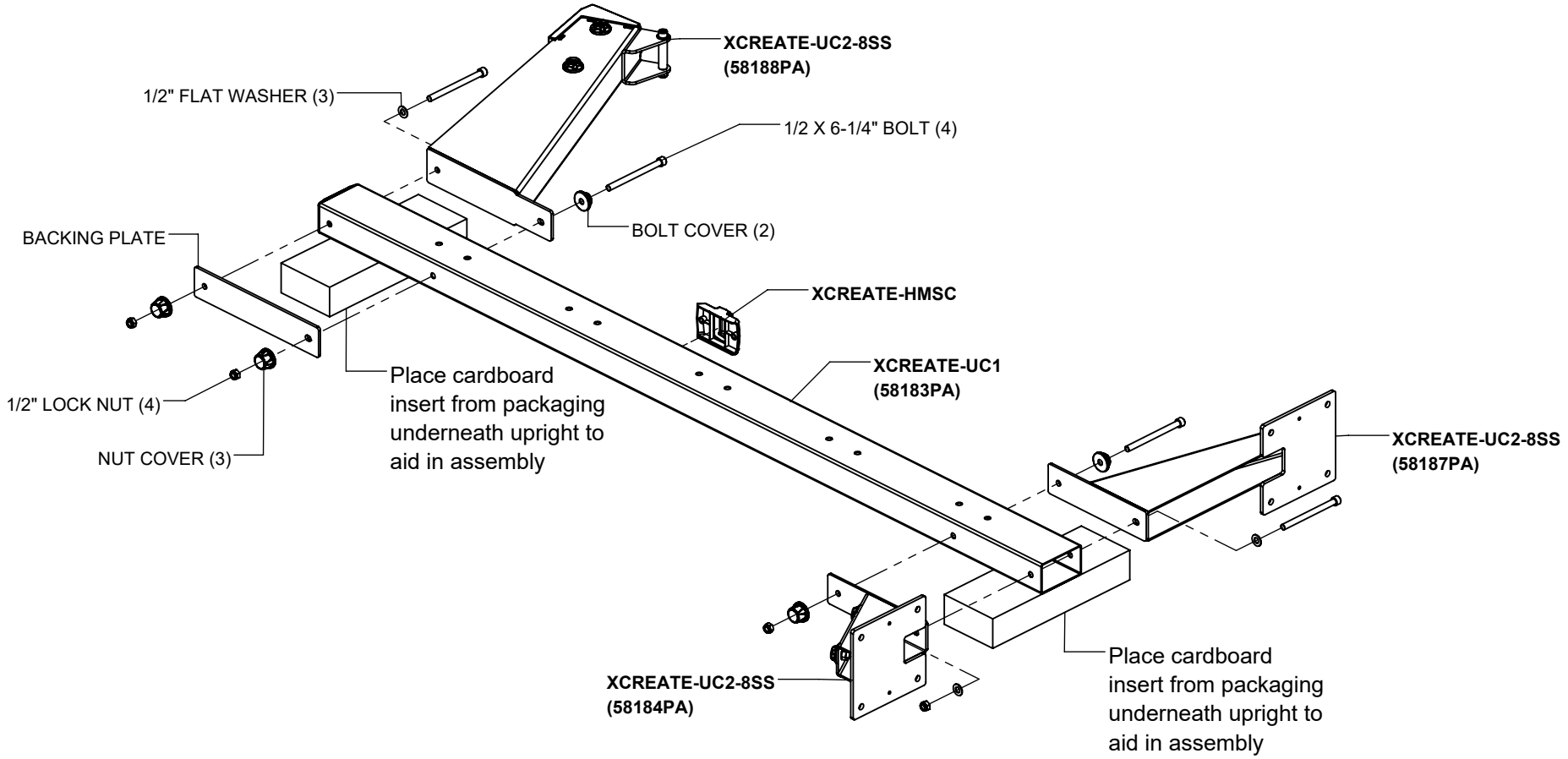
This step requires two people to assemble. Please get help.

Assemble the UPRIGHT on the floor.

Assemble all parts together first, then **SECURELY** tighten all bolt connections.



XCREATE-U-8SS ASSEMBLY

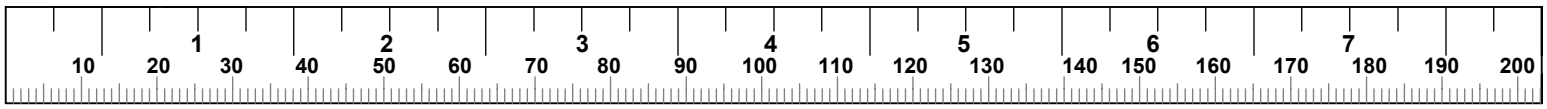


NOTES:

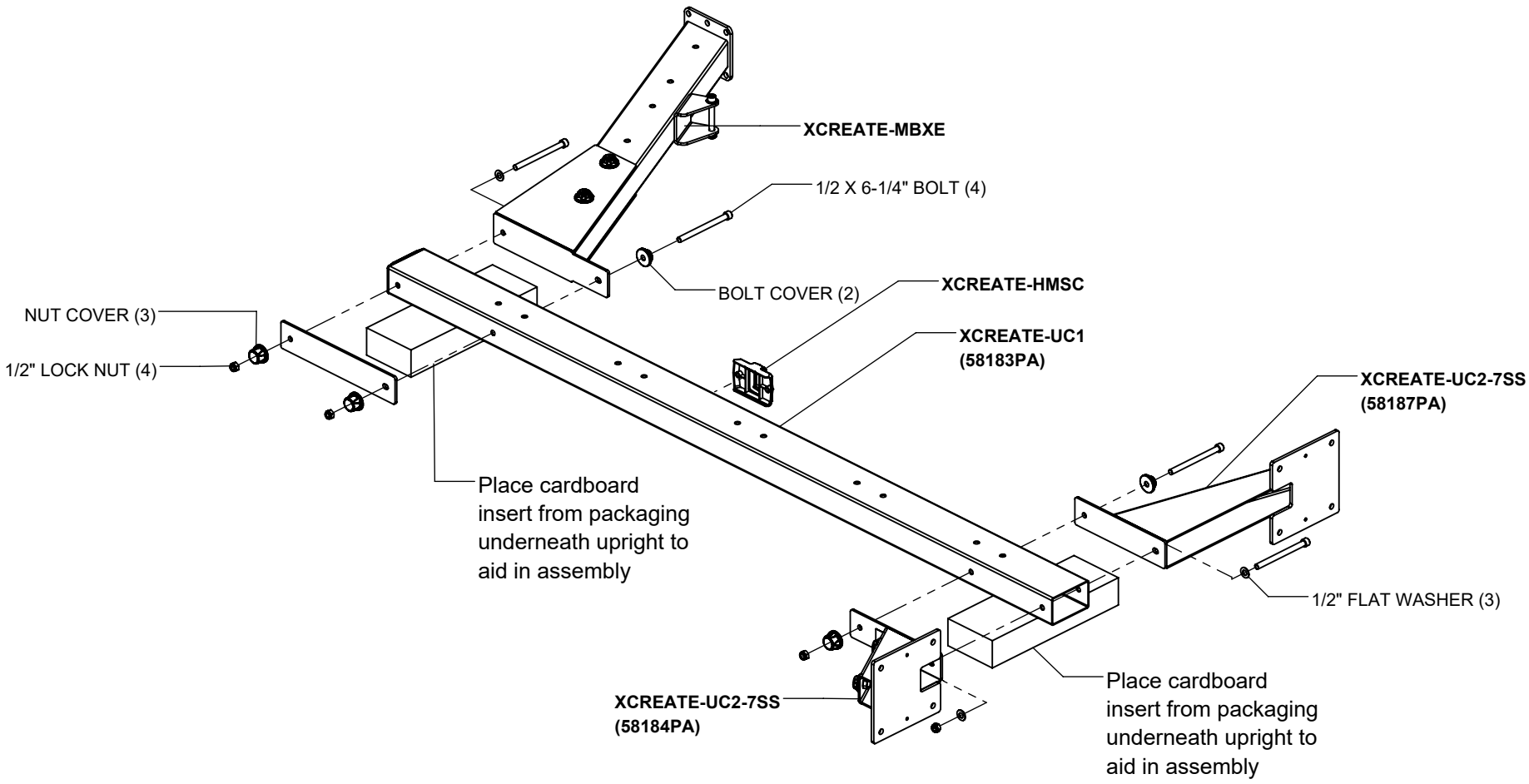
This step requires two people to assemble. Please get help.

Assemble the UPRIGHT on the floor.

Assemble all parts together first, then **SECURELY** tighten all bolt connections.



XCREATE SINGLE SIDED MBXE ASSEMBLY

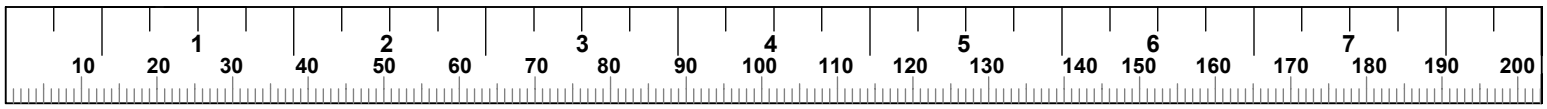


NOTES:

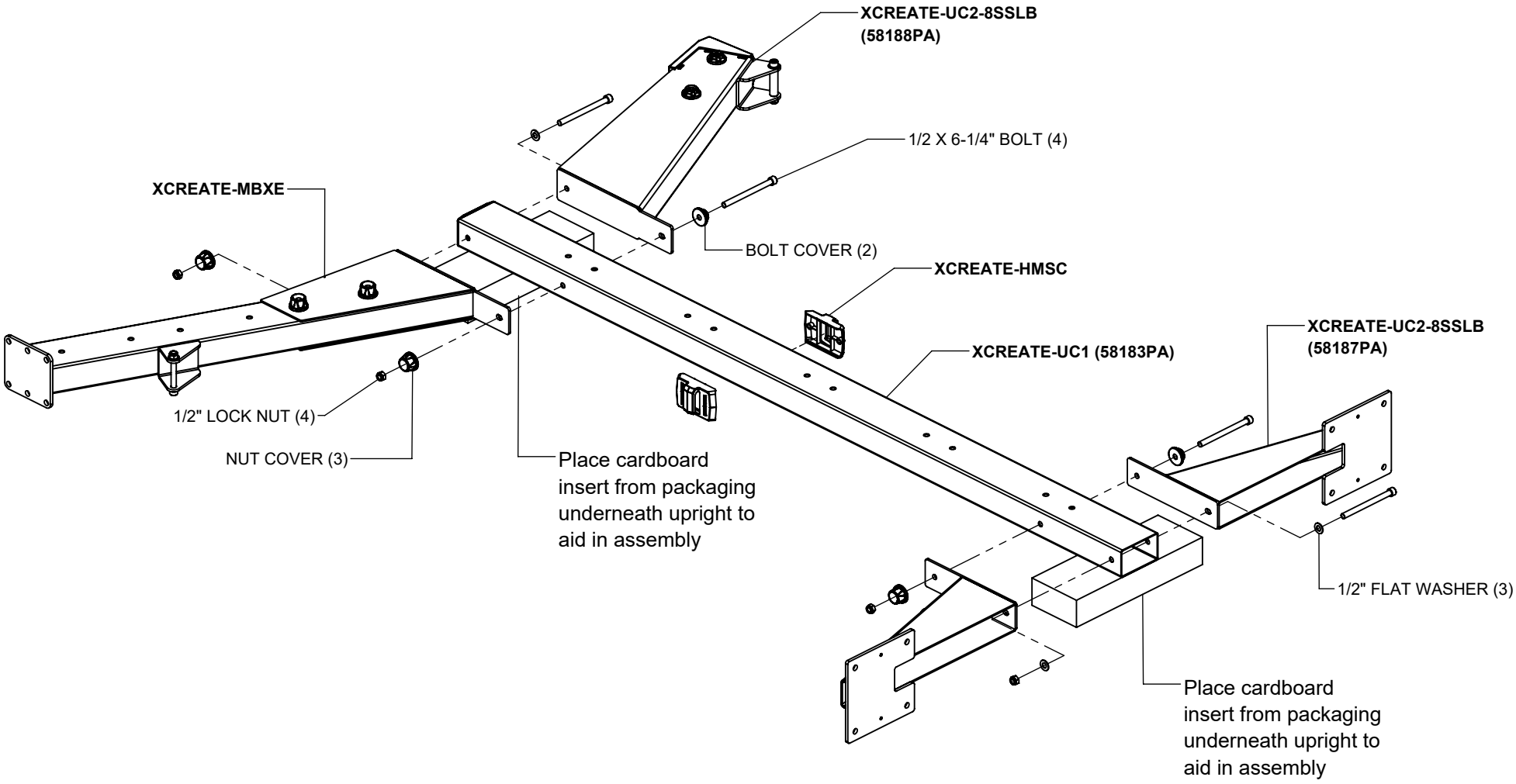
This step requires two people to assemble. Please get help.

Assemble the UPRIGHT on the floor.

Assemble all parts together first, then **SECURELY** tighten all bolt connections.



XCREATE 2 SIDED MBXE ASSEMBLY

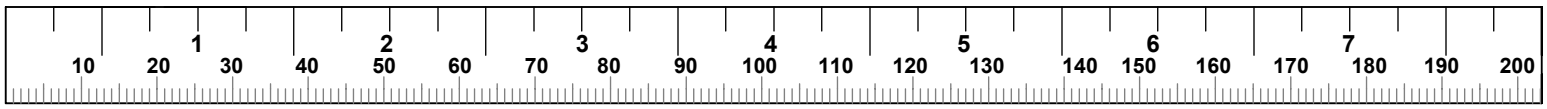


NOTES:

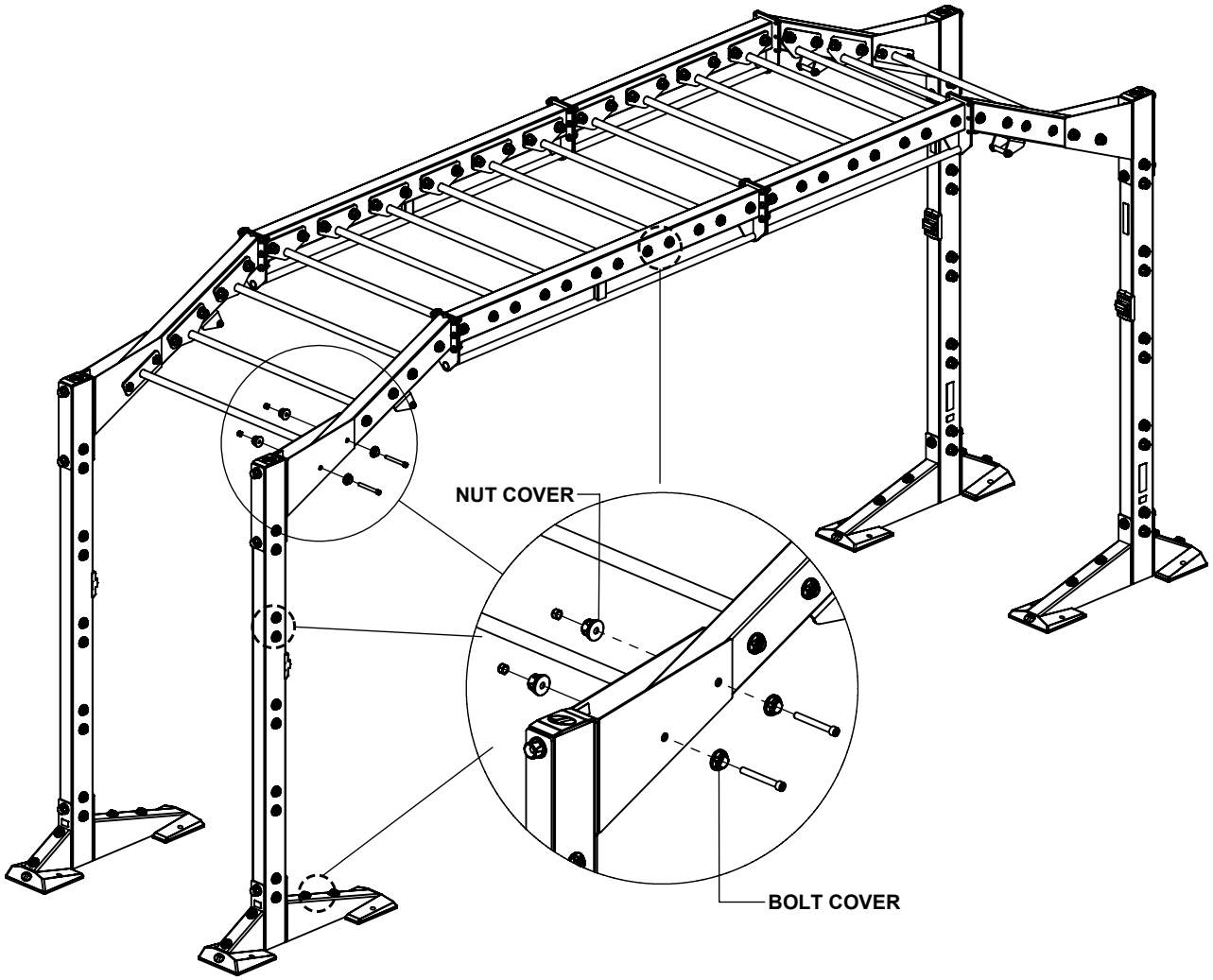
This step requires two people to assemble. Please get help.

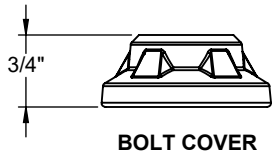
Assemble the UPRIGHT on the floor.

Assemble all parts together first, then **SECURELY** tighten all bolt connections.

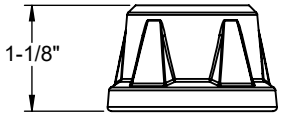


XHCFK
HARDWARE COVER FINISH KIT





BOLT COVER



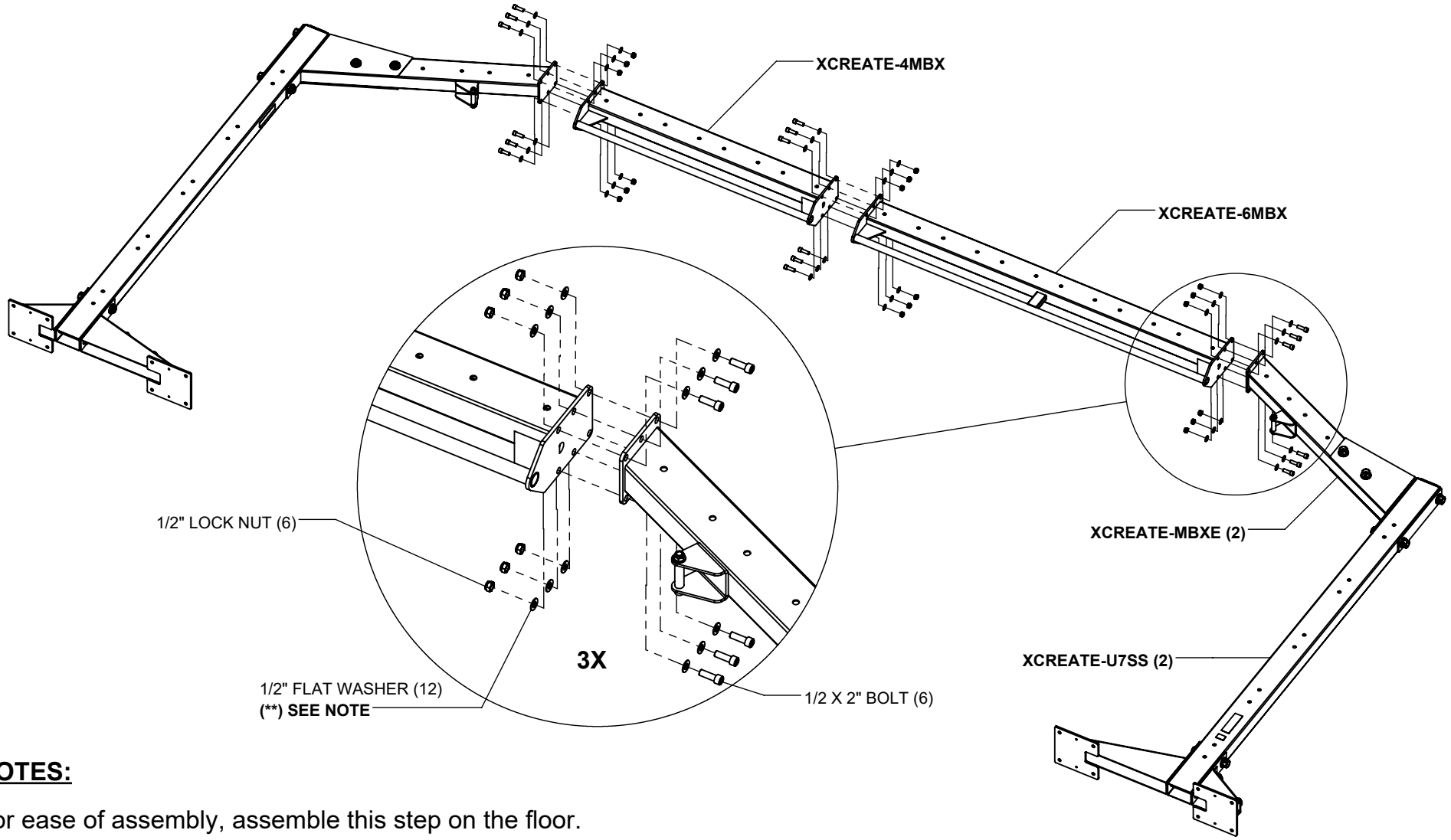
NUT COVER

IF YOU PURCHASED THE HARDWARE COVER FINISH KIT, THEN USE THE BOLT AND NUT COVERS IN PLACE OF FLAT WASHERS WHER EVER POSSIBLE.

NOTE:
3/4" SOCKET IS REQUIRED FOR ASSEMBLY.
DISCARD UNSUSED WASHERS.

IMPORTANT NOTICE ABOUT HARDWARE COVERS:
The bolt and nut covers are primarily used on uprights and monkey bars connections and will not fit all assembly applications. In this case, use the flat washers included with the product.

BRIDGE ASSEMBLY



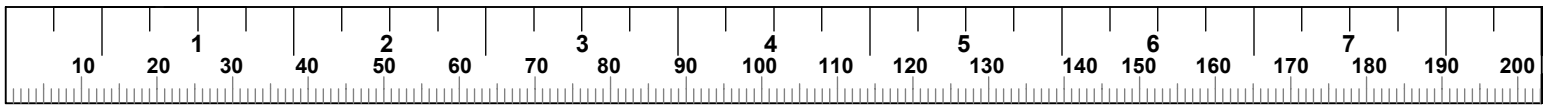
NOTES:

For ease of assembly, assemble this step on the floor.

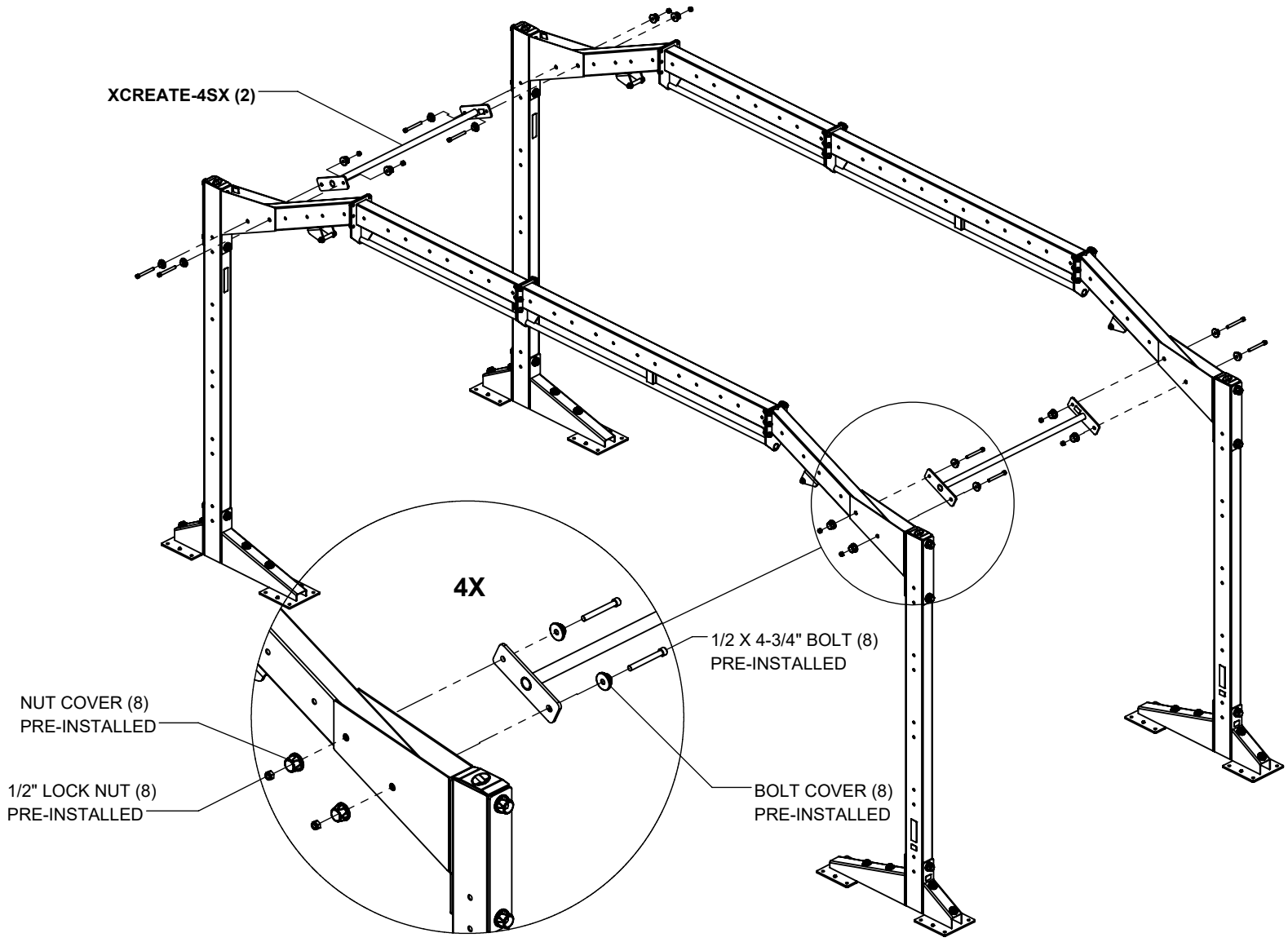
(**) HARDWARE COVERS **CANNOT** be used in this step.

LOOSELY assemble bolt connections in this step.

Repeat this step for the opposite side.



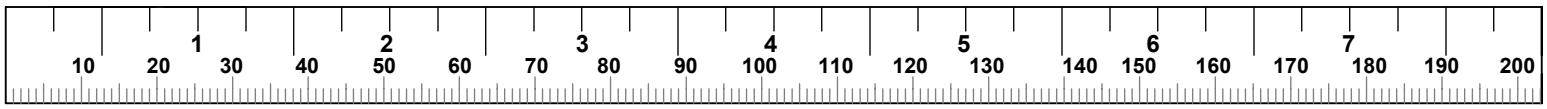
BRIDGE ASSEMBLY



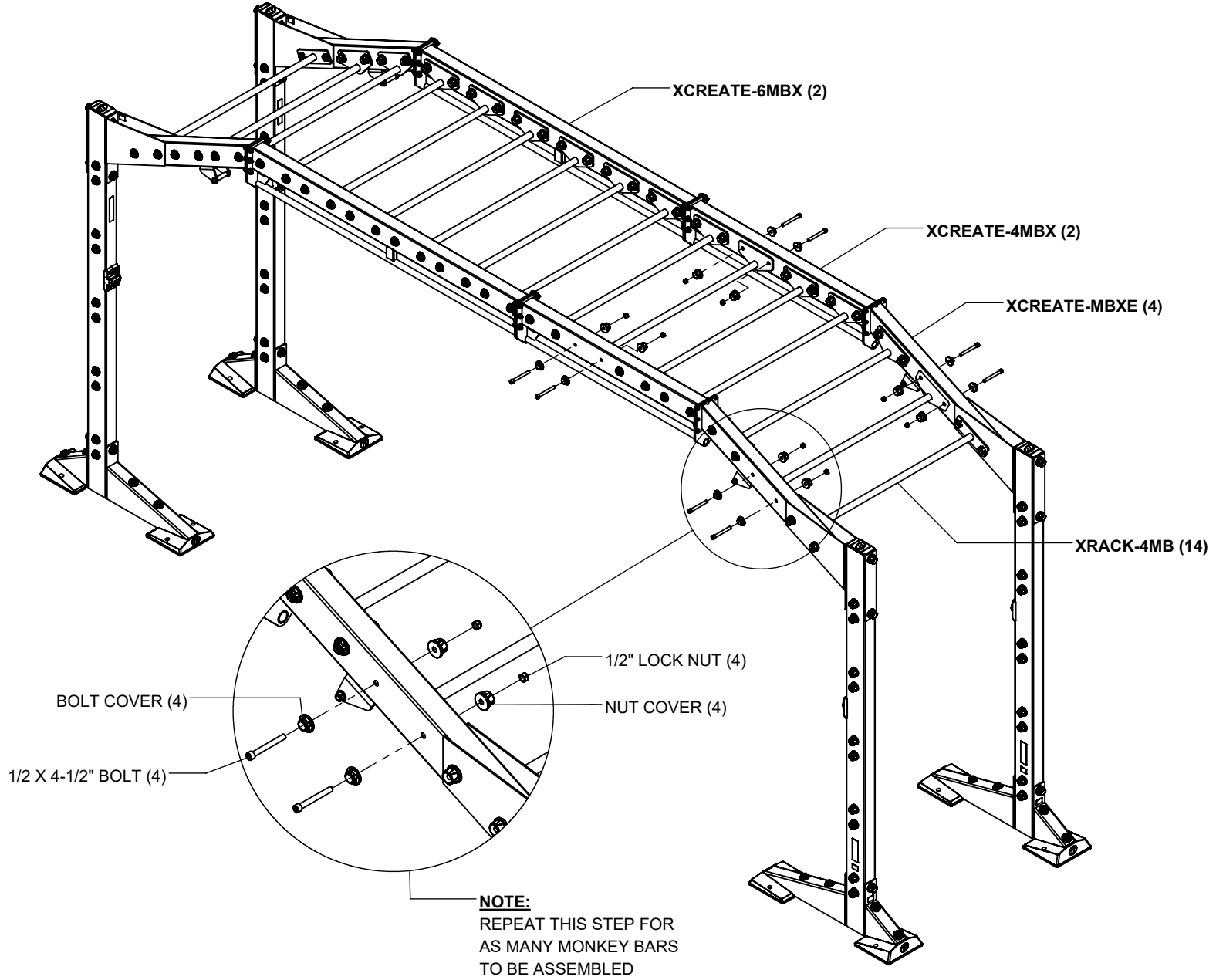
NOTES:

CAREFULLY stand each side up. Space sides approximately 4' apart.

LOOSELY assemble bolt connections in this step.

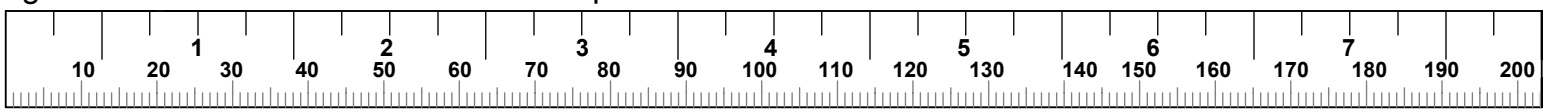


BRIDGE ASSEMBLY

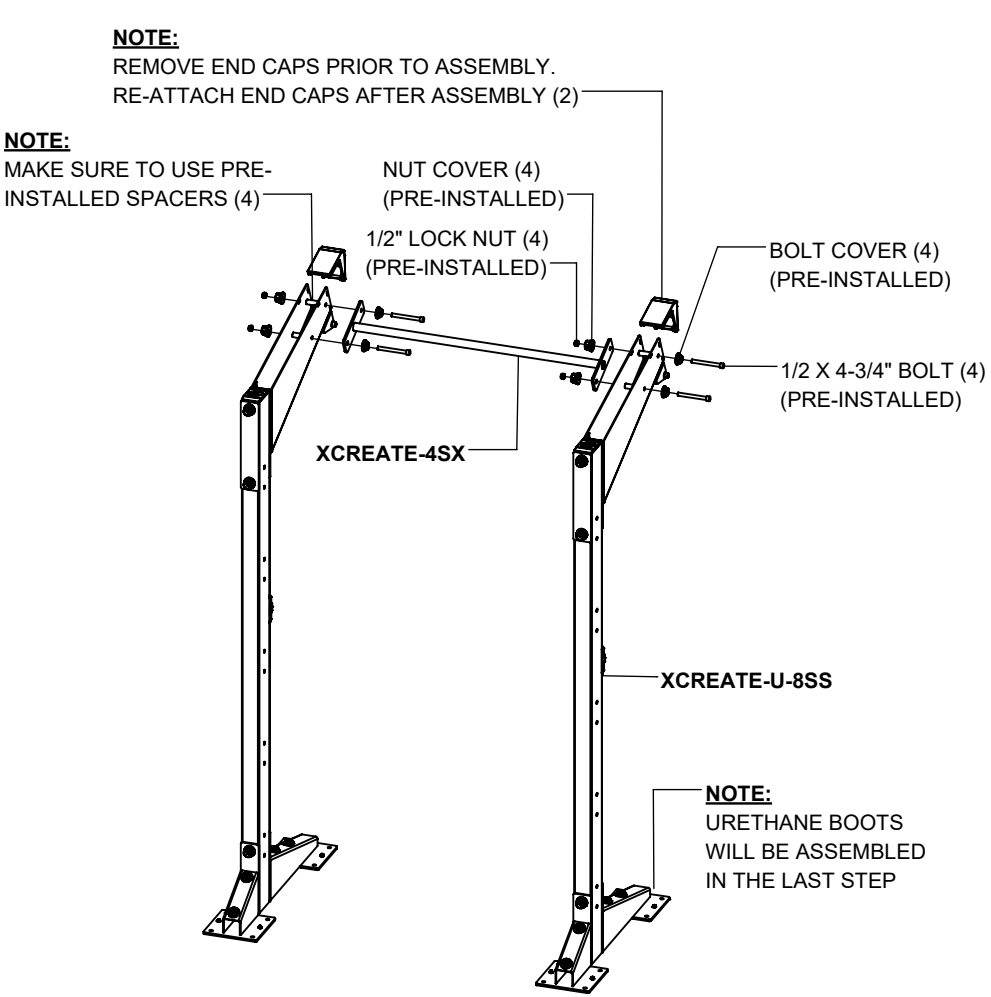


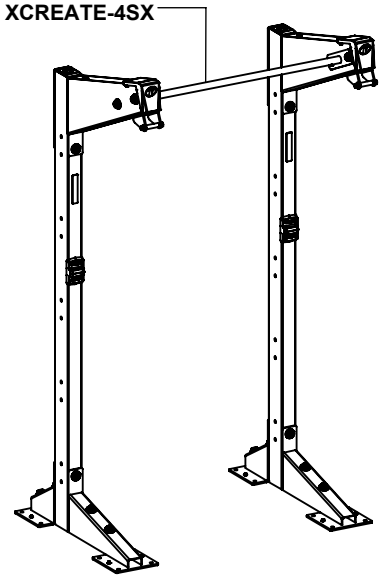
NOTES:

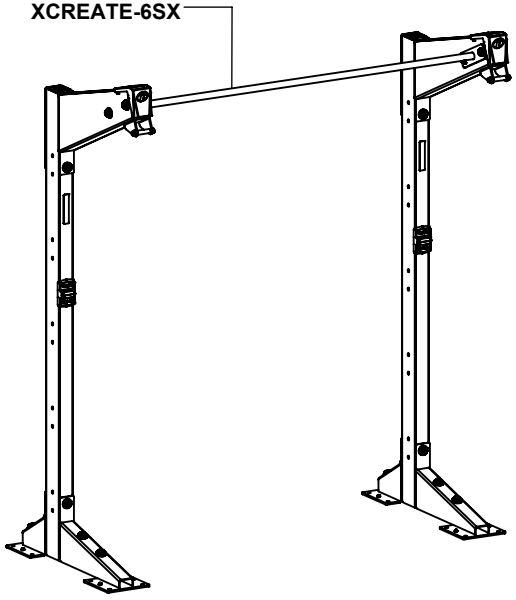
After this step has been completed, **SECURELY** tighten all bolt connections made to this point.



ONE MODULE ASSEMBLY





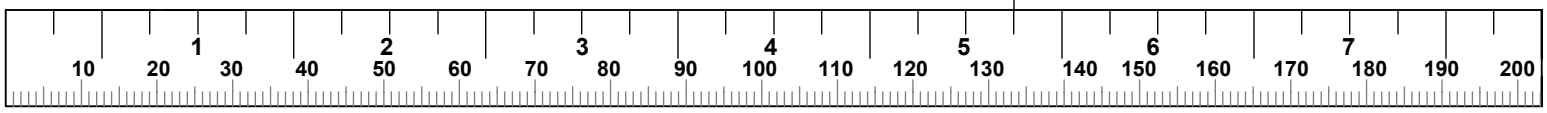


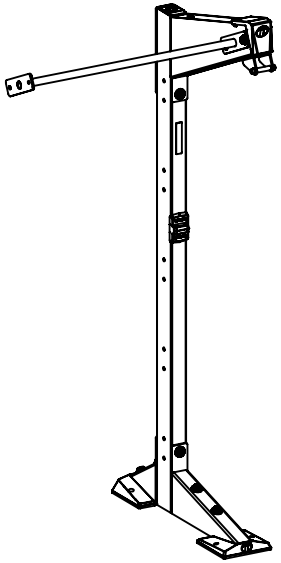
NOTES:

For the purpose of illustration the XCREATE-4SX is shown.
The XCREATE-6SX is assembled the same way.

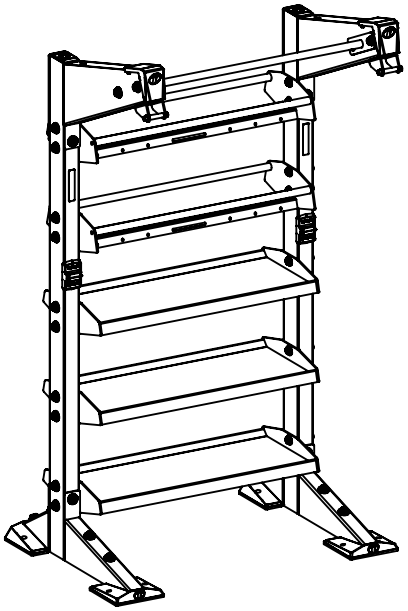
LOOSELY assemble bolt connections in this step.

If more than one module will be assemble, refer to **PAGE 15**.

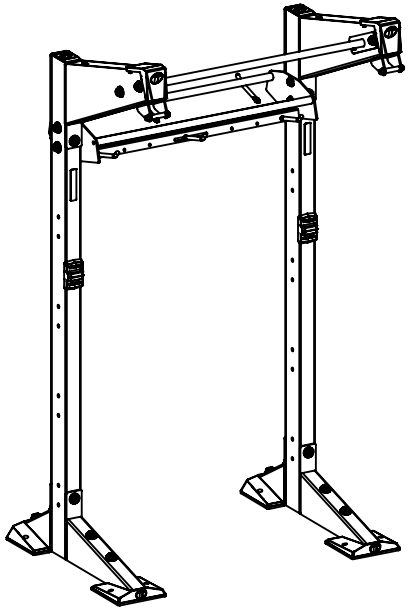




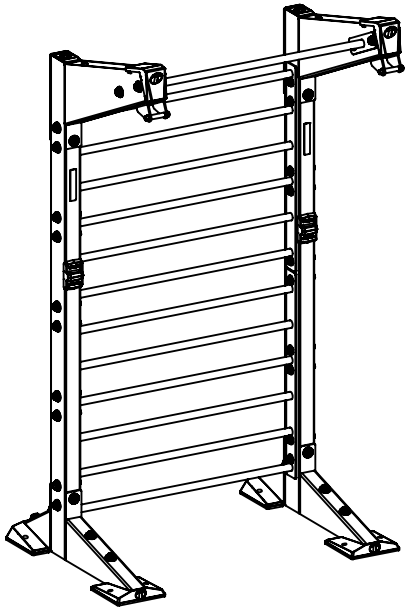
8' UPRIGHT MODULE EXTENSION



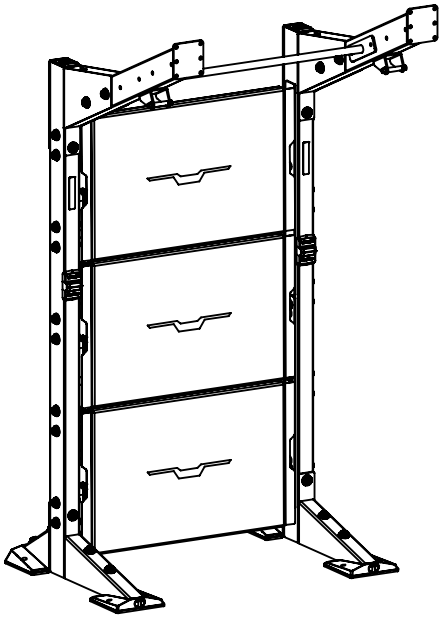
4' / 6' STORAGE MODULE



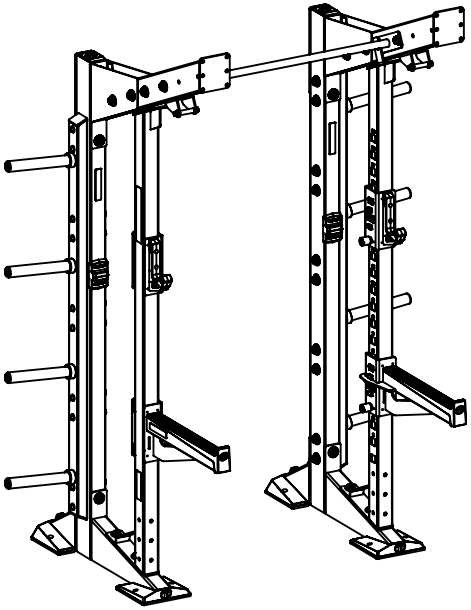
4' / 6' BALL & HANGING STORAGE MODULE



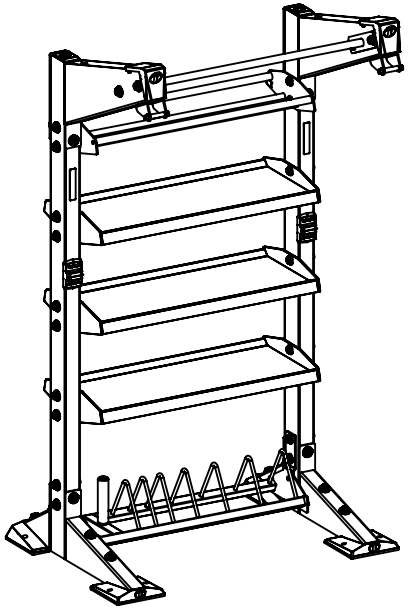
4' STALL BAR MODULE



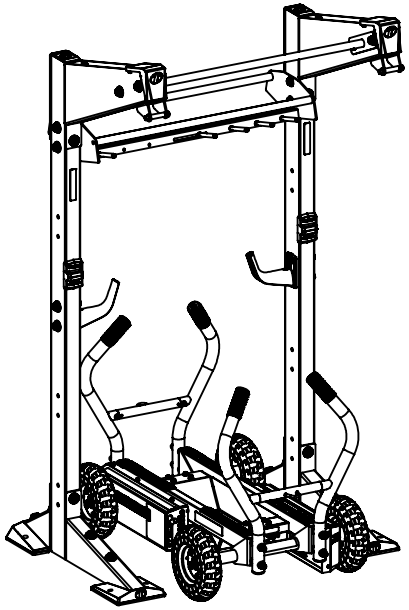
4' BALL TARGET WALL PAD MODULE



8' OLYMPIC LIFTING STATION MODULE

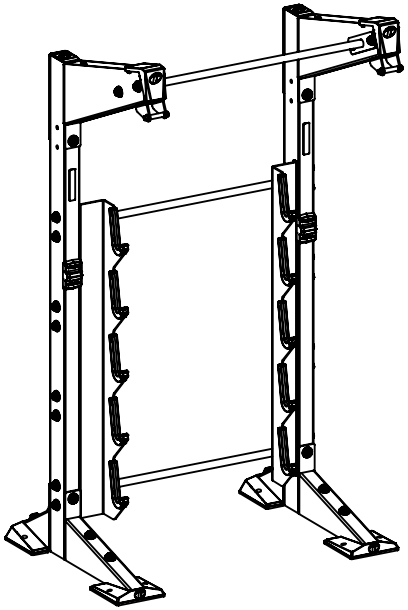


4' / 6' ACCESSORY & BUMPER STORAGE MODULE

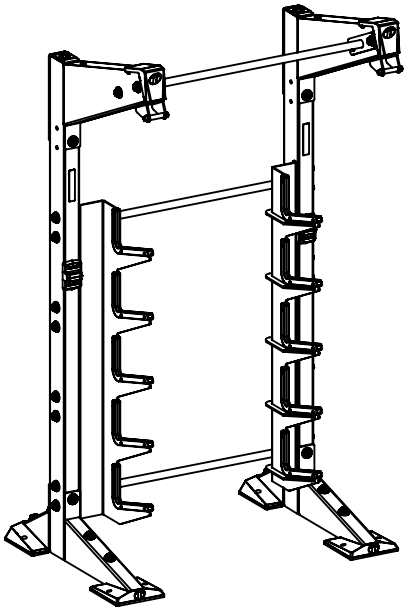


4' TANK DOCKING MODULE

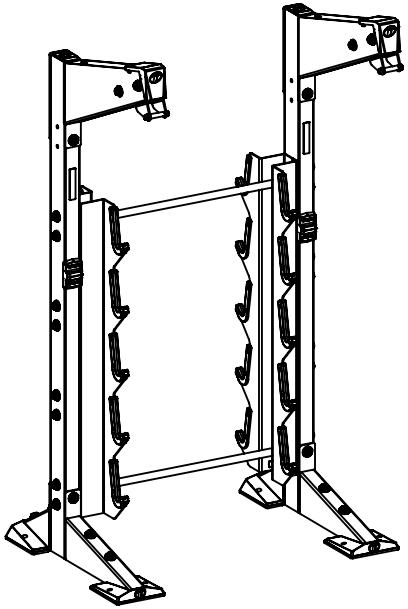
MODULES



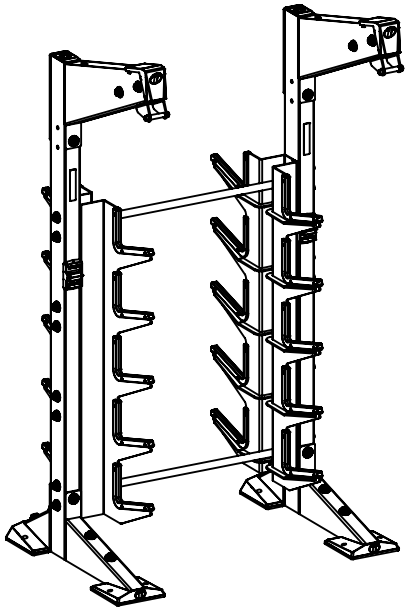
4' X 5 BARBELL STORAGE MODULE



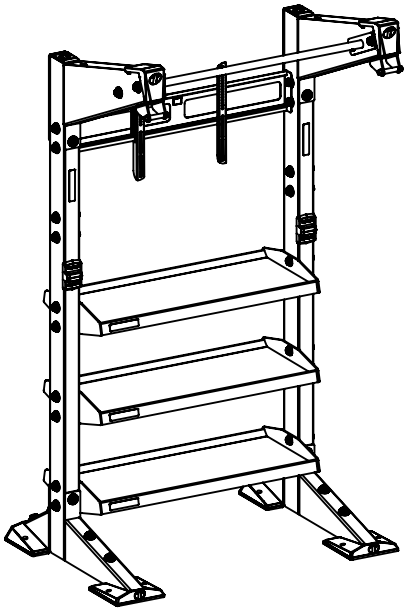
4' X 10 BARBELL STORAGE MODULE



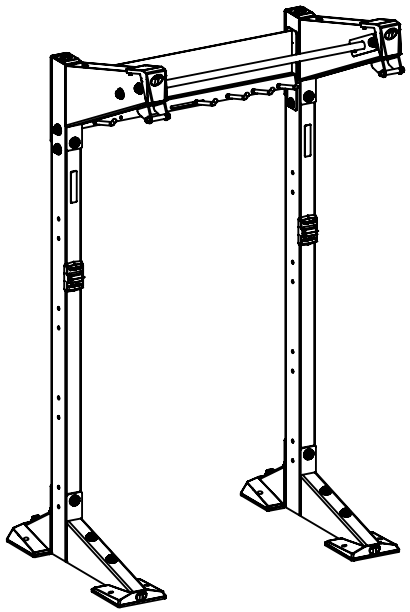
4' X 2 SIDED X 10 BARBELL STORAGE MODULE



4' X 2 SIDED X 20 BARBELL STORAGE MODULE

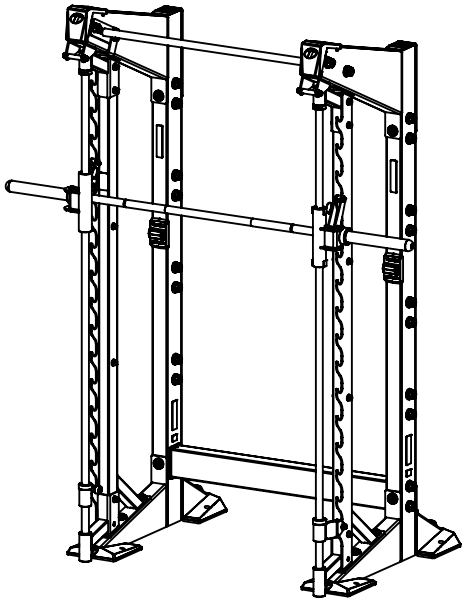


4' MONITOR MOUNT STORAGE MODULE

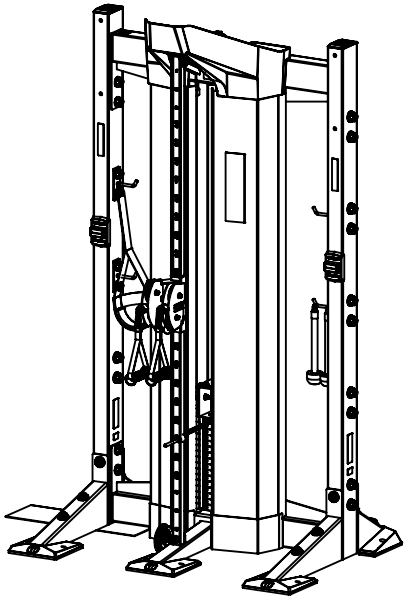


4' CUSTOM SIGN AND HANGING STORAGE MODULE

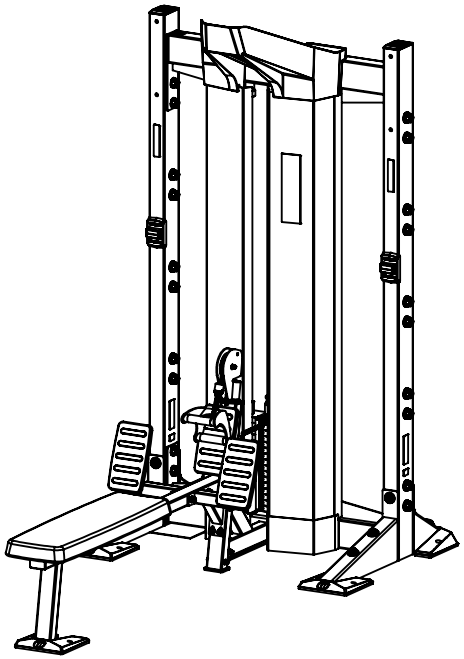
MODULES NOT COVERED IN THIS GUIDE



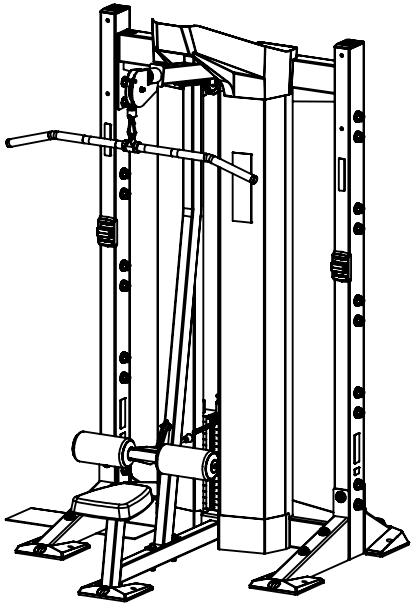
SMITH MODULE



CABLE COMPONENT MODULE



SEATED ROW MODULE

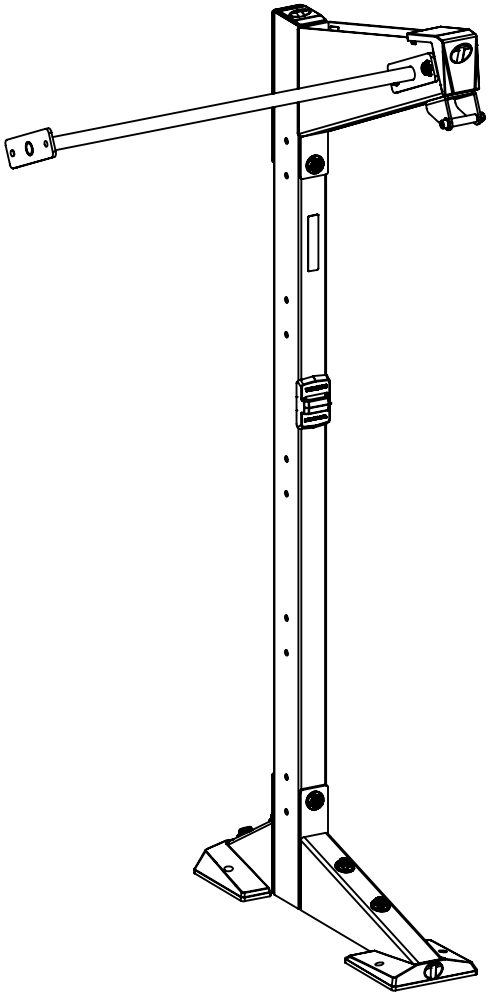


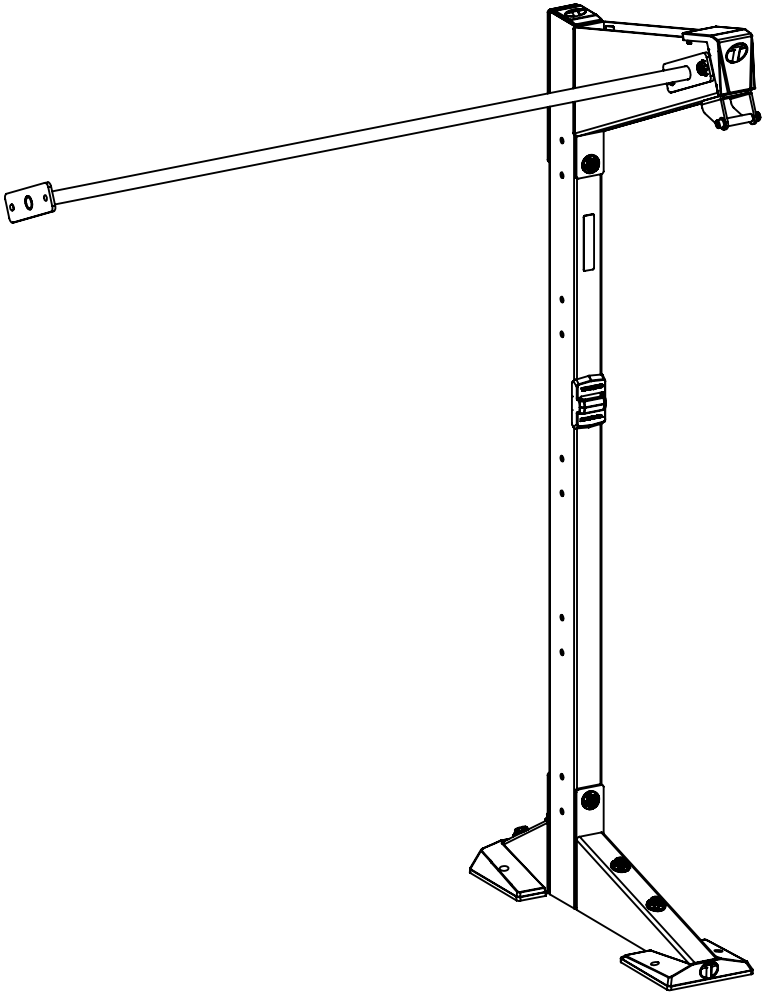
LAT PULL DOWN MODULE

NOTES:

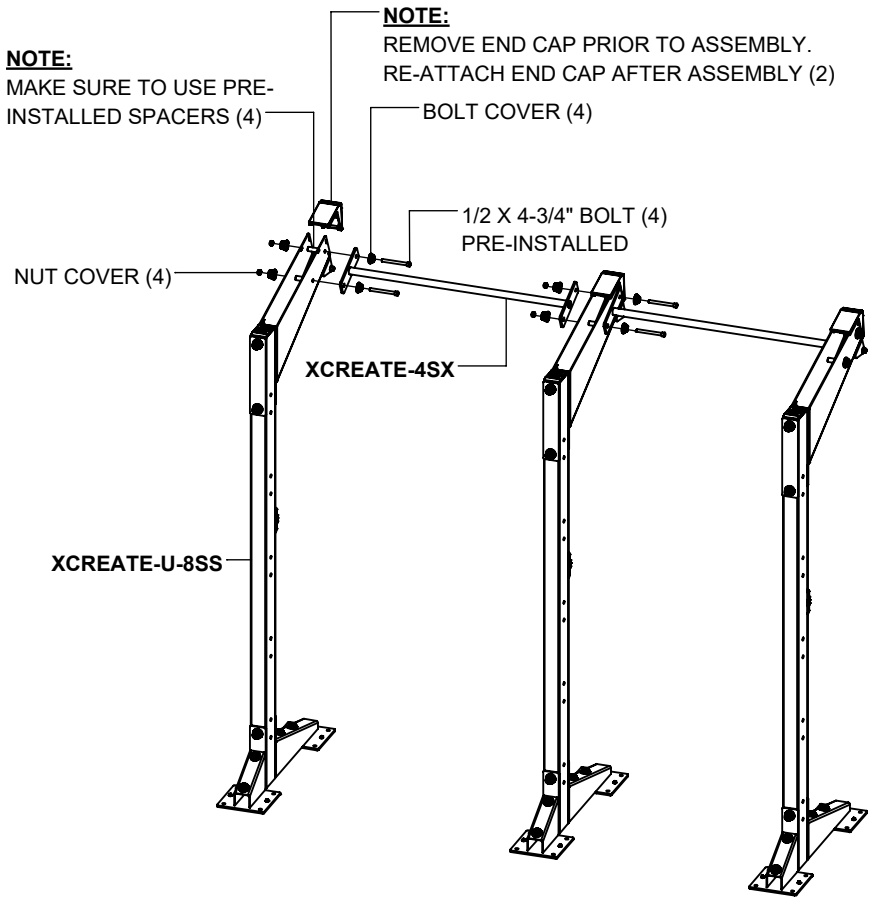
For the above modules, visit Torquefitness.com for the specific assembly manual for the module being assembled.
The manuals can be downloaded at **https://commercial.torquefitness.com/pages/assembly-manuals**

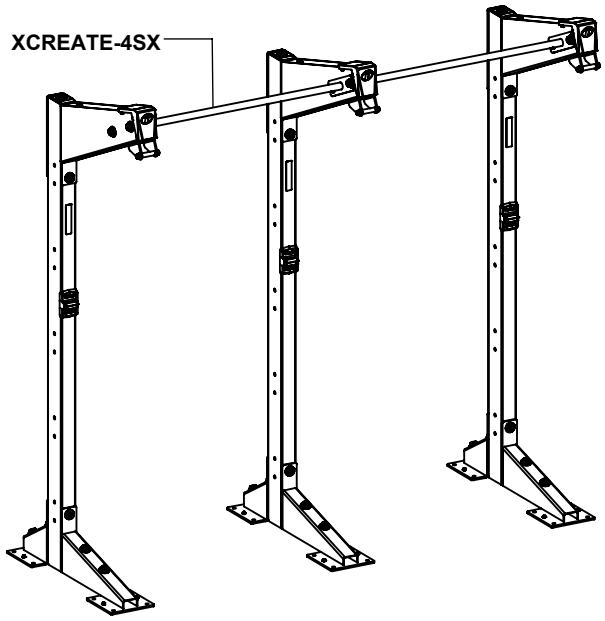
8' UPRIGHT MODULE EXTENSION

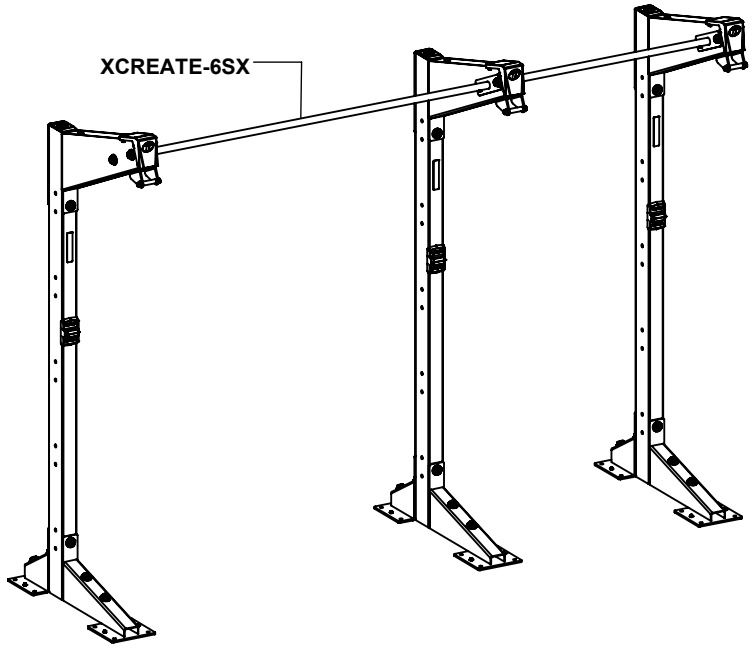




8' UPRIGHT MODULE EXTENSION





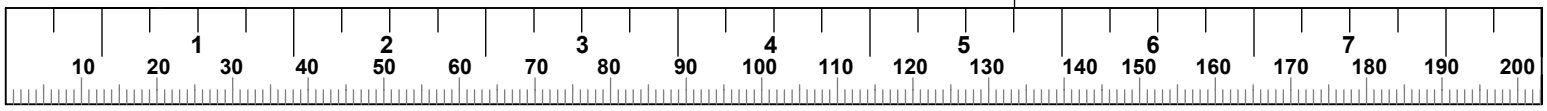


NOTES:

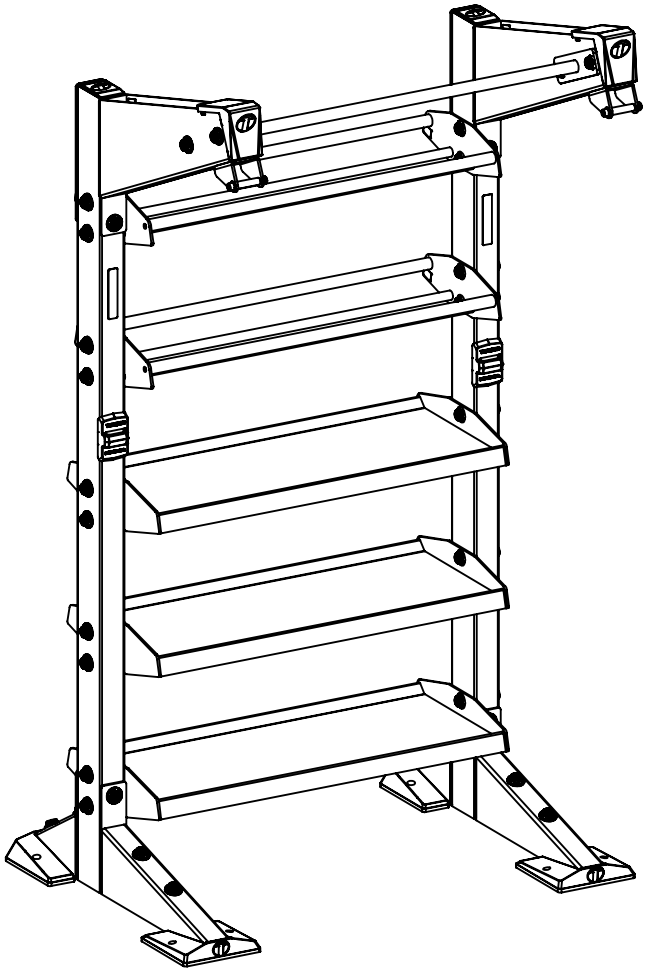
For the purpose of illustration the 4' module extension is shown. The 6' module extension is assembled the same way.

