



Product code: BS

DESCRIPTION

- Standard with all Racks and Cages.
- UHMW wear guards protect uprights and Olympic Bar.
- 875 lb (397 kg) maximum training weight.
- Aluminum spring pins prevent disengagement with the uprights.

COMPATIBILITY

X-Create	$\sqrt{}$
X-Lab	
X-Rack	√
X-Siege	$\sqrt{}$
X-Cage	$\sqrt{}$
Arsenal	V
Armament	V

BAR CATCHES (2 PIECES - PAIR)

Product code: BC

DESCRIPTION

- Sold as a pair.
- UHMW wear guards protect uprights and Olympic
 Bar
- 675 (306 kg) maximum training weight.
- Compatible with X-Rack, X-Siege, X-Cage, X-Create, Arsenal, and lifting uprights Armament.

X-Create	√
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	$\sqrt{}$
Arsenal	$\sqrt{}$
Armament	





Product code: XRACK-RCK

DESCRIPTION

- Sold as a left and right pair.
- Mounts to any rectangular or monkey bar cross to provide rock grip locations.
- Textured molded surface provides sure grip.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	√
X-Siege	$\sqrt{}$
X-Cage	√
Arsenal	
Armament	√



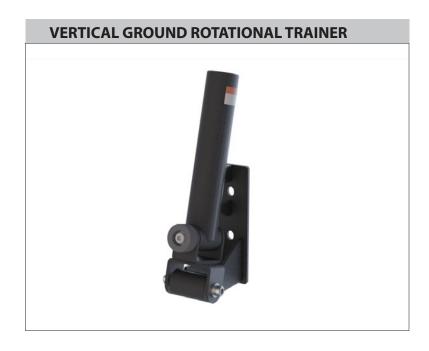
Product Code: BT

DESCRIPTION

- Oval design allows for 8' and 10' target heights.
- Fully welded construction with no bolts on target that could damage wall balls.
- Compatible with most X-Series systems except X-Create, 7' Arsenal and Squat Stand.

X-Create	
X-Lab	$\sqrt{}$
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	$\sqrt{}$
Arsenal	$\sqrt{}$
Armament	$\sqrt{}$





Product code: GRT

DESCRIPTION

- Also referred to as a Landmine and mounts to vertical uprights.
- Provides three dimensional rotation movements.
- Sized for use with an Olympic Bar.
- Folds up against upright when not in use. (on X-Rack and X-Lab only)

COMPATIBILITY

X-Create	
X-Lab	$\sqrt{}$
X-Rack	$\sqrt{}$
X-Siege	
X-Cage	$\sqrt{}$
Arsenal	$\sqrt{}$
Armament	$\sqrt{}$

HORIZONTAL MOUNT GROUND ROTATIONAL TRAINER



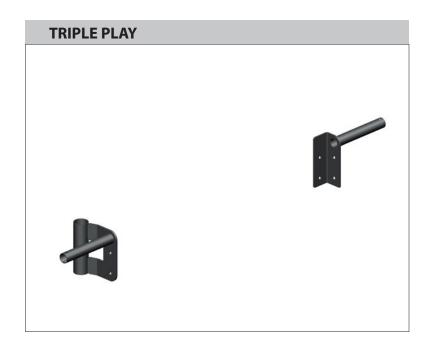
Product Code: XHMGRT

DESCRIPTION

- Mounts horizontally to X-Create Uprights, Lower Band Peg Attachments on X-Rack and X-Siege Systems and to the base of Arsenals and Armaments.
- Molded rubber bumper provides stationary storage location for pivot.

X-Create	√
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	√
X-Cage	
Arsenal	$\sqrt{}$
Armament	√





Product Code: TP

DESCRIPTION

- Functions as weight plate storage, Olympic Bar Storage and as a battle rope anchor.
- Compatible with Squat Stand, X-Racks, Arsenal and Armament Systems.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	
X-Cage	
Arsenal	$\sqrt{}$
Armament	√

DOUBLE PLAY



Product Code: DP

DESCRIPTION

- Attaches to X-Lab, X-Rack, Arsenal, Armament uprights and X-Create Olympic Lifting uprights.
- Holds Olympic Bar and provides an anchor for battle ropes.

X-Create	$\sqrt{}$
X-Lab	$\sqrt{}$
X-Rack	$\sqrt{}$
X-Siege	
X-Cage	
Arsenal	$\sqrt{}$
Armament	V





Product code: XRBOOT

DESCRIPTION

- Compatible with all X-Rack and X-Siege systems.
- Boot provides a decorative cover of the base plates and floor mounting bolts and makes clean up easier around the X-Rack Systems.
- Note: must be installed before assembling X-Rack.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



Product code: UHBM-102

DESCRIPTION

- Can be mounted straight out or at an angle.
- Attaches to all X-Series Systems.
- Newest version allows heavy bags to swivel and rotate smoothly on bronze oil impregnated bearings.
- Heavy Bag not included.

X-Create	
X-Lab	$\sqrt{}$
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	$\sqrt{}$
Arsenal	$\sqrt{}$
Armament	$\sqrt{}$





Product Code: XCREATE-3DSM

DESCRIPTION

- Connects to X-Create and X-Rack Monkey Bar and Rectangular Crosses.
- Allows heavy bags to swivel and rotate smoothly on bronze oil impregnated bearings.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



Product Code: XCC

DESCRIPTION

- Dual swivel pulleys for isolateral movements.
- Mounts to walls, X-Labs, X-Racks and X-Siege Systems with 9' uprights.
- 185 lb (84 kg) weight stack with 1:2 ratio.
- XCC is the frame component. XCCS is the model that includes the weight stack.

