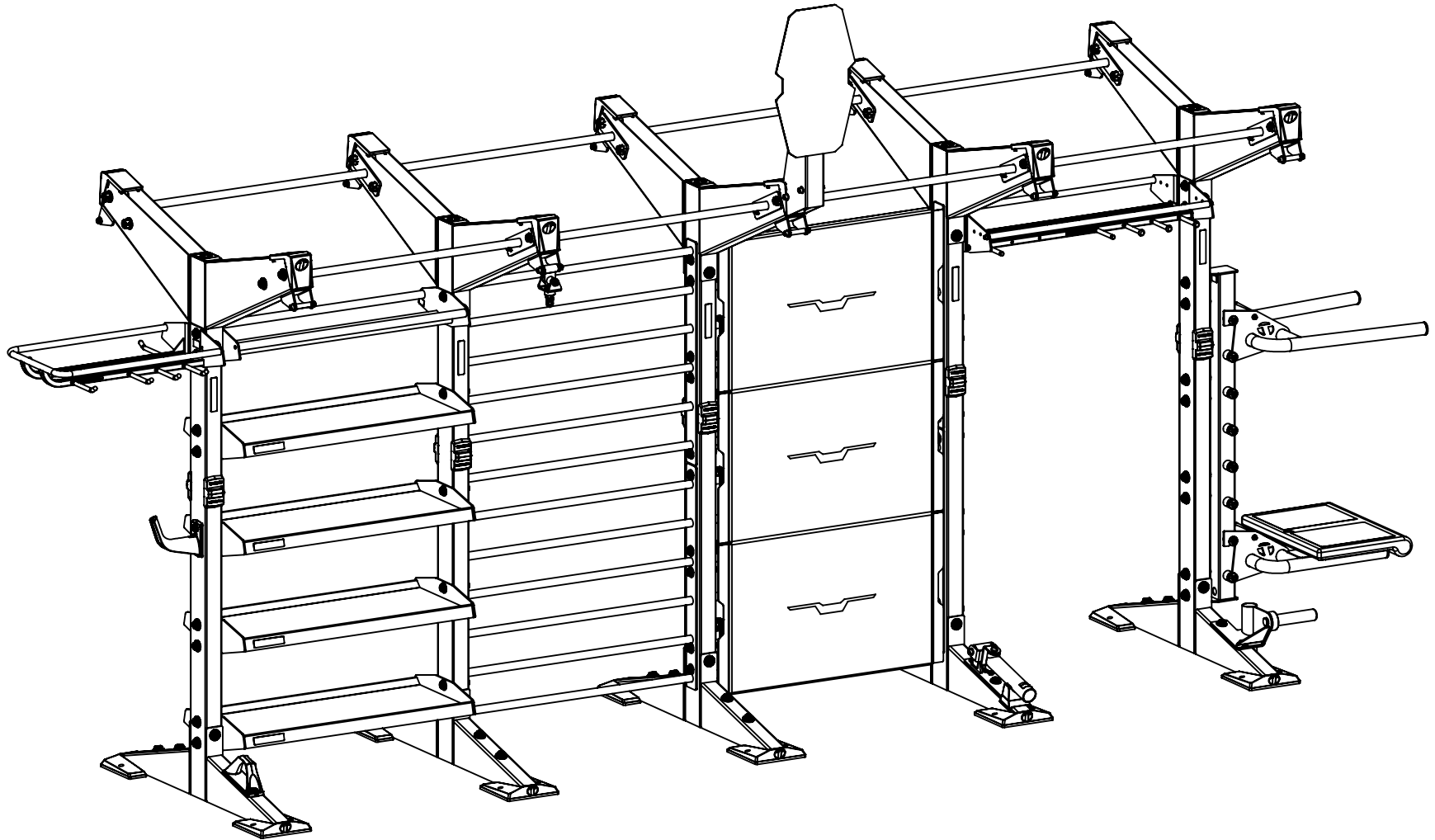


XCREATE CENTER SPACE ASSEMBLY GUIDE

VERSION: XCCS

PART #: 5844001-C



TORQUE USA

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WARNING!

ALL X-CREATE ARE REQUIRED TO BE ANCHORED TO THE FLOOR TO PREVENT ROCKING OR TIPPING DURING USE.

OVERVIEW AND TOOLS REQUIRED

X-CREATE Center Space Systems can be customized in countless ways. This manual provides instructions for assembling base units, module options and attachment options.

Not all modules or attachments are detailed in this assembly guide. For further instruction on these, reference the individual guide for the module being installed.

If you worked with Torque X-Team Design during the purchasing process, please request a Bill of Material Drawing to reference your exact set-up. For assistance, contact www.sales@torquefitness.com or call (763) 754-7533

NOTE:

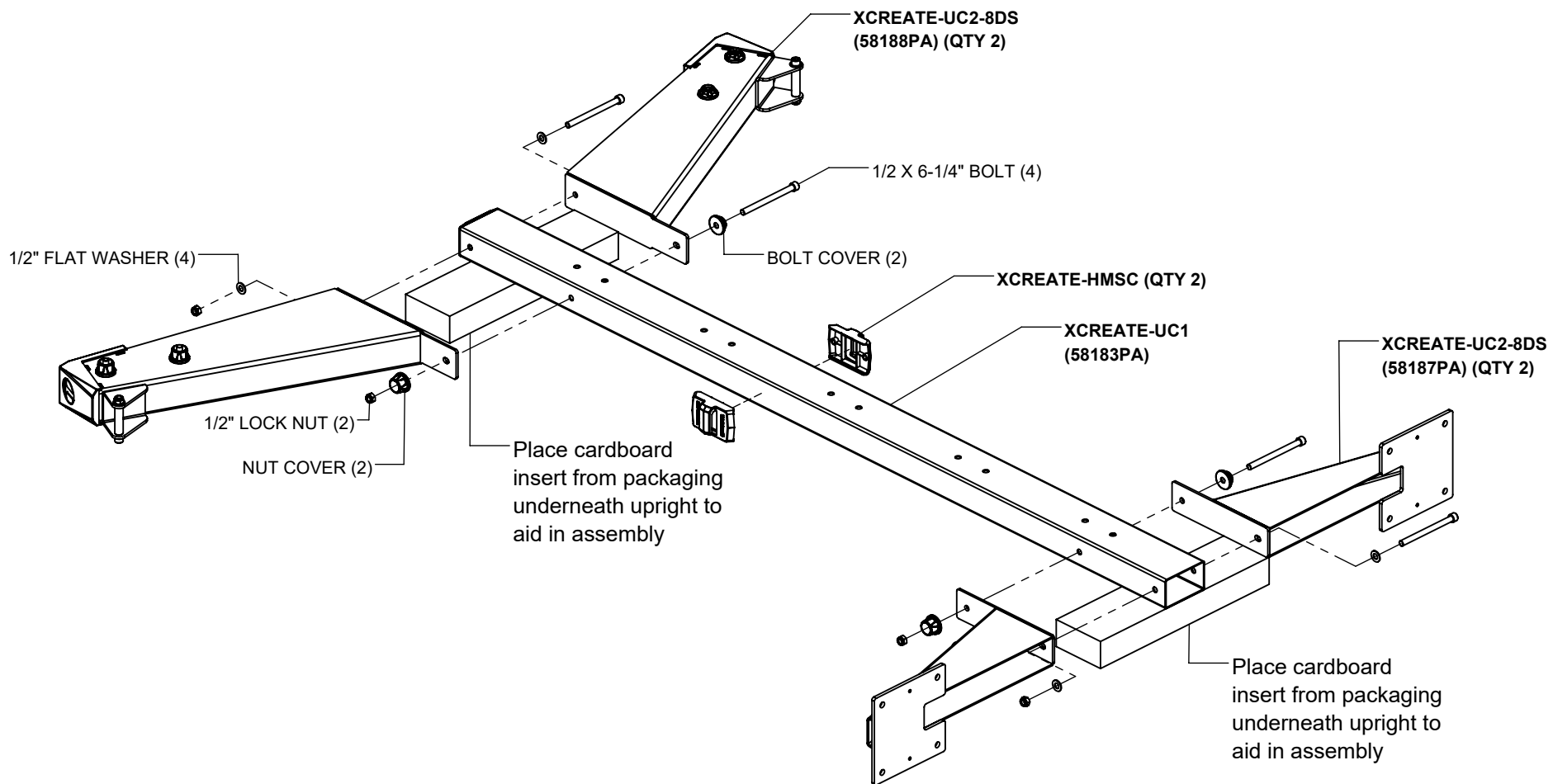
When assembling any X-CREATE System that is longer than one module wide, the hardware will be shared between two side by side modules and pull-up bars. It is recommended to keep all bolt connections loose until the base system and all of the module stations have been assembled. Securely tighten all frame connections at this time, and then proceed to the attachment options. Attachment options can be securely tightened as they are assembled.

TOOLS FOR ASSEMBLY:

- 3/8" ALLEN WRENCH
- 5/16" ALLEN WRENCH
- 3/16" ALLEN WRENCH
- 3/4" WRENCH OR SOCKET
- 9/16" WRENCH OR SOCKET
- 1/2" WRENCH OR SOCKET
- RUBBER Mallet

WARNING!

ALL X-CREATE ARE REQUIRED TO BE ANCHORED TO THE FLOOR TO PREVENT ROCKING OR TIPPING DURING USE.

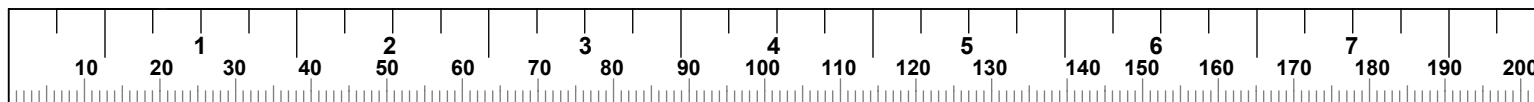


NOTES:

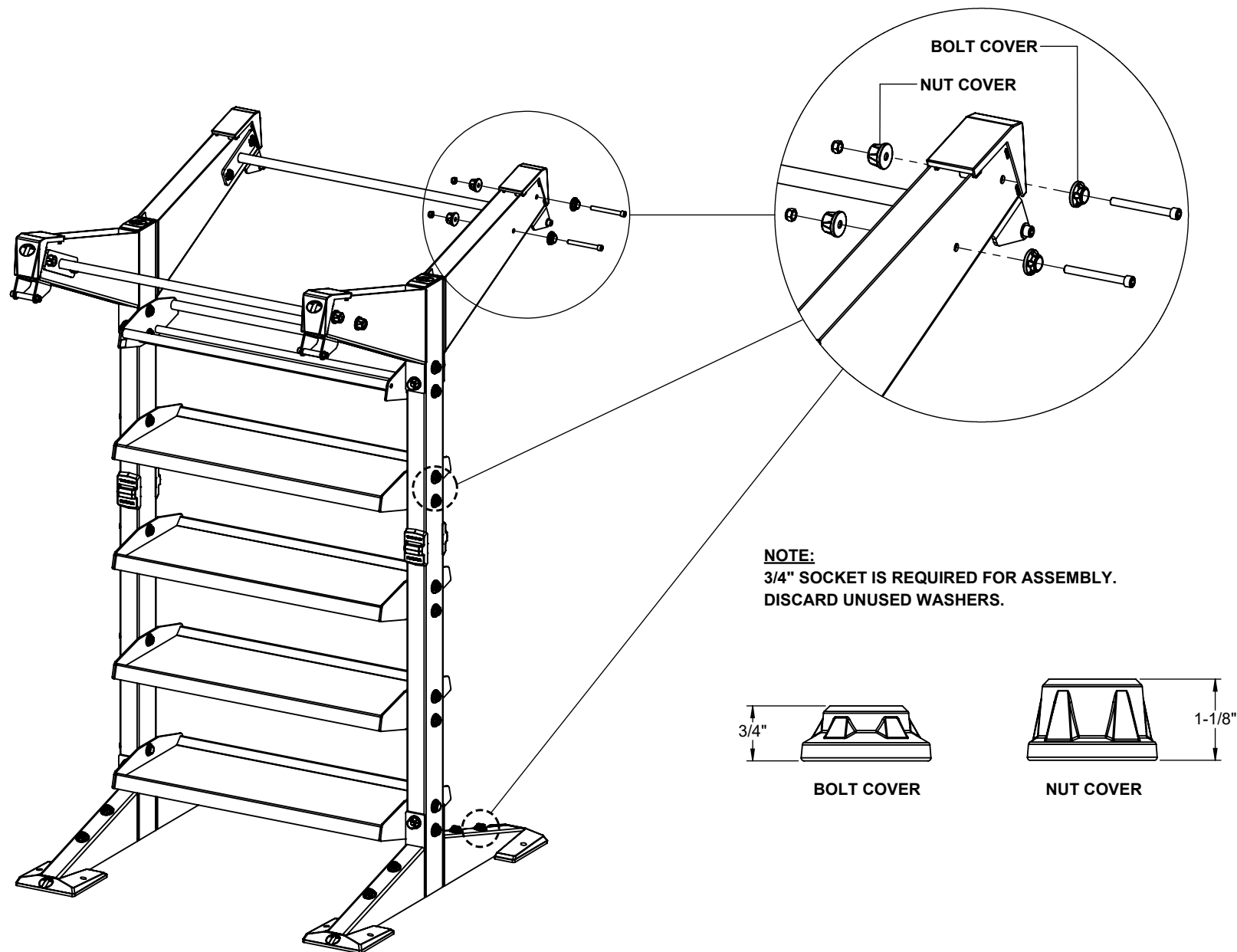
This step requires two people to assemble. Please get help.

Assemble the UPRIGHT on the floor.

Assemble all parts together first, then **SECURELY** tighten all bolt connections.



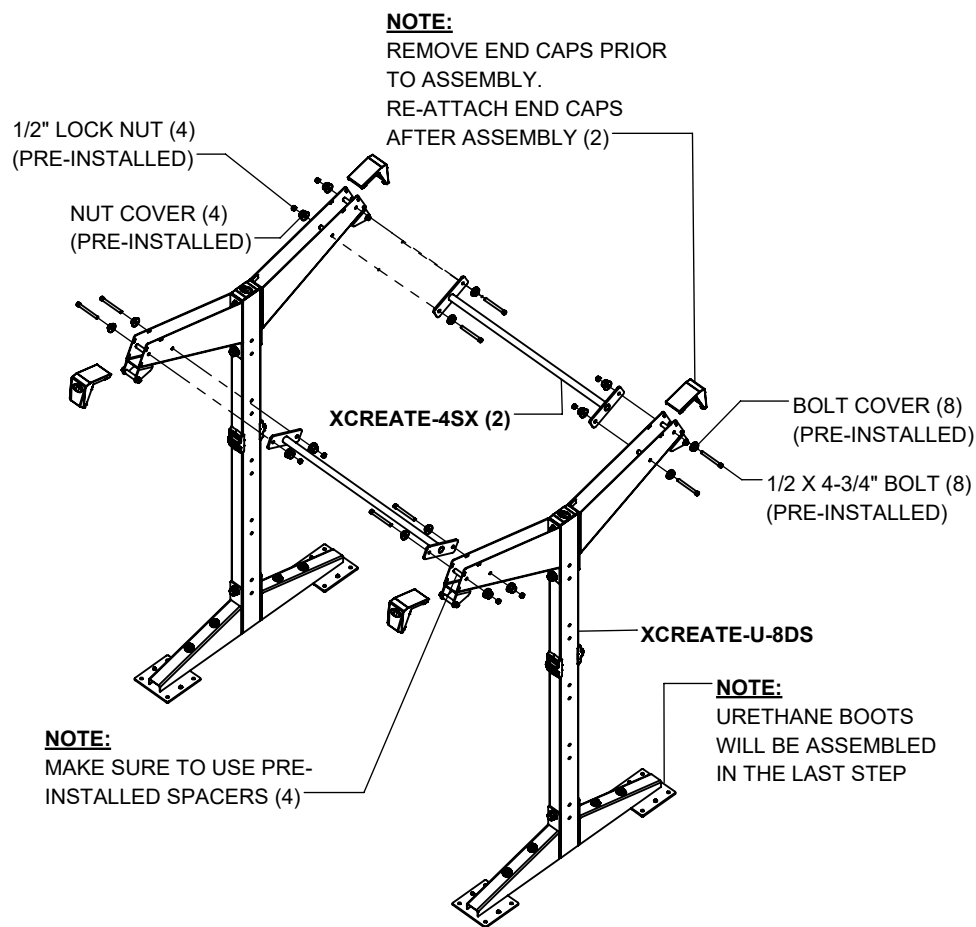
HARDWARE COVERS



IMPORTANT NOTICE ABOUT HARDWARE COVERS:

The bolt and nut covers **may not fit all assembly applications.**
Use the flat washers included when shown in this guide.

ONE MODULE ASSEMBLY

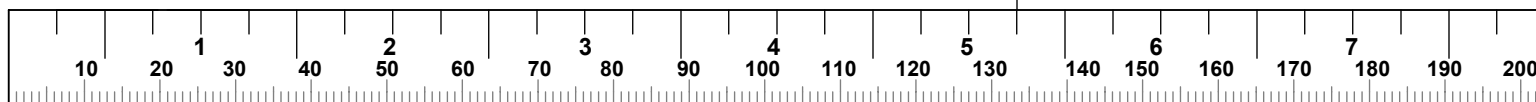
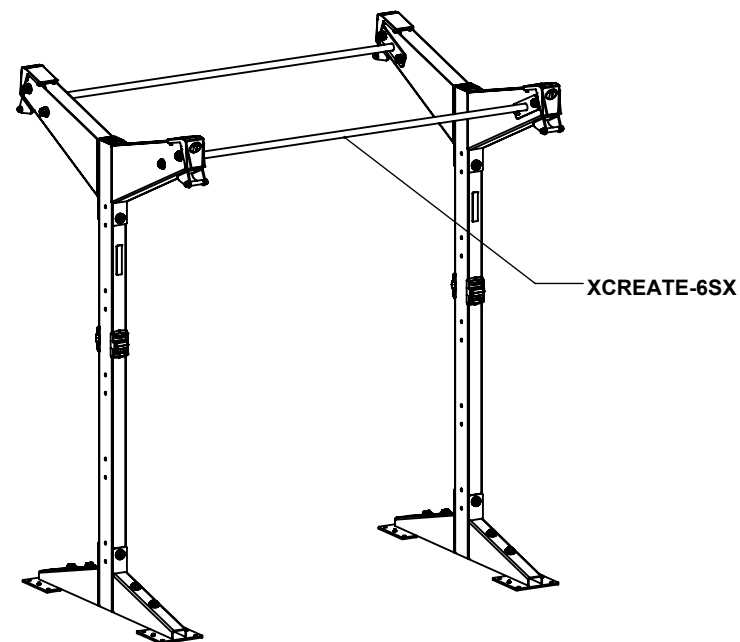
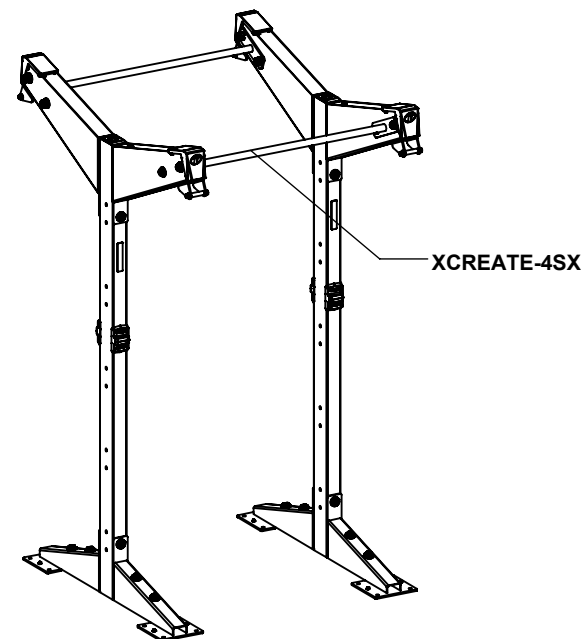


NOTES:

For the purpose of illustration the XCREATE-4SX is shown. The XCREATE-6SX is assembled the same way.

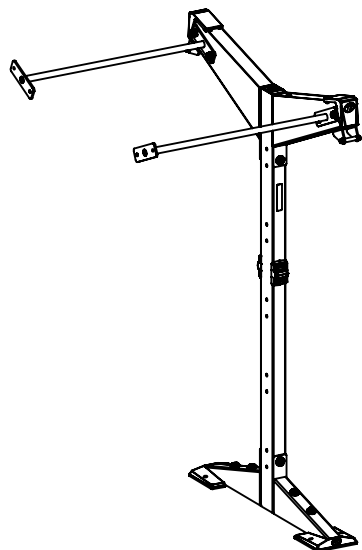
LOOSELY assemble bolt connections in this step.

If more than one module will be assemble, refer to **PAGE 10**.

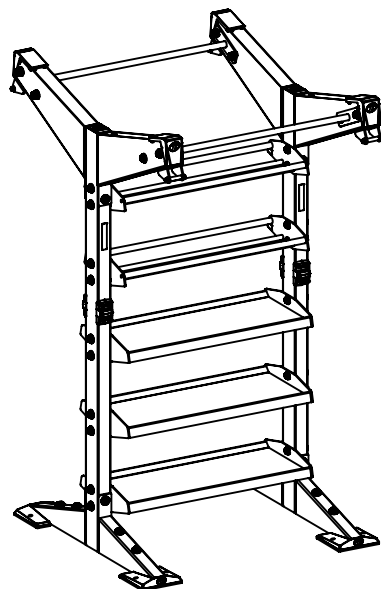


MODULES

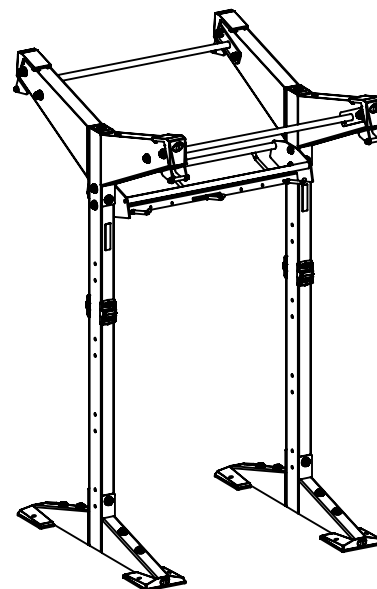
7



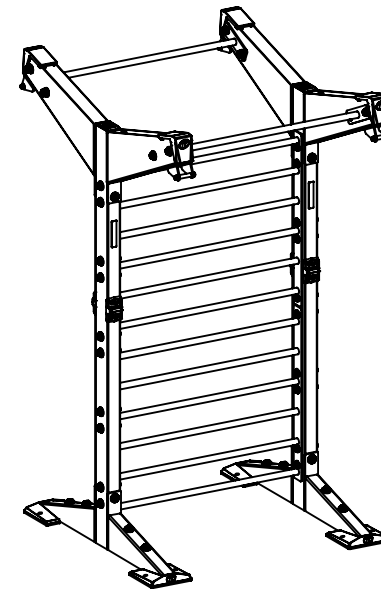
8' UPRIGHT
MODULE EXTENSION



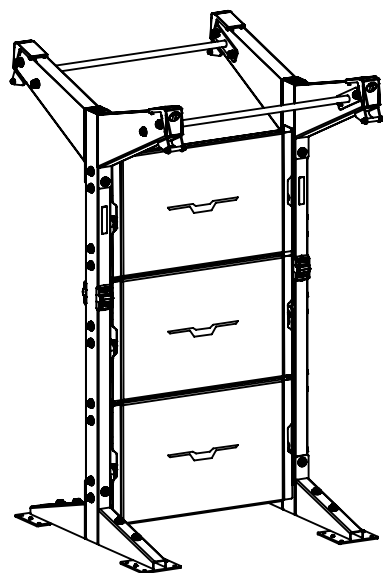
4' / 6' STORAGE MODULE



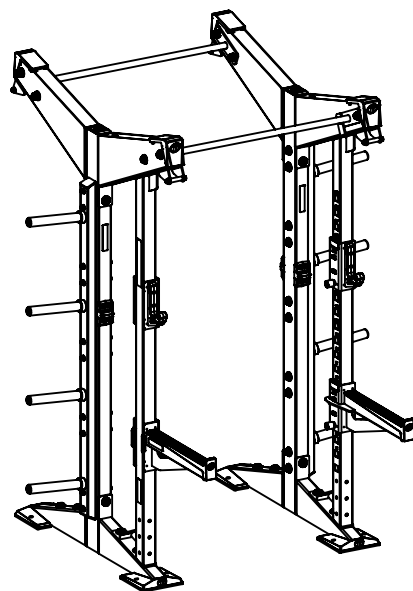
4' / 6' BALL & HANGING
STORAGE MODULE



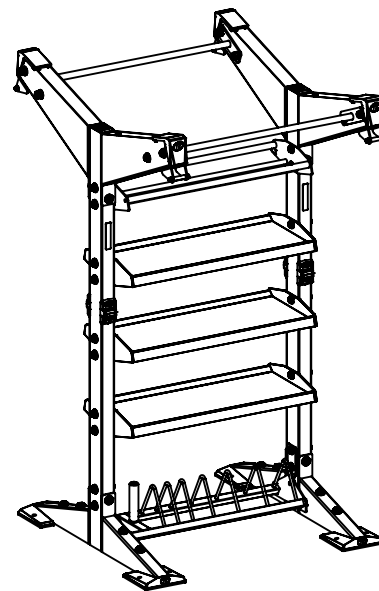
4' STALL BAR MODULE



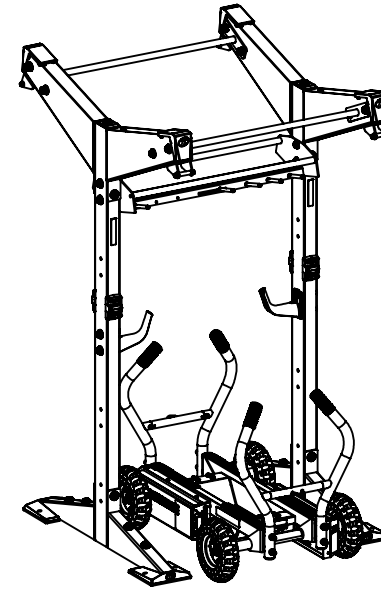
4' BALL TARGET WALL PAD
MODULE



8' OLYMPIC LIFTING
STATION MODULE

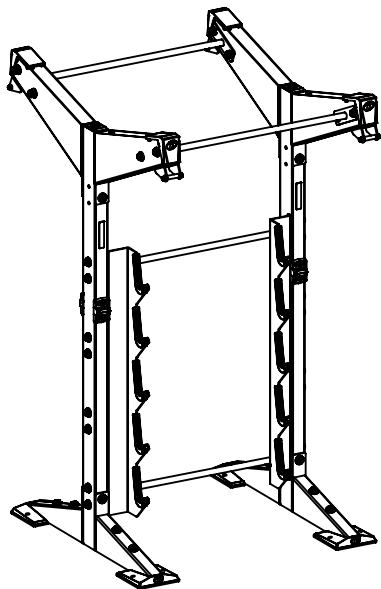


4' / 6' ACCESSORY & BUMPER
STORAGE MODULE

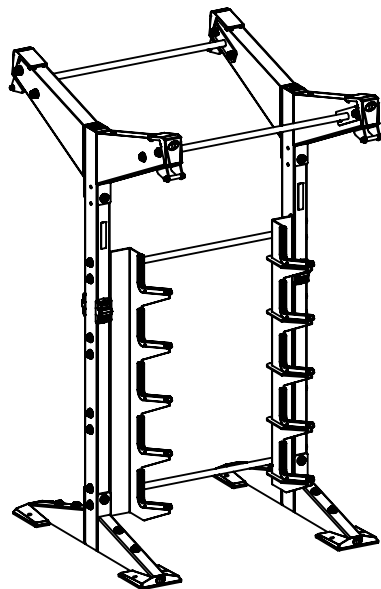


4' TANK DOCKING MODULE

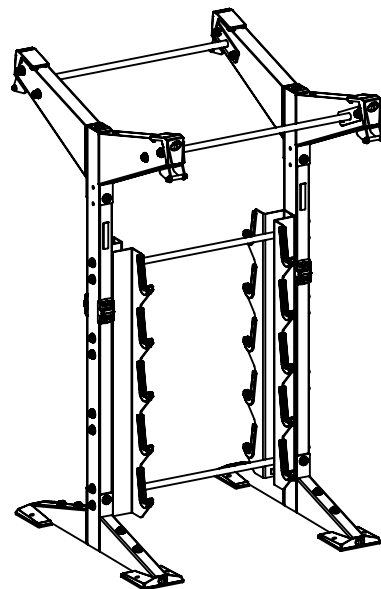
MODULES



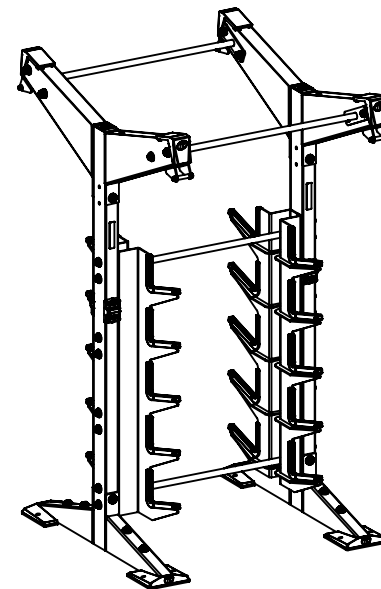
**4' X 5 BARBELL STORAGE
MODULE**



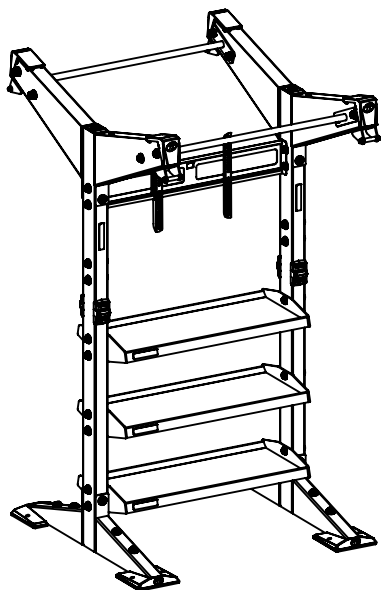
**4' X 2 SIDED X 10 BARBELL
STORAGE MODULE**



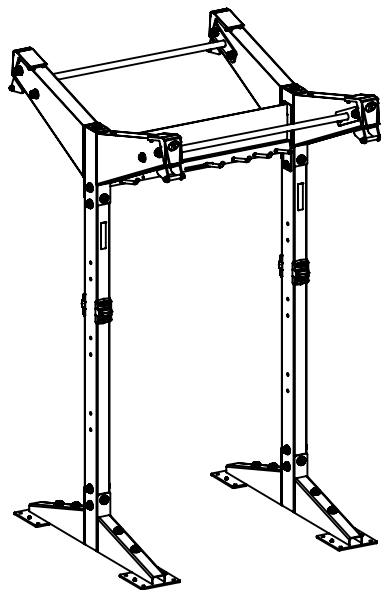
**4' X 10 BARBELL STORAGE
MODULE**



**4' X 2 SIDED X 20 BARBELL
STORAGE MODULE**

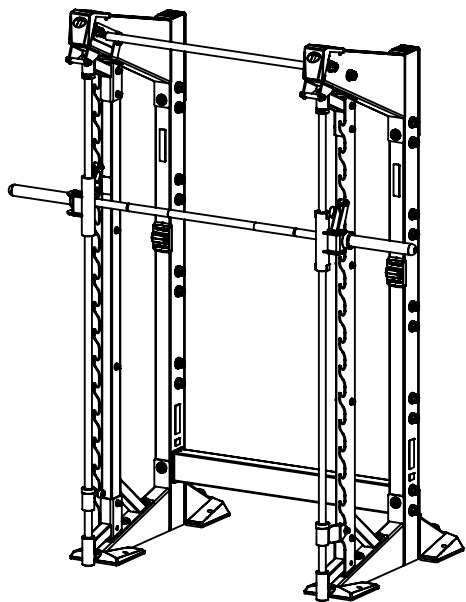


**4' MONITOR MOUNT
STORAGE MODULE**

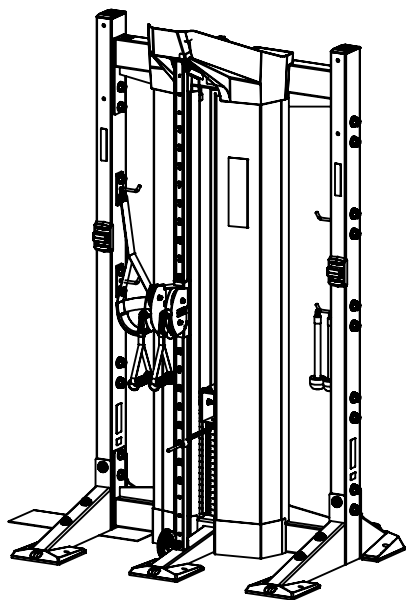


**4' CUSTOM SIGN AND
HANGING STORAGE MODULE**

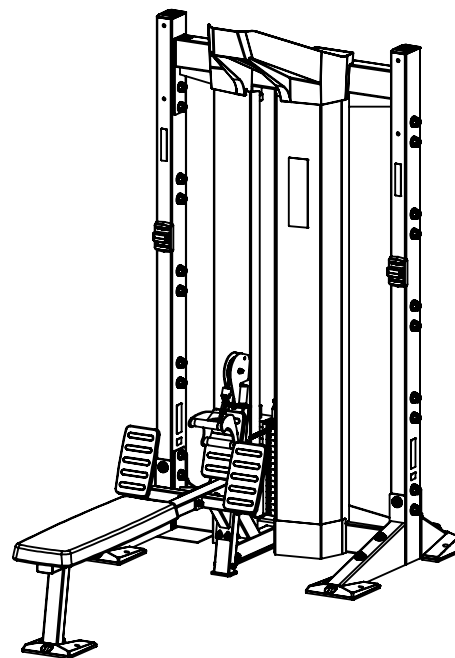
MODULES NOT COVERED IN THIS GUIDE



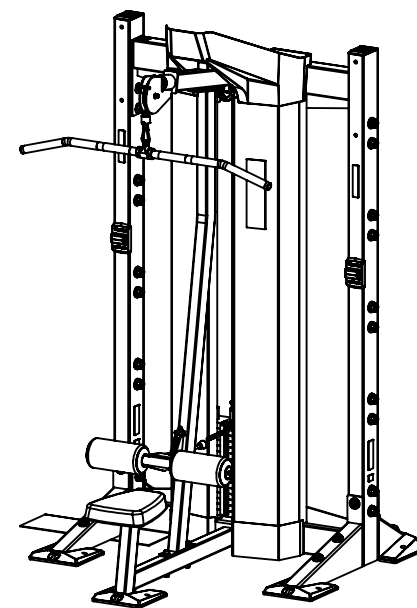
SMITH MODULE



**CABLE COMPONENT
MODULE**



**SEATED ROW
MODULE**

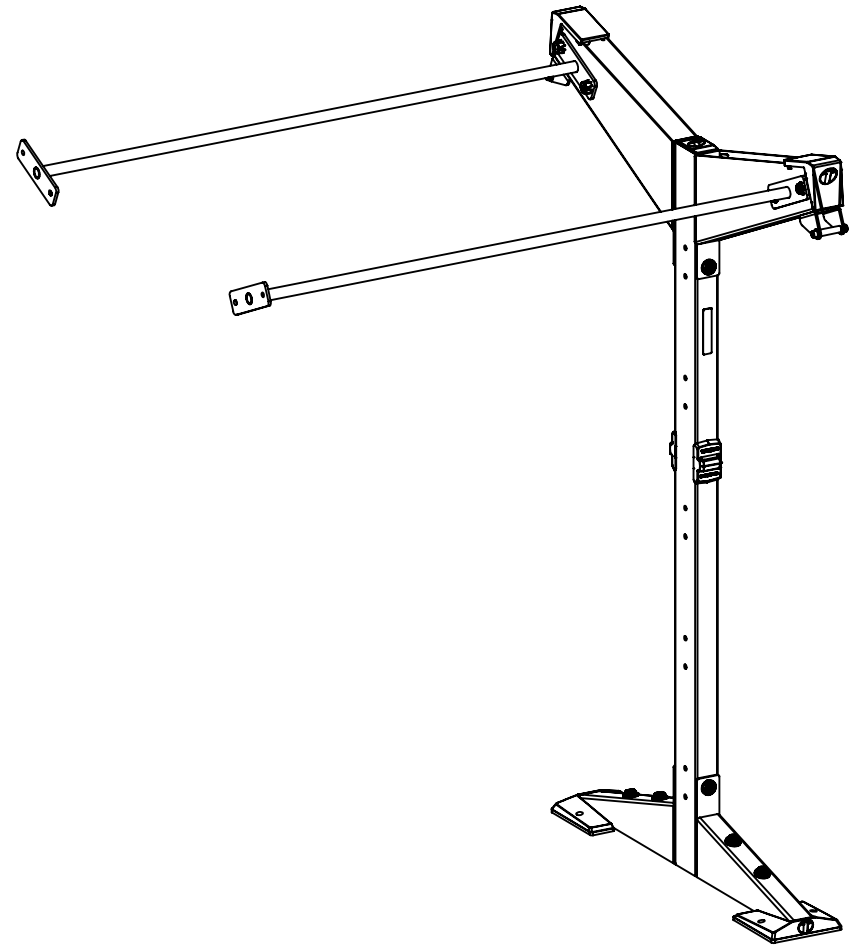
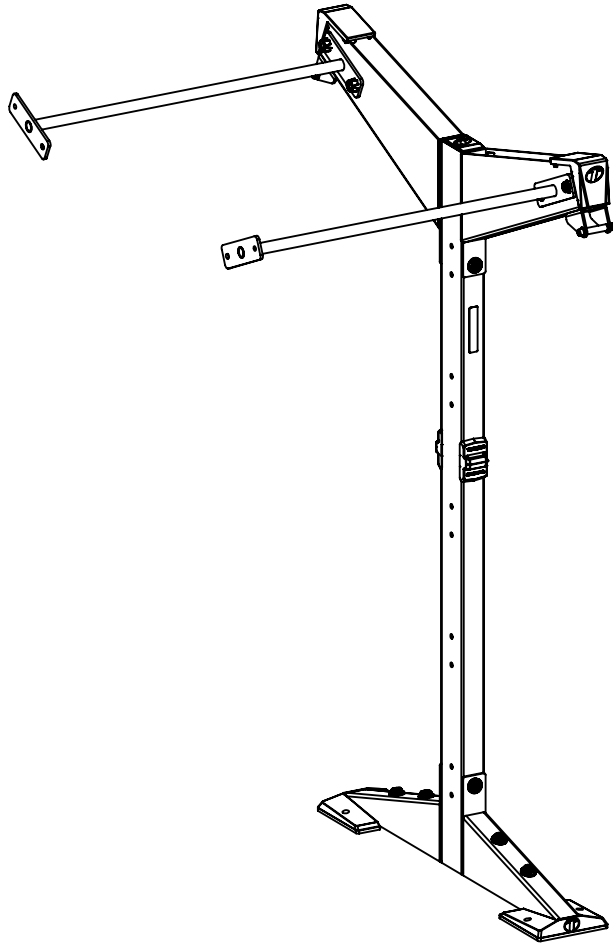


