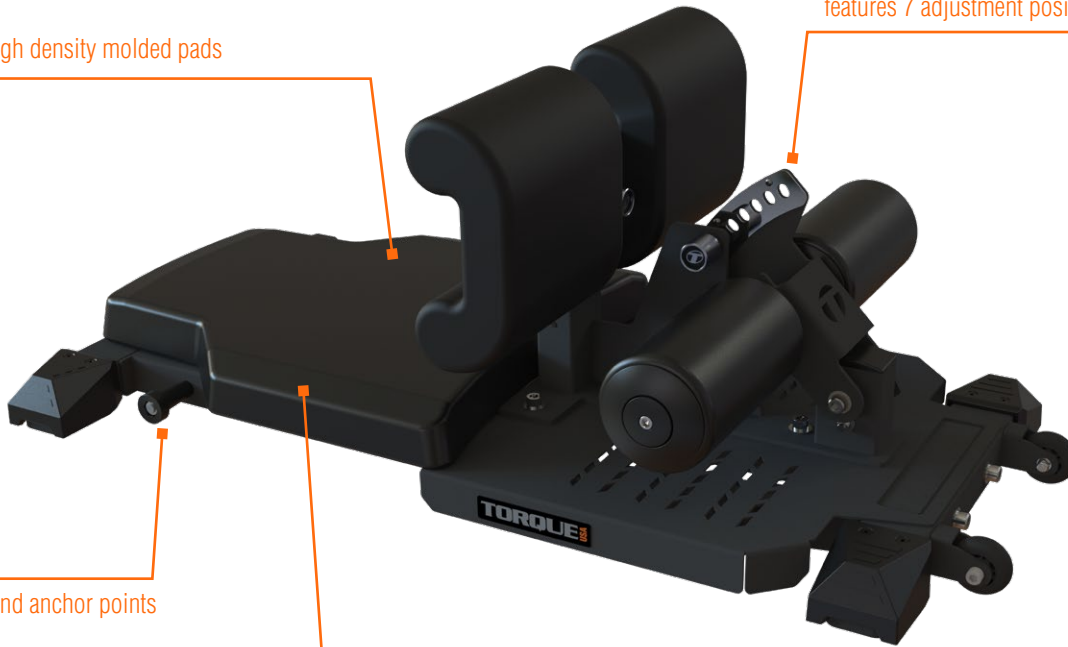


Sissy Squat calf pad is vertically adjustable to 5 different positions. Foot roller pad features 7 adjustment positions.

Durable high density molded pads

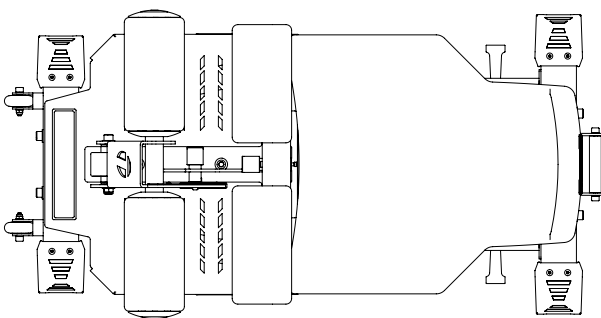
2 resistance band anchor points

Safety pad for Sissy Squat exercise doubles as a platform for floor Glute Ham exercises



Model number	XSSGHR
Footprint (L x W x H)	49.7" x 25.7" x 23.4" (126.3 cm x 65.2 cm x 59.5 cm)
Weight	127 lbs (57.6 kg)
Warranty	10 year frame and welds/1 year parts and finish

TOP VIEW



NOTES:

- Includes floor anchoring points under end caps