

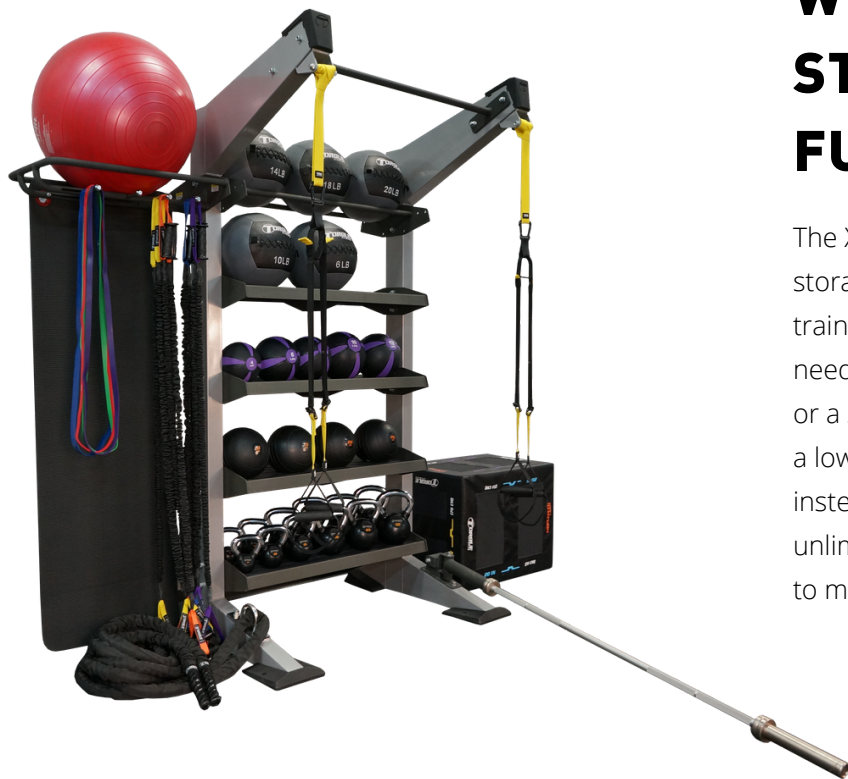
# X-CREATE



**CREATE**  
YOUR  
ULTIMATE  
TRAINING  
SPACE.

**TORQUE** USA





# WHERE PERFECTED STORAGE MEETS FUNCTIONAL TRAINING

The X-CREATE takes the features of an ideal storage system and merges it with endless training possibilities. Whether your facility needs a clean and organized storage solution or a sleek system for functional training, with a low-profile design that utilizes wall space instead of floor space, X-CREATE gives unlimited customization and allows facilities to maximize their area's potential.

# A SYSTEM FOR EVERY LAYOUT

The X-CREATE is available as a wall space, center space, and bridge space.



## Wall Space

- Sleek wall-lining design
- Space-efficient
- Optimal Accessory Storage



## Bridge Space

- Makes an impact in any space
- Maximizes training footprint
- Train more people



## Center Space

- Ideal for center of a room
- Maximizes suspension training
- Train more people per module





# ONE TO INFINITY

Start with one X-CREATE module and work your way up to infinite storage and functional training solutions. With suspension anchors, pull-up bars, battle rope anchors, and more, X-CREATE is ideal for everything from storing accessories to creating a complete custom training system.

## Perfected Storage

Each X-CREATE module includes five storage stations that come equipped with heavy padded trays that can handle kettle bells, slam balls, dumbbells, and more. For even more storage, each module includes a dedicated area for one to two stability balls, depending on size.

## Functional Training

Each X-CREATE system comes with pull-up bars, suspension training anchors, and battle rope anchors, allowing unlimited training possibilities on a single module.



# HOW TO CREATE YOUR CUSTOM SYSTEM

## Step One

Choose the length of the X-Crete Wall System. Each module space is approximately 4 ft. (1.2 m).



## Step Two

Choose storage and training modules or leave the space empty as a dedicated pull-up station.



Customizing an X-Create System is a simple step-by-step process. Determine the length you have available, the storage, training stations and attachments you need, and then the training accessories to pair with it. Torque's X-Team Design can help you with all of that and give you a 3-D visual rendering of what it will look like in your facility.

### Step Three

Choose attachments. These attach to the base, the boom, or the side of the uprights.



### Step Four

Choose individual training accessories or select a recommended training package.





# MAXIMIZE YOUR FLOOR SPACE

The X-CREATE was designed to fit in a sleek manner against walls with its stable 3 foot base in order to open up the floor for training, instead of storing. Bolted to the ground, the X-CREATE is also sturdy enough to train on.