**LAT PULL DOWN
MODULE**

NOTES:

For the above modules, visit [Torquefitness.com](https://commercial.torquefitness.com) for the specific assembly manual for the module being assembled. The manuals can be downloaded at <https://commercial.torquefitness.com/pages/assembly-manuals>

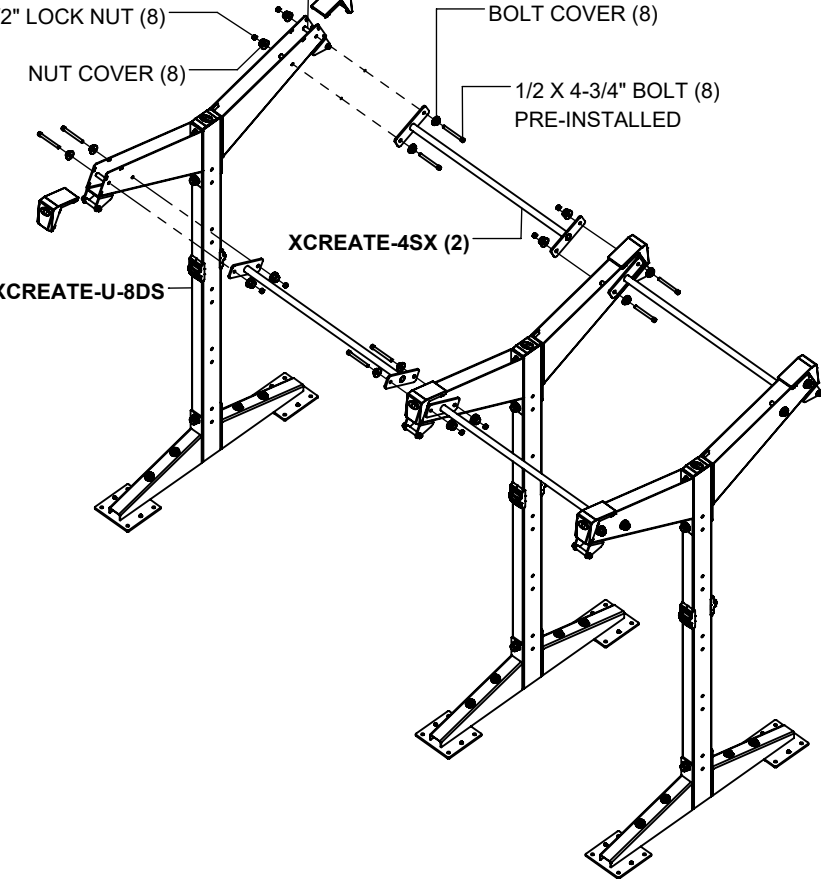
8' UPRIGHT MODULE EXTENSION



8' UPRIGHT MODULE EXTENSION

NOTE:
MAKE SURE TO USE PRE-INSTALLED SPACERS (4)

NOTE:
REMOVE END CAP PRIOR TO ASSEMBLY.
RE-ATTACH END CAP AFTER ASSEMBLY (2)

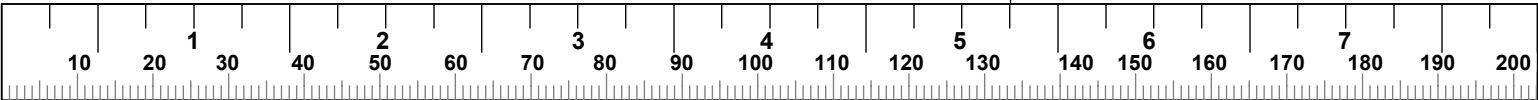
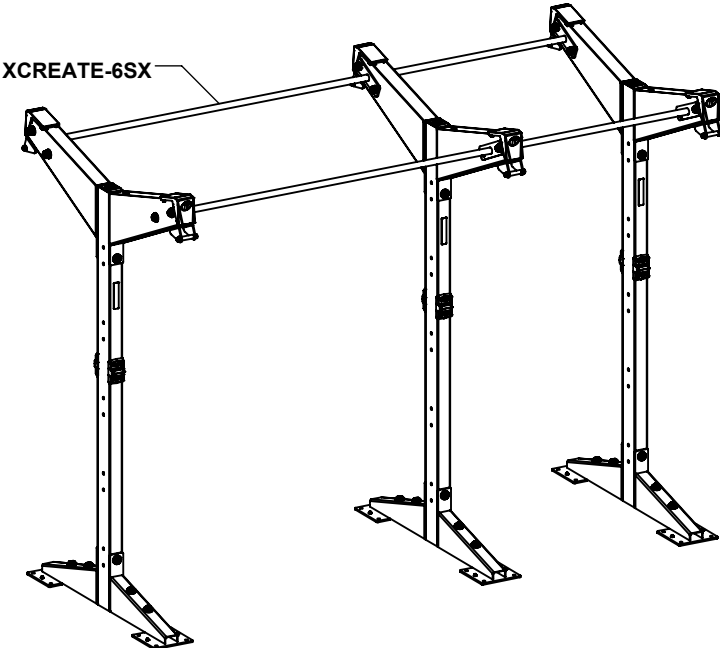
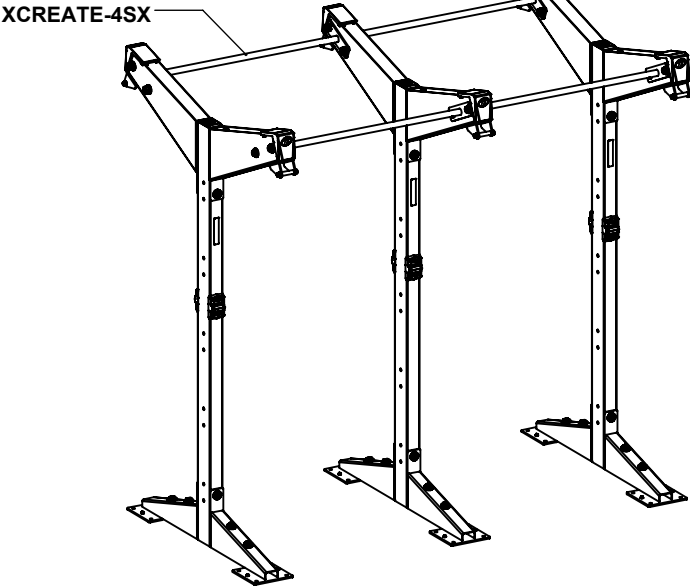


NOTES:

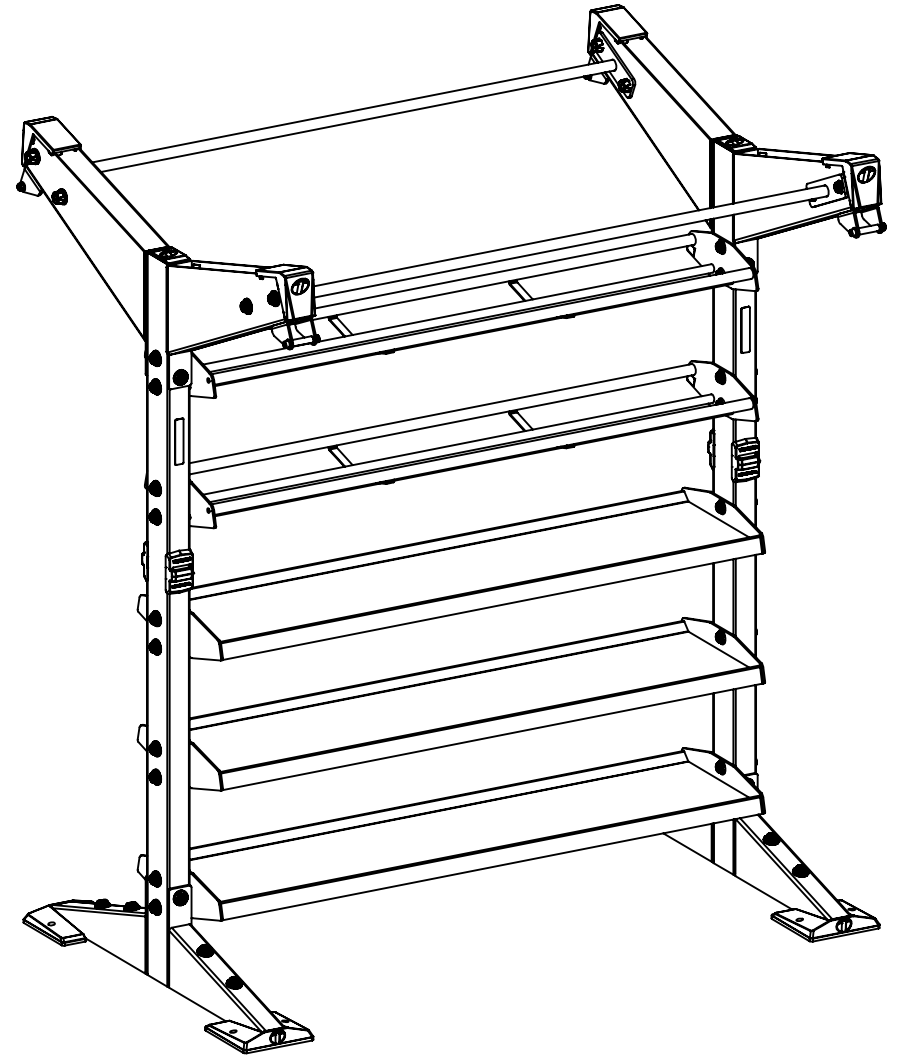
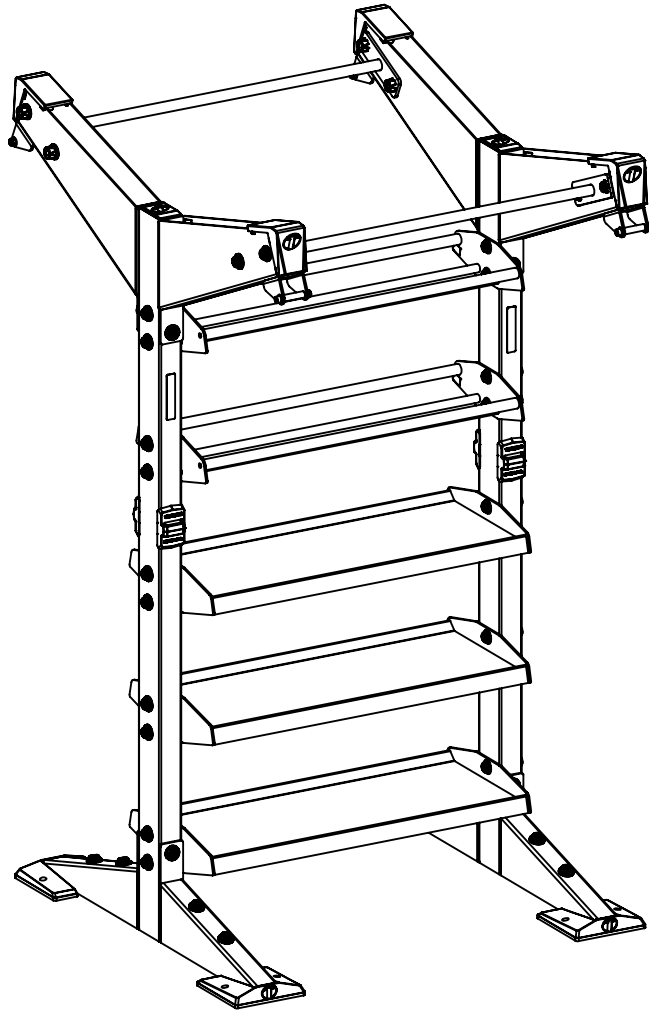
For the purpose of illustration the 4' module extension is shown. The 6' module extension is assembled the same way.

LOOSELY assemble bolt connections in this step.

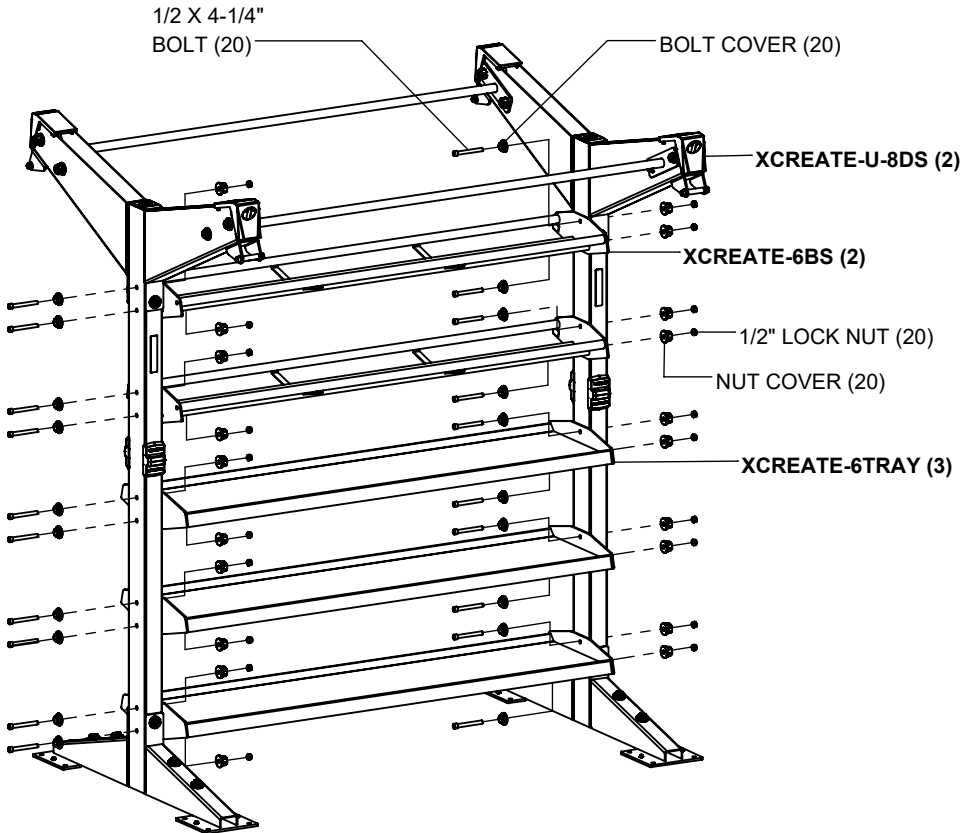
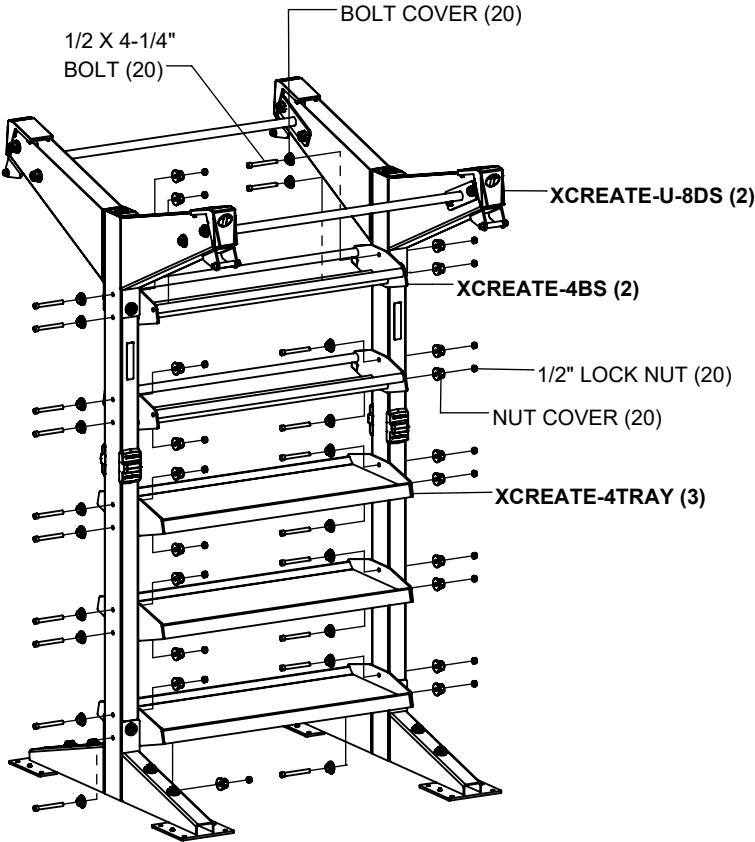
Repeat this step for as many modules there are to assemble.



4' / 6' STORAGE MODULE

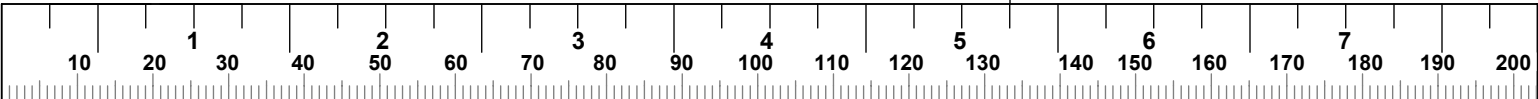


4' / 6' STORAGE MODULE

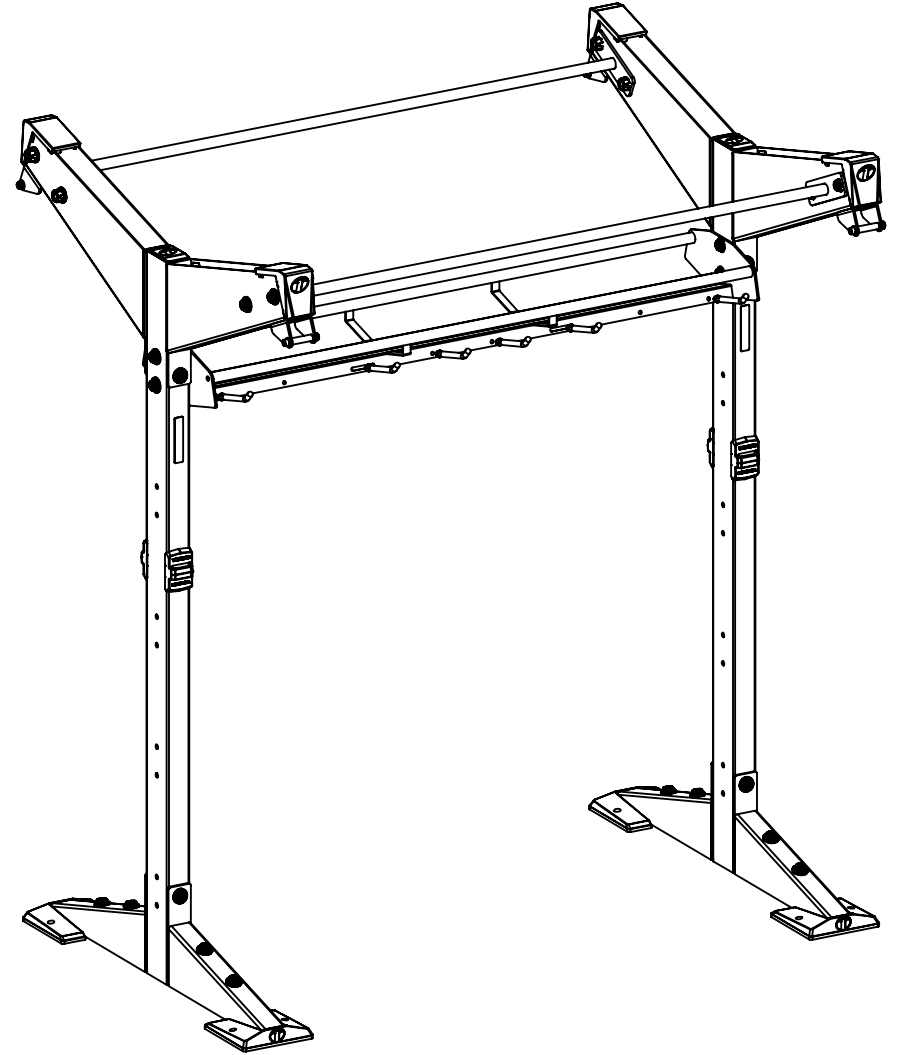
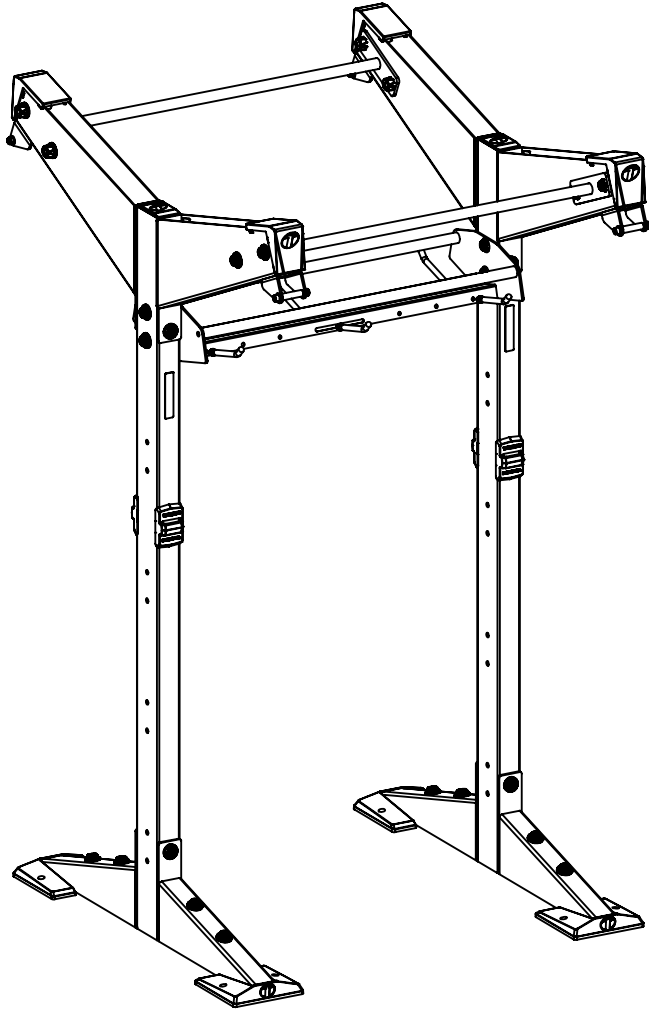


NOTES:

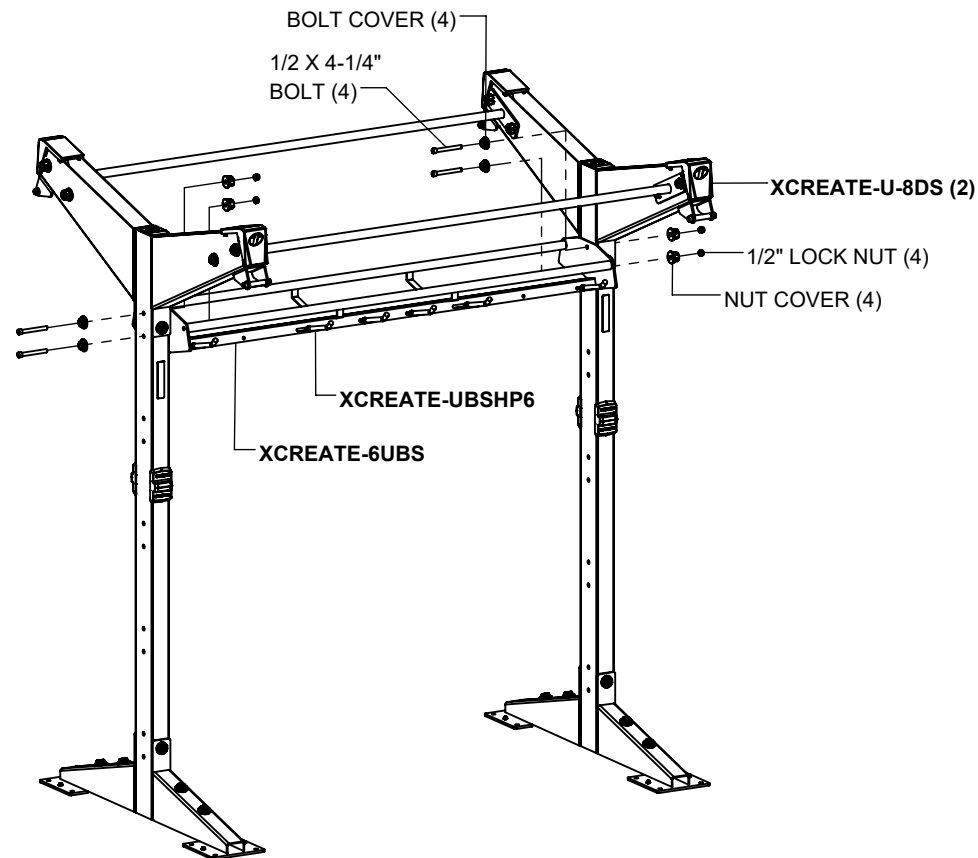
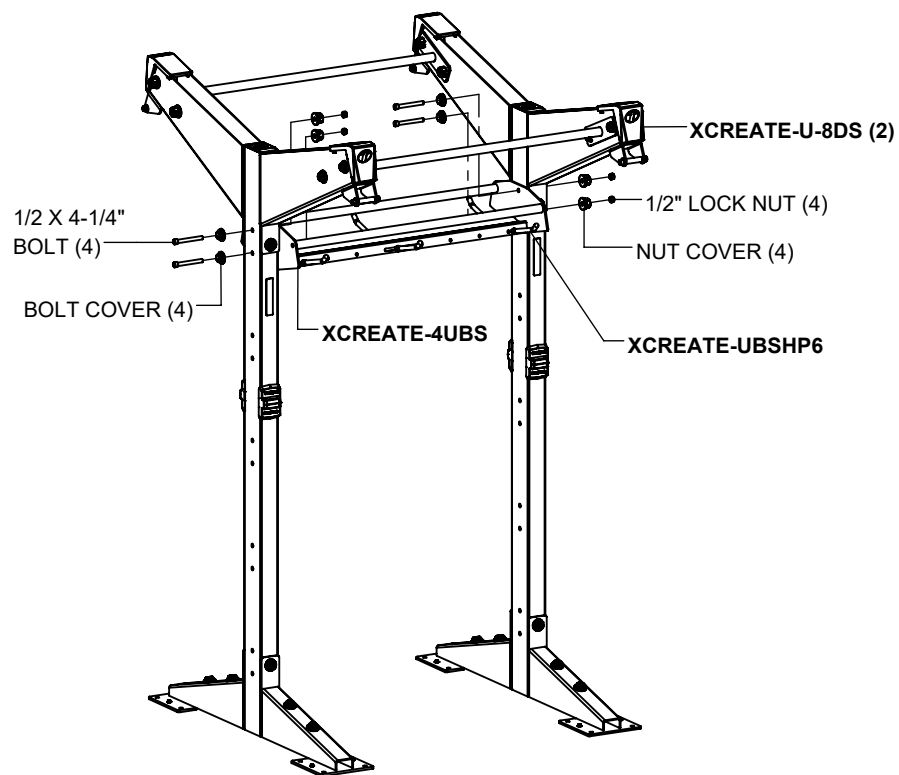
If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.



**4' / 6' UNIVERSAL BALL & HANGING
STORAGE MODULE**

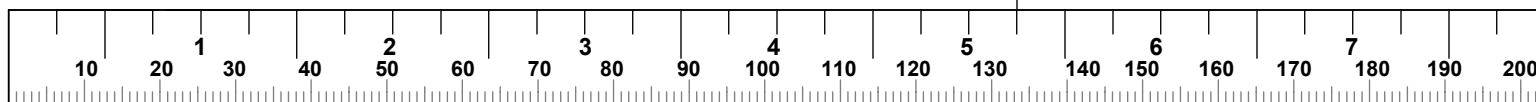


4' / 6' UNIVERSAL BALL & HANGING STORAGE MODULE

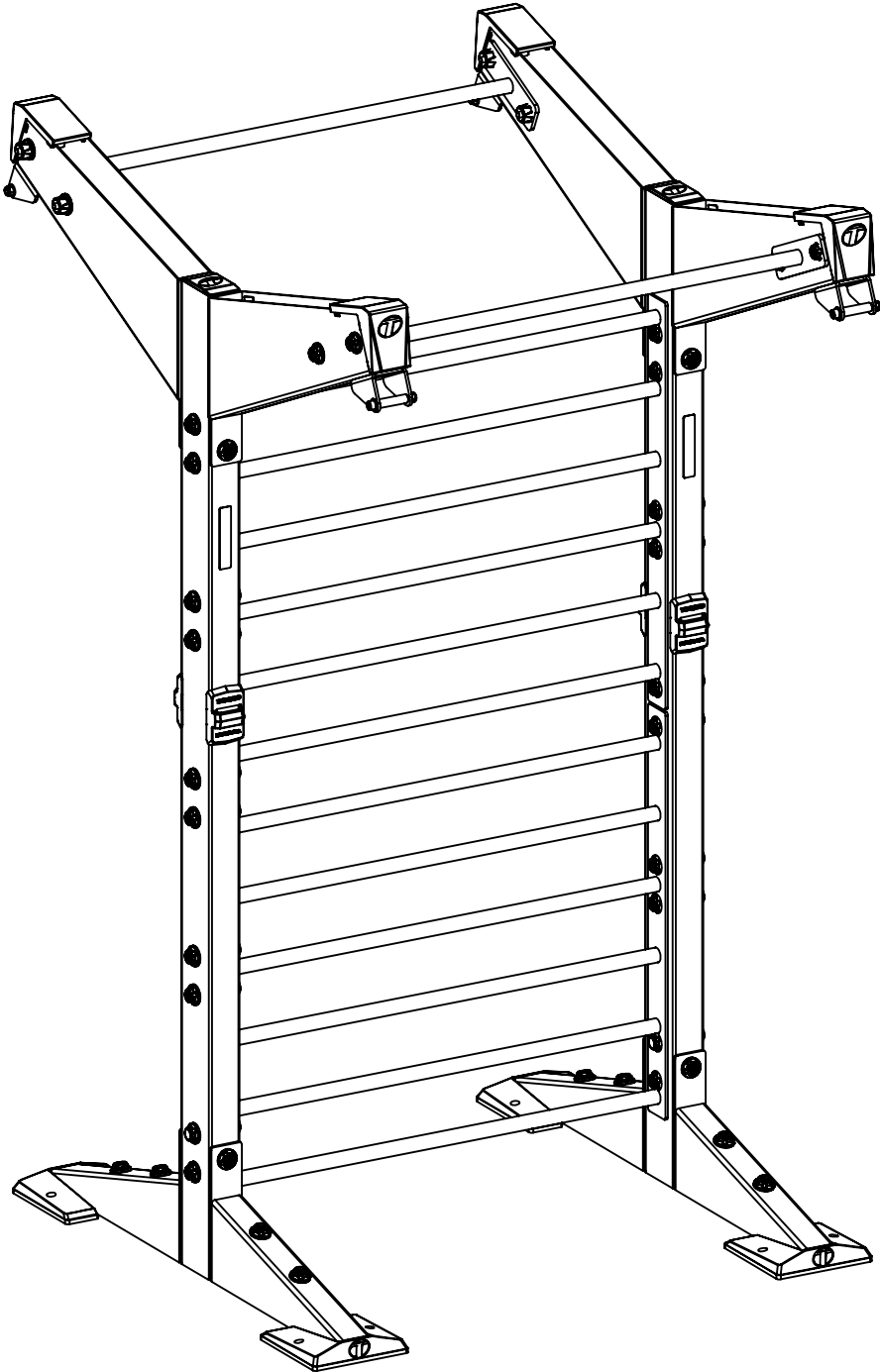


NOTES:

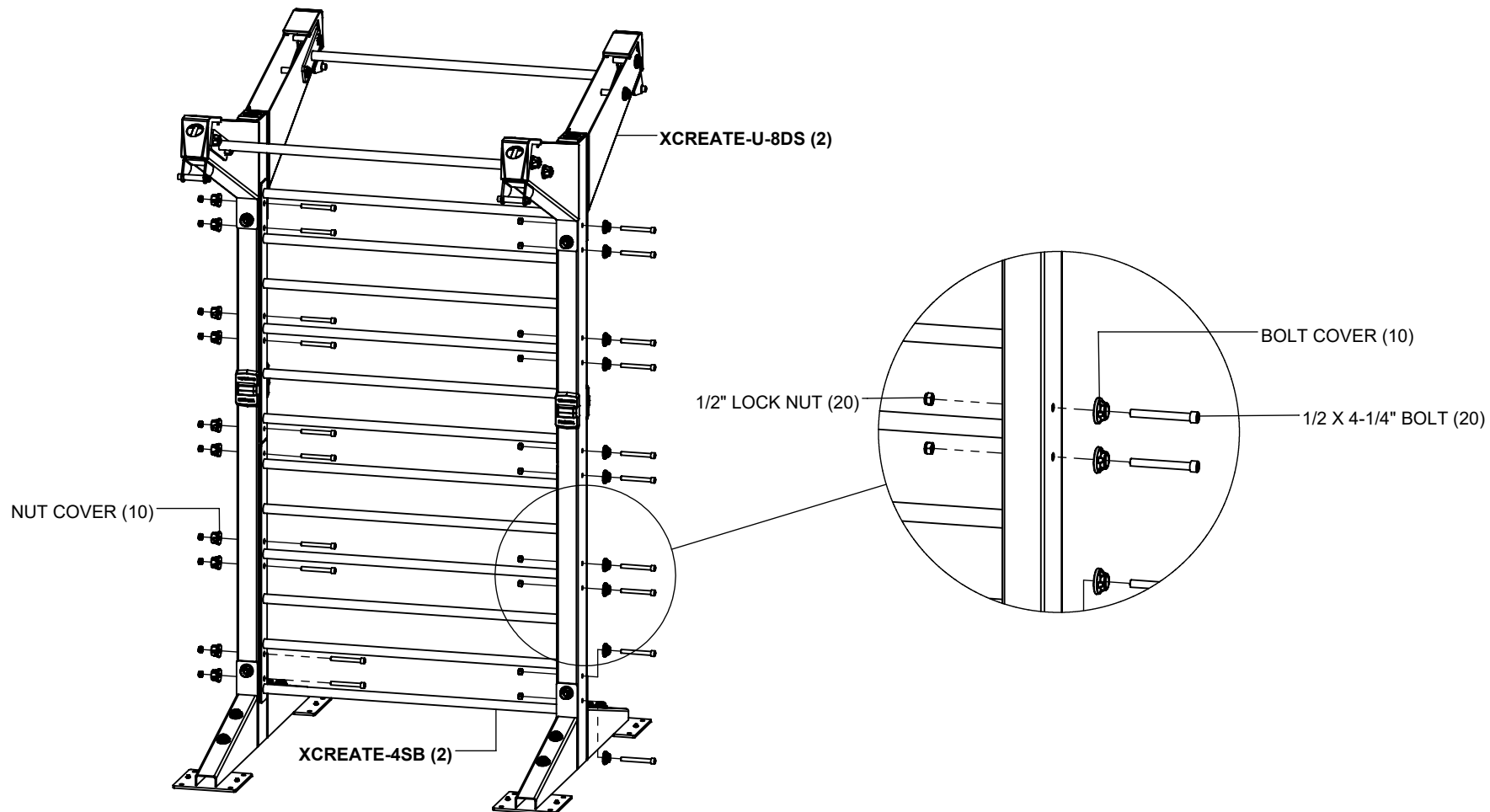
If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.



4' STALL BAR MODULE



4' STALL BAR MODULE

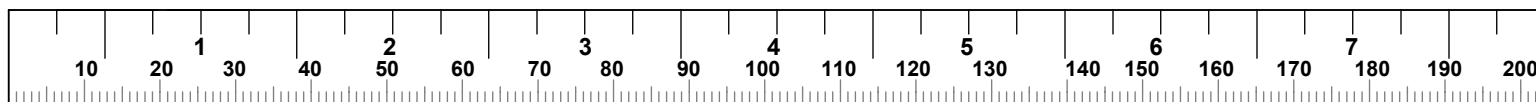


NOTES:

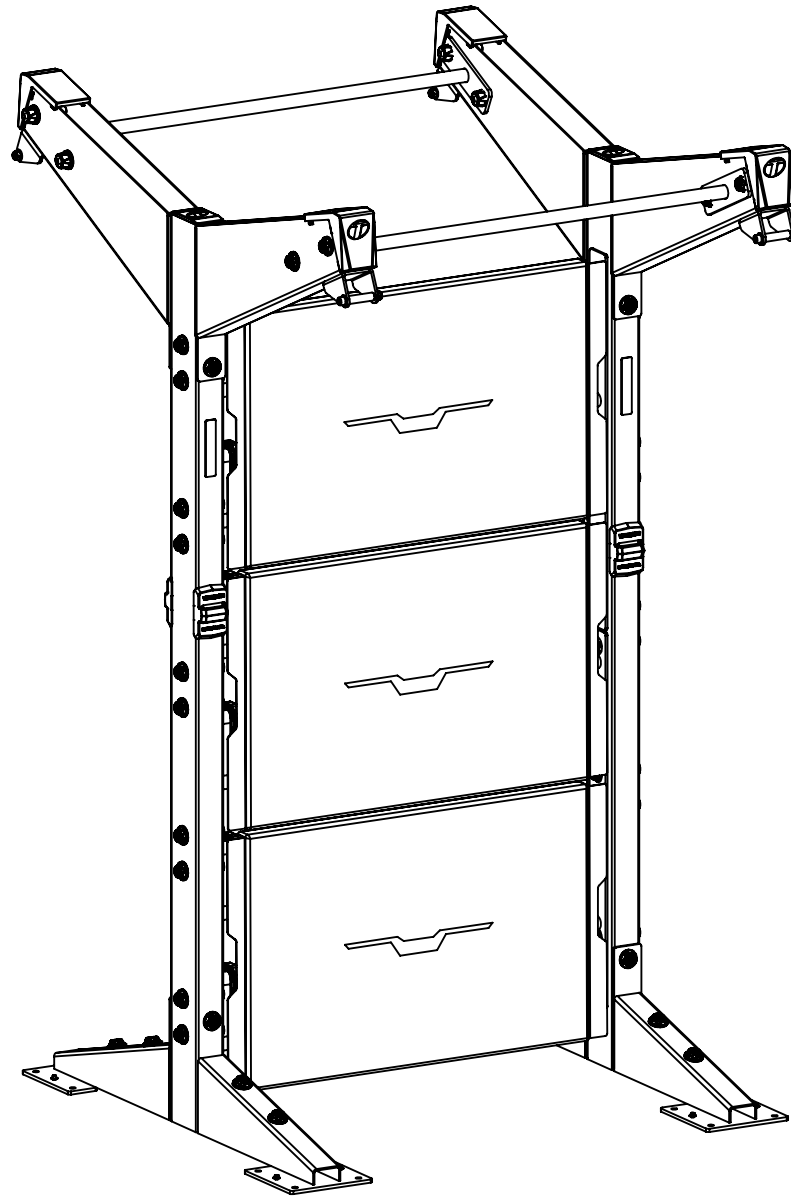
If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts made in this step and previous steps.