X-Create	
X-Lab	$\sqrt{}$
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product Code: XCREATE-HSH

DESCRIPTION

- Large 8.5 inch (21.6 cm) long nylon molded hook stores battle ropes or other hanging accessories.
- Compatible with all X-Create systems as well as X-Rack and X-Siege systems that have Accessory or Weight Storage uprights.
- Pairs well with the XRACK-BRA battle rope anchor.

COMPATIBILITY

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	
X-Cage	
Arsenal	
Armament	



Product code: XRACK-BRA

DESCRIPTION

- Glass-reinforced molded nylon anchor includes rounded edges to prevent wear on ropes.
- Molded in steel inserts in mounting holes.
- Mounts to uprights or the base of most X-Series Systems.

X-Create	$\sqrt{}$
X-Lab	$\sqrt{}$
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	$\sqrt{}$
Arsenal	$\sqrt{}$
Armament	$\sqrt{}$





Product Code: XDSA

DESCRIPTION

- Interlocks with X-Create, X-Rack, X-Siege & X-Cage Lifting Uprights for adjustable height dip movements.
- Also can be used as a Step-Up to reach pull-up or monkey bars.
- Gussets have openings to be used with resistance band for adjustable height anchors.

COMPATIBILITY

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	$\sqrt{}$
Arsenal	V
Armament	V



Product Code: XERT

DESCRIPTION

- Endless rope features a variable resistance magnet brake with four levels of starting resistance.
- Included brackets allow for mounting to almost all Torque systems.

X-Create	V
X-Lab	$\sqrt{}$
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	$\sqrt{}$
Arsenal	√
Armament	$\sqrt{}$





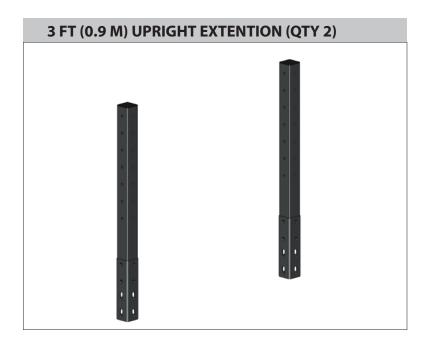
Product Code: XPUS

DESCRIPTION

- Combine with XWMPUX to lengthen any Wall Mounted Pull-Up System.
- Compatible with X-Racks paired with monkey bars for crosses. Combine with Monkey Bar Crosses.
- Raises X-Rack to height of 115.6 in (294 cm) to 119.1 in (302 cm) depending on set-up.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



Product Code: XRACK-3UE

DESCRIPTION

- Designed for use with the XRACK-12U 12' uprights to bring the rack height up to 15' to allow for climbing ropes.
- Four L-Brackets are used to secure extensions to the uprights for complete stability.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	
X-Cage	
Arsenal	
Armament	





Product Code: XRACK-4BCS

DESCRIPTION

- Turns any 4' deep two-sided X-Rack or X-Siege into a Power Cage System.
- Allows for lifting inside rack.
- 855 lb maximum training weight.
- Compatible with Power Cage and 4' deep twosided X-Racks and X-Siege.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



Product Code: XRACK-4DX

DESCRIPTION

- Includes 1.25" and 2" pull-up bars.
- Can be mounted in either direction for "fat bar" or "skinny bar" down.
- Compatible with all X-Racks, Armaments and 8' Arsenals. Not compatible with 7' Arsenals.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	$\sqrt{}$
Armament	





Product code: XRACK-4FPU

DESCRIPTION

- The flying pull-up cross attaches to any X-Rack 4' training space.
- Provides an extended 10' high anchor for rings without compromising a pull-up station or requiring additional floor space.
- Raises X-Rack to height of 117.1 in (297 cm) to 127.5 in (324 cm) depending on set-up.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



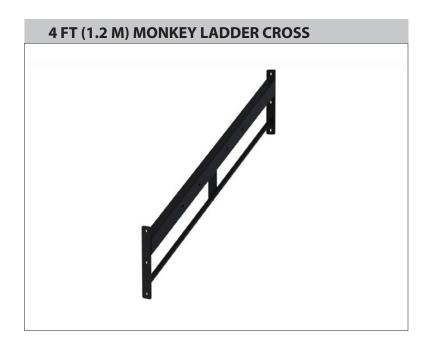
Product code: XRACK-4MB

DESCRIPTION

- Connects to the X-Rack and X-Siege Monkey Bar Cross members.
- Can be mounted with all the same height, or flipped for stair step monkey bars.
- Thru-plate fully welded construction.

X-Create	√
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product code: XRACK-4MBLX

DESCRIPTION

- Allows Monkey Bars to rise from 9 feet to 12 feet.
- Pair with two 4' or 6' Monkey Bars.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



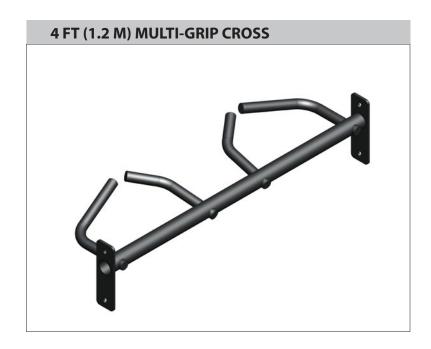
Product Code: XRACK-4MBX

DESCRIPTION

- Includes 3" x 3" 11 gauge upper tube for attaching Monkey Bars and a 1.25" diameter tube for pull-ups.
- Compatible with all X-Racks, X-Siege, Armaments and 8' Arsenals. Not compatible with 7' Arsenals.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	$\sqrt{}$
Armament	$\sqrt{}$





Product Code: XRACK-4MGX

DESCRIPTION

- Includes solid 1.25" diameter ergonomic handles and a 2" diameter "fat grip" straight bar for four different pull-up variations.
- Compatible with all X-Racks, X-Siege, Armaments and 8' Arsenals. Not compatible with 7' Arsenals.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	$\sqrt{}$