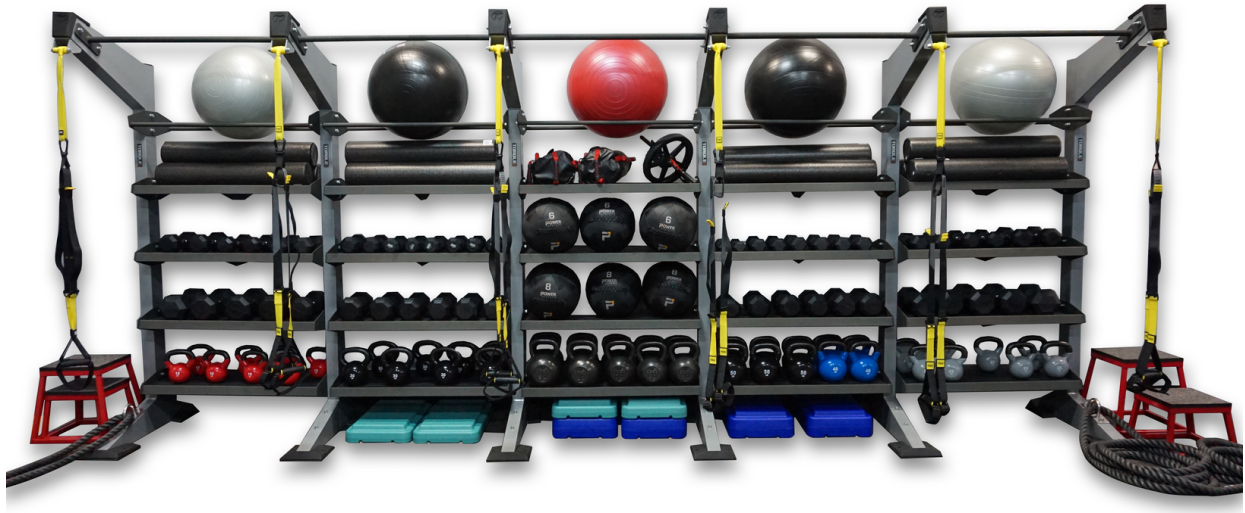
## Highlights

- 3-foot base for stability
- Urethane covers for anchoring bolts
- Sleek wall-space design



# DESIGNED FOR COMPLETE ACCESSORY STORAGE

From stability balls, kettle bells, suspension training, and more, the X-CREATE was made with complete storage in mind.





# PRODUCT DETAILS

## THE MATERIAL

The X-CREATE uses 3 x 5 inch 11 gauge tubing and ½-13 inch socket head cap screws for hardware.

## THE FINISH

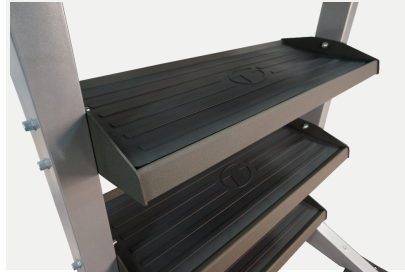
X-CREATE uprights have a platinum powder coat and clear finish, while the pull-up bars, accessory trays, and other components are coated in our durable textured storm grey finish.

# STANDARD PRODUCT DETAILS



## ACCESSORY TRAYS

The 15 inch (38 cm) wide trays are deep enough to hold any type of accessory and can be angled for ergonomic removal and placement of dumbbells.



## ACCESSORY MATS

The accessory trays include thick 3/8" molded rubber mats that absorb sound and prevent damage.



## ACCESSORY ORGANIZATION

Utilize accessory organization labels to help guide users on where to place accessories.

# STANDARD PRODUCT DETAILS



## SUSPENSION TRAINING ANCHOR

Designed for easy suspension training attachment, the suspension training anchors help suspension trainers stay put.

## THE BASE

The X-CREATE with its 3 ft. (91 cm) long solid base, includes molded urethane boots that hide the anchoring bolts and keep your facility easy to clean.





# CUSTOMIZE YOUR X-CREATE

With ample storage and plenty of training options, X-CREATE is the ideal system for facilities looking to house and organize their array of accessories and deliver a variety of training options. Give users a consistent place to retrieve and store their training tools while creating a clean and organized feel within your facility.



## Modules

- 4 ft. (1.2 M) Storage Module
- 4 ft. (1.2 M) Ball & Hanging Storage Module
- 4 ft. (1.2 M) Stall Bar Module
- 4 ft. (1.2 M) Ball Target Wall Module
- 4 ft (1.2 M) Accessory/Weight Storage Module
- 2-Sided 8 ft. (2.4 M) Olympic Lifting Station Module
- 8 ft. (2.4 M) Upright Extension Module
- 2-Sided 8 ft. (2.4 M) Upright Extension Module

## Attachments

- Plyo-Step Attachment
- Dip Attachment
- Battle Rope Anchor
- Hanging Storage Hook
- Ball & Hanging Storage Extension
- 3-Dimensional Swivel
- 3-Dimensional Swivel with Mount
- Double Play - Bar & Plate Storage
- Ball Target
- Horizontal Ground Rotational Trainer
- Endless Rope Drum
- Vertical Dumbbell Storage
- Resistance Band Anchor
- 8 ft. (2.4 M) Upright Vertical Weight Storage
- Rock Climbing Kit

# AVAILABLE MODULES



## ACCESSORY STORAGE

Efficiently store stability balls, kettlebells, dumbbells and more with adjustable rails and deep trays that can be mounted flat or at incline.