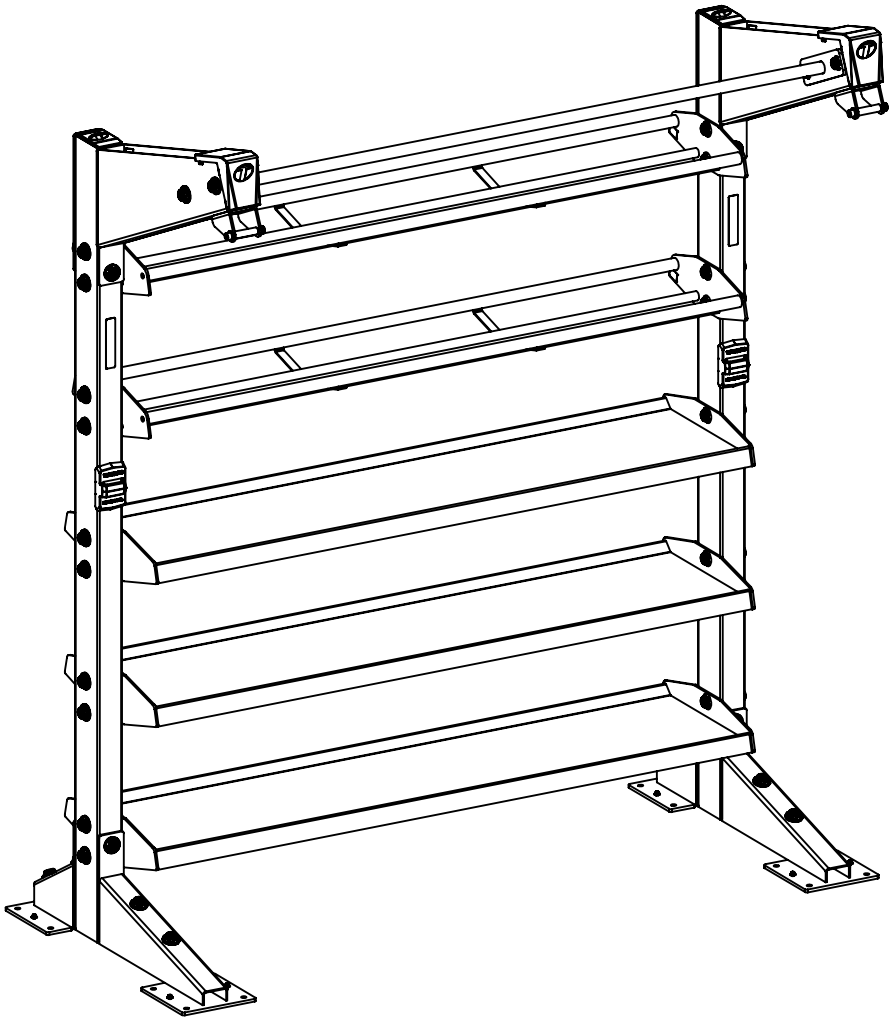
LOOSELY assemble bolt connections in this step.

Repeat this step for as many modules there are to assemble.

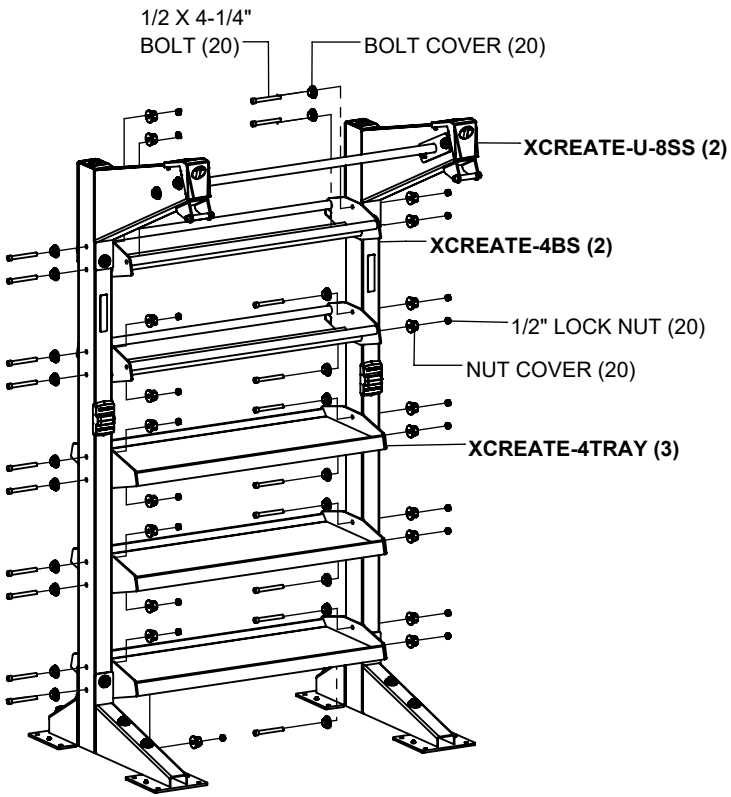


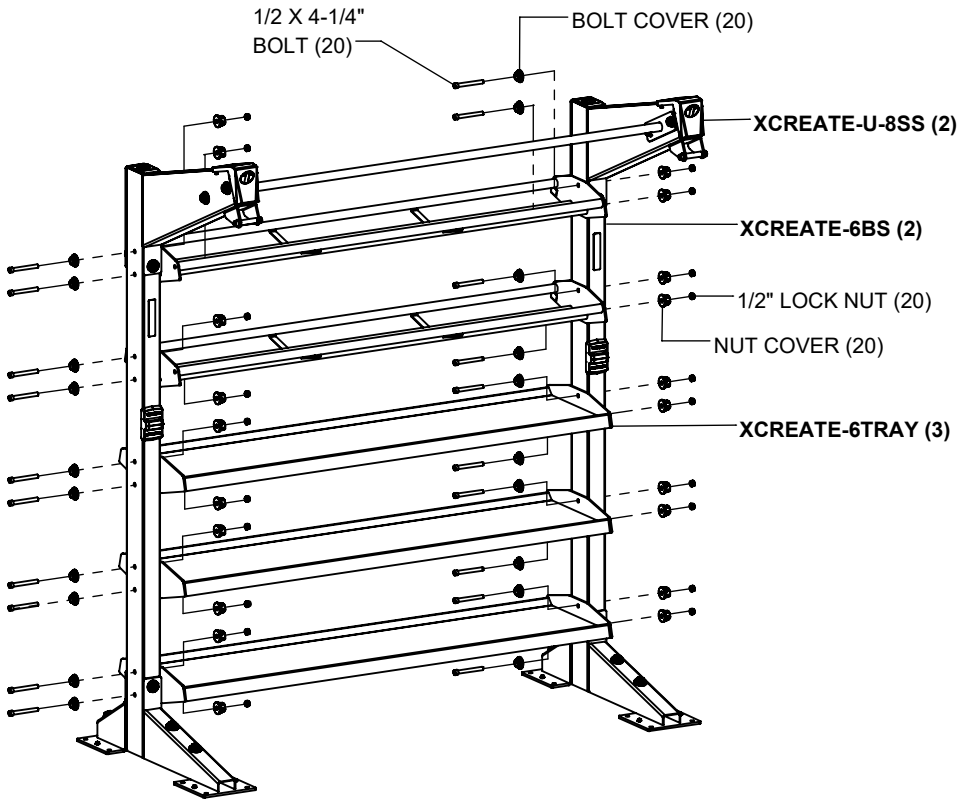
4' / 6' STORAGE MODULE





4' / 6' STORAGE MODULE

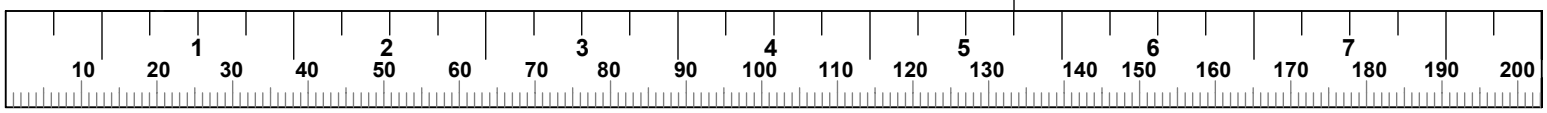




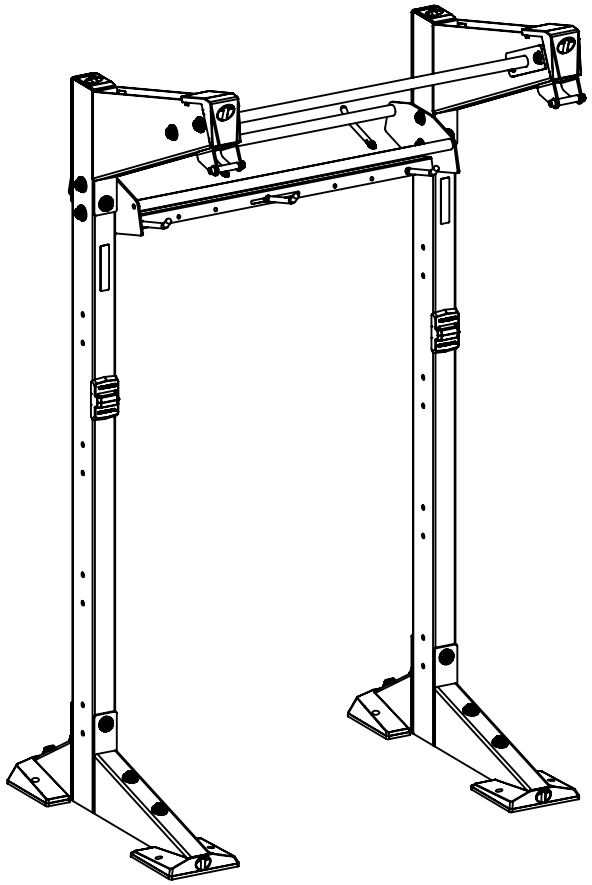
NOTES:

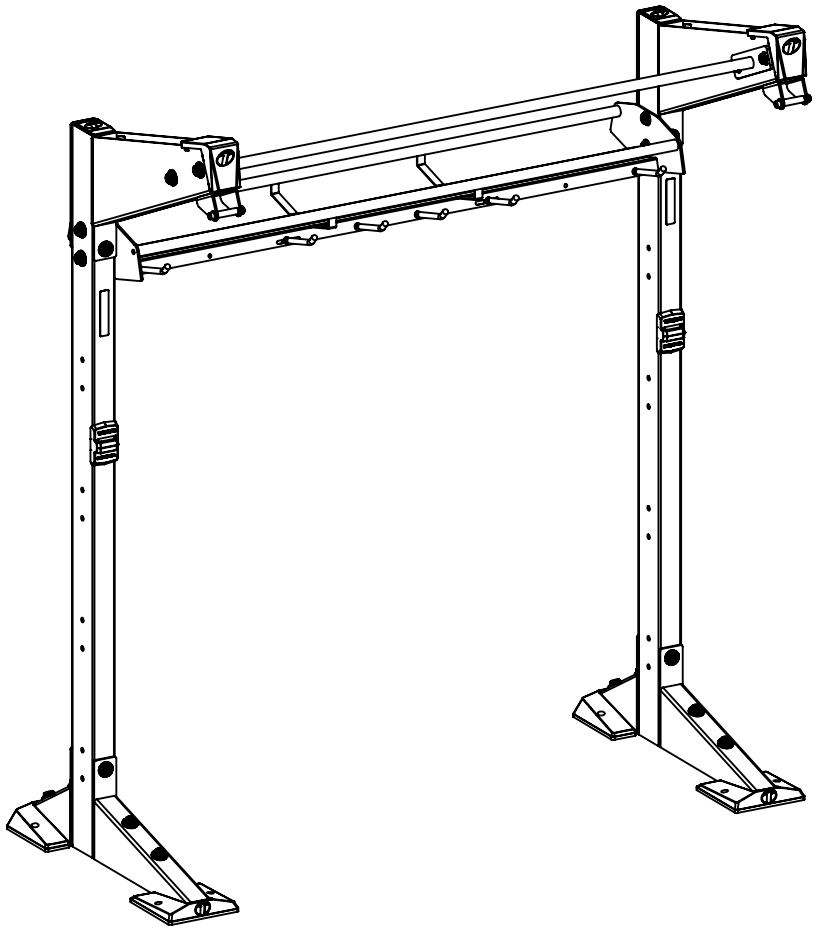
If more modules will be assembled, do not tighten bolts at this time. If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

The **XCREATE-U-7SS** is assembled the exact same way.

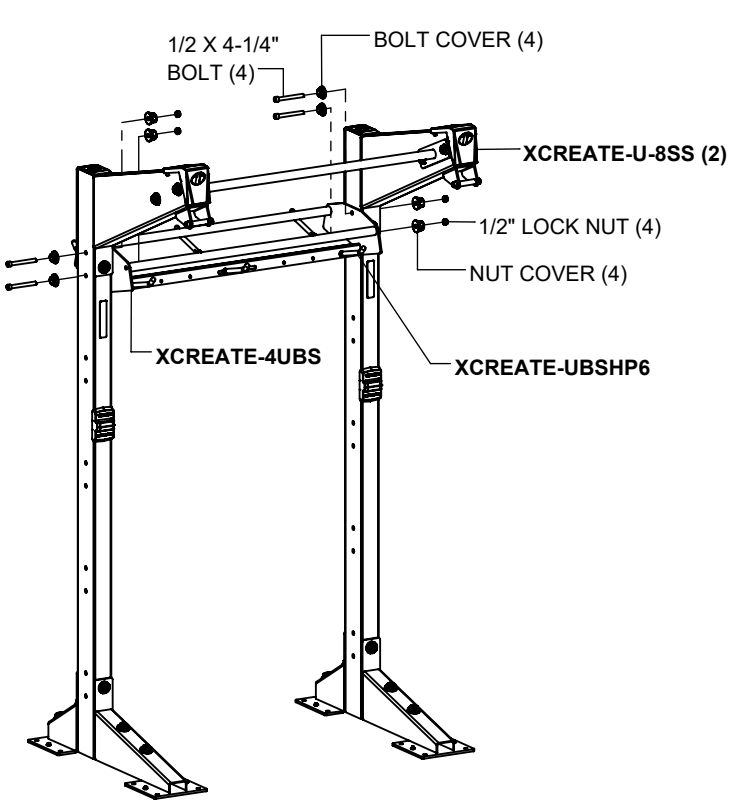


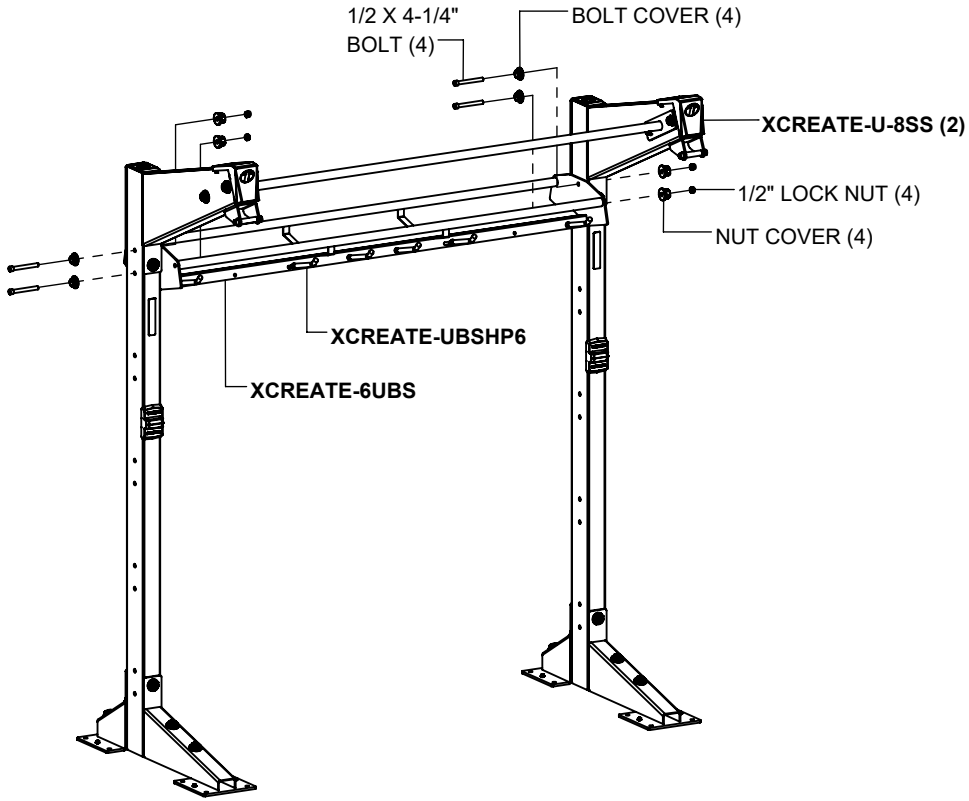
4' / 6' UNIVERSAL BALL & HANGING STORAGE MODULE





4' / 6' UNIVERSAL BALL & HANGING STORAGE MODULE

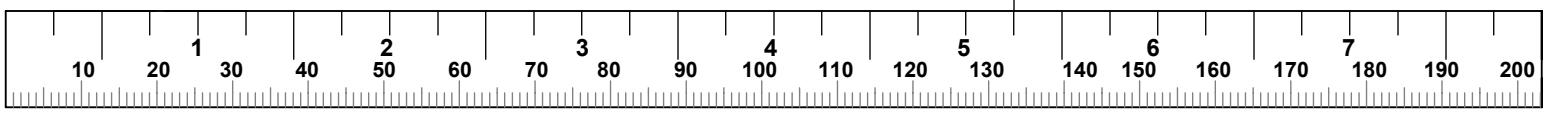




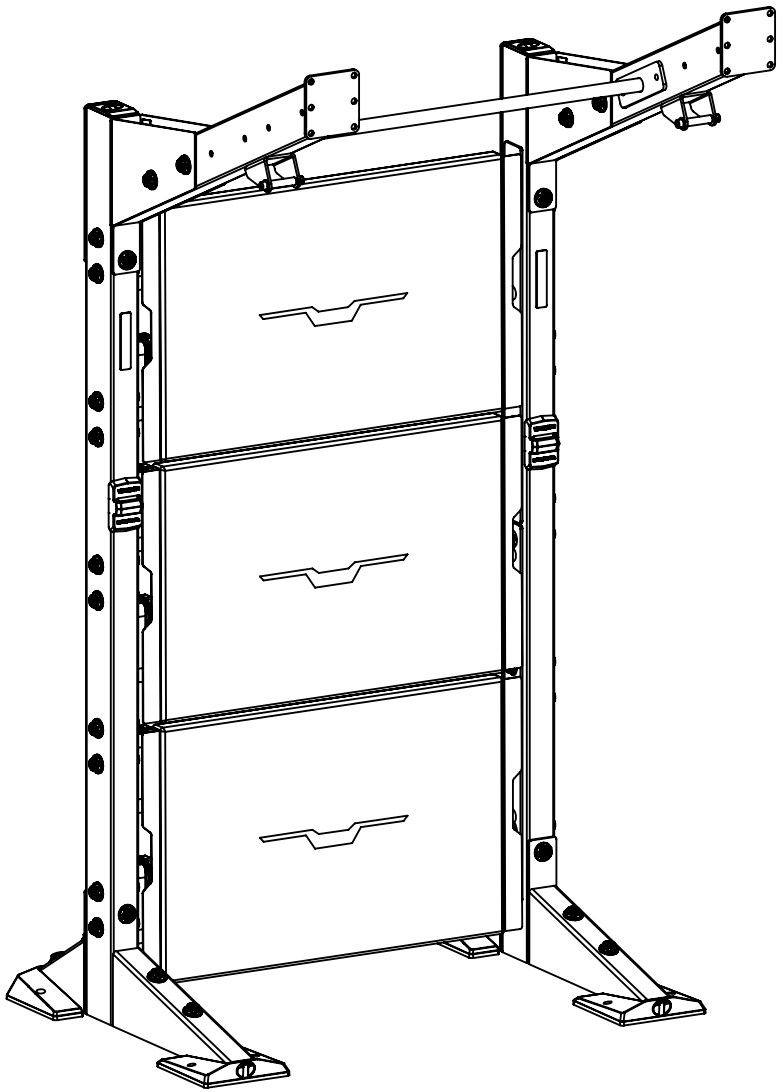
NOTES:

If more modules will be assembled, do not tighten bolts at this time. If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

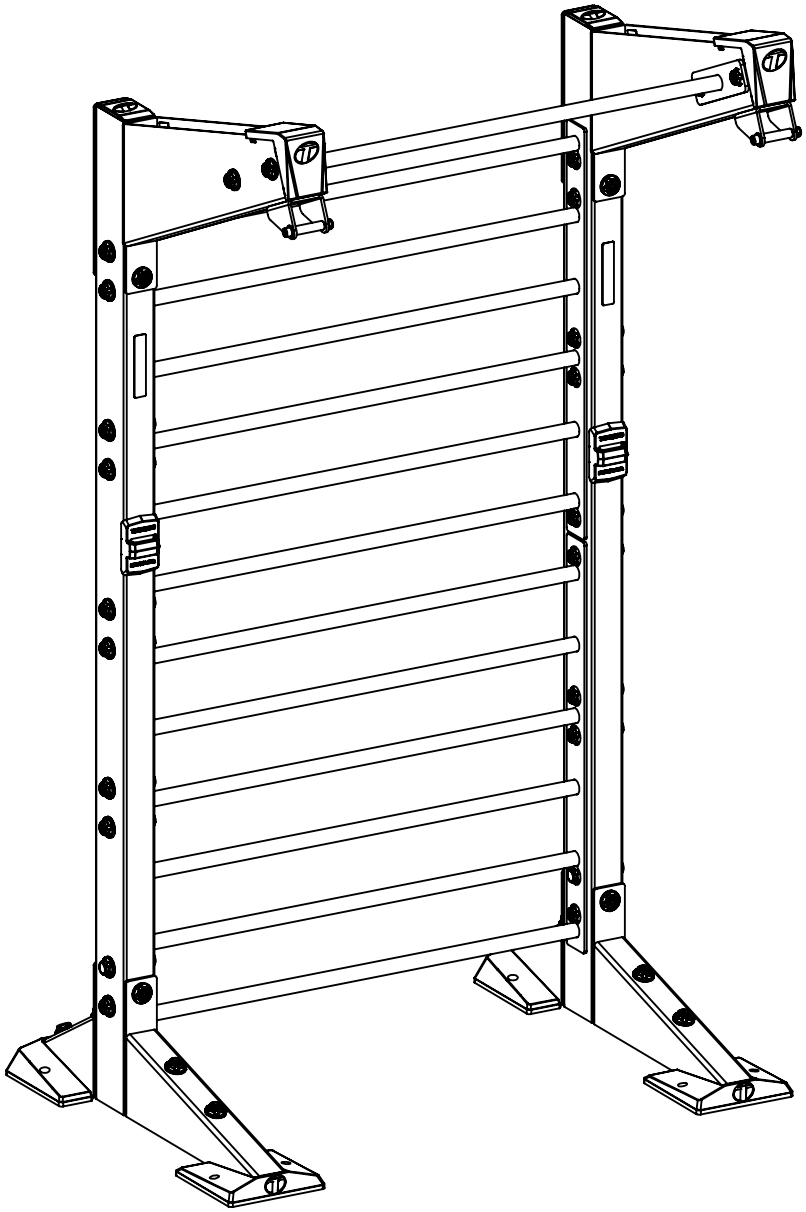
The **XCREATE-U-7SS** is assembled the exact same way.



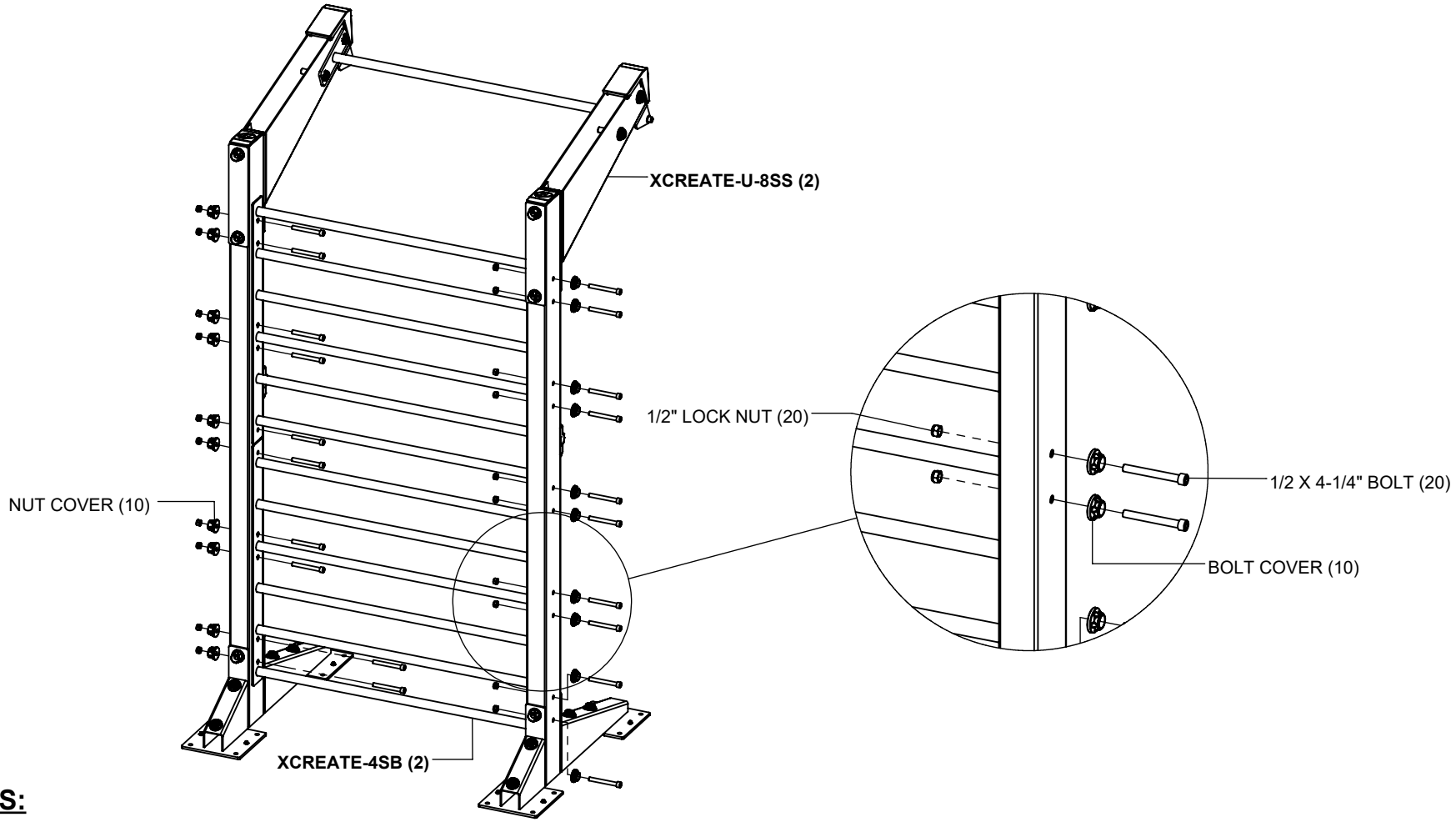
4' BALL TARGET WALL PAD MODULE



4' STALL BAR MODULE



4' STALL BAR MODULE



NOTES:

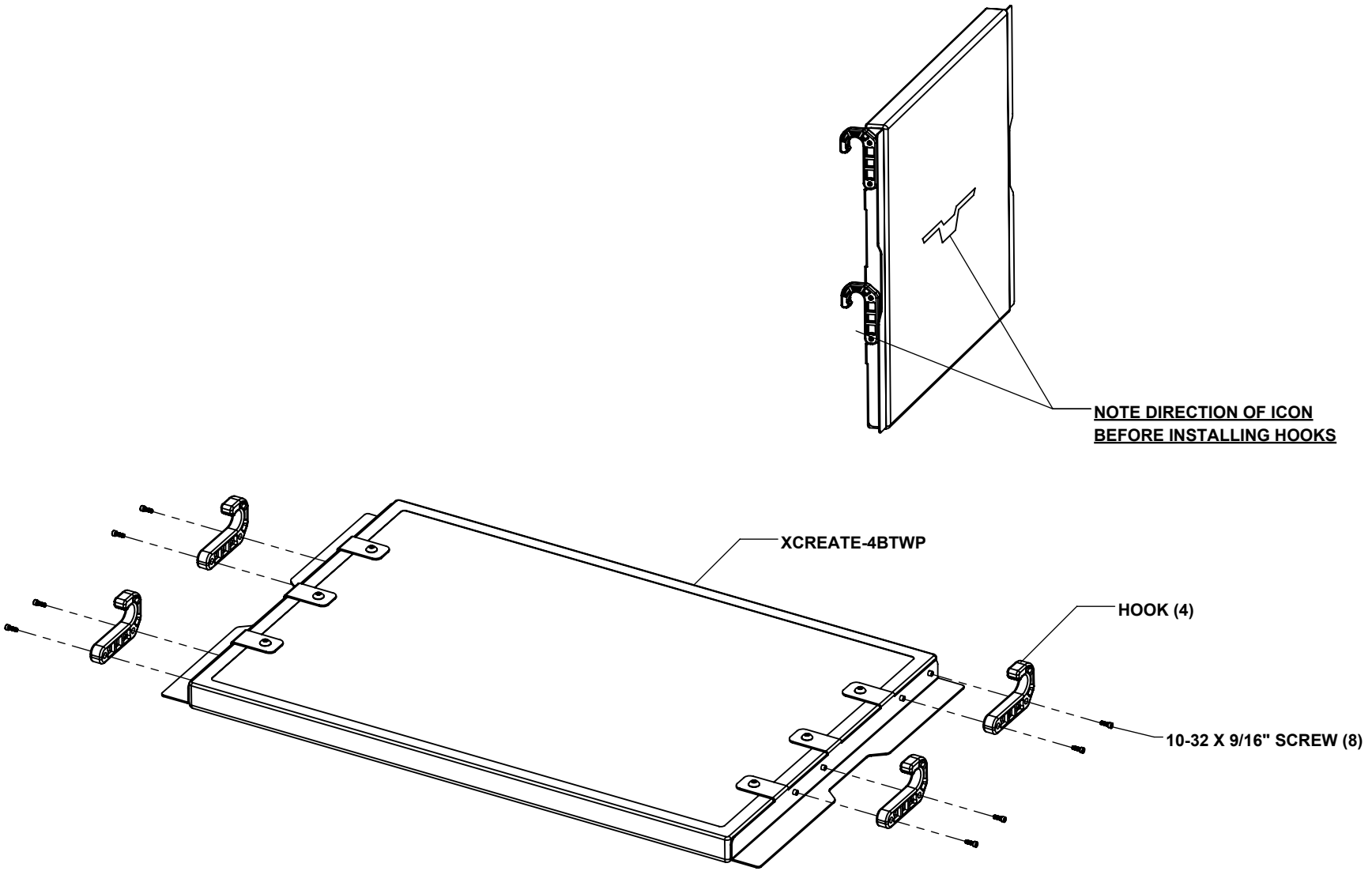
If more modules will be assembled, do not tighten bolts at this time. If this is the only module being assembled, then **SECURELY** tighten all bolts made in this step and previous steps.

(*) HARDWARE COVERS **CAN** be used in place of washers on **tube side only**. **(SEE PAGE 3)**.

(**) HARDWARE COVERS **CANNOT** be used on plate side.

The **XCREATE-U-7SS** is assembled the exact same way.

4' BALL TARGET WALL PADS

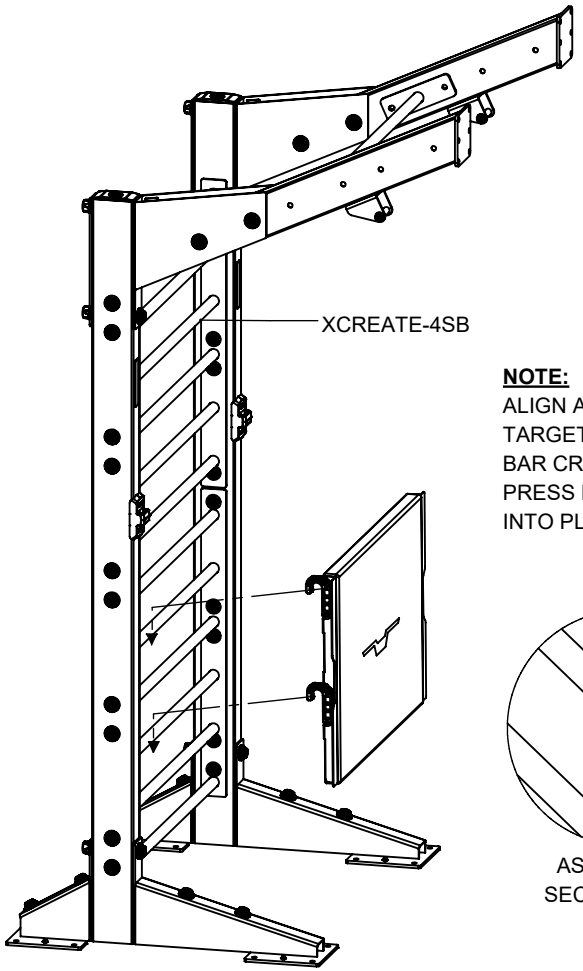


NOTES:

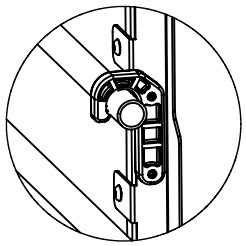
SECURELY TIGHTEN, DO NOT OVER TIGHTEN all bolted connections in this step.

Repeat this step for all ball target pads.

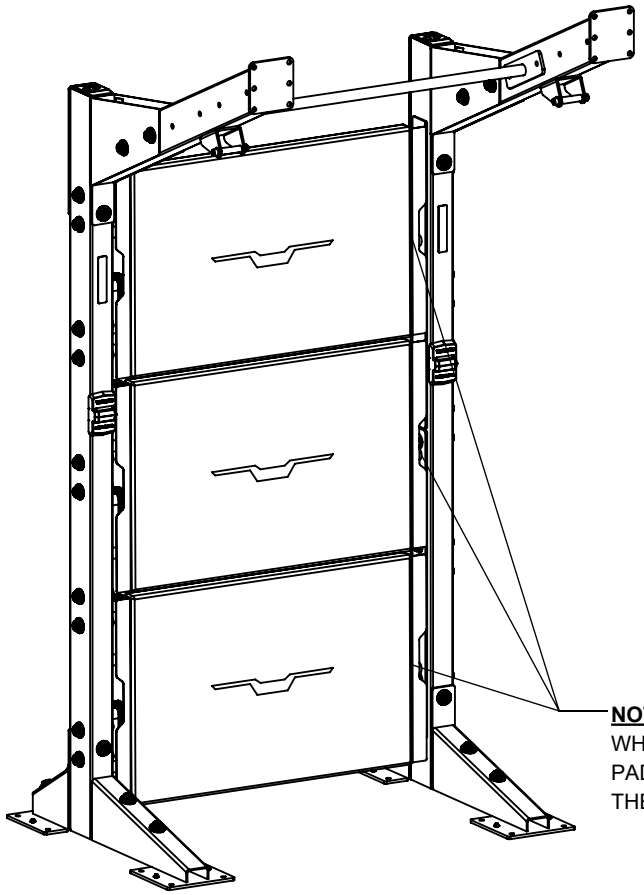
4' BALL TARGET WALL PAD MODULE



NOTE:
ALIGN AND HOOK BALL TARGET PADS OVER STALL BAR CROSSMEMBERS. PRESS PAD DOWN TO LOCK INTO PLACE



ASSEMBLED SECTION VIEW



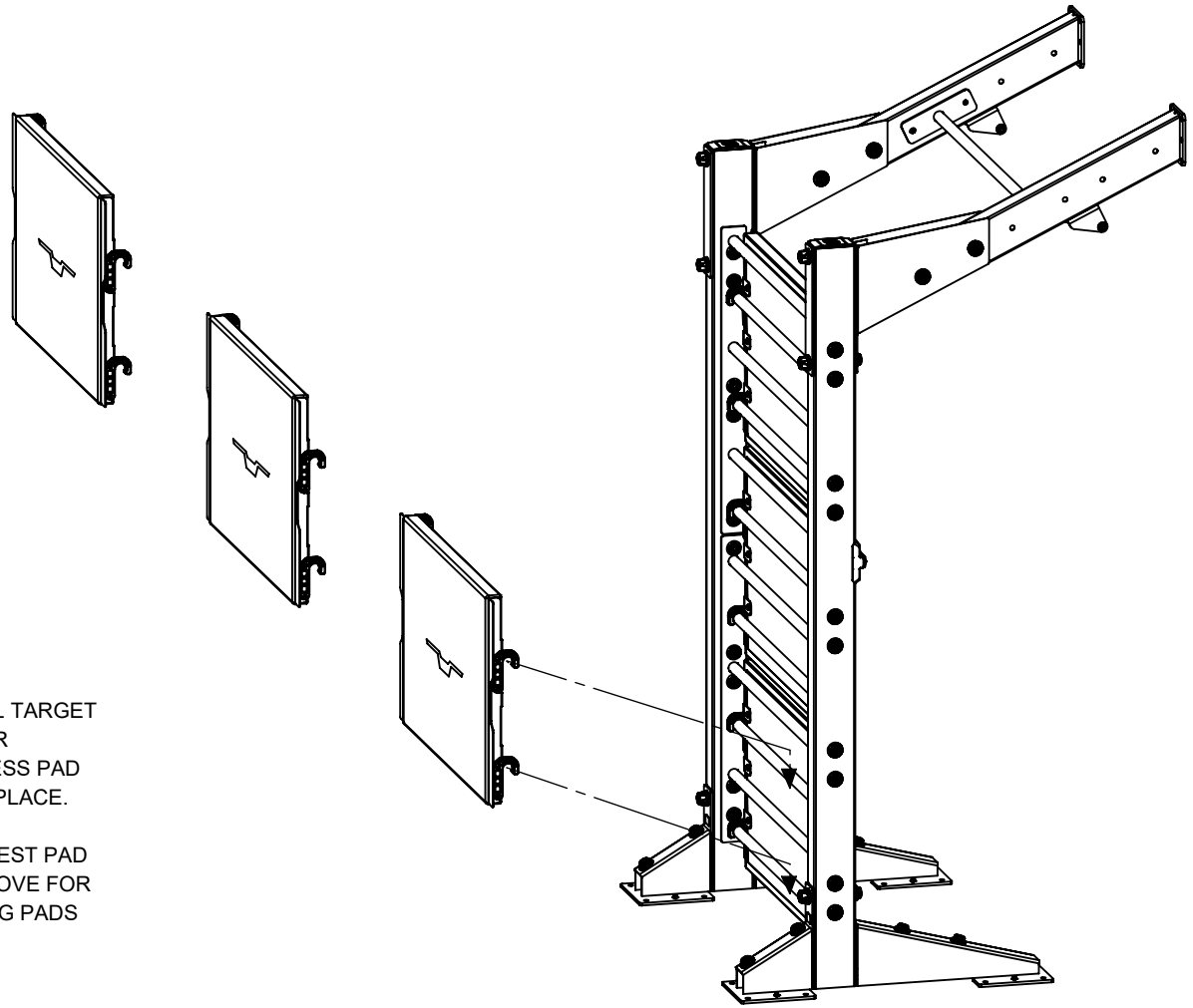
NOTE:
WHEN INSTALLING MULTIPLE PADS ALWAYS START WITH THE LOWEST PAD.

NOTES:

XCREATE 4' STALL BAR MODULE is required for installing the ball target wall pads. Reference previous steps for installing the stall bars.

Ball target wall pads can be removed and replaced as needed.

4' BALL TARGET WALL PADS



NOTE:
ALIGN AND HOOK BALL TARGET PADS OVER STALL BAR CROSSMEMBERS. PRESS PAD DOWN TO LOCK INTO PLACE.

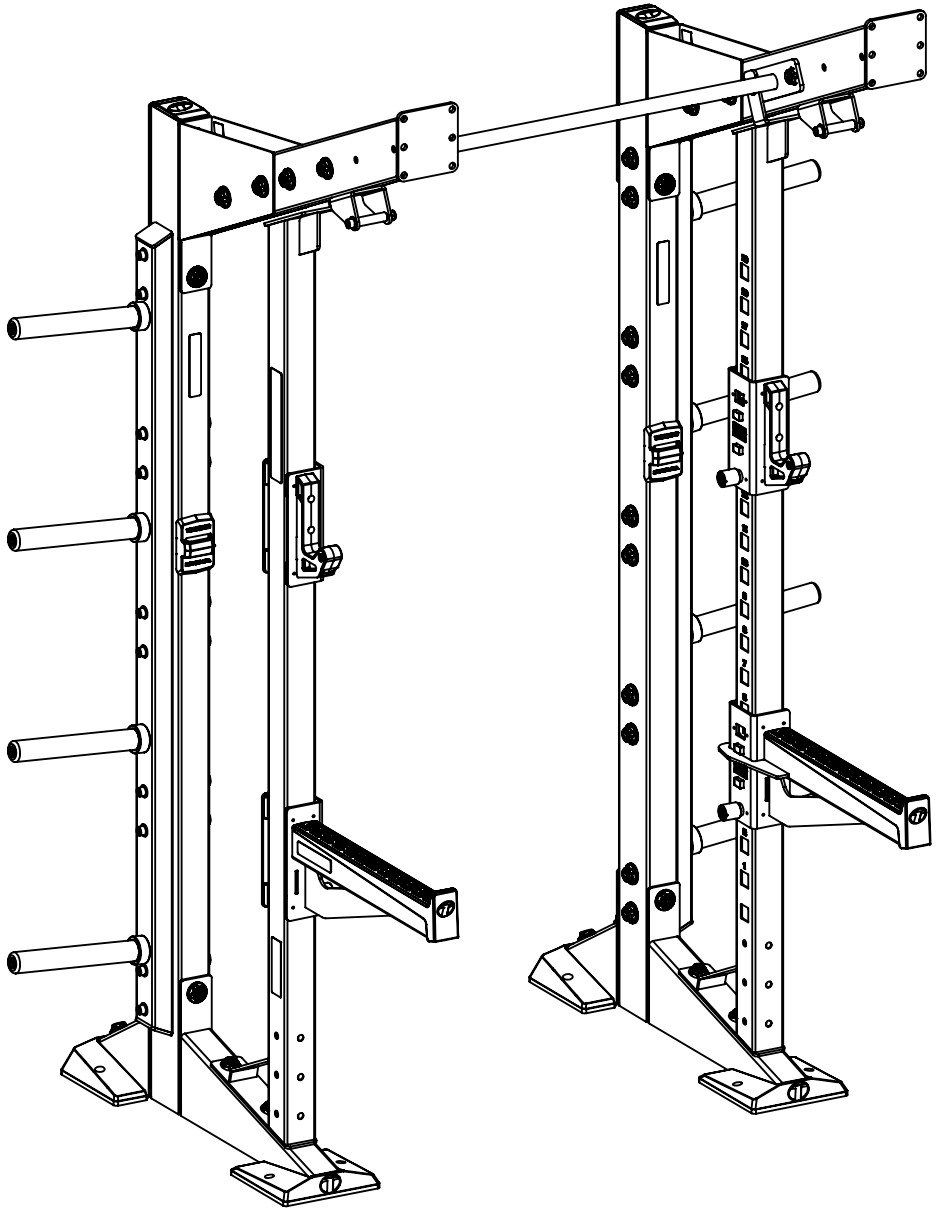
START WITH THE LOWEST PAD AND REPEAT STEP ABOVE FOR INSTALLING REMAINING PADS

NOTES:

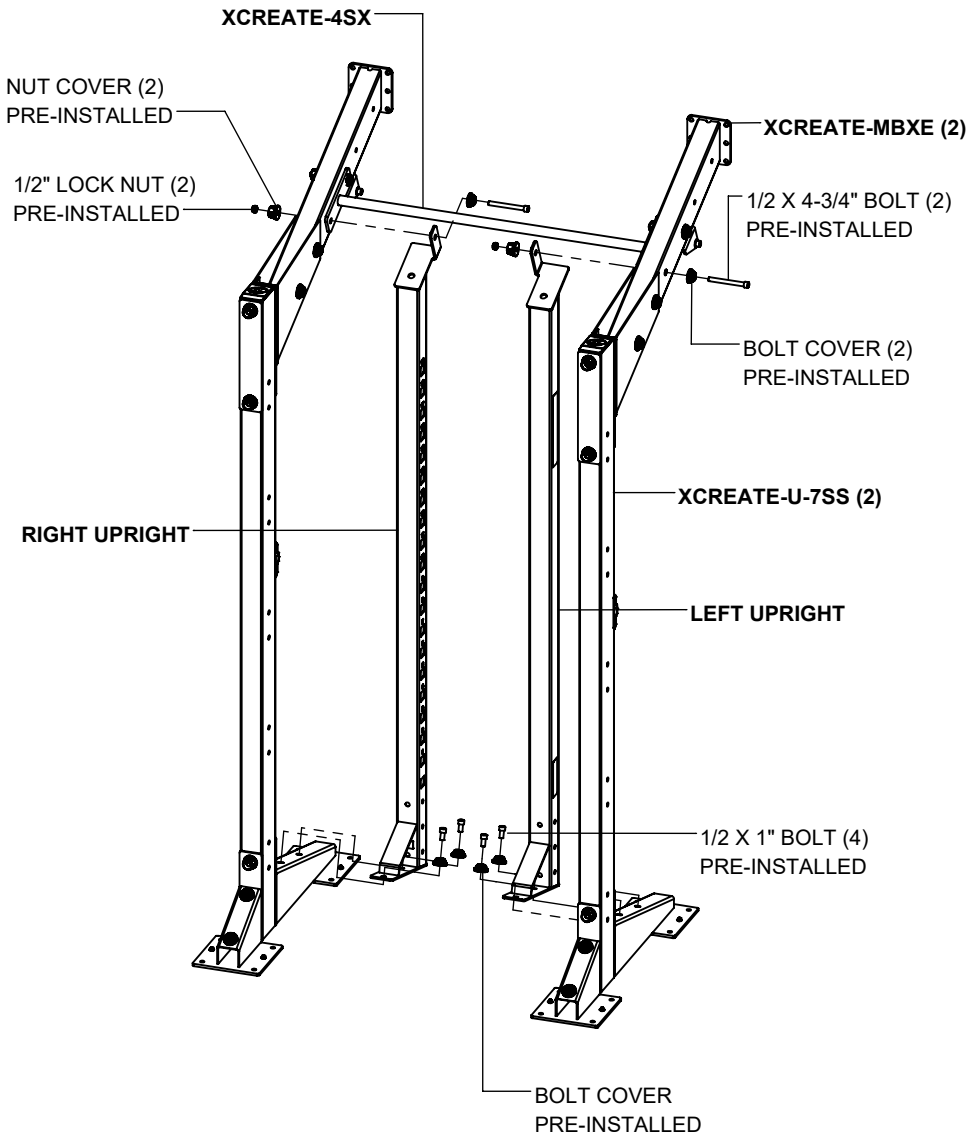
XCREATE 4' STALL BAR MODULE is required for installing the ball target wall pads. Reference previous steps for installing the stall bars.

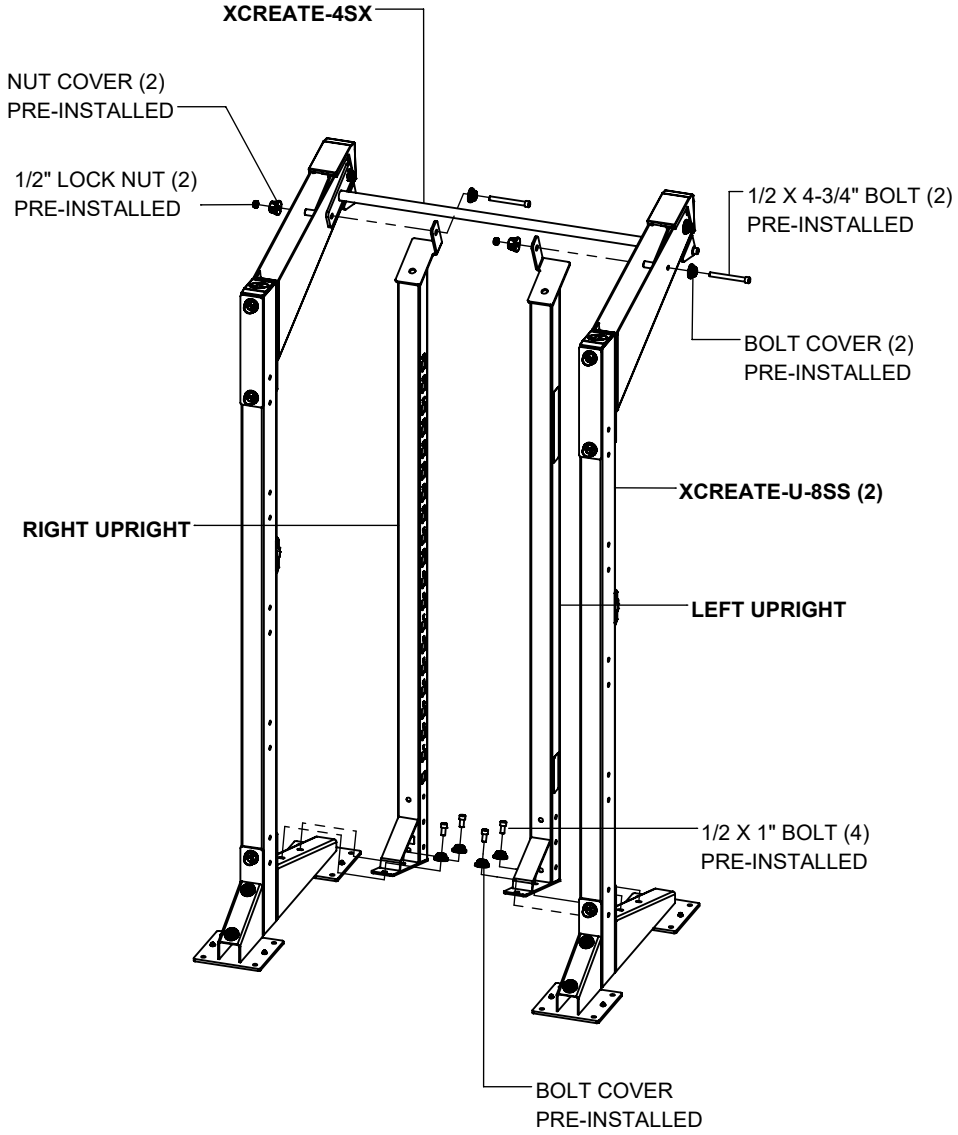
Ball target wall pads can be removed and replaced as needed.

8' OLYMPIC LIFTING STATION MODULE



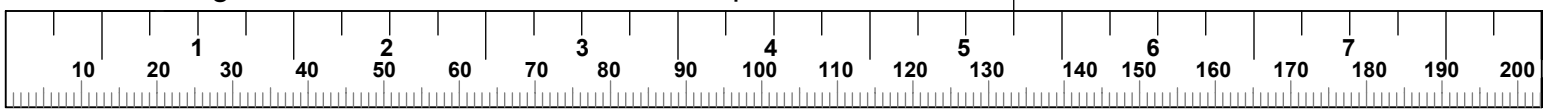
8' OLYMPIC LIFTING STATION MODULE



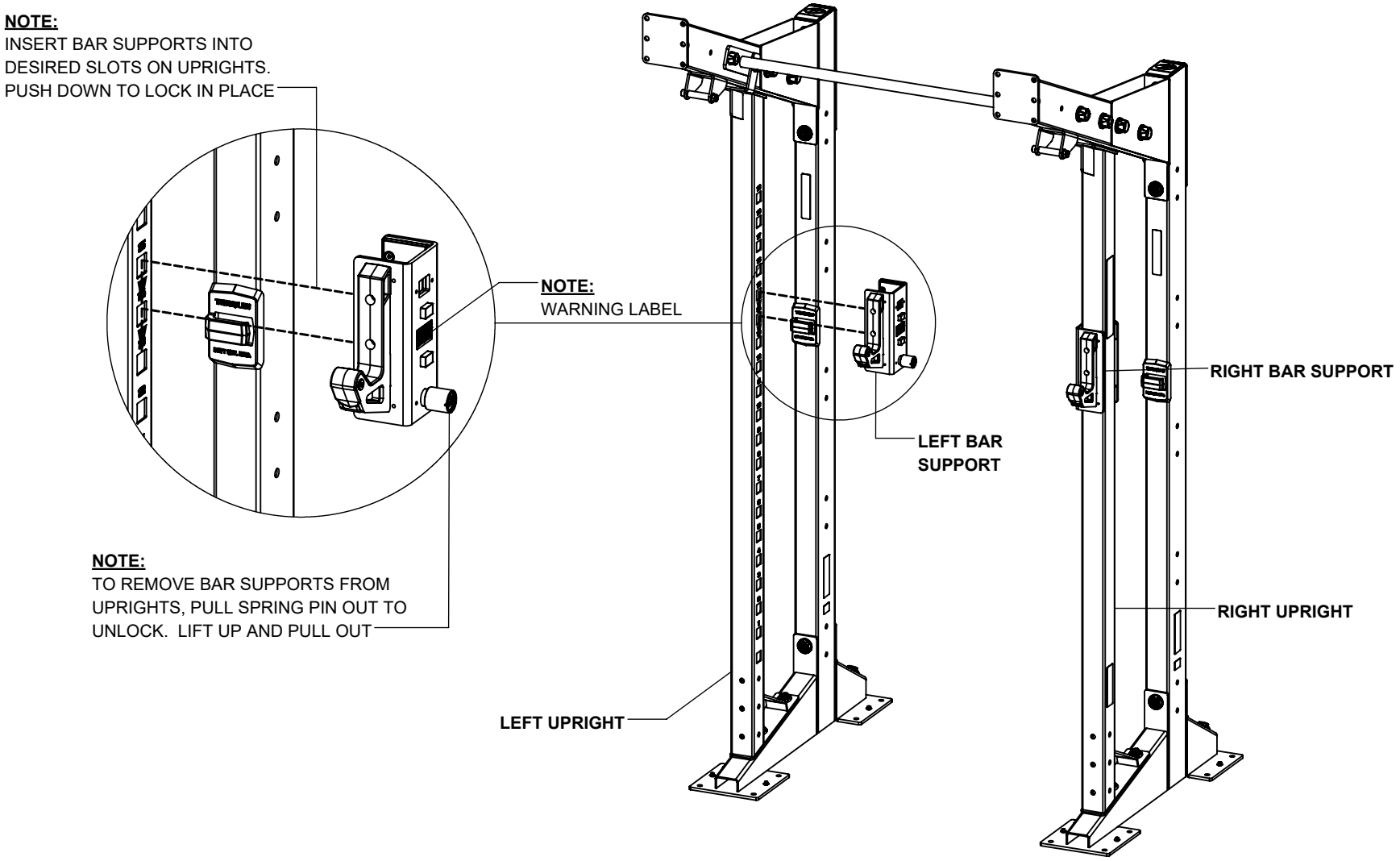


NOTES:

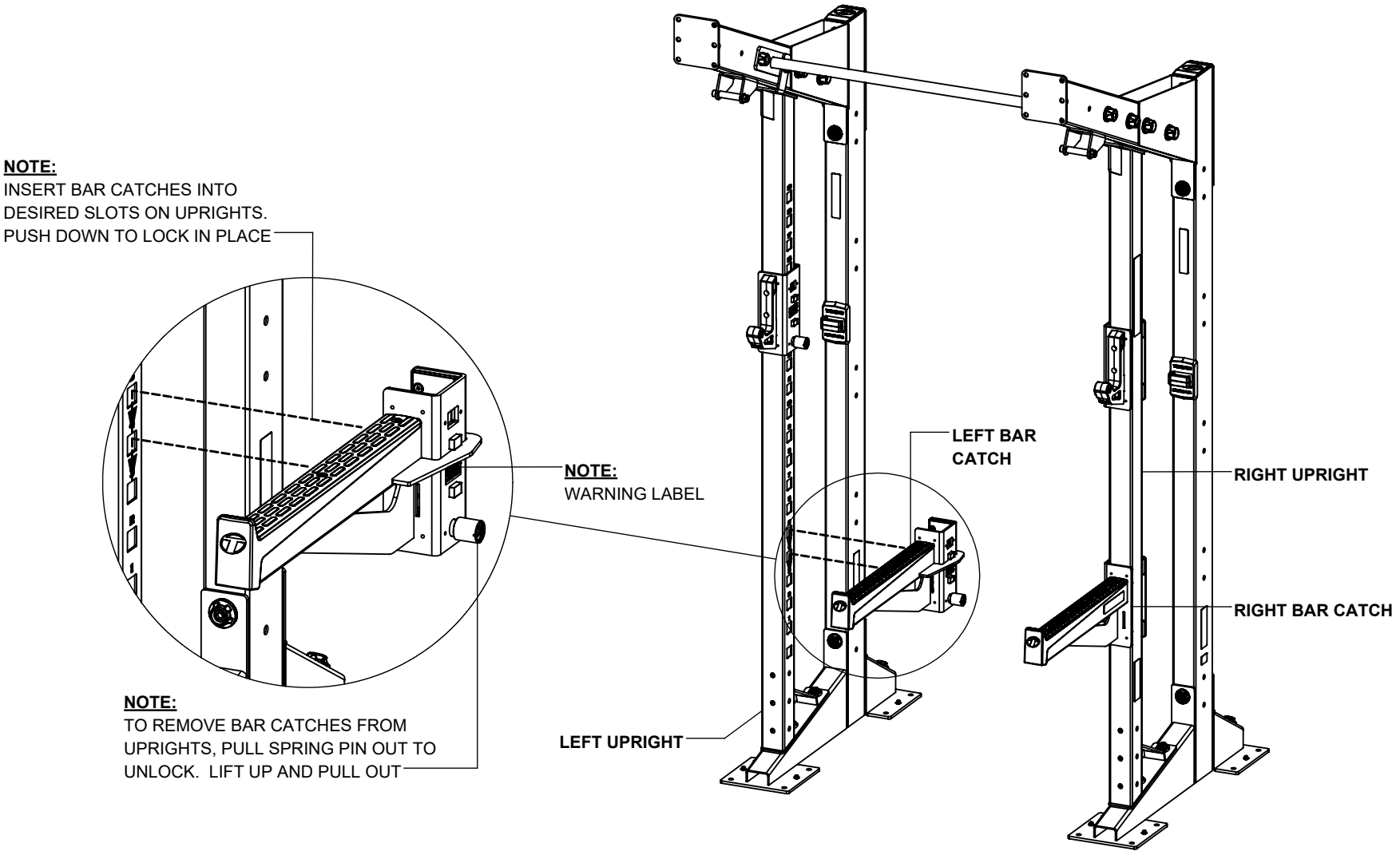
SECURELY tighten all bolt connections in this step.