4 FT (1.2 M) NINJA CROSS

Product Code: XRACK-4NX

DESCRIPTION

- 4' cross attaches to any 4 foot X-Rack or X-Seige Space, including Monkey Bar Racks as well as Arsenal and Armament Systems.
- Incorporates multiple grip variations, including angled straight bar, fat bar, 3" sphere, 4" sphere and rock grip.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	$\sqrt{}$
Armament	





Product code: XRACK-4RX

DESCRIPTION

- Constructed with 3 x 3 inch 11 gauge with gussets, the rectangular cross provides a more rigid X-Rack frame connection.
- Required for 4 foot depth racks with weight or accessory storage uprights.
- Can be substituted for 4MBX Monkey Bar Cross.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



Product code: XRACK-4SX

DESCRIPTION

- 1.25 inch diameter pull-up bar featuring "thru-plate" construction with gussets.
- Preferred cross member for performing muscle-ups.
- Compatible with all X-Racks, X-Siege, Armaments and 8' Arsenals. Not compatible with 7' Arsenals.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	$\sqrt{}$
Armament	





Product Code: XRACK-4TX

DESCRIPTION

- Constructed with three 1.25" diameter pull-up bars with "thru-plate" construction.
- Allows for two different pull-up heights at the same station.
- Compatible with all X-Racks, X-Siege, Armaments and 8' Arsenals. Not compatible with 7' Arsenals.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	V
Armament	V



Product code: XRACK-6AT

DESCRIPTION

- For use with X-Rack, X-Seige, and Armament Storage Systems and 6' Horizontal Accessory Storage Racks.
- Trays can be mounted flat for use with medicine balls, kettlebells etc. or at an angle for use with hex dumbbells.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product code: XRACK-6DX

DESCRIPTION

- Includes 1.25" and 2" pull-up bars.
- Can be mounted in either direction for "fat bar" or "skinny bar" down.
- Can be mounted horizontally for stability ball storage. (Requires XUHK1)

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	$\sqrt{}$
Arsenal	
Armament	$\sqrt{}$



Product code: XRACK-6HWS

DESCRIPTION

- Six 7.5 inch (190 mm) solid steel weight pegs with nylon covers and rubber bumpers to protect weight plates.
- Compatible with Armament, X-Rack, X-Siege and 6' Horizontal Storage Racks.
- Pegs are spaced apart to all hold 45 lb. plates.

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	$\sqrt{}$





Product code: XRACK-6MB

DESCRIPTION

- Connects to the XRACK-4MBX and XRACK-6MBX Monkey Bar Cross members.
- Can be mounted with all bars at the same height or flipped for stair step monkey bars.
- Use with X-Create to space lifting stations 6' apart.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	√
X-Cage	
Arsenal	
Armament	



Product code: XRACK-6MBLX

DESCRIPTION

- Allows Monkey Bars to rise and descend between 9' and 12' uprights.
- Pair with three 4' or 6' Monkey Bars.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product code: XRACK-6MBX

DESCRIPTION

Includes 3" x 3" 11 gauge upper tube for attaching Monkey Bars and a 1.25" diameter tube for pull-ups.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	$\sqrt{}$
Arsenal	
Armament	$\sqrt{}$



Product code: XRACK-6RX

DESCRIPTION

- Constructed with 3 x 3 inch 11 gauge with gussets, the rectangular cross provides a more rigid X-Rack frame connection.
- Recommended with 12' uprights for use with Gymnastics Rings.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	√
X-Cage	$\sqrt{}$
Arsenal	
Armament	√





Product code: XRACK-6SX

DESCRIPTION

- 1.25 inch diameter pull-up bar featuring "thru-plate" construction with gussets.
- Preferred cross member for performing muscle-ups.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	√
X-Cage	$\sqrt{}$
Arsenal	
Armament	√ ·



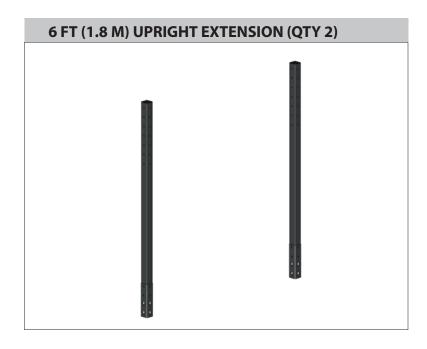
Product code: XRACK-6TX

DESCRIPTION

- Constructed with three 1.25" diameter pull-up bars with "thru-plate" constructions.
- Allows for two different pull-up heights at the same station.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	$\sqrt{}$
Arsenal	
Armament	





Product code: XRACK-6UE

DESCRIPTION

- Designed for use with the XRACK-12U 12' uprights to bring the rack height up to 18' to allow for climbing ropes.
- Four L-Brackets are used to secure extensions to the uprights for complete stability.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	√
X-Siege	
X-Cage	
Arsenal	
Armament	



Product Code: XRACK-8U

DESCRIPTION

- 3 x 3 11 gauge upright 9' length.
- Optional on X-Rack, X-Siege, Arsenal and Armament.
- Numbered slots.
- Standard color options.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	$\sqrt{}$
Armament	√





Product code: XRACK-9U

DESCRIPTION

- 3 x 3 11 gauge upright 9' length.
- Standard on X-Rack and X-Siege and optional with Arsenal and Armament.
- Numbered slots.
- Standard color options.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	$\sqrt{}$
Armament	$\sqrt{}$