(*) HARDWARE COVERS **CAN** be used in place of washers on **tube side only**. (SEE PAGE 3).

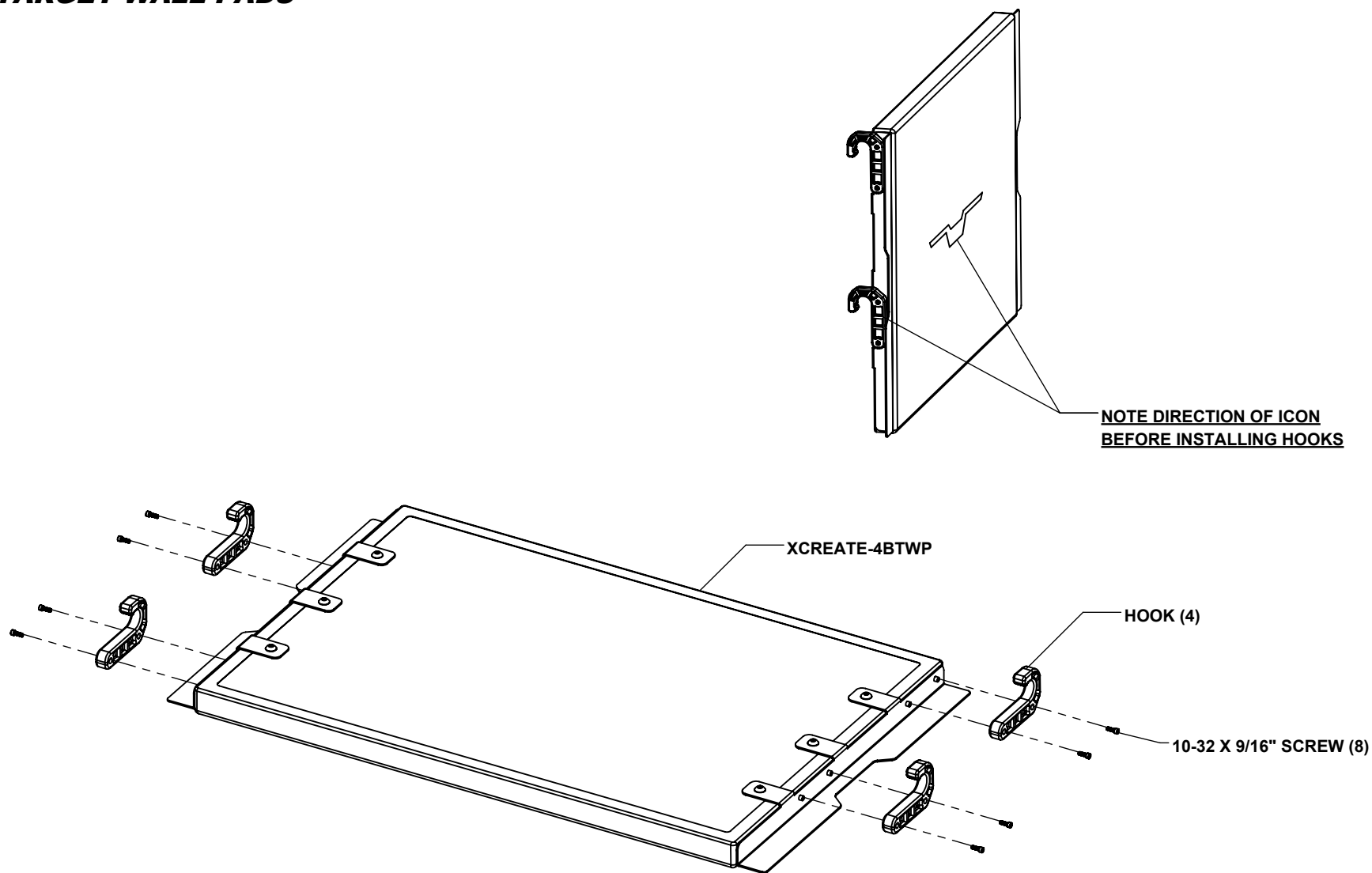
(**) HARDWARE COVERS **CANNOT** be used on plate side.



4' BALL TARGET WALL PAD MODULE



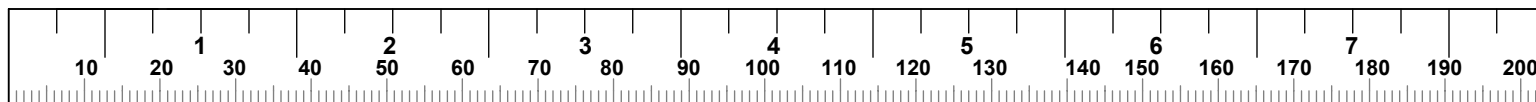
4' BALL TARGET WALL PADS



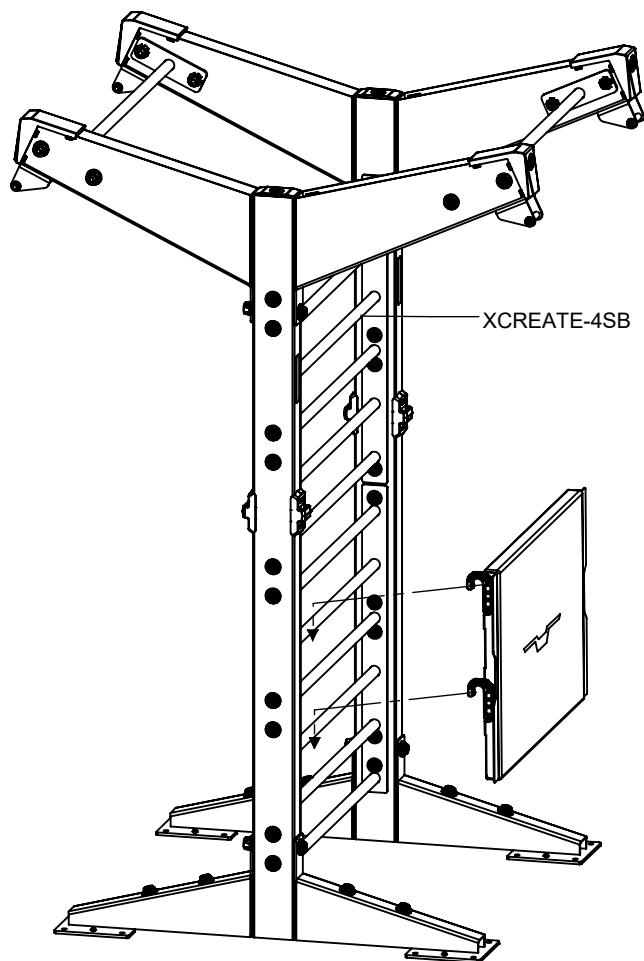
NOTES:

SECURELY TIGHTEN, DO NOT OVER TIGHTEN all bolted connections in this step.

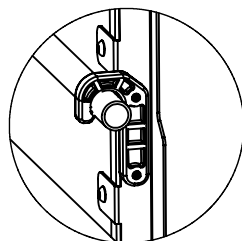
Repeat this step for all ball target pads.



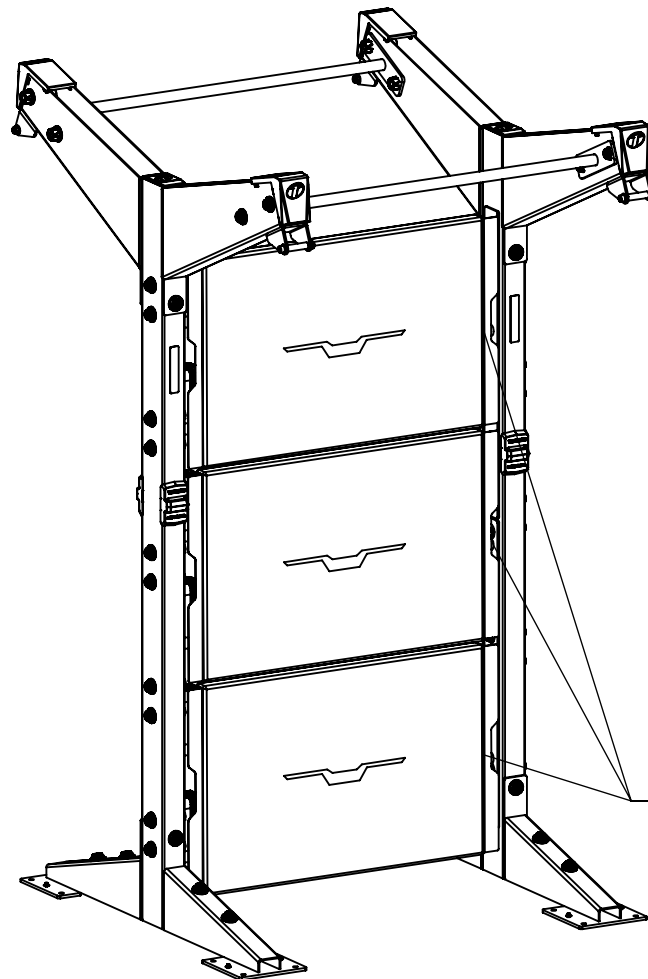
4' BALL TARGET WALL PAD MODULE



NOTE:
ALIGN AND HOOK BALL
TARGET PADS OVER STALL
BAR CROSSMEMBERS.
PRESS PAD DOWN TO LOCK
INTO PLACE



ASSEMBLED
SECTION VIEW



NOTE:
WHEN INSTALLING MULTIPLE
PADS ALWAYS START WITH
THE LOWEST PAD.

NOTES:

XCREATE 4' STALL BAR MODULE is required for installing the ball target wall pads. Reference previous steps for installing the stall bars.

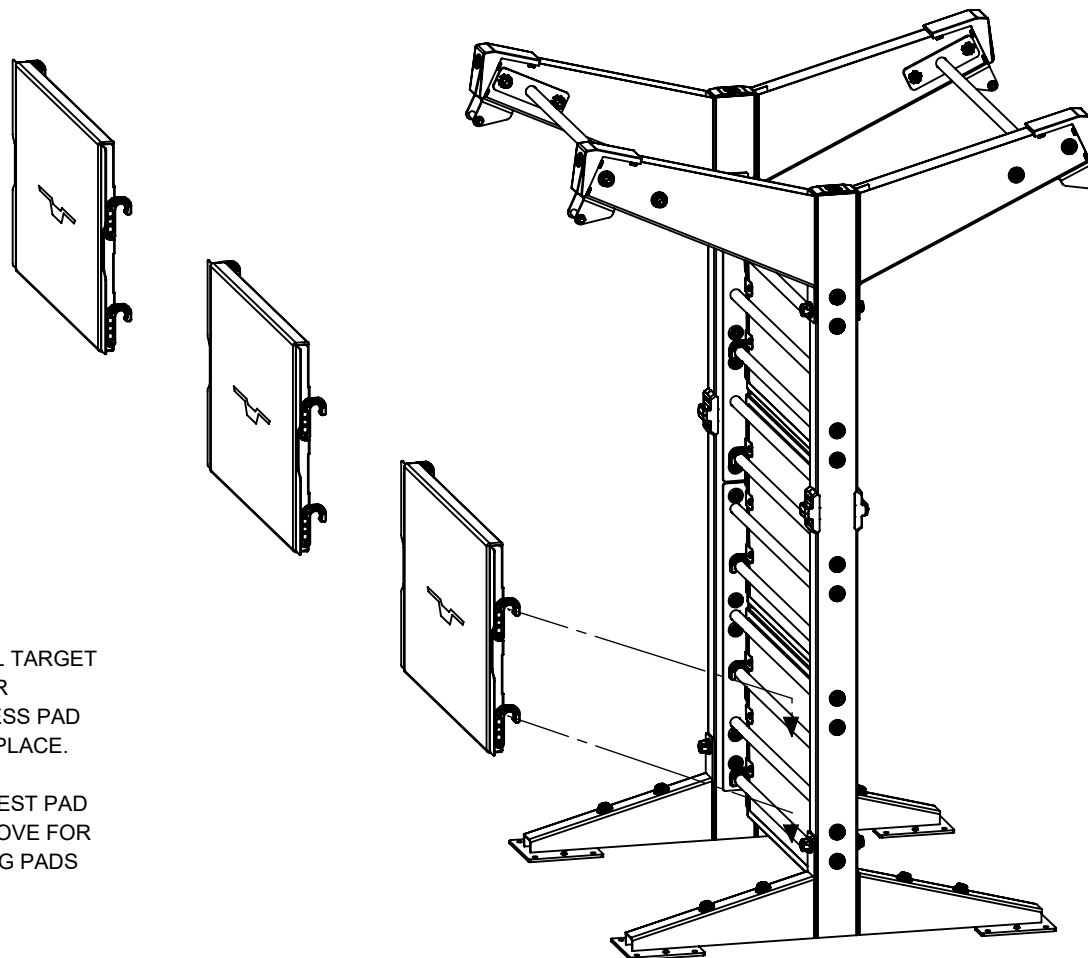
Ball target wall pads can be removed and replaced as needed.

4' BALL TARGET WALL PADS

NOTE:

ALIGN AND HOOK BALL TARGET PADS OVER STALL BAR CROSSMEMBERS. PRESS PAD DOWN TO LOCK INTO PLACE.

START WITH THE LOWEST PAD AND REPEAT STEP ABOVE FOR INSTALLING REMAINING PADS

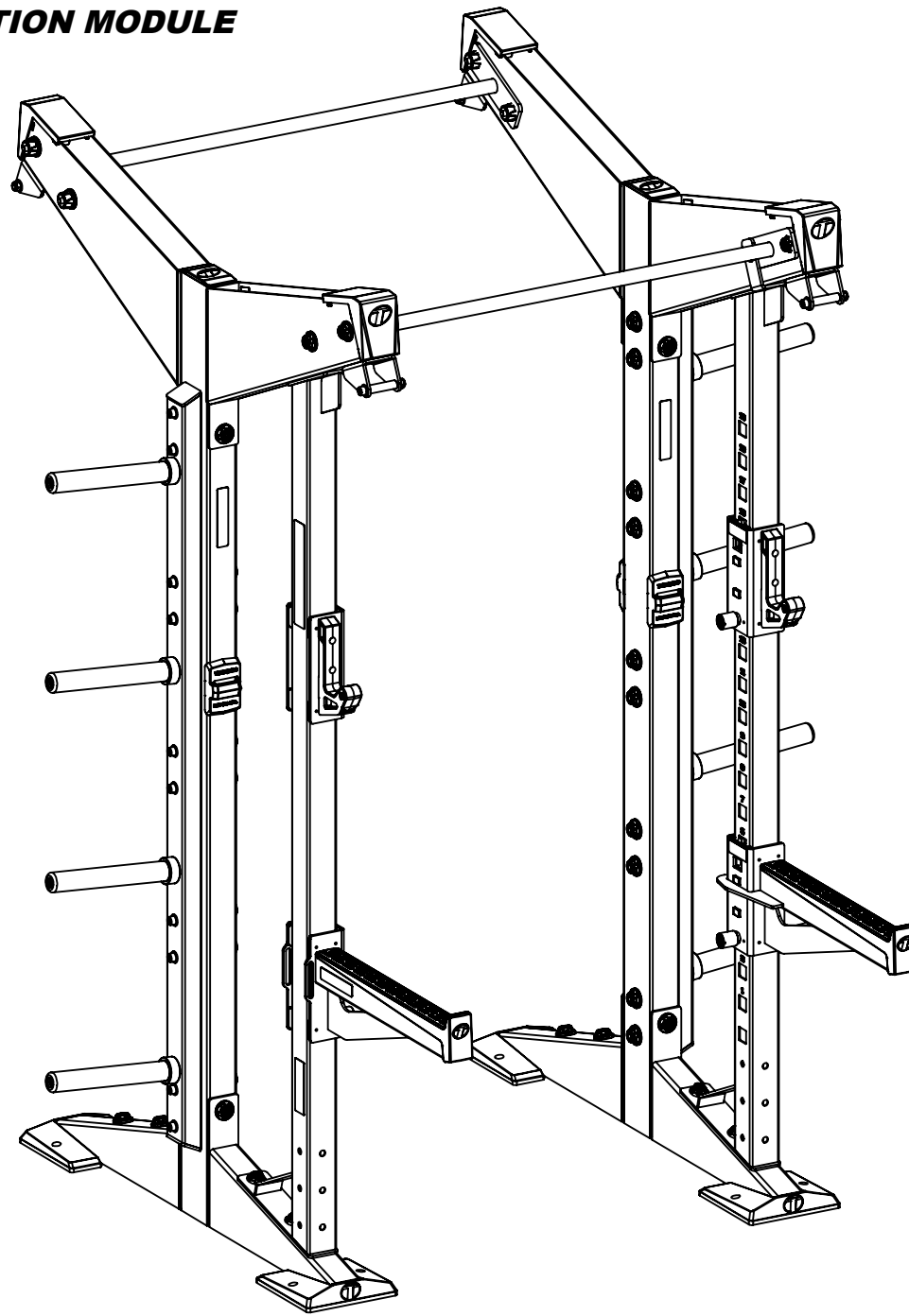


NOTES:

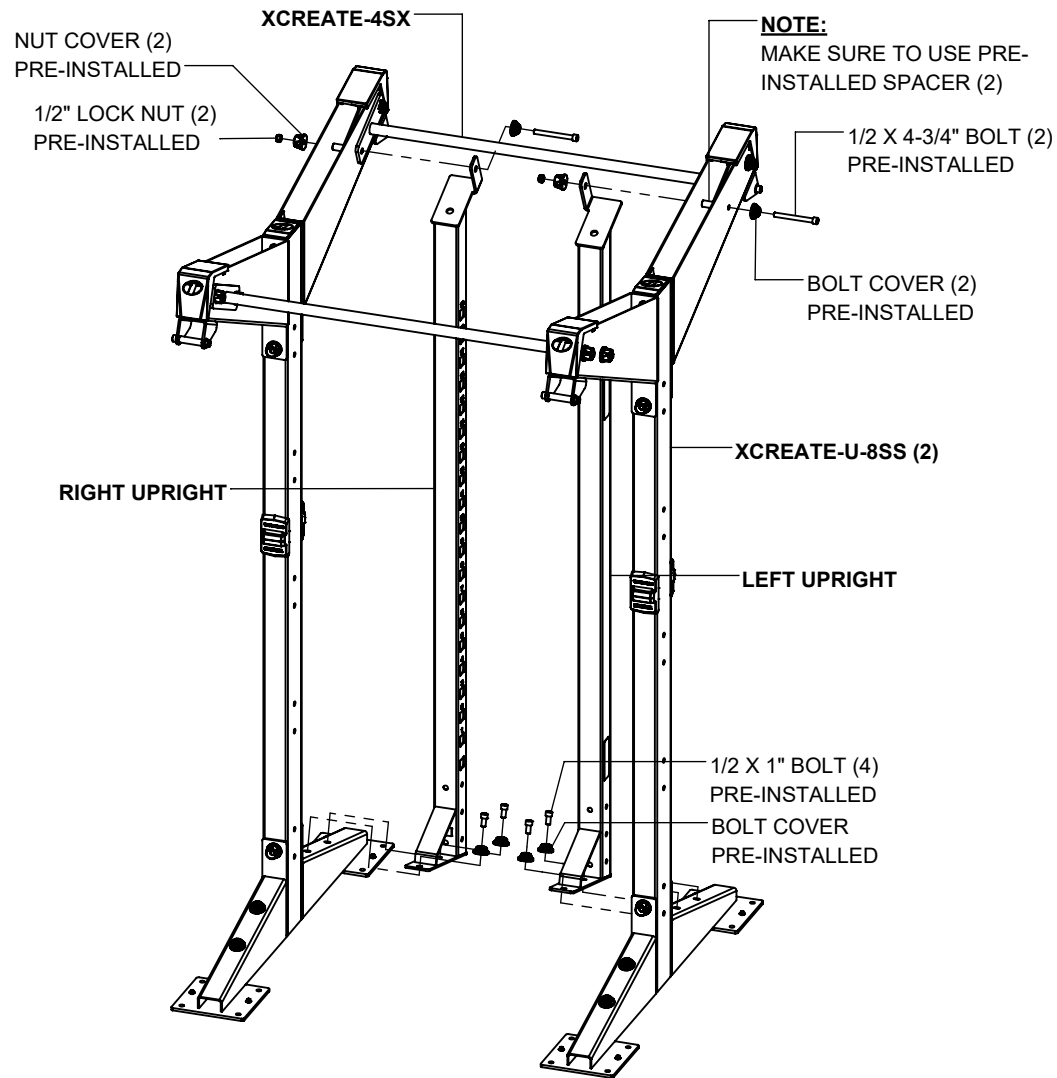
XCREATE 4' STALL BAR MODULE is required for installing the ball target wall pads. Reference previous steps for installing the stall bars.

Ball target wall pads can be removed and replaced as needed.

8' OLYMPIC LIFTING STATION MODULE

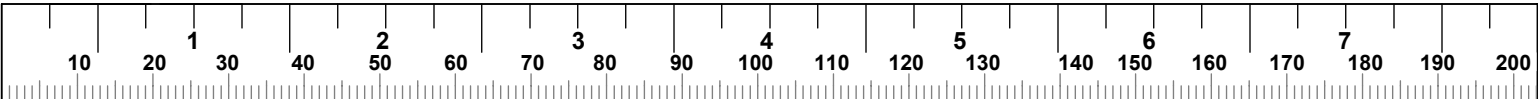


8' OLYMPIC LIFTING STATION MODULE



NOTES:

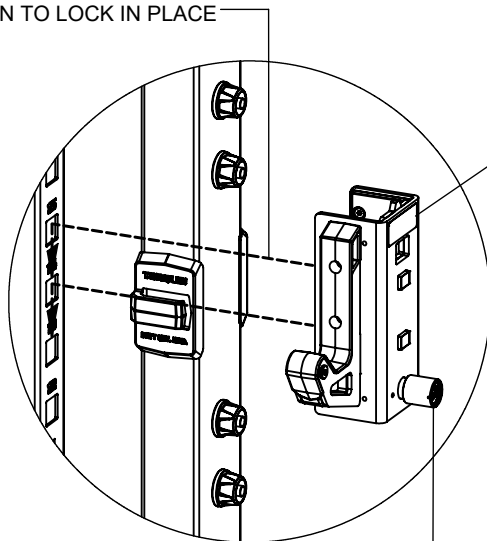
SECURELY tighten all bolt connections in this step.



8' OLYMPIC LIFTING STATION MODULE

NOTE:

INSERT BAR SUPPORTS INTO
DESIRED SLOTS ON UPRIGHTS.
PUSH DOWN TO LOCK IN PLACE



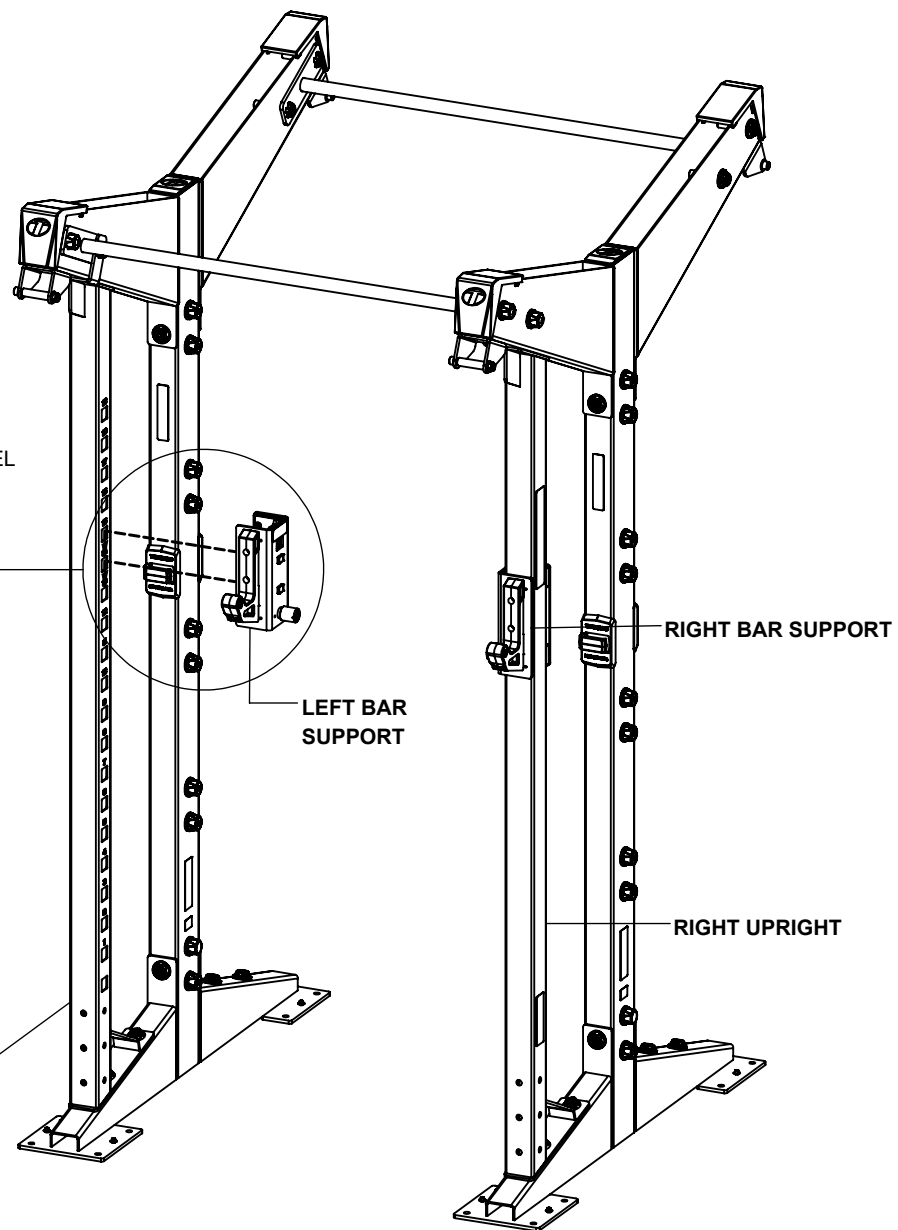
NOTE:

WARNING LABEL

NOTE:

TO REMOVE BAR SUPPORTS FROM
UPRIGHTS, PULL SPRING PIN OUT TO
UNLOCK. LIFT UP AND PULL OUT

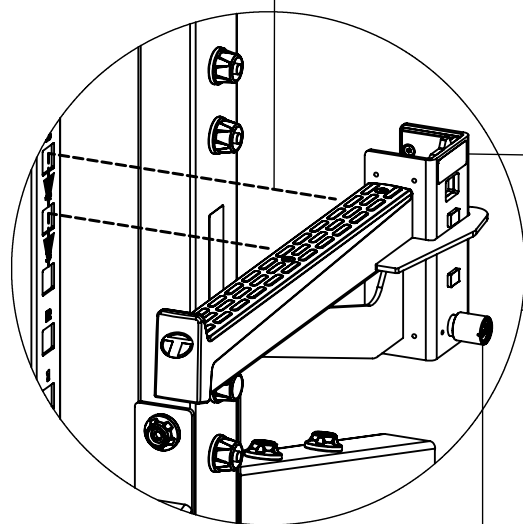
LEFT UPRIGHT



8' OLYMPIC LIFTING STATION MODULE

NOTE:

INSERT BAR CATCHES INTO
DESIRED SLOTS ON UPRIGHTS.
PUSH DOWN TO LOCK IN PLACE



NOTE:

WARNING LABEL

NOTE:

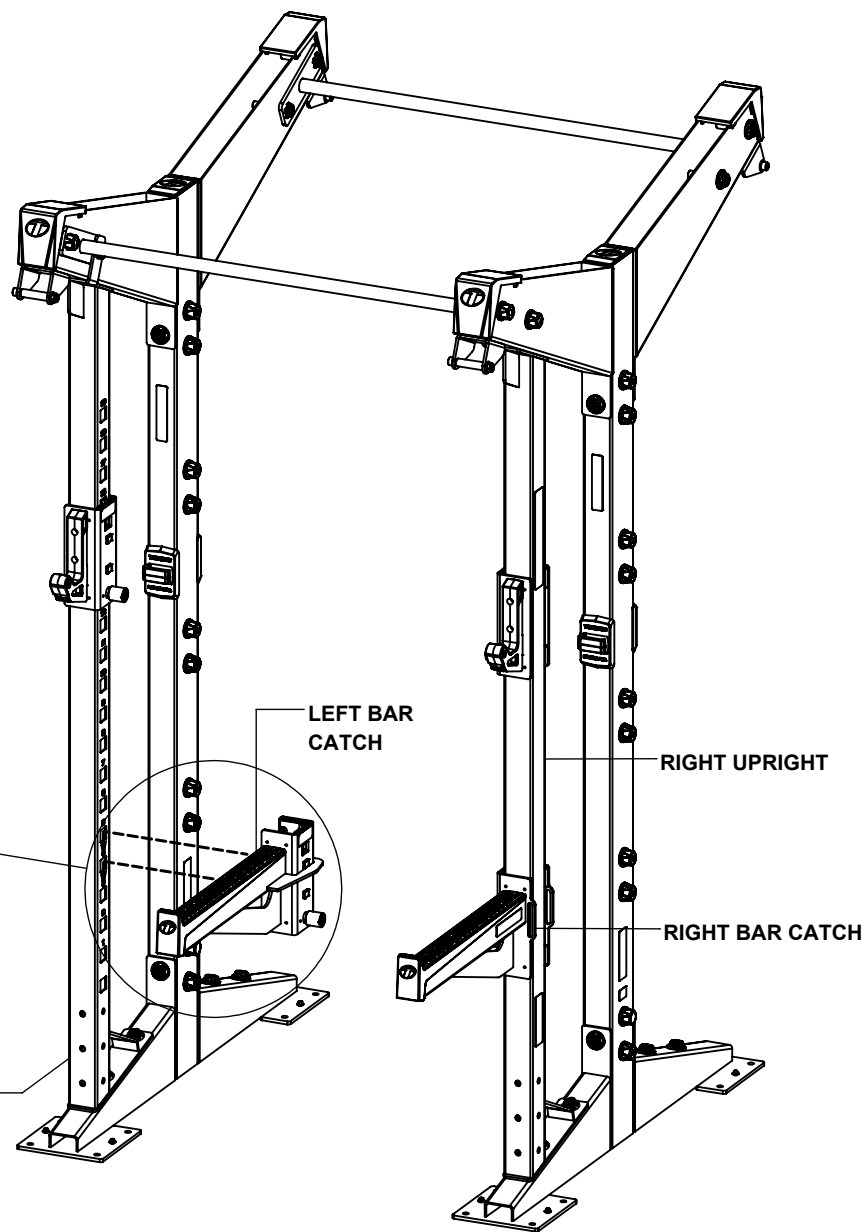
TO REMOVE BAR CATCHES FROM
UPRIGHTS, PULL SPRING PIN OUT TO
UNLOCK. LIFT UP AND PULL OUT

LEFT UPRIGHT

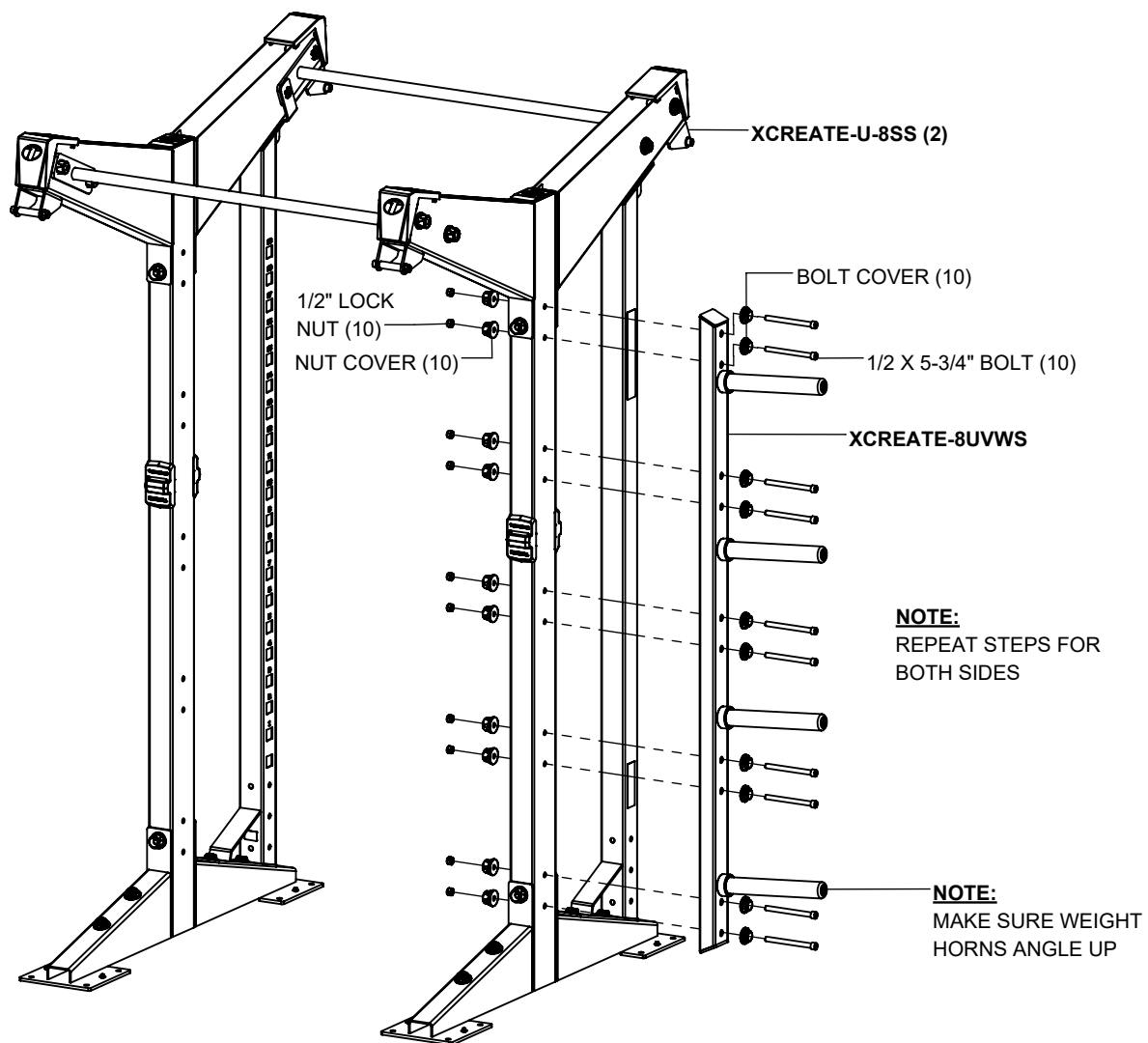
LEFT BAR
CATCH

RIGHT UPRIGHT

RIGHT BAR CATCH



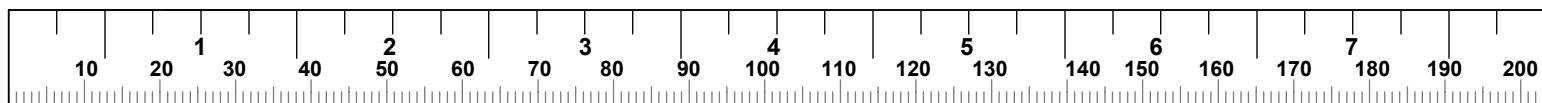
8' OLYMPIC LIFTING STATION MODULE



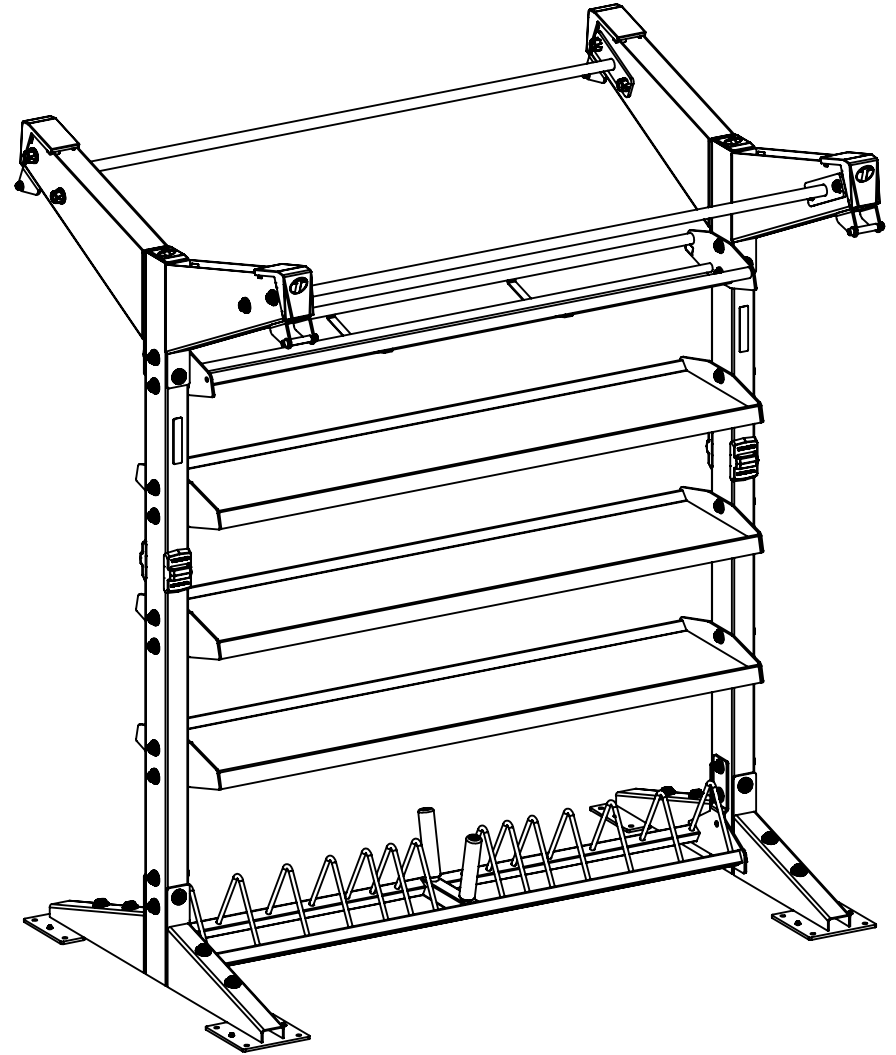
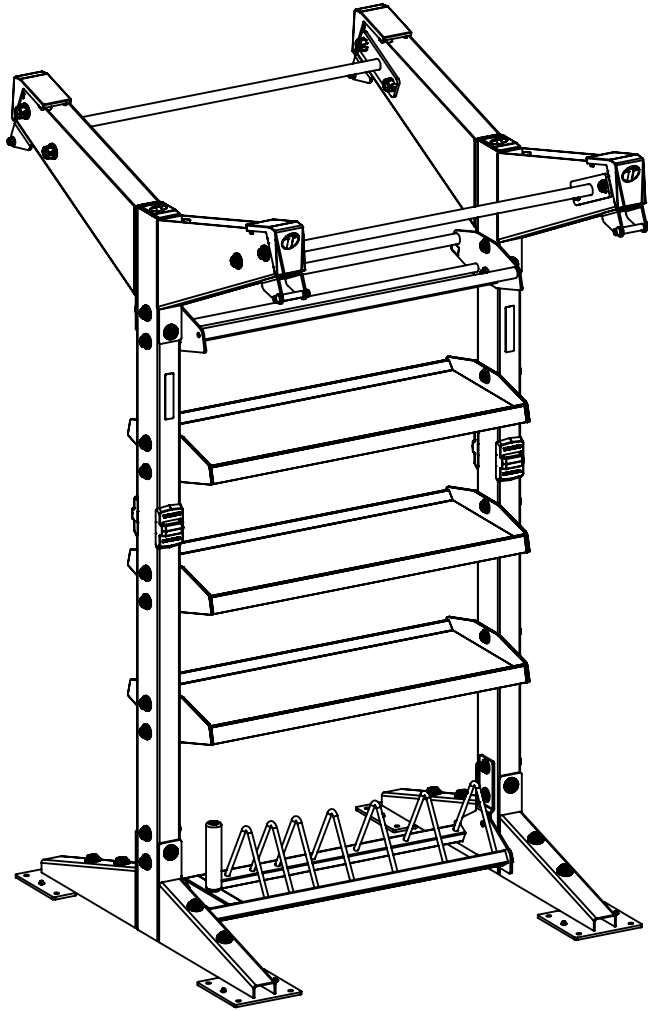
NOTES:

SECURELY tighten all bolt connections in this step.