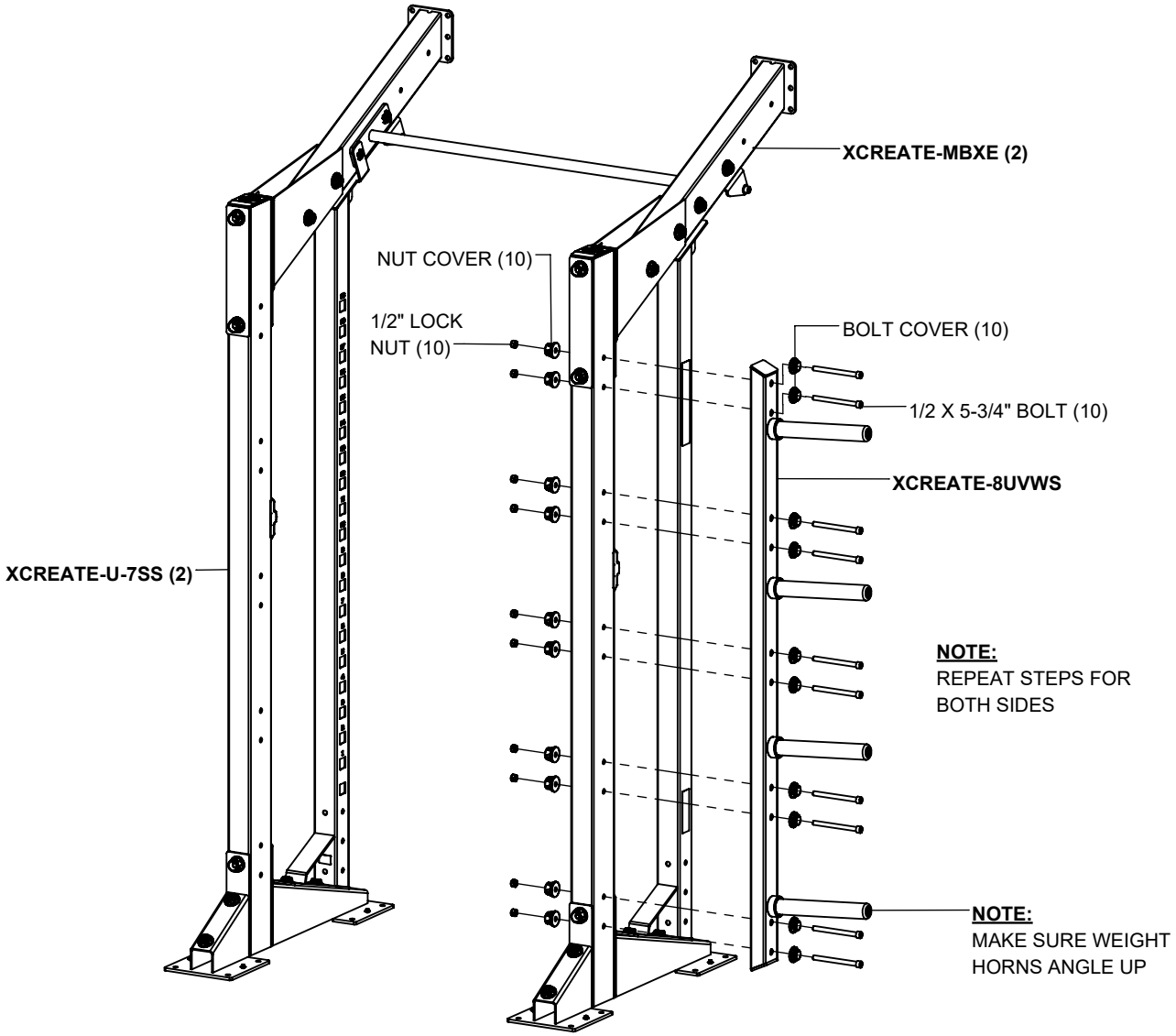
8' OLYMPIC LIFTING STATION MODULE



8' OLYMPIC LIFTING STATION MODULE



8' OLYMPIC LIFTING STATION MODULE



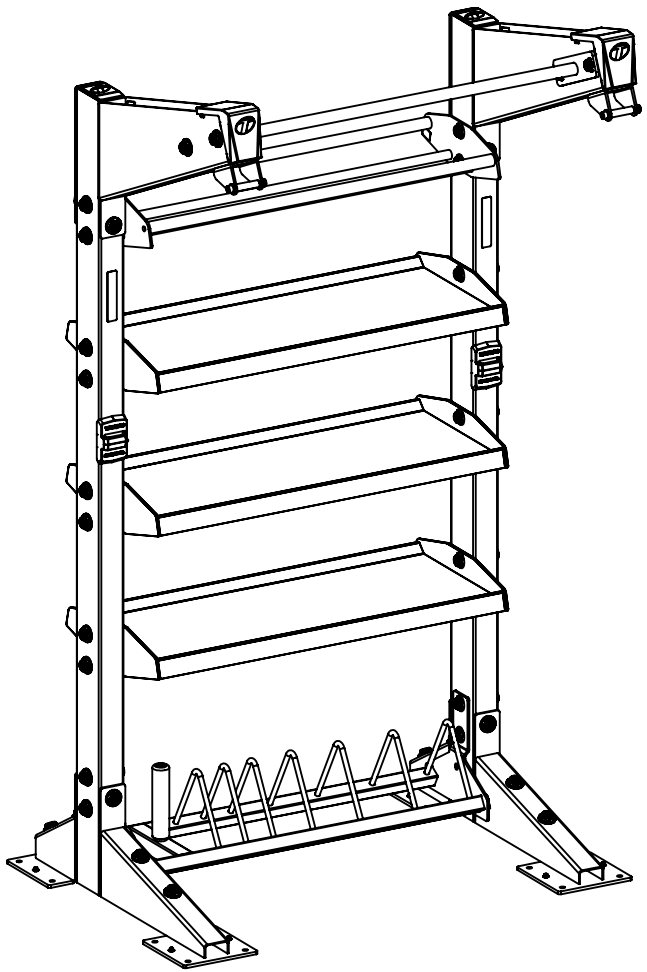
NOTES:

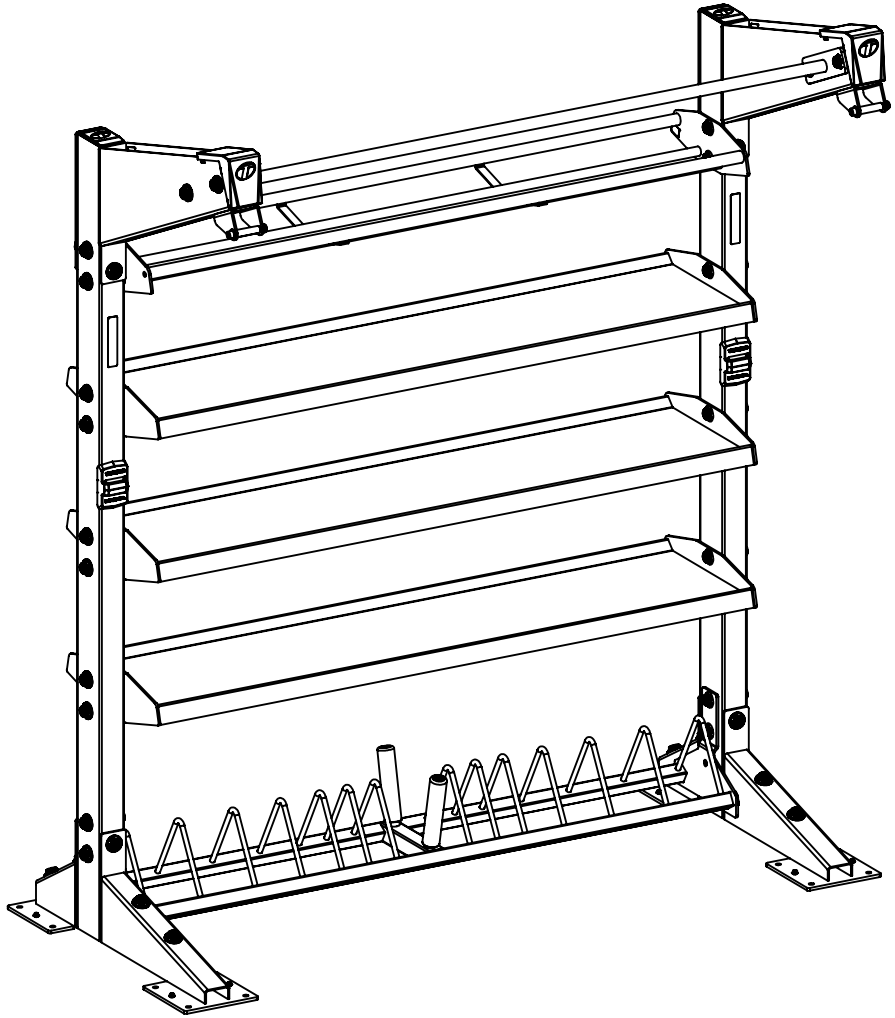
SECURELY tighten all bolt connections in this step.

REPEAT STEPS for both sides as needed.

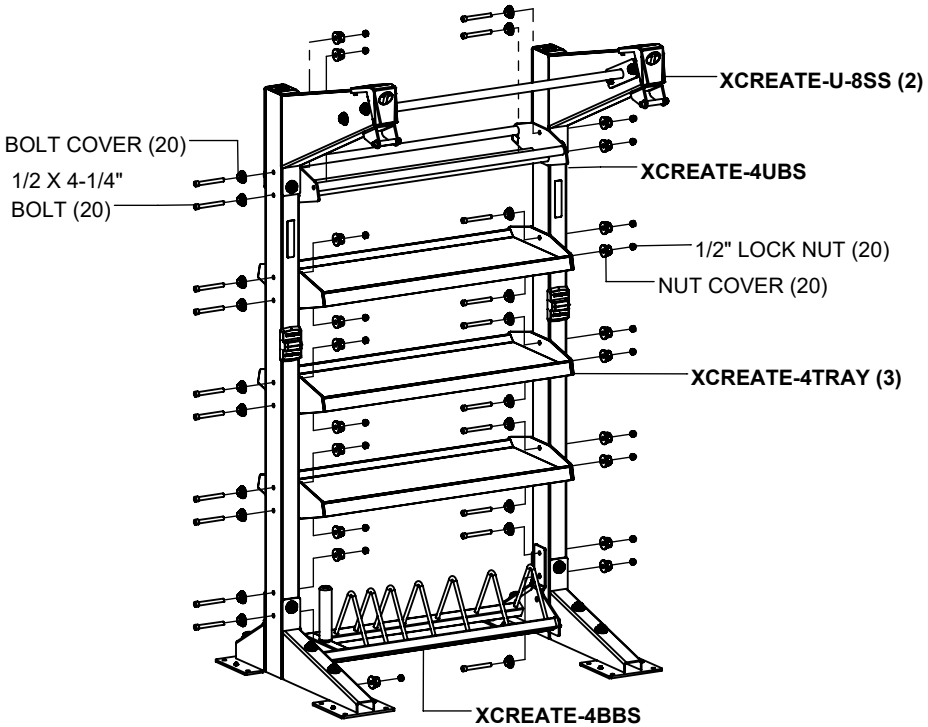
The **XCREATE-U-8SS** is assembled the exact same way.

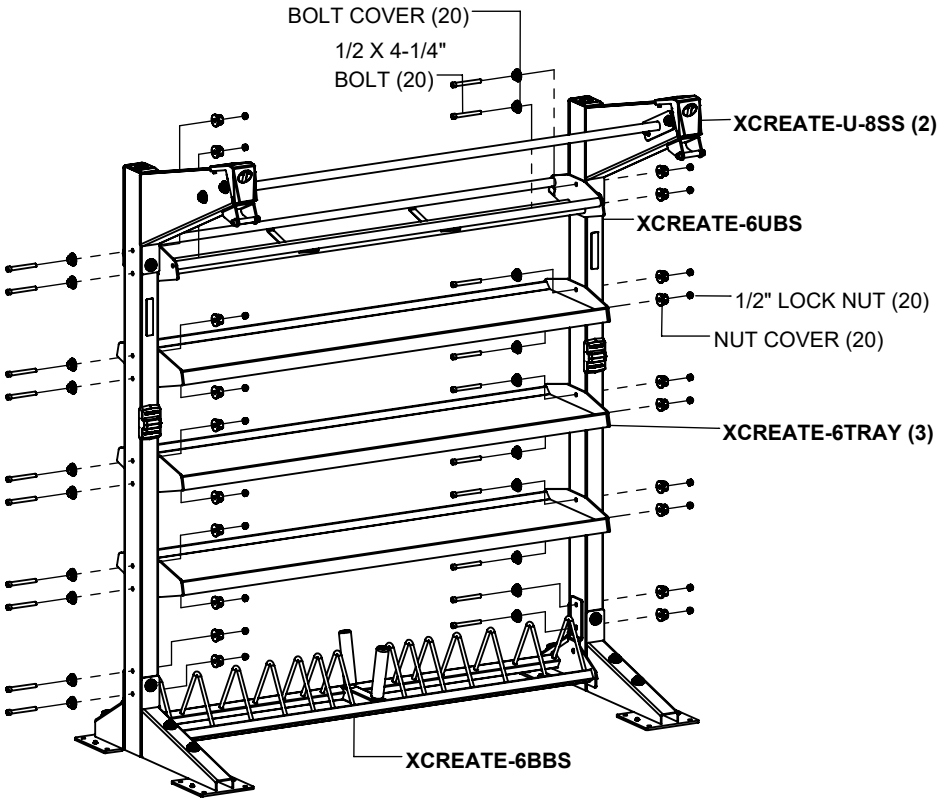
4' / 6' ACCESSORY & BUMPER BOOKSHELF STORAGE MODULE





4' / 6' ACCESSORY & BUMPER BOOKSHELF STORAGE MODULE

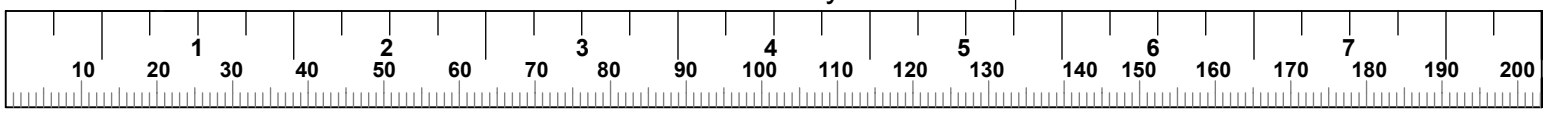




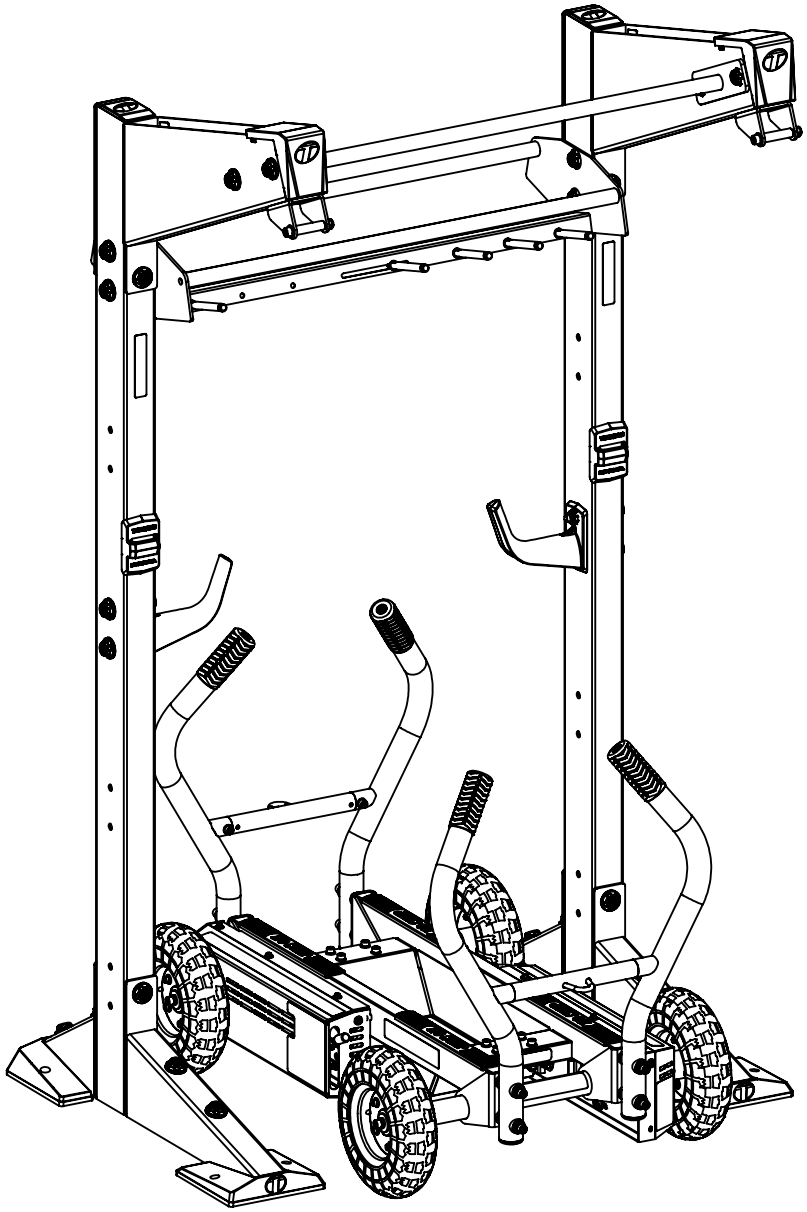
NOTES:

If more modules will be assembled, do not tighten bolts at this time. If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

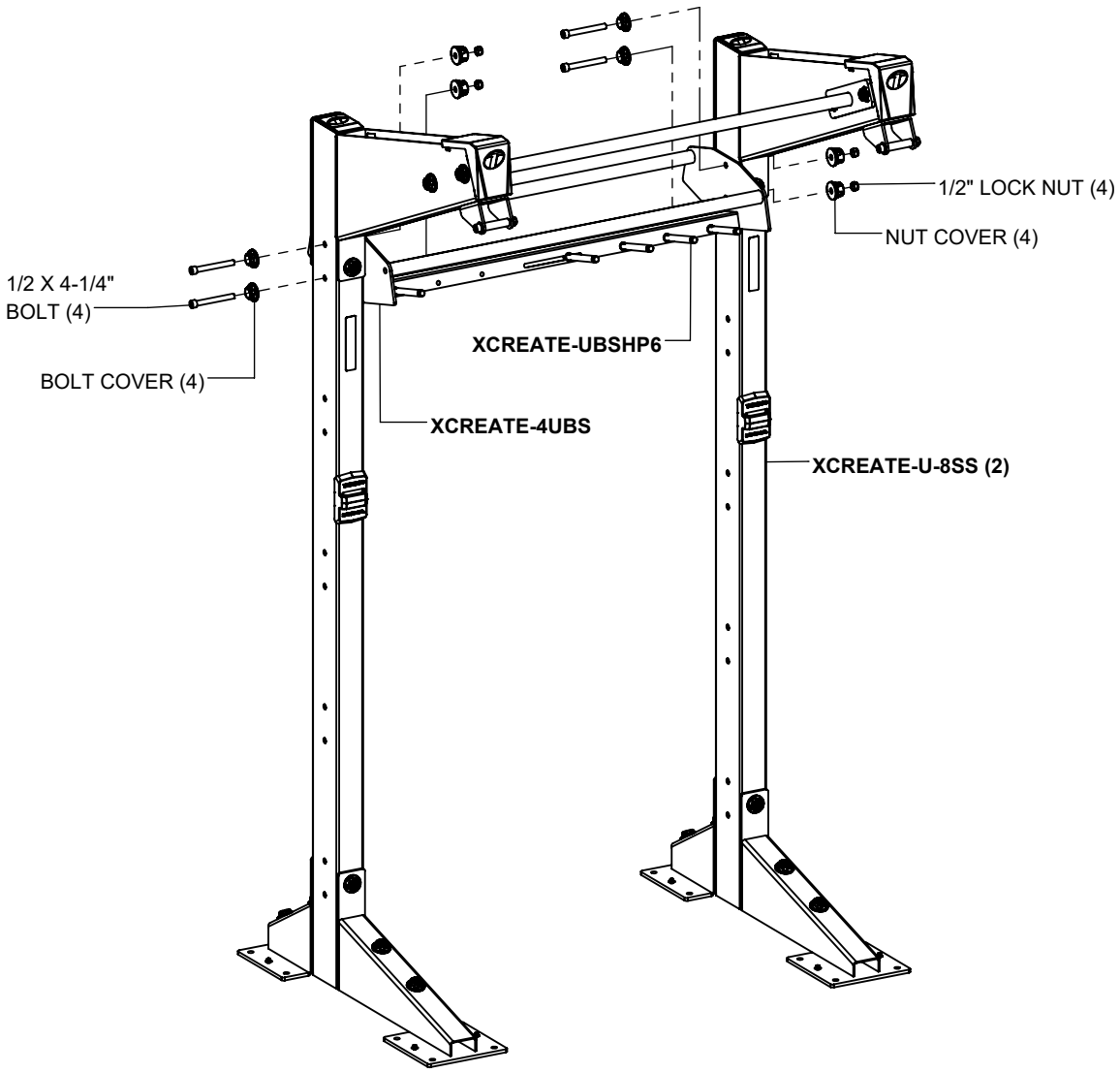
The **XCREATE-U-7SS** is assembled the exact same way.



4' TANK DOCKING MODULE



4' TANK DOCKING MODULE

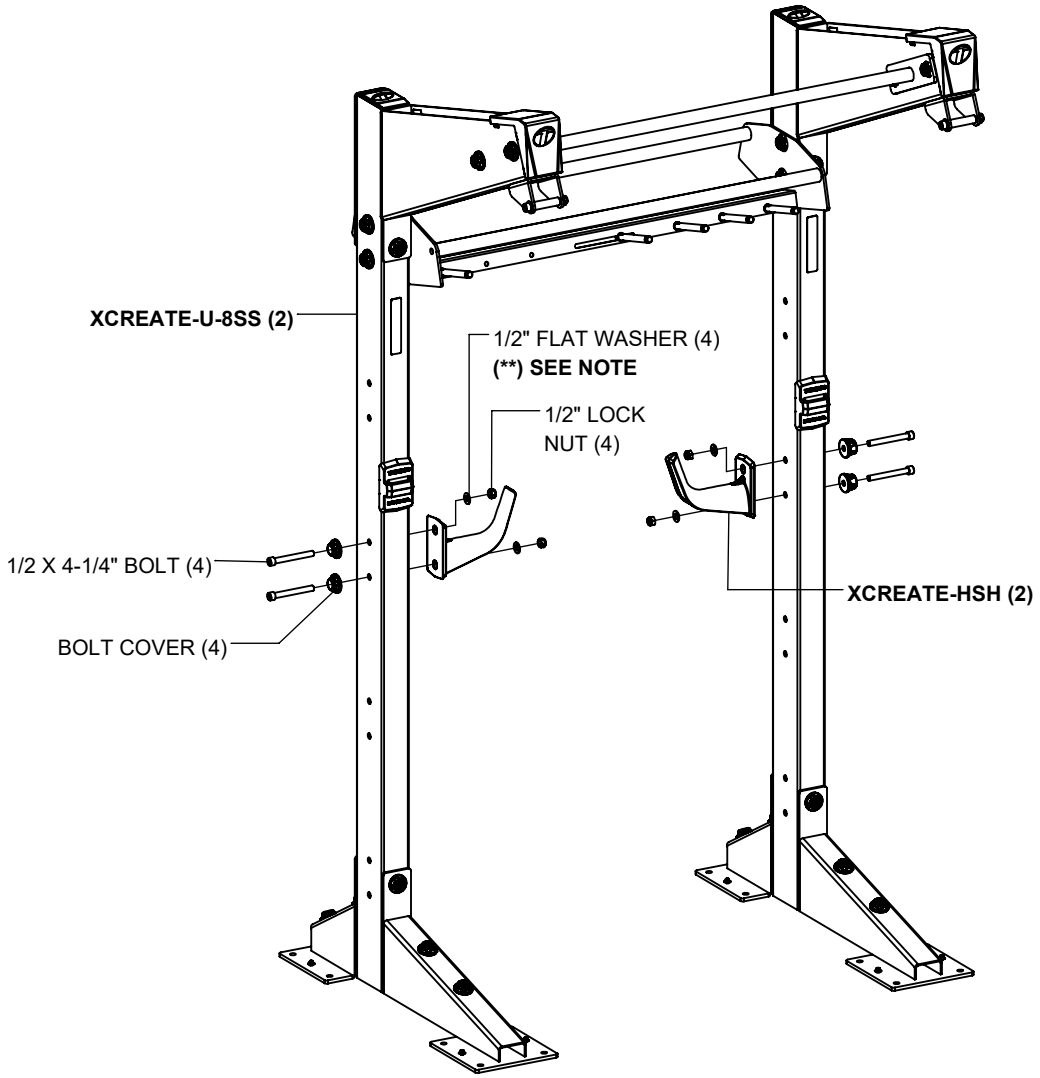


NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

The **XCREATE-U-7SS** is assembled the exact same way.

4' TANK DOCKING MODULE



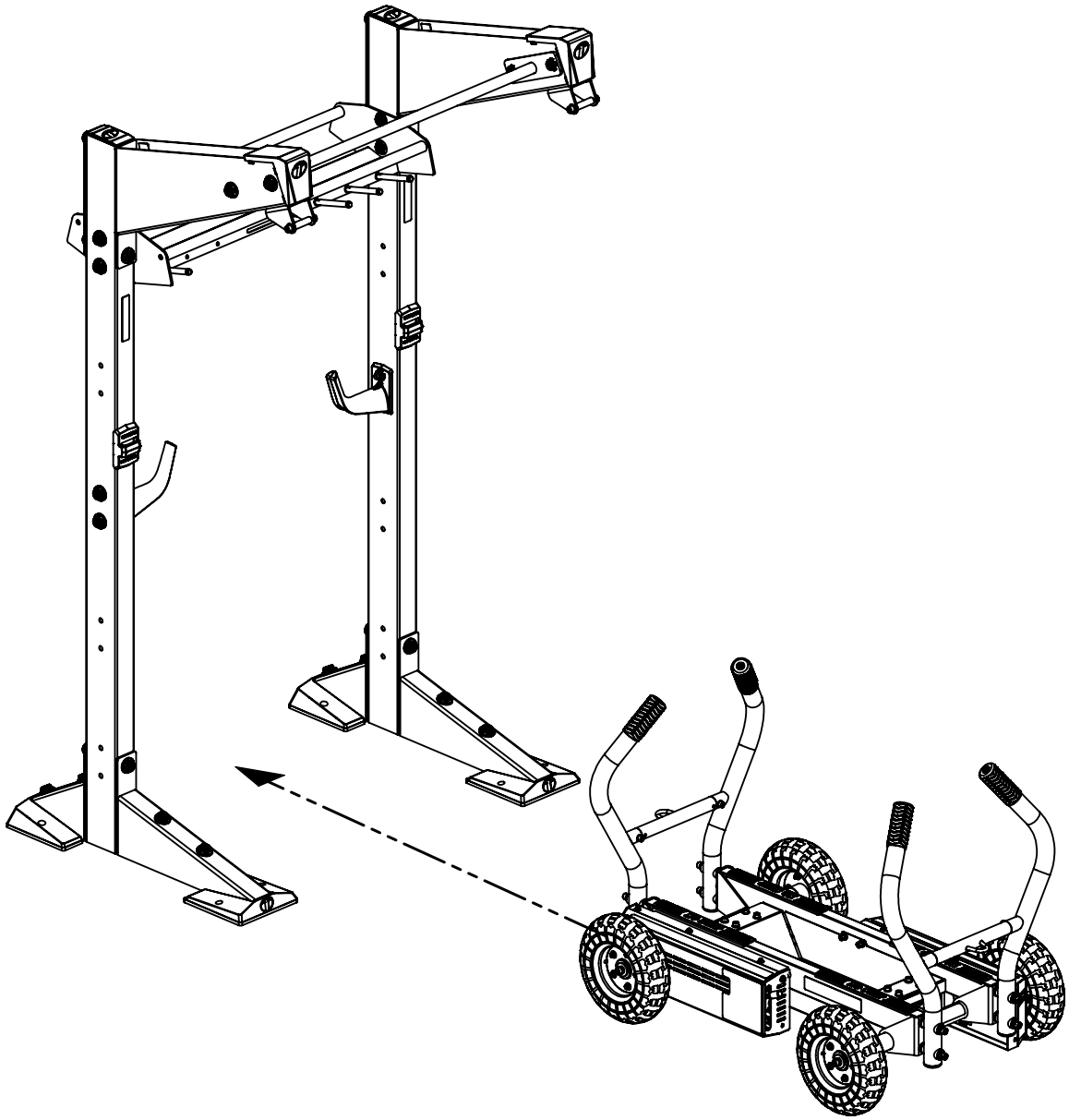
NOTES:

SECURELY tighten all bolt connections in this step.

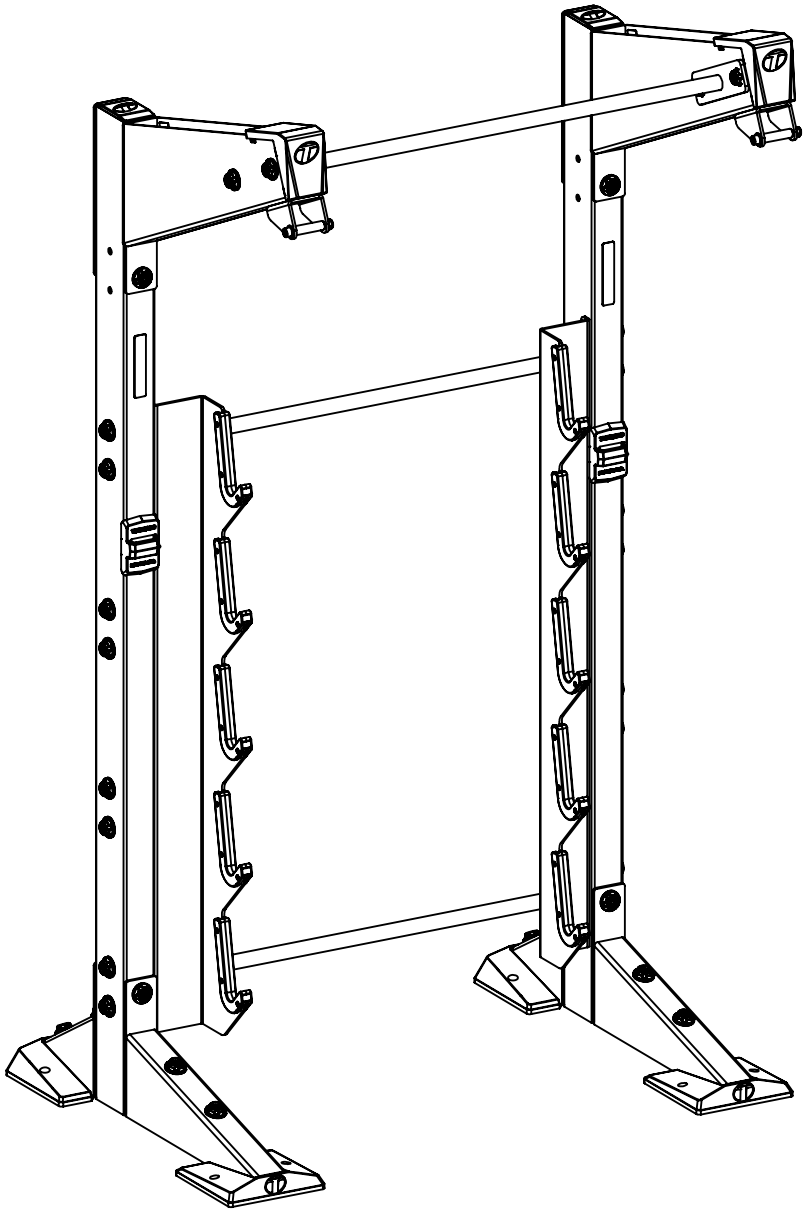
(**) HARDWARE COVER **CANNOT** be used on **HSH** side.

The **XCREATE-U-7SS** is assembled the exact same way.

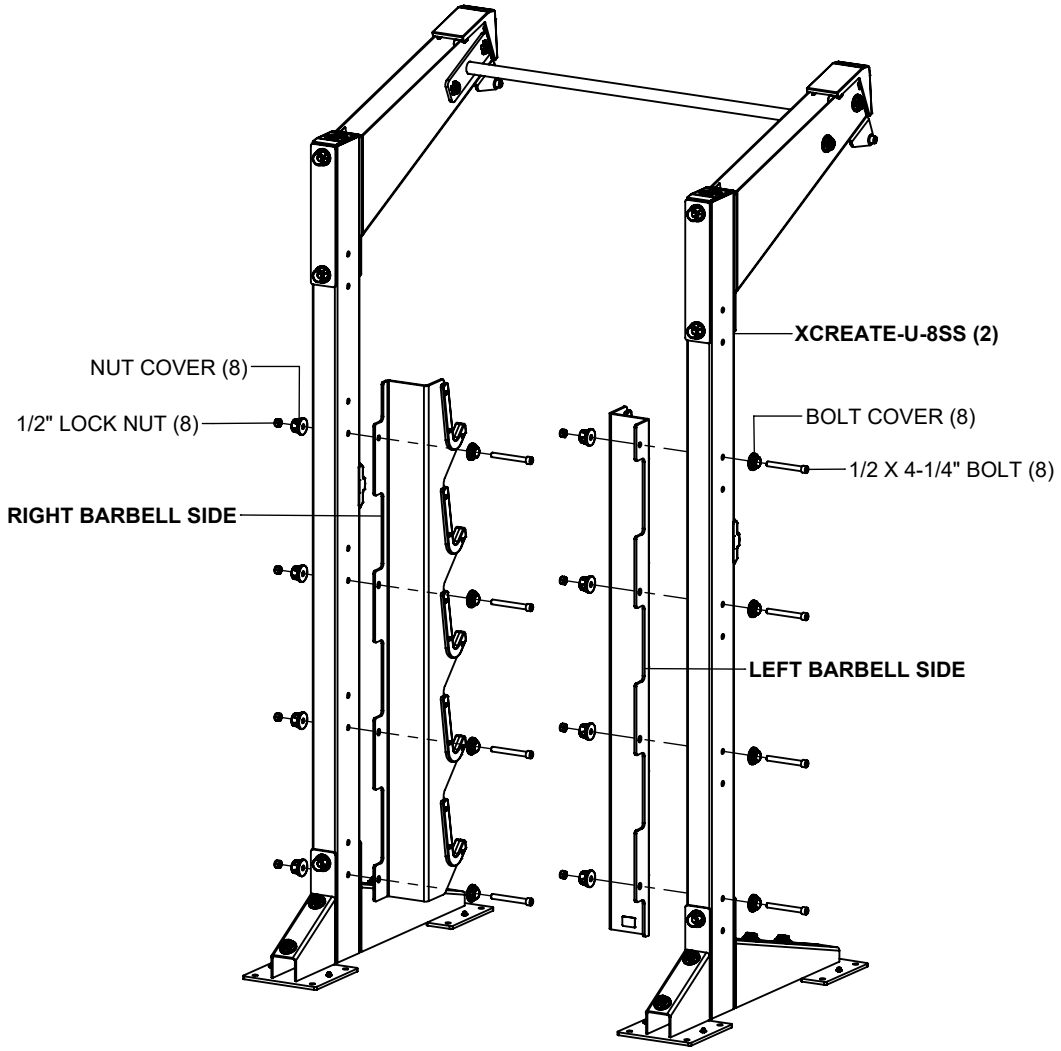
4' TANK DOCKING MODULE



4' X 5 BARBELL STORAGE MODULE



4' X 5 BARBELL STORAGE MODULE (WITHOUT CONNECTOR)

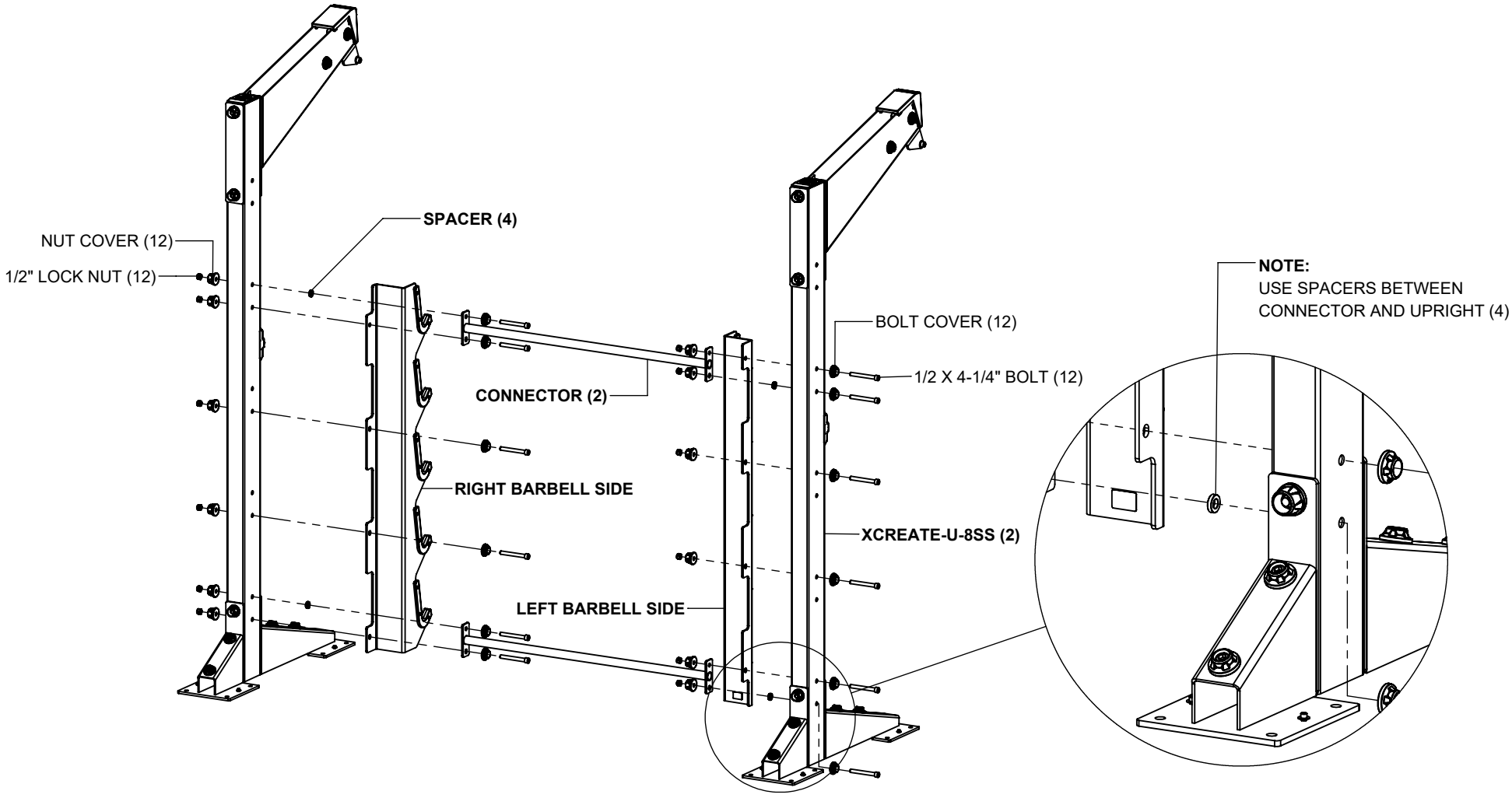


NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

The **XCREATE-U-7SS** is assembled the exact same way.

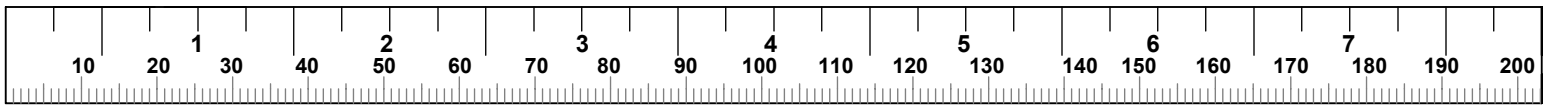
4' X 5 BARBELL STORAGE MODULE (WITH CONNECTOR)



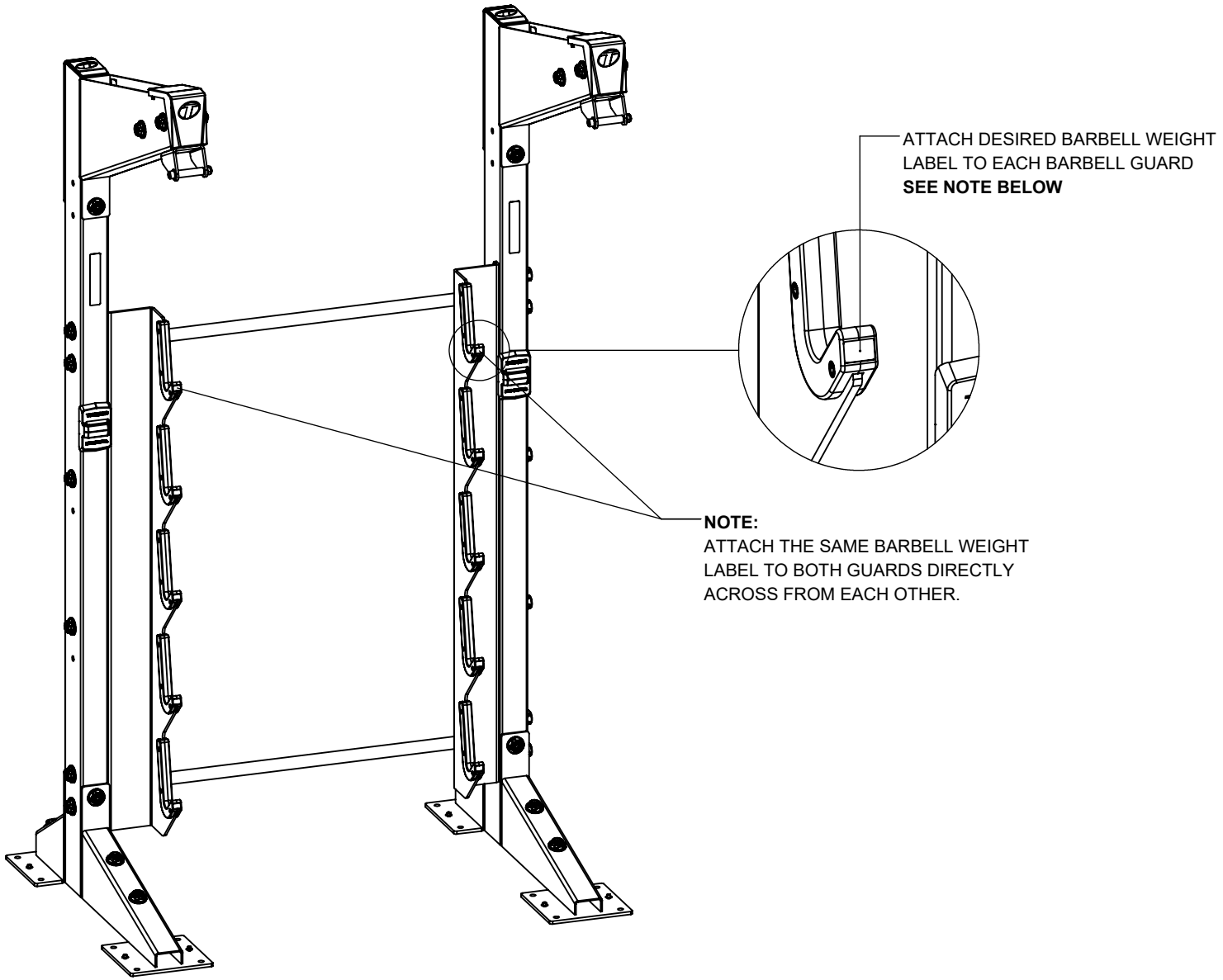
NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

The **XCREATE-U-7SS** is assembled the exact same way.

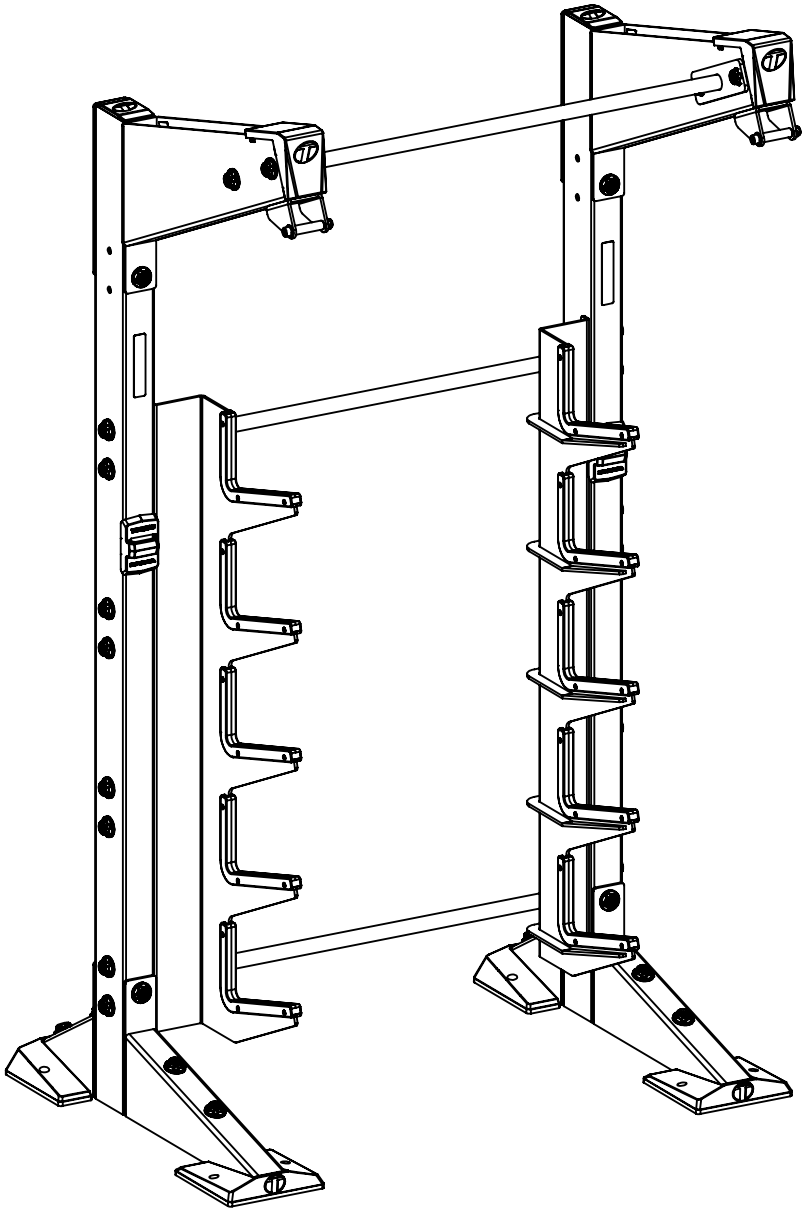


4' X 5 BARBELL STORAGE MODULE

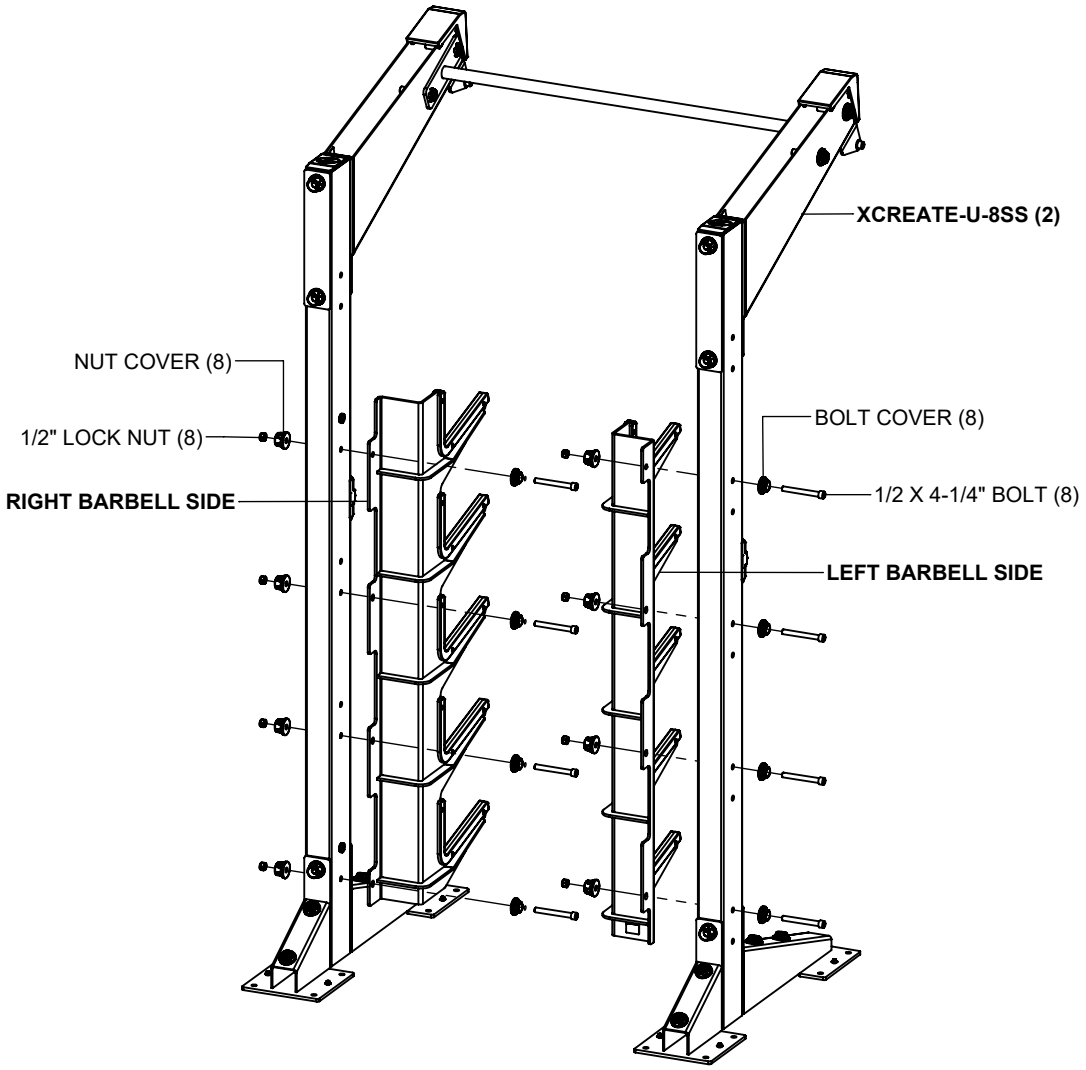


NOTE:
If you are a professional contractor installing this system for a facility, leave these labels and instruction with manager or inquire what label to attach to each barbell guard.

4' X 10 BARBELL STORAGE MODULE



4' X 10 BARBELL STORAGE MODULE (WITHOUT CONNECTOR)

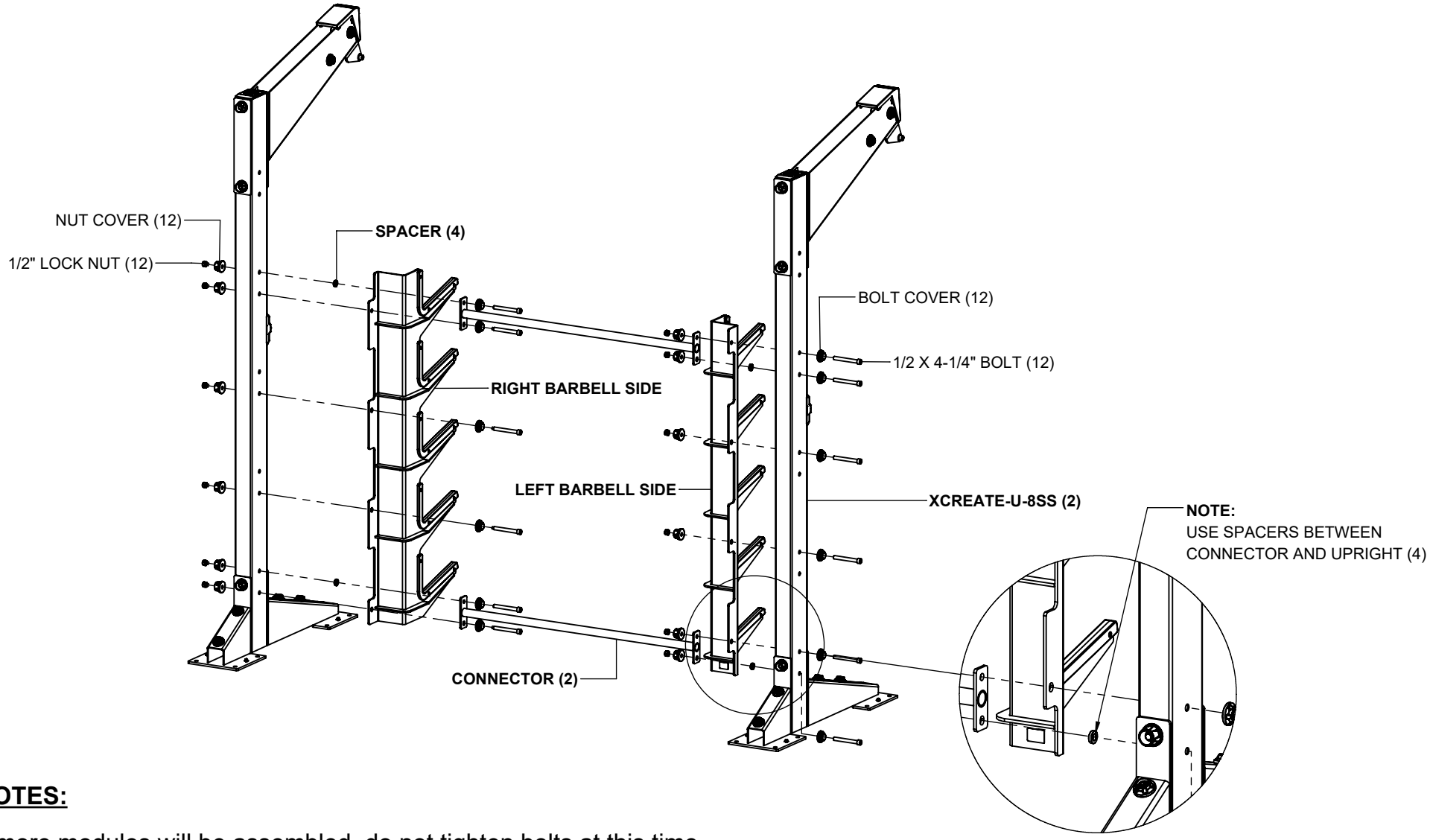


NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

The **XCREATE-U-7SS** is assembled the exact same way.

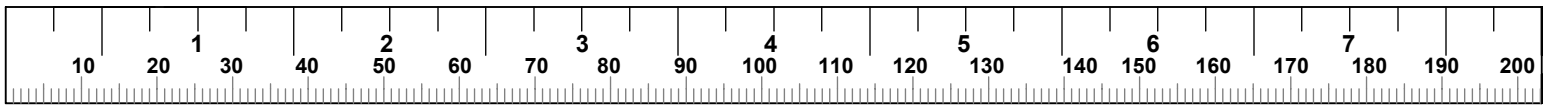
4' X 10 BARBELL STORAGE MODULE (WITH CONNECTOR)



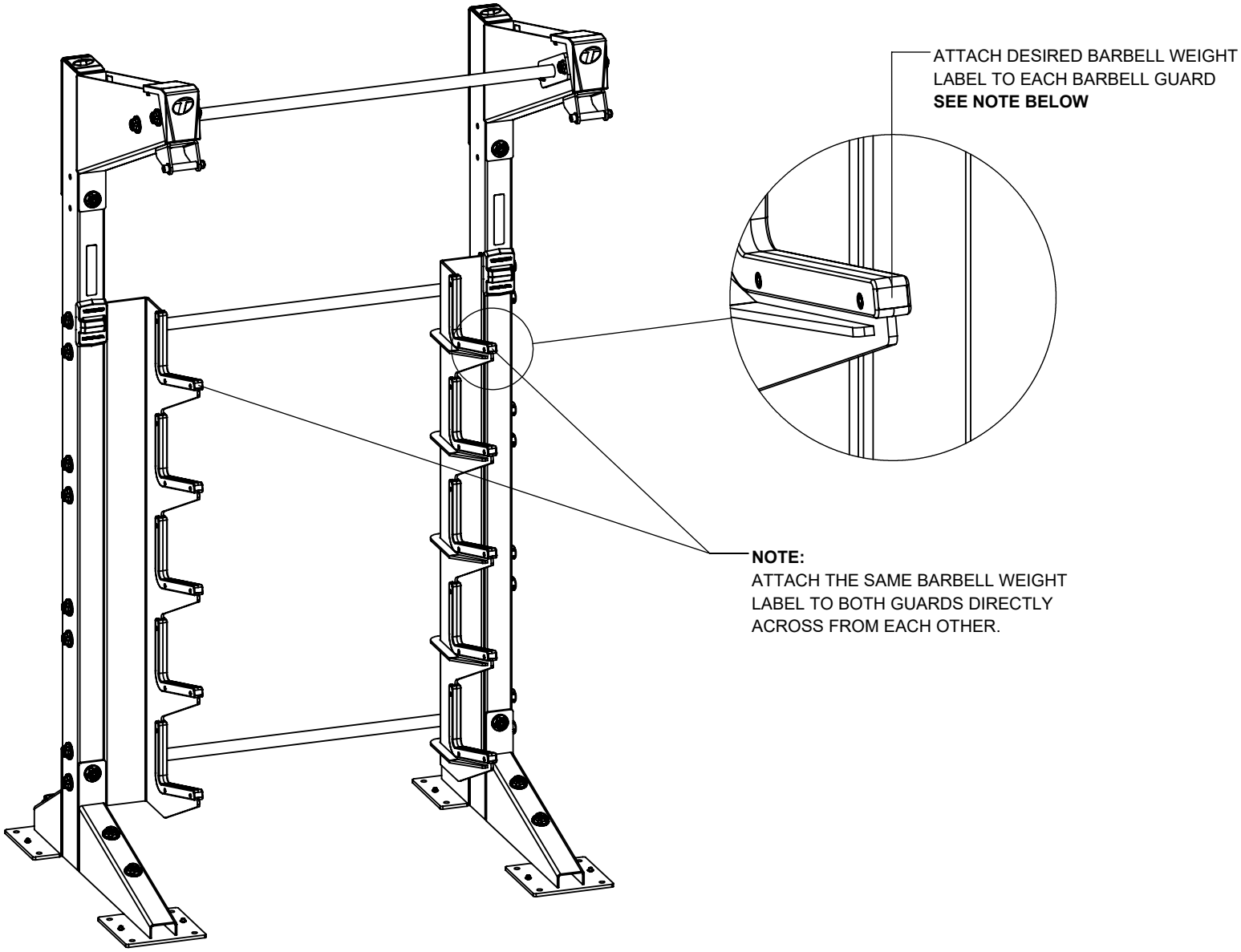
NOTES:

If more modules will be assembled, do not tighten bolts at this time. If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

The **XCREATE-U-7SS** is assembled the exact same way.

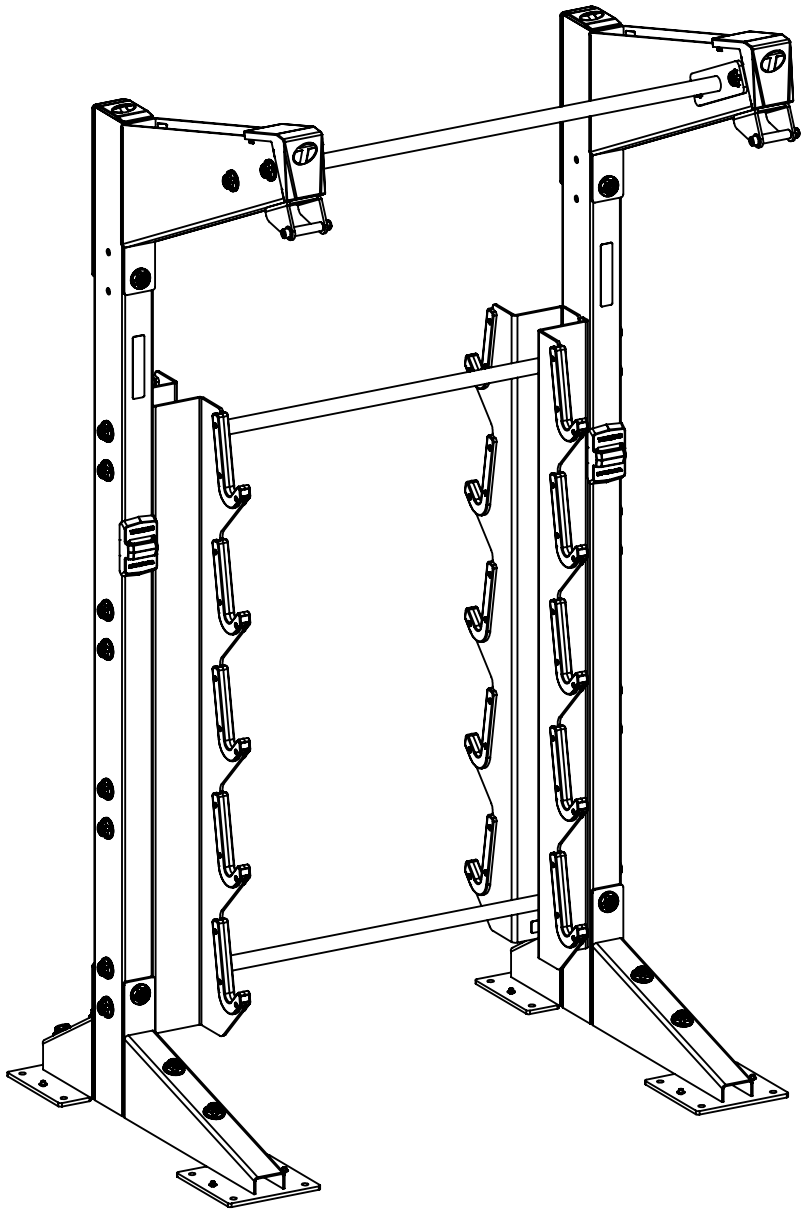


4' X 10 BARBELL STORAGE MODULE

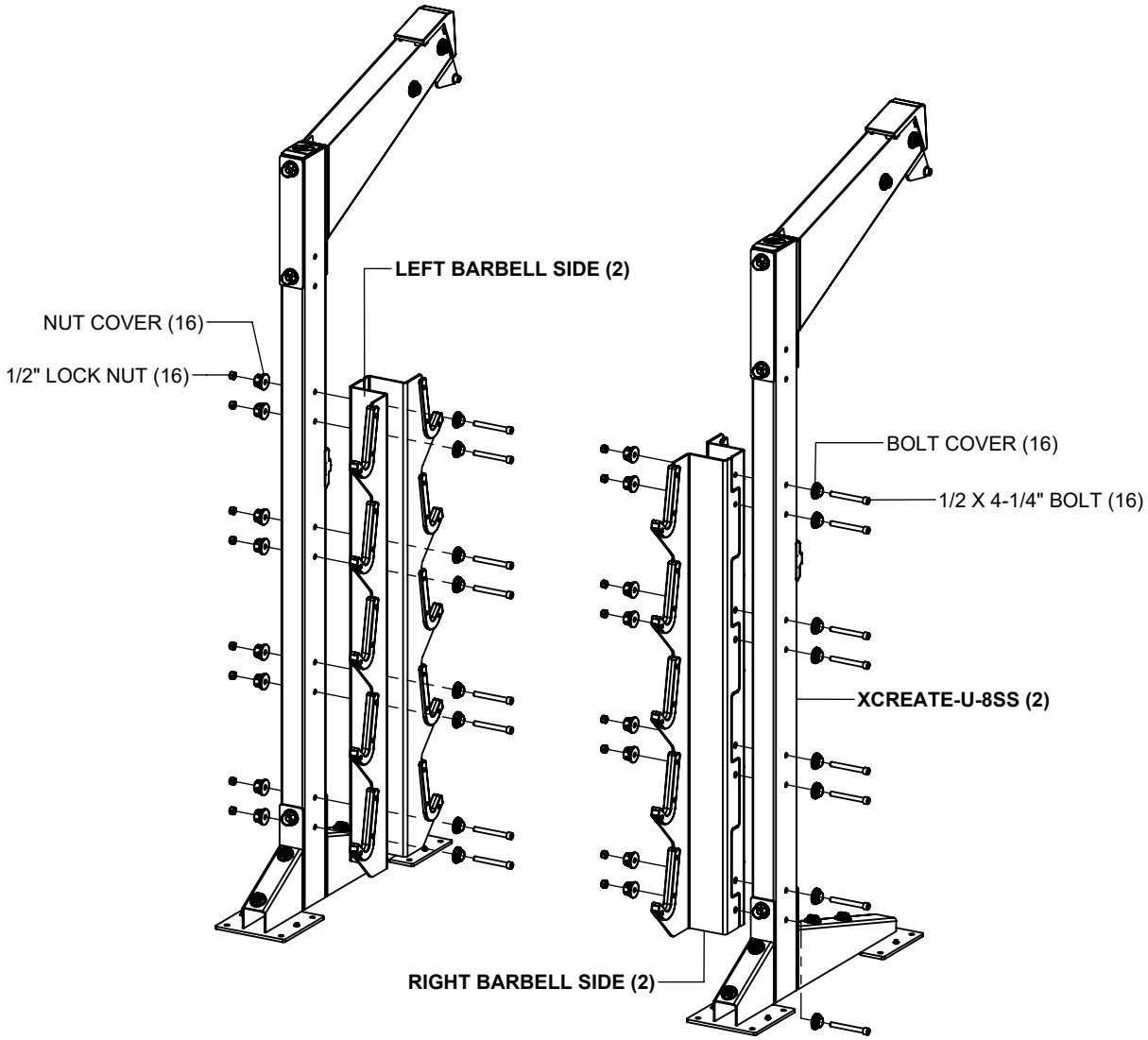


NOTE:
If you are a professional contractor installing this system for a facility, leave these labels and instruction with manager or inquire what label to attach to each barbell guard.