8 FT (2.4 M) UPRIGHT VERTICAL ACCESSORY STORAGE

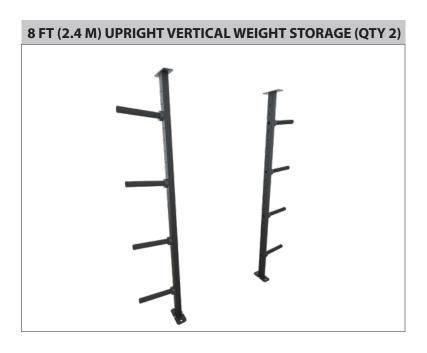
Product code: XRACK-8UVAS

DESCRIPTION

- Attaches inside X-Racks with 8 foot uprights, providing an upright to attach 6' accessory trays and horizontal weight storage. Not compatible with X-Siege.
- · Sold individually.
- Must be used with XRACK-4RX or XRACK-6RX Cross Members.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	
X-Cage	
Arsenal	
Armament	





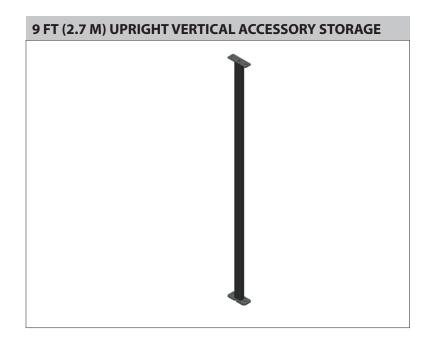
Product code: XRACK-8UVWS

DESCRIPTION

- Attaches inside X-Racks with 8 foot uprights, providing weight storage. Sold as set of 2.
- Also can be used to attach 6' accessory trays and horizontal weight storage. Not compatible with X-Siege.
- Must be used with XRACK-4RX or XRACK-6RX Cross Members.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	
X-Cage	
Arsenal	
Armament	



Product code: XRACK-9UVAS

DESCRIPTION

- Attaches inside X-Racks with 9 foot uprights, providing an upright to attach 6' accessory trays and horizontal weight storage. Not compatible with X-Siege.
- Sold individually.
- Must be used with XRACK-4RX or XRACK-6RX Cross Members.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	
X-Cage	
Arsenal	
Armament	





Product code: XRACK-9UVWS

DESCRIPTION

- Eight solid steel weight pegs with nylon covers and rubber bumpers to protect weight plates.
- Must be used with XRACK-4RX or XRACK-6RX Cross Members.
- · Not compatible with X-Siege.
- Sold as set of 2.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	
X-Cage	
Arsenal	
Armament	



Product code: XRACK-12U

DESCRIPTION

- 3 x 3" 11 gauge upright 12' length.
- Optional on most X-Racks.
- · Standard Storm Grey Powder Coat Finish.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	
X-Cage	
Arsenal	
Armament	





Product code: XRACK-UBPA

DESCRIPTION

- Mounts to any of our rack uprights except XHC which has them built in. (Cannot be used on uprights that include ball targets)
- Enables Olympic bar training with resistance bands.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	$\sqrt{}$

LOWER BAND PEG ATTACHMENT (2 PIECES - PAIR)

Product code: XRACK-LBPA

DESCRIPTION

- Compatible with X-Rack and X-Siege systems.
- Increases rack stability and enables resistance bands to be used with Olympic bar training.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product code: XRACK-3RX

DESCRIPTION

- Constructed with 3 x 3 inch 11 gauge with gussets, the rectangular cross provides a more rigid X-Rack frame connection.
- Compatible with accessory and weight storage uprights on X-Rack and X-Siege Systems.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



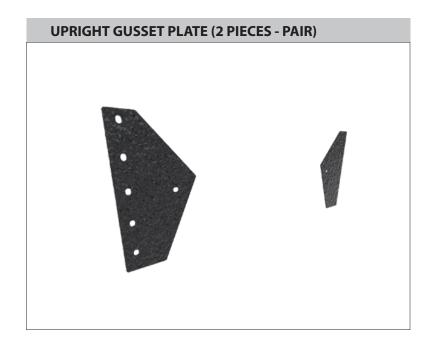
Product code: XSRAAS

DESCRIPTION

- Used with 6' Horizontal Storage Racks, and can be combined with accessory storage uprights and 6' accessory trays to create storage outriggers on X-Racks..
- 58.5" (149 cm) in height; Supports 4 trays.
- Pegs allow the use of the X-Lab Dip and X-Lab Plyo.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	
X-Cage	
Arsenal	
Armament	





Product code: XRACK-UGP

DESCRIPTION

- Standard on X-Siege systems and compatible with some X-Rack systems.
- Ties together uprights and crosses in two directions increasing stability of the system.
- Sold as pair for use at the ends of racks.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



Product code: XRACK-VBCAS

DESCRIPTION

- Provides hanging storage for resistance bands, handles, chains, etc.
- Allows for storage of bar catches, supports or the dip attachment.
- Mounts between two vertical weight storage sets on X-Rack and X-Siege.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product code: XSIEGE-4LFS

DESCRIPTION

- Standard on 4' depth Siege systems.
- Ties together uprights providing added stability.
- Includes two Olympic bar storage locations.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	

6 FT (1.8 M) LOWER FRAME SUPPORT

Product code: XSIEGE-6LFS

DESCRIPTION

- Standard on 6' depth Siege systems.
- Ties together uprights providing added stability.
- Includes two Olympic bar storage locations.

X-Create	
X-Lab	
X-Rack	
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product code: XSIEGE-8UVWS

DESCRIPTION

- Mounts between lower frame supports and rectangular crosses on 8' X-Siege systems. (Not compatible with X-Racks.
- Extra long nylon covered weight horns provide storage for three bumper plates on each peg.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	

9 FT (2.7 M) UPRIGHT VERTICAL WEIGHT STORAGE (QTY 2)



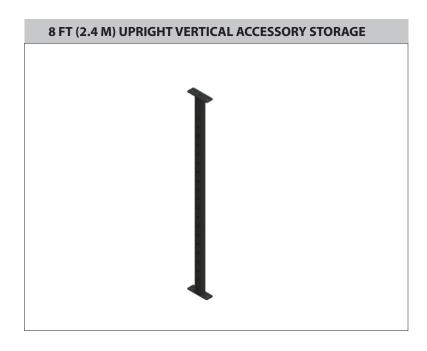
Product code: XSIEGE-9UVWS

DESCRIPTION

- Mounts between lower frame supports and rectangular crosses on 9' X-Siege systems. (Not compatible with X-Racks.
- Extra long nylon covered weight horns provide storage for three bumper plates on each peg.