## STALL BAR MODULE

Incorporate a wide variety of functional movements like incline push-ups or use as an anchor for battle-rope and resistance band movements with the stall bar module.



## BALL TARGET WALL

Take conditioning to the next level with wall-ball movements. Split into three different target zones, this module create endless training options.

# AVAILABLE MODULES



## BALL & HANGING STORAGE

Store stability balls, resistance bands, and yoga mats efficiently with this module. Adjustable pegs and rails provide flexible storage for various accessories.



## OLYMPIC LIFTING STATION

Add barbell lifting to any X-Crete Wall, Center, or Bridge Space System. Includes bar supports and bar catches.



## UPRIGHT EXTENSIONS

Extend and add training space to any X-Crete Base or Functional System. Available for both one and two-sided uprights.

# ATTACHMENT OPTIONS



## ENDLESS ROPE DRUM

Add this variable resistance magnetic brake endless rope drum onto your X-CREATE as a safe alternative for ceiling rope climbing.



## BALL & HANGING STORAGE EXT.

Provides storage for stability balls, exercise mats and hanging accessories. Adjustable pegs accommodate a variety of mat sizes.

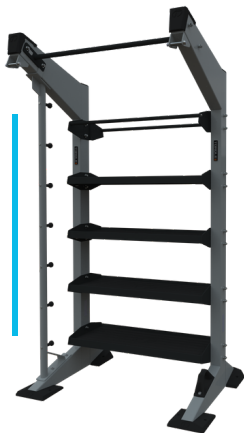


## BALL TARGET

Add this heavy duty ball target with fully welded construction with no bolts on target that could damage wall balls.



# ATTACHMENT OPTIONS



## RESISTANCE BAND ANCHOR

The high-impact molded nylon pegs and upright colored smooth finish provide an anchor solution for resistance bands, loops and Ripp Trainers. The RBA can also serve as a battle rope anchor. Sold individually.



## VERTICAL DUMBBELL STORAGE

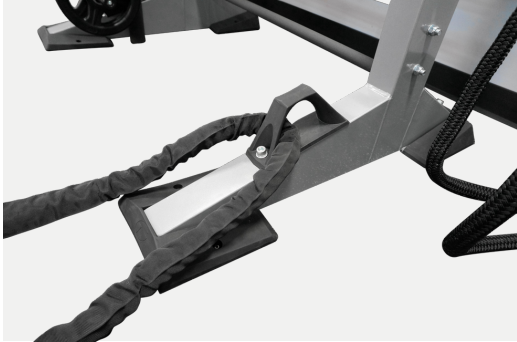
The Vertical Dumbbell Storage Attachment holds 4 pairs of dumbbells (each up to 35 lbs) and attaches to the inside or outside of a module on any X>Create Upright. Nylon guards prevent damage to rack or dumbbell grips.



## HANGING STORAGE HOOK

The high-impact molded nylon Hanging Storage Hook attaches to X>Create uprights and provides a storage location for battle ropes or other hanging accessories.

# ATTACHMENT OPTIONS



## BATTLE ROPE ANCHOR

Easily slide battle ropes in to incorporate battle rope training into your programs, as well as have a place to keep your ropes.



## HEAVY BAG ANCHOR

Add a Heavy Bag Anchor to your X-CREATE to expand the type of workout you can perform.

# ATTACHMENT OPTIONS

## GROUND ROTATIONAL TRAINER

Ground rotational training stations can be added to any upright.



## DOUBLE PLAY - BAR AND PLATE STORAGE

This attachment doubles as an Olympic Bar Holder and weight storage station, all in one.



# ATTACHMENT OPTIO



## DIP ATTACHMENT

A solid, easily adjustable dip attachment is an easy addition to the X-CREATE to provide more functional training options.



## PLYO ATTACHMENT

An adjustable plyo attaches seamlessly to the side of the X-CREATE.



# COMPLETE YOUR X-CREATE WITH PRE-CONFIGURED ACCESSORY PACKAGES



XC-5MAP

SEE MORE AT: <https://www.torquefitness.com/product-category/x-create/xcreate-accessory-packages/>

**DON'T QUIT.**  
**EVER.™**