4' 2 SIDED X 10 BARBELL STORAGE MODULE



4' 2 SIDED X 10 BARBELL STORAGE MODULE (WITHOUT CONNECTOR)

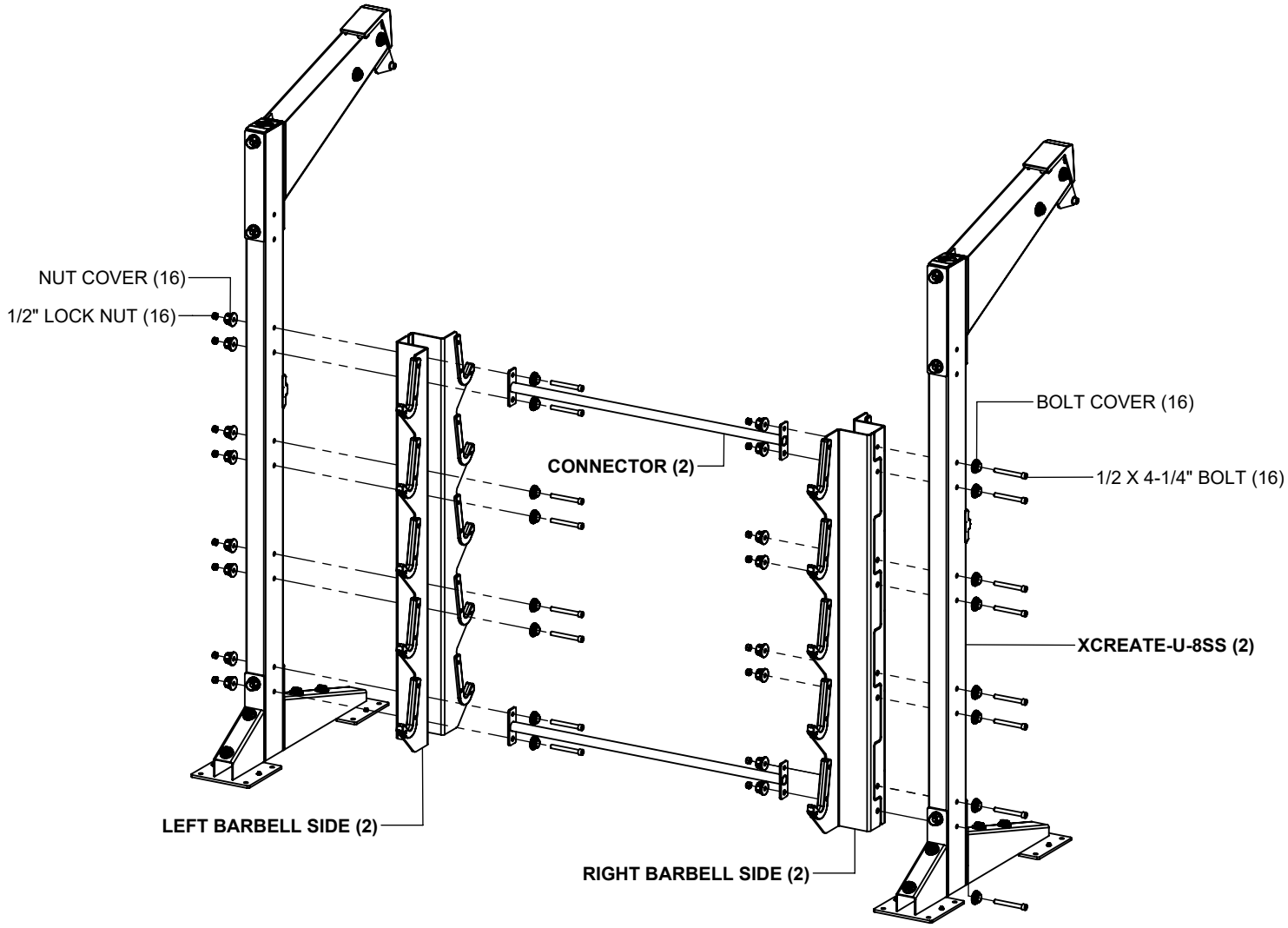


NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

The **XCREATE-U-7SS** is assembled the exact same way.

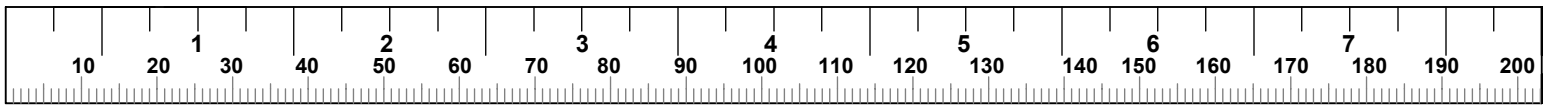
4' 2 SIDED X 10 BARBELL STORAGE MODULE (WITH CONNECTOR)



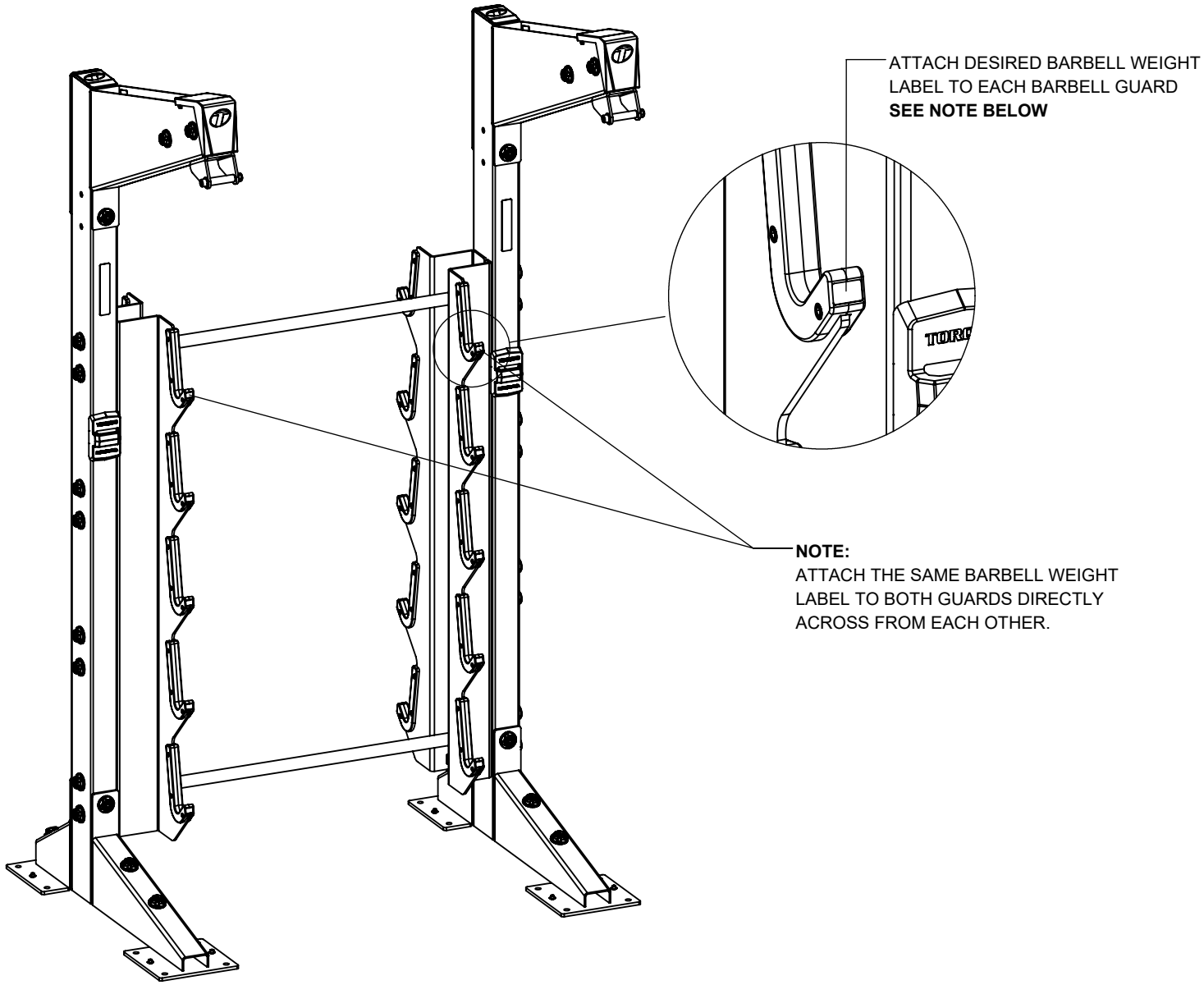
NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

The **XCREATE-U-7SS** is assembled the exact same way.

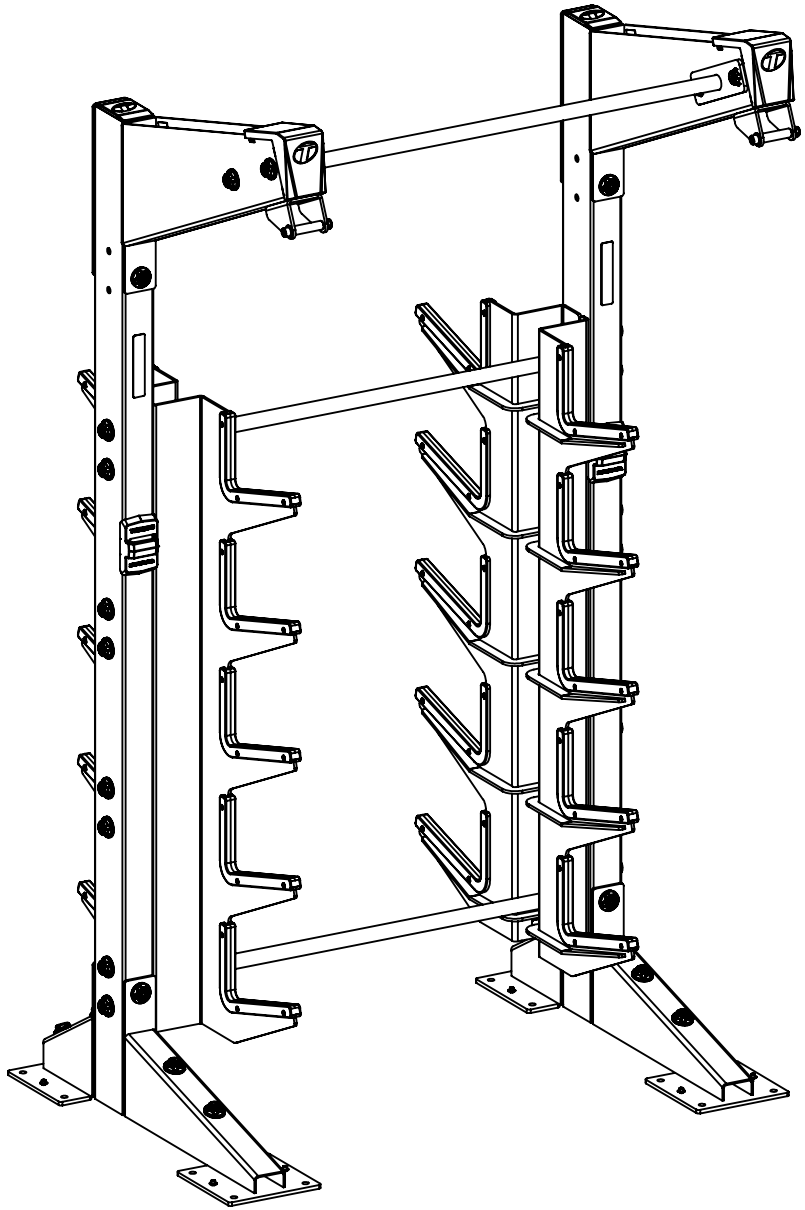


4' 2 SIDED X 10 BARBELL STORAGE MODULE

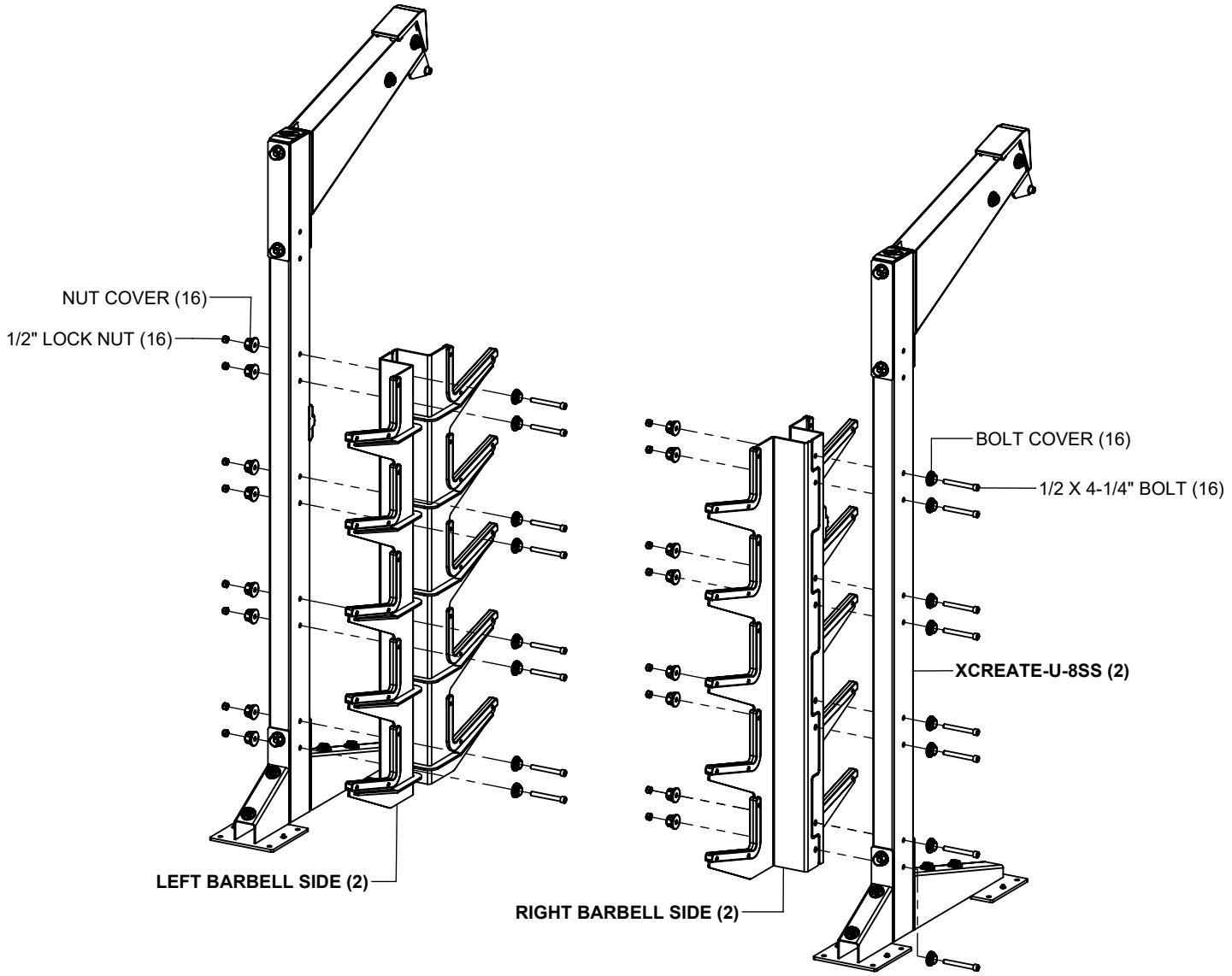


NOTE:
If you are a professional contractor installing this system for a facility, leave these labels and instruction with manager or inquire what label to attach to each barbell guard.

4' 2 SIDED X 20 BARBELL STORAGE MODULE



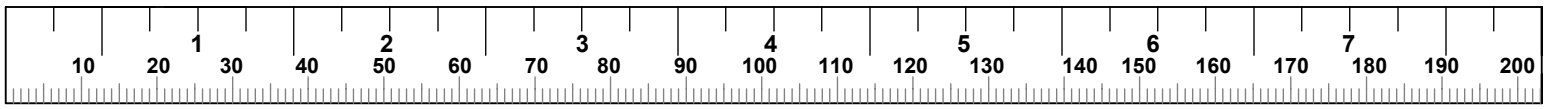
4' 2 SIDED X 20 BARBELL STORAGE MODULE (WITHOUT CONNECTOR)



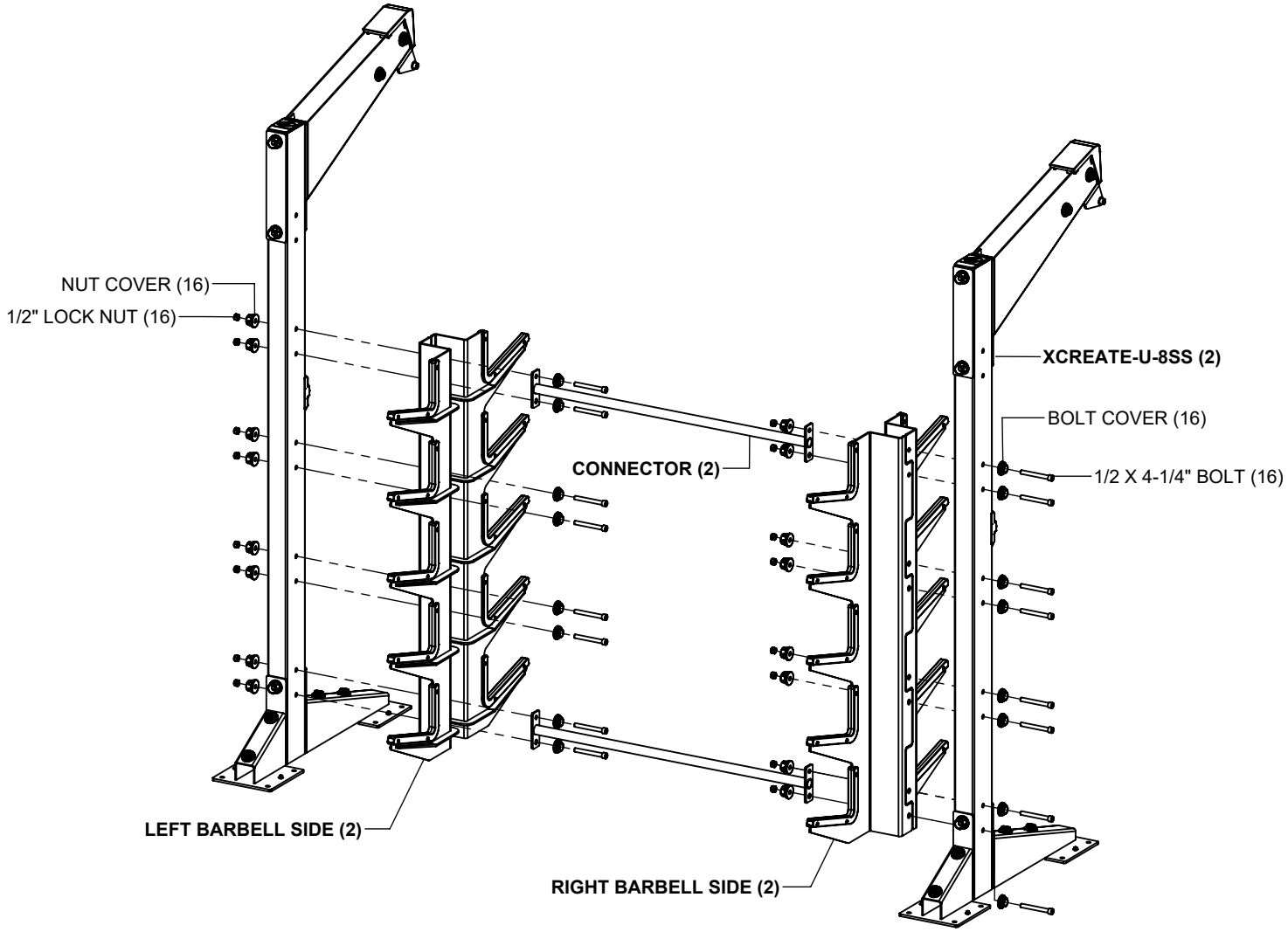
NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

The **XCREATE-U-7SS** is assembled the exact same way.



4' 2 SIDED X 20 BARBELL STORAGE MODULE (WITH CONNECTOR)

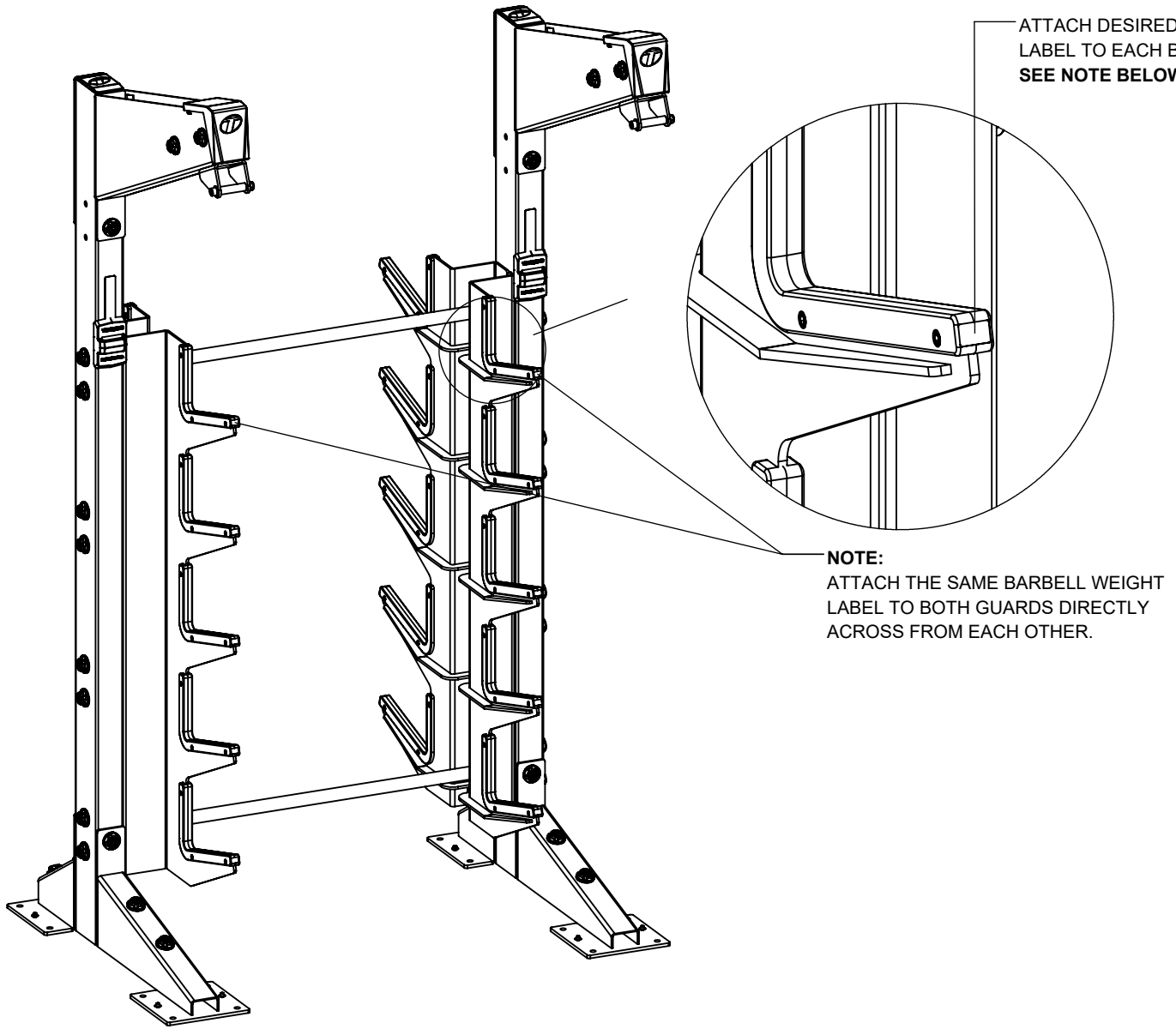


NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

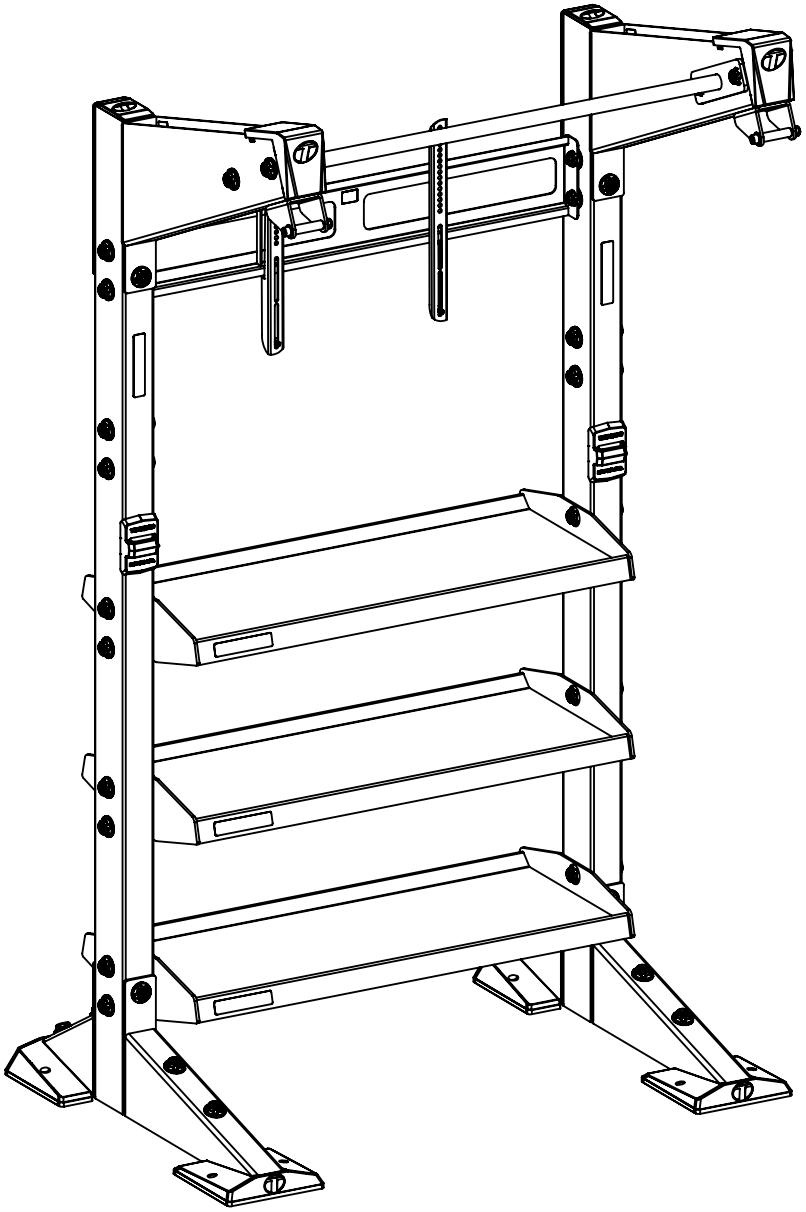
The **XCREATE-U-7SS** is assembled the exact same way.

4' 2 SIDED X 10 BARBELL STORAGE MODULE

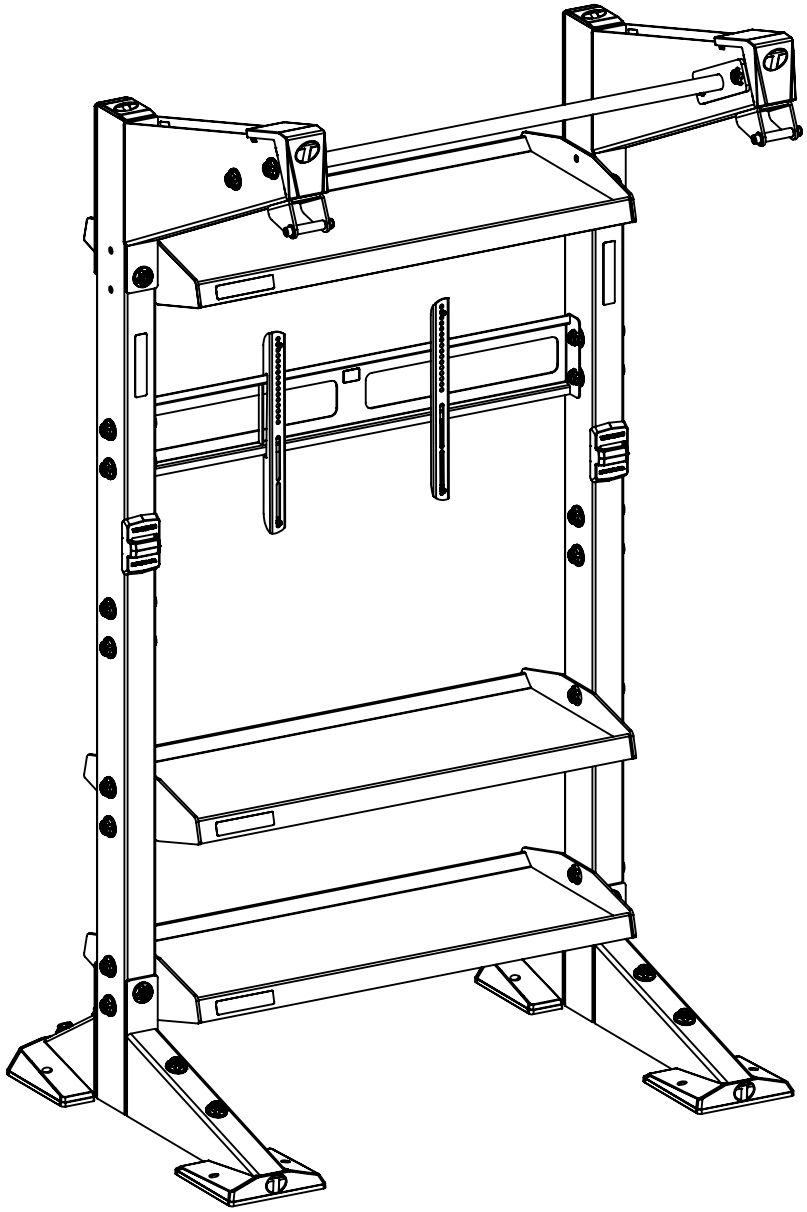


NOTE:
If you are a professional contractor installing this system for a facility, leave these labels and instruction with manager or inquire what label to attach to each barbell guard.

4' MONITOR MOUNT & STORAGE MODULE



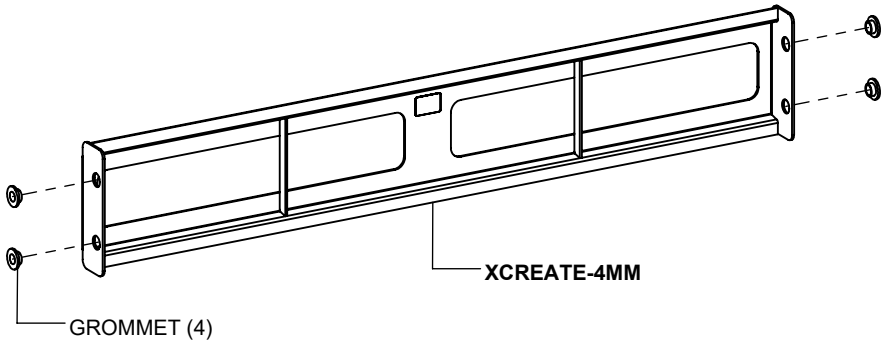
STANDARD CONFIGURATION



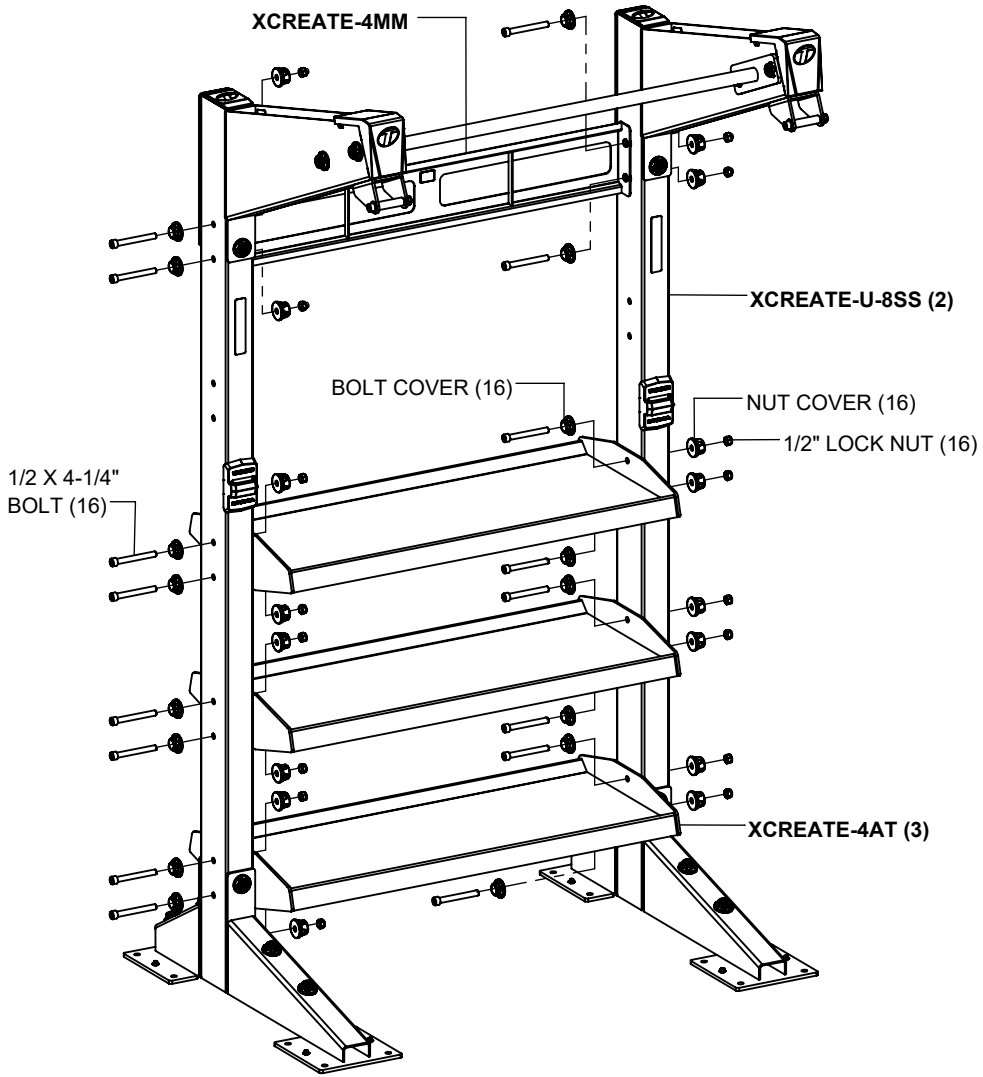
OPTIONAL CONFIGURATION

4' MONITOR MOUNT & STORAGE MODULE

STEP 1A



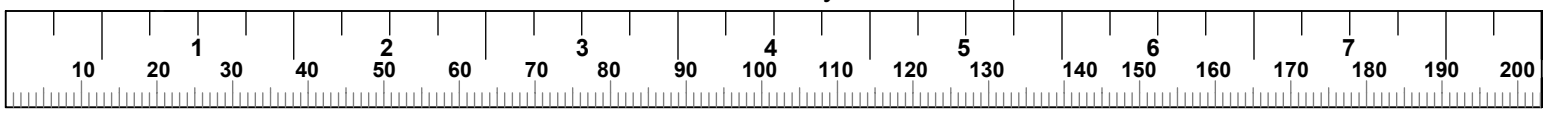
STEP 1B



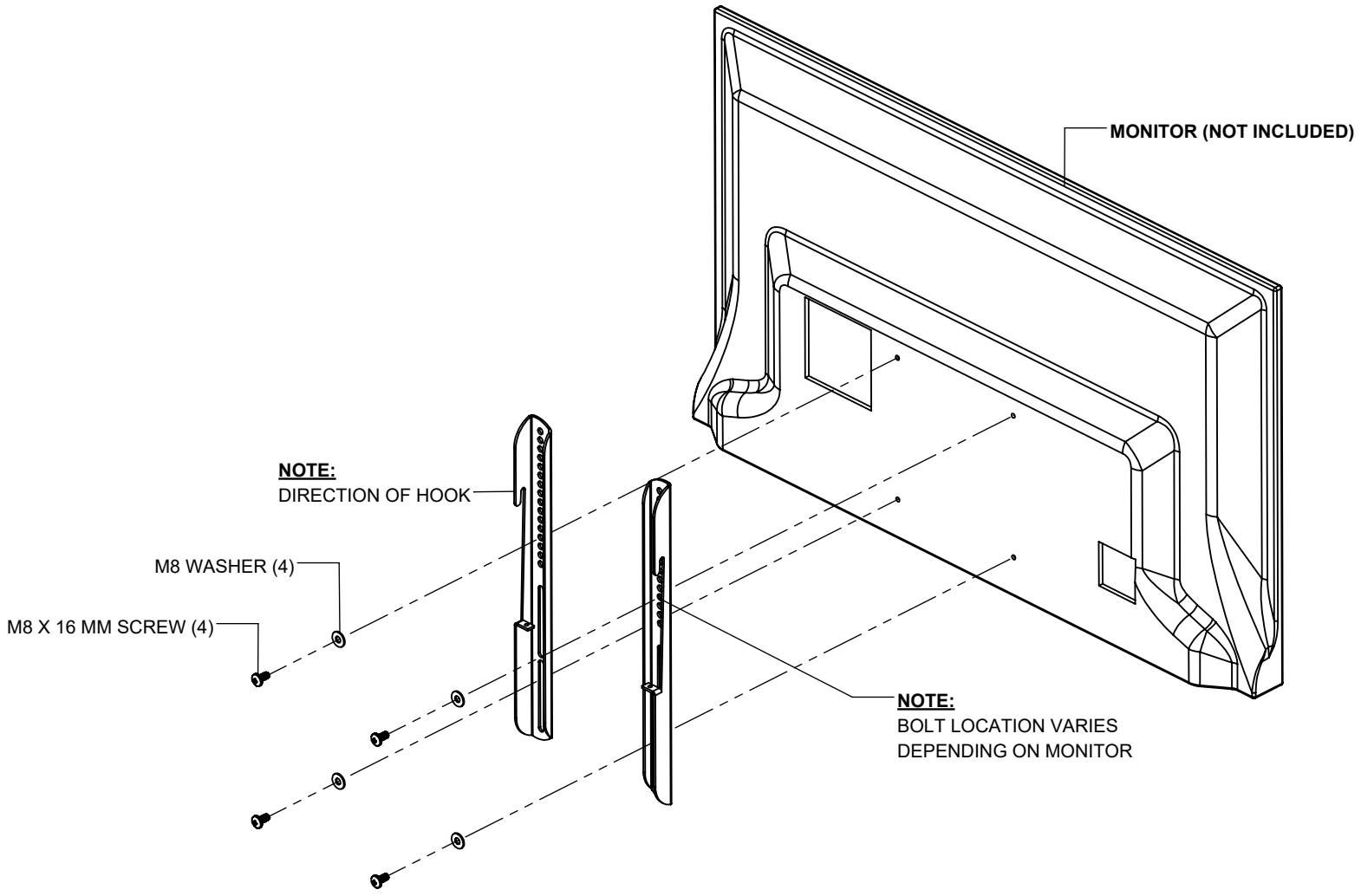
NOTES:

If more modules will be assembled, do not tighten bolts at this time. If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

The **XCREATE-U-7SS** is assembled the exact same way.



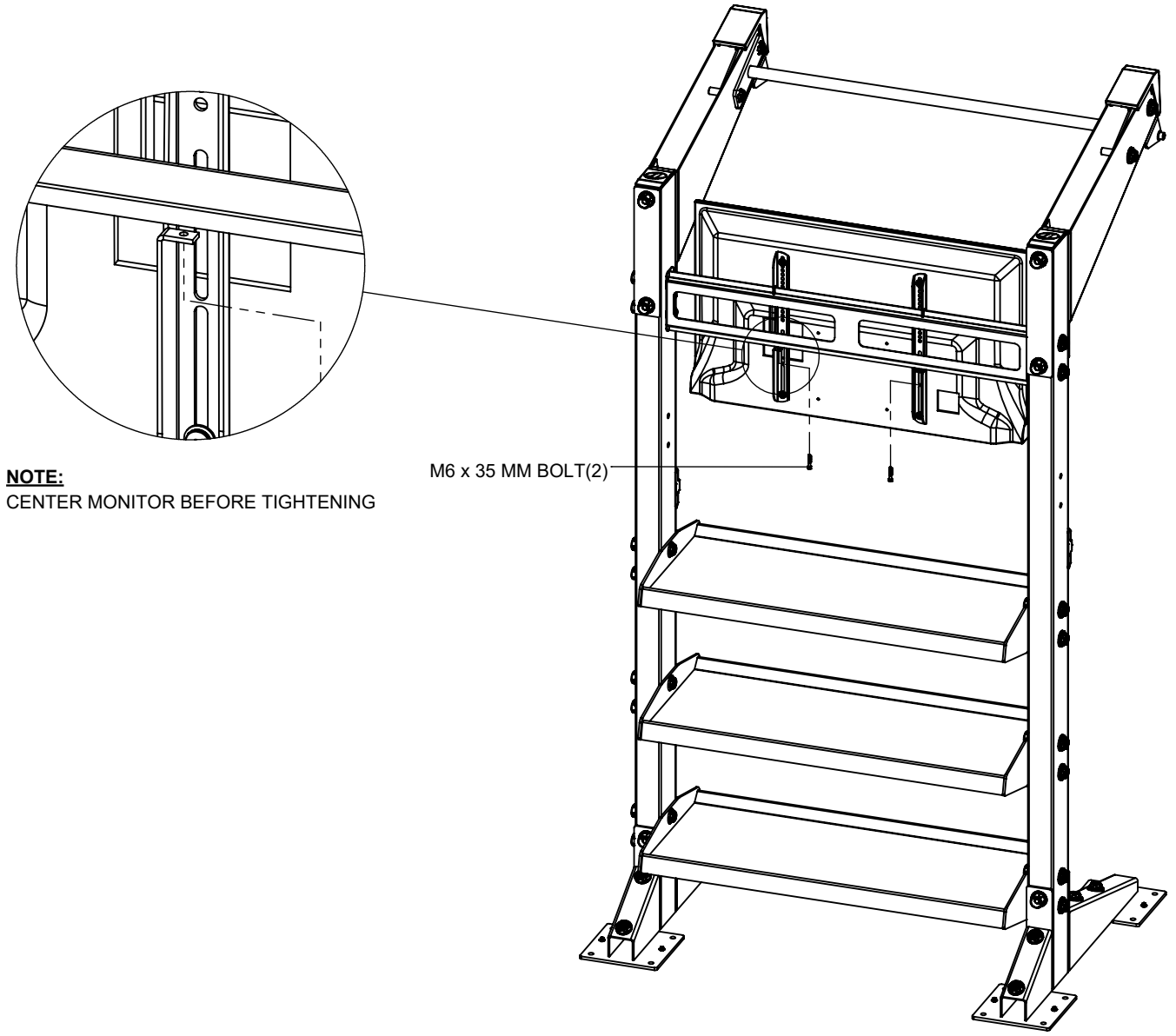
4' MONITOR MOUNT & STORAGE MODULE



NOTE:

SECURELY tighten all connections in this step.

4' MONITOR MOUNT & STORAGE MODULE

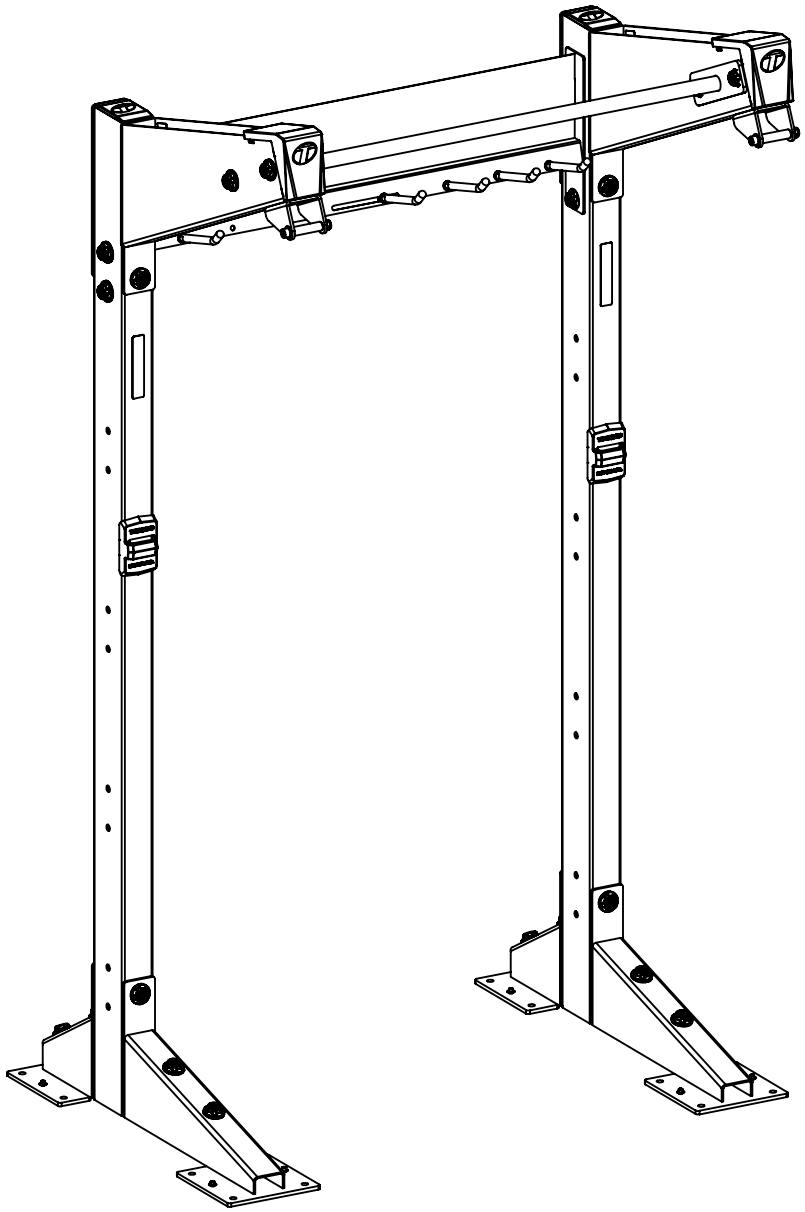


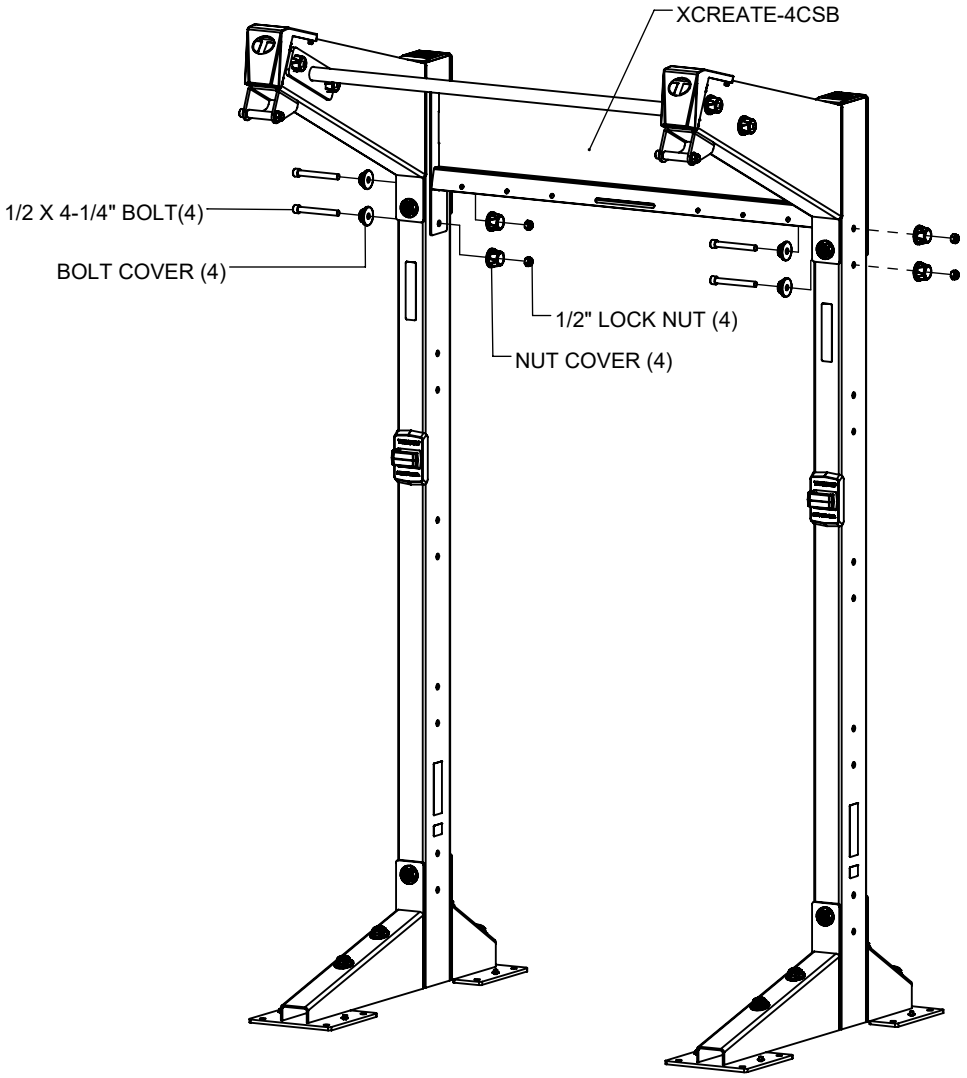
NOTE:
CENTER MONITOR BEFORE TIGHTENING

NOTE:

SECURELY tighten all connections in this step.

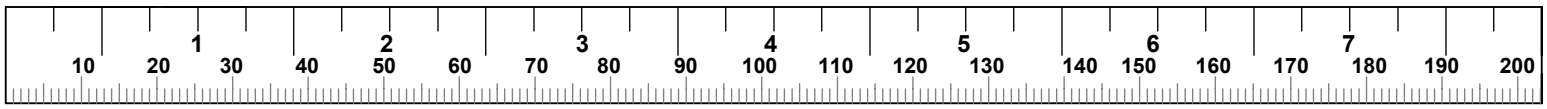
4' CUSTOM SIGN AND HANGING STORAGE MODULE



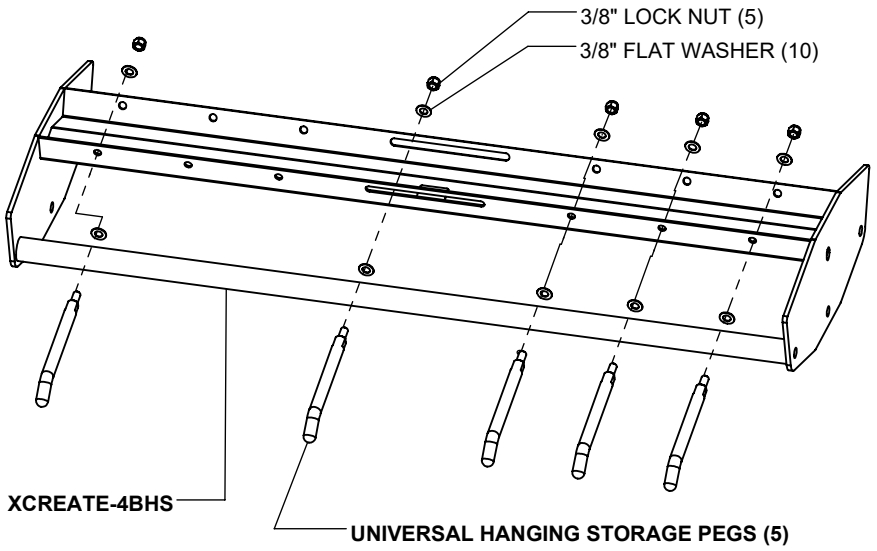


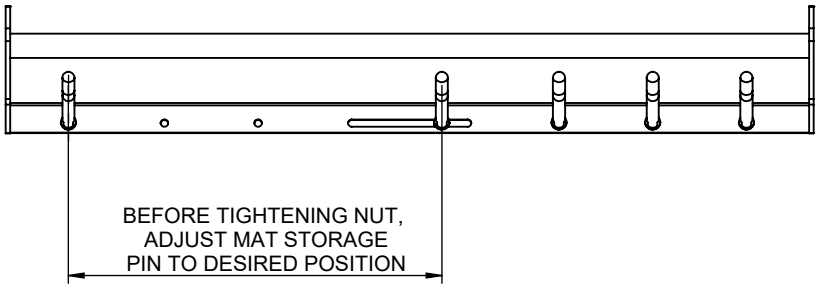
NOTE:

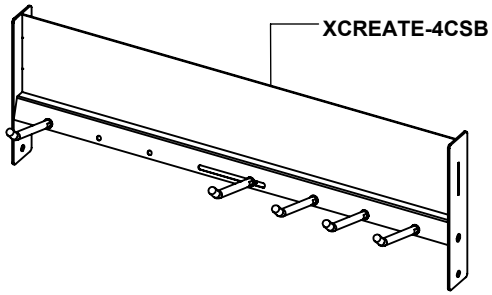
SECURELY tighten all connections in this step.

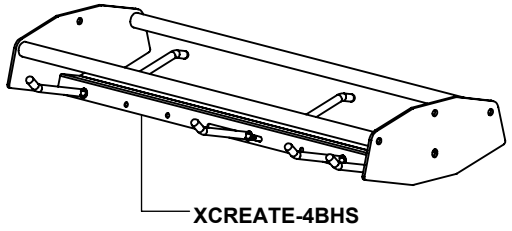


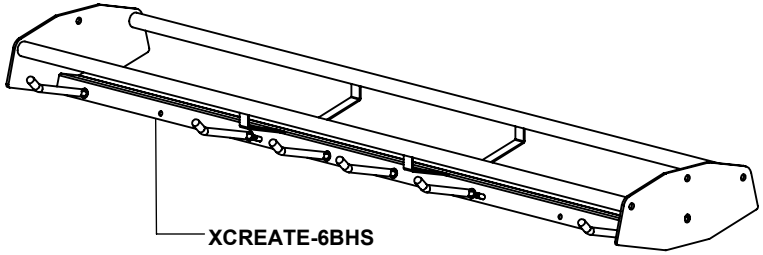
MAT STORAGE AND ACCESSORY PINS

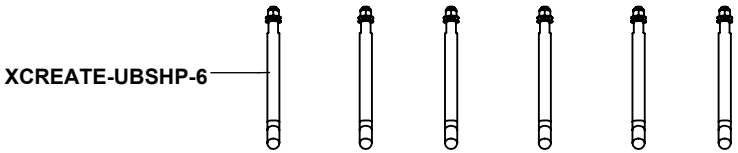








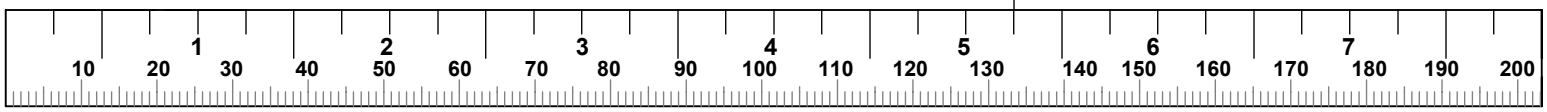




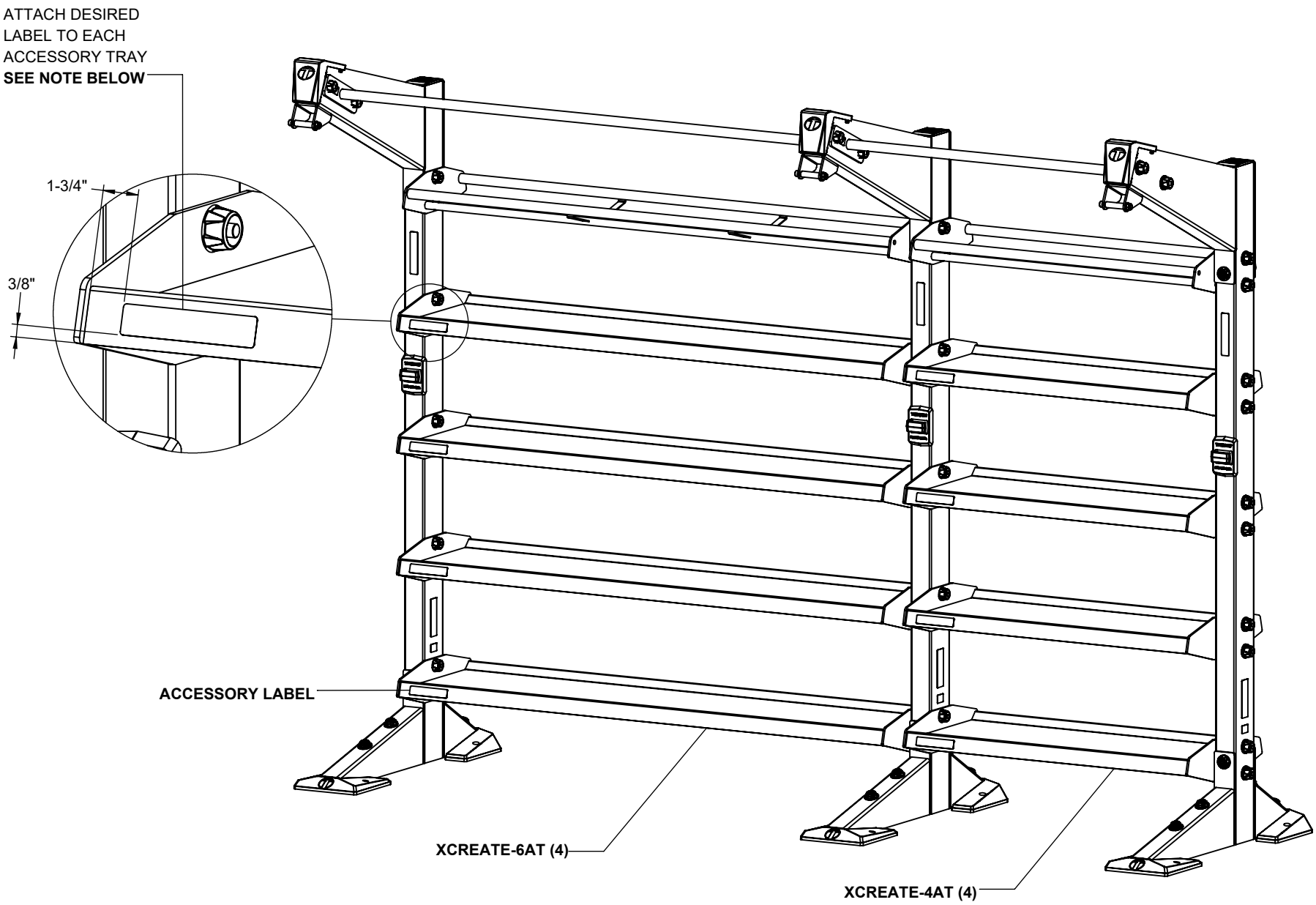
NOTE:

For the purpose of illustration the XCREATE-4BHS is shown. The XCREATE-4BHS, XCREATE-4CSB and XCREATE-6-UBS can be assembled the same way.

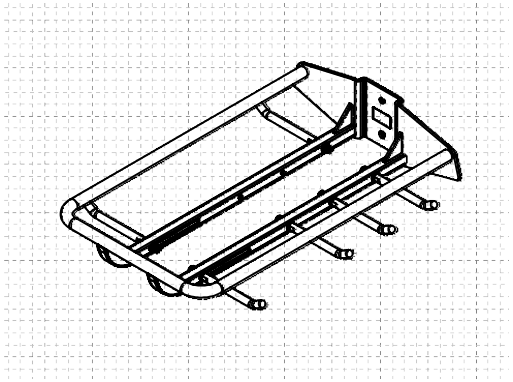
SECURELY tighten all connections in this step.



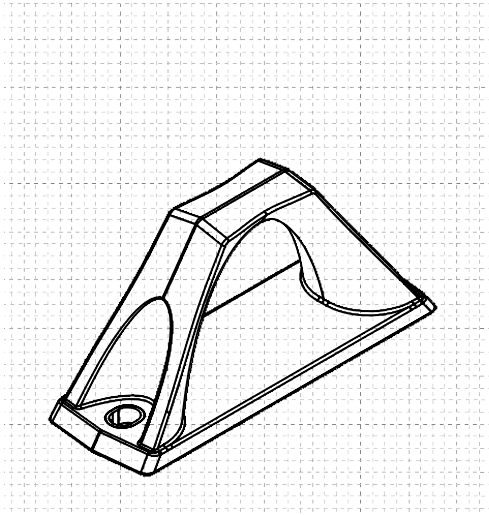
ACCESSORY TRAY LABELS



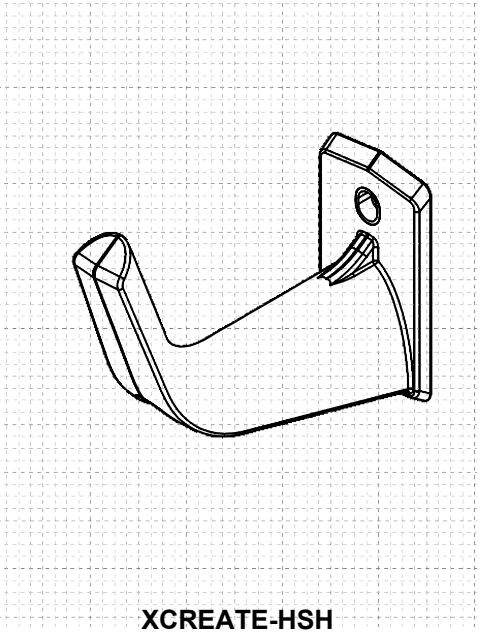
NOTE:
If you are a professional contractor installing this system for a facility, leave these labels and instruction with manager or inquire what label to attach to each accessory tray.