X-Create	
X-Lab	
X-Rack	
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





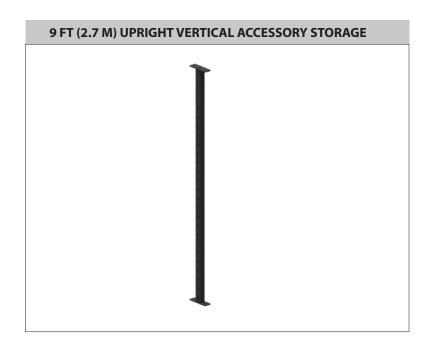
Product code: XSIEGE-8UVAS

DESCRIPTION

- Mounts between lower frame supports and rectangular crosses on 8' X-Siege systems. (Not compatible with X-Racks.
- 20 holes allows for height adjustment for multiple 6 foot accessory trays.
- Sold individually.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



Product code: XSIEGE-9UVAS

DESCRIPTION

- Mounts between lower frame supports and rectangular crosses on 9' X-Siege systems. (Not compatible with X-Racks.
- 22 holes allows for height adjustment for multiple 6 foot accessory trays.
- · Sold individually.

X-Create	
X-Lab	
X-Rack	
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product Code: WSNK10-45

DESCRIPTION

- Molded caps snap over weight peg bolts to provide location indicators for bumper plates.
- Includes six each of 10, 25, 35, and 45 lb indicators
- Compatible with all X-Series products with weight pegs.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	√
X-Cage	√
Arsenal	√ ·
Armament	√

HARDWARE COVER FINISH KIT - 18 HOLES



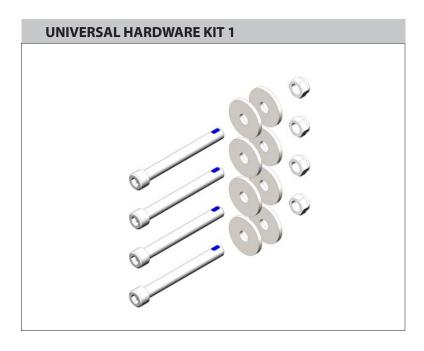
Product Code: XHCFK-18BH

Description

- The Nut Caps serve as a washer replacement and hide exposed bolt threads, protecting accessories from damage.
- The Socket Head Cap Screw Covers replace washers and upgrade the aesthetics of your system, giving the X-Create a more refined look.

X-Create	$\sqrt{}$
X-Lab	$\sqrt{}$
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	$\sqrt{}$
Arsenal	$\sqrt{}$
Armament	V





Product code: XUHK1

DESCRIPTION

- Additional hardware kit that is standard with XRSS storage rack systems in order to attach double crosses horizontally for stability ball storage.
- Includes four 1/2" x 4-1/2" bolts, four nuts and eight washers.

COMPATIBILITY

X-Create	$\sqrt{}$
X-Lab	$\sqrt{}$
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	$\sqrt{}$
Arsenal	$\sqrt{}$
Armament	V



Product code: XSIEGE-4SSLFS

DESCRIPTION

- Ties together front and back uprights on 4 foot deep racks providing added stability.
- If using Vertical Accessory or Weight Storage Uprights, the 4SSLFS must be paired with X-Siege models.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product Code: XCREATE-4AT

DESCRIPTION

- Over built to handle your heaviest accessories.
- Includes thick molded rubber tray cover to absorb sound and prevent scratches.
- Can be mounted at an angle for ergonomic placement and retrieval of dumbbells.

COMPATIBILITY

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



Product Code: XCREATE-6AT

DESCRIPTION

- Over built to handle your heaviest accessories.
- Includes thick molded rubber tray covers to absorb sound and prevent scratches.
- Can be mounted at an angle for ergonomic placement and retrieval of dumbbells.

X-Create	√
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product Code: XCREATE-8AT

DESCRIPTION

- Over built to handle your heaviest accessories.
- Includes thick molded rubber tray covers to absorb sound and prevent scratches.
- Can be mounted at an angle for ergonomic placement and retrieval of dumbbells.

COMPATIBILITY

X-Create	$\sqrt{}$	
X-Lab		
X-Rack	$\sqrt{}$	
X-Siege	$\sqrt{}$	
X-Cage		
Arsenal		
Armament		



Product Code: XCREATE-4BBS

DESCRIPTION

- Maximizes bumper plate storage.
- Holds smaller weights on vertical post and 10 lb 55 lb bumpers in vertical dividers.

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product Code: XCREATE-4BHS

DESCRIPTION

- Adjustable rails support balls of various diameters.
- Fixed pegs support resistance bands and other hanging accessories while horizontally adjustable peg fits hanging exercise mats.
- Fills one module space.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



Product Code: XCREATE-4BS

DESCRIPTION

- Minimalist rack for ball storage.
- Three horizontal beam mounting locations to fit multiple ball diameters.

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product Code: XCREATE-4UBS

DESCRIPTION

- Next generation ball storage requires no adjustment.
- Compatible with Torque's smallest medicine and slam balls up to our larger diameter stability balls.
- Includes holes for peg kit (shown below)

COMPATIBILITY

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	

UNIVERSAL BALL STORAGE HANGING PEGS (QTY 6)

Product Code: XCREATE-UBSHP6

DESCRIPTION

- Hanging storage pegs mountable to either the XCREATE-4UBS or XCREATE-6UBS.
- Supports hanging mats, straps and bands.
 Horizontally adjustable for mats with varying hole widths.
- 16 mm diameter with grooves to retain mats. Includes nuts to attach.