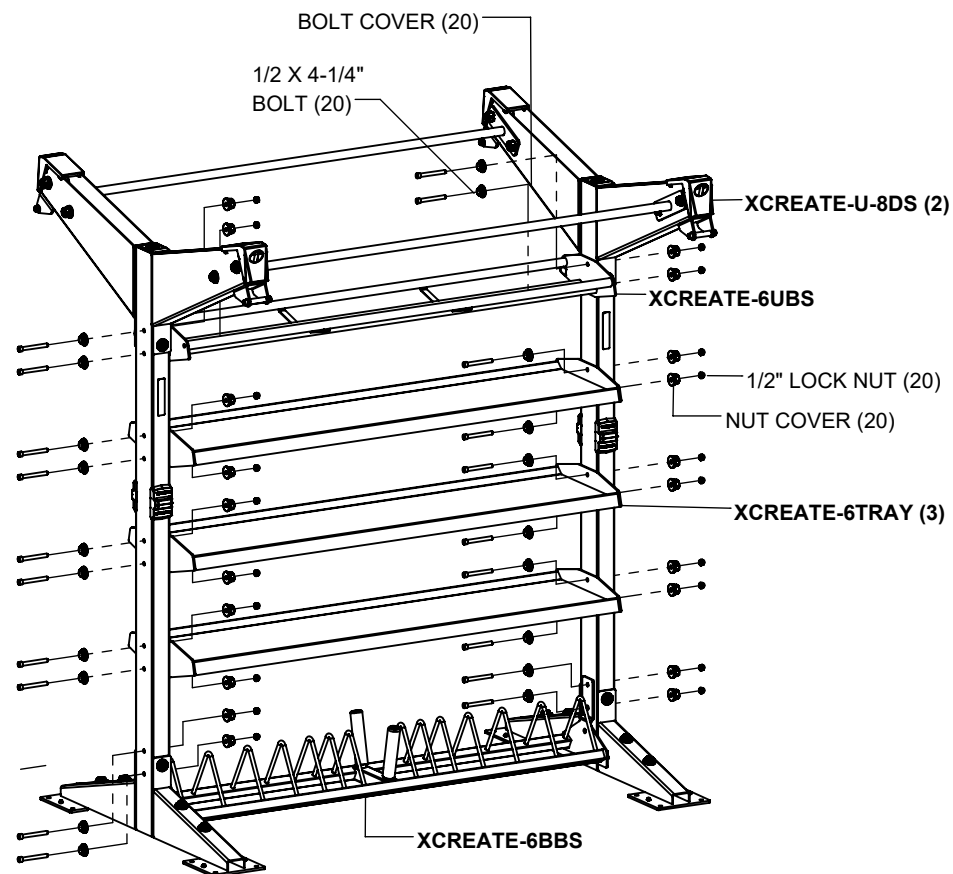
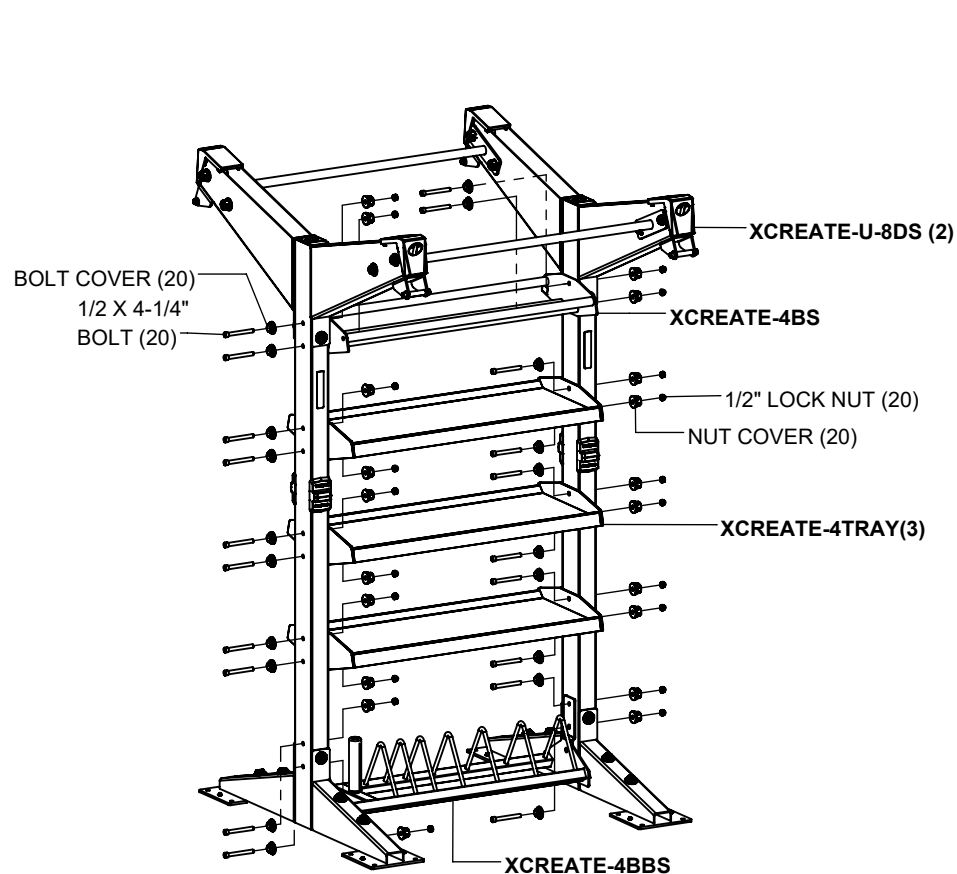
REPEAT STEPS for both sides as needed.



**4' / 6' ACCESSORY & BUMPER BOOKSHELF
STORAGE MODULE**

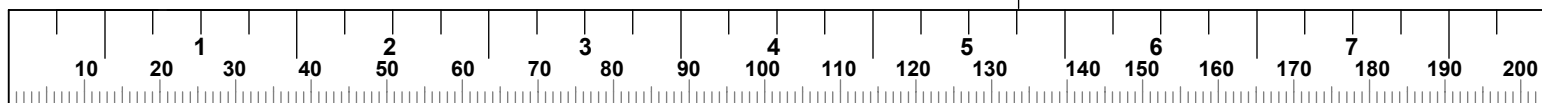


4' / 6' ACCESSORY & BUMPER BOOKSHELF STORAGE MODULE

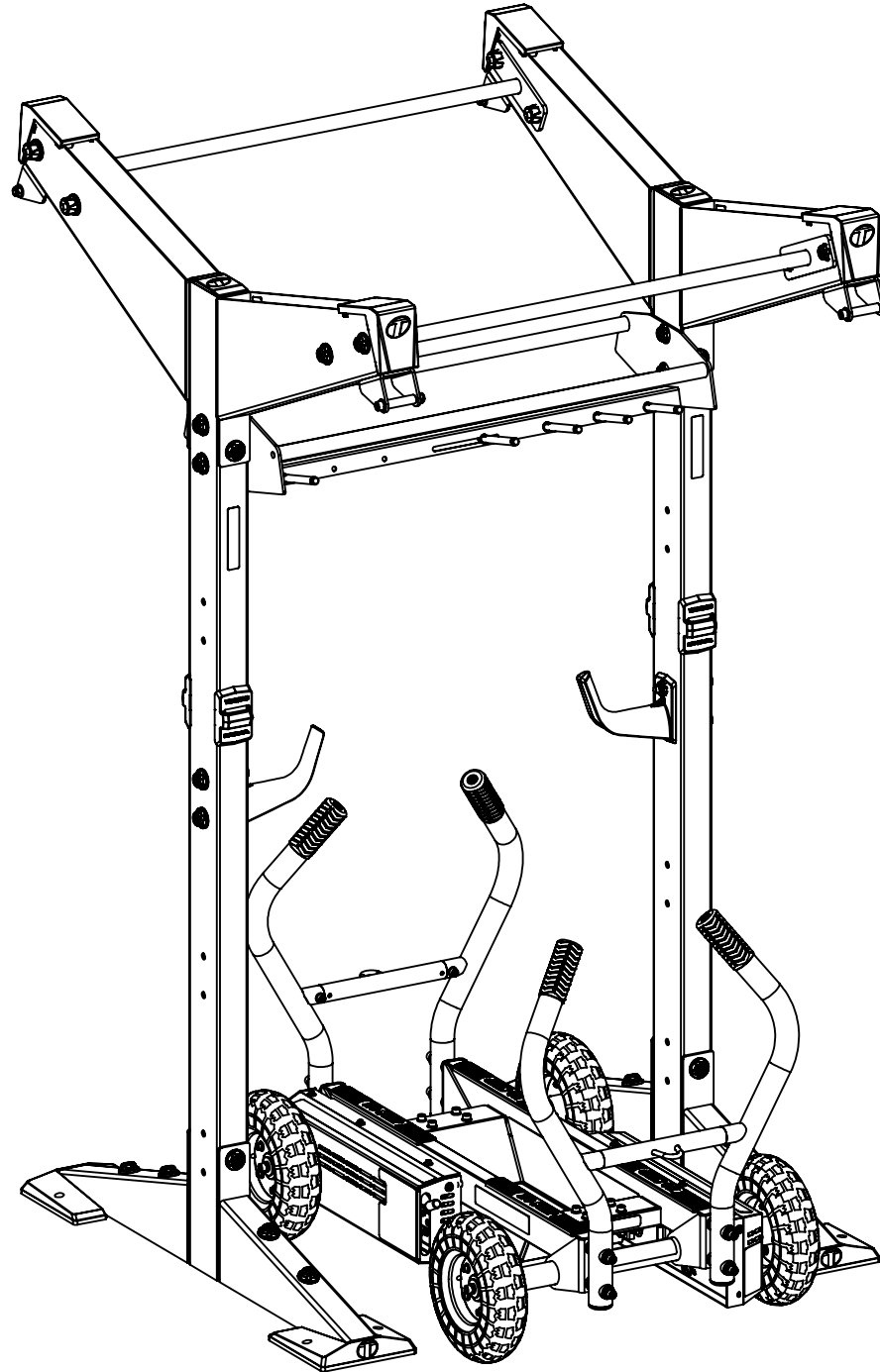


NOTES:

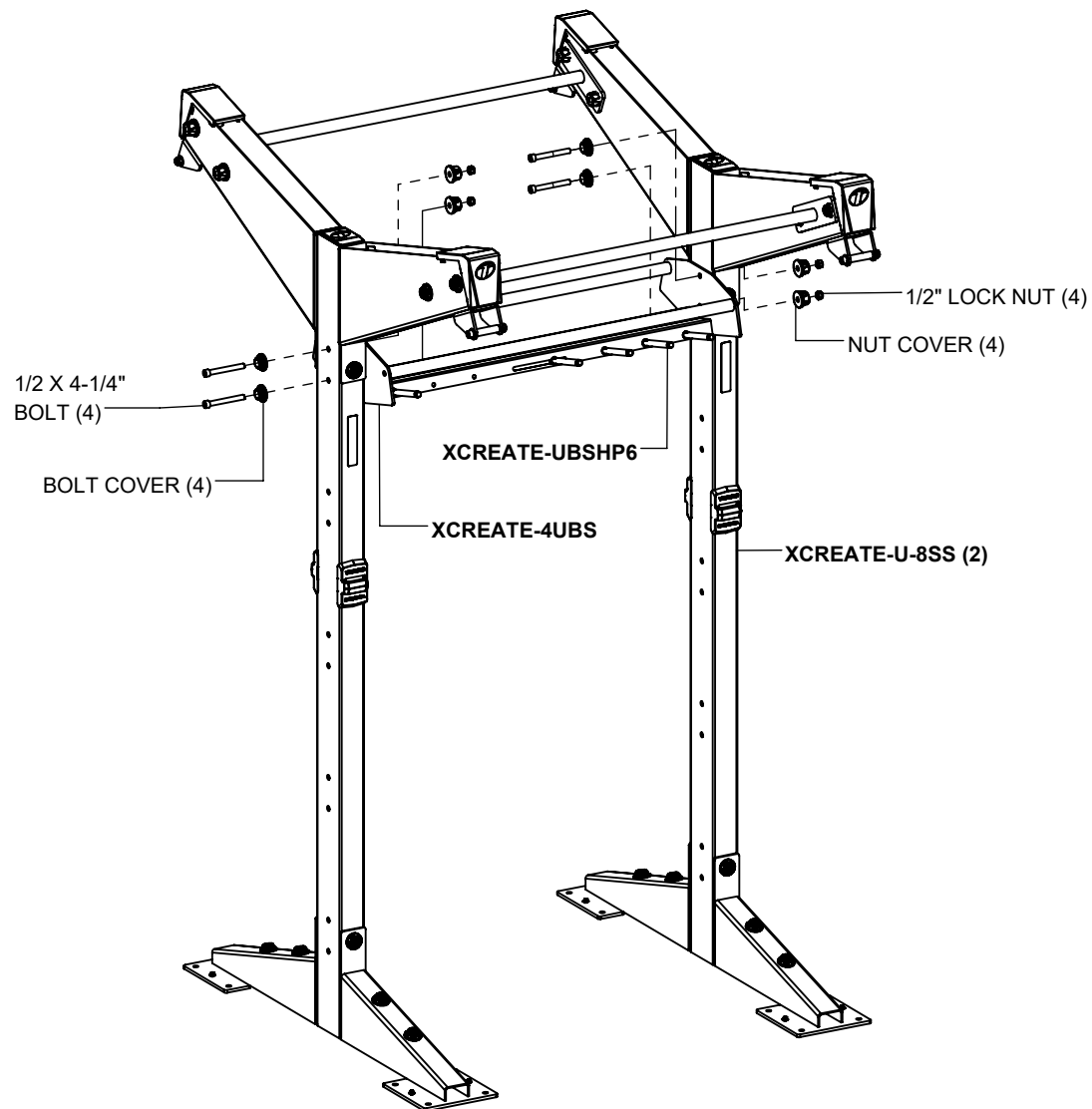
If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.



4' TANK DOCKING MODULE

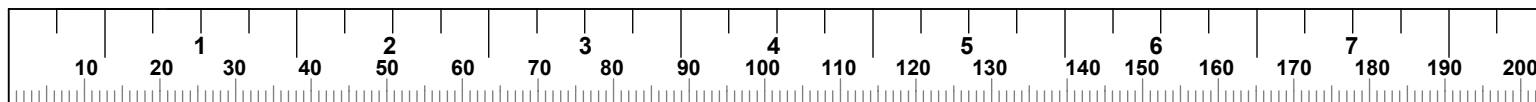


4' TANK DOCKING MODULE

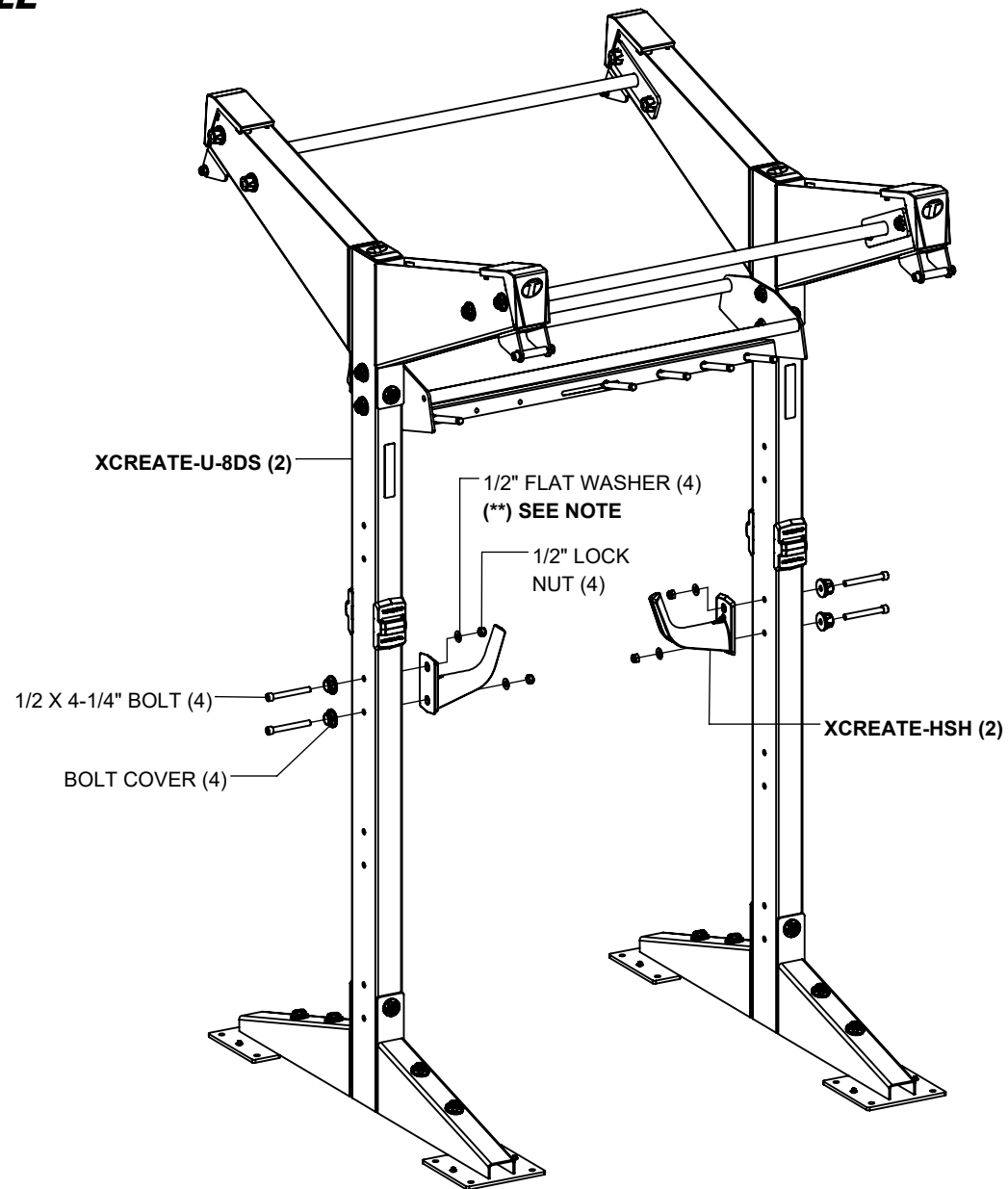


NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.



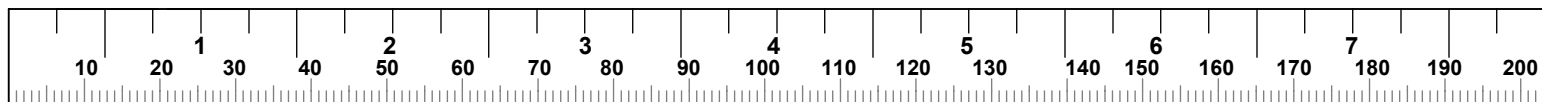
4' TANK DOCKING MODULE



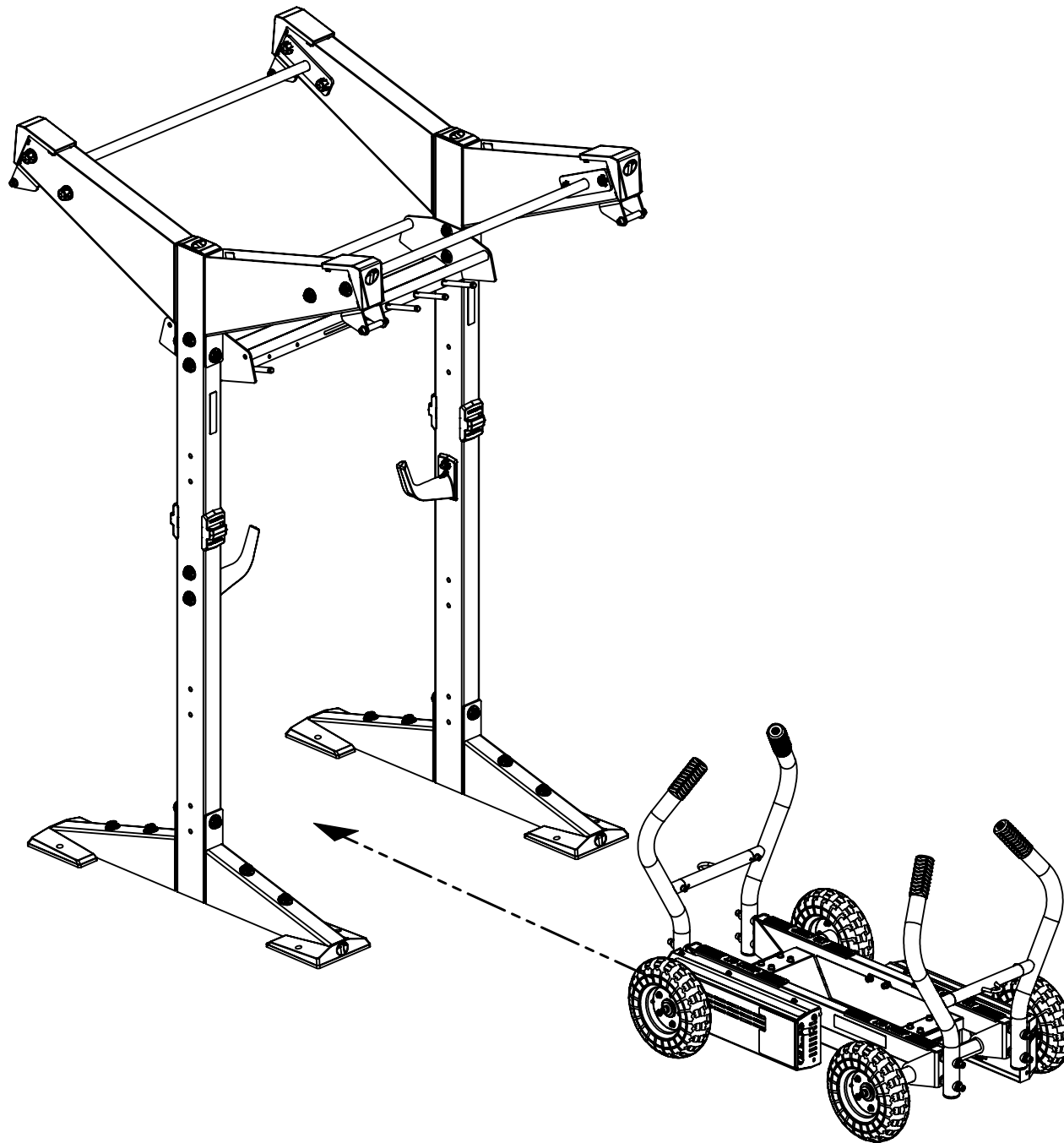
NOTES:

SECURELY tighten all bolt connections in this step.

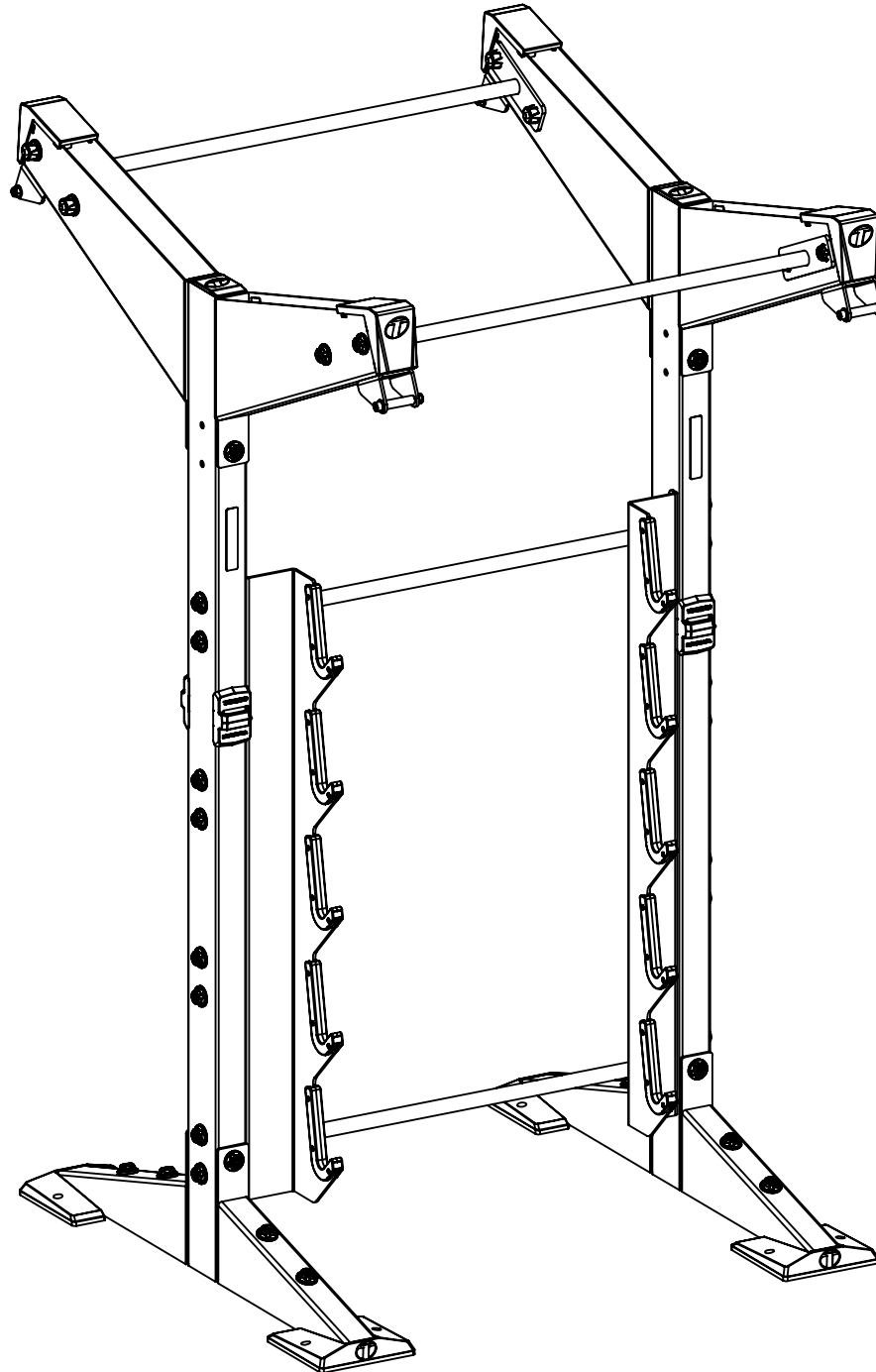
(**) HARDWARE COVER **CANNOT** be used on **HSH** side.



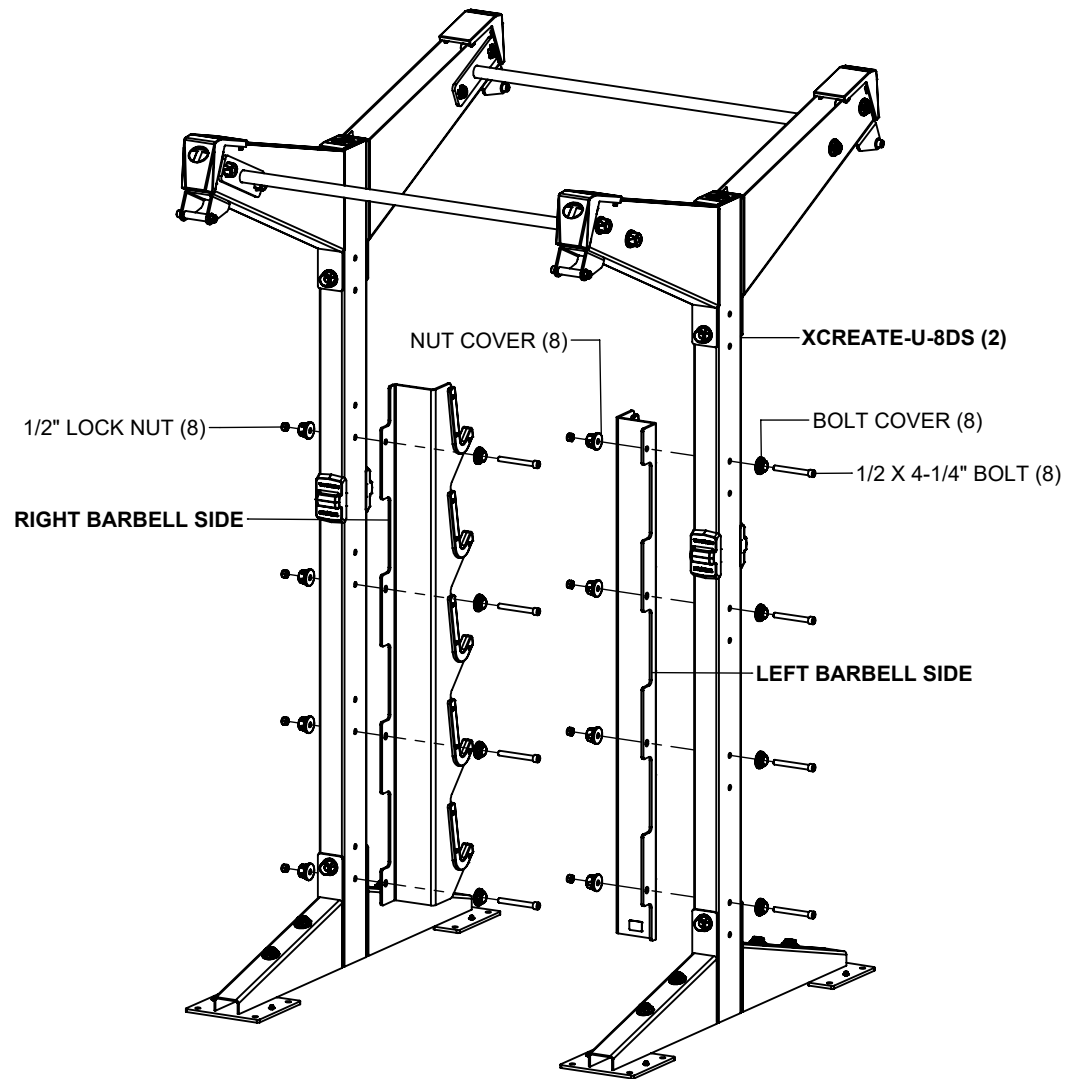
4' TANK DOCKING MODULE



4' X 5 BARBELL STORAGE MODULE

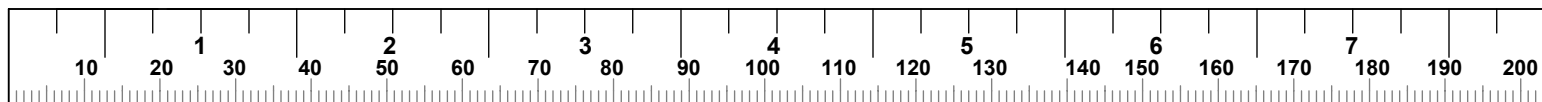


4' X 5 BARBELL STORAGE MODULE (WITHOUT CONNECTOR)

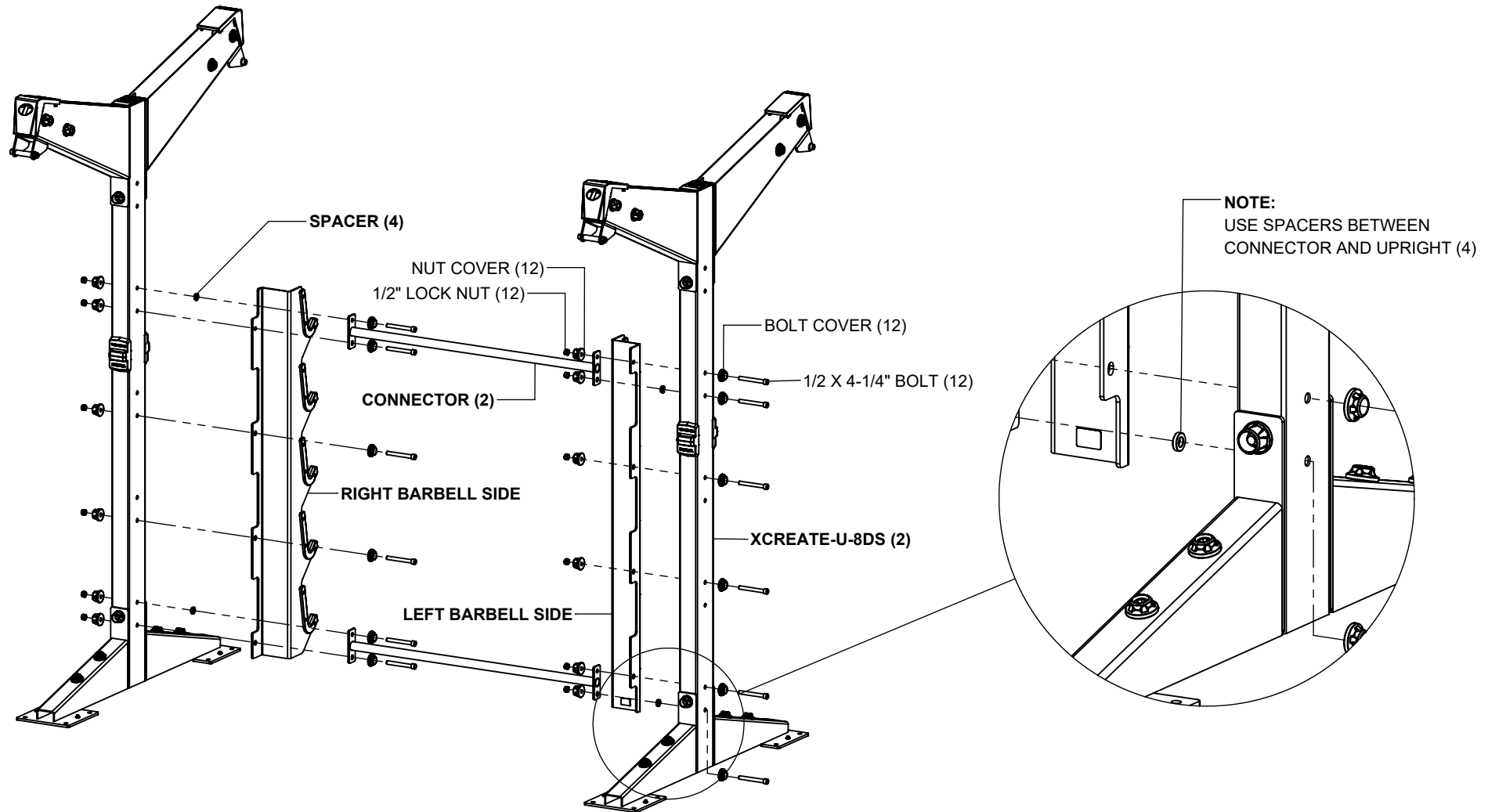


NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

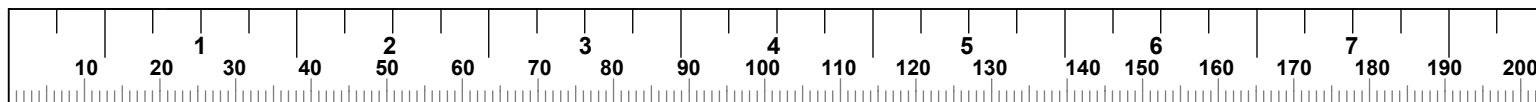


4' X 5 BARBELL STORAGE MODULE (WITH CONNECTOR)

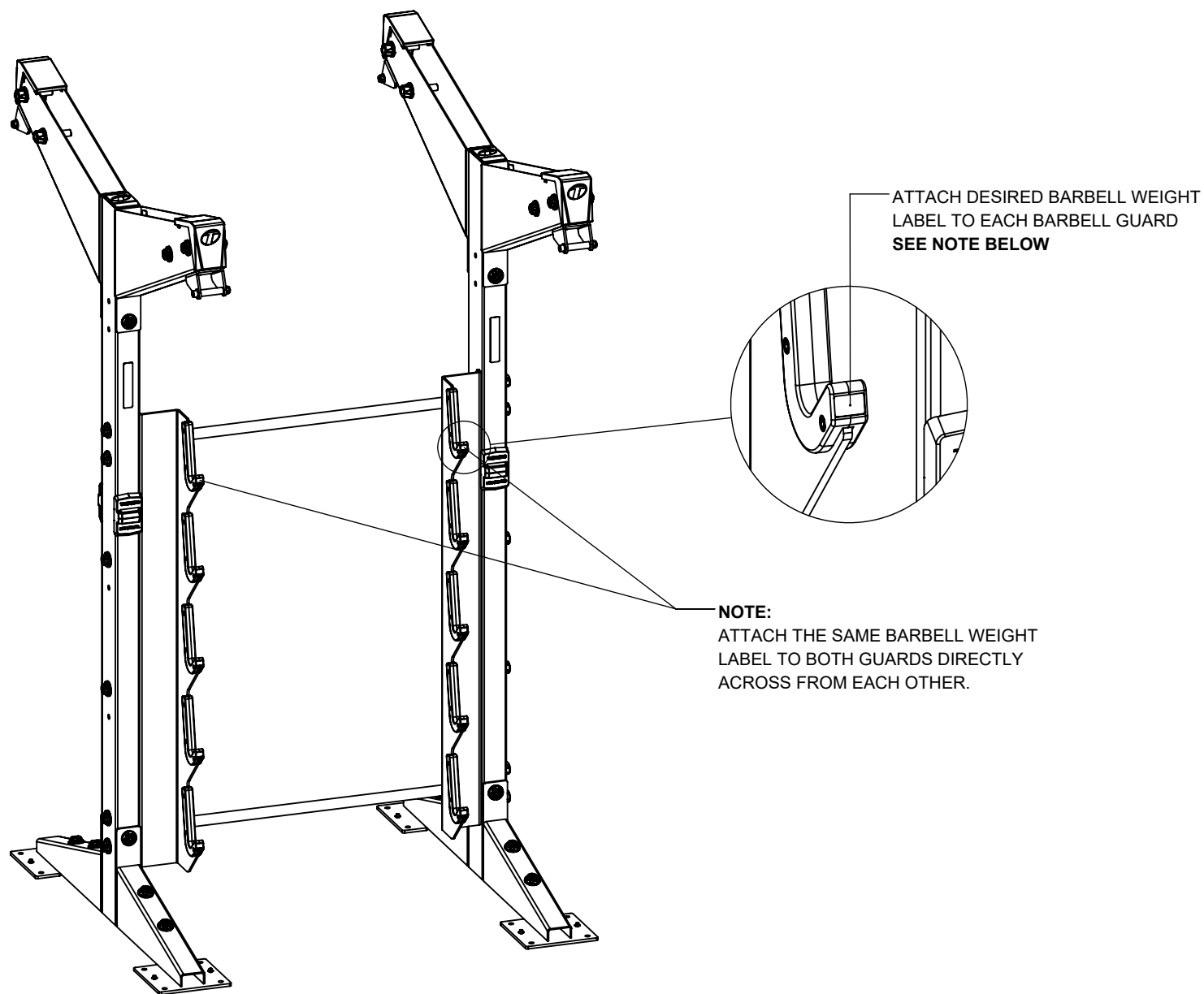


NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.