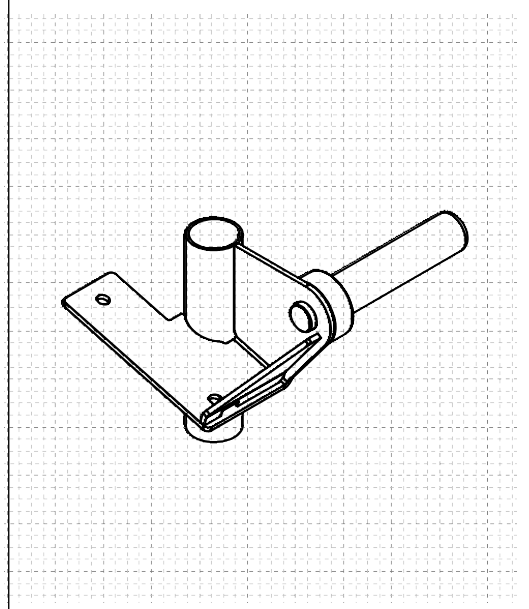
XCREATE-BHSE
BALL AND HANGING
STORAGE EXTENSION



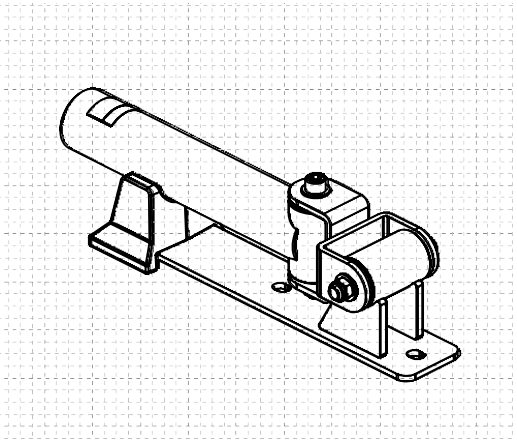
XRACK-BRA
BATTLE ROPE ANCHOR



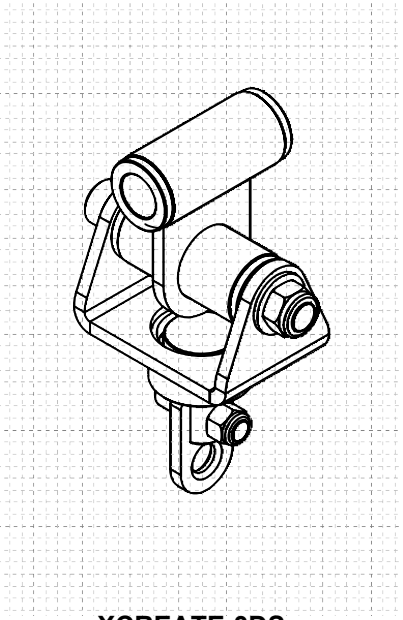
XCREATE-HSH
HANGING STORAGE HOOK



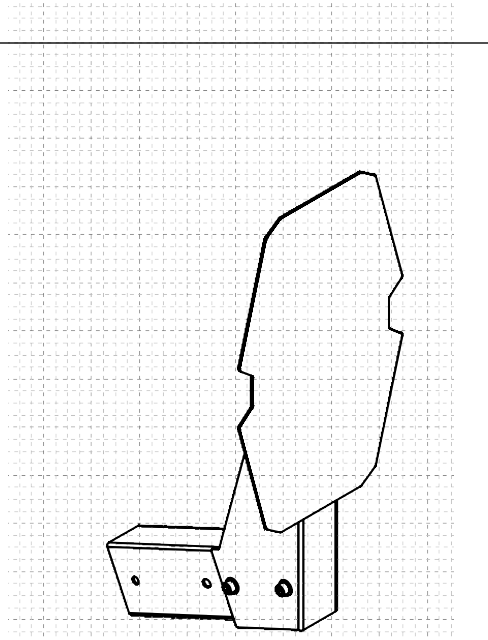
XCREATE-DP
DOUBLE PLAY



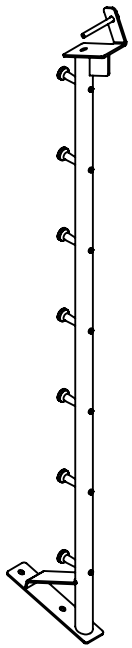
XHMGRT
HORIZONTAL MOUNT
GROUND ROTATIONAL TRAINER



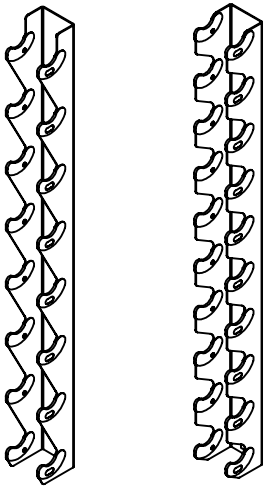
XCREATE-3DS
3 DIMENSIONAL SWIVEL



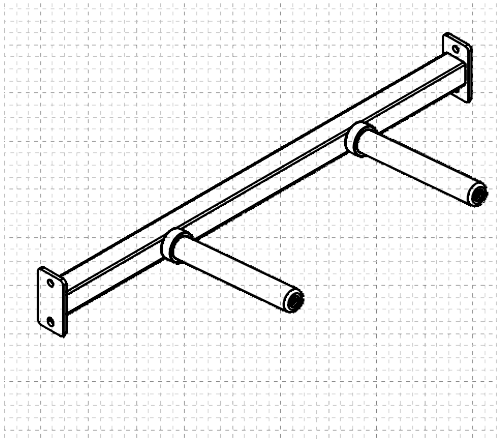
XCREATE-BT
BALL TARGET



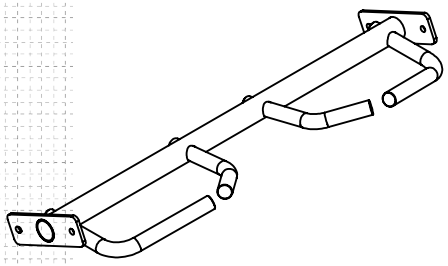
XCREATE-RBA
RESISTANCE BAND ANCHOR



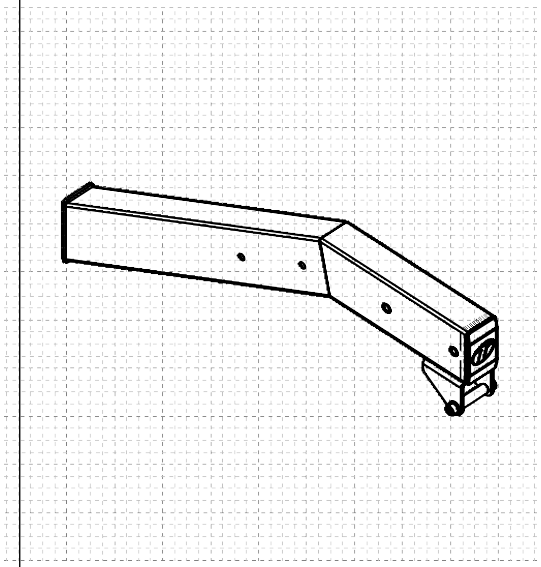
XCREATE-VDS4 / VDS5
VERTICAL DUMBBELL STORAGE



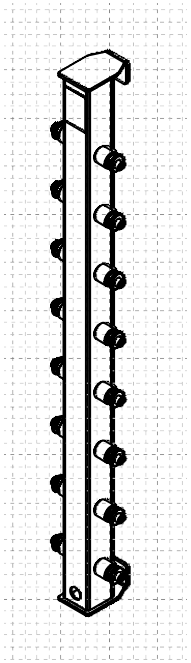
XCREATE-4SSHWS
4' SINGLE SIDE HORIZONTAL WEIGHT STORAGE



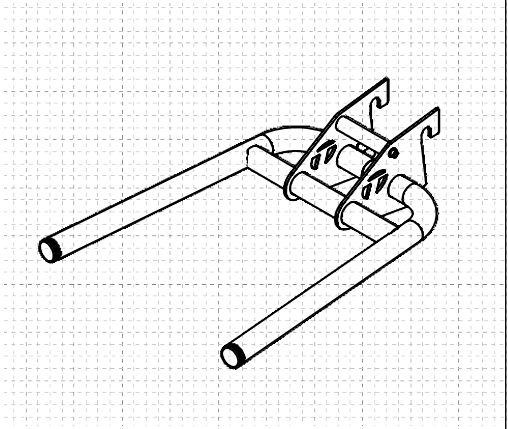
XCREATE-4MGX
4' MULTI GRIP CROSS



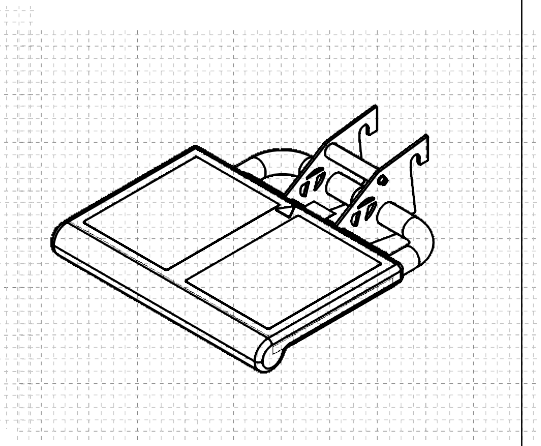
XCREATE-TBE
TOP BOOM EXTENSION



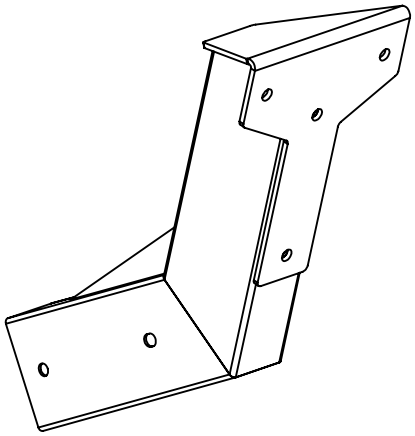
XCREATE-AA
ATTACHMENT ANCHOR



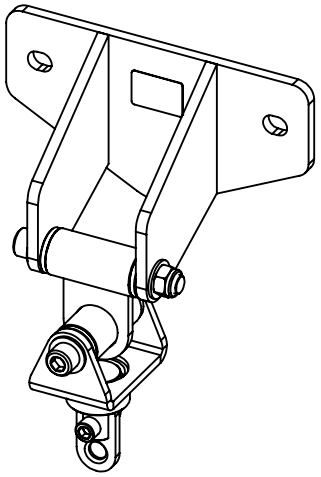
XCREATE-AAD
DIP ATTACHMENT



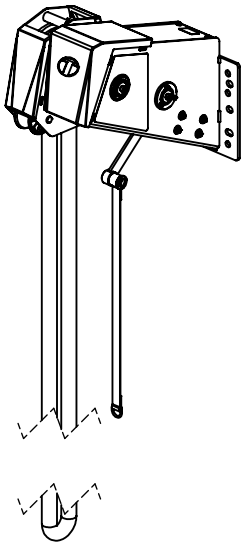
XCREATE-AAPS
PLYO STEP



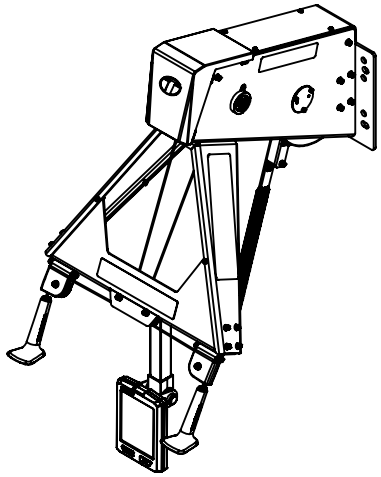
XCREATE-AE
ATTACHMENT EXTENSION



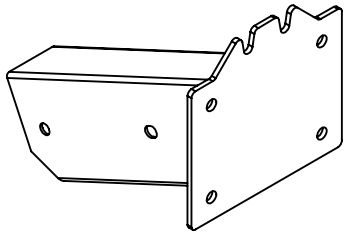
XCREATE-3DSM
3 DIMENSIONAL SWIVEL W/MOUNT



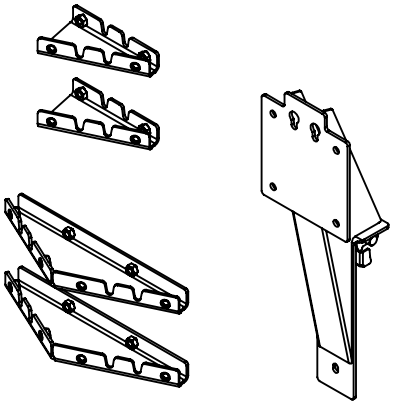
XERT
RELENTLESS ROPE TRAINER



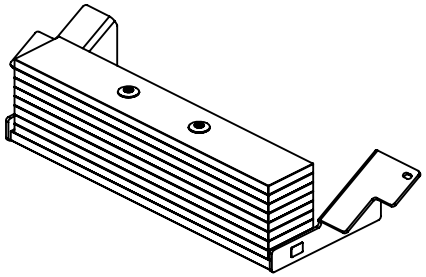
XRR-SKI
RELENTLESS RIPPER



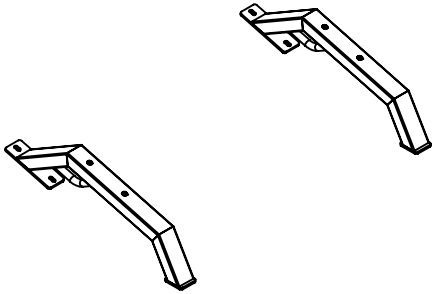
XCREATE-XERTBM
BOOM MOUNT



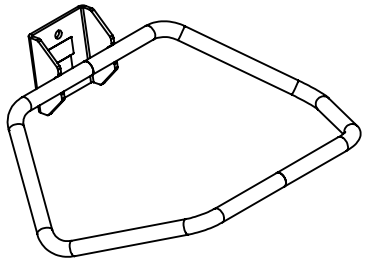
XCREATE-SAM
SIDE ATTACHMENT MOUNT



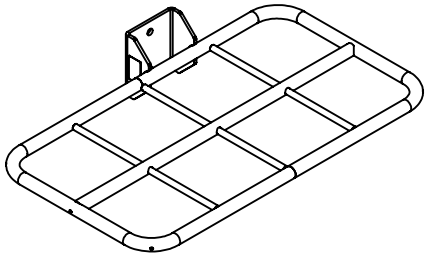
XCREATE-4CWS/CWP
4' COUNTERWEIGHT SUPPORT/
COUNTERWEIGHT PLATES



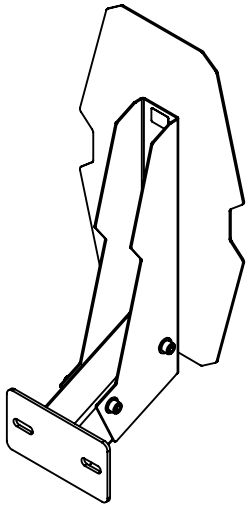
XCREATE-OR
OUTRIGGER



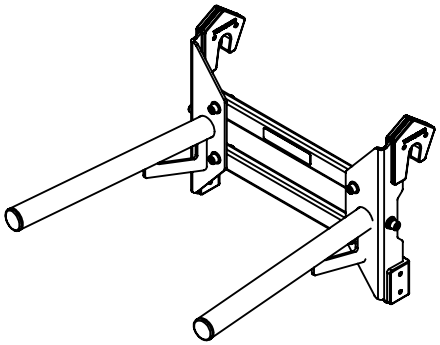
XCREATE-SA-BOSU
BOSU STORAGE ATTACHMENT



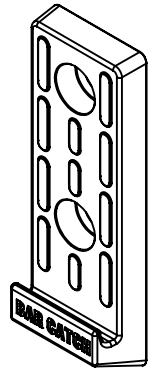
XCREATE-FRS6-8
FOAM ROLLER STORAGE



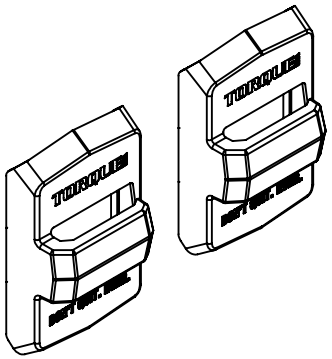
XCREATE-BBT
BRIDGE BALL TARGET



XCREATE-SBDA
STALL BAR DIP ATTACHMENT

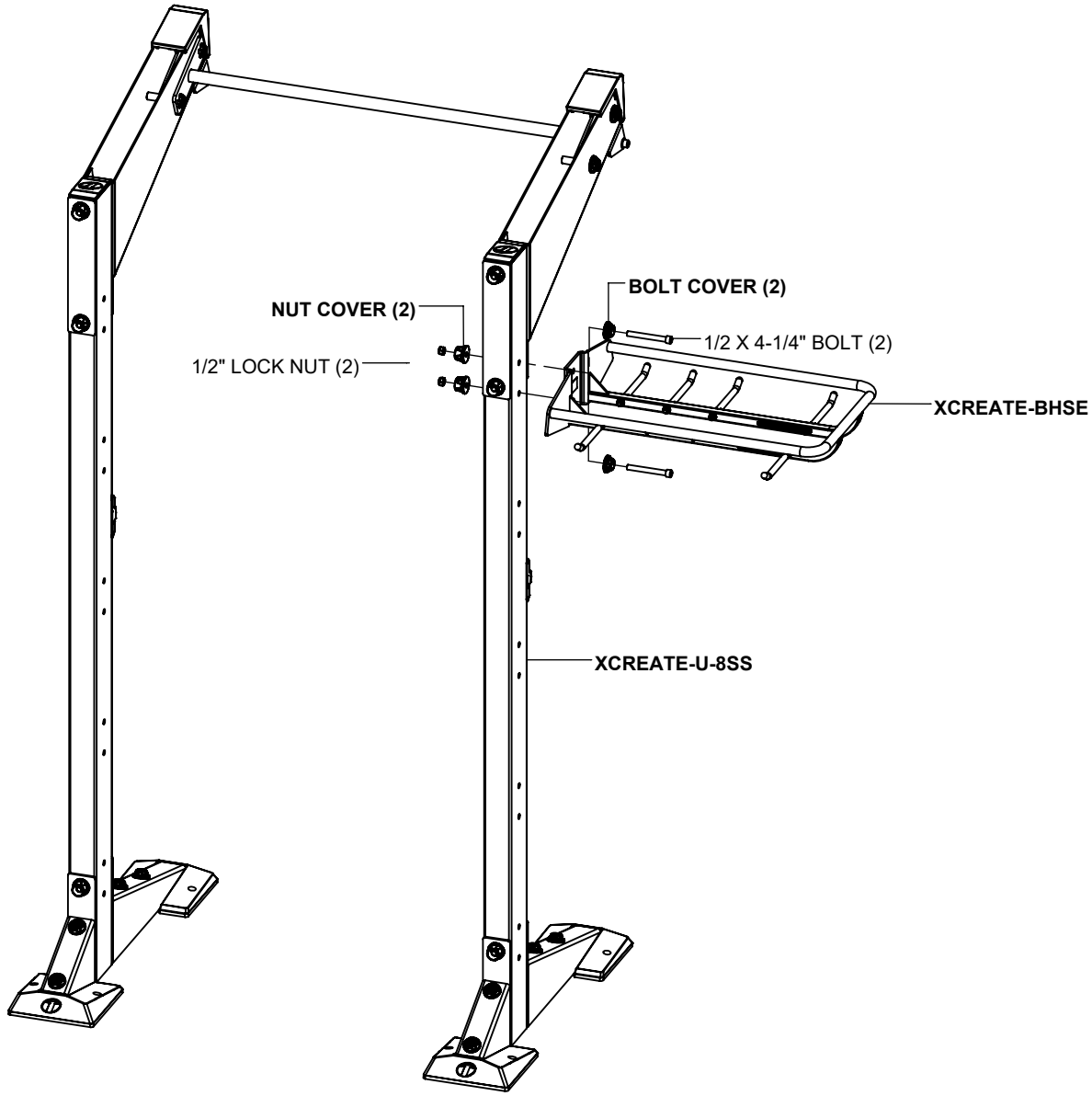


BCSA
BAR CATCH STORAGE ATTACHMENT



XCREATE-HMSC
MAGNETIC SUSPENSION CLIP

XCREATE-BHSE BALL & HANGING STORAGE EXTENSION

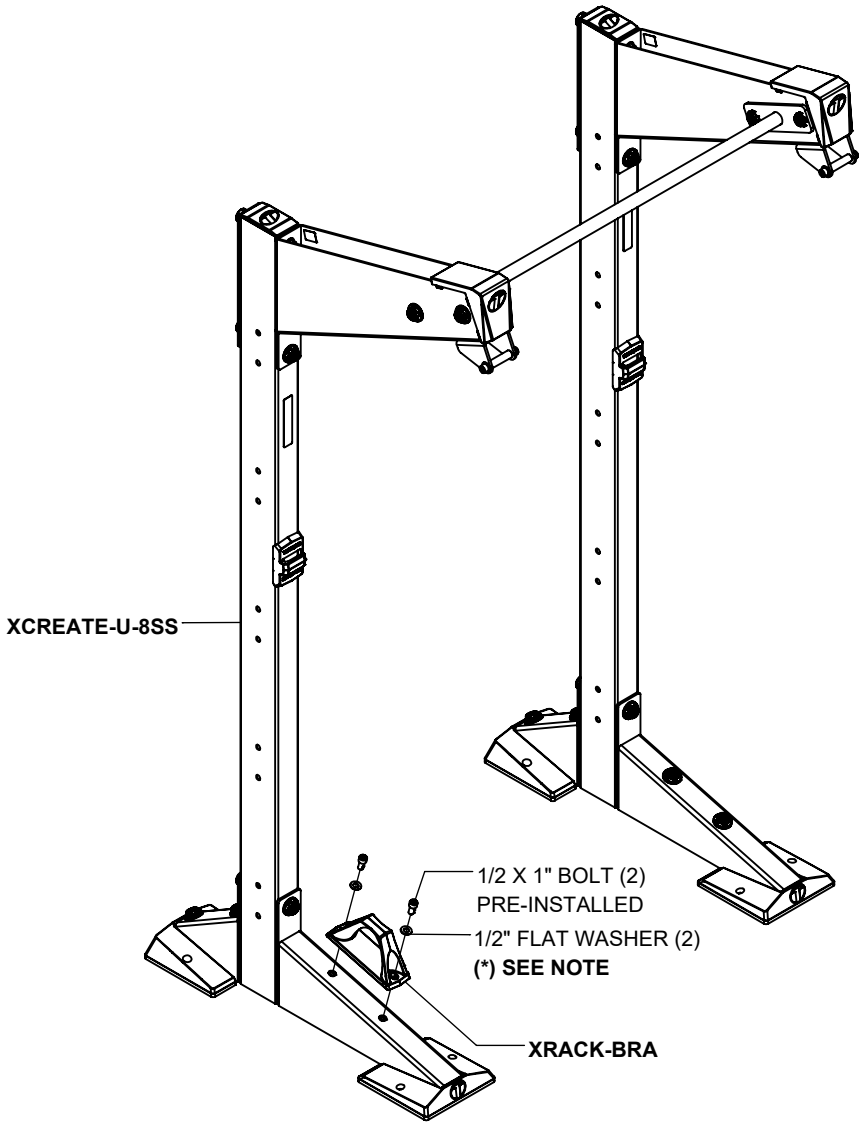


NOTES:

SECURELY tighten all bolt connections in this step.

The **XCREATE-U-7SS** is assembled the exact same way.

XRACK-BRA
BATTLE ROPE ANCHOR



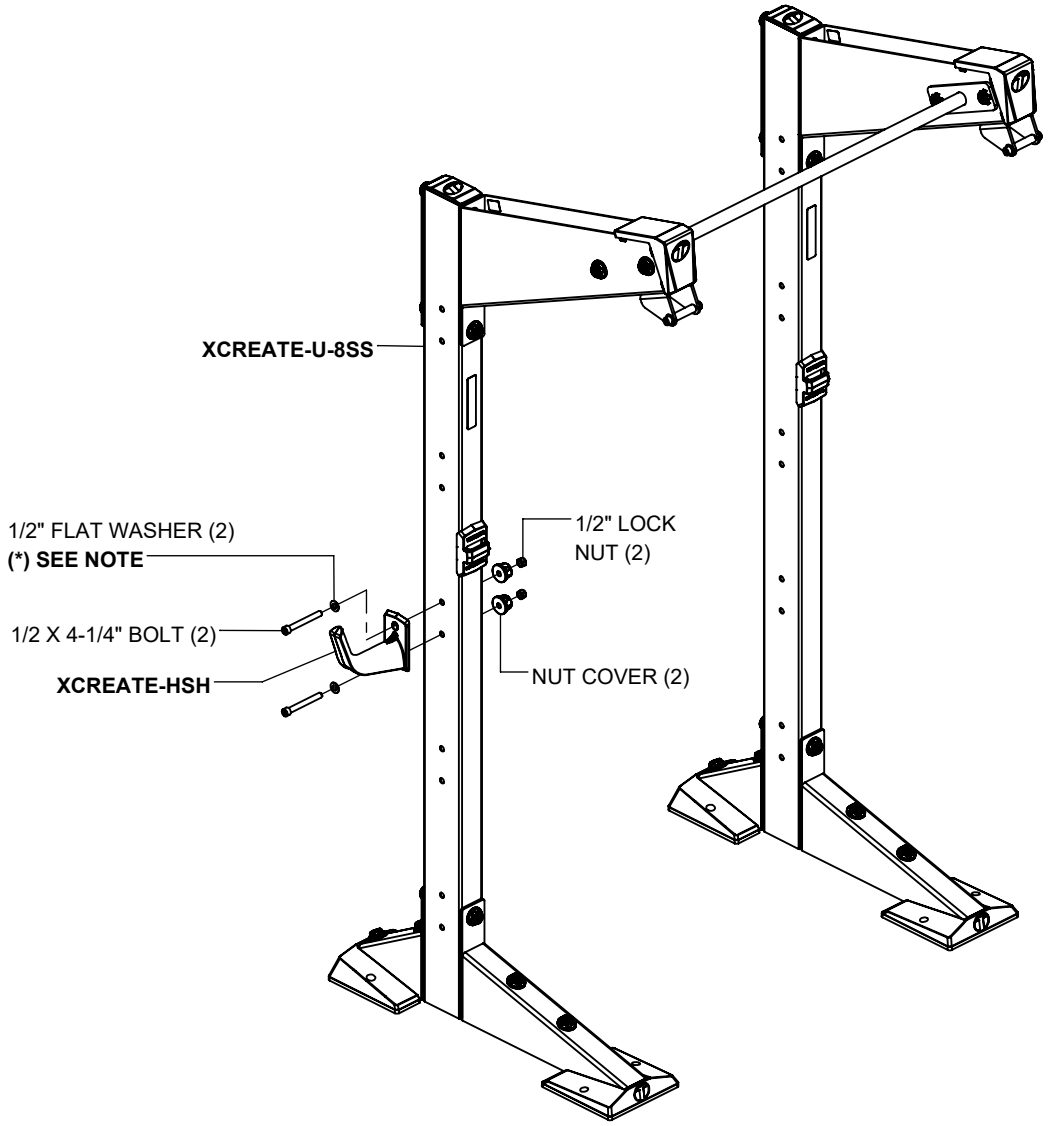
NOTES:

SECURELY tighten all bolt connections in this step.

(**) HARDWARE COVERS **CANNOT** be used in this step.

The **XCREATE-U-7SS** is assembled the exact same way.

XCREATE-HSH
HANGING STORAGE HOOK

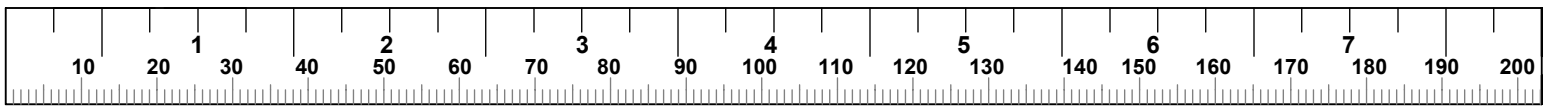


NOTES:

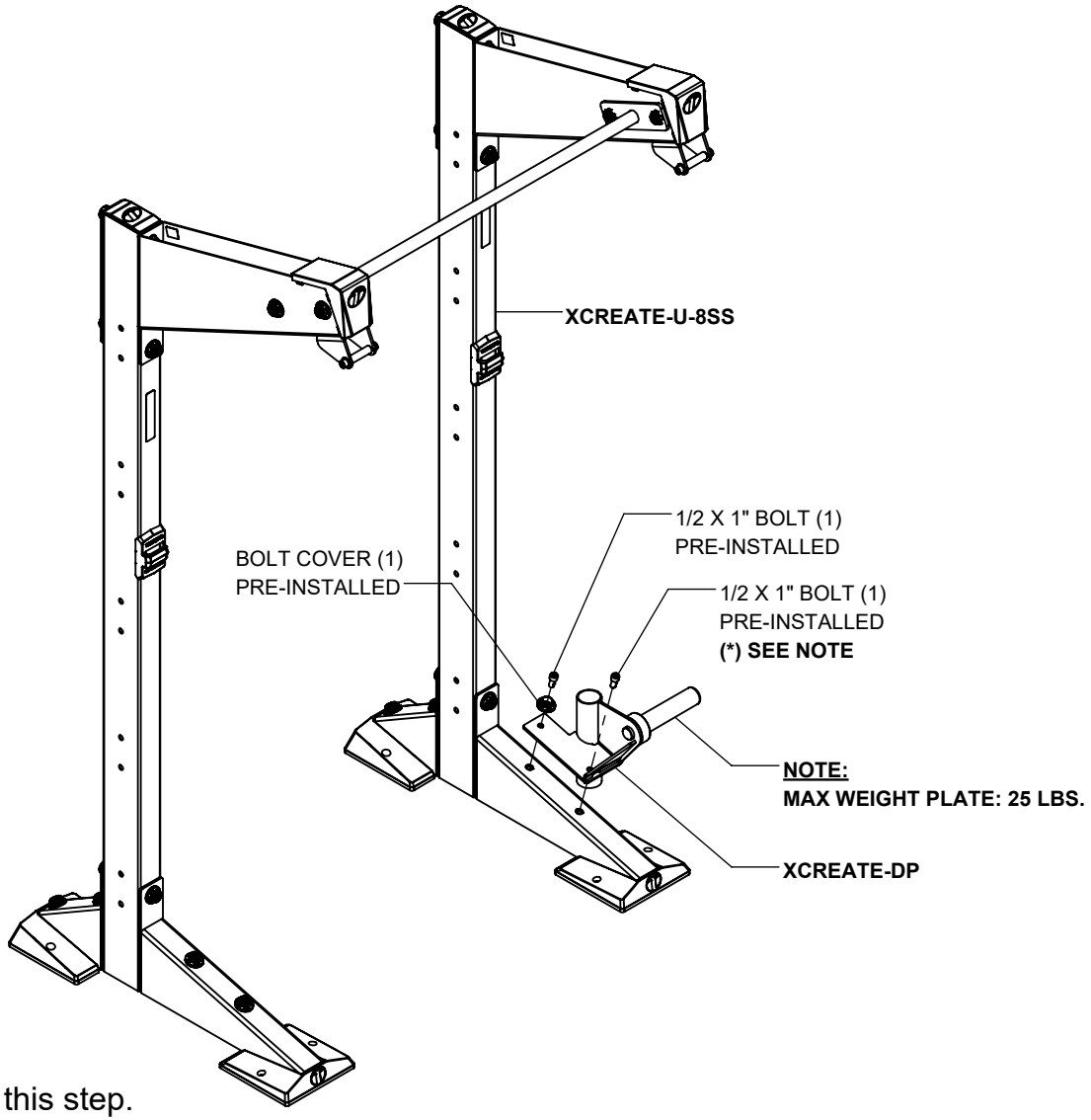
SECURELY tighten all bolt connections in this step.

(**) HARDWARE COVER **CANNOT** be used on **HSH** side.

The **XCREATE-U-7SS** is assembled the exact same way.



XCREATE-DP
DOUBLE PLAY (BAR & PLATE STORAGE)



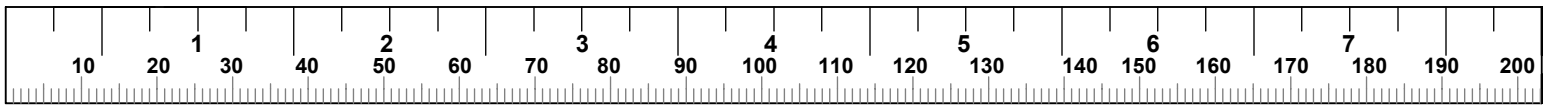
NOTES:

SECURELY tighten all bolt connections in this step.

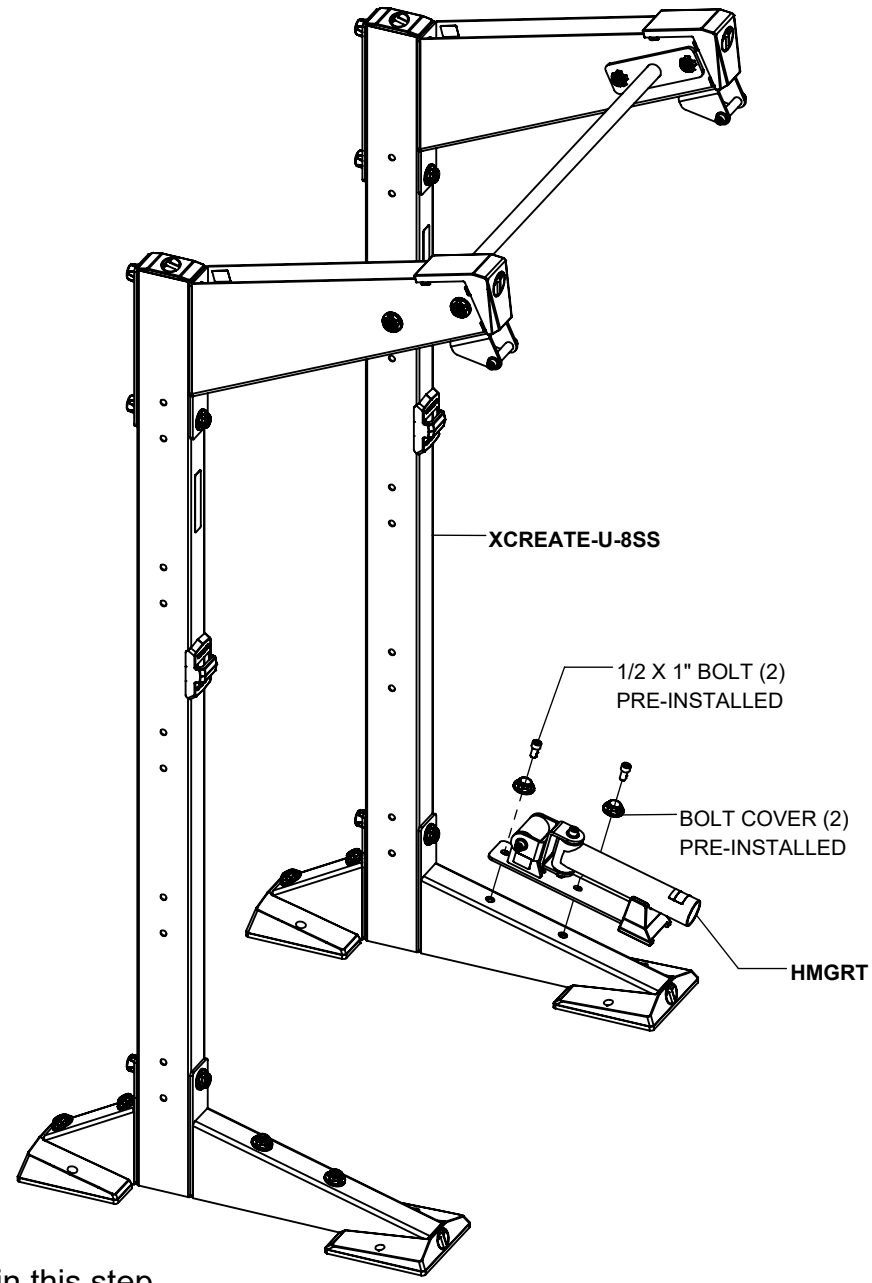
(*) HARDWARE COVER **CAN** be used in place of washer.
(SEE PAGE 3).

(**) HARDWARE COVER **CANNOT** be used in place of washer.

The **XCREATE-U-7SS** is assembled the exact same way.



XHMGRT
HORIZONTAL MOUNT GROUND
ROTATIONAL TRAINER

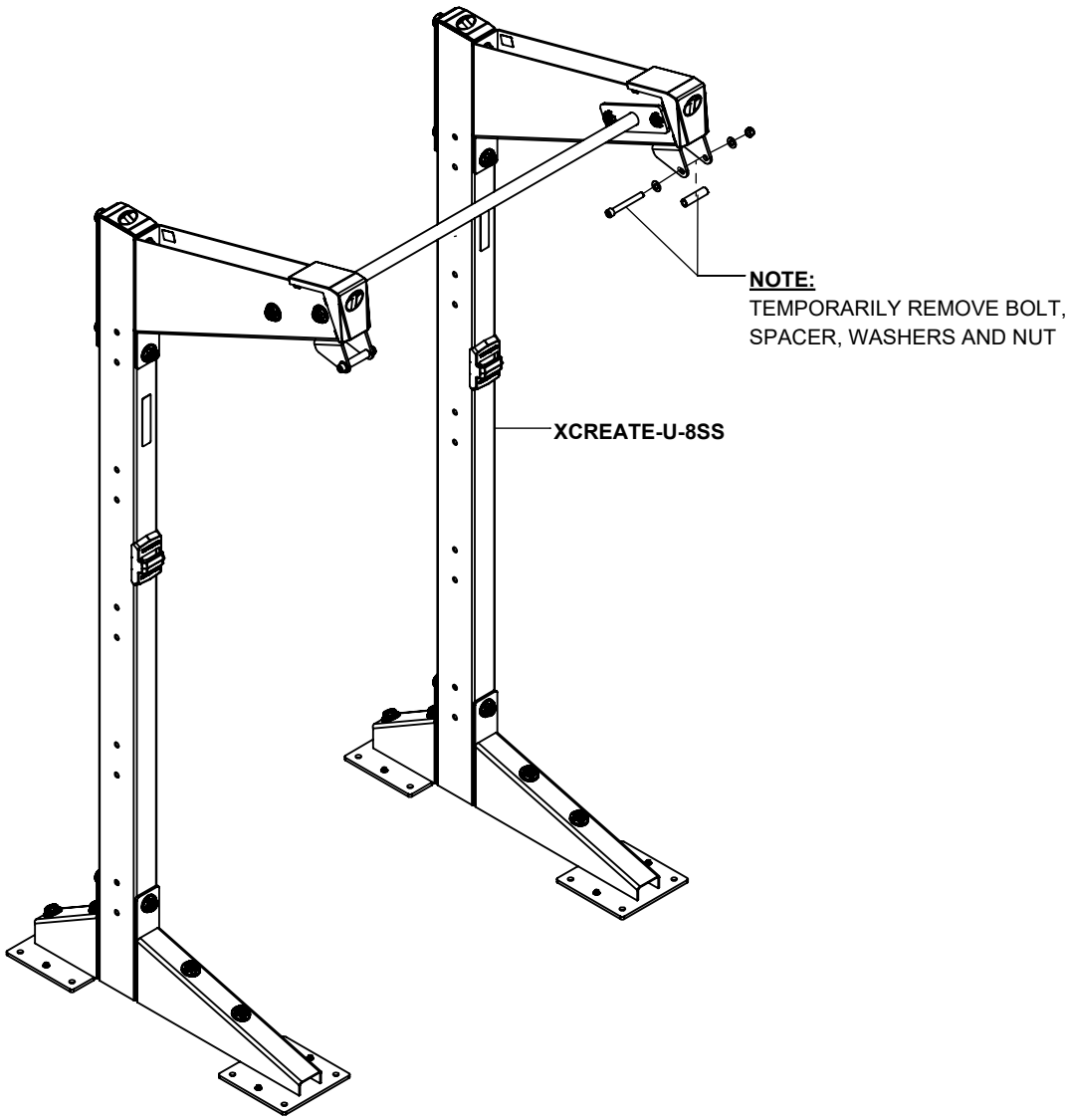


NOTES:

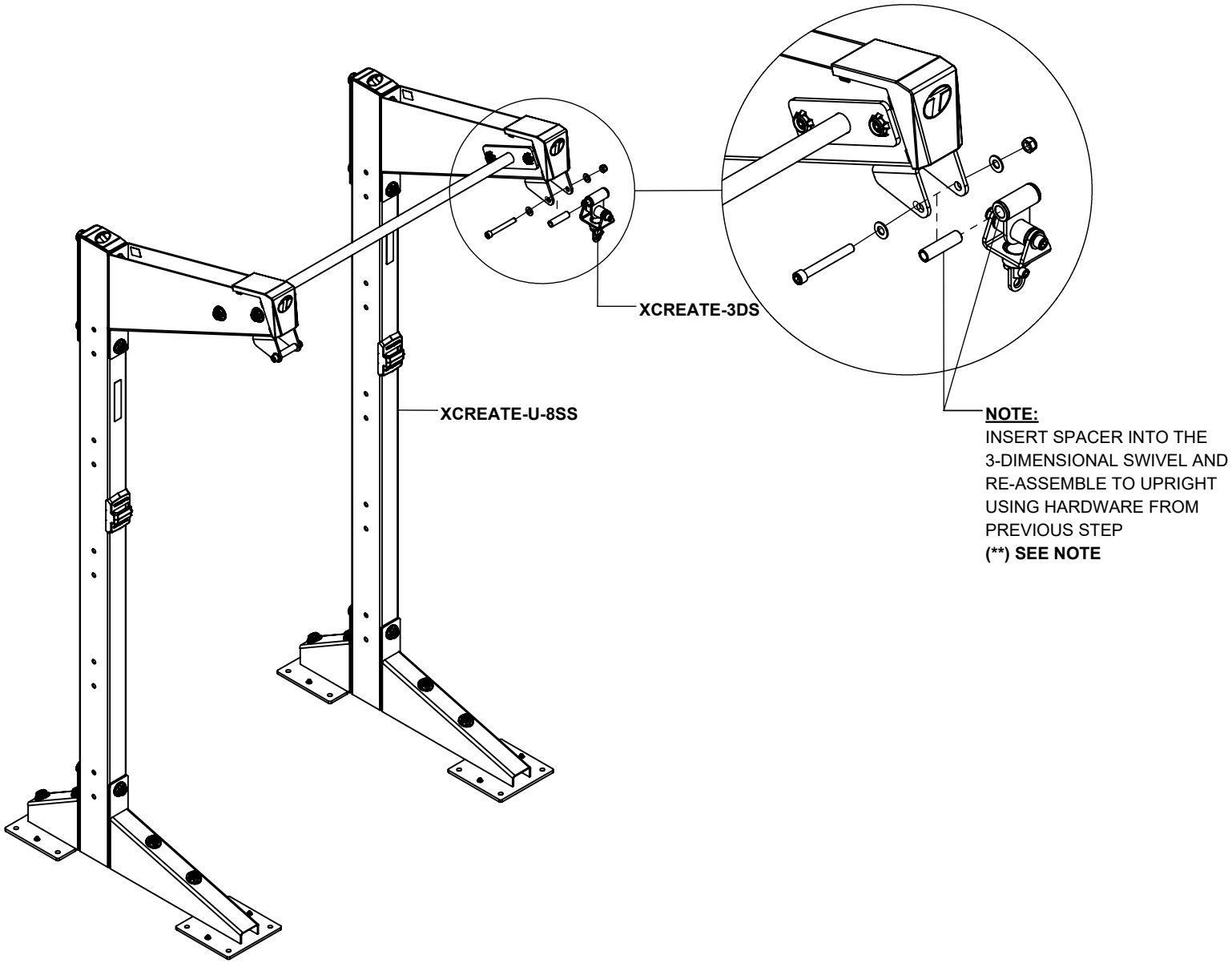
SECURELY tighten all bolt connections in this step.

The **XCREATE-U-7SS** is assembled the exact same way.

XCREATE-3DS
3 DIMENSIONAL SWIVEL



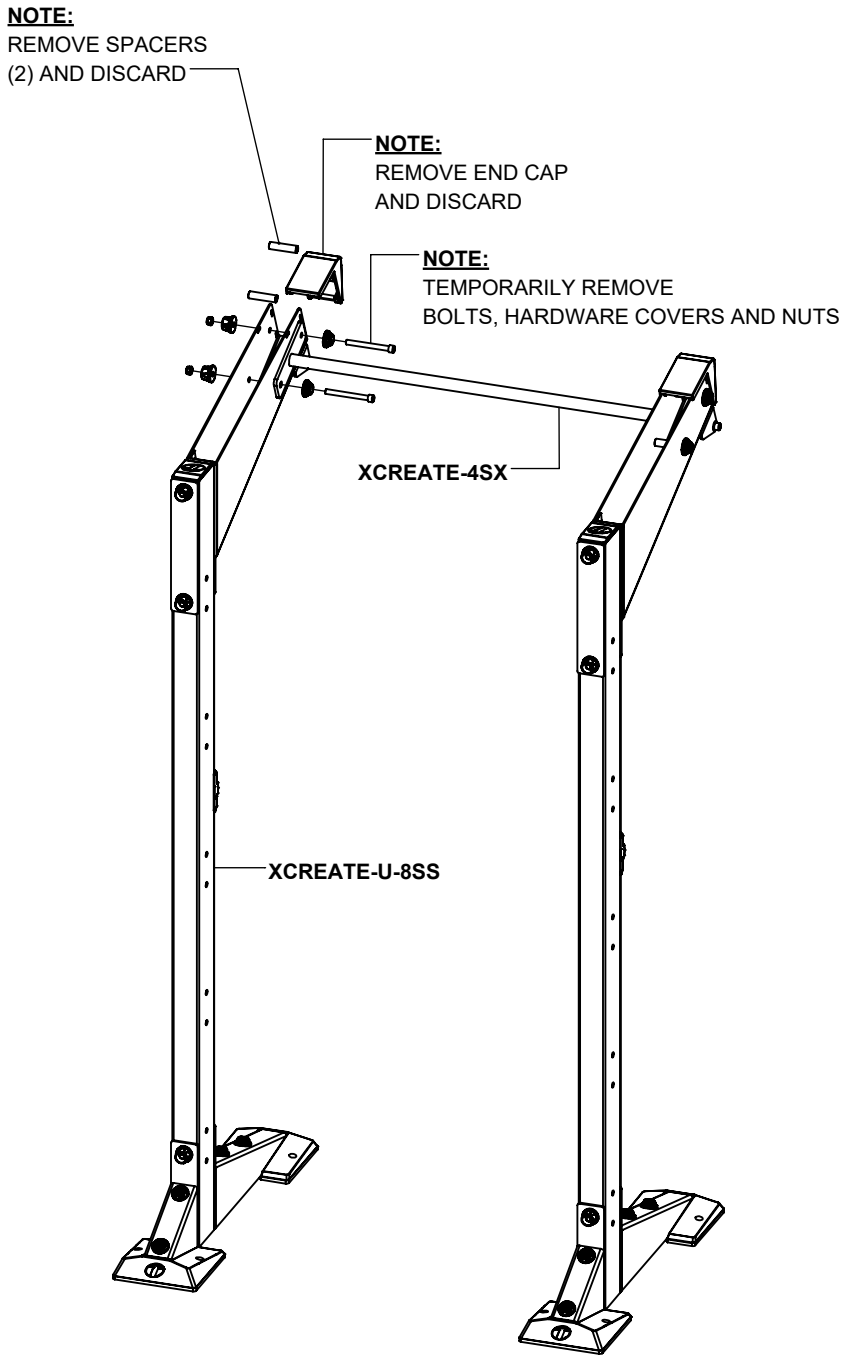
XCREATE-3DS
3-DIMENSIONAL SWIVEL

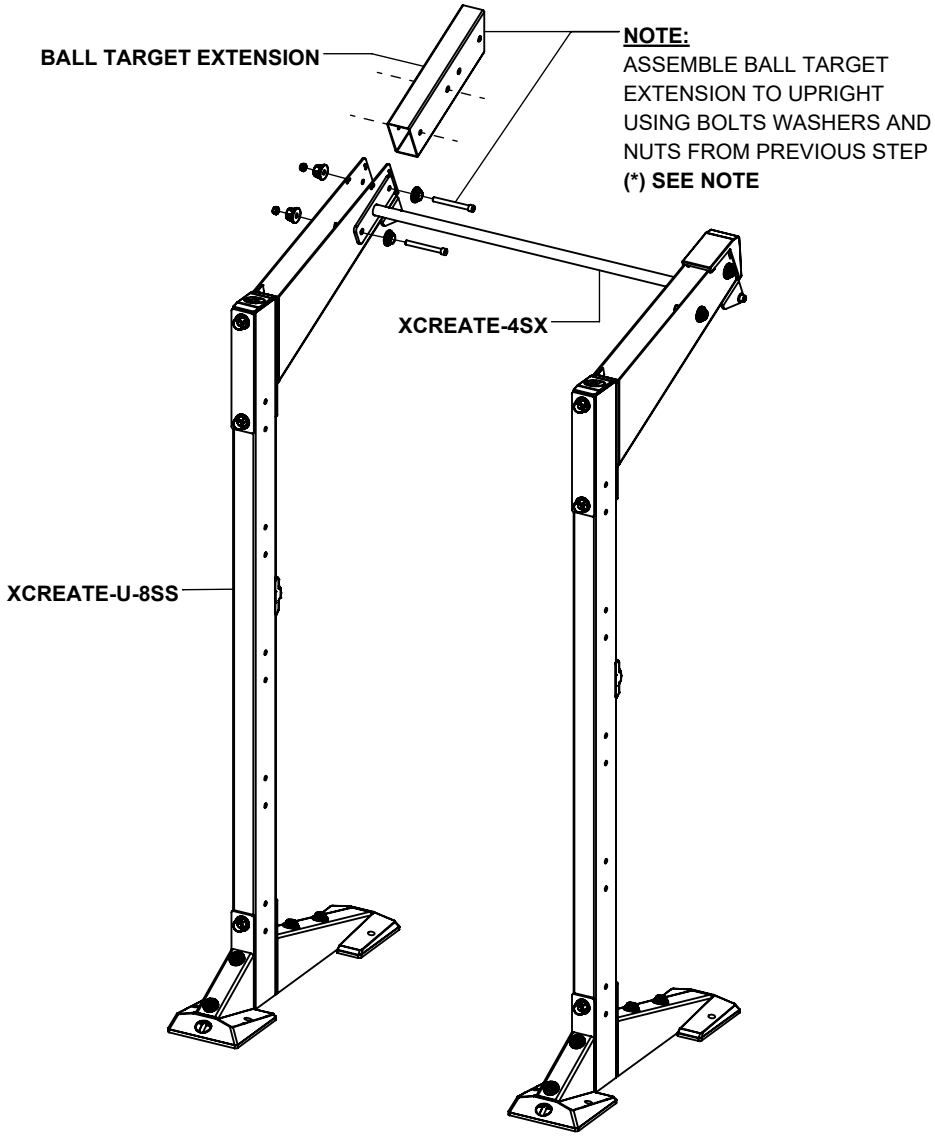


NOTES:

SECURELY assemble bolt connection in this step.

(**) HARDWARE COVERS **CANNOT** be used in place of washers in this step.

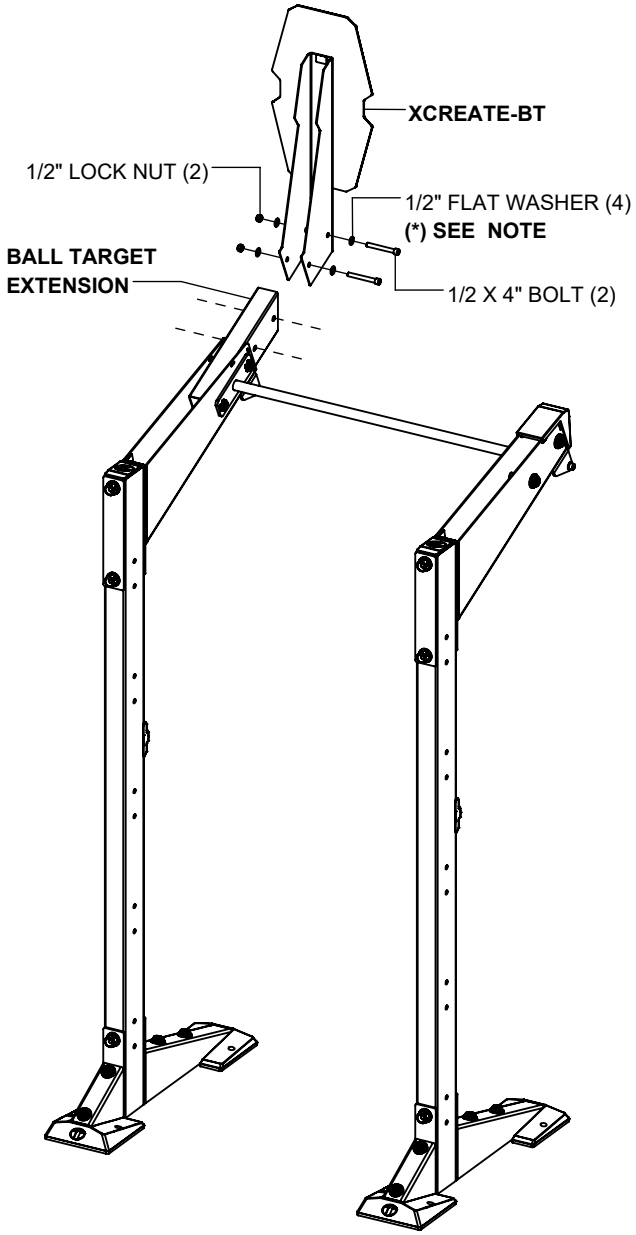

NOTE:
REMOVE SPACERS
(2) AND DISCARD
NOTE:
REMOVE END CAP
AND DISCARD
NOTE:
TEMPORARILY REMOVE
BOLTS, HARDWARE COVERS AND NUTS
XCREATE-4SX
XCREATE-U-8SS



NOTES:

LOOSELY assemble bolt connections in this step.

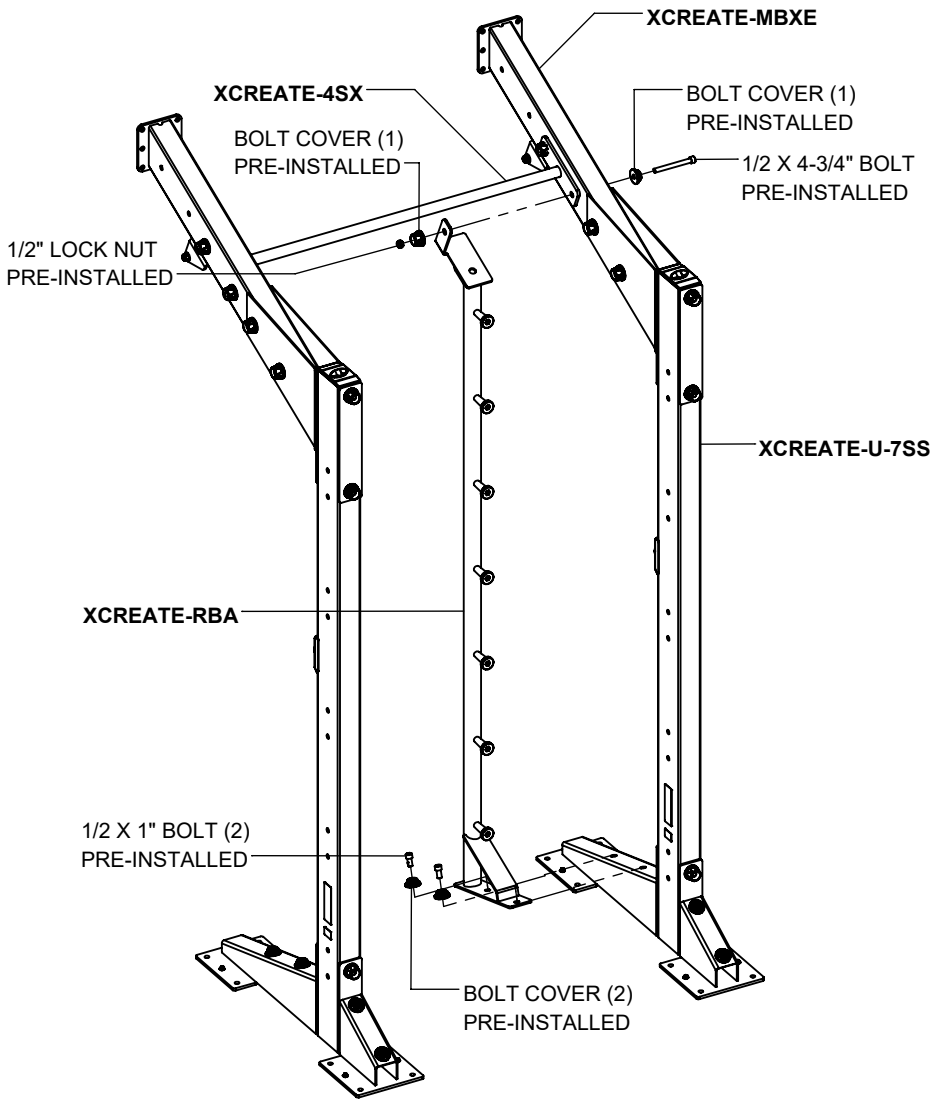
XCREATE-BT
BALL TARGET

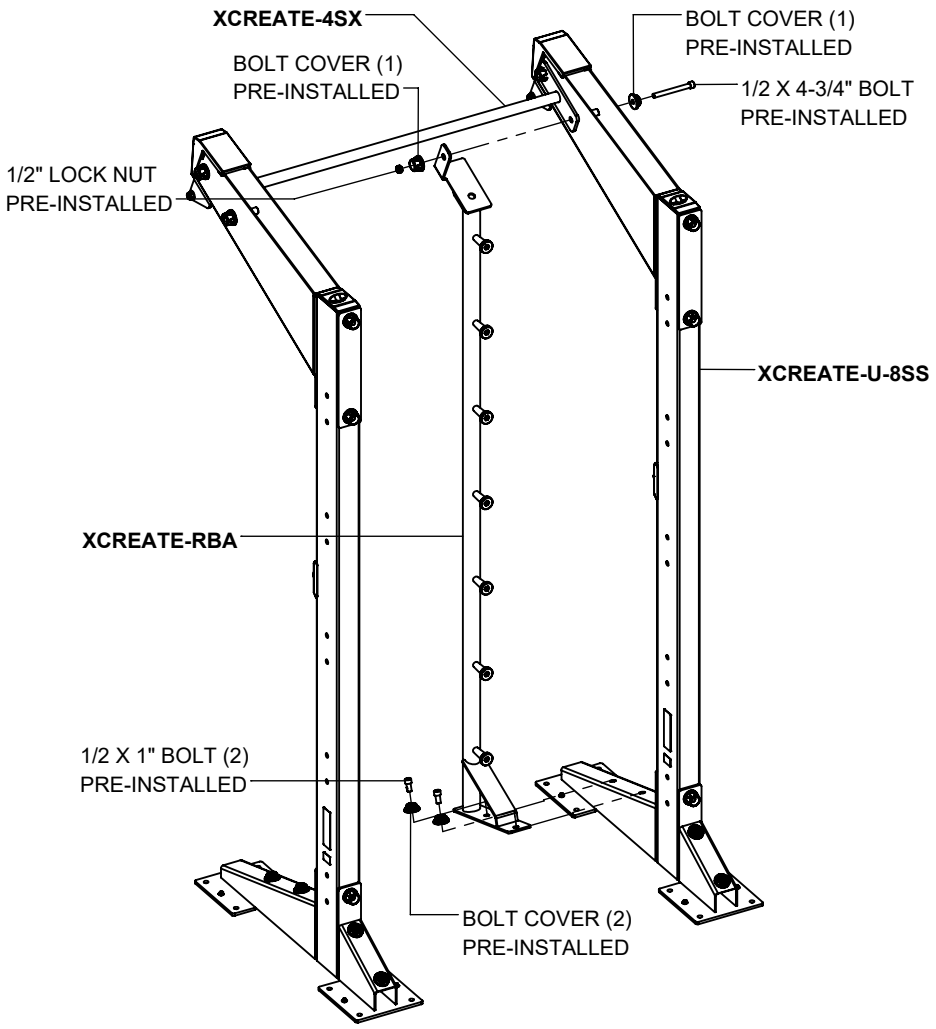


NOTES:

After this step has been completed, **SECURELY** tighten all bolt connections from the last two steps.