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product Code: XCREATE-6UBS

DESCRIPTION

- Next generation ball storage requires no adjustment.
- Compatible with Torque's smallest medicine and slam balls up to our stability balls.
- Includes holes for peg kit (shown below)

COMPATIBILITY

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	

6 FT (1.8 M) BUMPER BOOKSHELF STORAGE

Product Code: XCREATE-6BBS

DESCRIPTION

- Maximizes bumper plate storage.
- Holds smaller weights on vertical posts and 10 lb -55 lb bumpers in vertical dividers.

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product Code: XCREATE-4BTW

DESCRIPTION

- Ball Target Wall split up into three different zones low, mid and high.
- Phenolic resin laminated board is supported by steel frame with impact dampening foam.

COMPATIBILITY

X-Create	$\sqrt{}$	
X-Lab		
X-Rack	$\sqrt{}$	
X-Siege	$\sqrt{}$	
X-Cage		
Arsenal		
Armament		



Product Code: XCREATE-4BTWRS

DESCRIPTION

- Mounts to the backside of frame of the XCREATE-4BTW on 2-Sided X-Create Systems.
- Requires XCREATE-4BTW.

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product Code: XCREATE-4SSHWS

DESCRIPTION

- Standard as part of the X-Create Accessory and Weight Storage Module.
- Compatible with any X-Create System.
- Mounts between uprights and includes two nylon covered solid steel weight horns that are 11.25 in (286 mm) long.

COMPATIBILITY

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



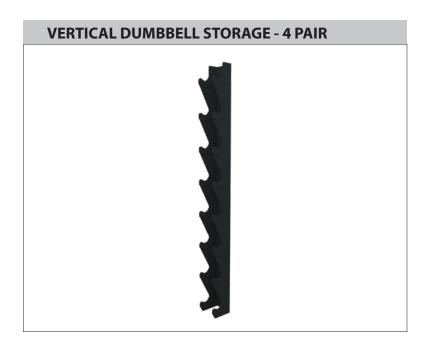
Product Code: XCREATE-4SB

DESCRIPTION

- (12) 1.25 in (32 mm) diameter rungs for targeted stretching, body weight and resistance training.
- Textured storm grey powder coat paint provides sure grip.

X-Create	$\sqrt{}$	
X-Lab		
X-Rack	$\sqrt{}$	
X-Siege	$\sqrt{}$	
X-Cage		
Arsenal		
Armament		





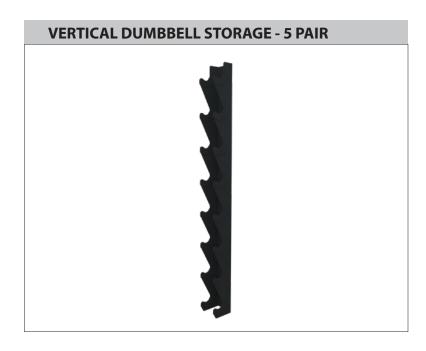
Product Code: XCREATE-VDS4

DESCRIPTION

- Attaches to both standard and 2-sided X-Create 5 foot - 8 foot uprights to either an empty module, a ball and hanging storage module or to the end uprights on a system.
- Holds four pairs of any size up to 55 lb dumbbells.
- Includes protective nylon edge protectors.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	√
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



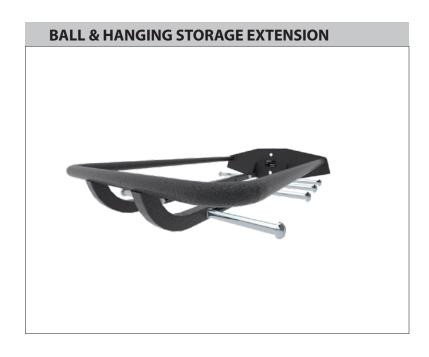
Product Code: XCREATE-VDS5

DESCRIPTION

- Attaches to both standard and 2-sided X-Create 5 foot - 8 foot uprights to either an empty module, a ball and hanging storage module or to the end uprights on a system.
- Holds five pairs of any size up to 30 lb dumbbells.
- Includes protective nylon edge protectors.

X-Create	√
X-Lab	
X-Rack	√
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product Code: XCREATE-BHSE

DESCRIPTION

- Add more storage to the ends of X-Create systems.
- Sized to hold a stability ball of any diameter.
- Adjustable pegs allow storage of hanging mats, resistance bands, handles and more.

COMPATIBILITY

X-Create	V
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



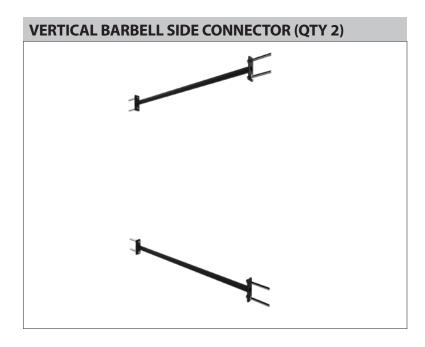
Product Code: XERT

DESCRIPTION

- Endless rope features a variable resistance magnet brake with four difficulty settings.
- Included brackets allow for mounting to almost all Torque systems.

X-Create	$\sqrt{}$
X-Lab	$\sqrt{}$
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	$\sqrt{}$
Arsenal	$\sqrt{}$
Armament	V





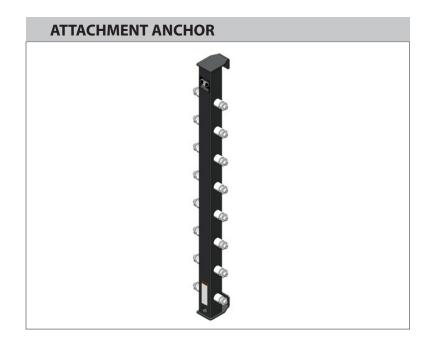
Product Code: XCREATE-VBSC

DESCRIPTION

- Mounts between the 5 foot uprights of barbell racks or between any X-Create uprights to add stability.
- Textured storm grey powder coat paint powder coat finish.