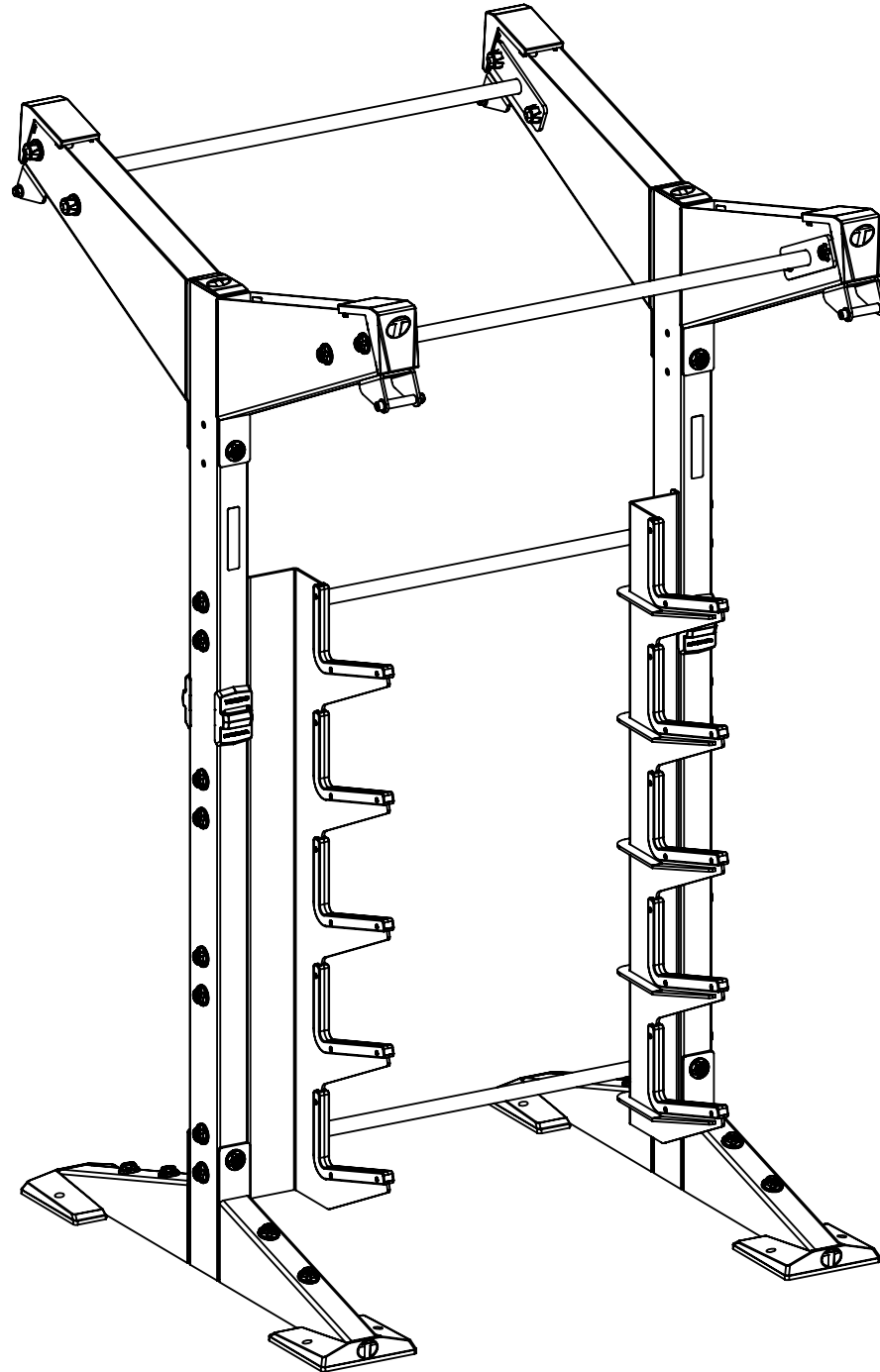
4' X 5 BARBELL STORAGE MODULE



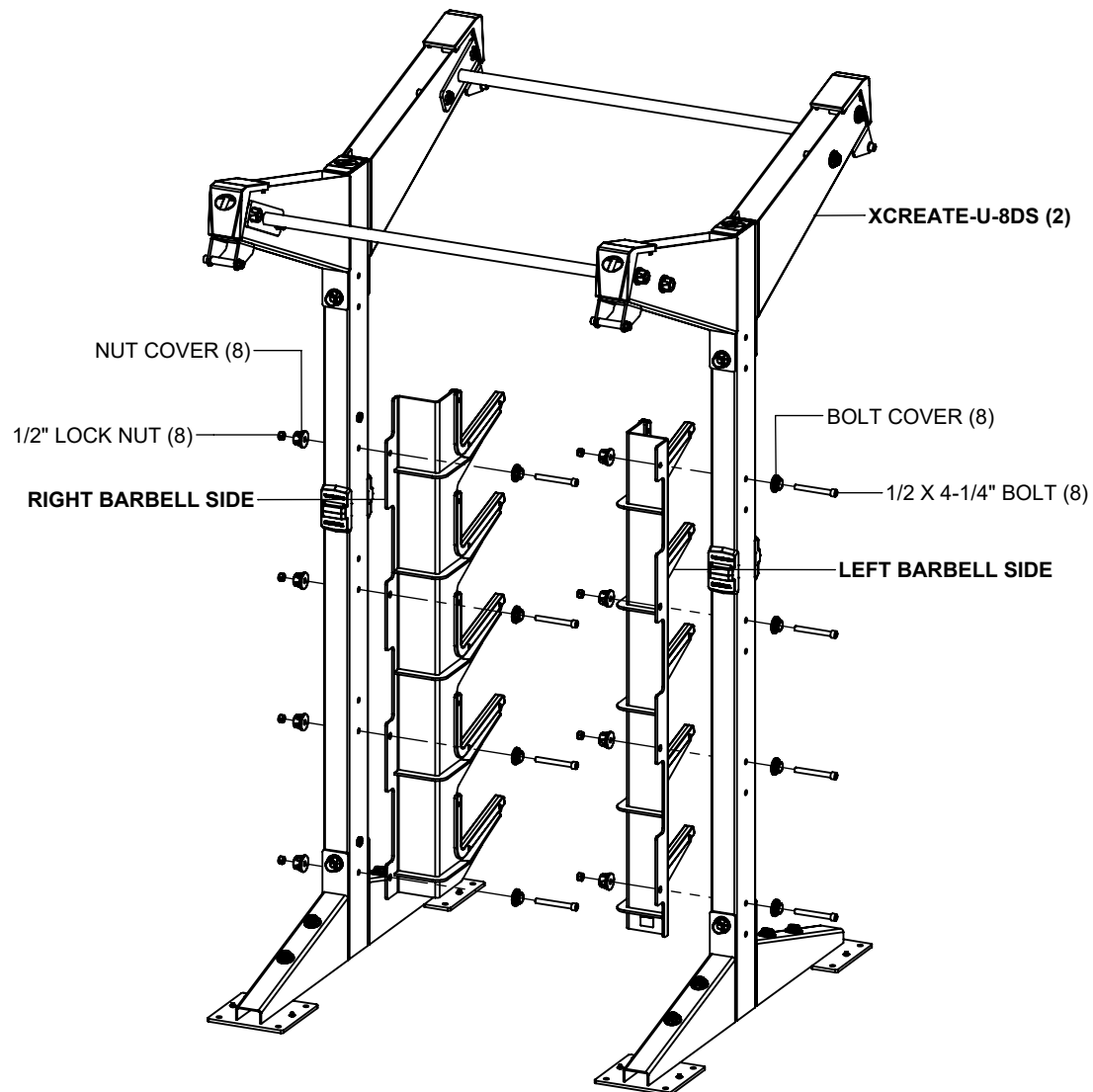
NOTE:

If you are a professional contractor installing this system for a facility, leave these labels and instruction with manager or inquire what label to attach to each barbell guard.

4' X 10 BARBELL STORAGE MODULE

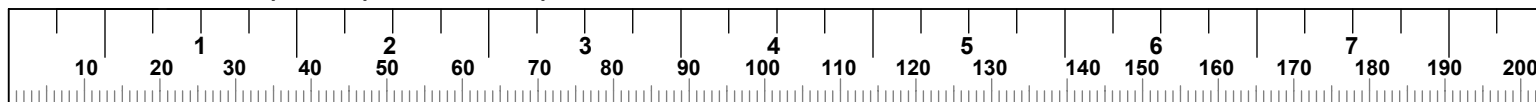


4' X 10 BARBELL STORAGE MODULE (WITHOUT CONNECTOR)

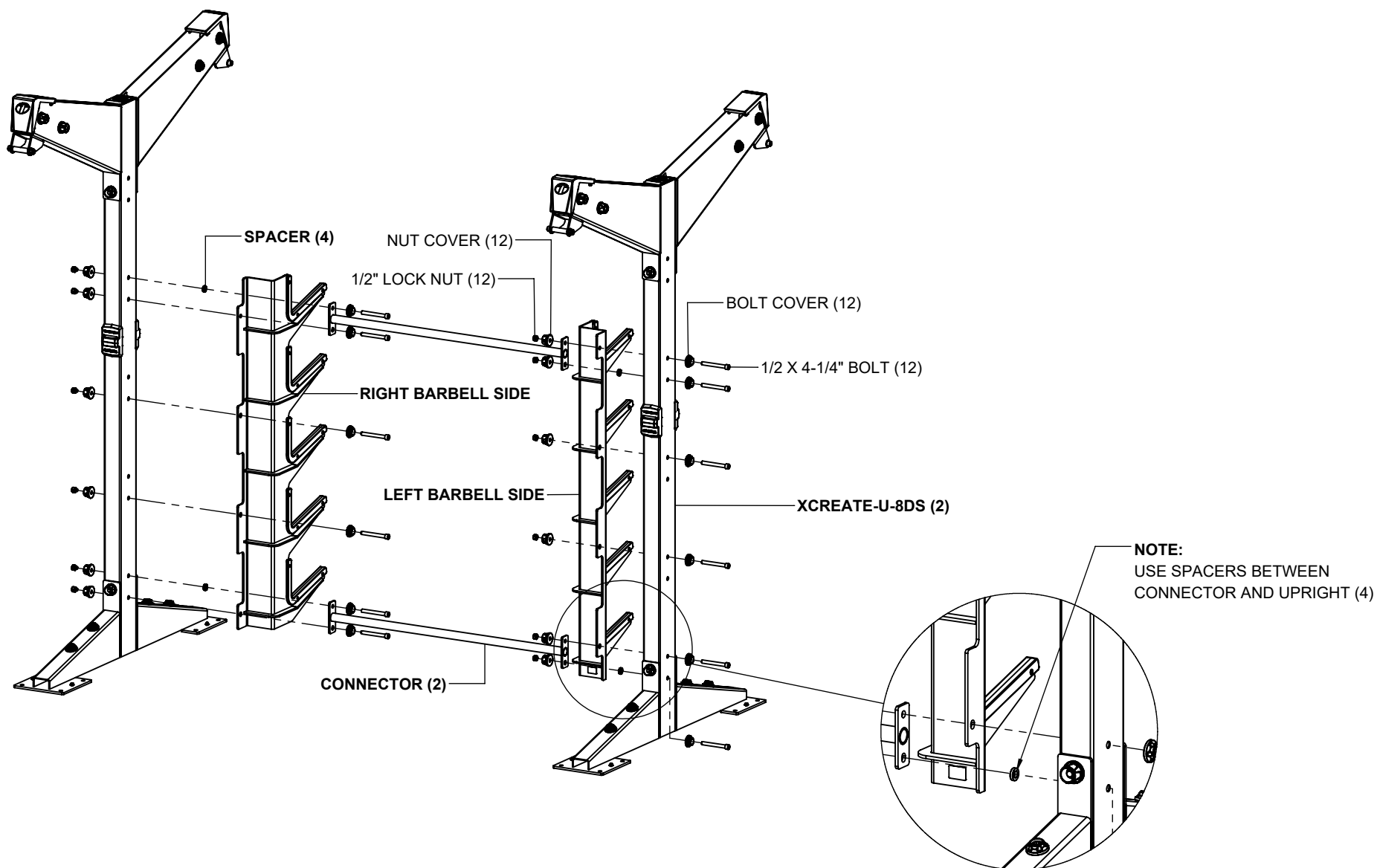


NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

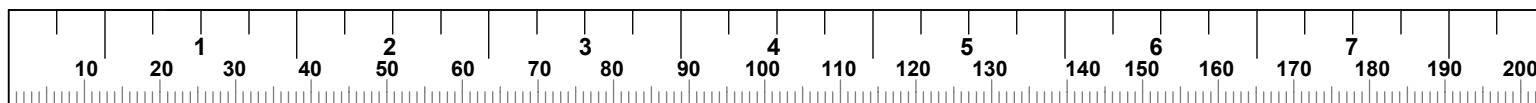


4' X 10 BARBELL STORAGE MODULE (WITH CONNECTOR)

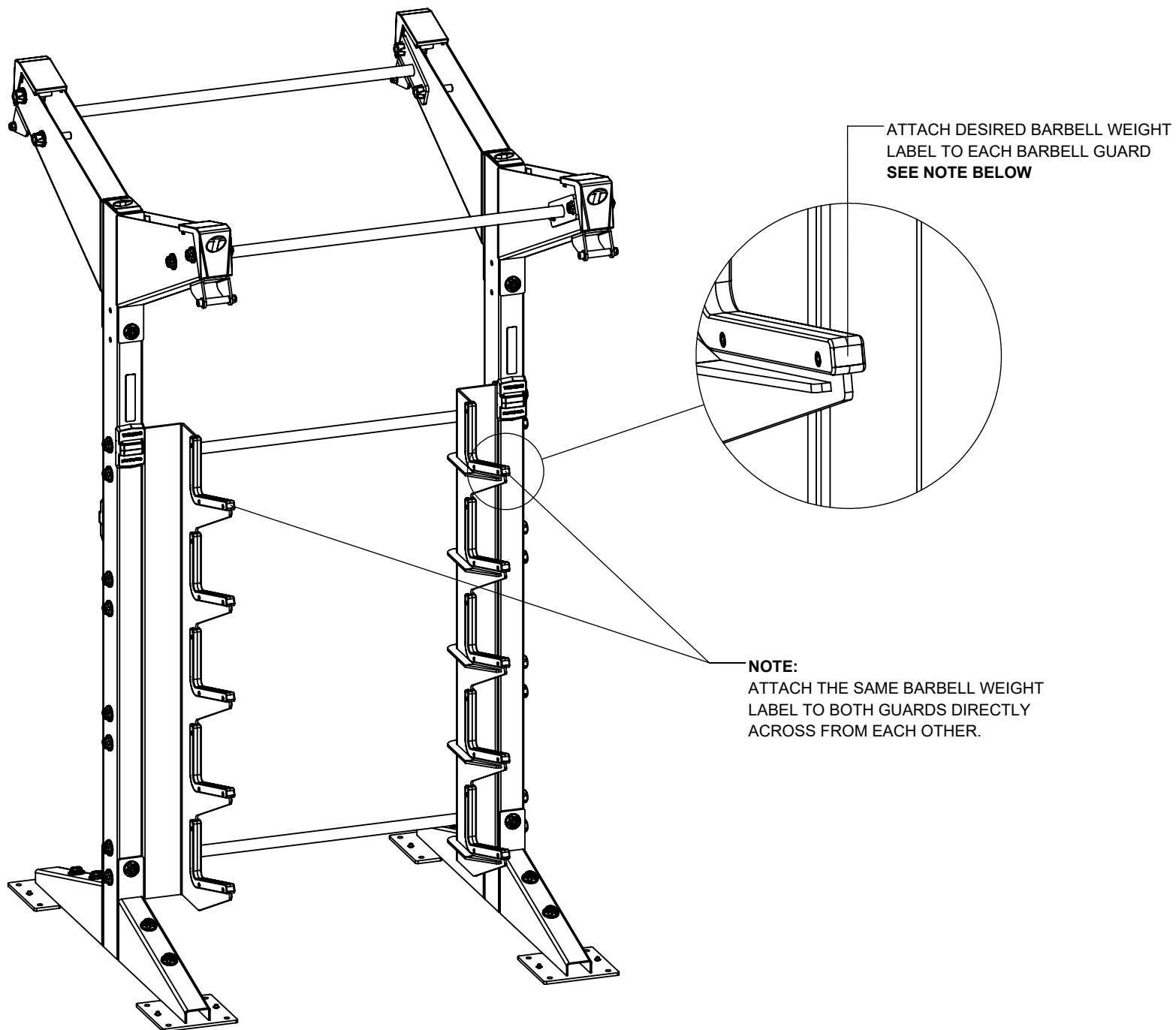


NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.



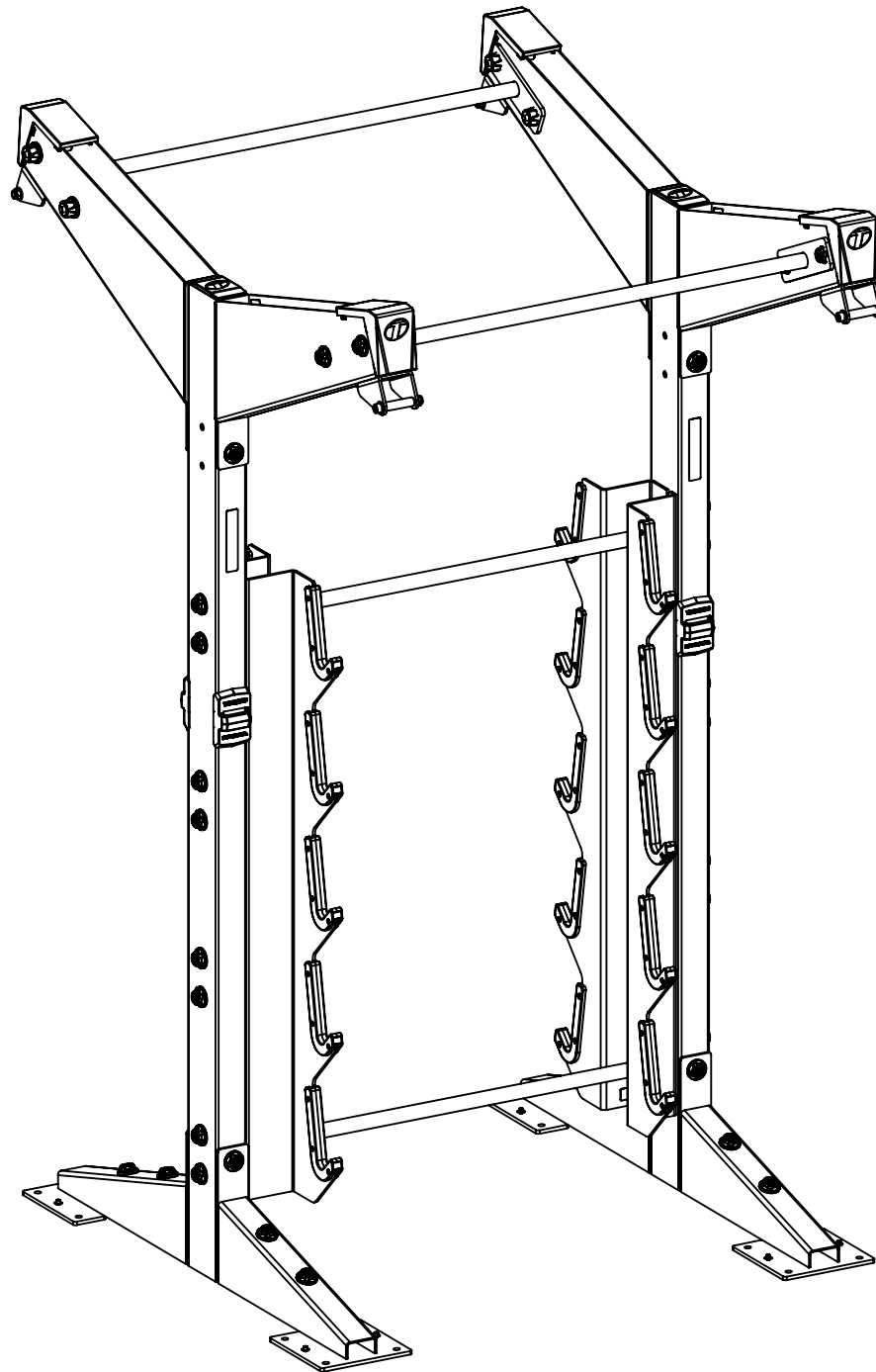
4' X 10 BARBELL STORAGE MODULE



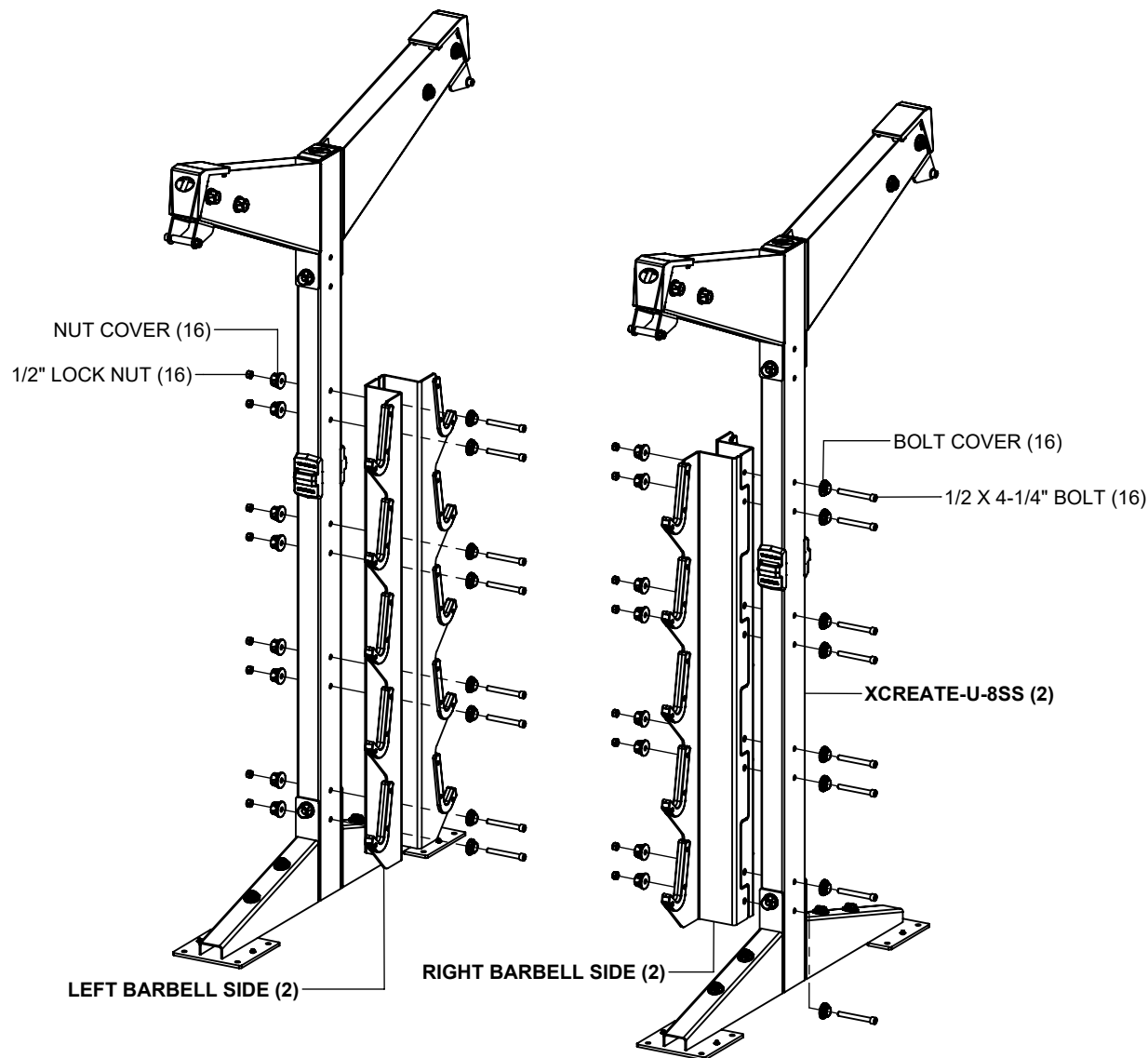
NOTE:

If you are a professional contractor installing this system for a facility, leave these labels and instruction with manager or inquire what label to attach to each barbell guard.

4' 2 SIDED X 10 BARBELL STORAGE MODULE

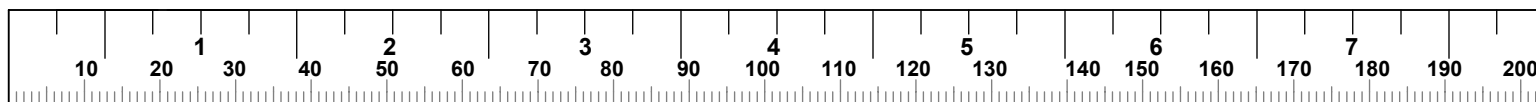


4' 2 SIDED X 10 BARBELL STORAGE MODULE (WITHOUT CONNECTOR)

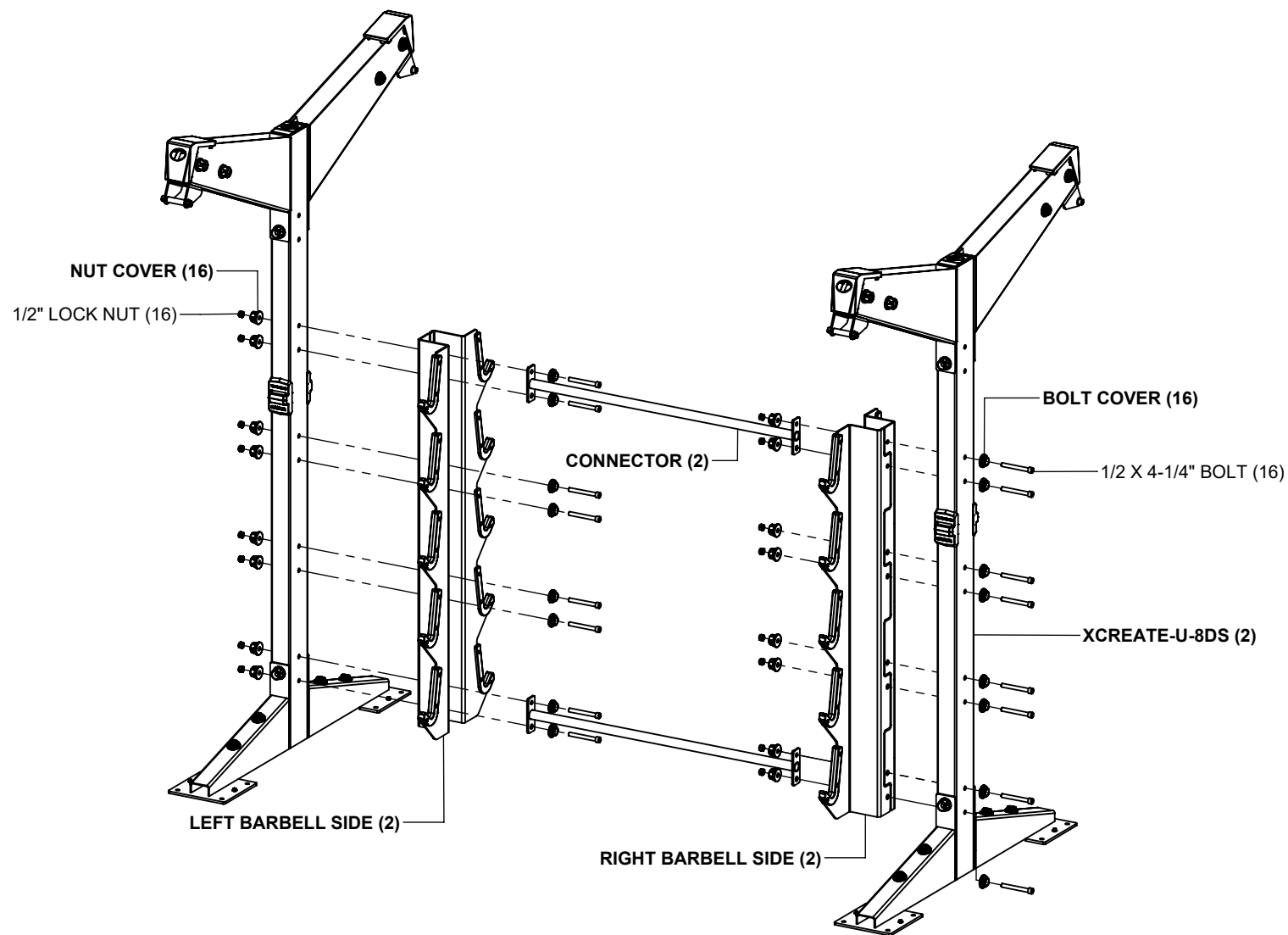


NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

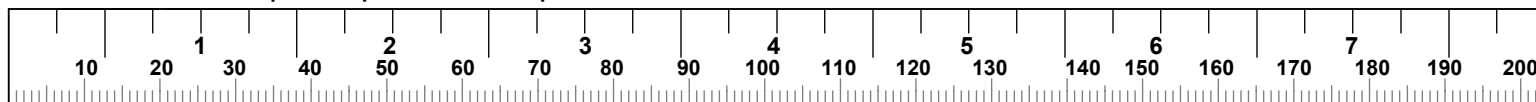


4' 2 SIDED X 10 BARBELL STORAGE MODULE (WITH CONNECTOR)

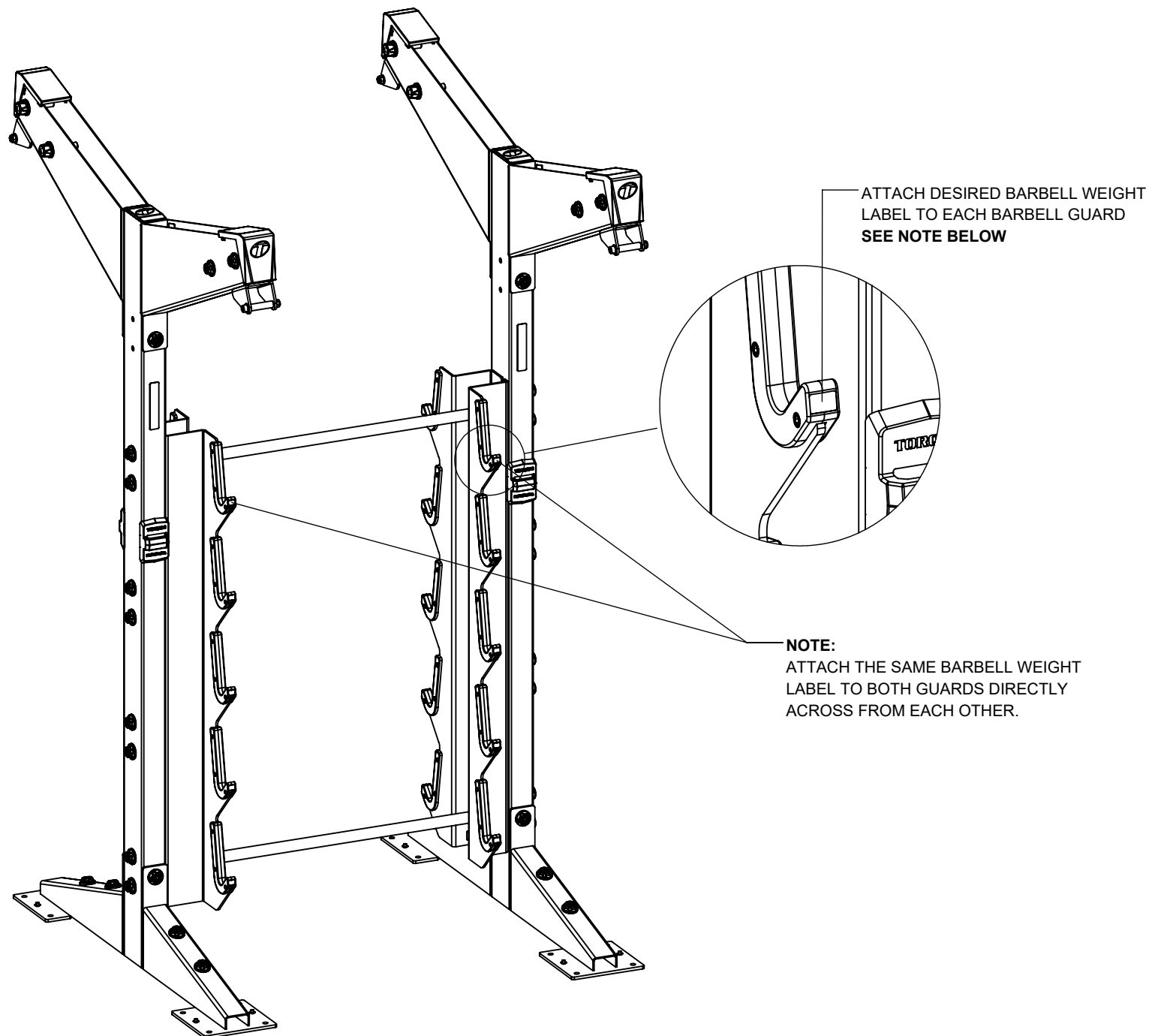


NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.