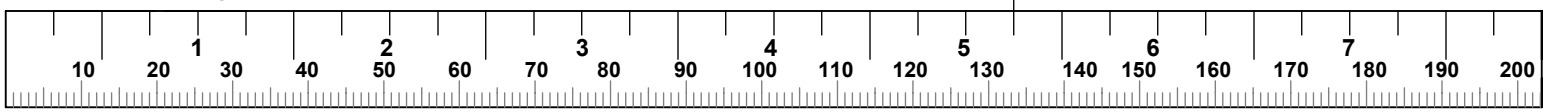
XCREATE-RBA
RESISTANCE BAND ANCHOR



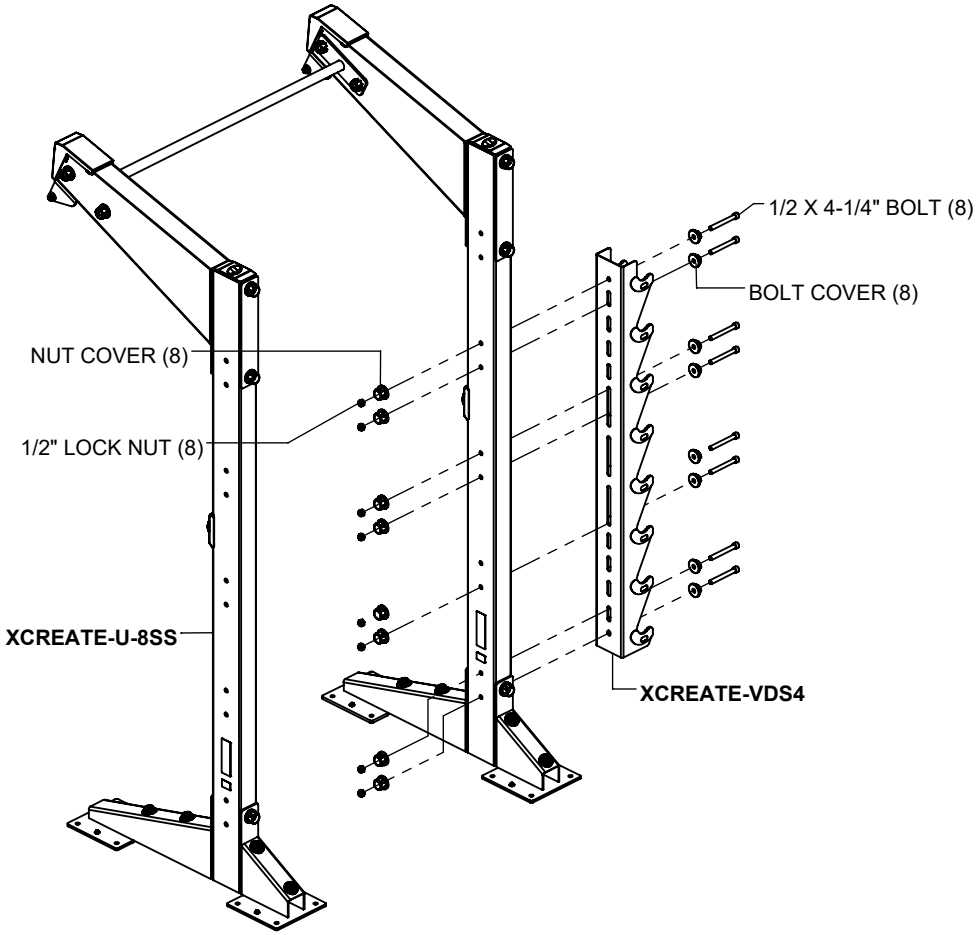


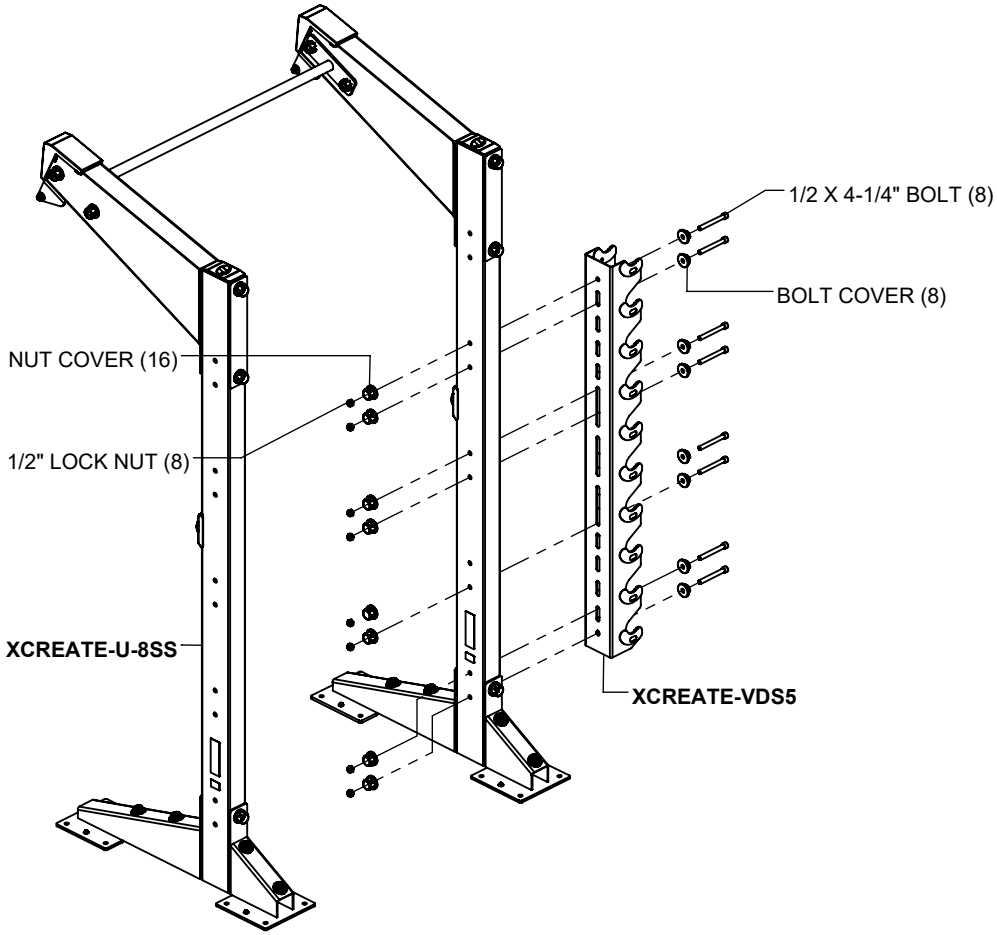
NOTES:

SECURELY tighten all bolt connections in this step.



XCREATE-VDS4 AND VDS5
VERTICAL DUMBBELL STORAGE

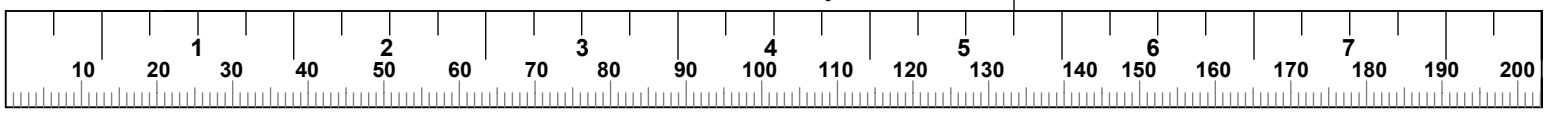




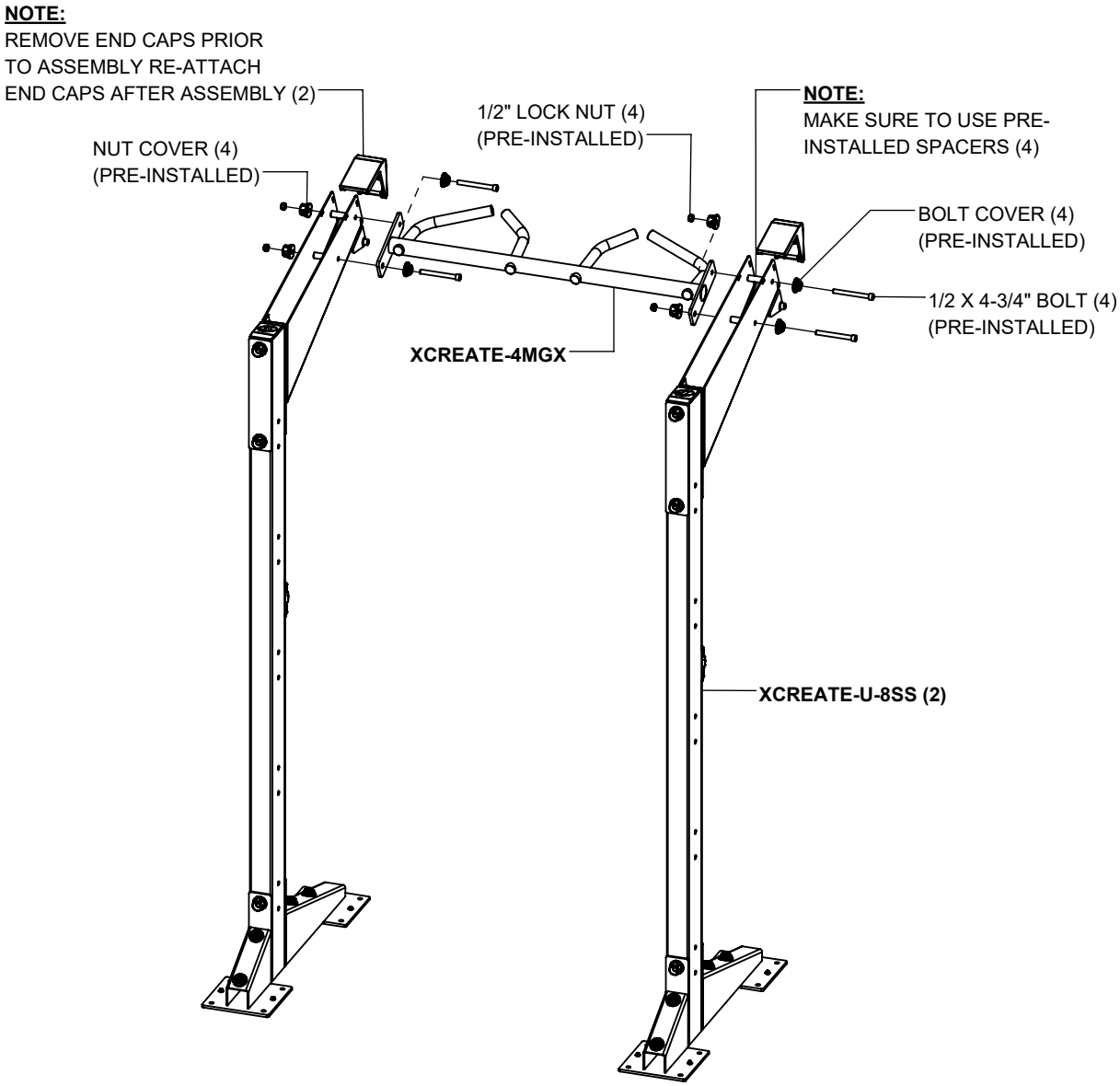
NOTES:

SECURELY tighten all bolt connections in this step.

The **XCREATE-U-7SS** is assembled the exact same way.



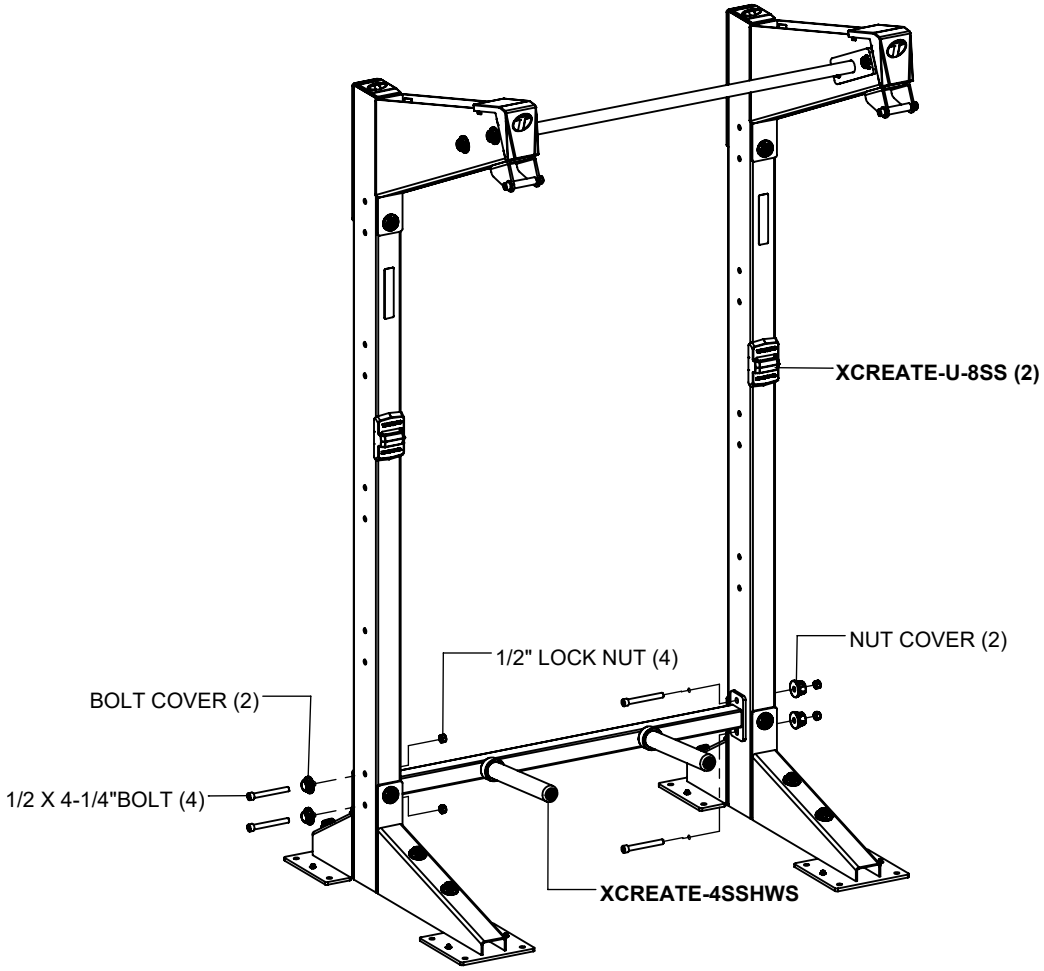
XCREATE-4MGX
4' MULTI GRIP CROSS



NOTES:

SECURELY tighten all bolt connections in this step.

XCREATE-4SSHWS
4' SINGLE SIDE HORIZONTAL WEIGHT STORAGE

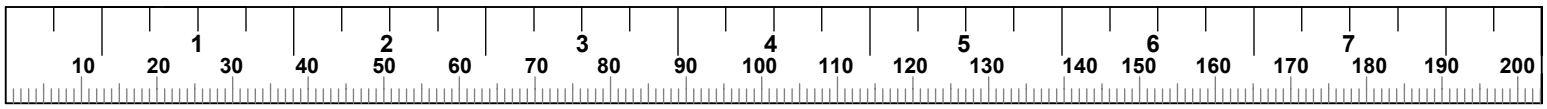


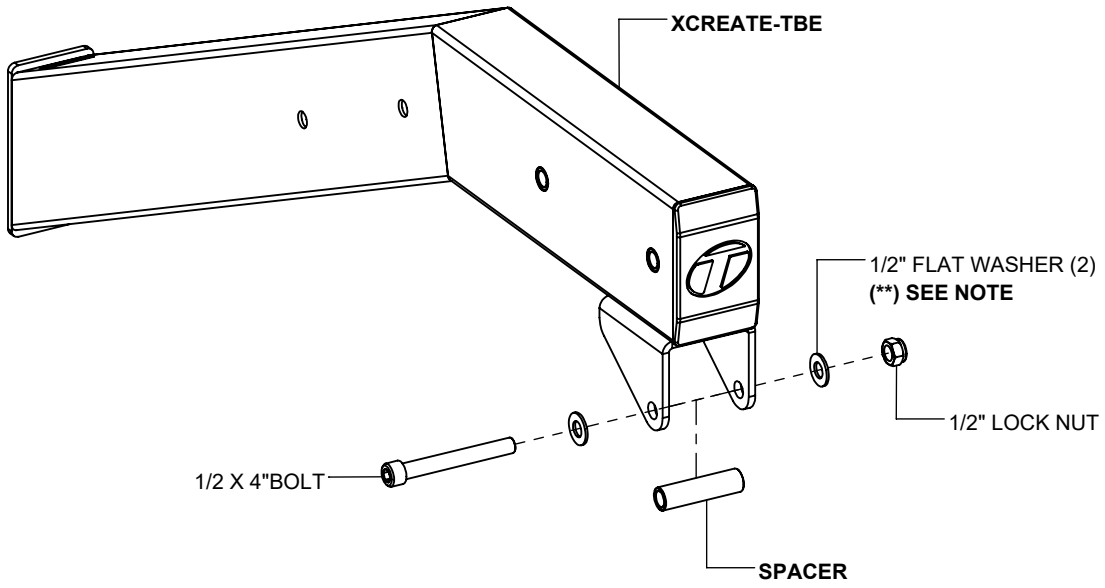
NOTES:

SECURELY tighten all bolt connections in this step.

(*) HARDWARE COVERS **CANNOT** be used on plate side.

The **XCREATE-U-7SS** is assembled the exact same way.

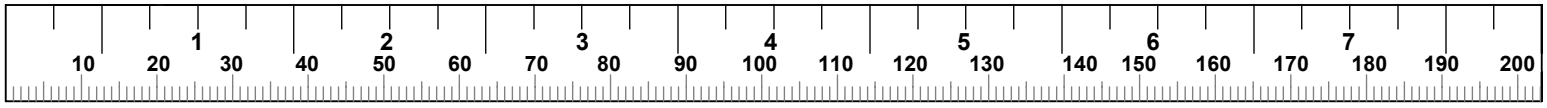


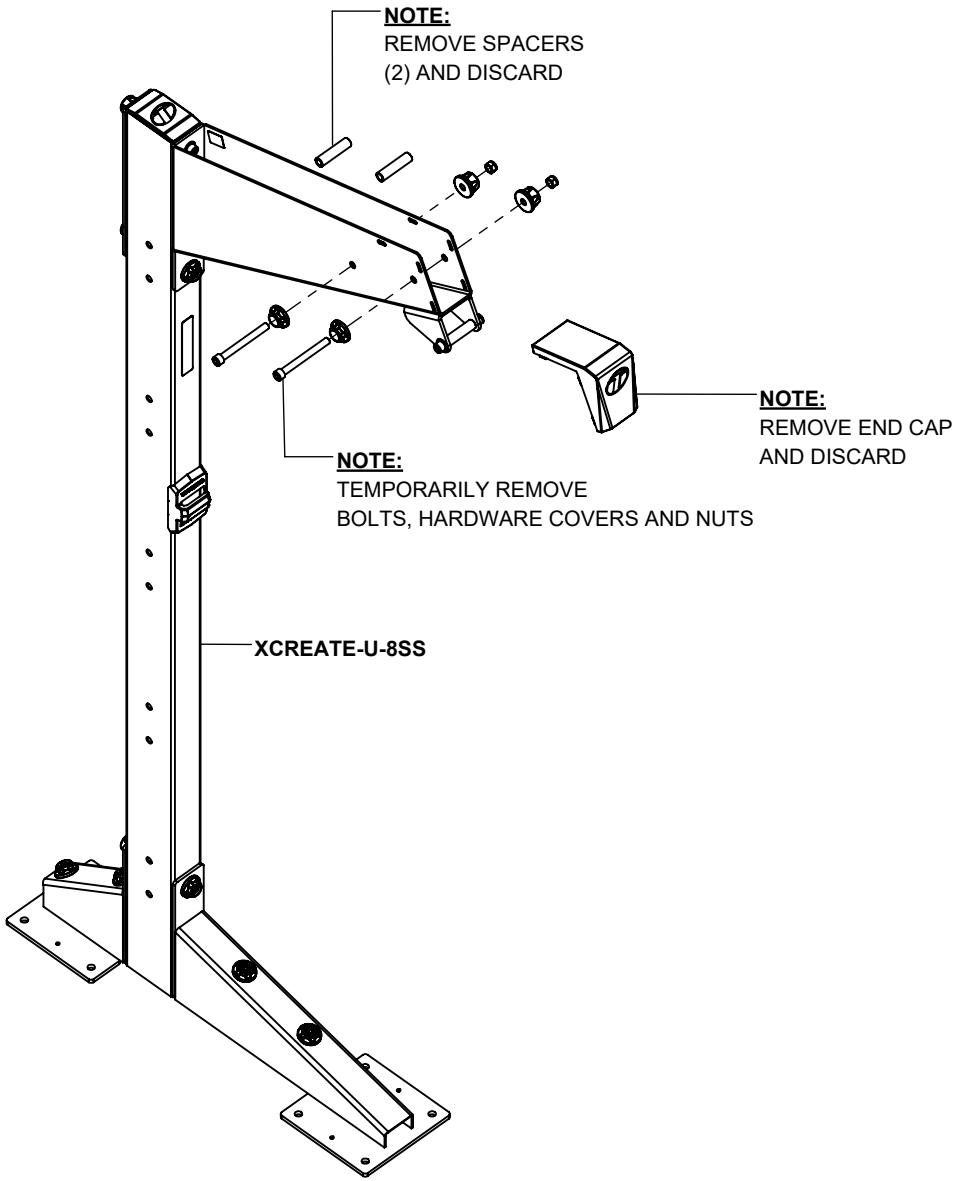


NOTES:

SECURELY tighten bolt connection in this step.

(**) HARDWARE COVERS **CANNOT** be used in place of washers in this step.

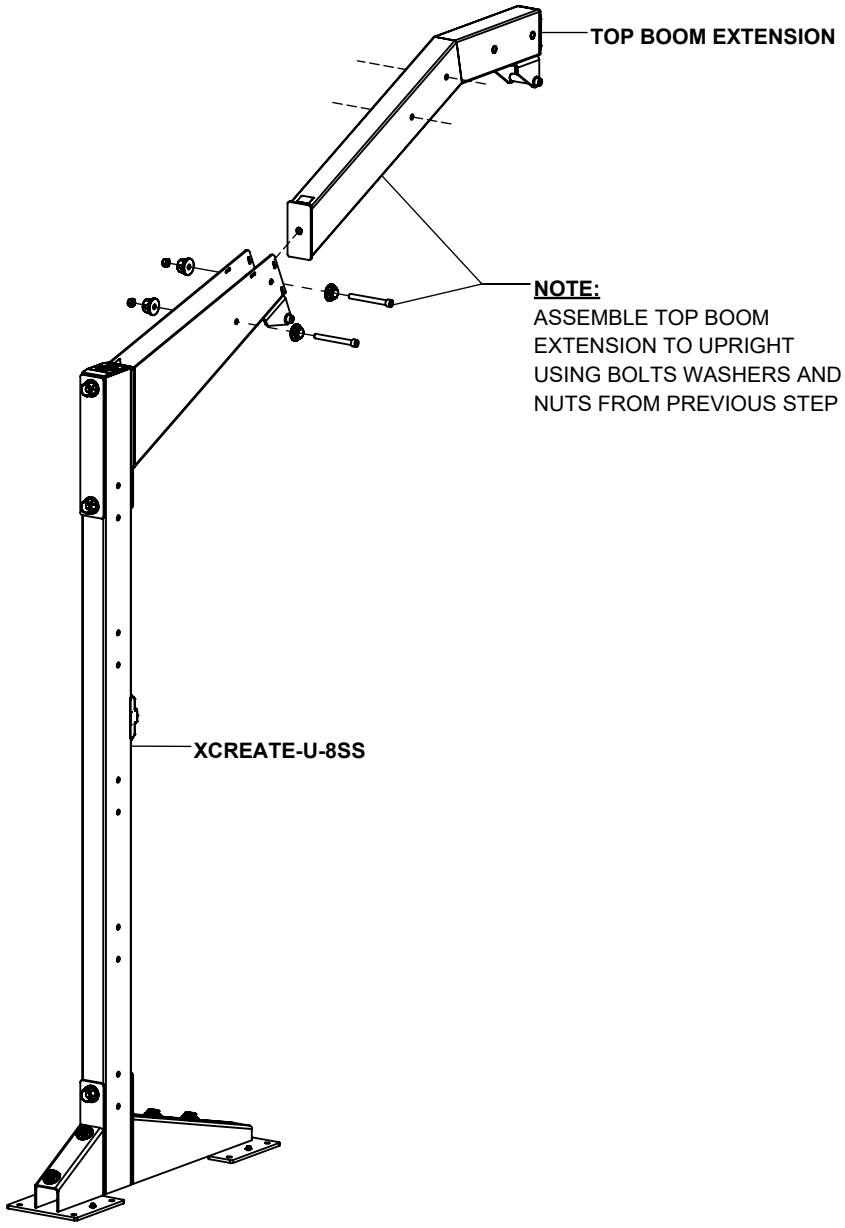




NOTE:

Repeat this step for as many TOP BOOM EXTENSIONS there are to assemble.

XCREATE-TBE
TOP BOOM EXTENSION



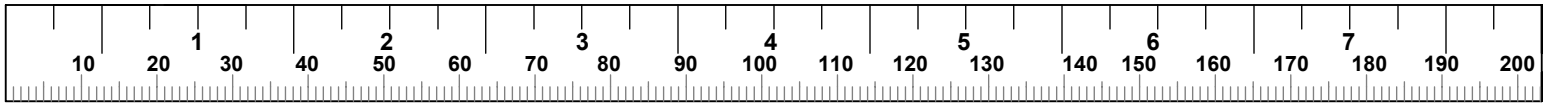
NOTES:

Repeat this step for as many TOP BOOM EXTENSIONS there are to assemble.

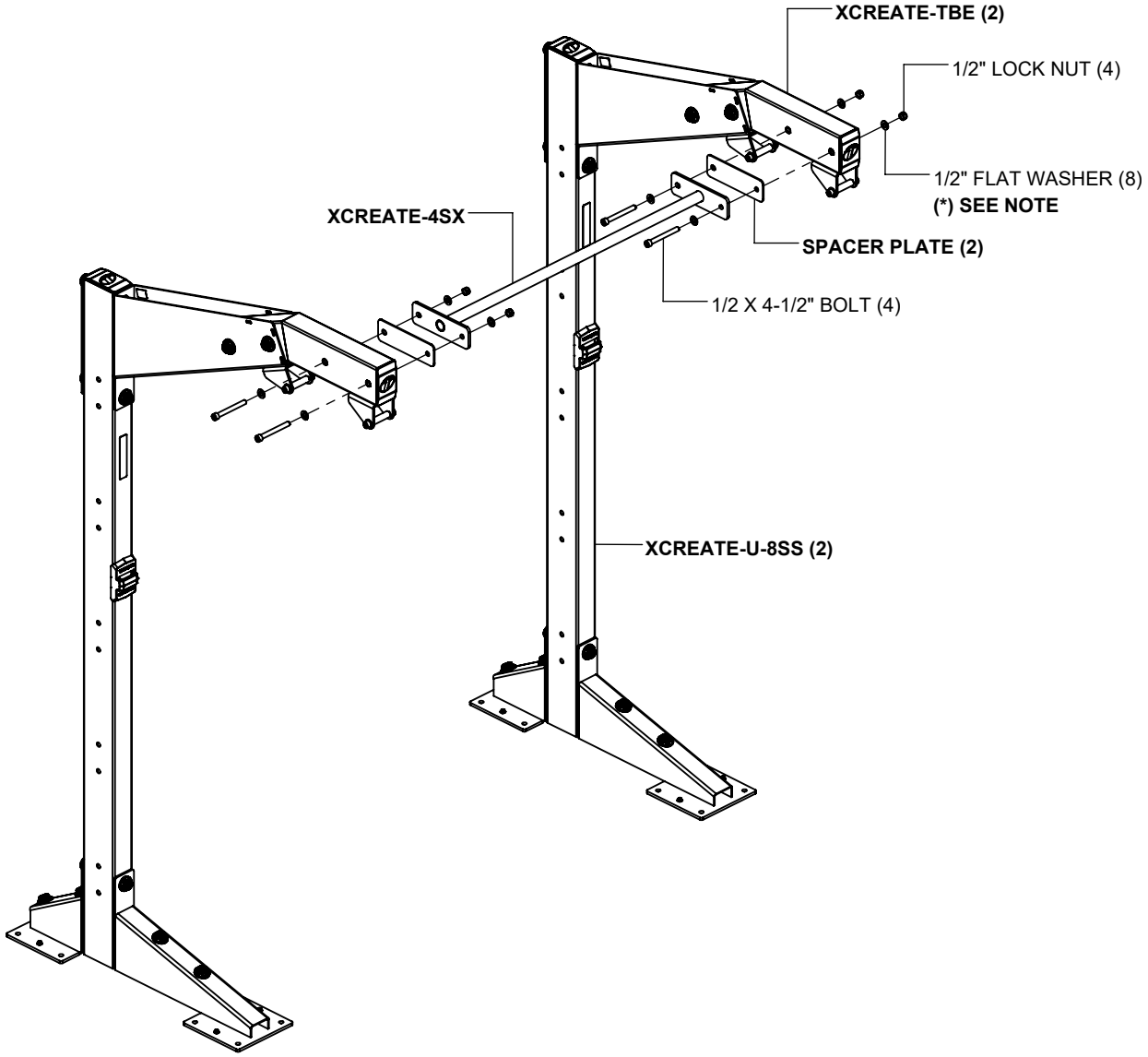
If only one TOP BOOM EXTENSION is being assembled, then **SECURELY** tighten all bolt connections in this step.

If joining two TOP BOOM EXTENSIONS together, then keep all bolt connections loose until next step.

(*) HARDWARE COVERS **CAN** be used in place of washers in this step. **(SEE PAGE 3)**.



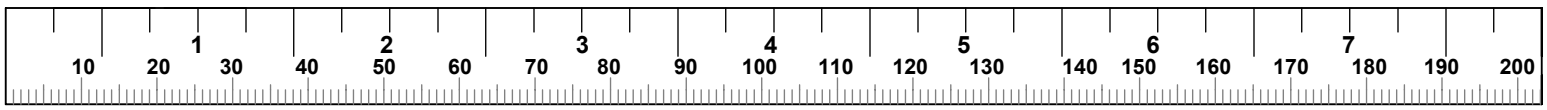
XCREATE-TBE
TOP BOOM EXTENSION



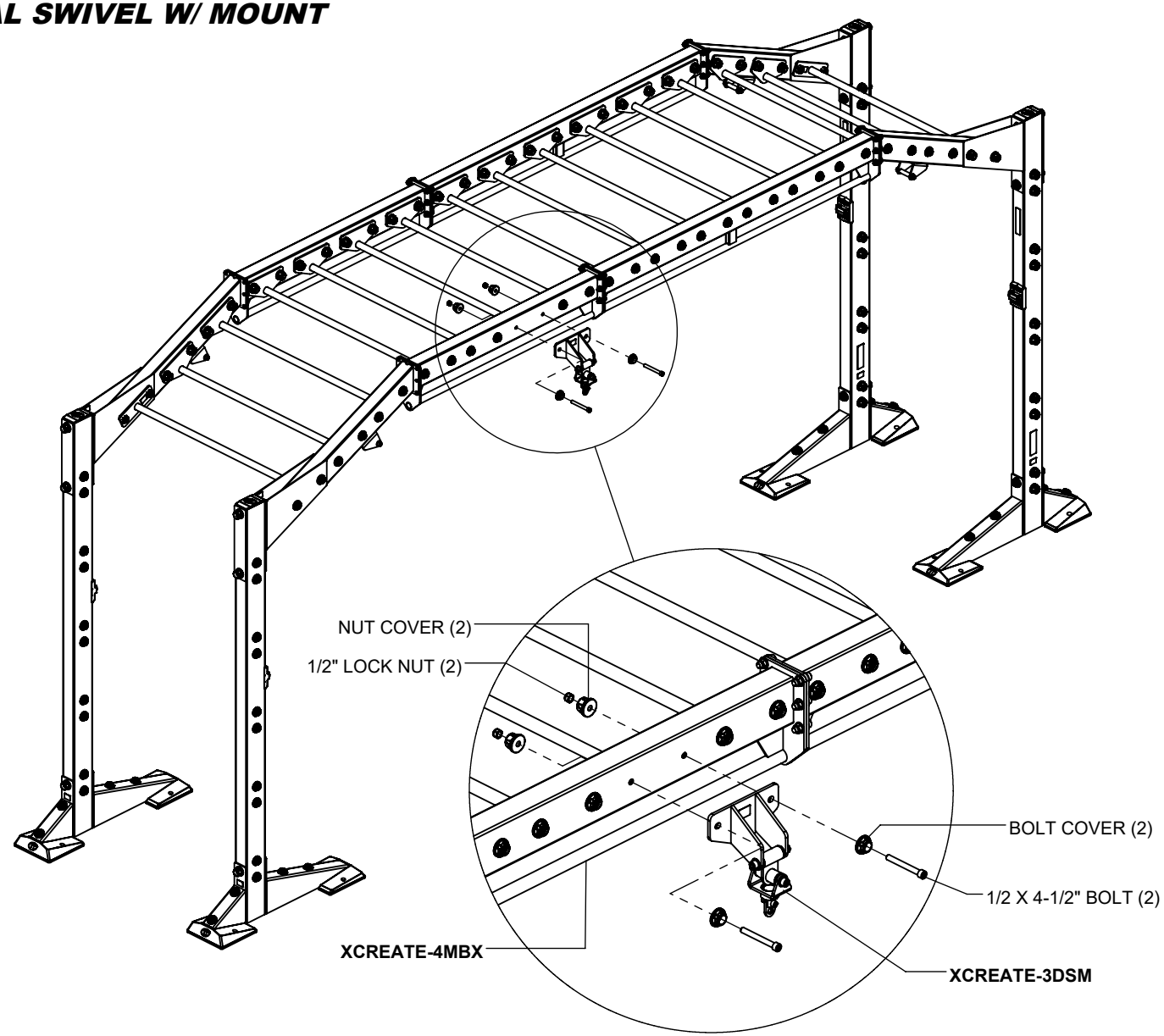
NOTES:

SECURELY tighten all bolt connections in this step.

(*) HARDWARE COVERS **CAN** be used in place of washers in this step. **(SEE PAGE 3)**.

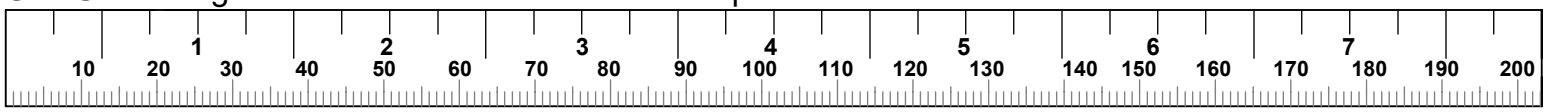


XCREATE-3DSM
3 DIMENSIONAL SWIVEL W/ MOUNT

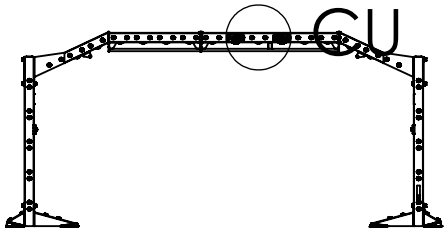


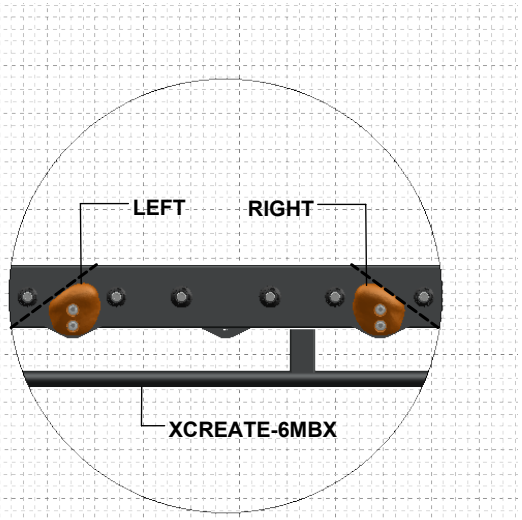
NOTES:

SECURELY tighten all bolt connections in this step.

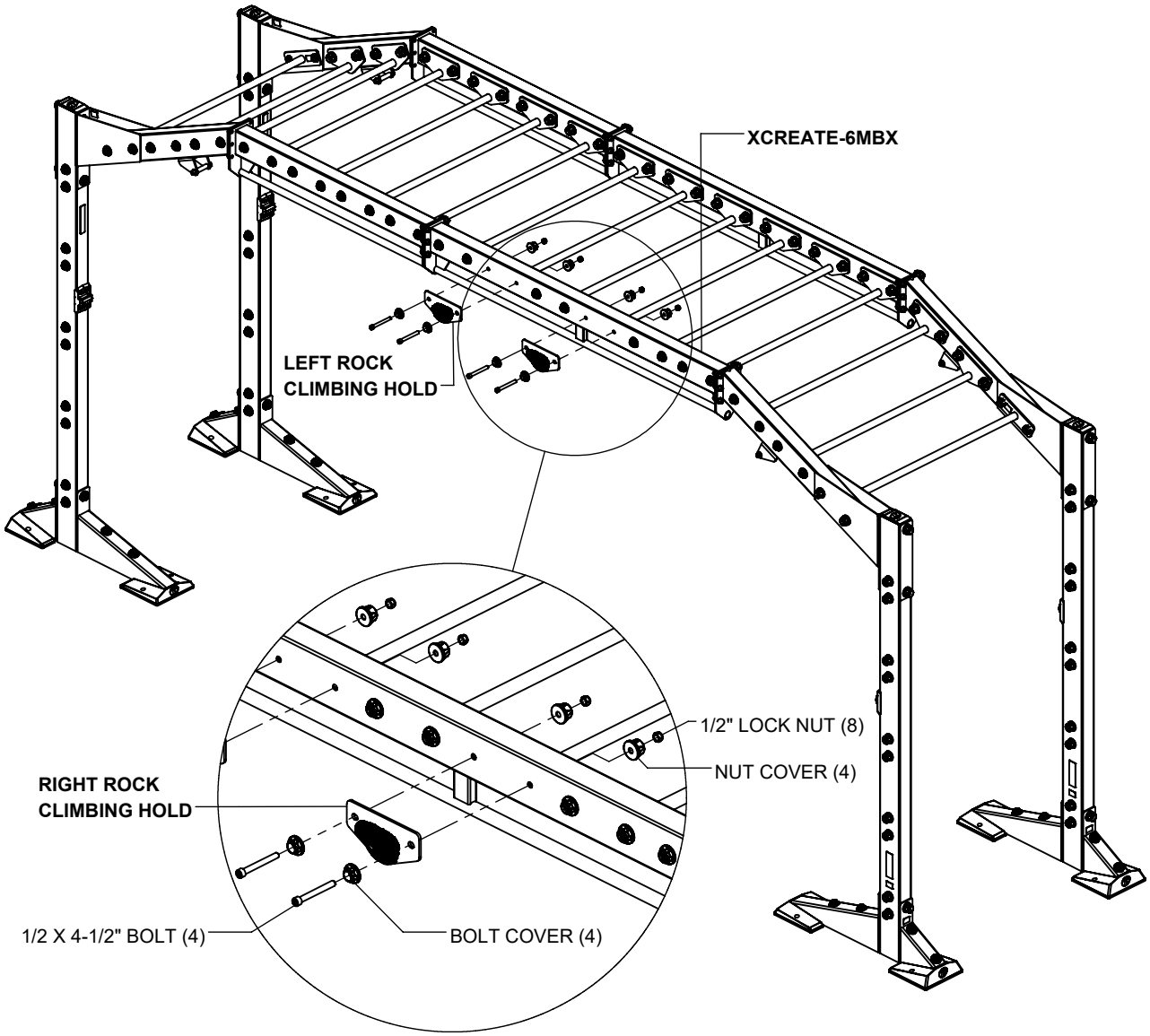


XRACK-RCK
ROCK CLIMBING KIT



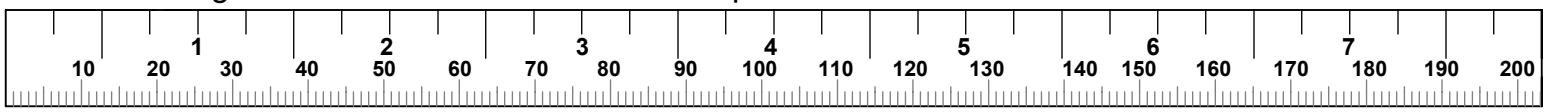


NOTE:
MAKE SURE THE LEFT AND RIGHT ROCK CLIMBING HOLDS ANGLE IN TOWARDS EACH OTHER.

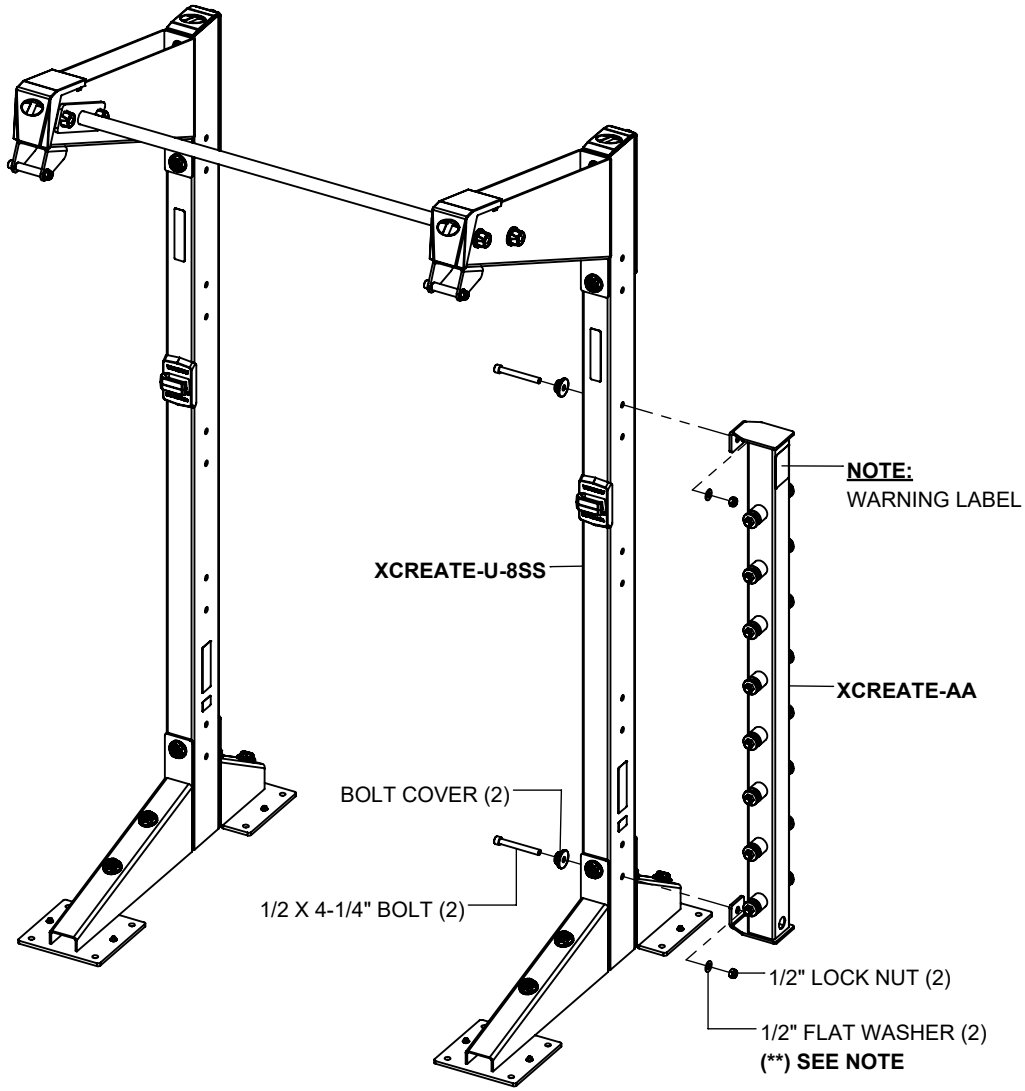


NOTES:

SECURELY tighten all bolt connections in this step.



XCREATE-AA
ATTACHMENT ANCHOR

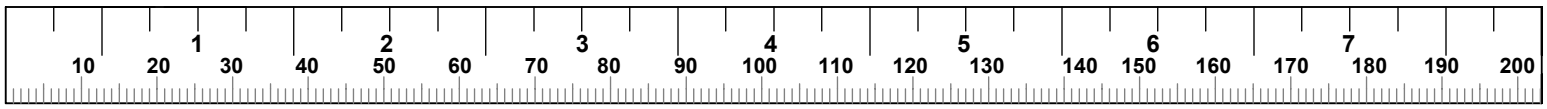


NOTES:

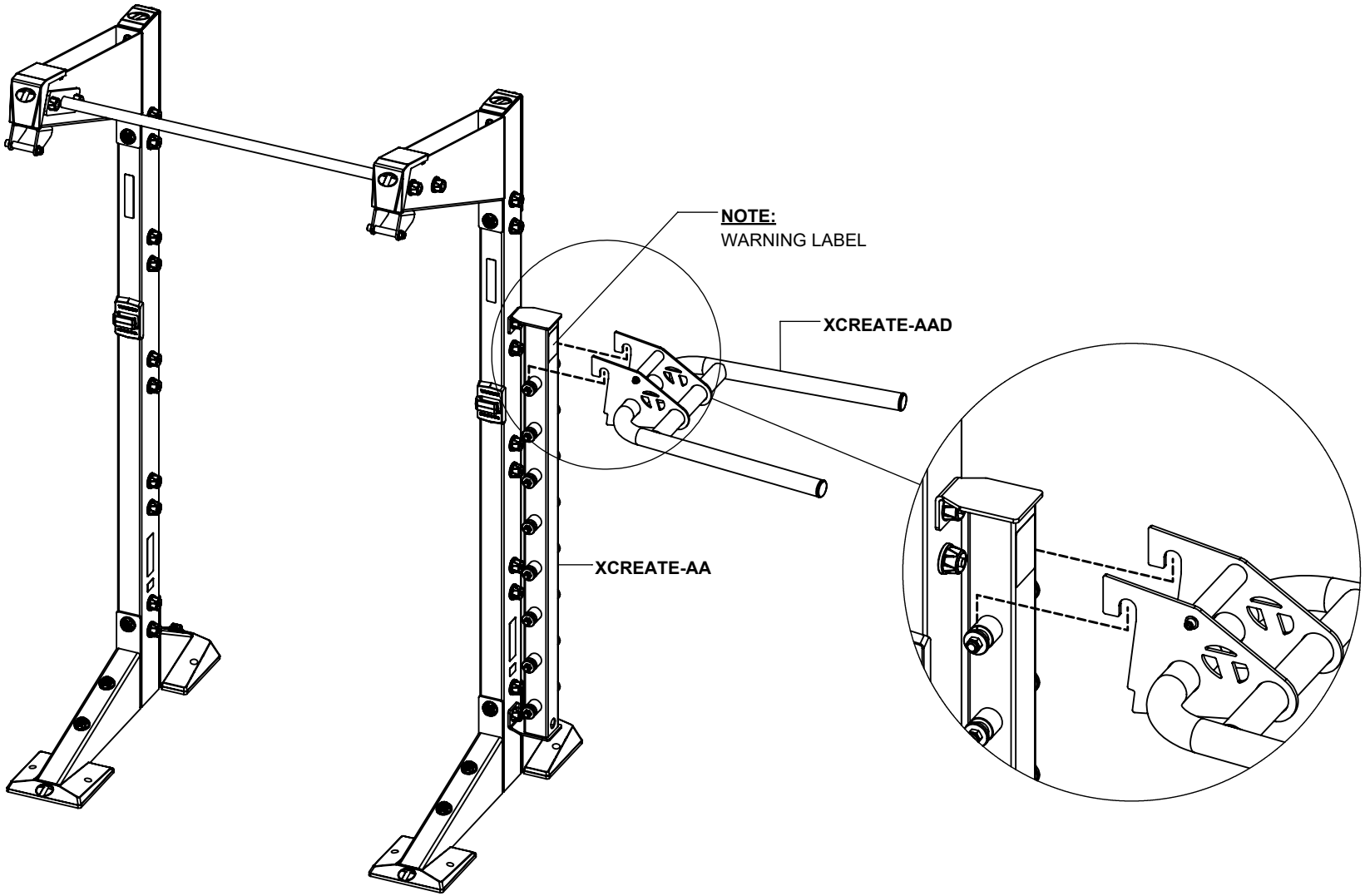
SECURELY tighten all bolt connections in this step.

(**) HARDWARE COVERS **CANNOT** be used on plate side.

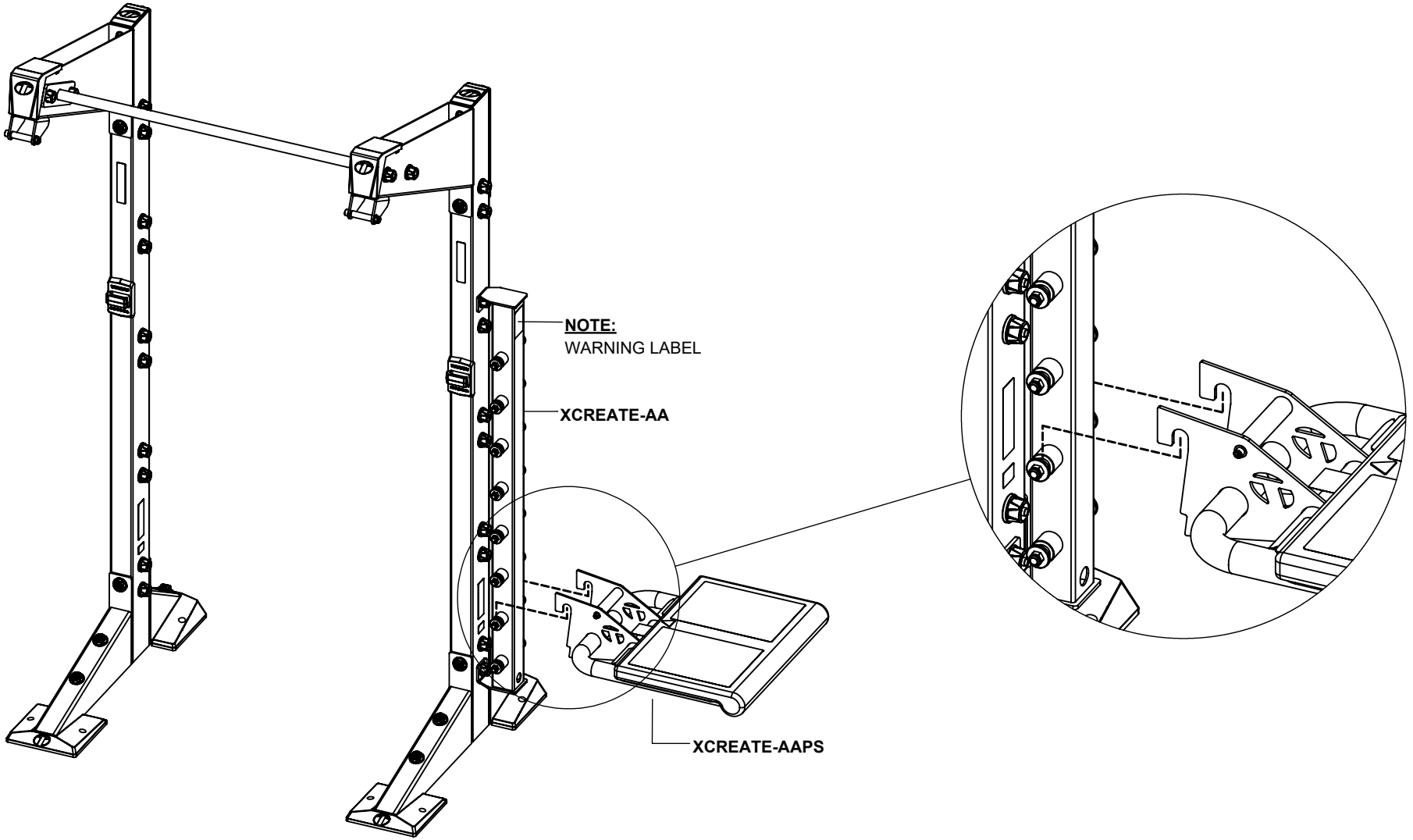
The **XCREATE-U-7SS** is assembled the exact same way.



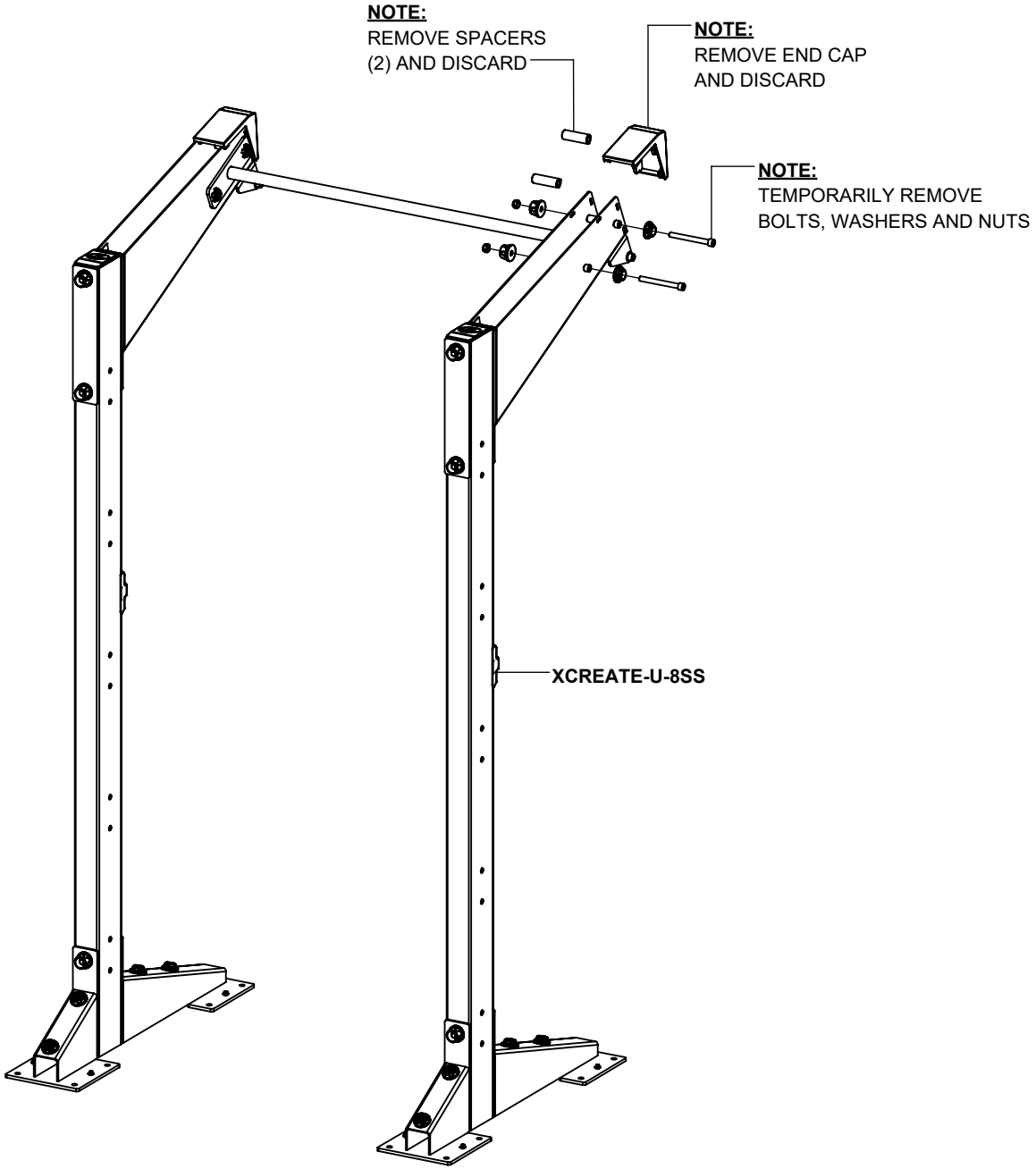
XCREATE-AAD
DIP ATTACHMENT



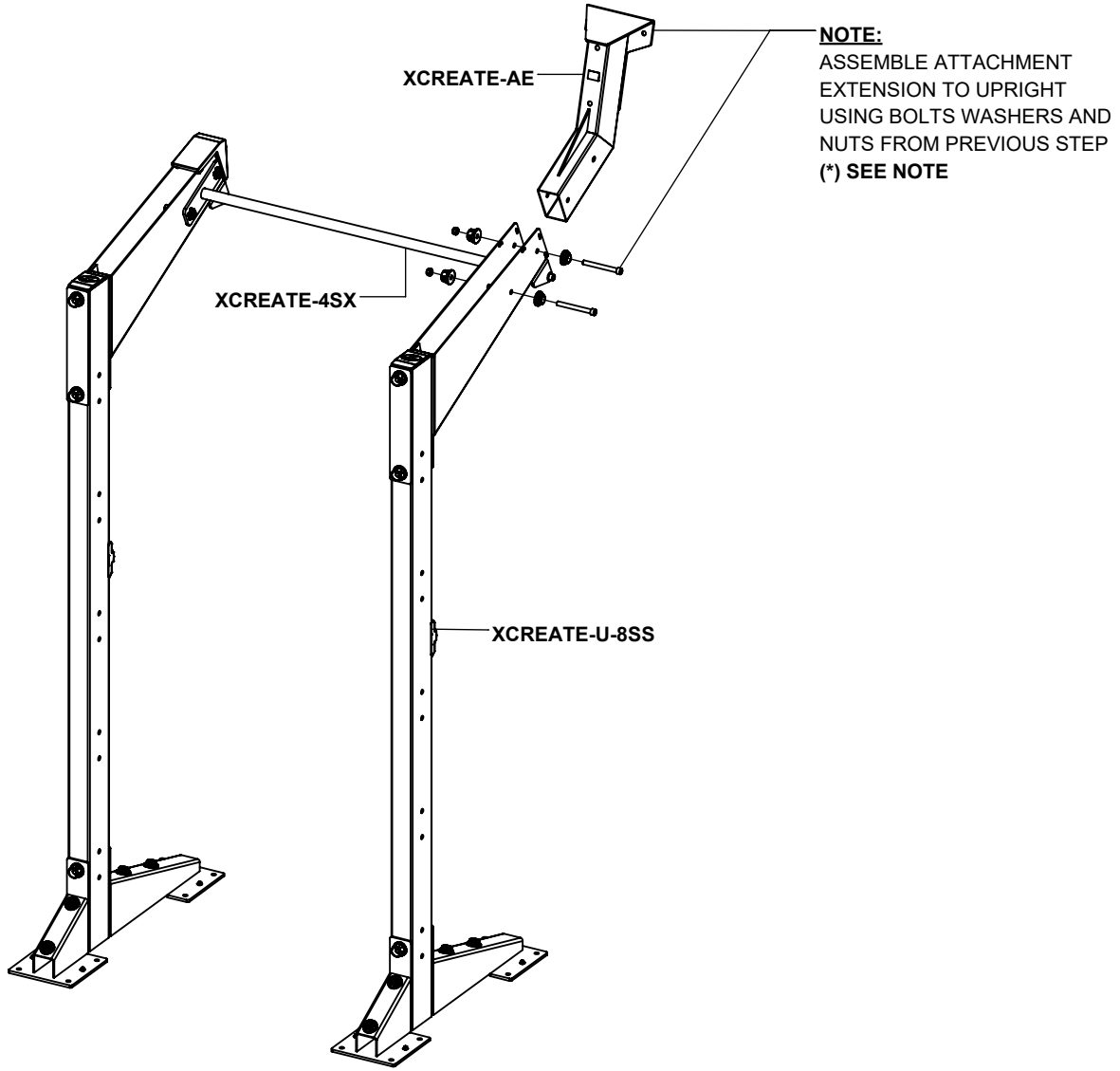
XCREATE-AAPS
PLYO STEP



XCREATE-AE
ATTACHMENT EXTENSION



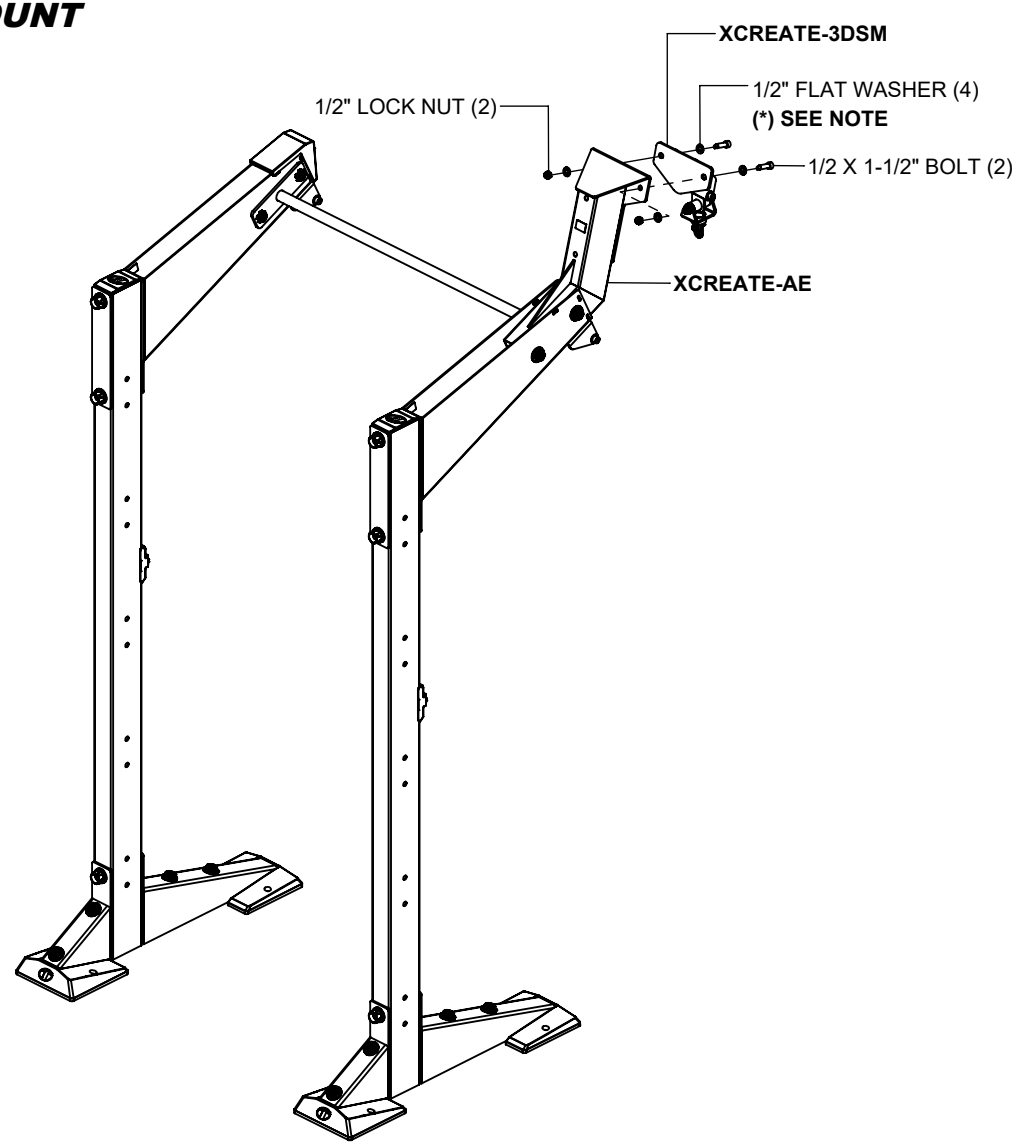
XCREATE-AE
ATTACHMENT EXTENSION



NOTES:

SECURELY assemble bolt connections in this step.