COMPATIBILITY

X-Create	V
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



Product Code: XLAB-AA

DESCRIPTION

- Mounts to X-Lab and X-Create 5 foot 8 foot uprights for use with the Dip and Plyo Step Attachments.
- Machined chrome plated pegs keep attachments secure and easy to attach and remove.
- This component is required in order to use XLAB-DA or XLAB-PS.

X-Create	$\sqrt{}$	
X-Lab	$\sqrt{}$	
X-Rack	$\sqrt{}$	
X-Siege	$\sqrt{}$	
X-Cage		
Arsenal		
Armament		





Product code: XLAB-PS

DESCRIPTION

- Used in conjunction with the XLAB-AA Attachment Anchor.
- The open design lends itself to visually guiding the attachment into place for easy attachments and adjustments and includes an integrated handle.

COMPATIBILITY

X-Create	$\sqrt{}$
X-Lab	$\sqrt{}$
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	

DIP ATTACHMENT

Product code: XLAB-DA

DESCRIPTION

- Used in conjunction with the XLAB-AA Attachment Anchor.
- The open design lends itself to visually guiding the attachment into place for easy attachments and adjustments and includes an integrated handle.

X-Create	$\sqrt{}$
X-Lab	$\sqrt{}$
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





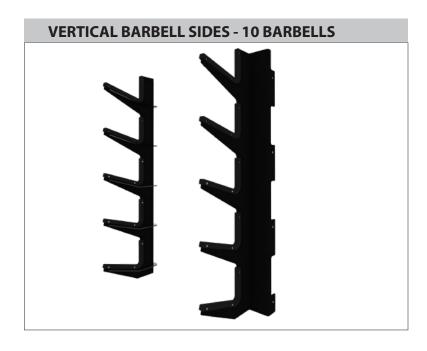
Product Code: XCREATE-VBS5

DESCRIPTION

- Mounts to X-Create 5 foot, 7 foot and 8 foot uprights to hold 5 straight or EZ curl barbells.
- Includes molded nylon guards to protect barbells and numbered labels.

COMPATIBILITY

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



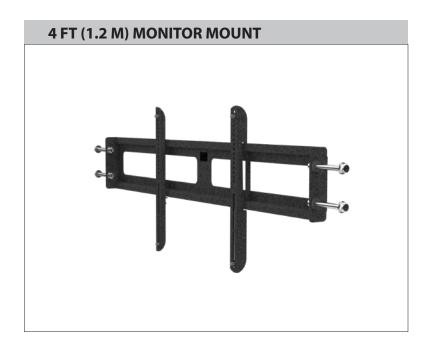
Product Code: XCREATE-VBS10

DESCRIPTION

- Mounts to X-Create 5 foot, 7 foot and 8 foot uprights to hold 10 straight or EZ curl barbells.
- Each pair of hooks hold two barbells.
- Includes molded nylon guards to protect barbells and numbered labels.

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





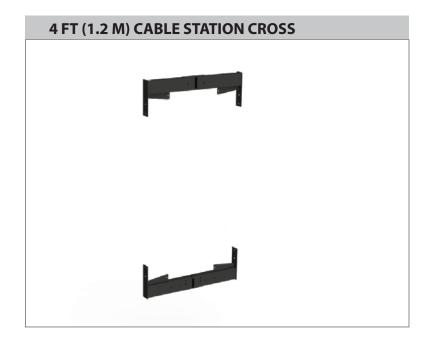
Product Code: XCREATE-4MM

DESCRIPTION

- Attaches to any X-Create 4 foot (1.2 M) module space.
- Compatible with flat screen monitors up to 43 inches.
- Standard VESA mount

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	



Product Code: XCREATE-4CSX

DESCRIPTION

- Includes top and bottom cross members for attaching the X-Create Cable Column, Seated Row, and Lat Pulldown frames to a module space.
- Included with modules.
- If cable stations are orientated back to back in a module space, they share one of these components.

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product Code: XCREATE-CSTC

DESCRIPTION

- Injection molded top cap for the X-Create Cable Column, Seated Row, and Lat Pulldown Modules and Wall mounts.
- Included with all X-Create Cable Stations.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	



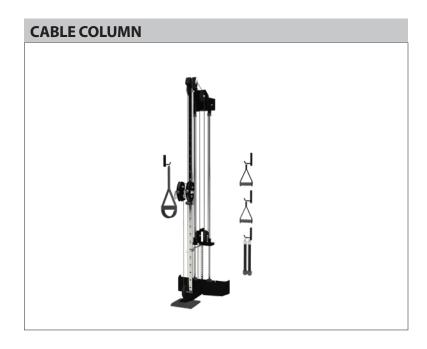
Product Code: XCREATE-CSSF

DESCRIPTION

- Front shroud pair for the X-Create Cable Column, Seated Row, and Lat Pulldown Modules and Wall mounts.
- Included with modules.
- Placards are included with the individual station frames and are attached after assembly.

X-Create	√
X-Lab	
X-Rack	√
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product Code: XCREATE-CC

DESCRIPTION

- Frame assembly for the X-Create Cable Column Module and Wall Mount. (Both light and heavy)
- Includes headplate, cable and accessories.