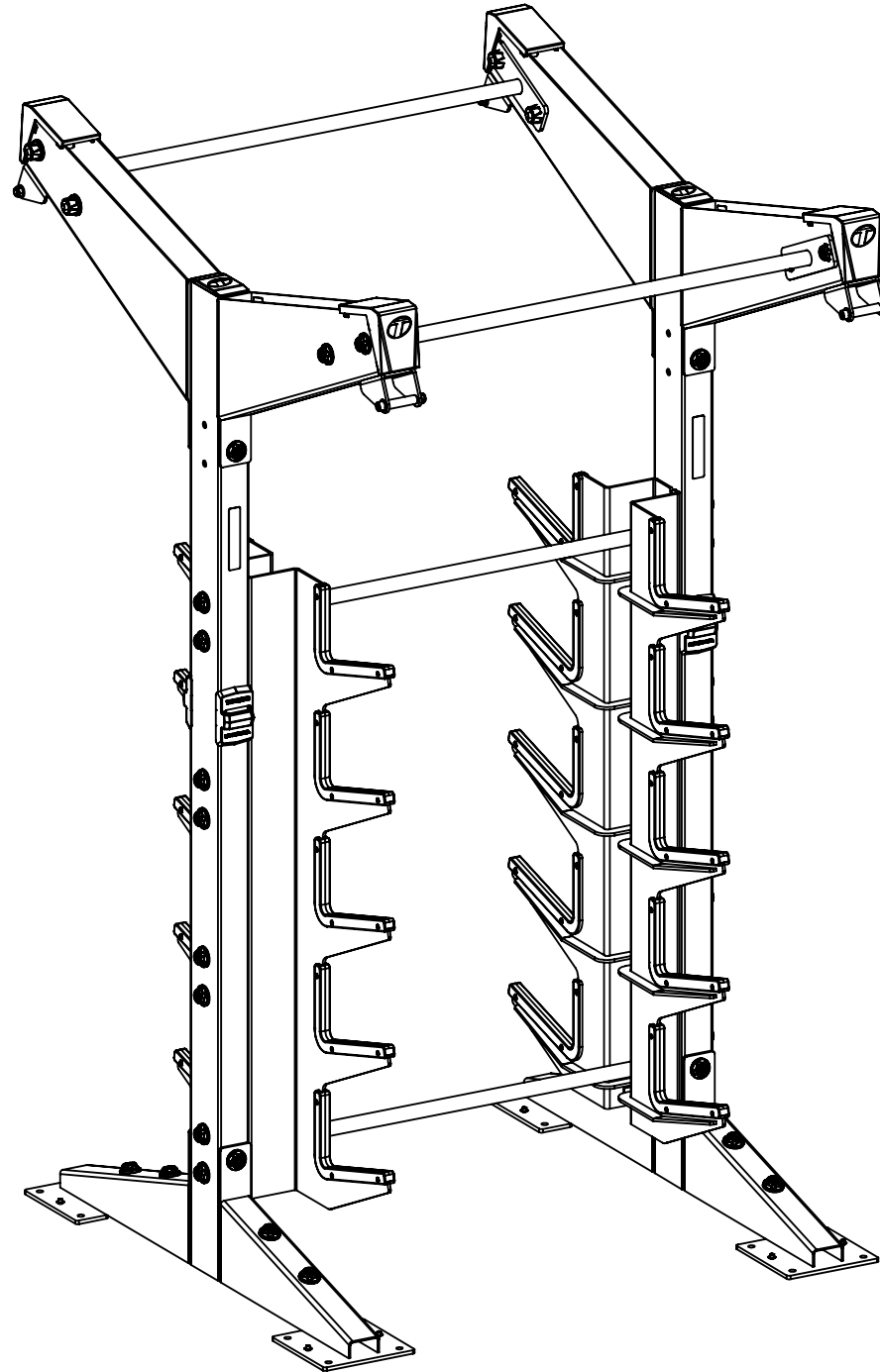
4' 2 SIDED X 10 BARBELL STORAGE MODULE



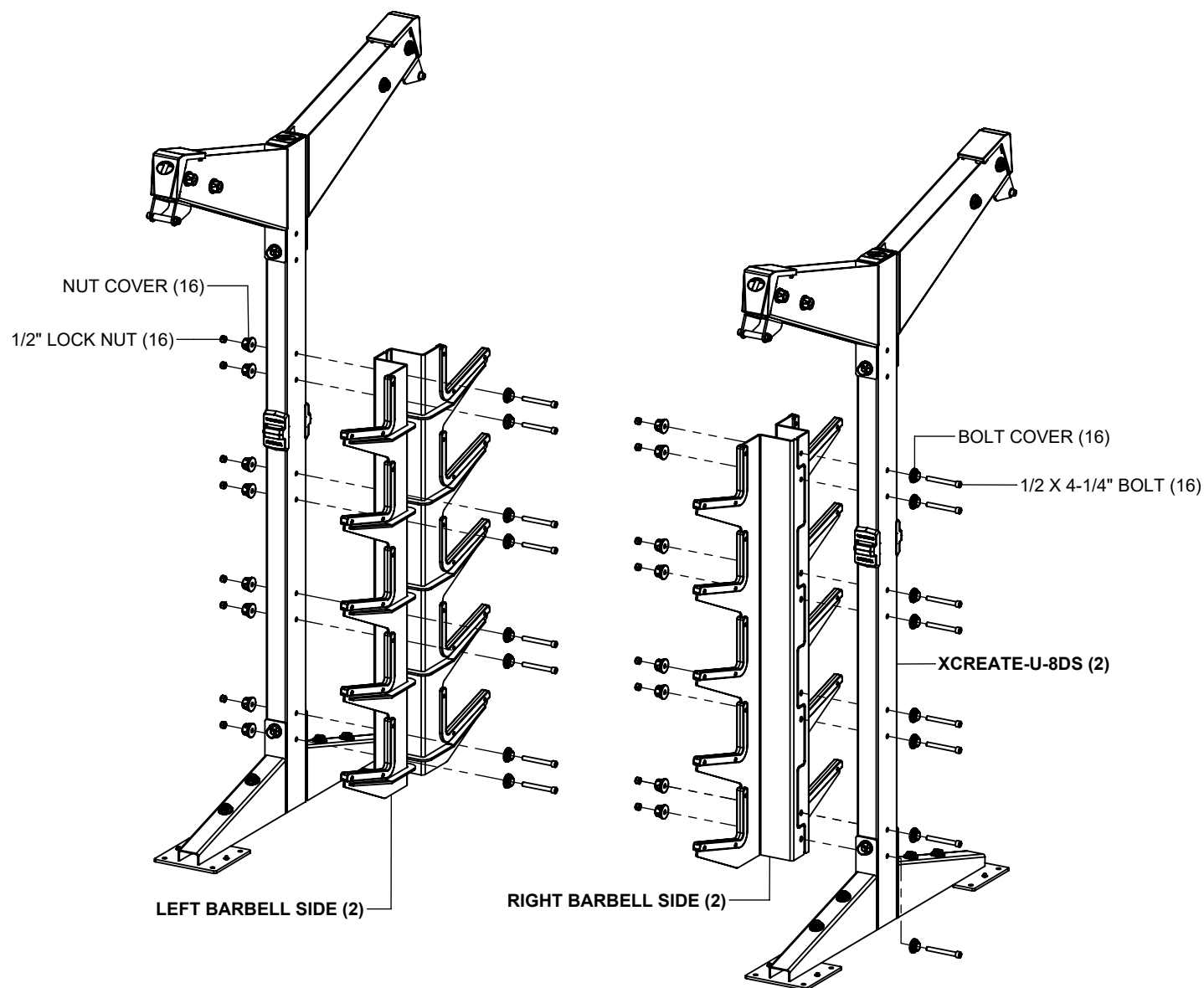
NOTE:

If you are a professional contractor installing this system for a facility, leave these labels and instruction with manager or inquire what label to attach to each barbell guard.

4' 2 SIDED X 20 BARBELL STORAGE MODULE

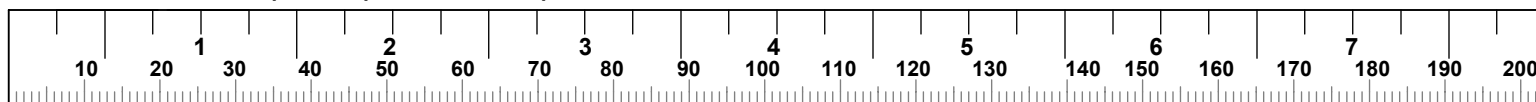


4' 2 SIDED X 20 BARBELL STORAGE MODULE (WITHOUT CONNECTOR)

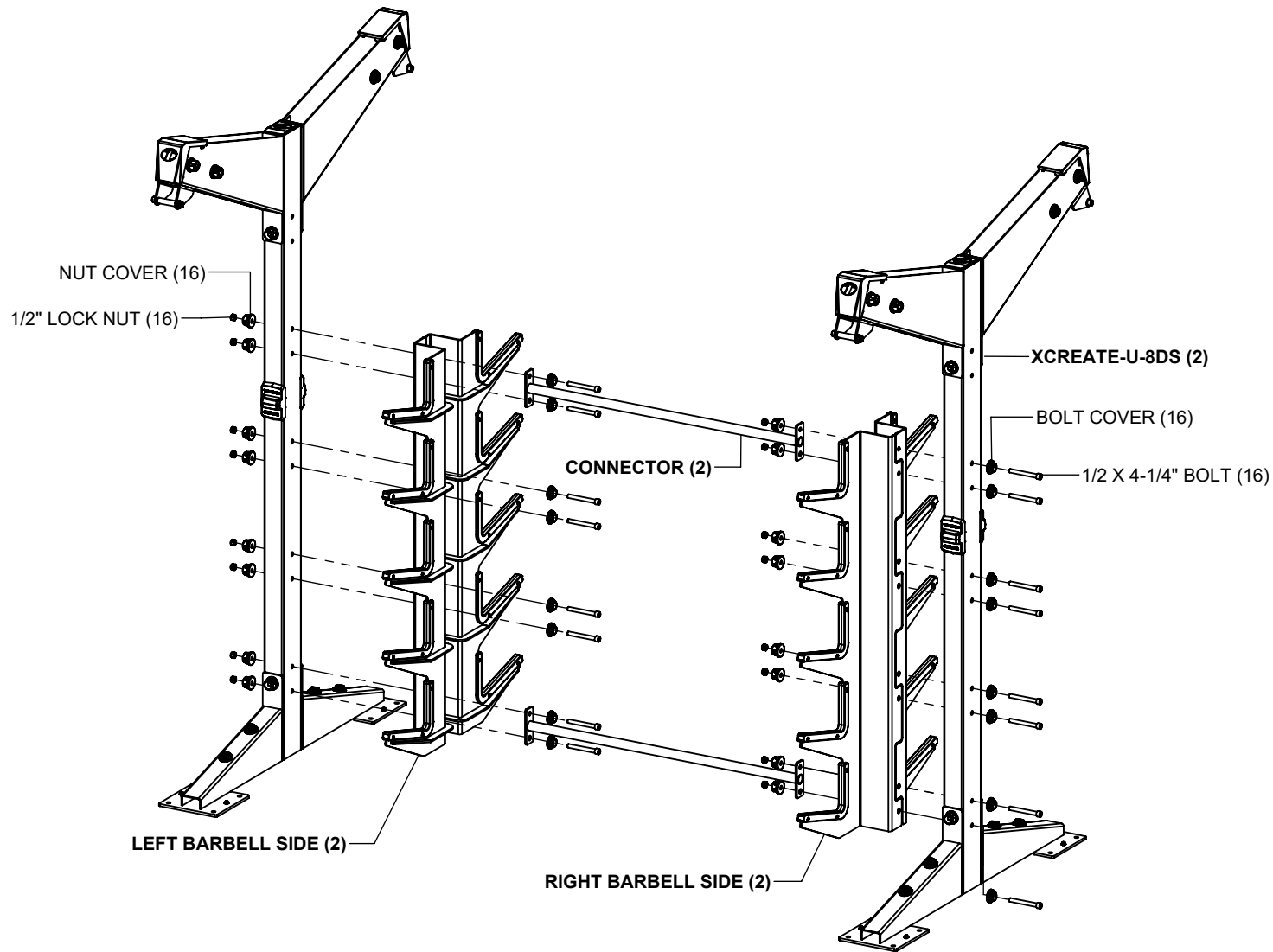


NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

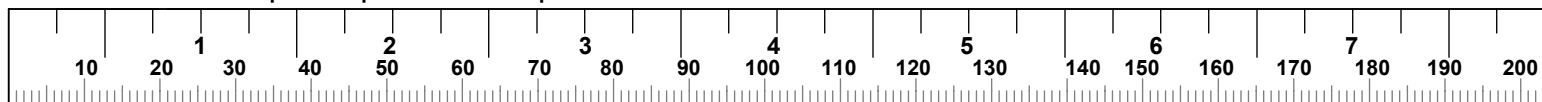


4' 2 SIDED X 20 BARBELL STORAGE MODULE (WITH CONNECTOR)

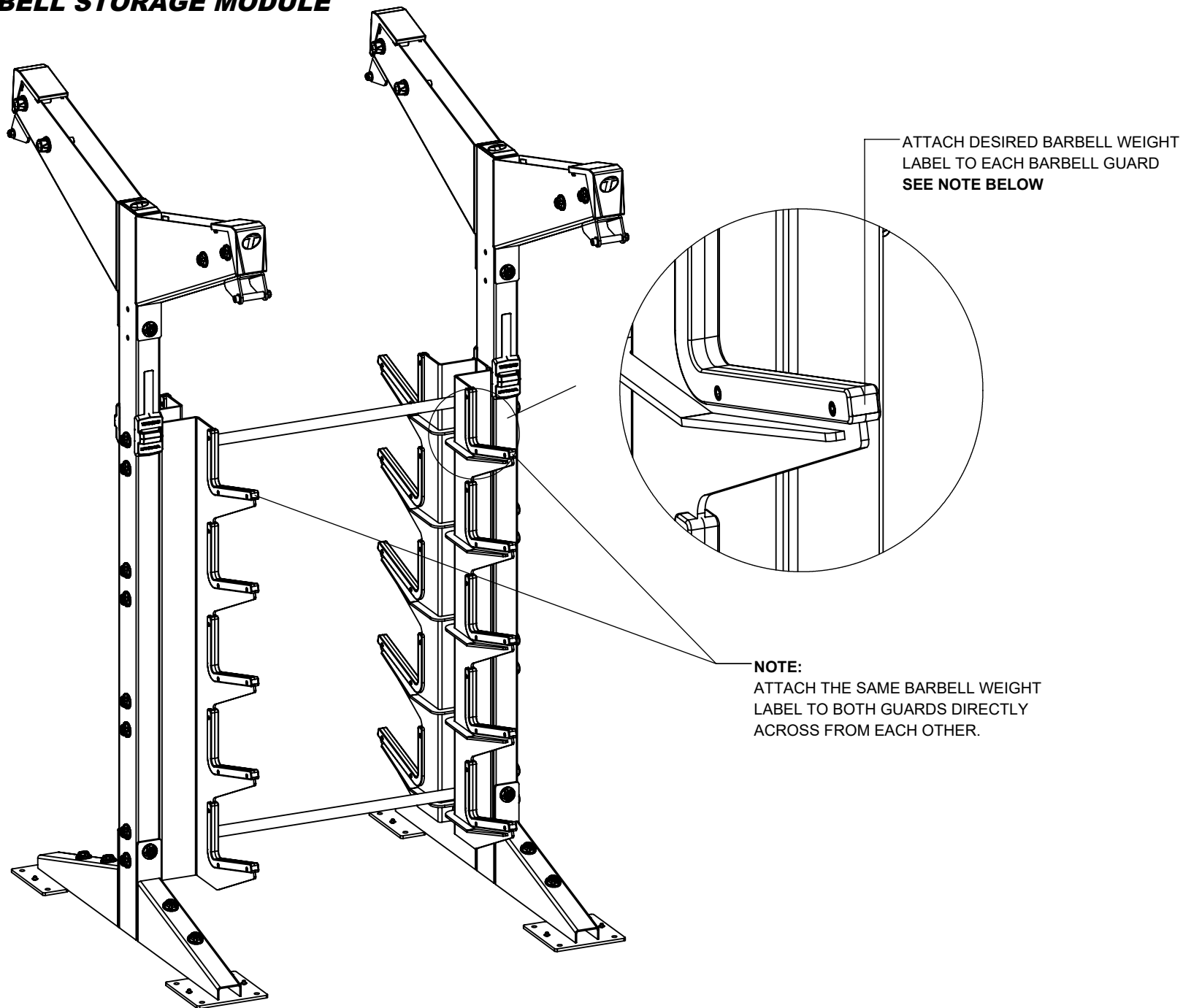


NOTES:

If more modules will be assembled, do not tighten bolts at this time.
If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.



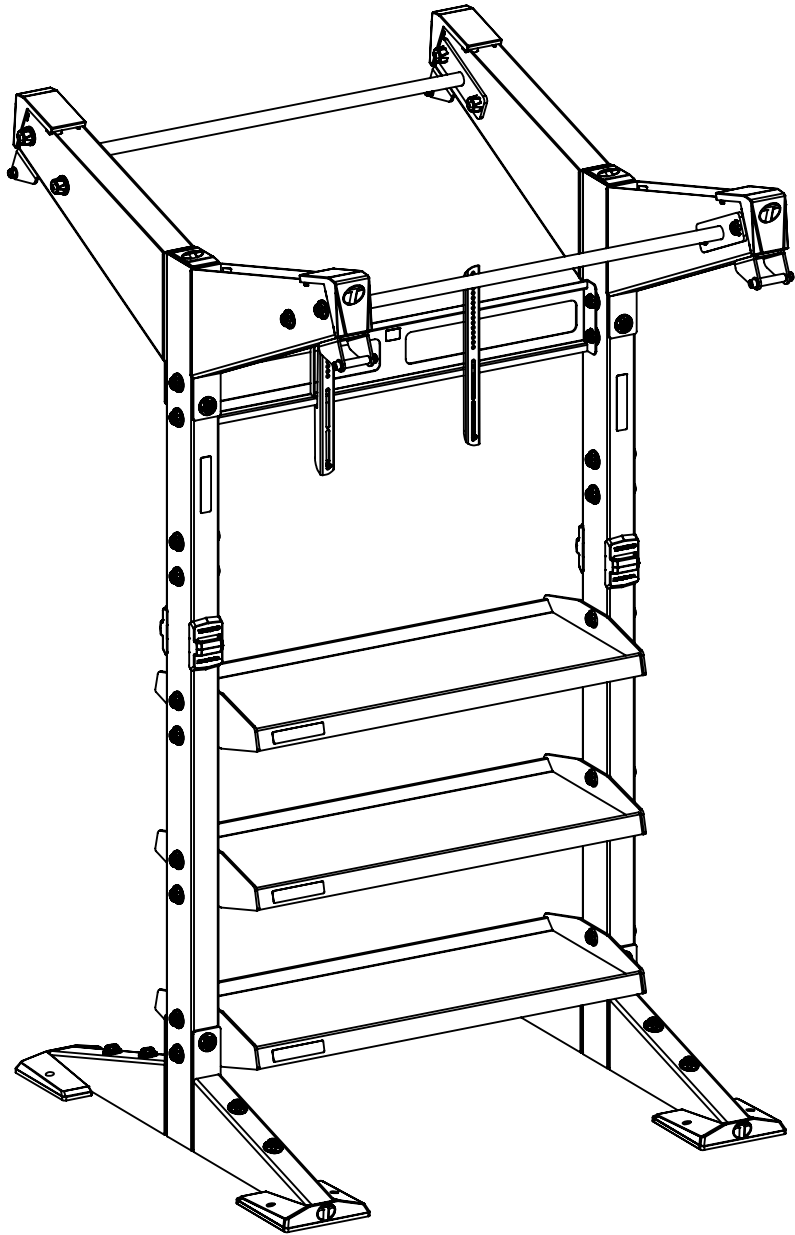
4' 2 SIDED X 10 BARBELL STORAGE MODULE



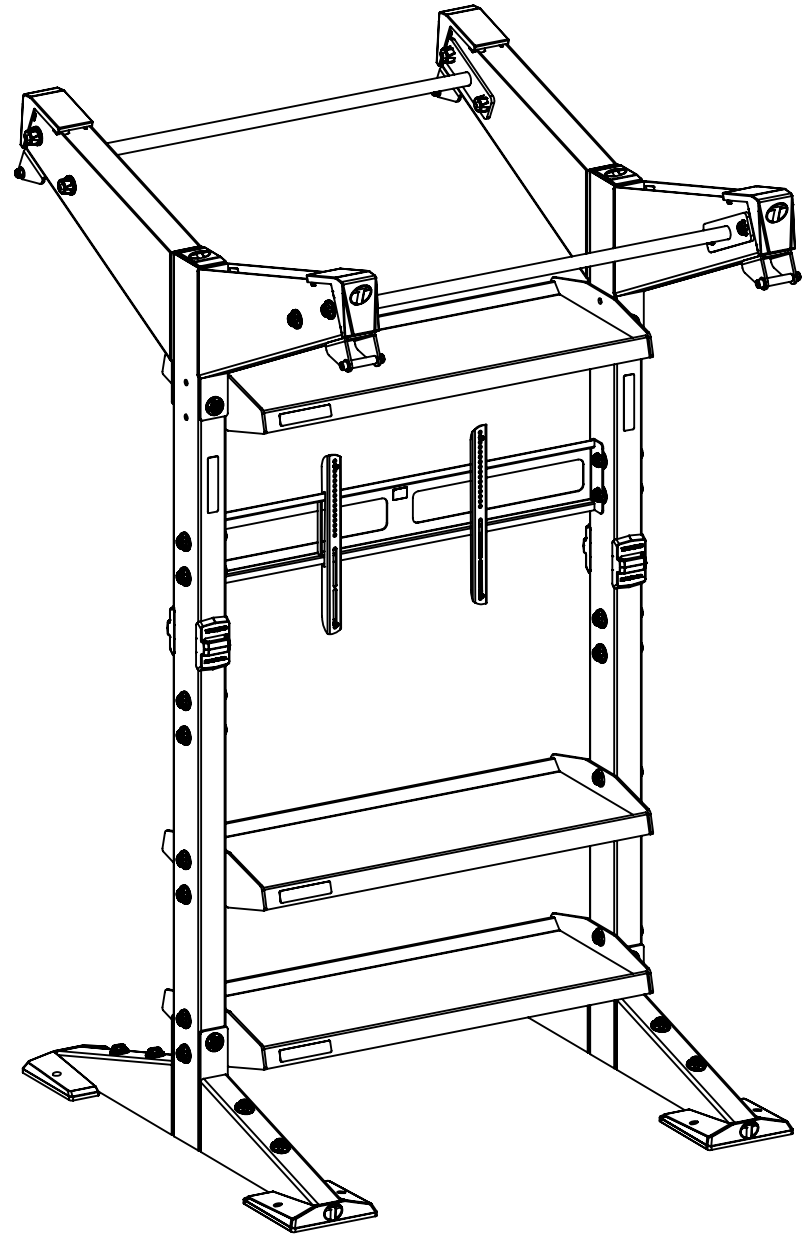
NOTE:

If you are a professional contractor installing this system for a facility, leave these labels and instruction with manager or inquire what label to attach to each barbell guard.

4' MONITOR MOUNT & STORAGE MODULE



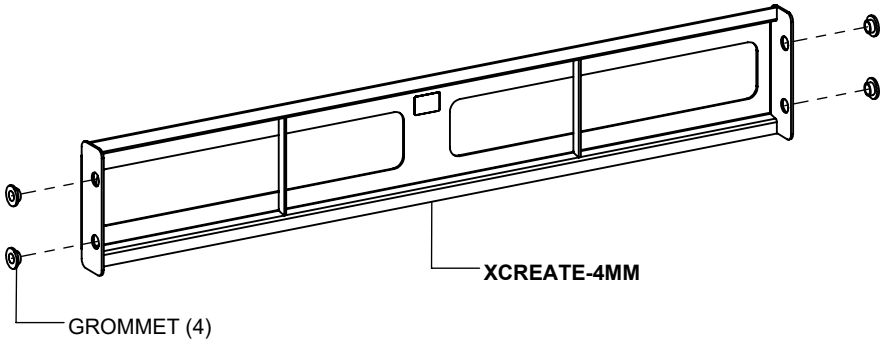
STANDARD CONFIGURATION



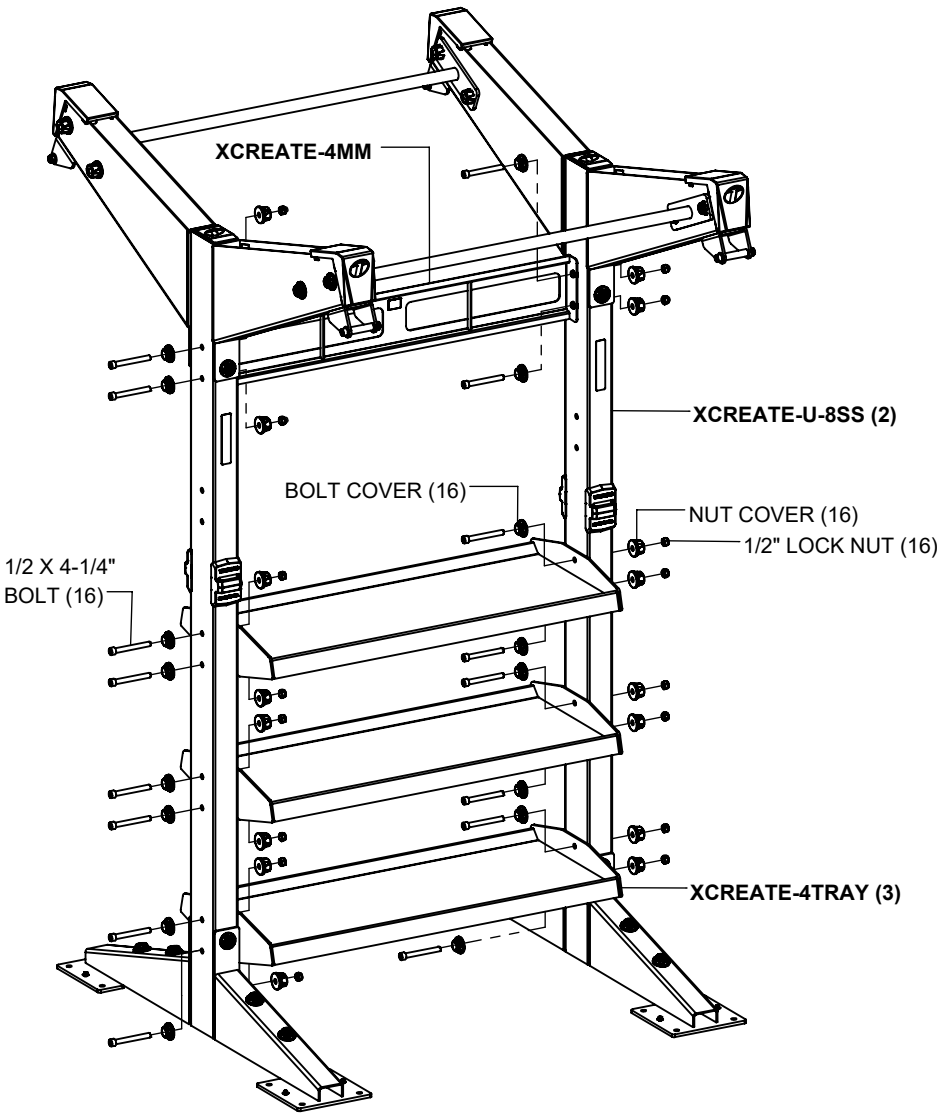
OPTIONAL CONFIGURATION

4' MONITOR MOUNT & STORAGE MODULE

STEP 1A

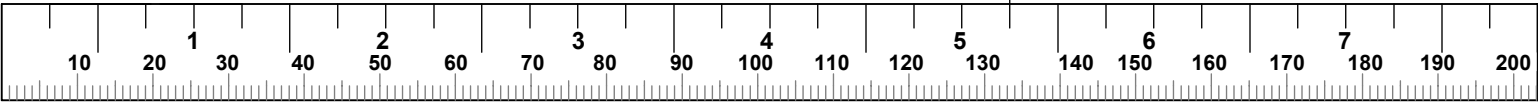


STEP 1B

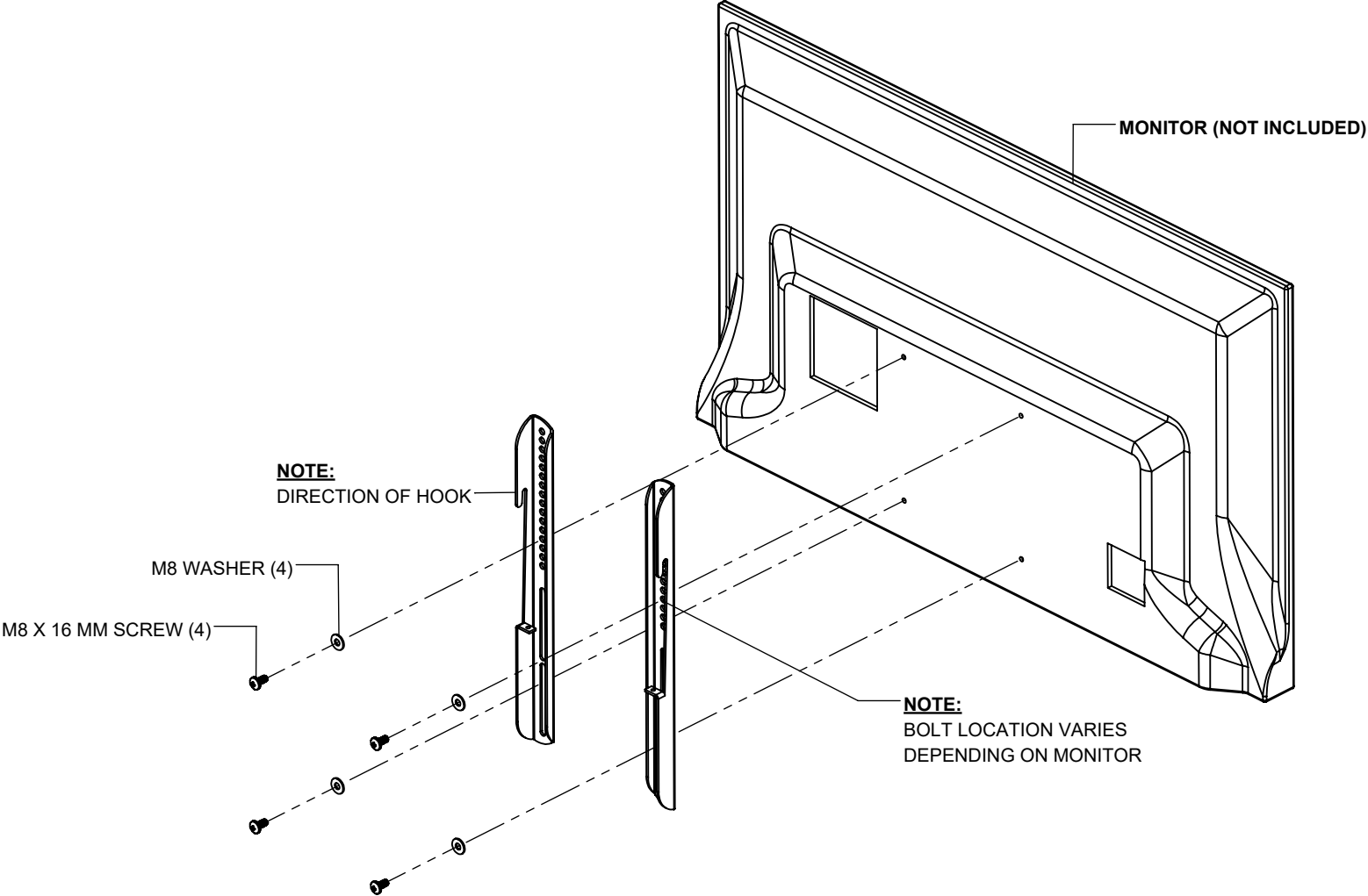


NOTES:

If more modules will be assembled, do not tighten bolts at this time. If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.

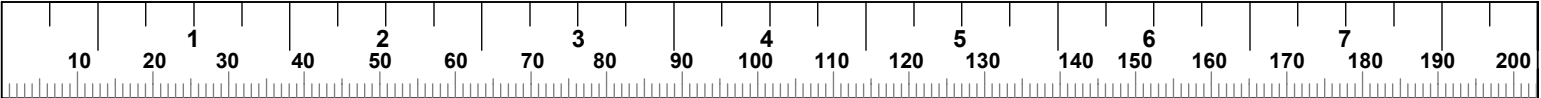


4' MONITOR MOUNT & STORAGE MODULE

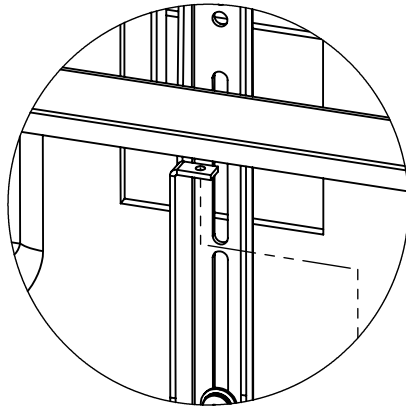


NOTE:

SECURELY tighten all connections in this step.

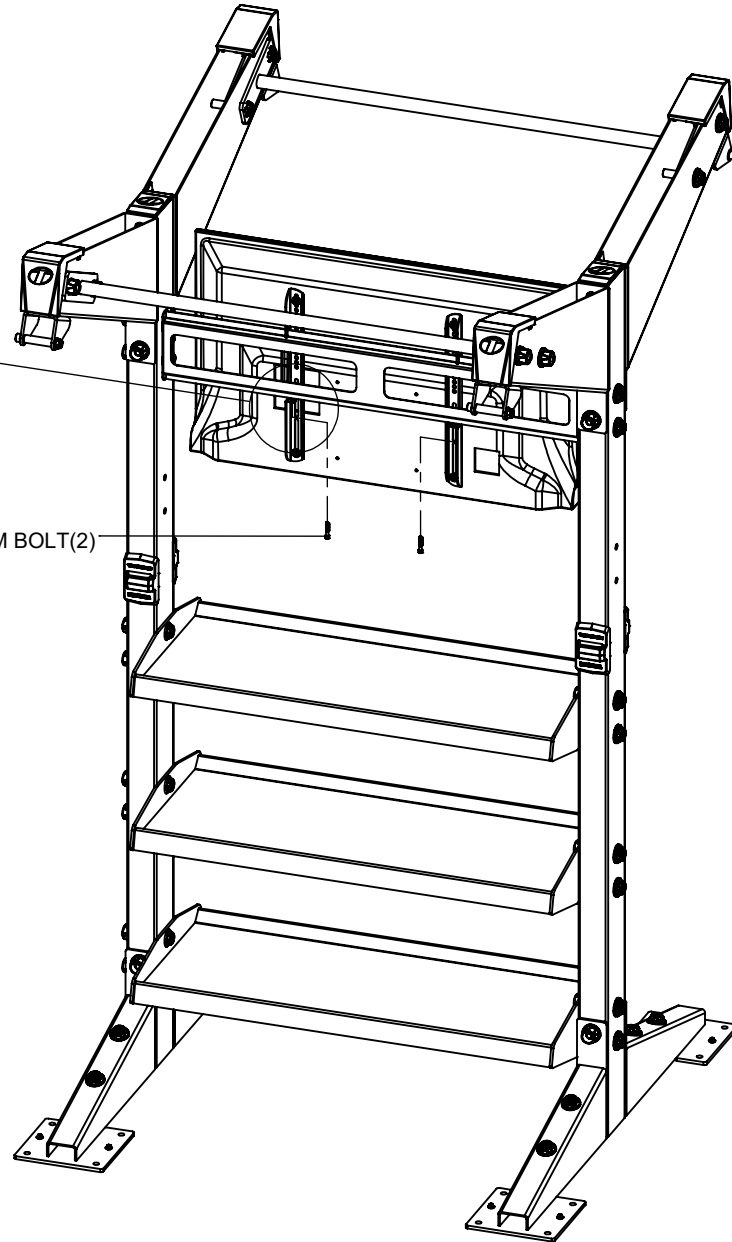


4' MONITOR MOUNT & STORAGE MODULE



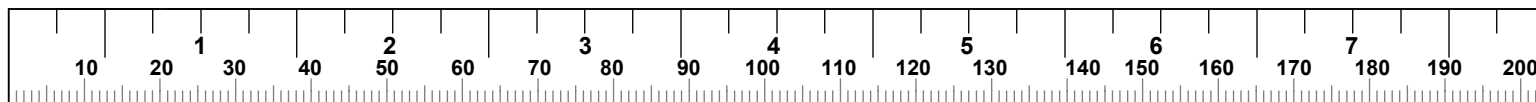
NOTE:
CENTER MONITOR BEFORE TIGHTENING

M6 x 35 MM BOLT(2)

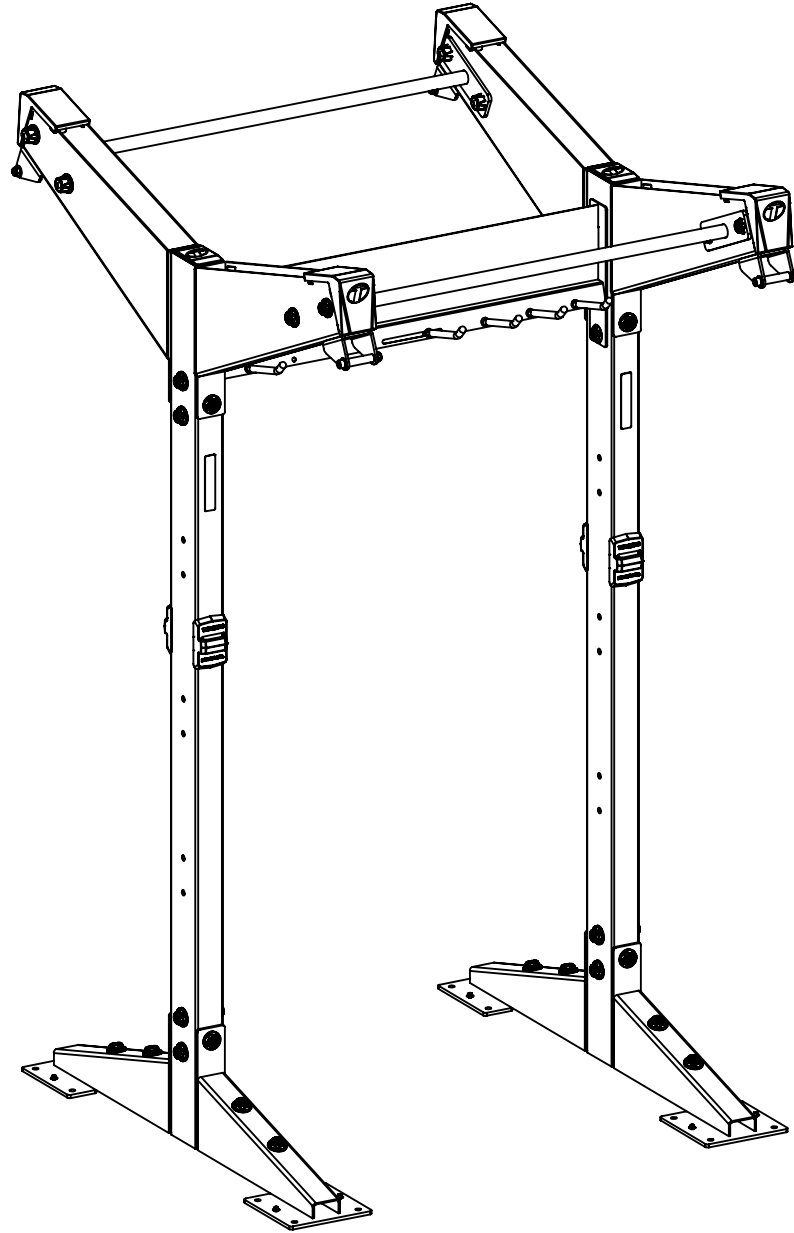


NOTE:

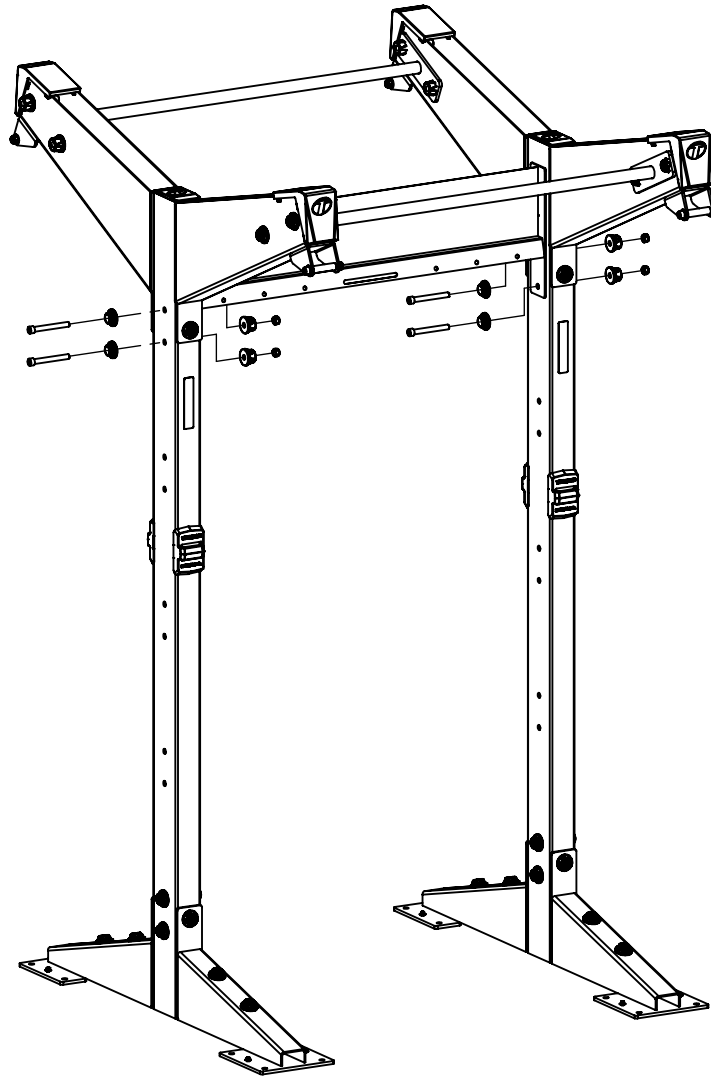
SECURELY tighten all connections in this step.