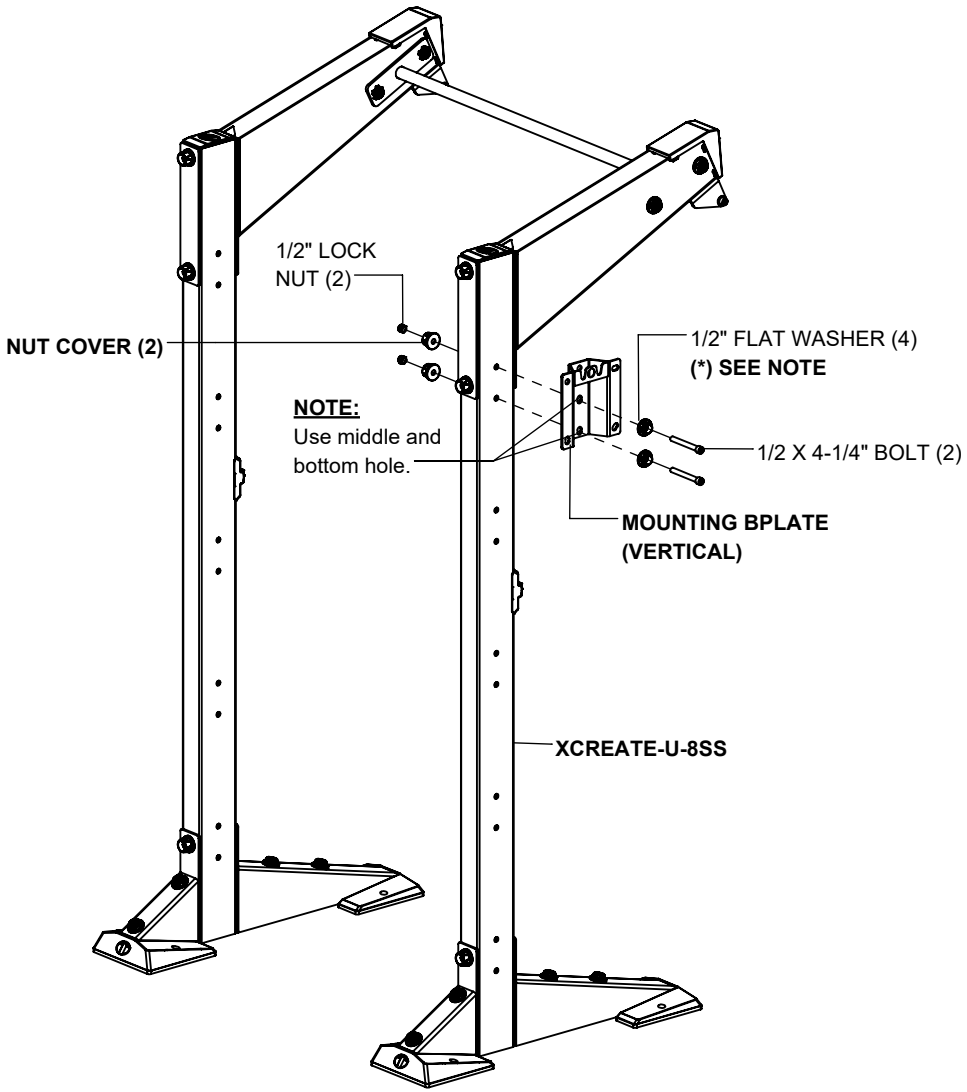
XCREATE-AE & XCREATE-3DSM ATTACHMENT EXTENSION AND 3 DIMENSIONAL SWIVEL W MOUNT



NOTES:

SECURELY assemble bolt connections in this step.

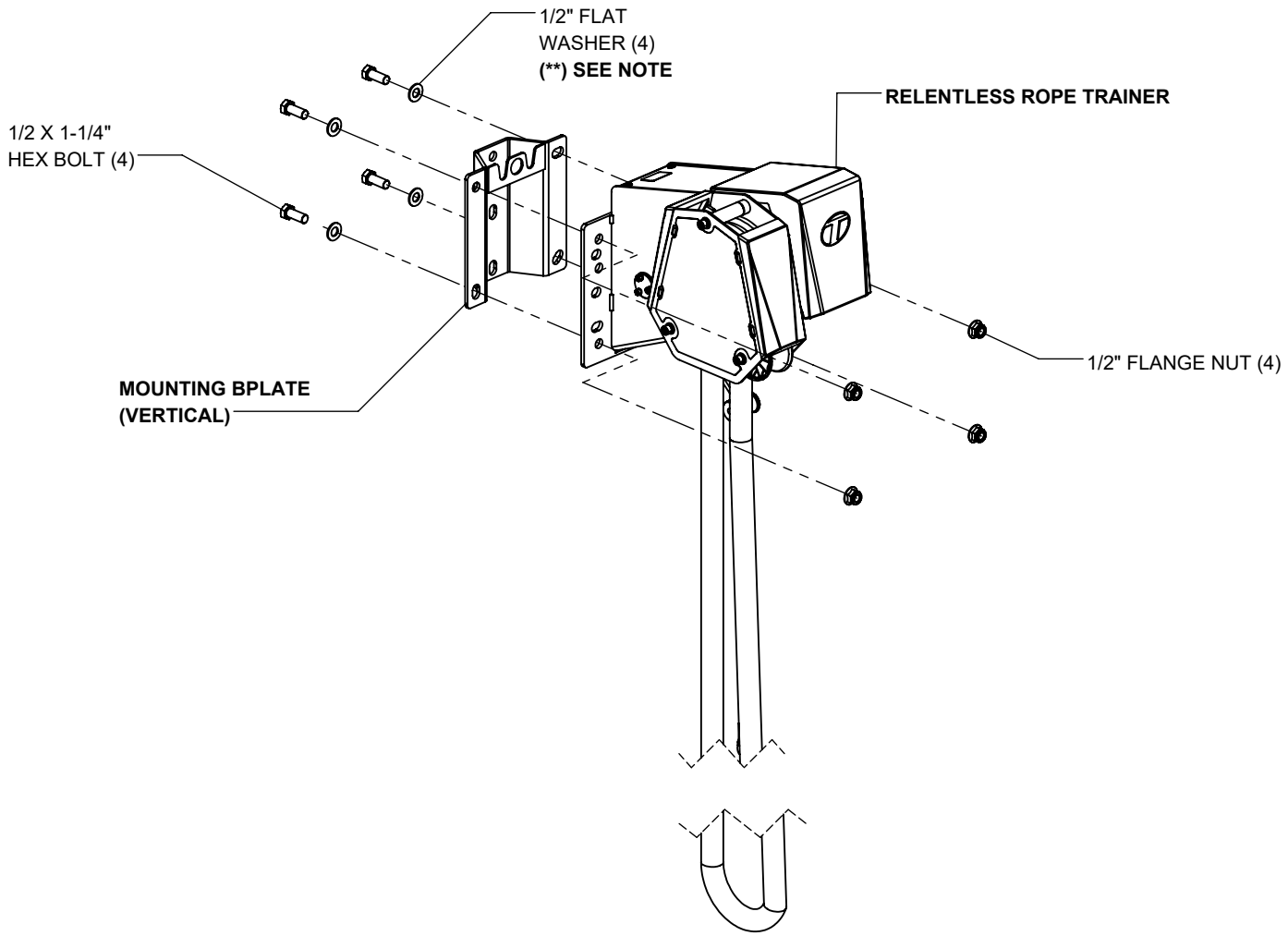
(*) HARDWARE COVERS **CAN** be used in place of washers in this step. **(SEE PAGE 3)**.



NOTES:

SECURELY tighten all bolt connections in this step.

(*) HARDWARE COVERS **CAN** be used in place of washers in this step. **(SEE PAGE 3)**.

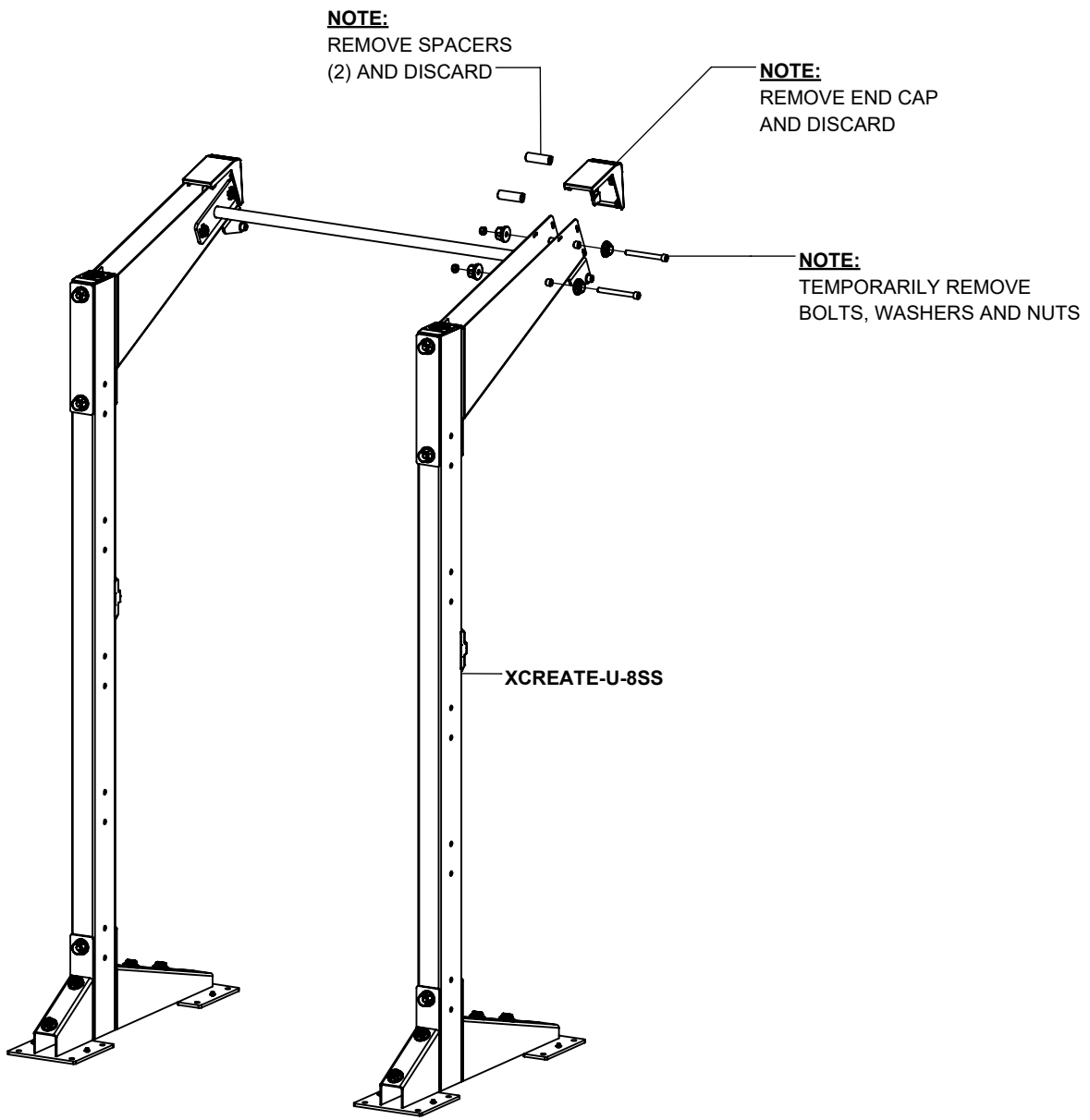


NOTES:

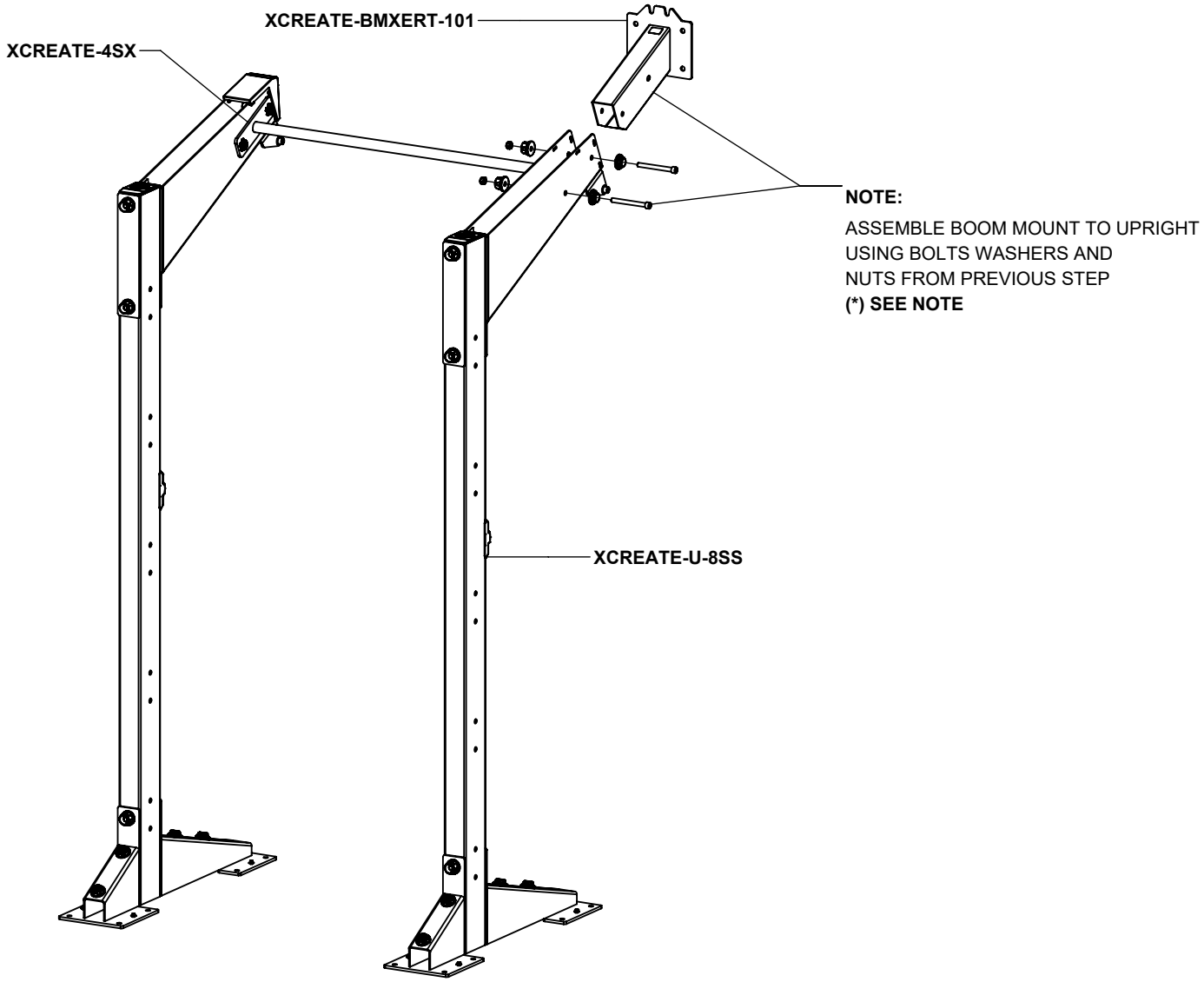
SECURELY tighten all bolt connections in this step.

(**) HARDWARE COVERS **CANNOT** be used in place of washers in this step.

XCREATE has been hidden for assembly clarity.


NOTE:
REMOVE SPACERS
(2) AND DISCARD
NOTE:
REMOVE END CAP
AND DISCARD
NOTE:
TEMPORARILY REMOVE
BOLTS, WASHERS AND NUTS
XCREATE-U-8SS

XERT
RELENTLESS ROPE TRAINER (BOOM MOUNT)

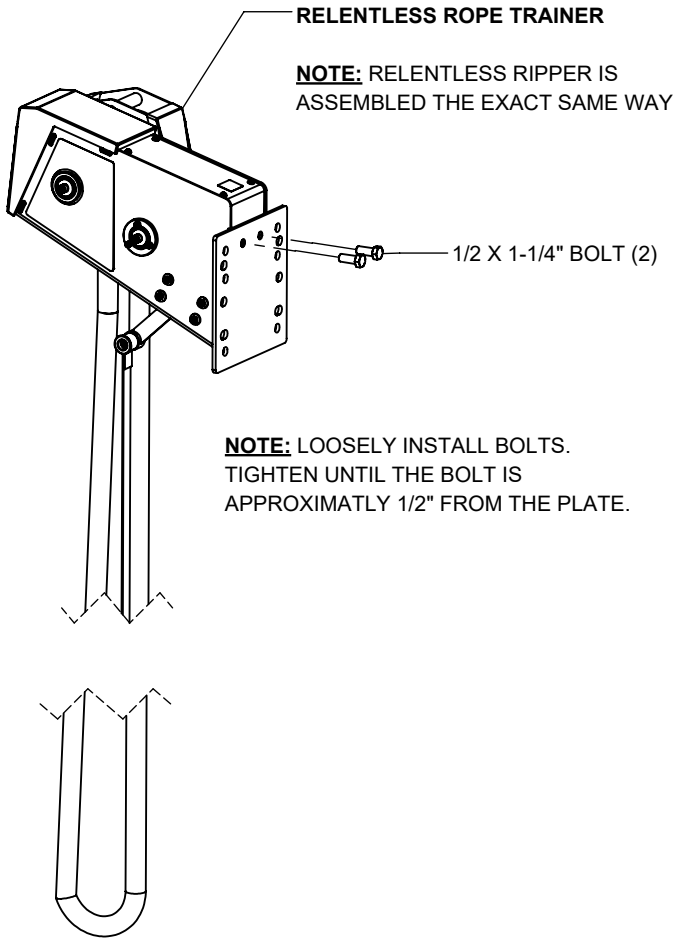


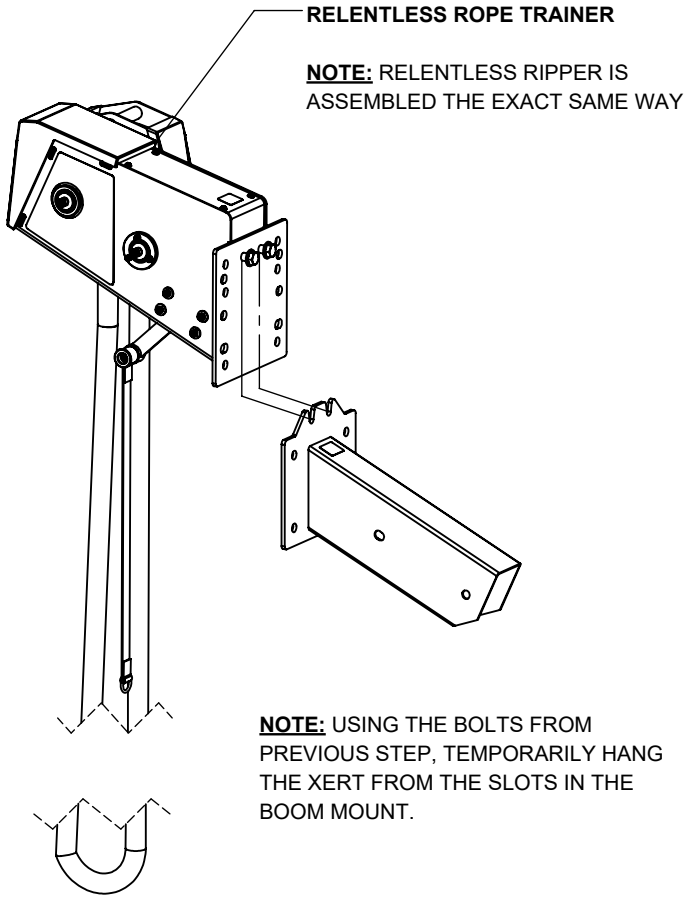
NOTE:

SECURELY tighten all bolt connections in this step.

(*) HARDWARE COVERS **CAN** be used in place of washers in this step. (**SEE PAGE 3**)

XCREATE-BMXERT
RELENTLESS ROPE TRAINER / RELENTLESS RIPPER





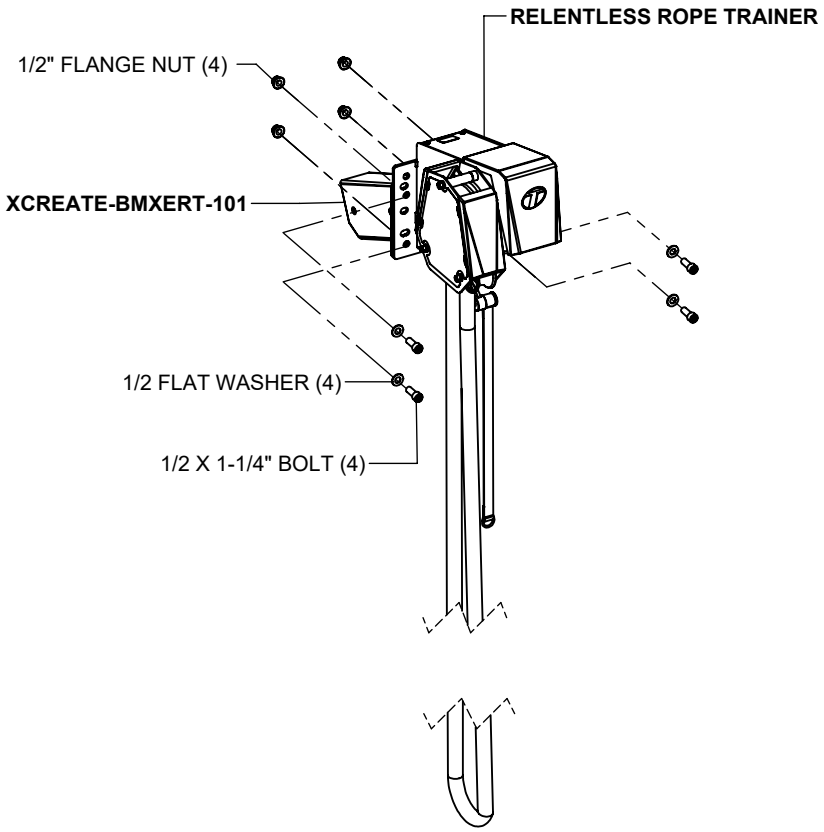
NOTE:

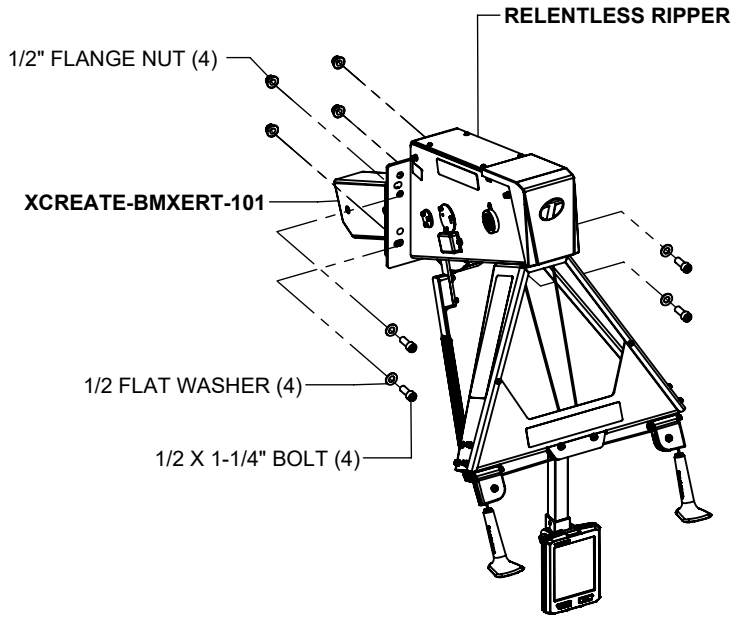
The **Relentless Rope Trainer** is shown, follow the exact same steps to assemble the **Relentless Ripper**.

(**) HARDWARE COVERS **CANNOT** be used in place of washers in this step.

XCREATE has been hidden for assembly clarity.

XCREATE-BMXERT
RELENTLESS ROPE TRAINER / RELENTLESS RIPPER



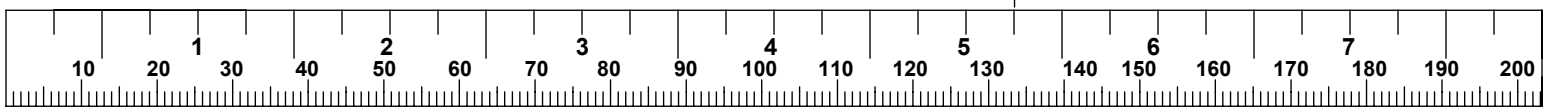


NOTE:

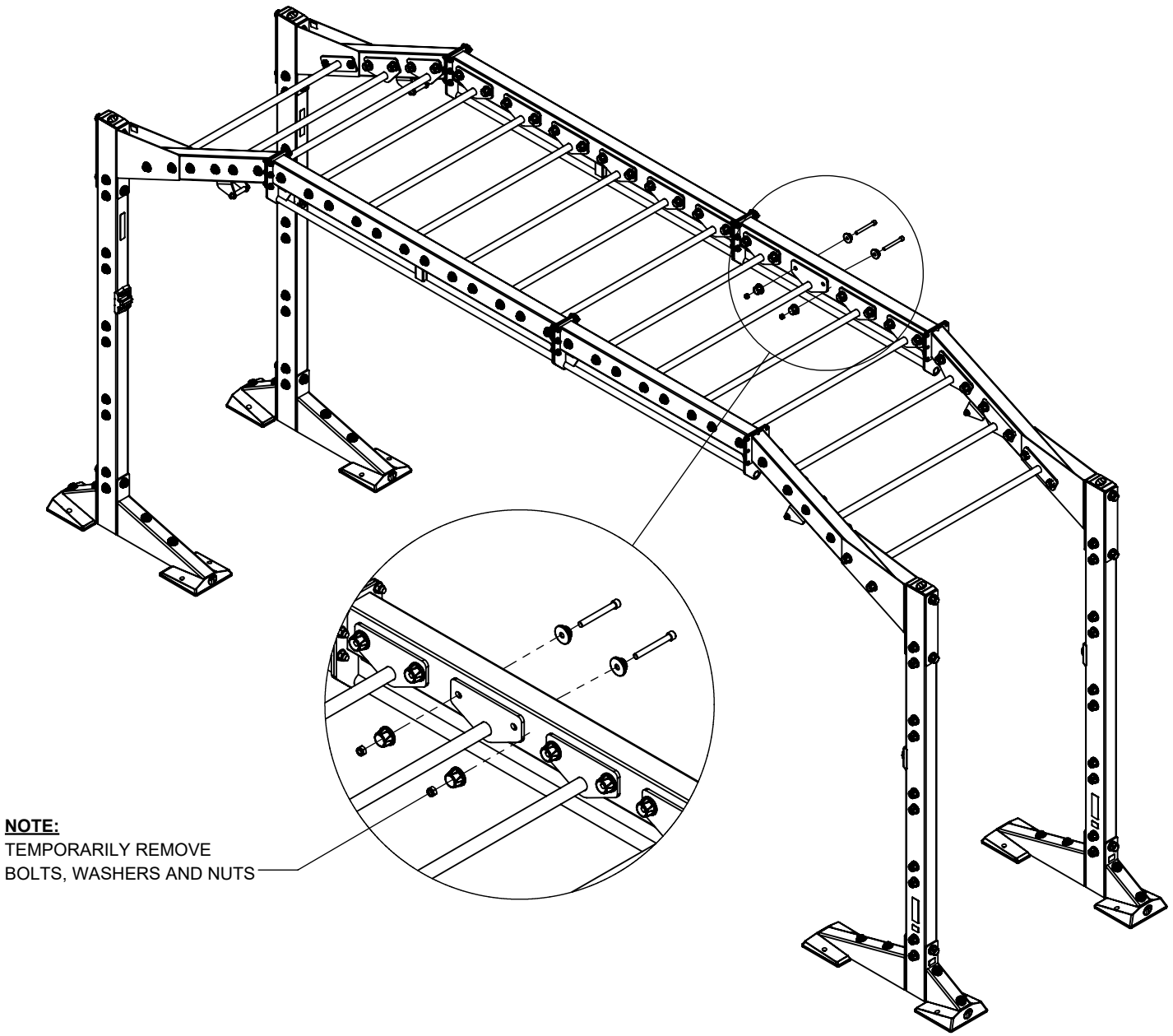
SECURELY tighten all bolt connections in this step, Including the bolts from the previous step.

(**) HARDWARE COVERS **CANNOT** be used in place of washers in this step.

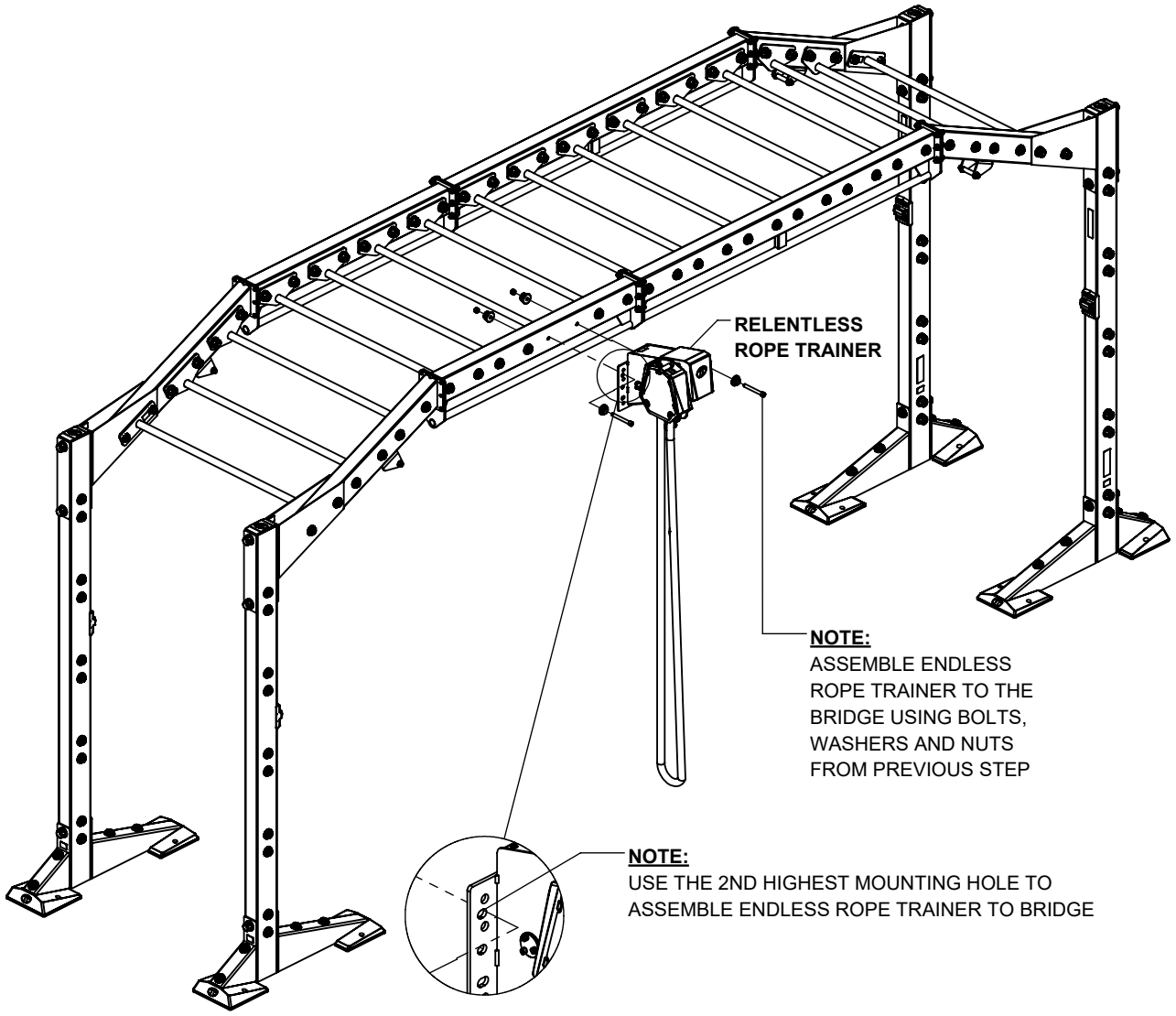
XCREATE has been hidden for assembly clarity.



XERT/XRR-SKI
RELENTLESS ROPE TRAINER / RELENTLESS RIPPER
(BRIDGE MOUNT)



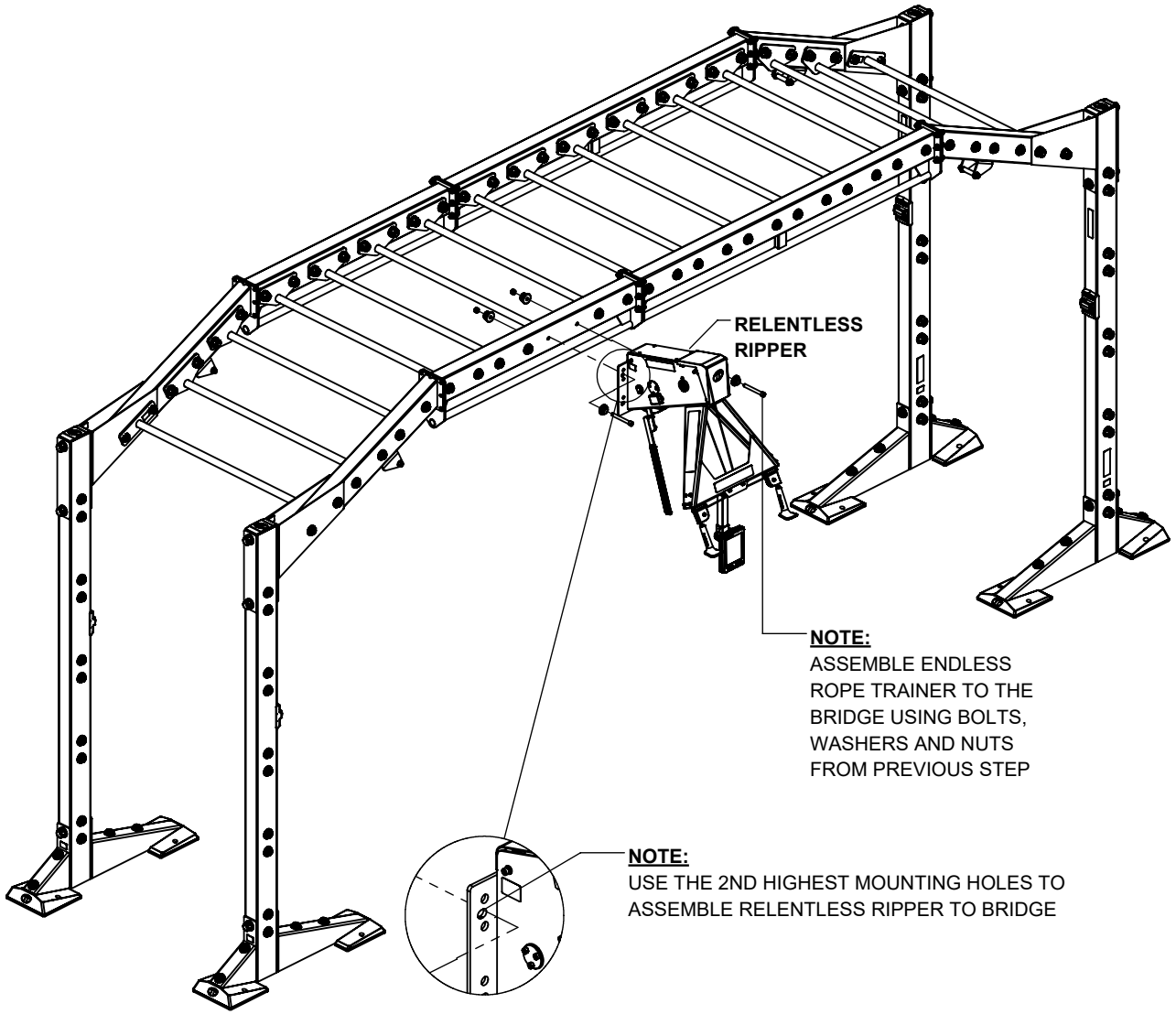
NOTE:
TEMPORARILY REMOVE
BOLTS, WASHERS AND NUTS



NOTES:

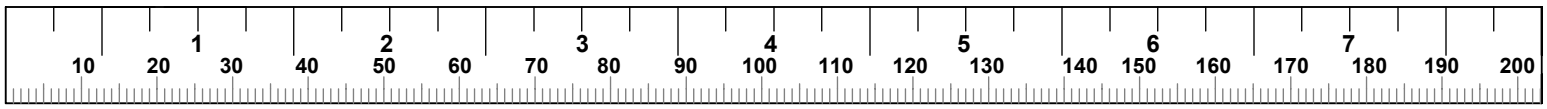
SECURELY assemble bolt connections in this step.

See next step for assembly of the **RELENTLESS RIPPER**.

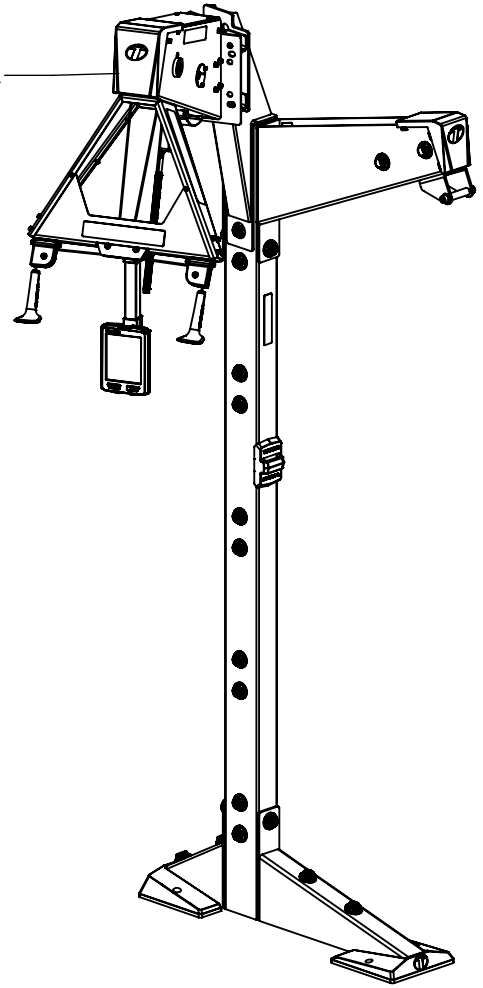


NOTES:

SECURELY assemble bolt connections in this step.



XCREATE-SAM
XCREATE SIDE ATTACHMENT MOUNT

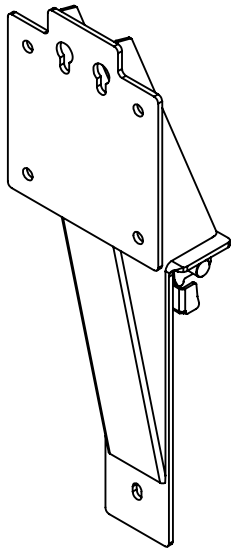


NOTE:

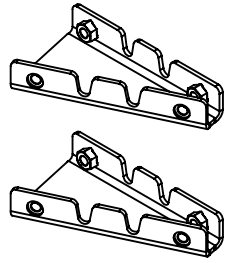
The **Relentless Ripper** is shown, **Relentless Rope** may be assembled the same way.

Assembly instructions for the attachments above are included with the **XCREATE-SAM.**

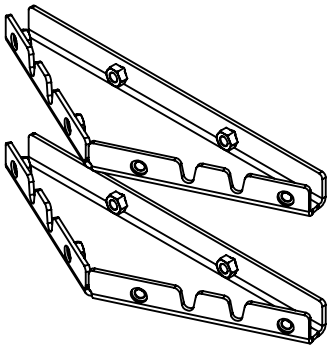
The instructions can also be downloaded at **https://commercial.torquefitness.com/pages/assembly-manuals**



XCREATE-SAM
SIDE ATTACHMENT MOUNT

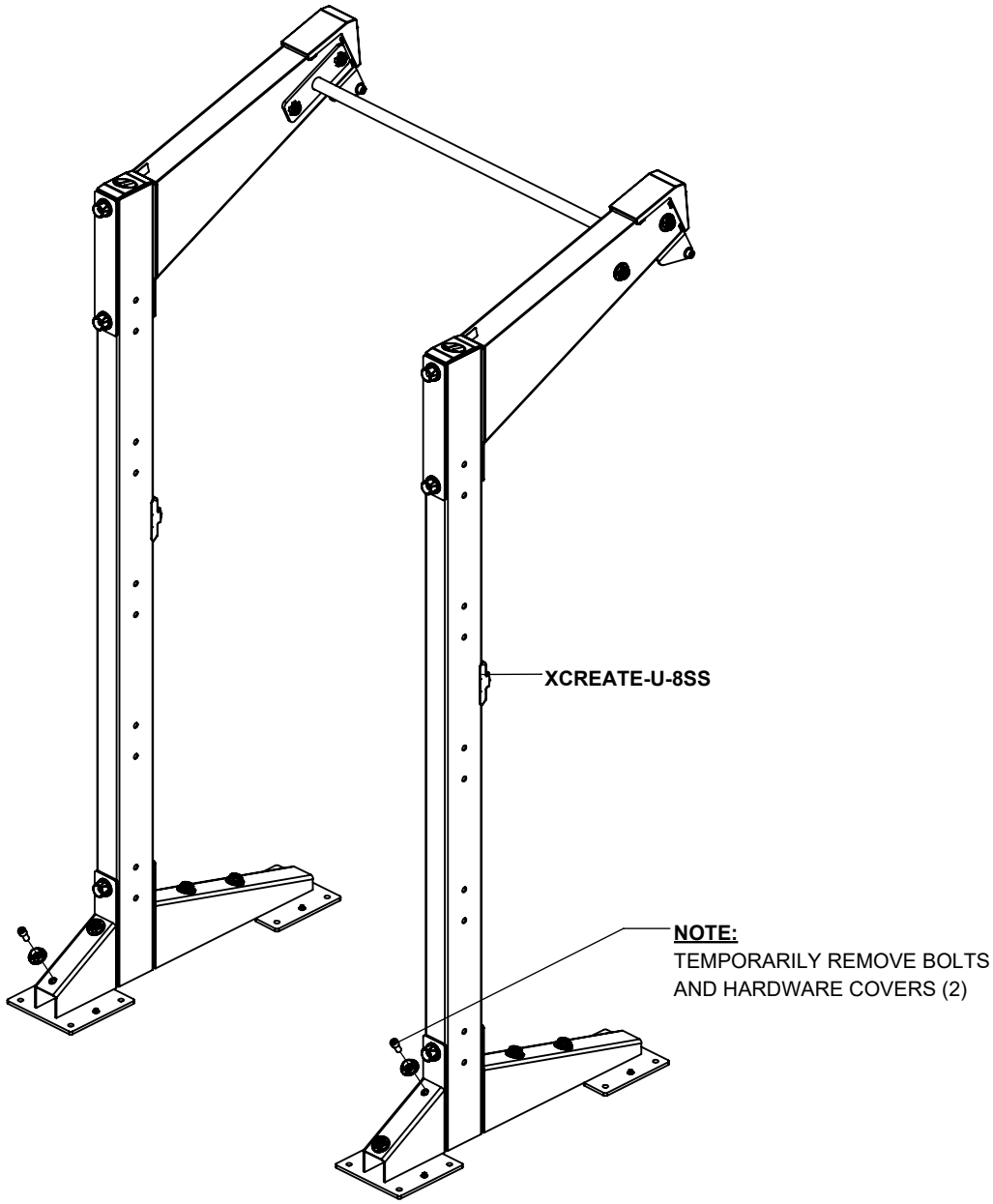


XCREATE-SUW
SINGLE UNIT WEDGE

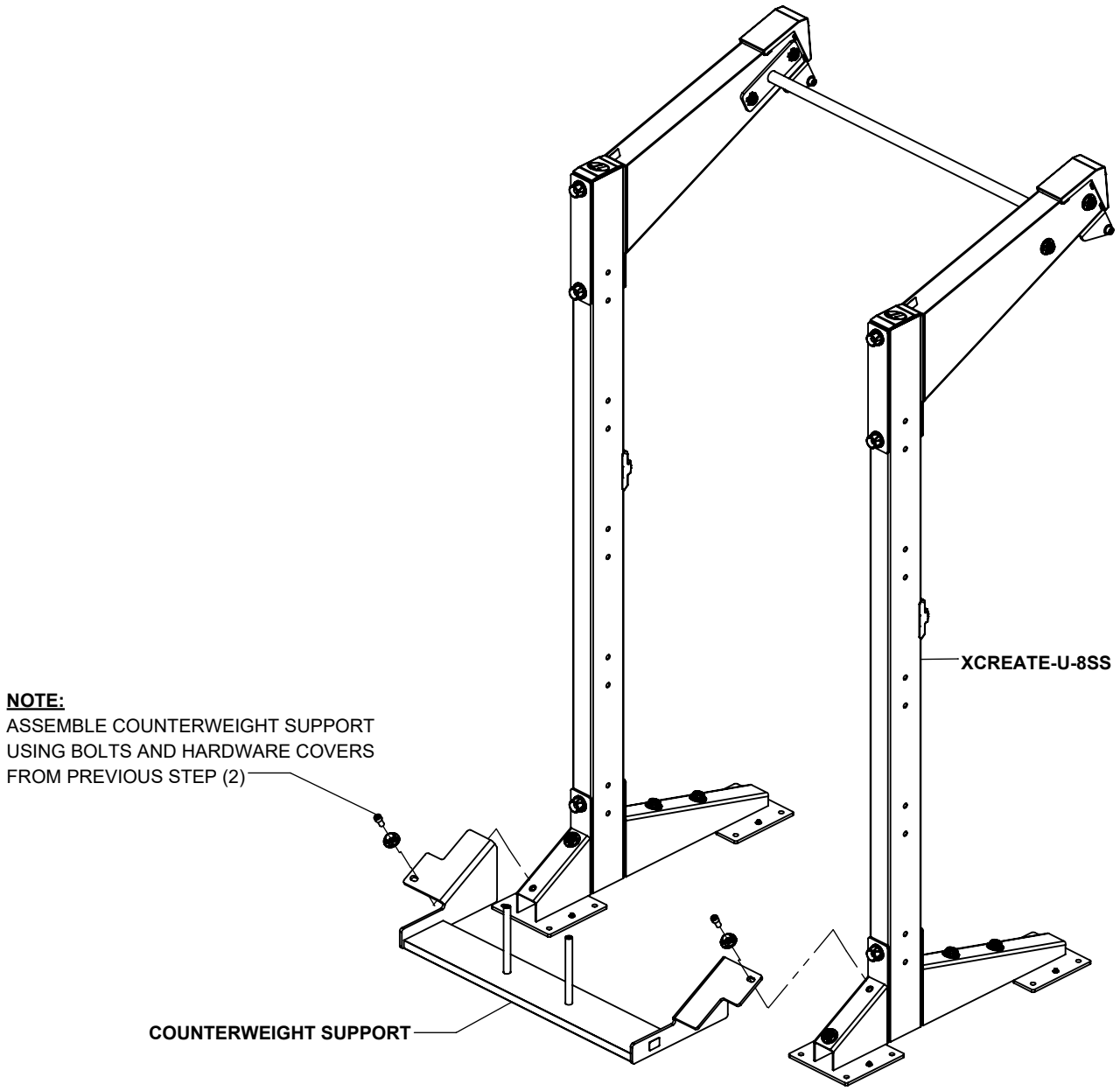


XCREATE-DUW
DOUBLE UNIT WEDGE

XCREATE-4CWS
4' COUNTERWEIGHT SUPPORT



XCREATE-4CWS
4' COUNTERWEIGHT SUPPORT

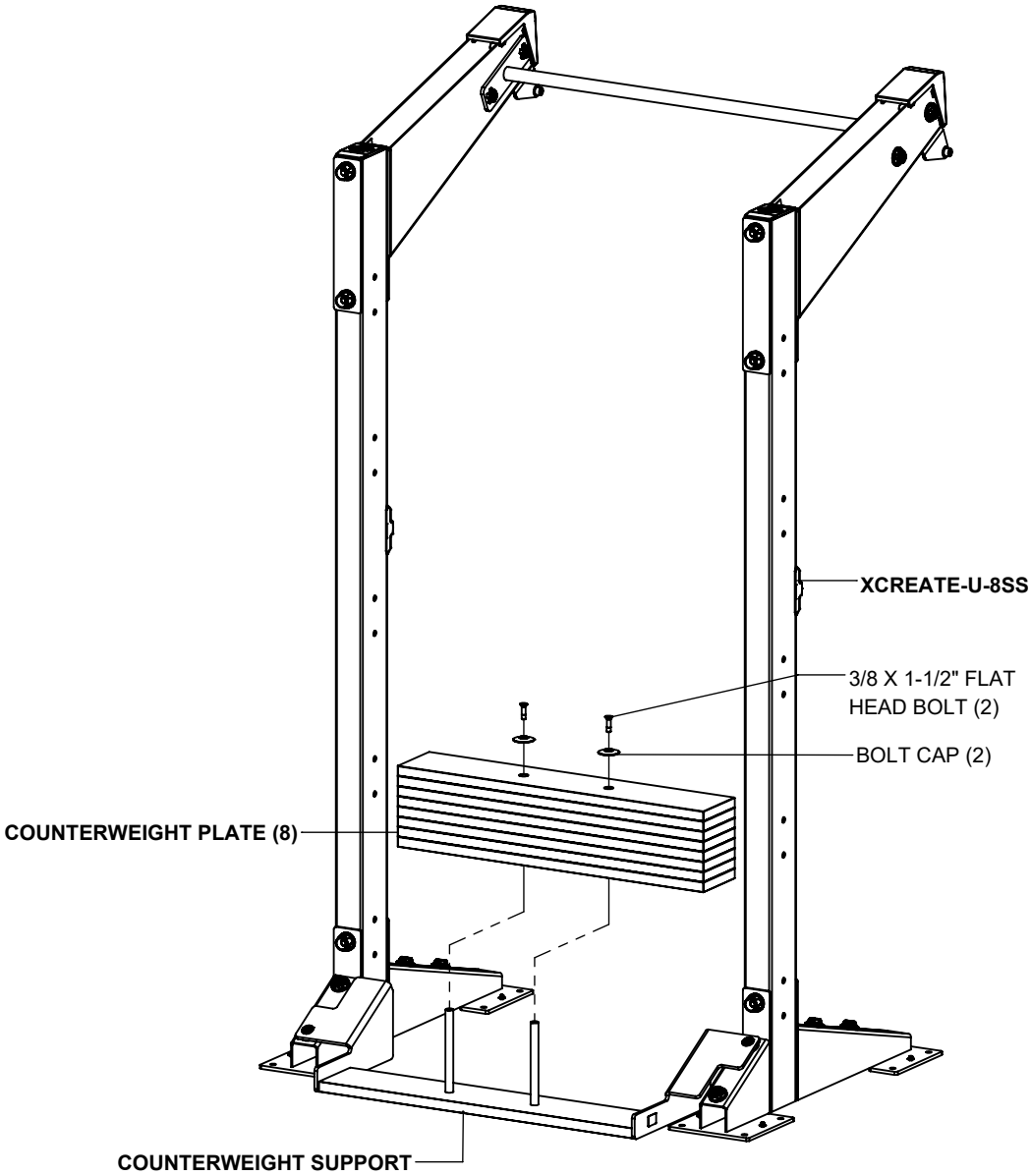


NOTES:

SECURELY assemble bolt connections in this step.

The **XCREATE-U-7SS** is assembled the exact same way.

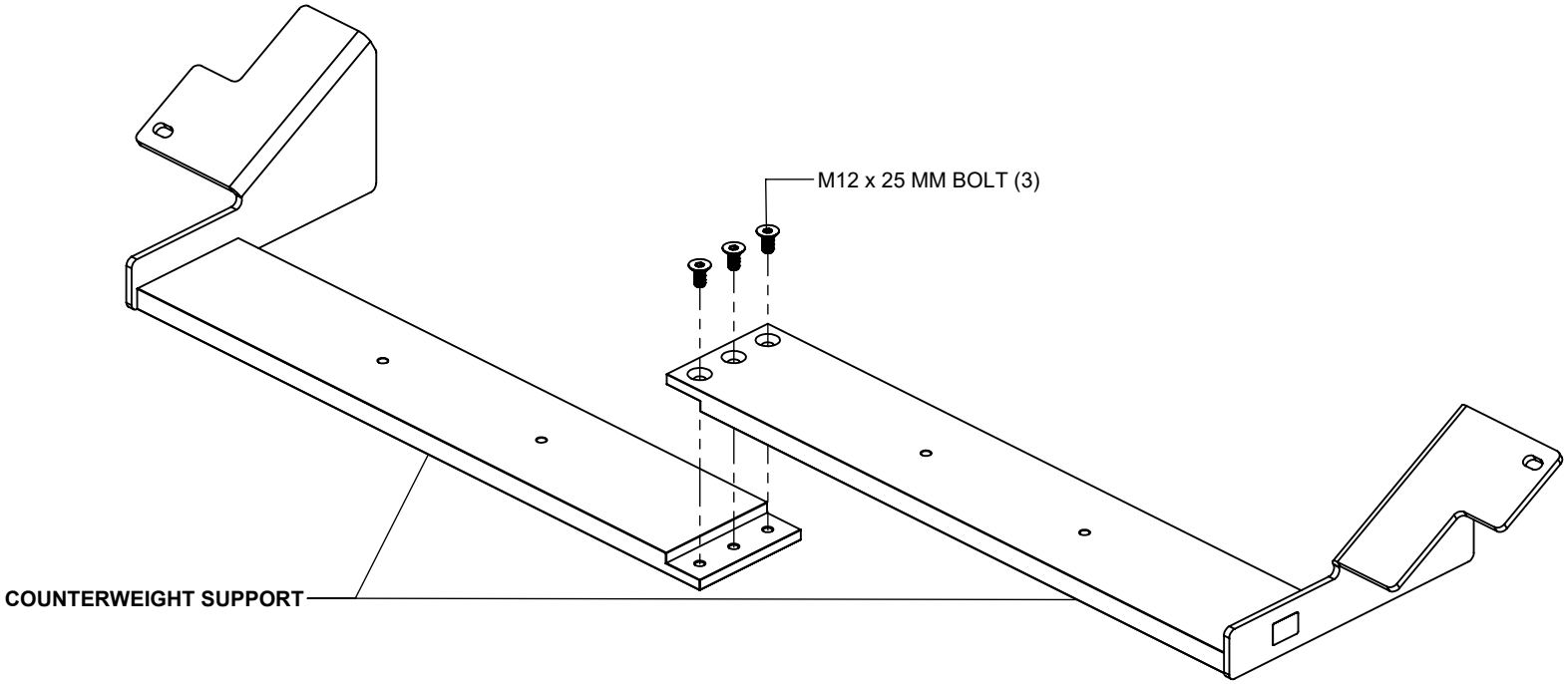
XCREATE-4CWS
4' COUNTERWEIGHT SUPPORT



NOTES:

SECURELY assemble bolt connections in this step.

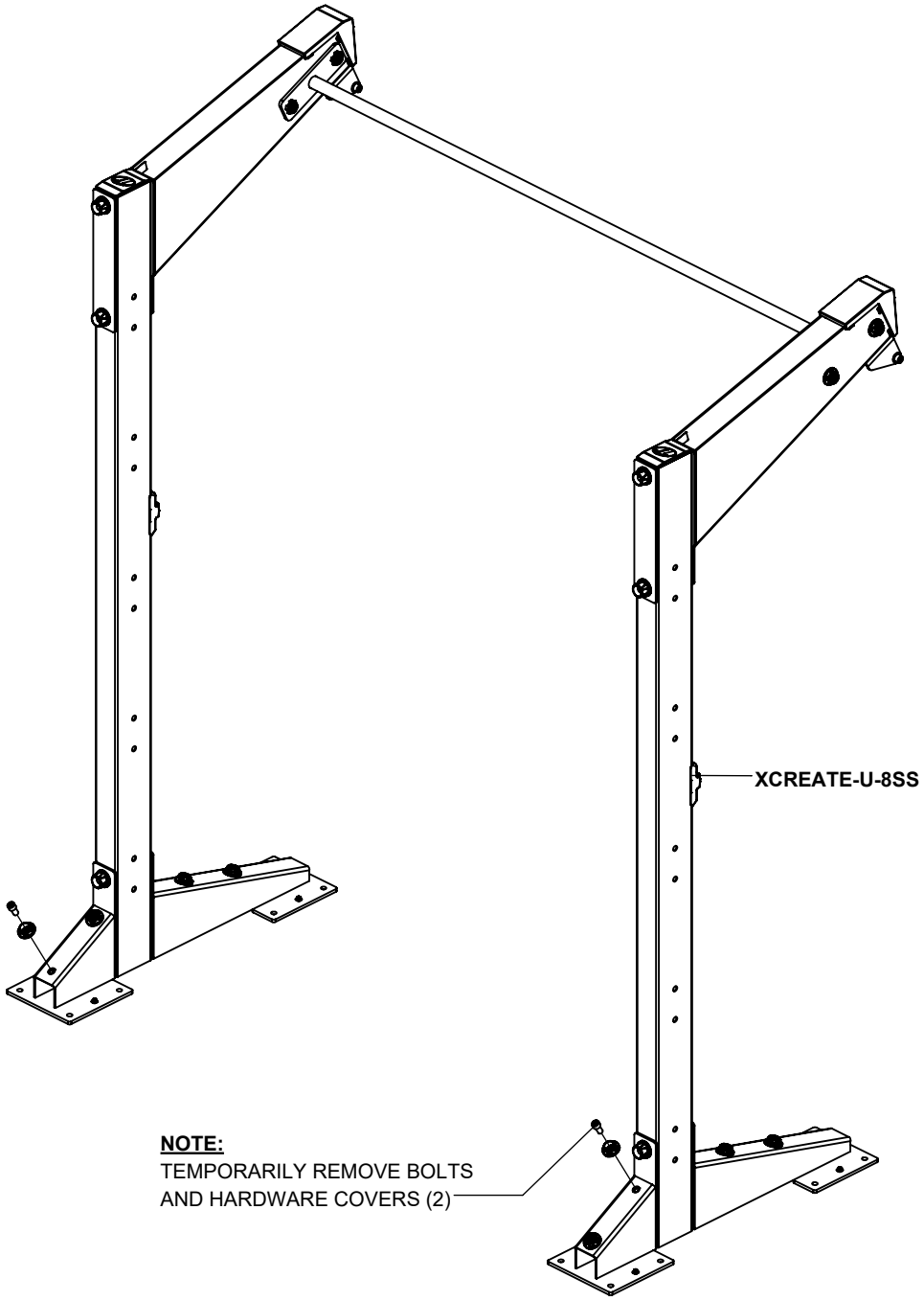
The **XCREATE-U-7SS** is assembled the exact same way.



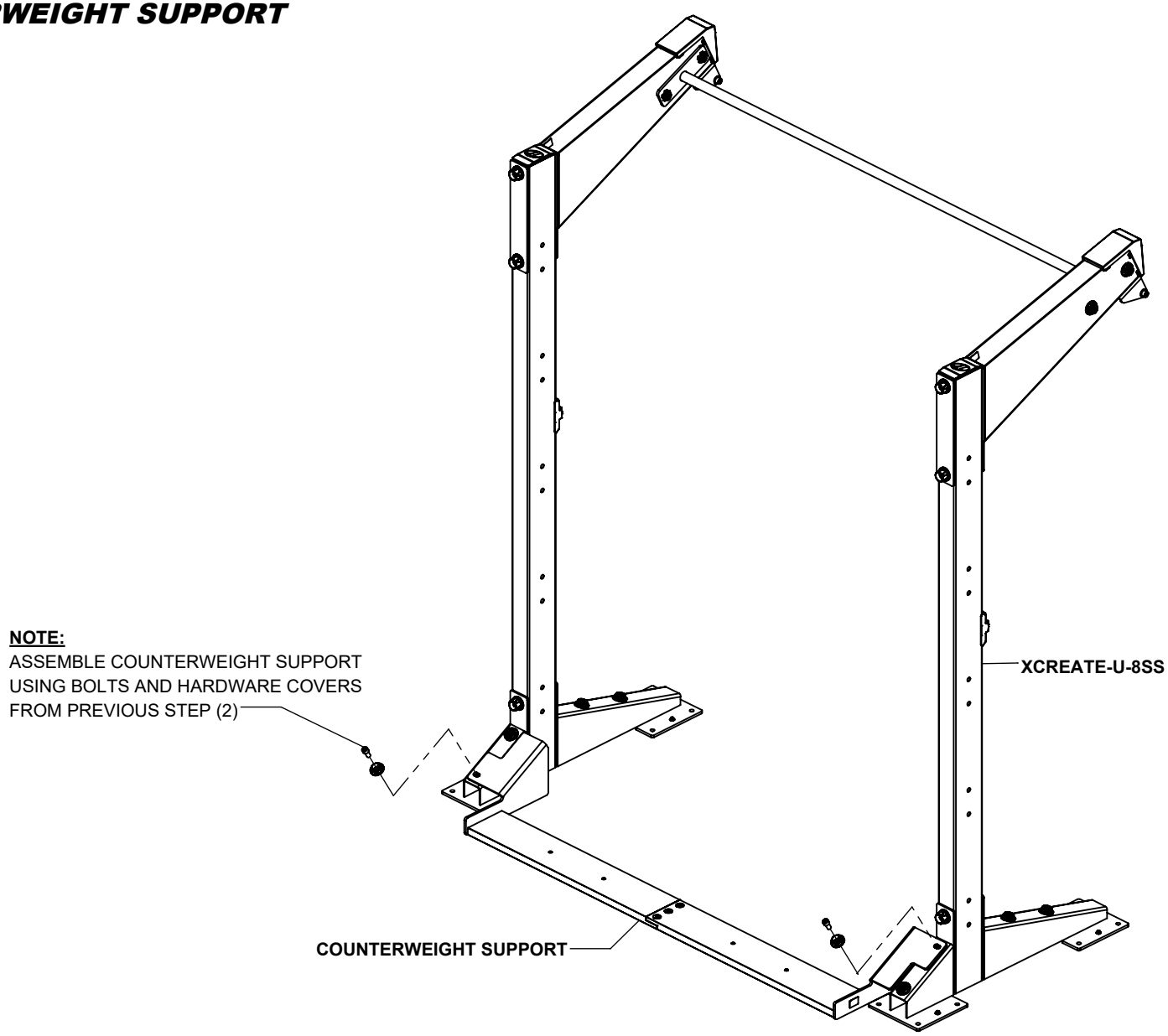
NOTES:

SECURELY assemble bolt connections in this step.