COMPATIBILITY

X-Create	√
X-Lab	
X-Rack	√
X-Siege	√
X-Cage	
Arsenal	
Armament	



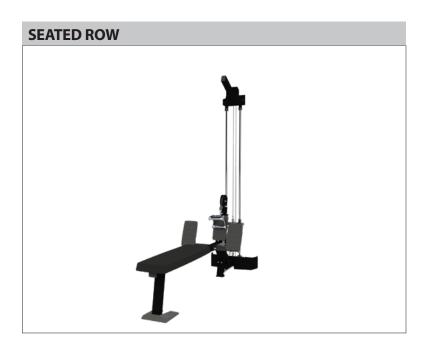
Product Code: XCREATE-LPD

DESCRIPTION

- Frame assembly for the X-Create Lat Pulldown Module and Wall Mount.
- Includes black pads, headplate, cable and aluminum lat bar.
- · Adjustable knee hold-down.

X-Create	√
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





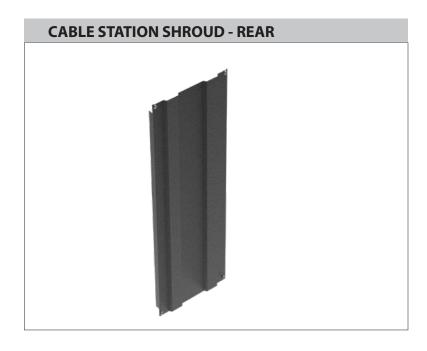
Product Code: XCREATE-SR

DESCRIPTION

- Frame assembly for the X-Create Seated Row Module and Wall Mount.
- Includes black pad, headplate, cable and aluminum low row handle.
- Urethane molded foot placements and frame protector.

COMPATIBILITY

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



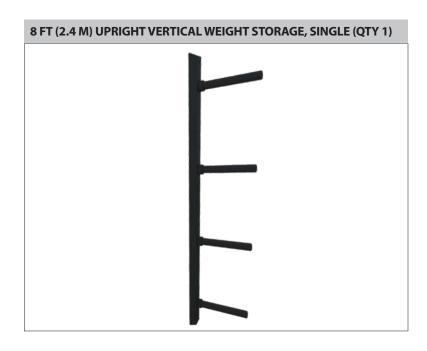
Product Code: XCREATE-CSSR

DESCRIPTION

- Rear shroud option for X-Create Cable Column, Lat Pulldown and Seated Row Modules.
- Recommended for Two-sided X-Creates with cable stations only on one side or for X-Create Wall Systems that are not placed along a wall.

X-Create	√
X-Lab	
X-Rack	√
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	





Product Code: XCREATE-8UVWSS

DESCRIPTION

- Mounts to the side of X-Create 8 foot standard and
 2-sided uprights to provide weight storage.
- Four solid steel weight pegs with nylon covers and rubber bumpers protect weight plates.
- Each 11.25 in (286 mm) long peg holds up to 4 Torque 45 lb bumper plates or 6 Torque 45 lb grip plates.

COMPATIBILITY

X-Create	$\sqrt{}$
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	

8 FOOT (2.4 M) UPIGHT VERTICAL WEIGHT STORAGE

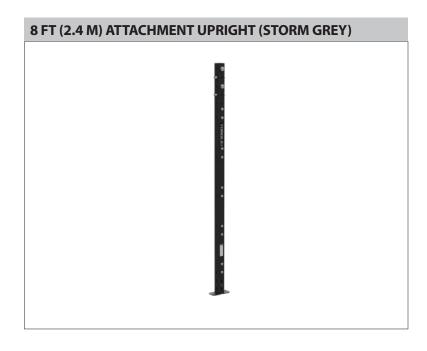
Product Code: XCREATE-8UVWS

DESCRIPTION

- Mounts to the side of X-Create 7 and 8 foot uprights to provide weight storage.
- Eight solid steel weight pegs with nylon covers and rubber bumpers protect weight plates.
- Each 11.25 in (286 mm) long peg holds up to 4 Torque 45 lb bumper plates or 6 Torque 45 lb grip plates. Also availabe as single.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	
X-Cage	
Arsenal	
Armament	





Product Code: XRACK-8AU

DESCRIPTION

- Substitute for any standard 8 foot upright in order to attach trays, weight storage or training attachments.
- Cannot be used with Bar Supports or Bar Catches.
- Available only in storm grey powder coat finish.

COMPATIBILITY

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	

9 FT (2.7 M) ATTACHMENT UPRIGHT (STORM GREY)

Product Code: XRACK-9AU

DESCRIPTION

- Substitute for any standard 9 foot upright in order to attach trays, weight storage or training attachments.
- Cannot be used with Bar Supports or Bar Catches.
- Available only in storm grey powder coat finish.

X-Create	
X-Lab	
X-Rack	V
X-Siege	V
X-Cage	
Arsenal	
Armament	





Product Code: WSP10-5-101

DESCRIPTION

- Box of five 10 lb powdercoated steel weight plates with bushings.
- Used with Cable Column Stations, Seated Row and Lat Pulldown.

COMPATIBILITY

X-Create	$\sqrt{}$
X-Lab	$\sqrt{}$
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



Product Code: WSP15-5-101

DESCRIPTION

- Box of five 15 lb powdercoated steel weight plates with bushings.
- Used with Cable Column Stations, Seated Row and Lat Pulldown.

X-Create	$\sqrt{}$
X-Lab	V
X-Rack	V
X-Siege	V
X-Cage	
Arsenal	
Armament	





Product Code: WSP20-5-101

DESCRIPTION

- Box of five 20 lb powdercoated steel weight plates with bushings.
- Used with Cable Column Stations, Seated Row and Lat Pulldown.

COMPATIBILITY

X-Create	$\sqrt{}$
X-Lab	$\sqrt{}$
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	



Product code: XRBOOT

DESCRIPTION

- Compatible with all X-Rack and X-Siege systems.
- Boot provides a decorative cover of the base plates and floor mounting bolts and makes clean up easier around the X-Rack Systems.
- Note: must be installed before assembling X-Rack.

X-Create	
X-Lab	
X-Rack	$\sqrt{}$
X-Siege	$\sqrt{}$
X-Cage	
Arsenal	
Armament	