4' CUSTOM SIGN AND HANGING STORAGE MODULE

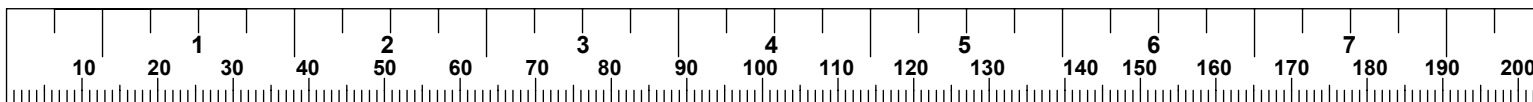


4' CUSTOM SIGN AND HANGING STORAGE MODULE

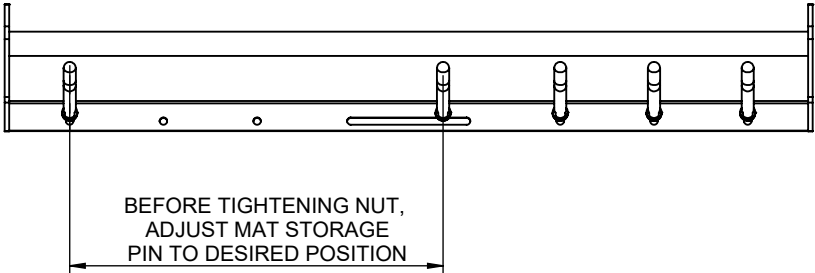
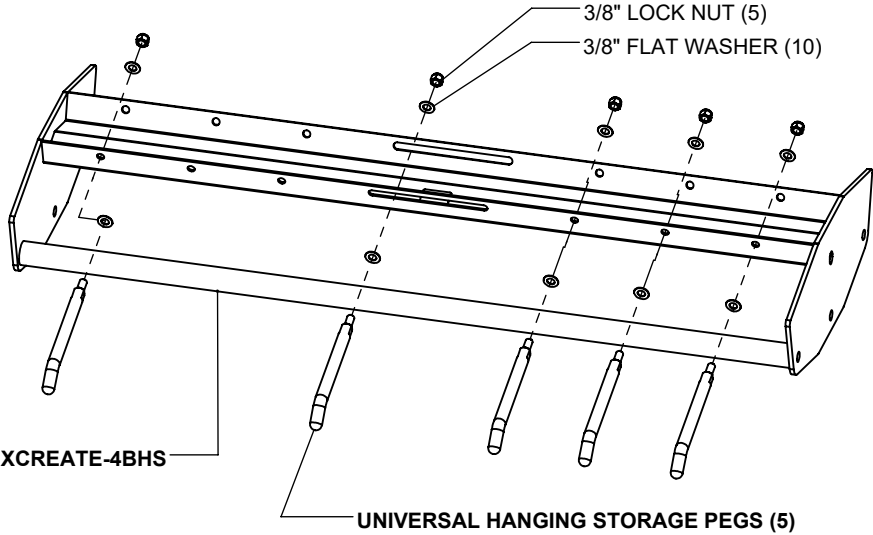


NOTES:

If more modules will be assembled, do not tighten bolts at this time. If this is the only module being assembled, then **SECURELY** tighten all bolts in this step and previous steps.



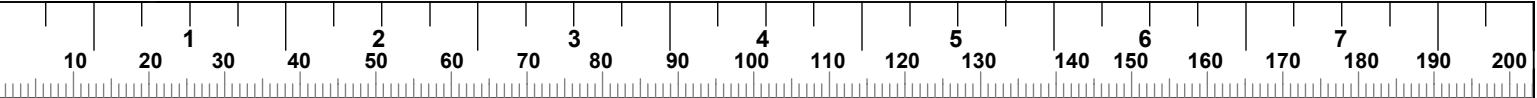
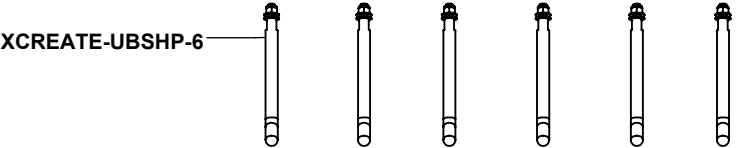
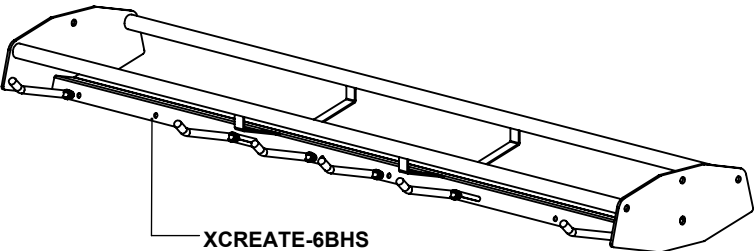
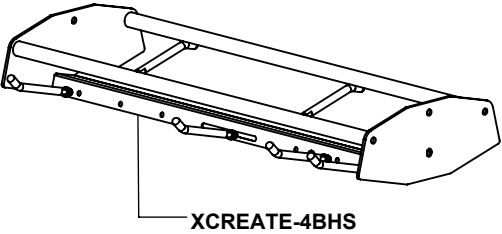
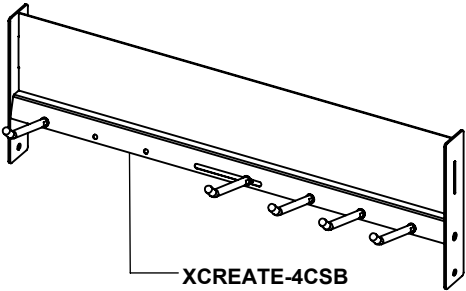
MAT STORAGE AND ACCESSORY PINS



NOTE:

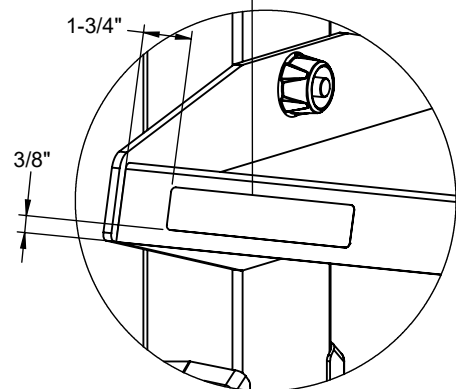
For the purpose of illustration the XCREATE-4BHS is shown. The XCREATE-4CSB, XCREATE-4BHS, XCREATE-6BHS can be assembled the same way.

SECURELY tighten all connections in this step.



ACCESSORY TRAY LABELS

ATTACH DESIRED
LABEL TO EACH
ACCESSORY TRAY
SEE NOTE BELOW



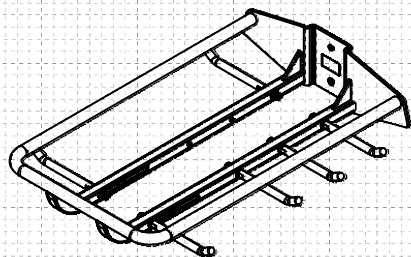
ACCESSORY LABEL

XCREATE-6TRAY (4)

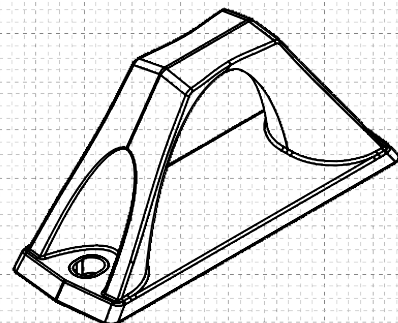
XCREATE-4TRAY (4)

NOTE:

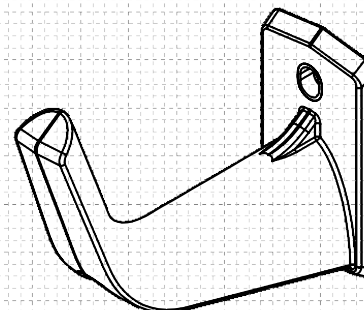
If you are a professional contractor installing this system for a facility, leave these labels and instruction with manager or inquire what label to attach to each accessory tray.



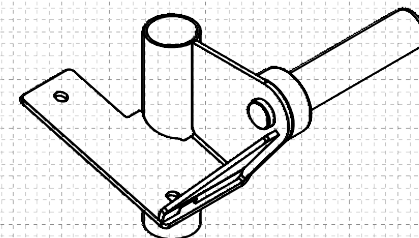
XCREATE-BHSE
BALL AND HANGING
STORAGE EXTENSION



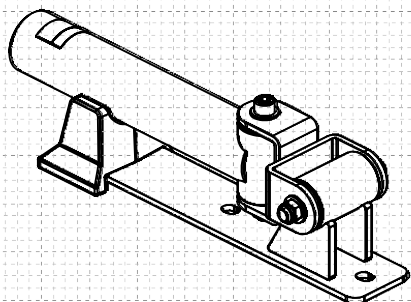
XRACK-BRA
BATTLE ROPE ANCHOR



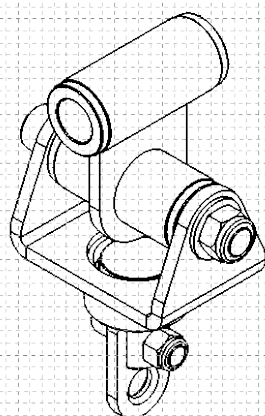
XCREATE-HSH
HANGING STORAGE HOOK



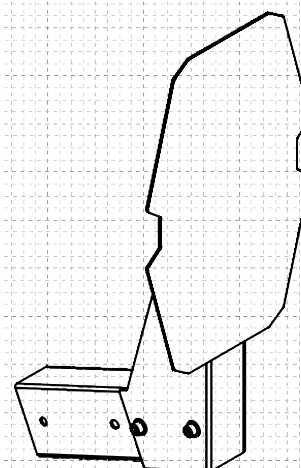
XCREATE-DP
DOUBLE PLAY



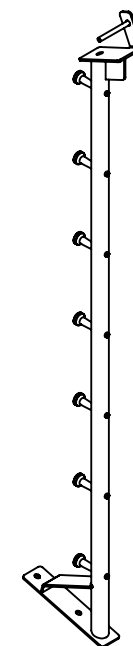
XHMGRT
HORIZONTAL MOUNT
GROUND ROTATIONAL TRAINER



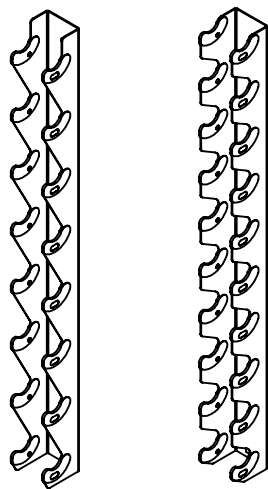
XCREATE-3DS
3 DIMENSIONAL SWIVEL



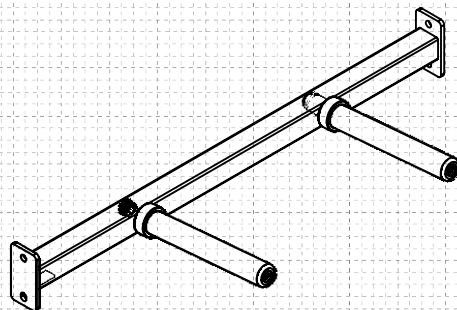
XCREATE-BT
BALL TARGET



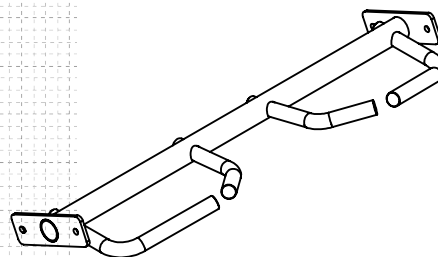
XCREATE-RBA
RESISTANCE BAND ANCHOR



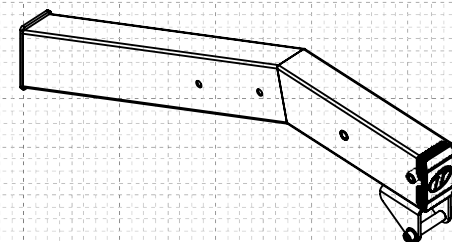
XCREATE-VDS4 / VDS5
VERTICAL DUMBBELL
STORAGE



XCREATE-4SSHWS
4' SINGLE SIDE HORIZONTAL
WEIGHT STORAGE



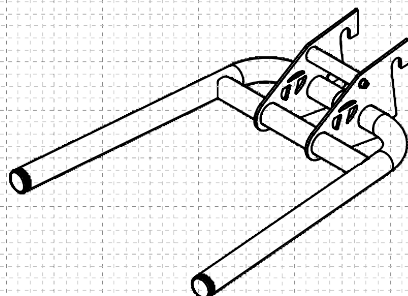
XCREATE-4MGX
4' MULTI GRIP CROSS



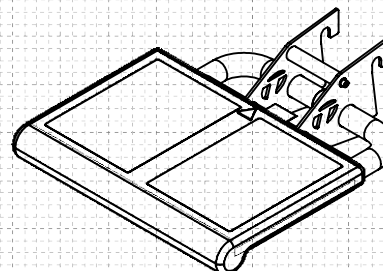
XCREATE-TBE
TOP BOOM EXTENSION



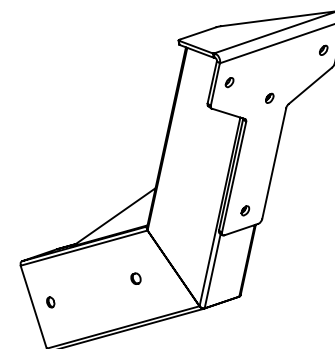
XCREATE-AA
ATTACHMENT ANCHOR



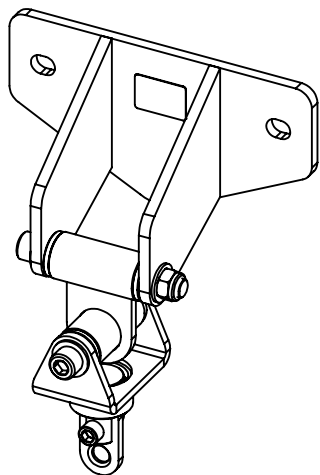
XCREATE-DA
DIP ATTACHMENT



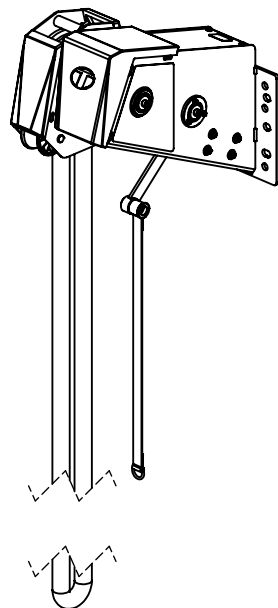
XCREATE-PS
PLYO STEP



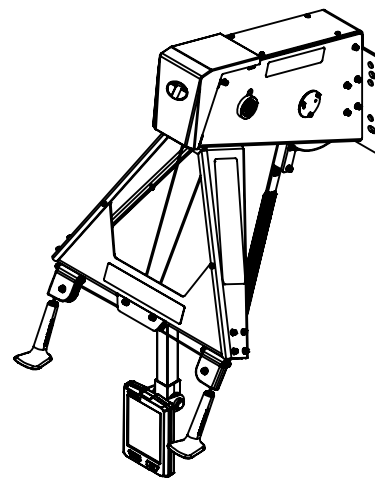
XCREATE-AE
ATTACHMENT EXTENSION



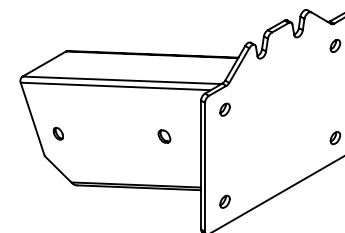
XCREATE-3DSM
3 DIMENSIONAL SWIVEL W/MOUNT



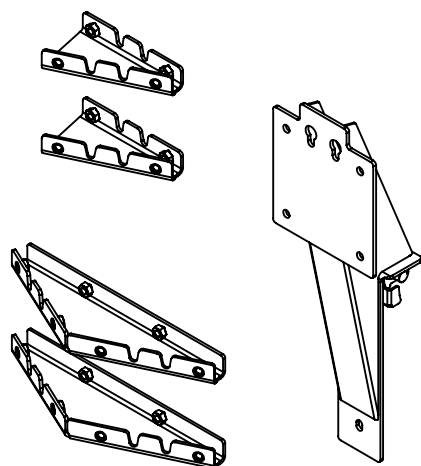
XERT
RELENTLESS ROPE TRAINER



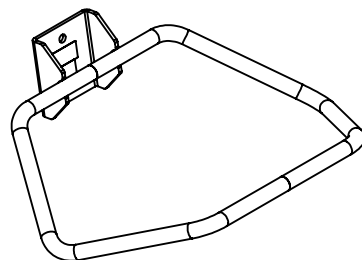
XRR-SKI
RELENTLESS RIPPER



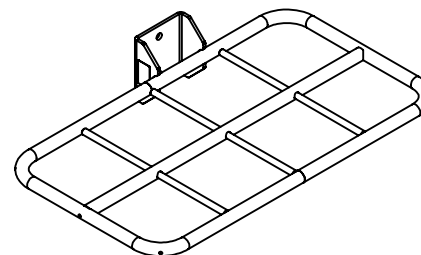
XCREATE-BMXERT
BOOM MOUNT



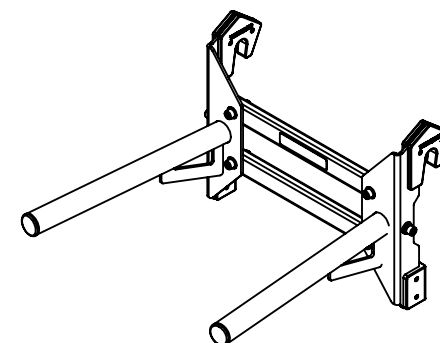
XCREATE-SAM
SIDE ATTACHMENT MOUNT



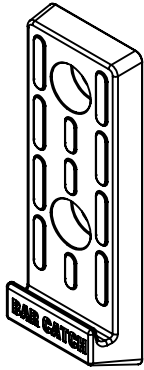
XCREATE-SA-BOSU
BOSU STORAGE ATTACHMENT



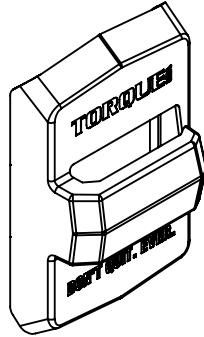
XCREATE-FRS
FOAM ROLLER STORAGE



XCREATE-SBDA
STALL BAR DIP ATTACHMENT

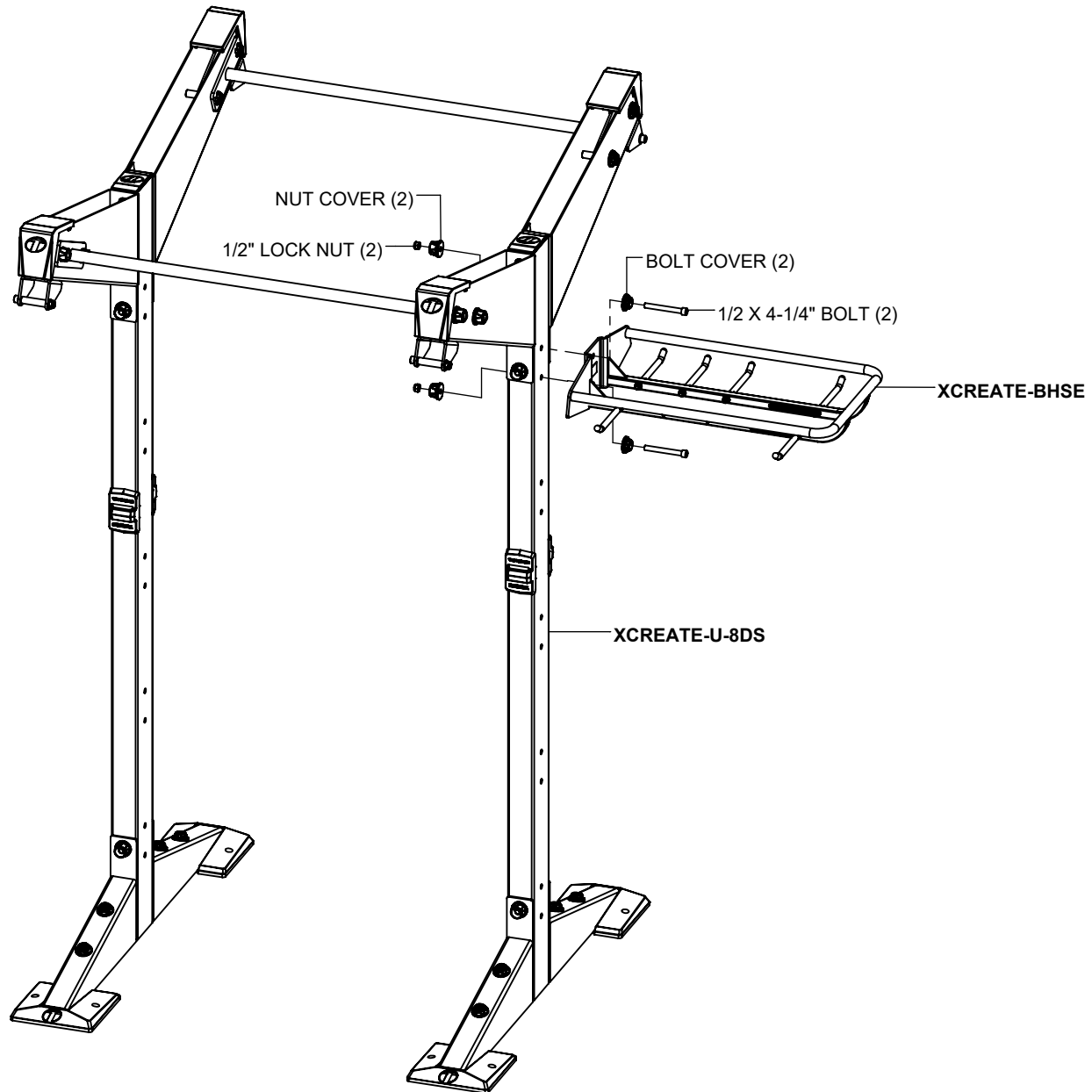


BCSA
BAR CATCH STORAGE
ATTACHMENT



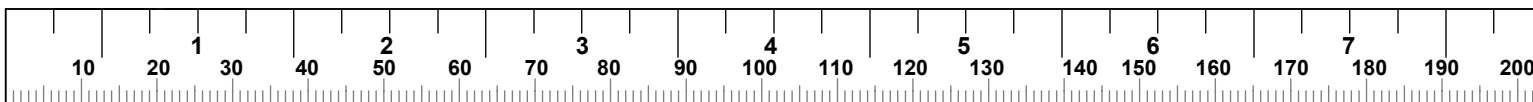
XCREATE-HMSC
SUSPENSION CLIP

**XCREATE-BHSE
BALL & HANGING
STORAGE EXTENSION**

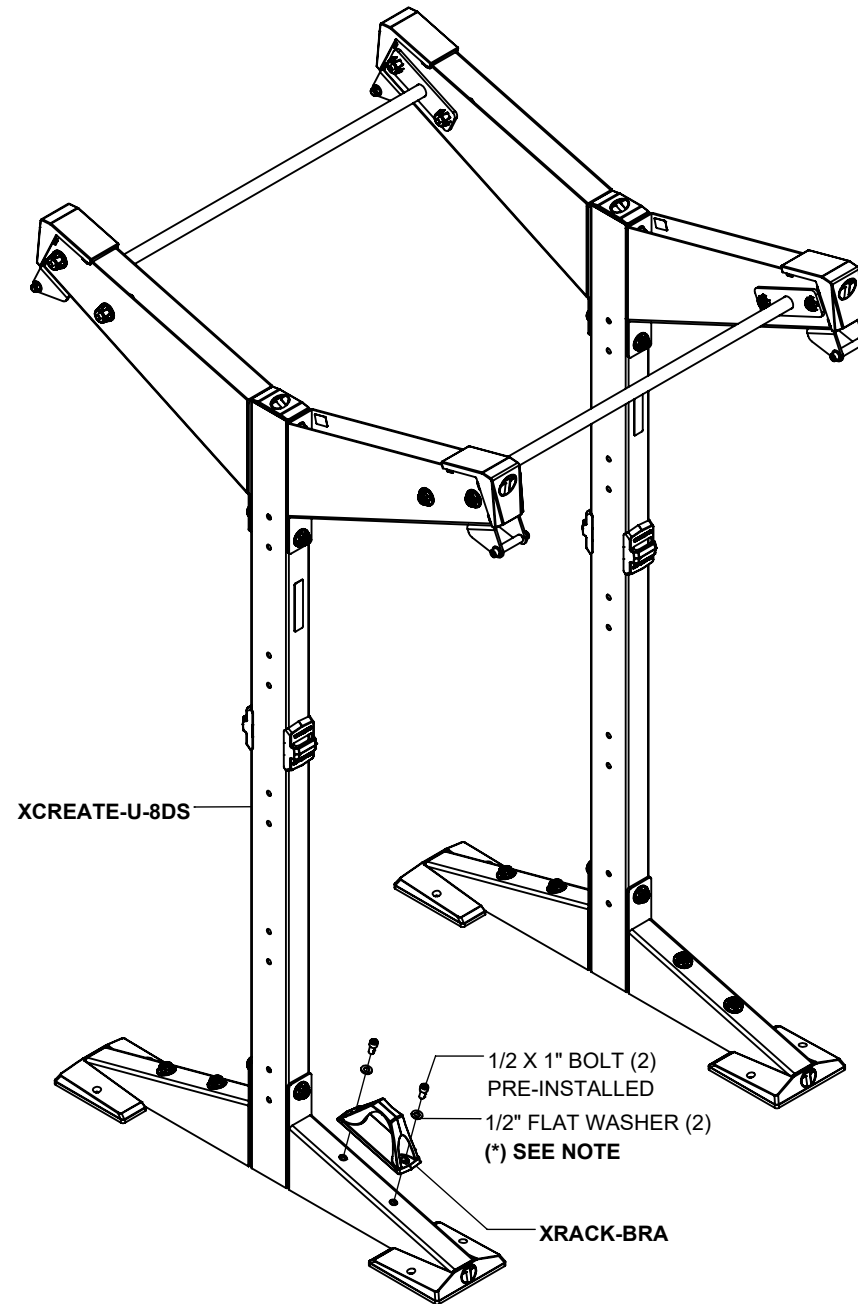


NOTES:

SECURELY tighten all bolt connections in this step.



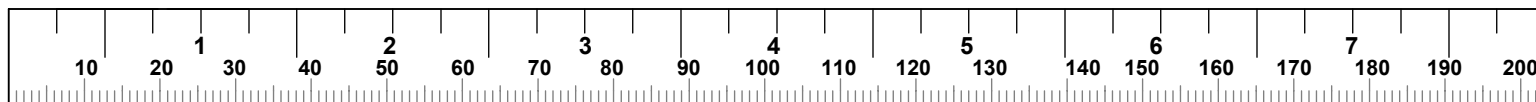
XRACK-BRA BATTLE ROPE ANCHOR



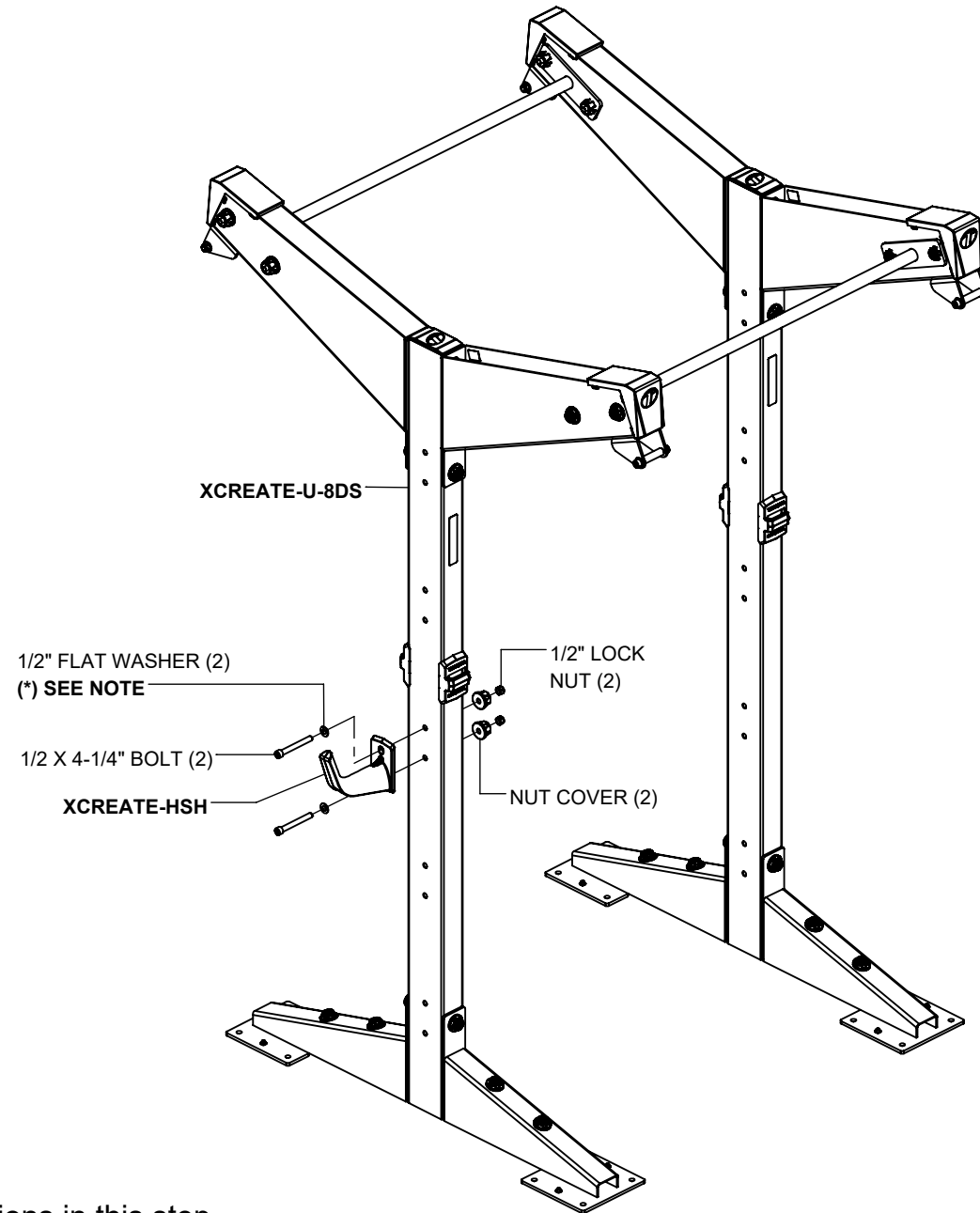
NOTES:

SECURELY tighten all bolt connections in this step.

(**) **HARDWARE COVERS CANNOT** be used in this step.



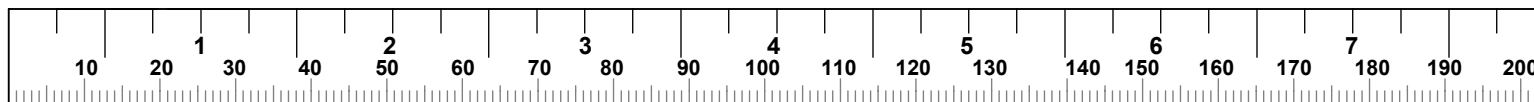
**XCREATE-HSH
HANGING STORAGE HOOK**



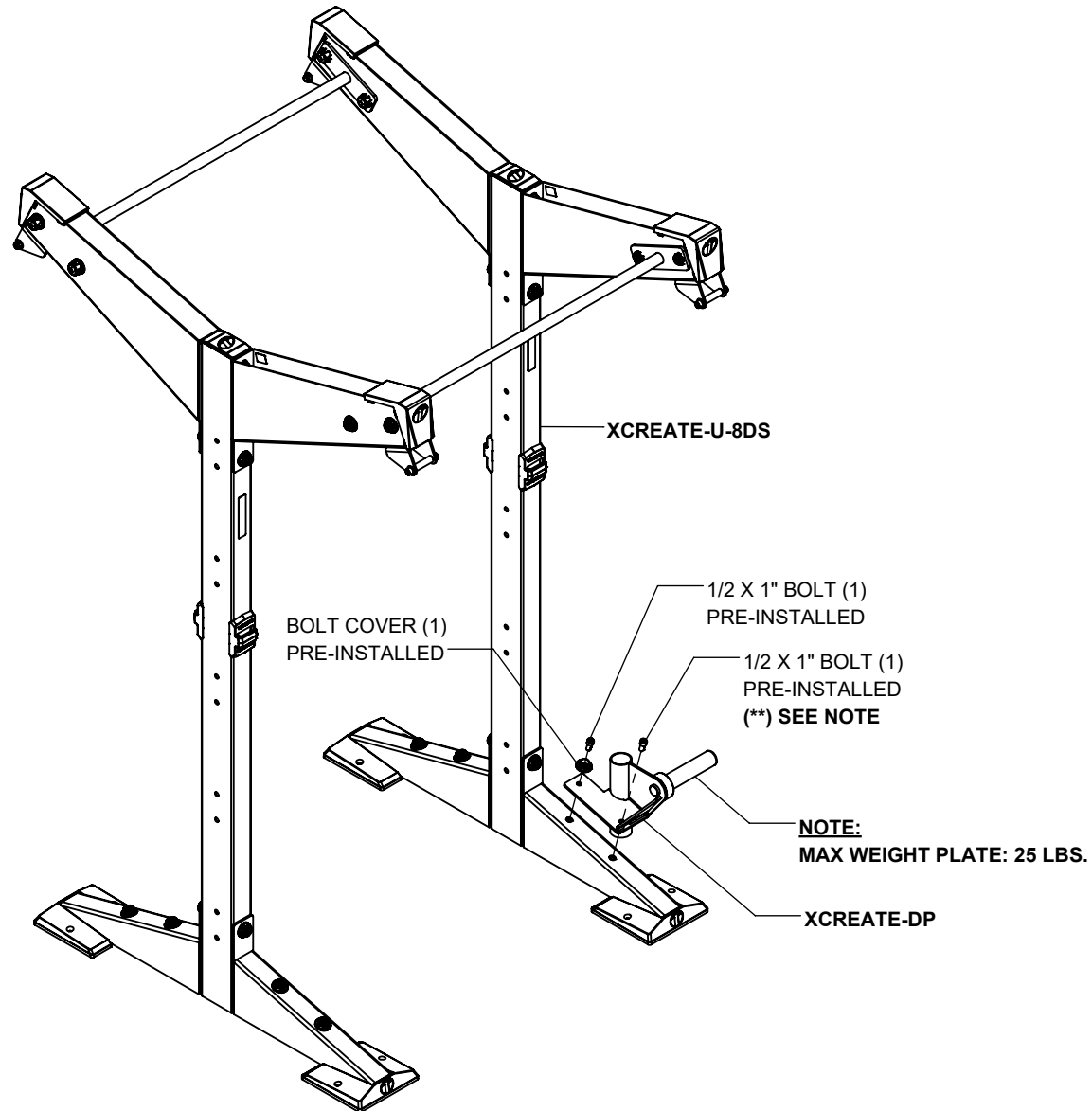
NOTES:

SECURELY tighten all bolt connections in this step.

(**) HARDWARE COVER **CANNOT** be used on **HSH** side.