XCREATE-6CWS
6' COUNTERWEIGHT SUPPORT



XCREATE-6CWS
6' COUNTERWEIGHT SUPPORT

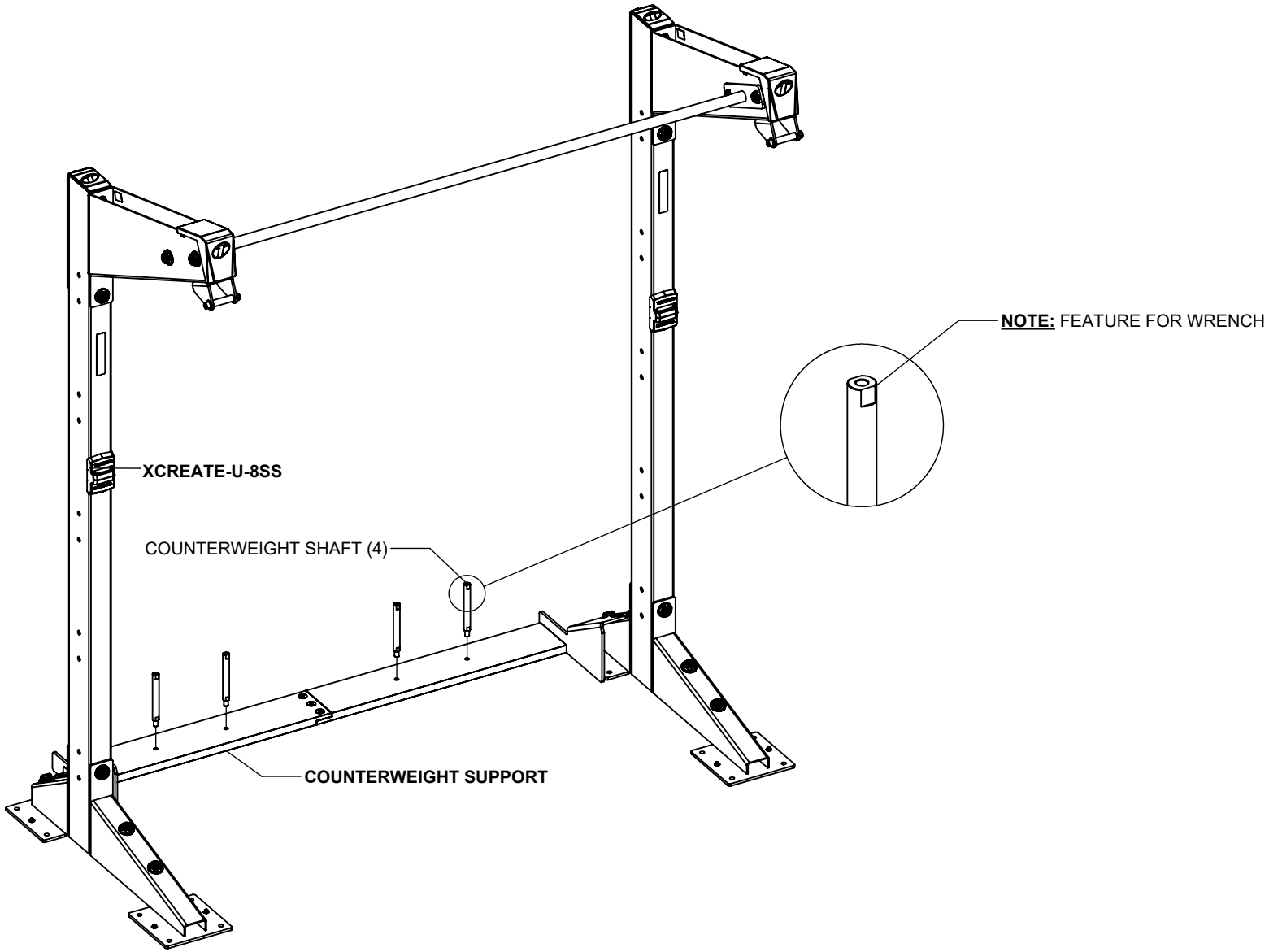


NOTES:

SECURELY assemble bolt connections in this step.

The **XCREATE-U-7SS** is assembled the exact same way.

XCREATE-6CWS
6' COUNTERWEIGHT SUPPORT

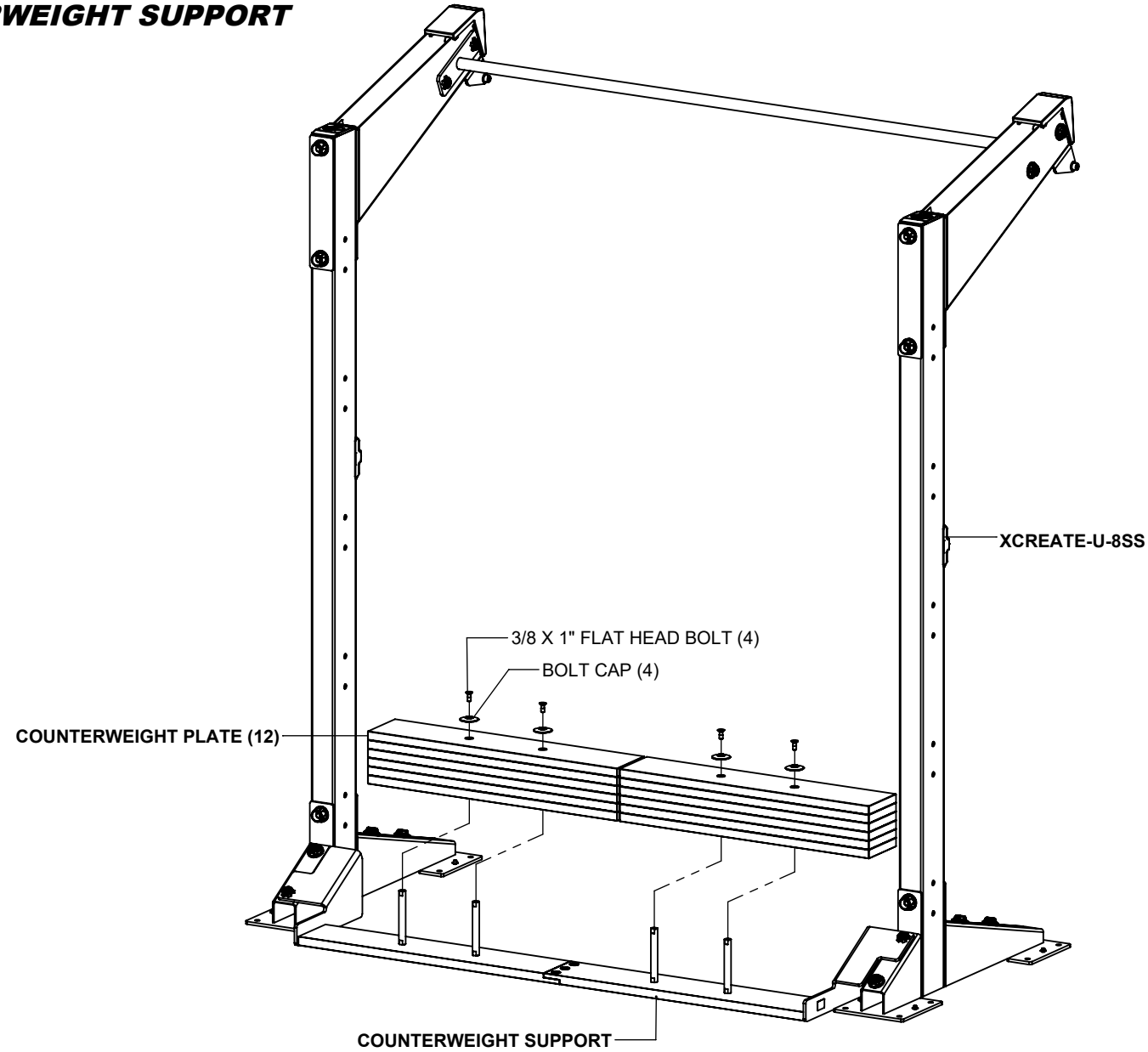


NOTES:

SECURELY assemble bolt connections in this step.

The **XCREATE-U-7SS** is assembled the exact same way.

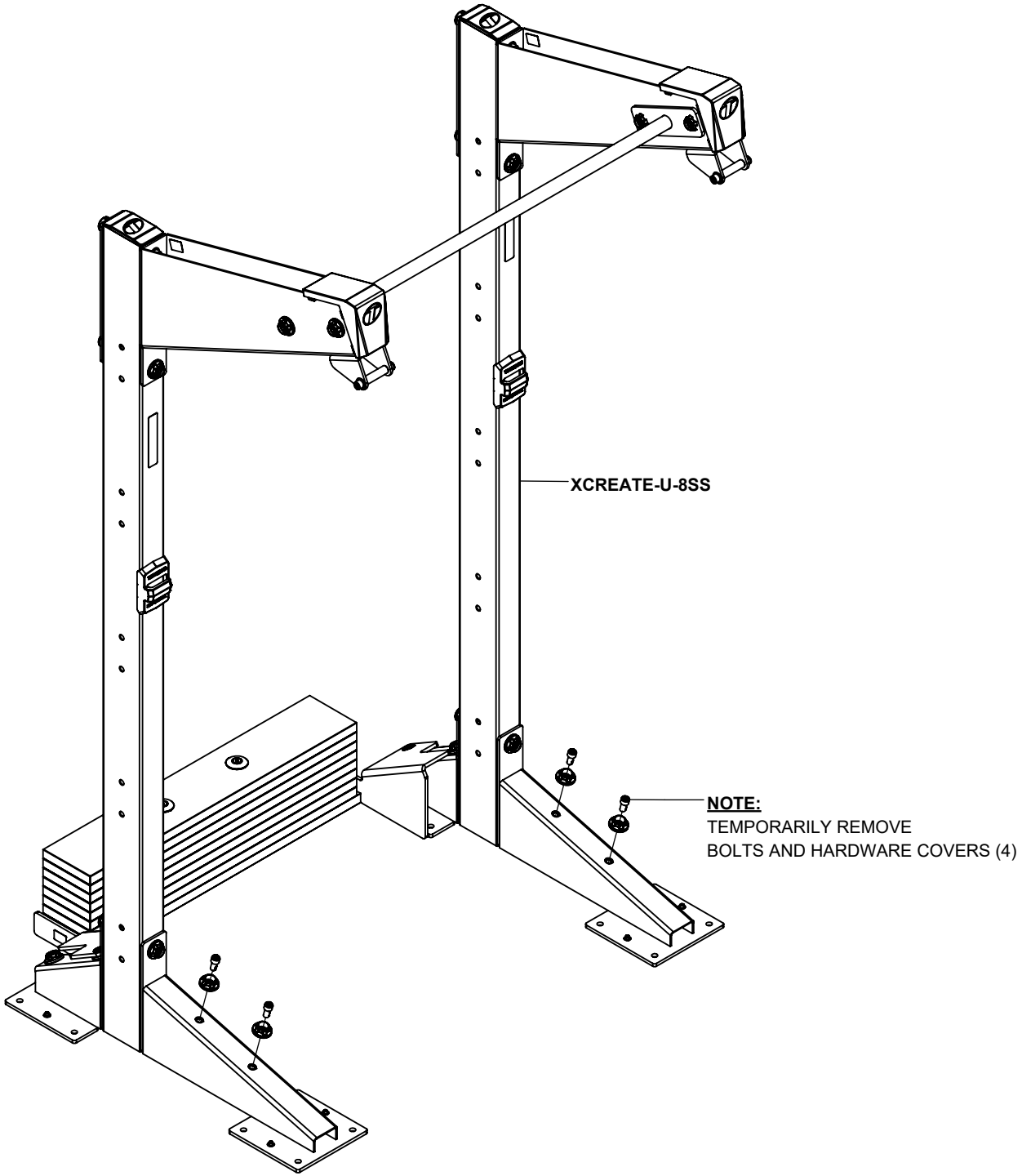
XCREATE-6CWS
6' COUNTERWEIGHT SUPPORT

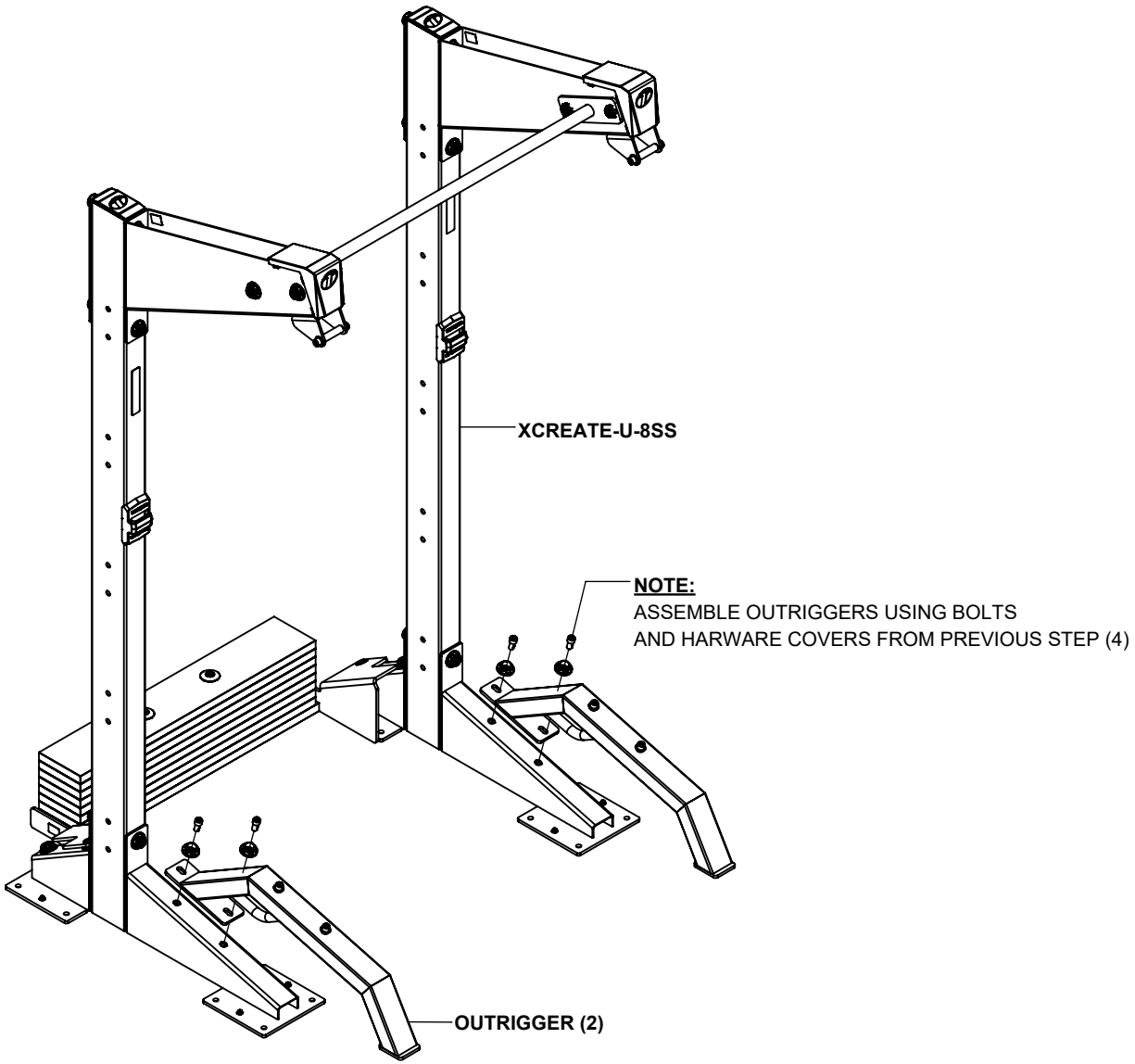


NOTES:

SECURELY assemble bolt connections in this step.

The **XCREATE-U-7SS** is assembled the exact same way.


XCREATE-U-8SS
NOTE:
TEMPORARILY REMOVE
BOLTS AND HARDWARE COVERS (4)

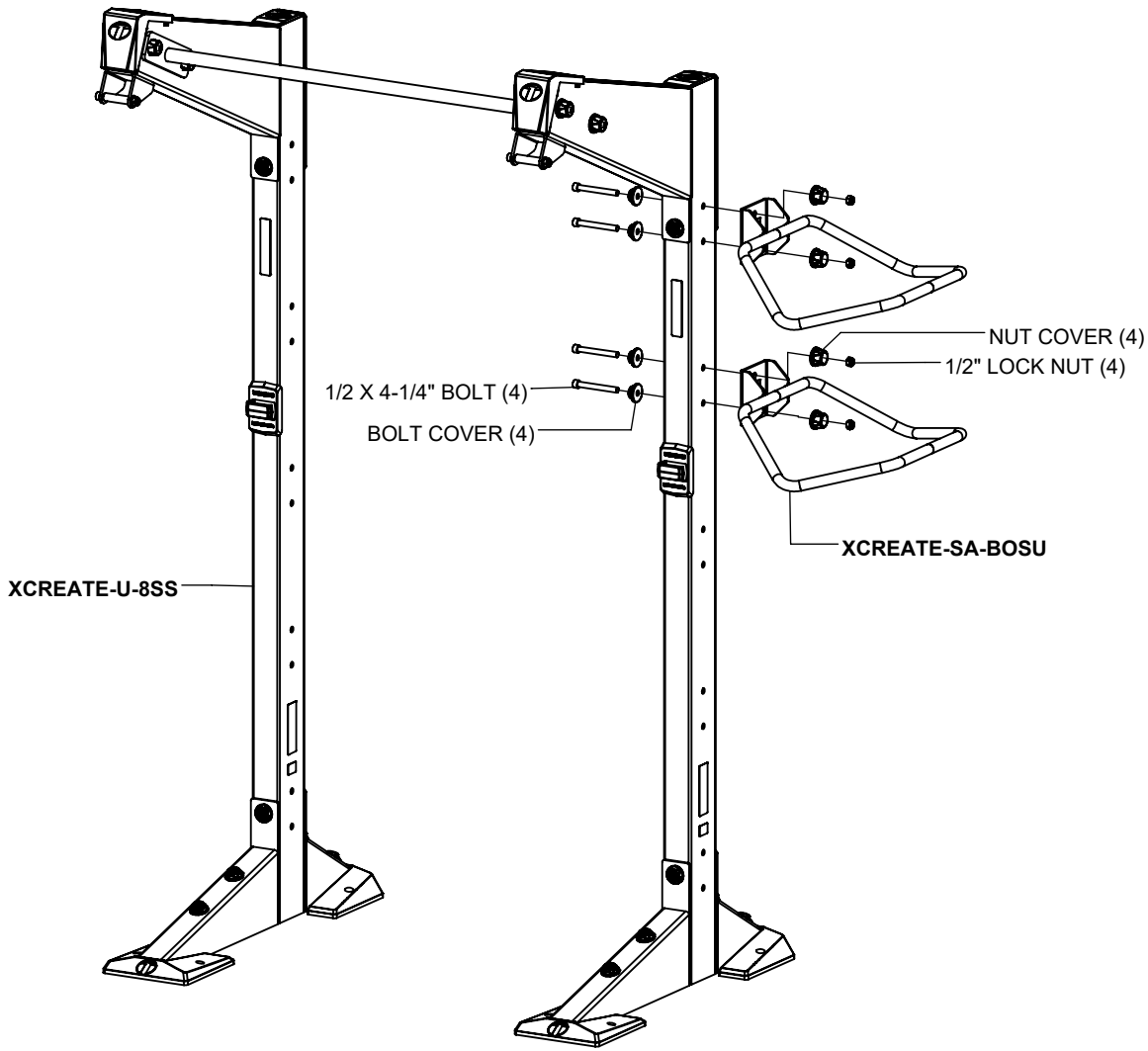


NOTES:

SECURELY assemble bolt connections in this step.

The **XCREATE-U-7SS** is assembled the exact same way.

XCREATE-SA-BOSU
BOSU STORAGE ATTACHMENT

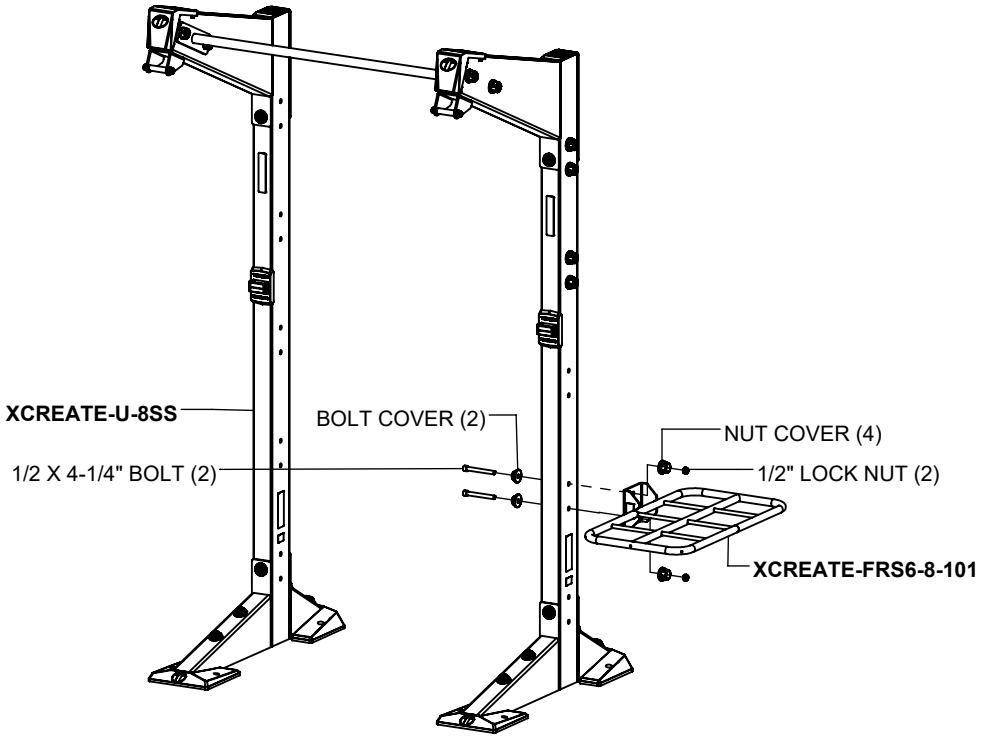


NOTES:

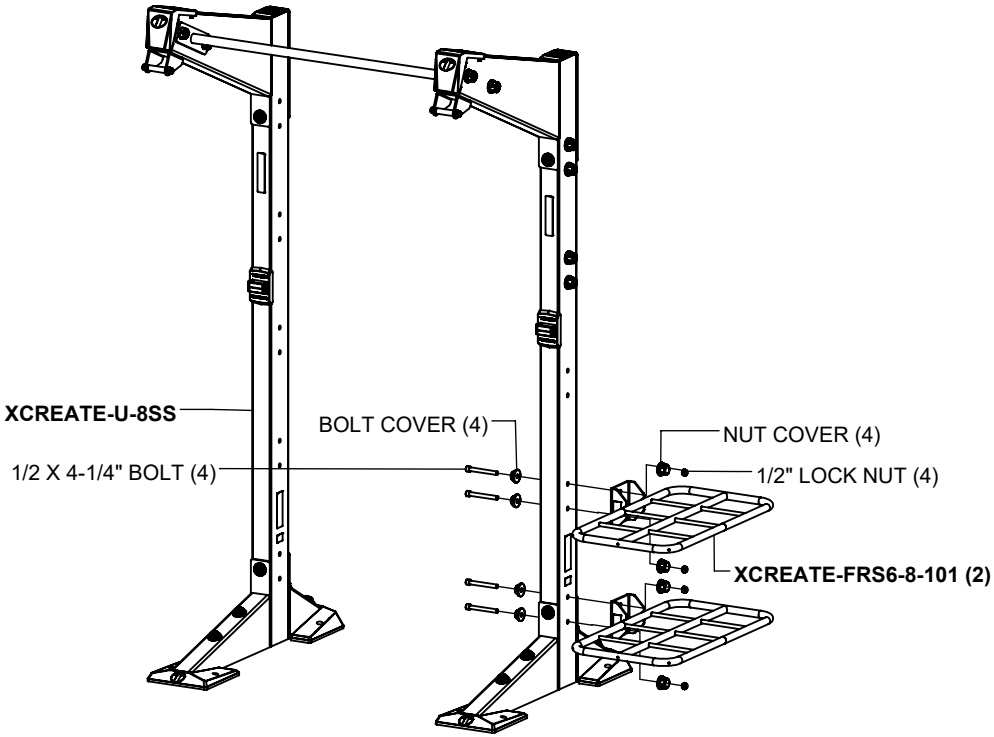
SECURELY tighten all bolt connections in this step.

The **XCREATE-U-7SS** is assembled the exact same way.

XCREATE-FRS6-8
FOAM ROLLER STORAGE ATTACHMENT



SINGLE



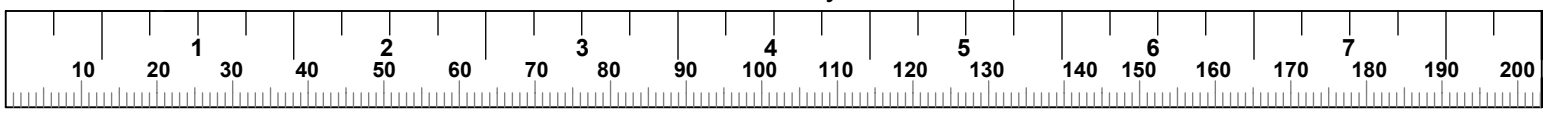
PAIR

NOTES:

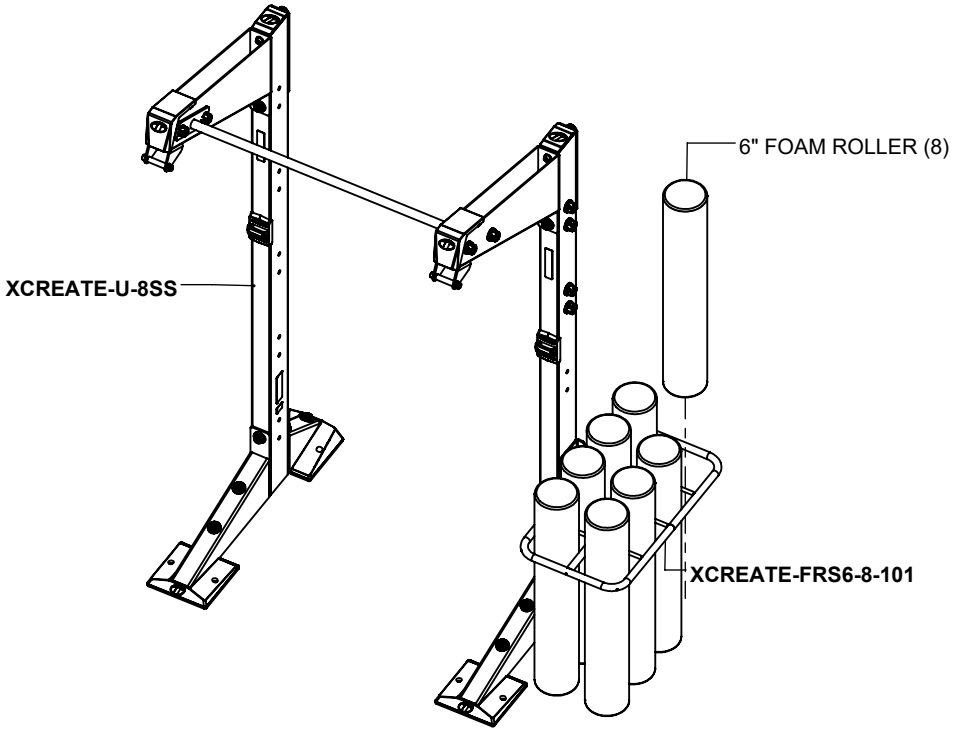
Assembly steps show a single and pair. For additional foam roller stability a pair is recomended.

LEVEL ATTACHMENT AND SECURELY tighten all bolt connections in this step.

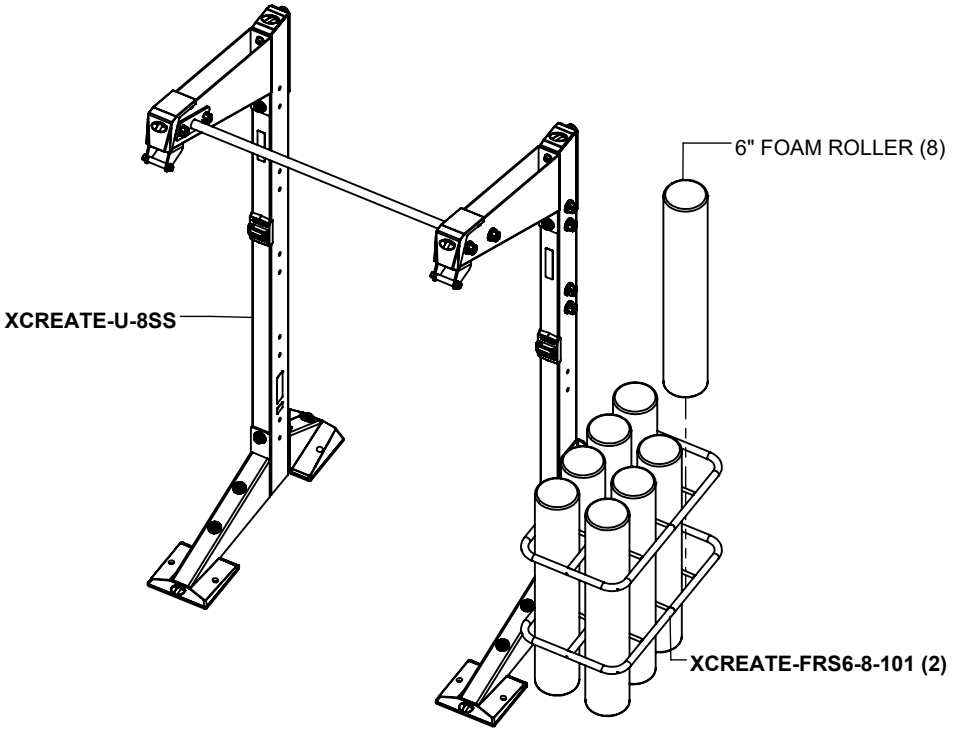
The **XCREATE-U-7SS** is assembled the exact same way.



XCREATE-FRS6-8
FOAM ROLLER STORAGE ATTACHMENT



SINGLE



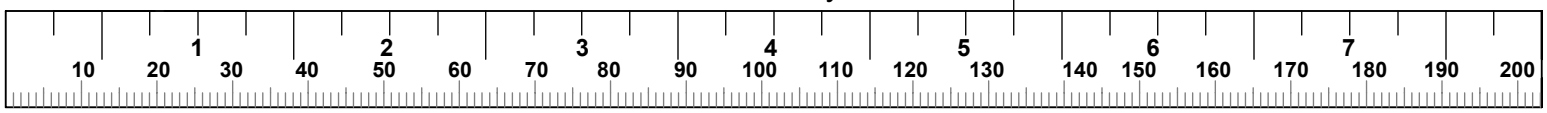
PAIR

NOTES:

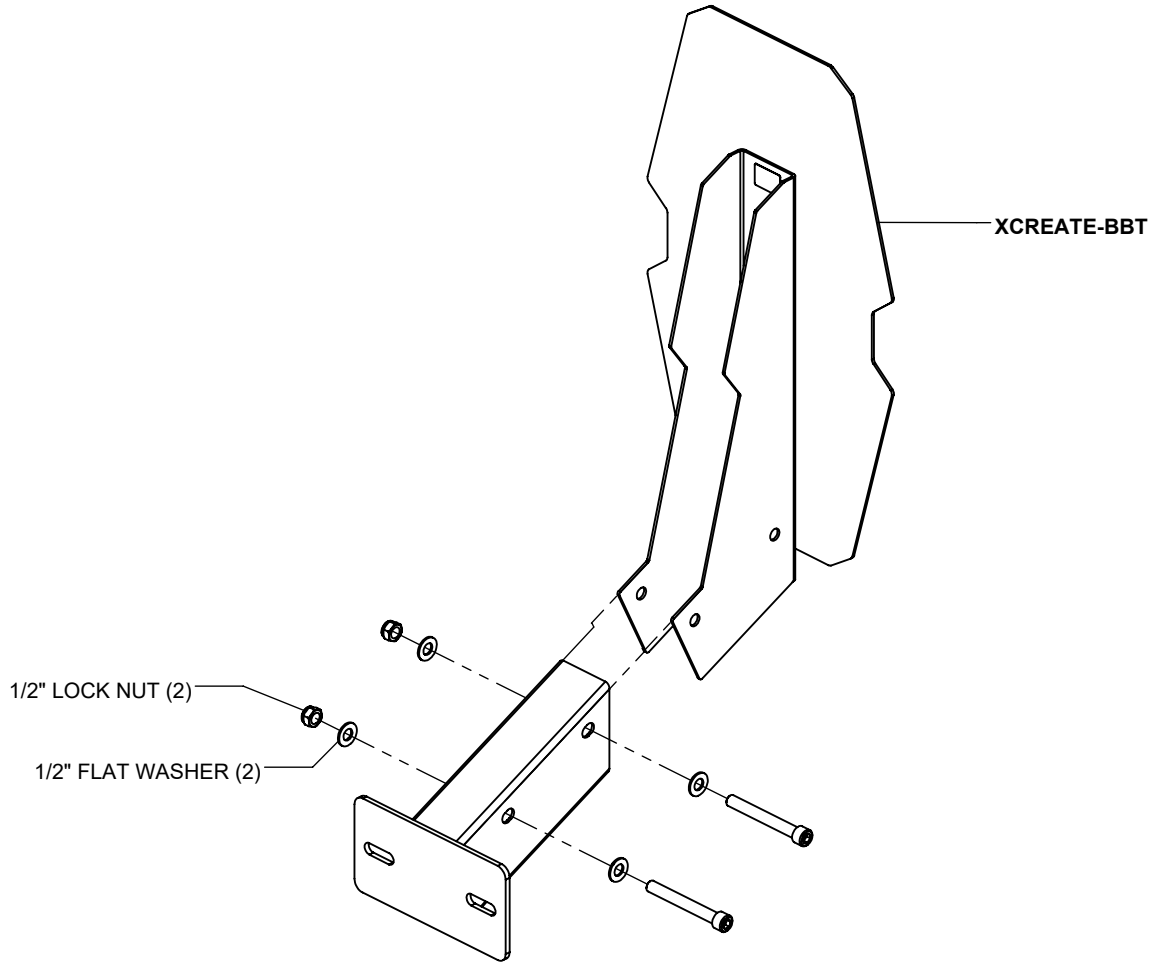
Assembly steps show a single and pair. For additional foam roller stability a pair is recomended.

LEVEL ATTACHMENT AND SECURELY tighten all bolt connections in this step.

The **XCREATE-U-7SS** is assembled the exact same way.



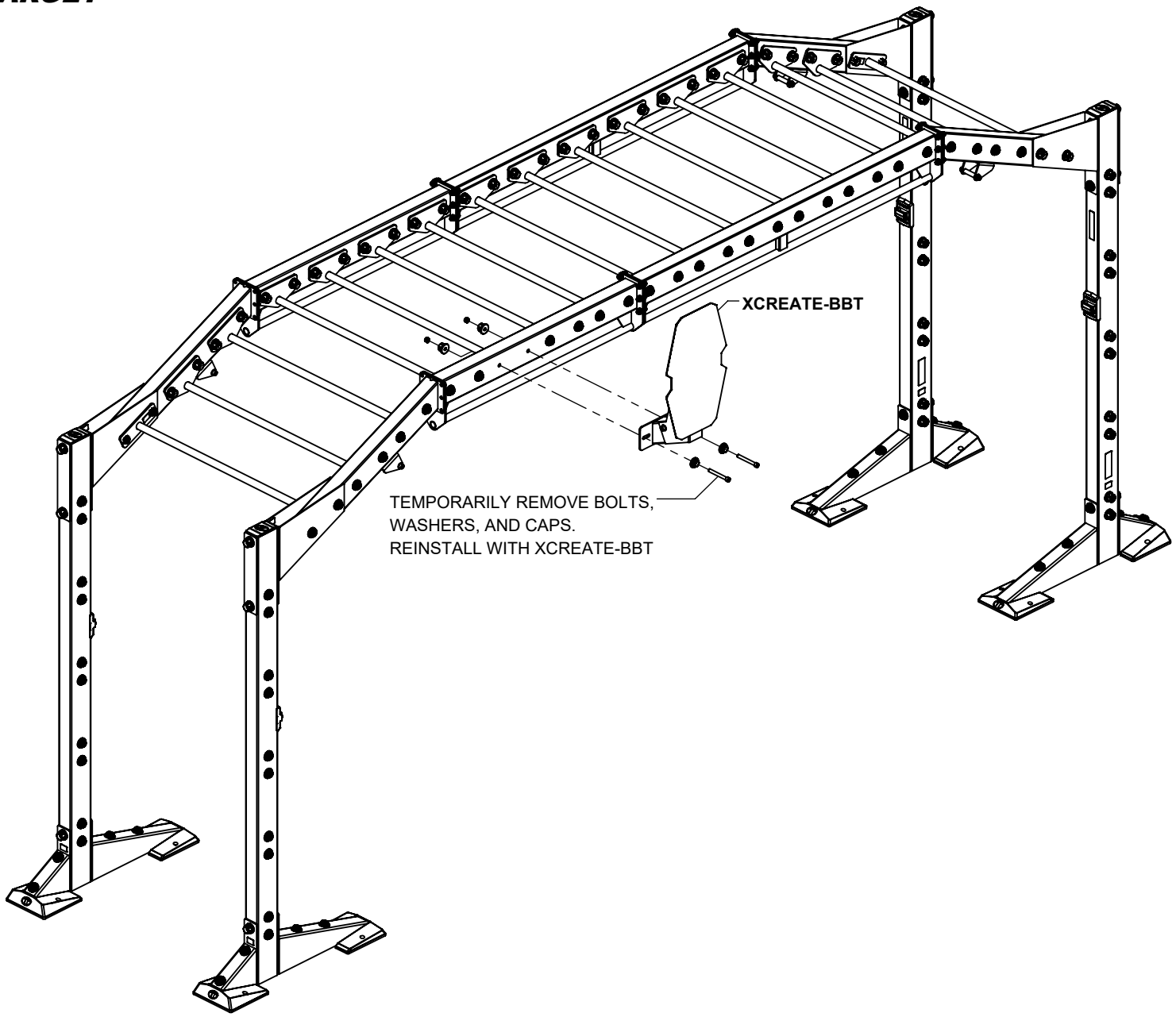
XCREATE-BBT
BRIDGE BALL TARGET



NOTES:

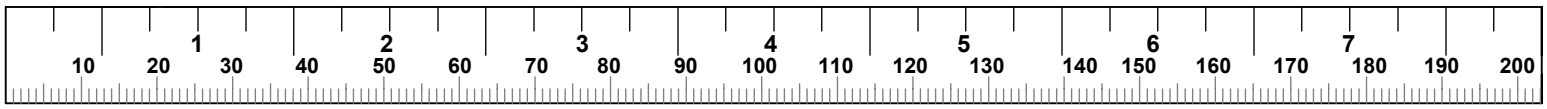
SECURELY assemble bolt connections in this step.

XCREATE-BBT
BRIDGE BALL TARGET

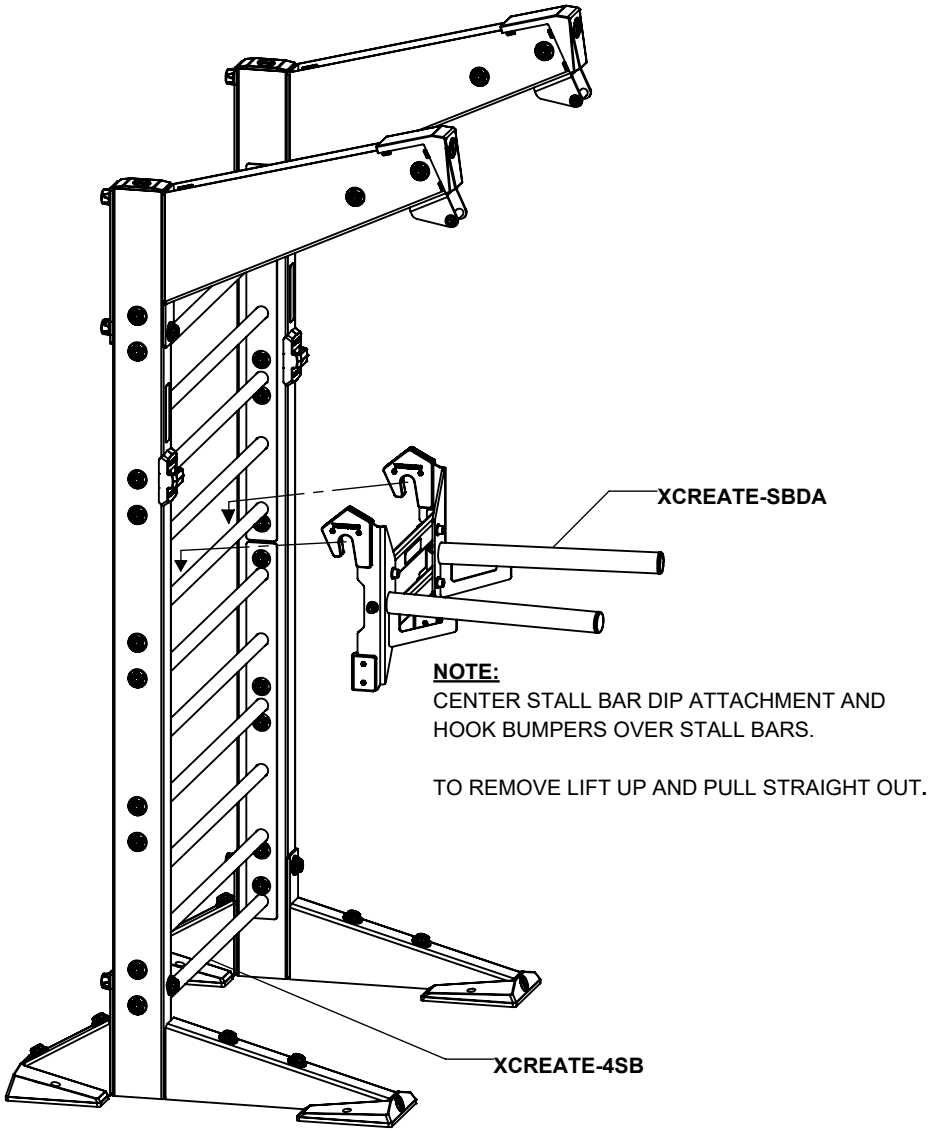


NOTES:

SECURELY assemble bolt connections in this step.



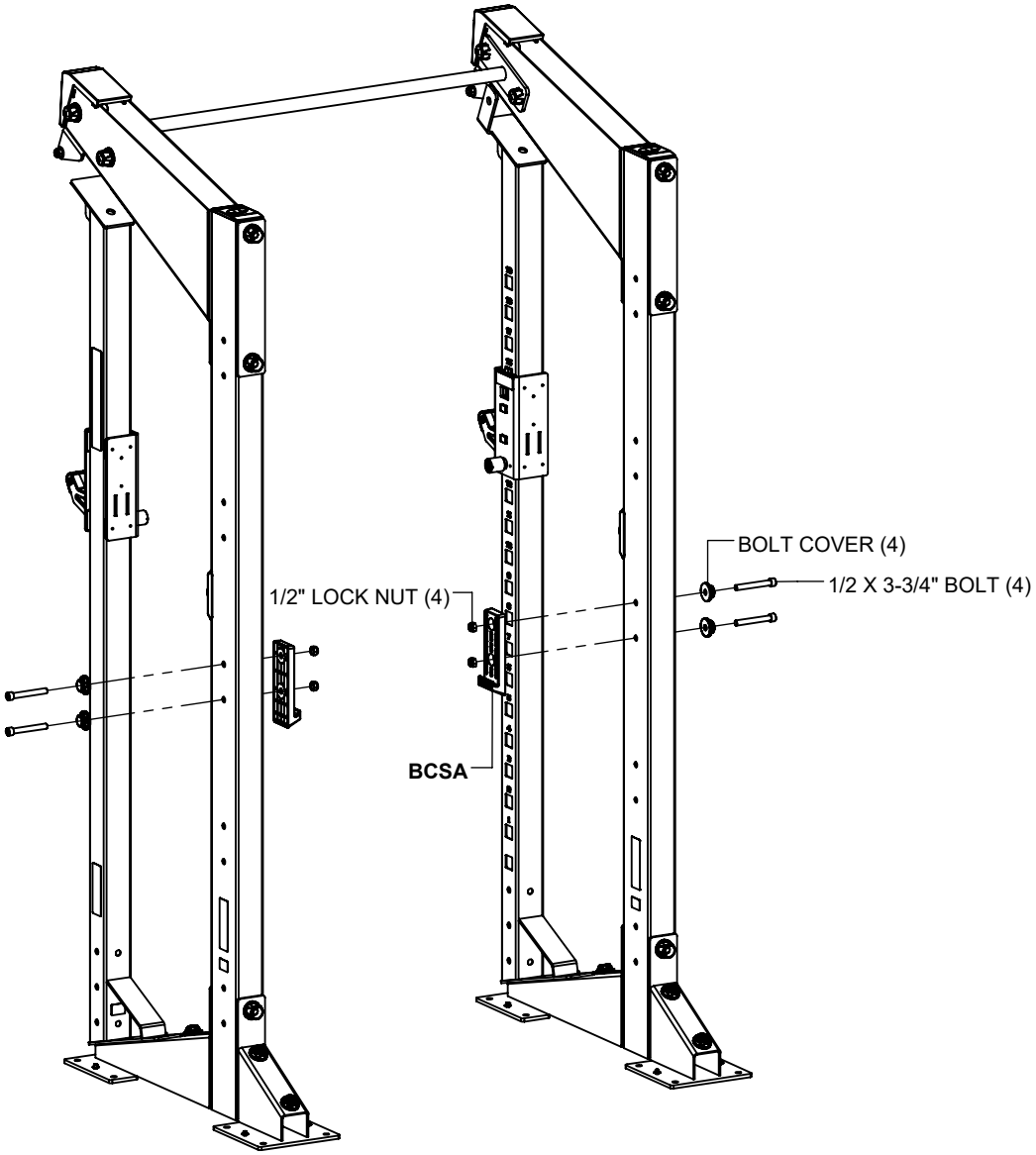
STALL BAR DIP ATTACHMENT



NOTES:

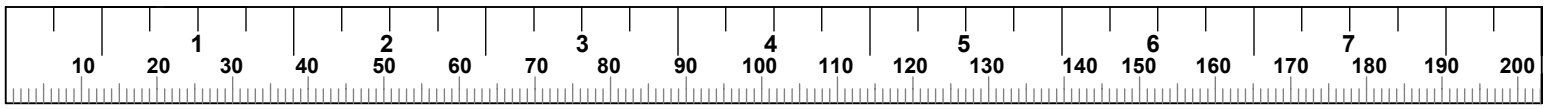
The XCREATE 4' stall bar module is required in this step. For module assembly see previous steps.

BCSA
BAR CATCH STORAGE ATTACHMENT

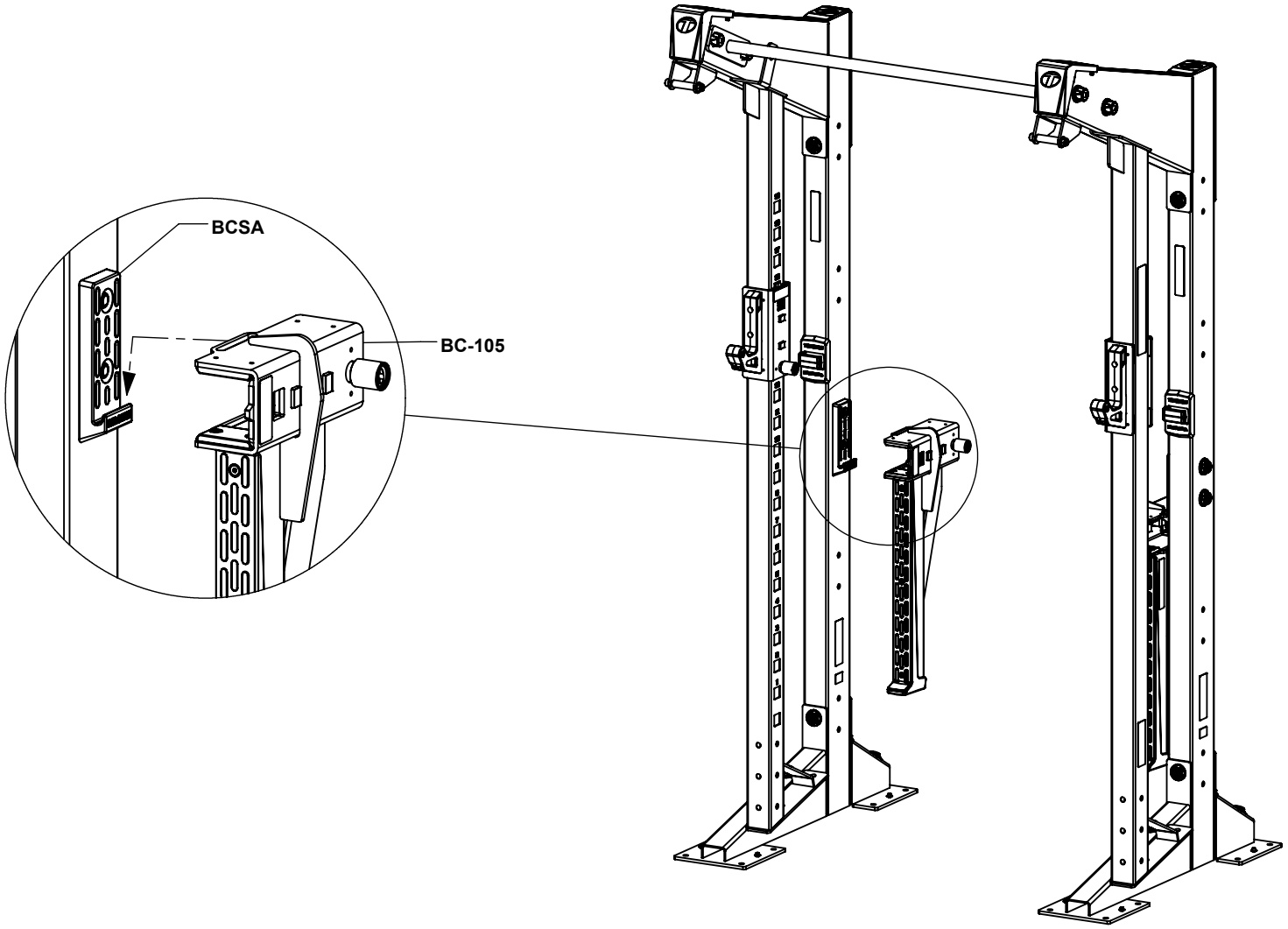


NOTES:

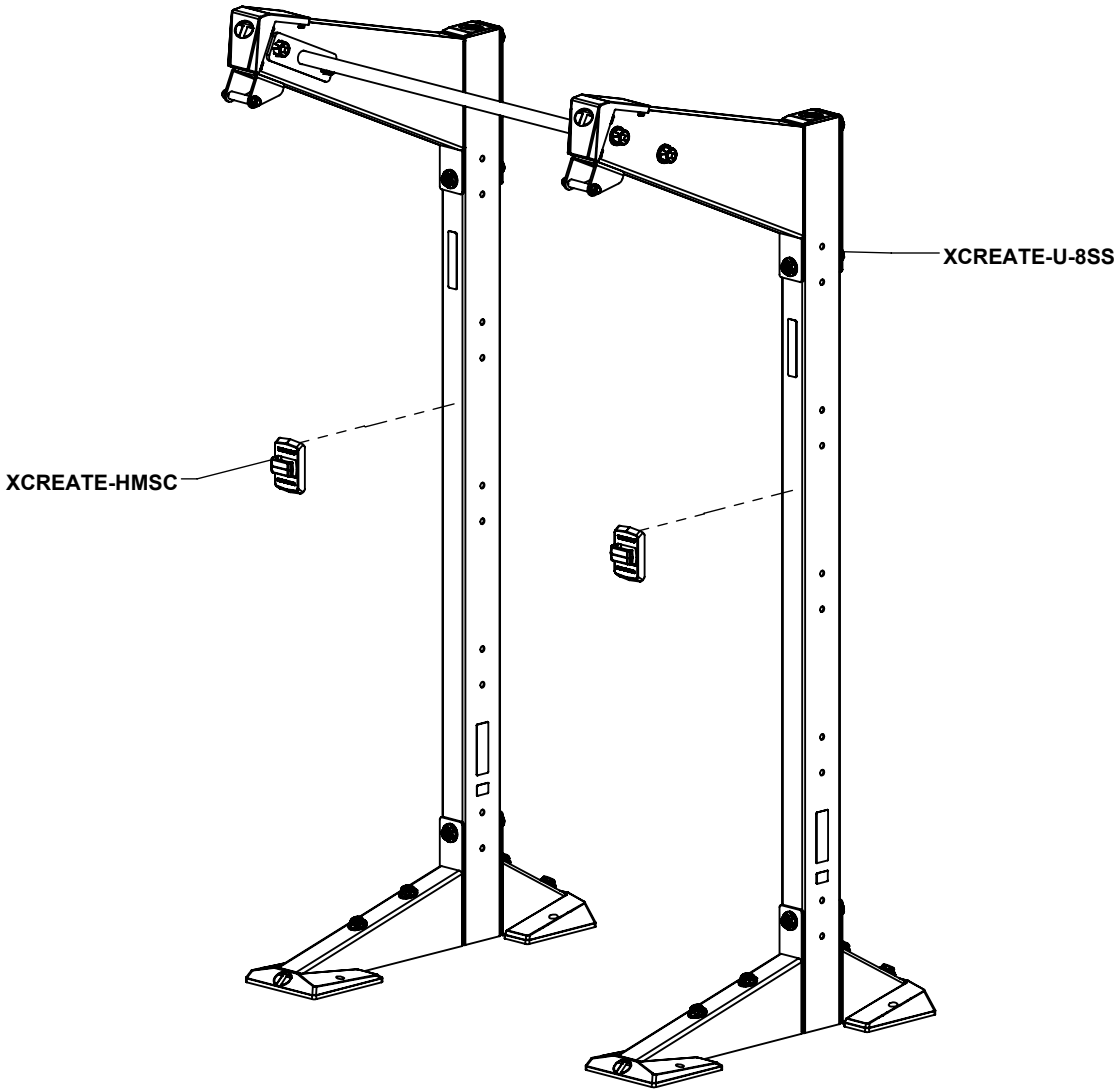
SECURELY tighten all bolt connections in this step.



BCSA
BAR CATCH STORAGE ATTACHMENT

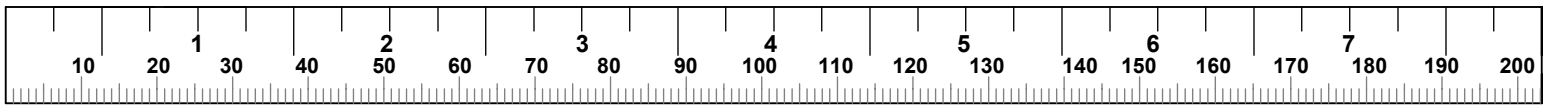


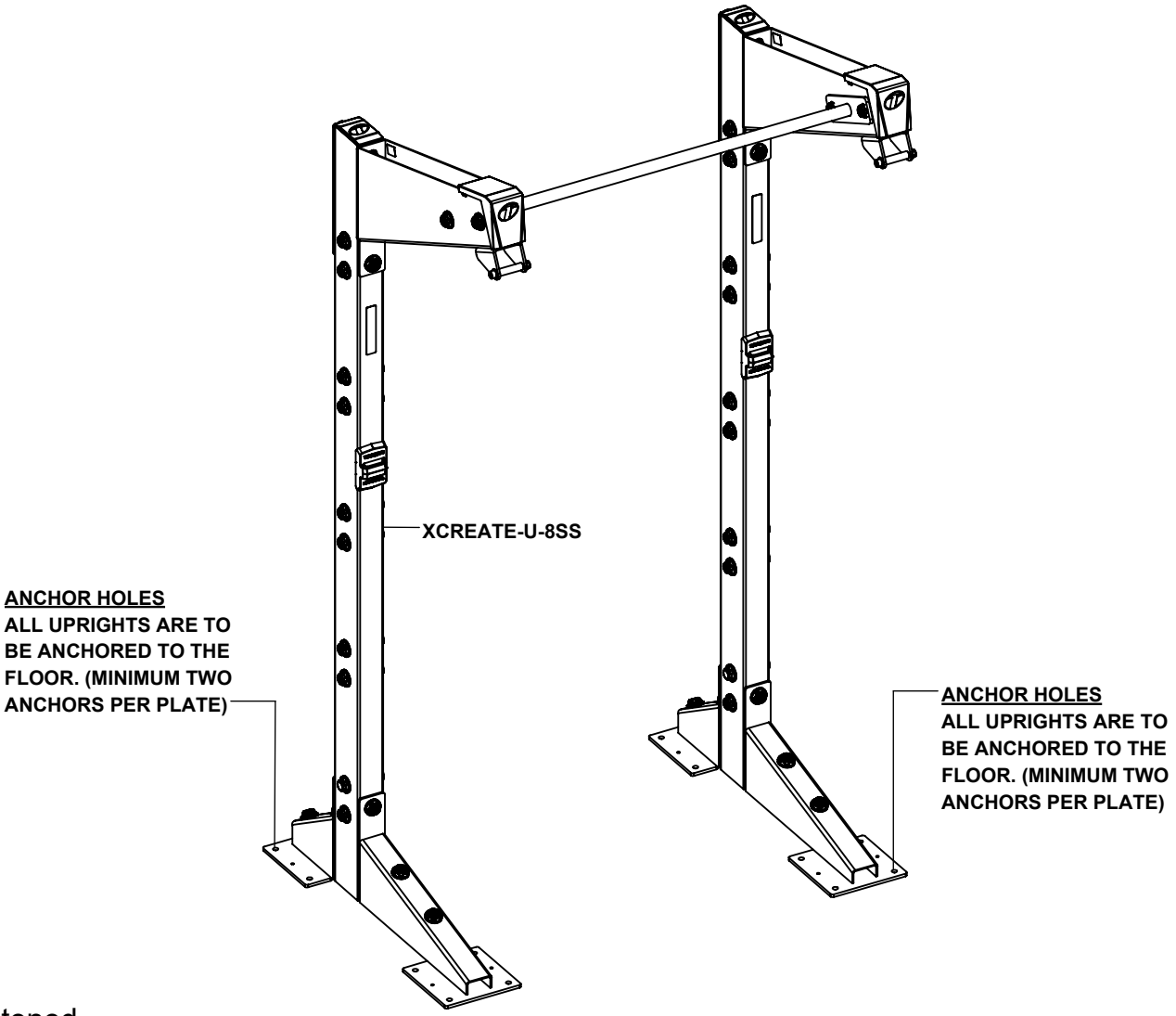
XCREATE-HMSC
MAGNETIC SUSPENSION CLIP



NOTES:

Suspension storage clip can be positioned to desired height.





NOTES:

Make sure all bolts are **SECURELY** tightened.

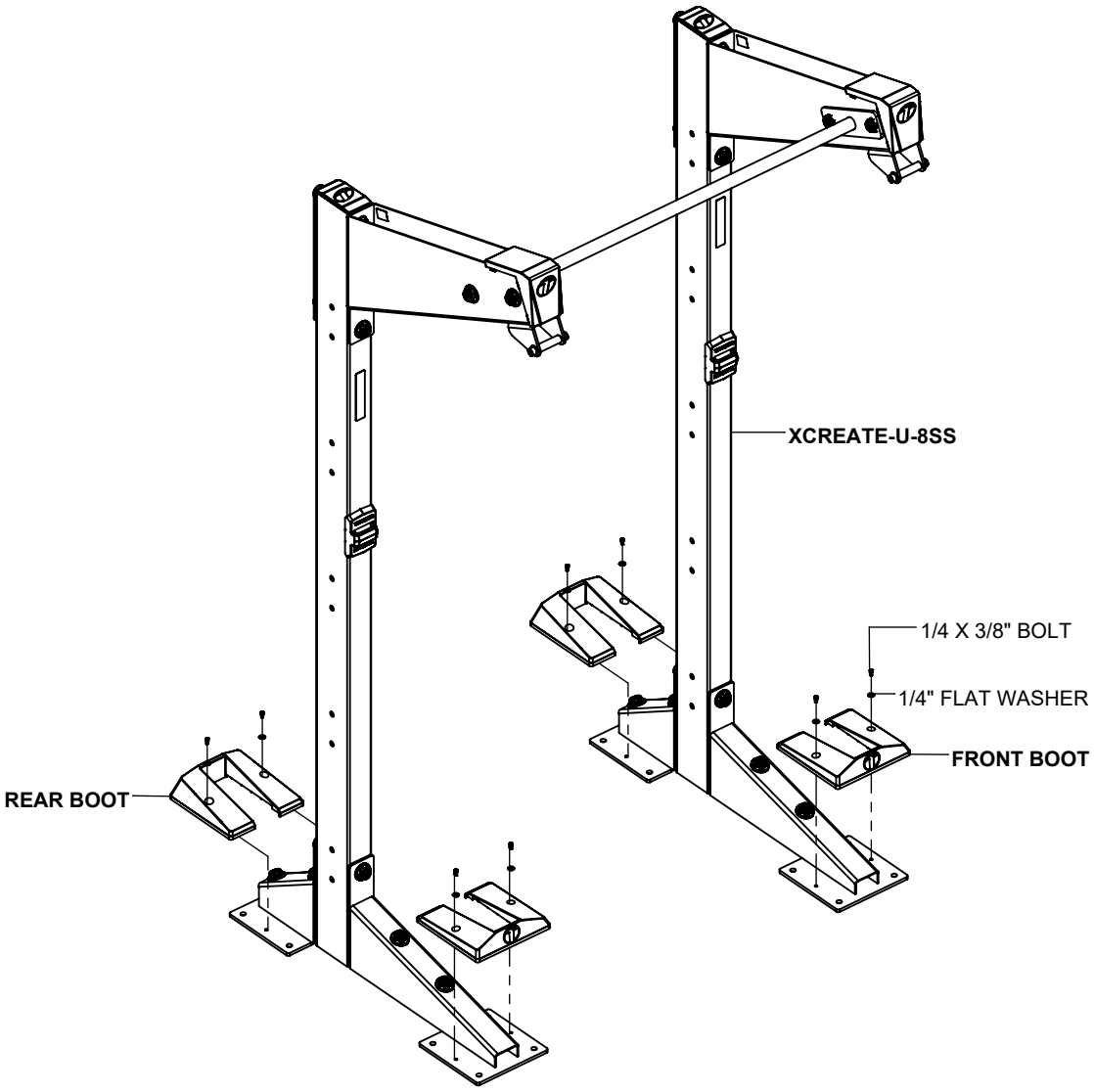
Position system to desired location in the room.

Anchor system to the floor referencing X-CREATE ANCHORING INSTRUCTIONS which can be downloaded at www.torquefitness.com/assembly-manuals

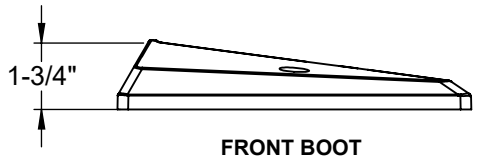
WARNING!

ALL X-CREATE ARE REQUIRED TO BE ANCHORED TO THE FLOOR TO PREVENT ROCKING OR TIPPING DURING USE.

XCREATE-URETHANE BOOTS



REAR BOOT

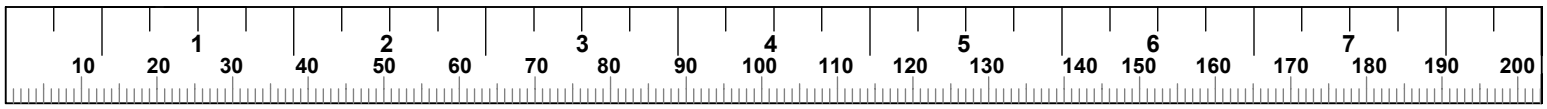


FRONT BOOT

NOTES:

The URETHANE BOOTS and hardware are packaged with the upright boxes

SECURELY tighten bolt connections in this step.

The **XCREATE-U-7SS** is assembled the exact same way.

Repeat this step for every upright.