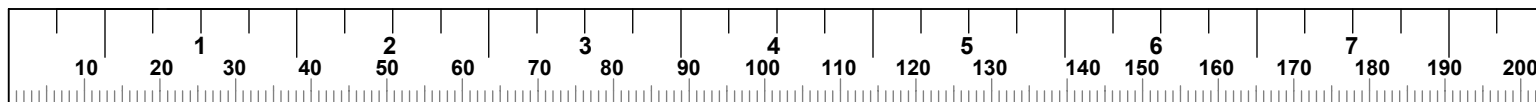
XCREATE-DP
DOUBLE PLAY (BAR & PLATE STORAGE)



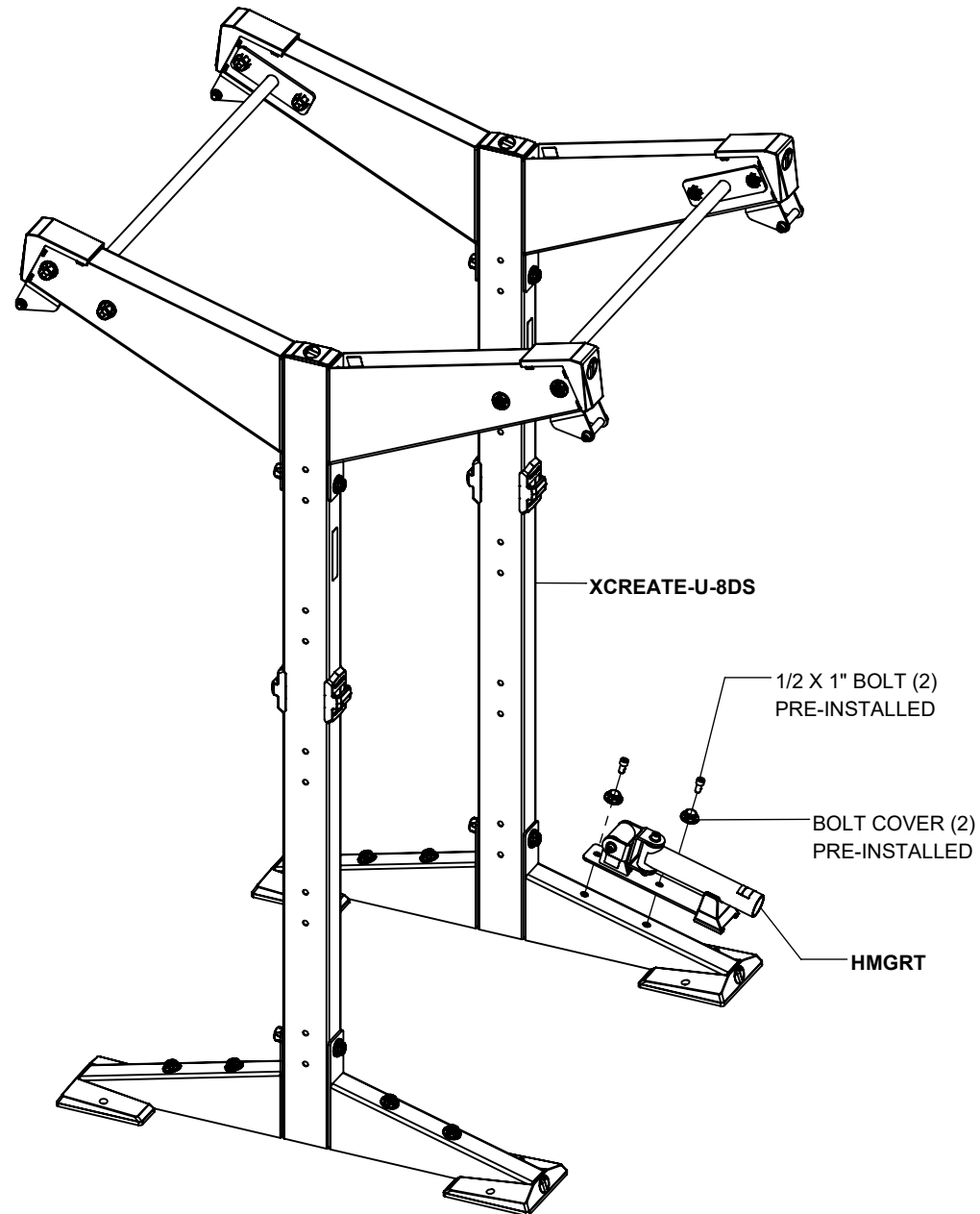
NOTES:

SECURELY tighten all bolt connections in this step.

(**) **HARDWARE COVER CANNOT** be used in place of washer.

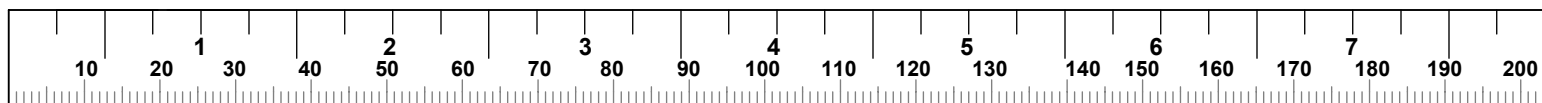


**XHMGRT
HORIZONTAL MOUNT GROUND
ROTATIONAL TRAINER**

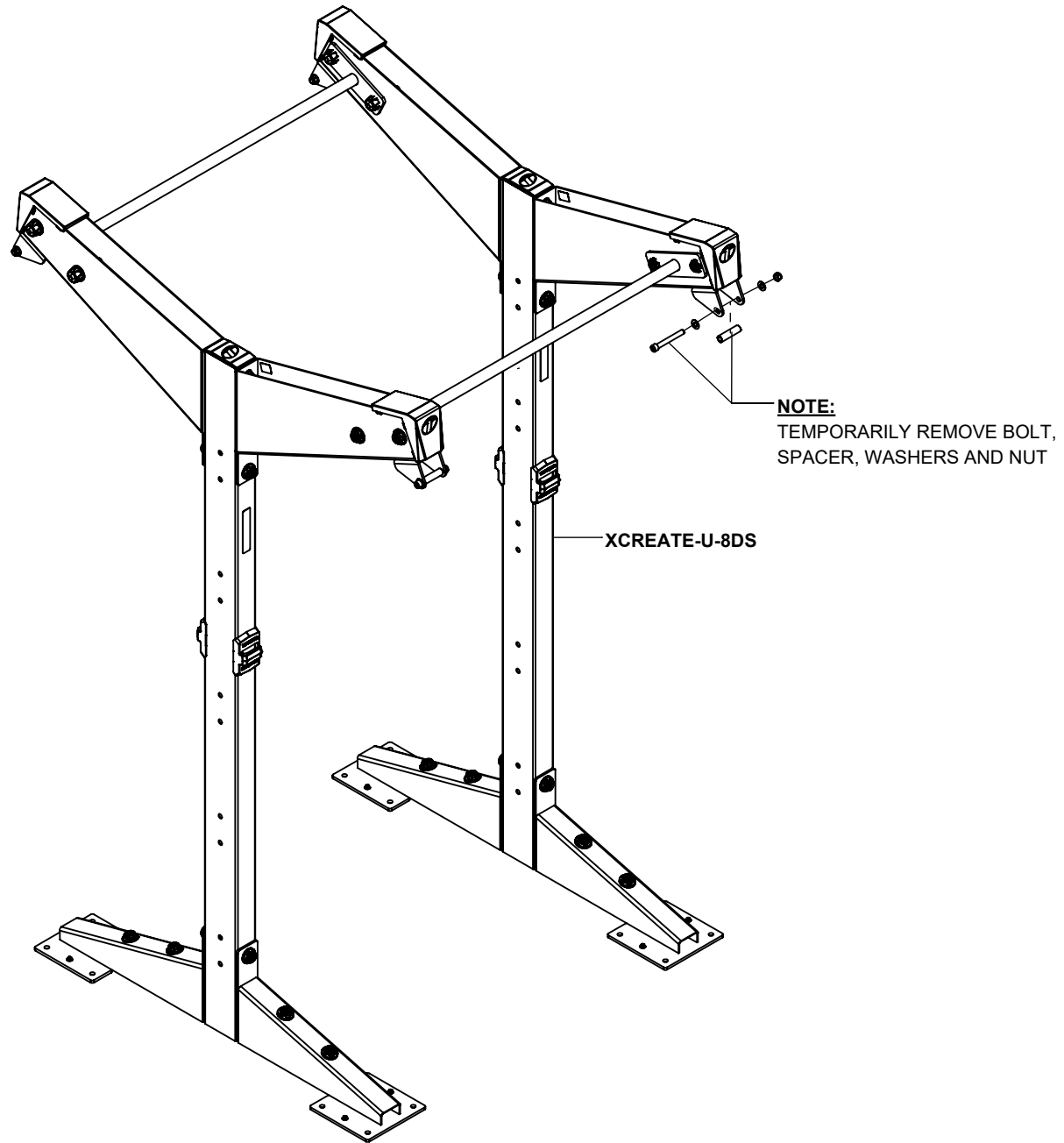


NOTES:

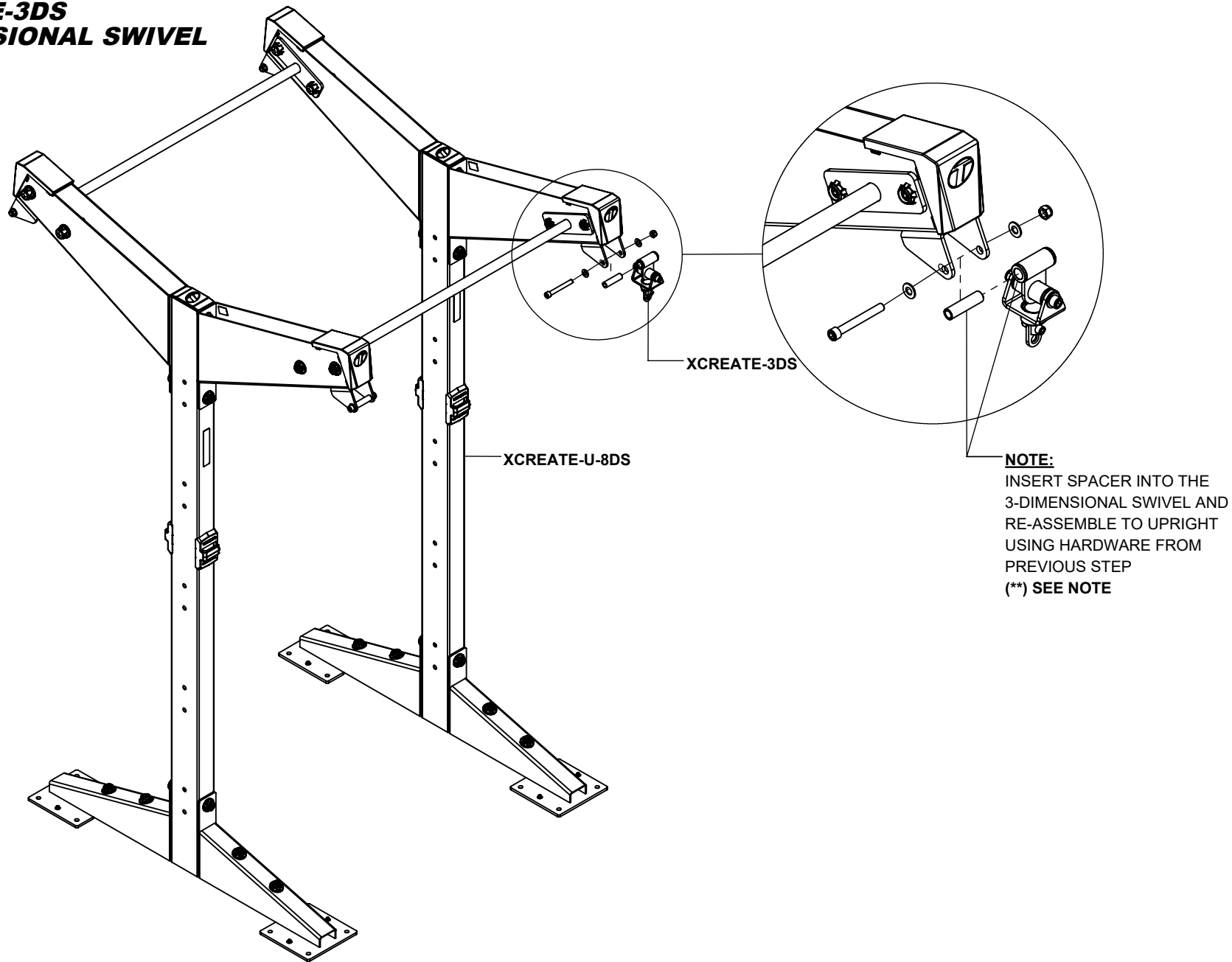
SECURELY tighten all bolt connections in this step.



XCREATE-3DS
3 DIMENSIONAL SWIVEL



XCREATE-3DS
3-DIMENSIONAL SWIVEL



NOTES:

SECURELY assemble bolt connection in this step.

(**) HARDWARE COVERS **CANNOT** be used in place of washers in this step.

XCREATE-BT BALL TARGET

NOTE:

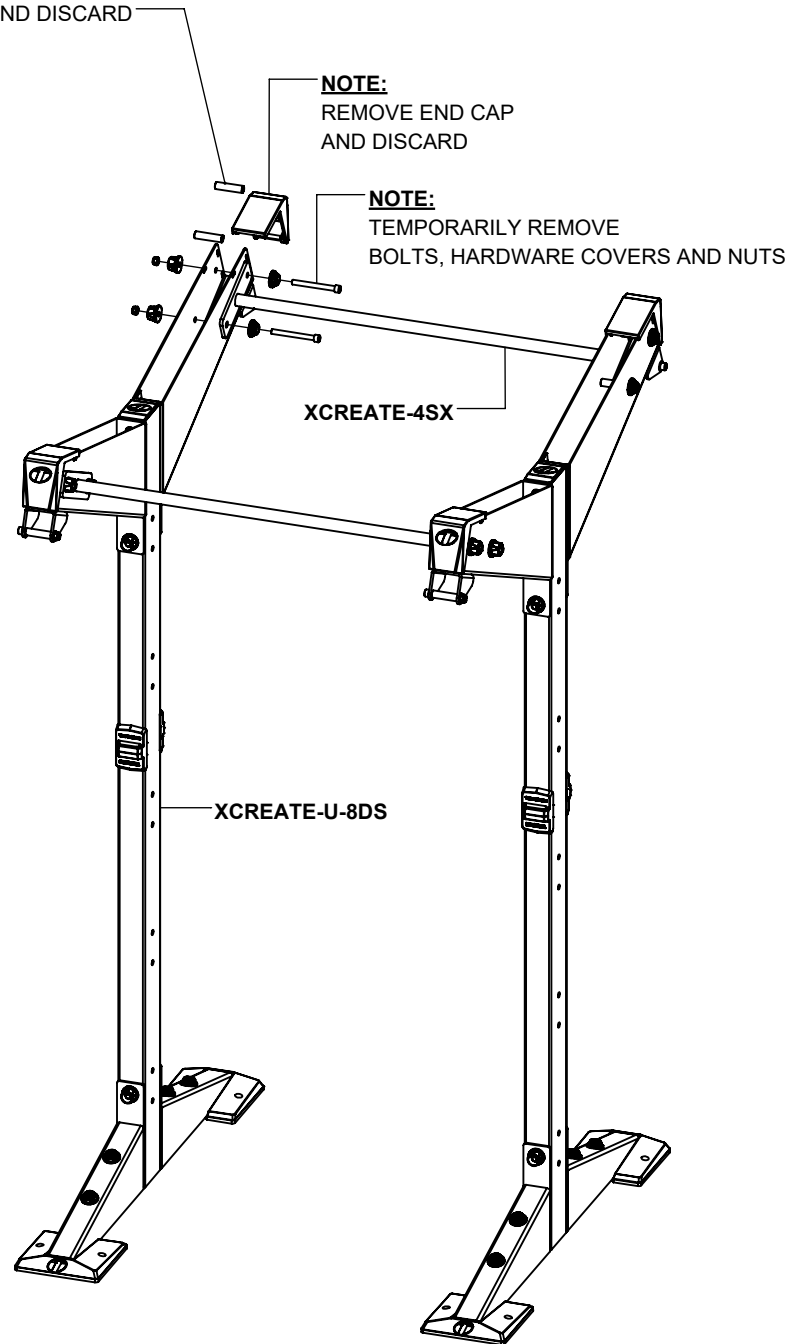
REMOVE SPACERS
(2) AND DISCARD

NOTE:

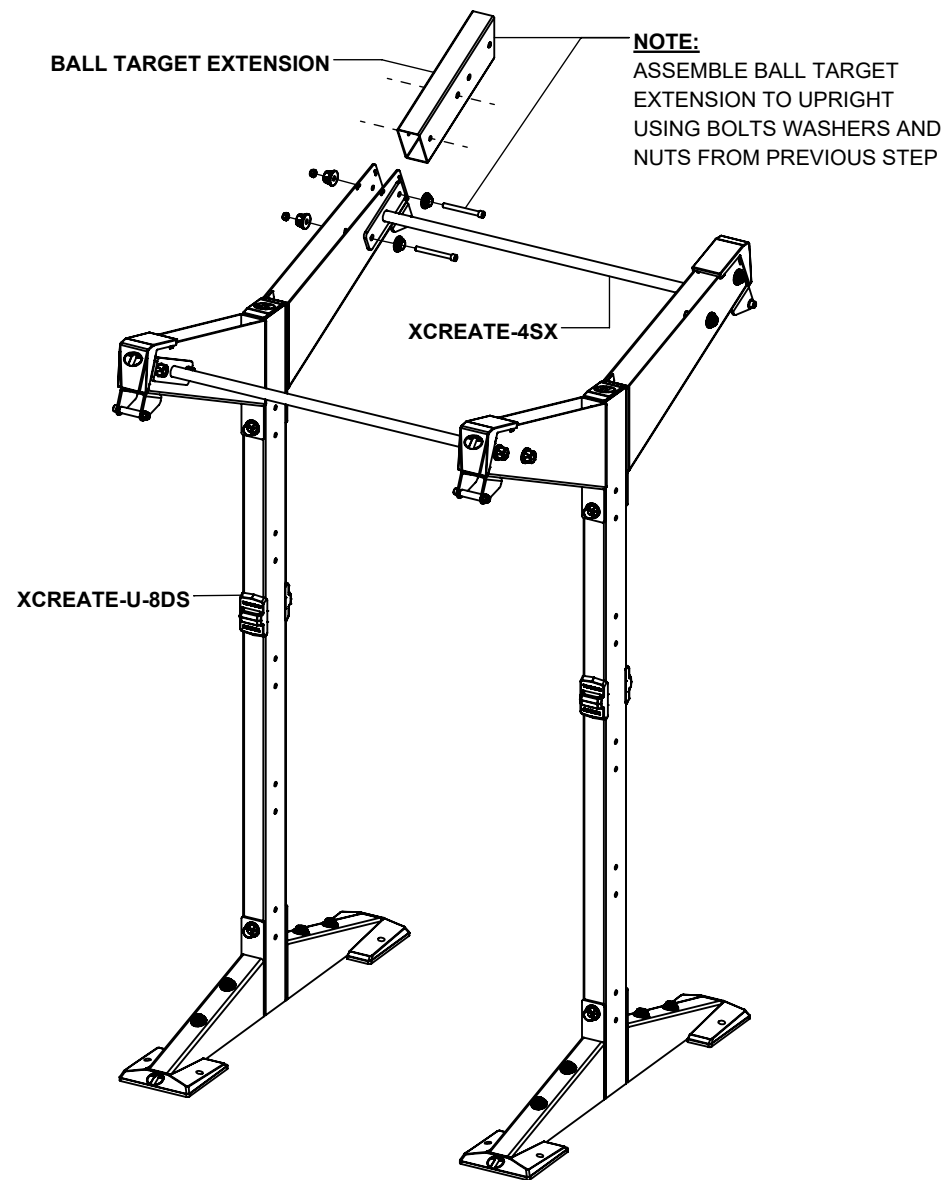
REMOVE END CAP
AND DISCARD

NOTE:

TEMPORARILY REMOVE
BOLTS, HARDWARE COVERS AND NUTS

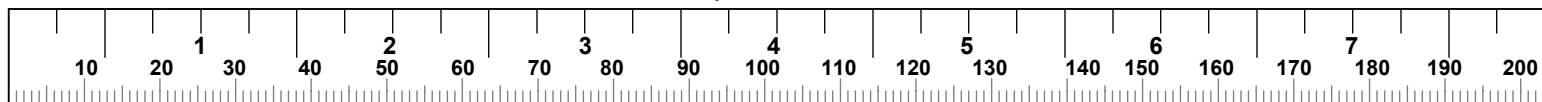


XCREATE-BT BALL TARGET

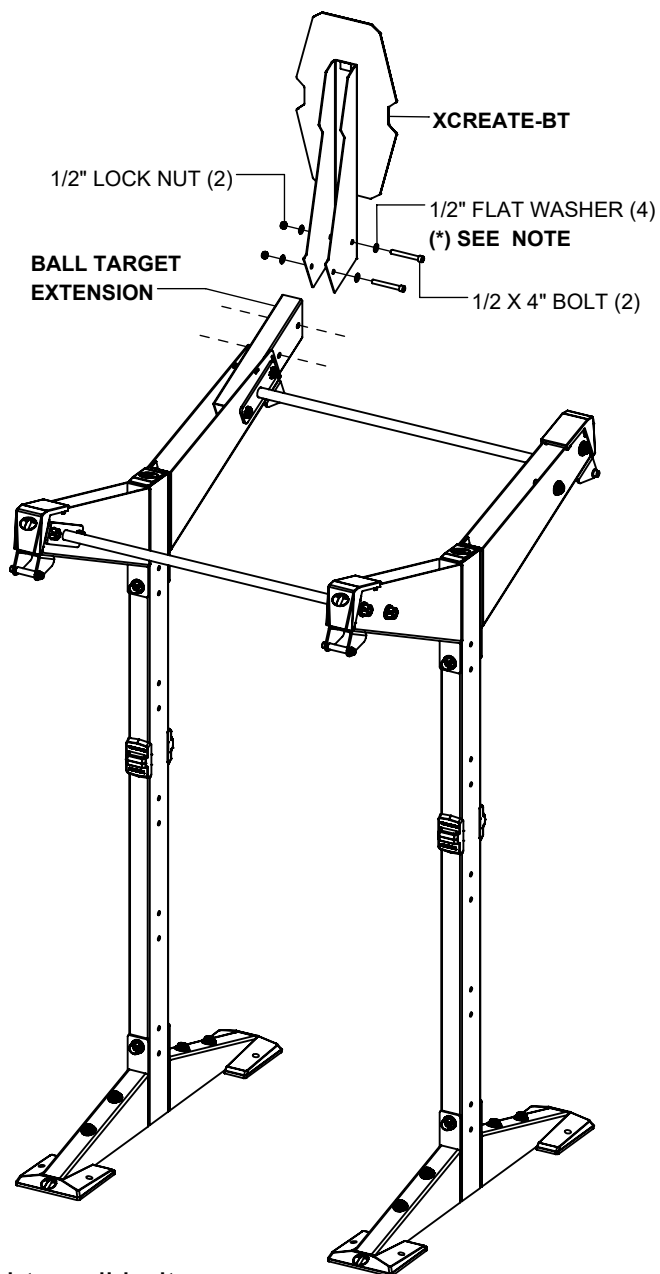


NOTES:

LOOSELY assemble bolt connections in this step.



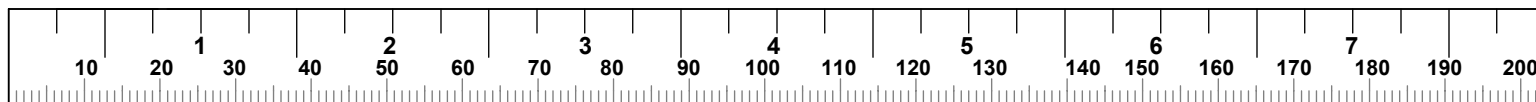
XCREATE-BT BALL TARGET



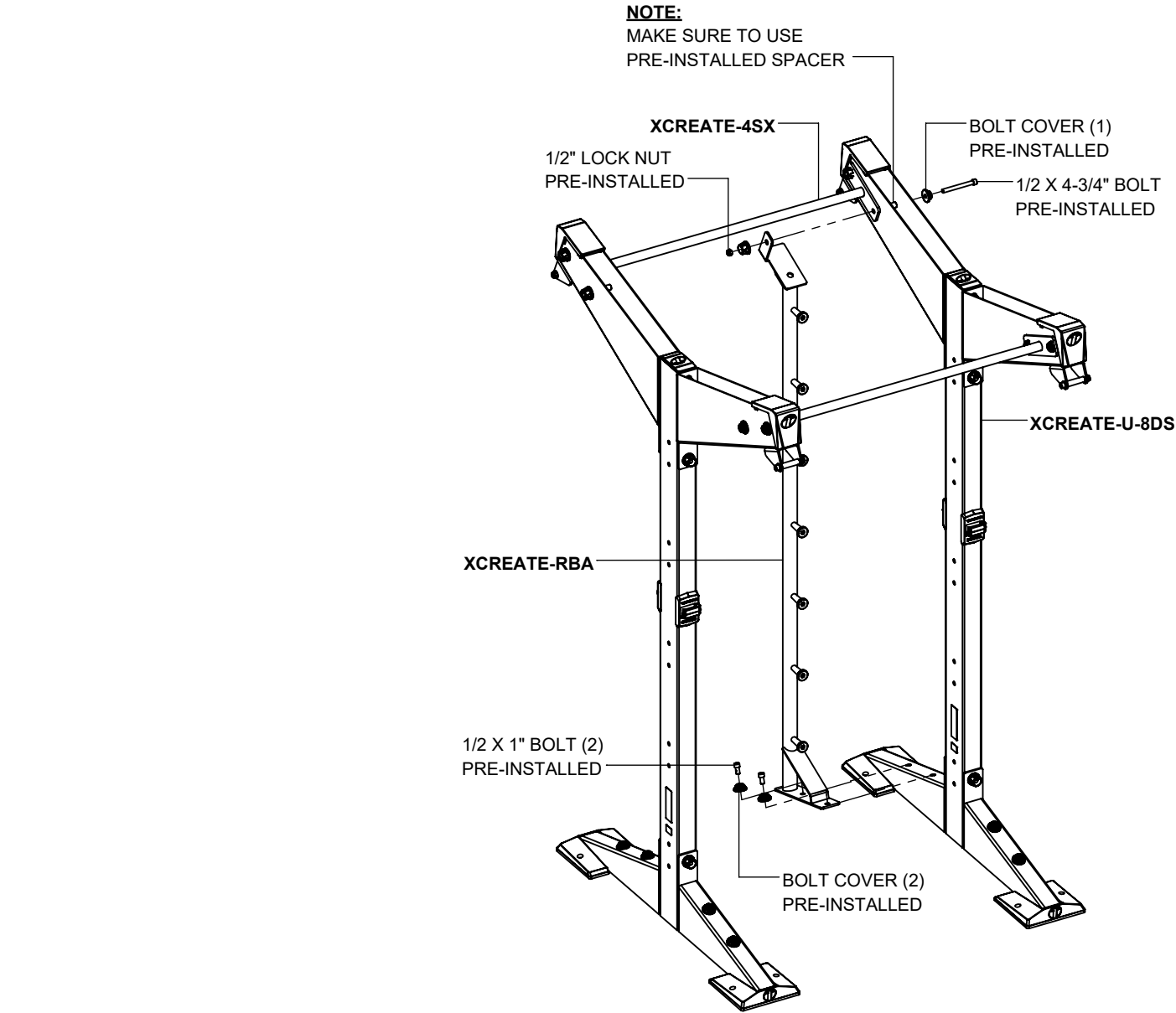
NOTES:

After this step has been completed, **SECURELY** tighten all bolt connections from the last two steps.

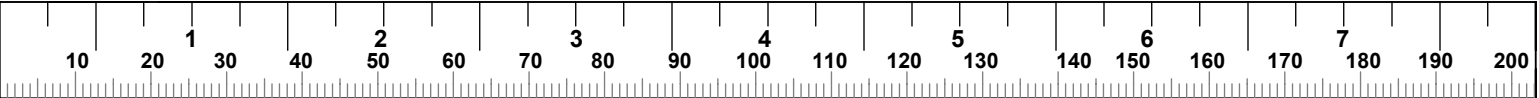
(*) HARDWARE COVERS **CAN** be used in place of washers in this step.



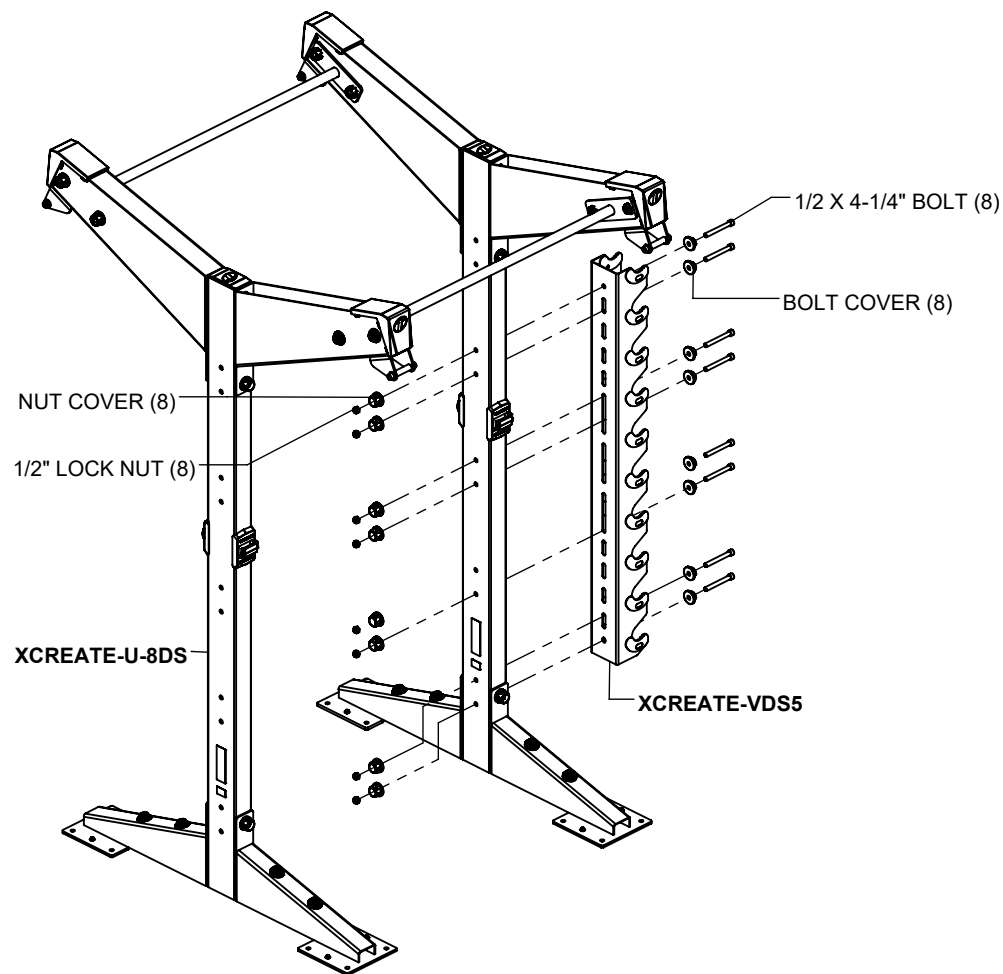
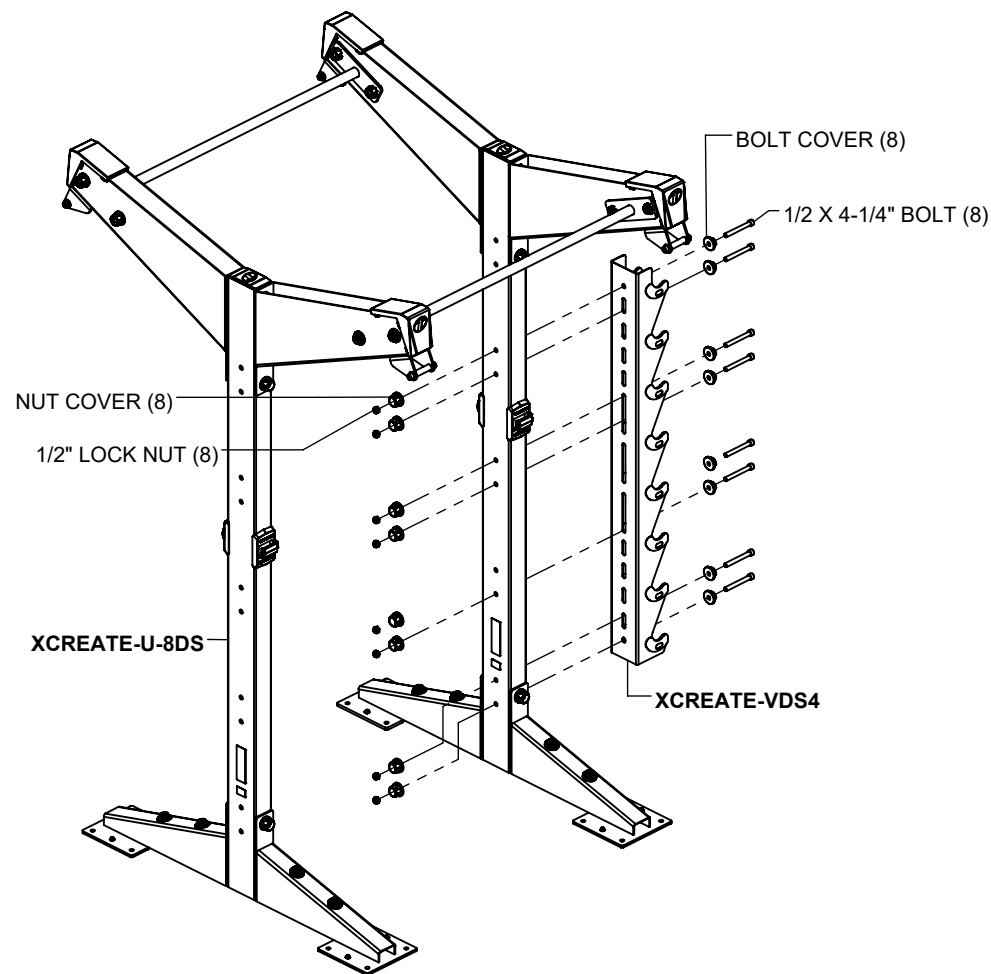
XCREATE-RBA
RESISTANCE BAND ANCHOR



NOTES:
SECURELY tighten all bolt connections in this step.

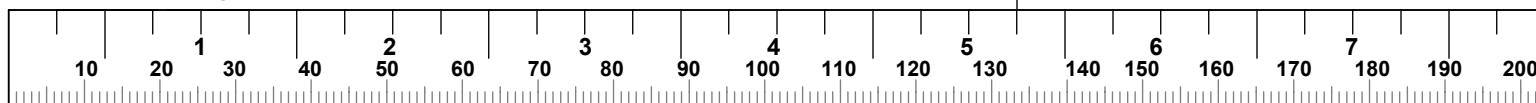


XCREATE-VDS4 AND VDS5 VERTICAL DUMBBELL STORAGE

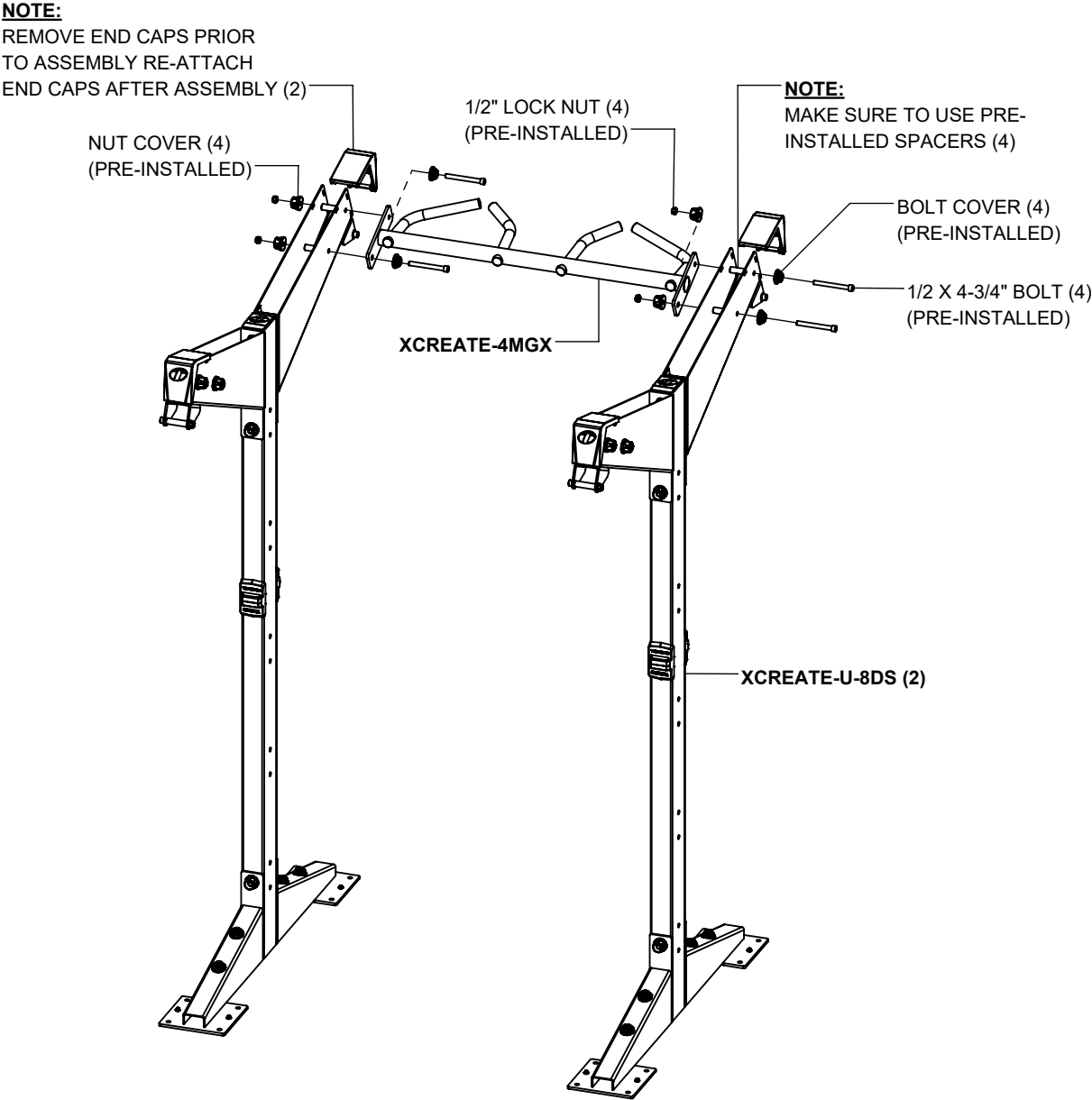


NOTES:

SECURELY tighten all bolt connections in this step.

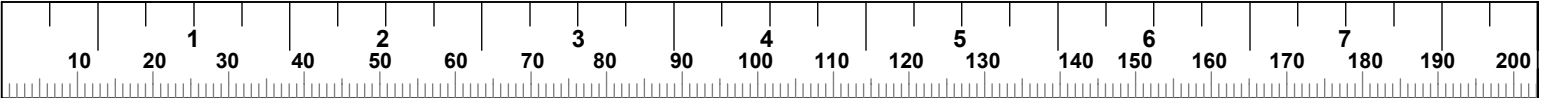


XCREATE-4MGX
4' MULTI GRIP CROSS

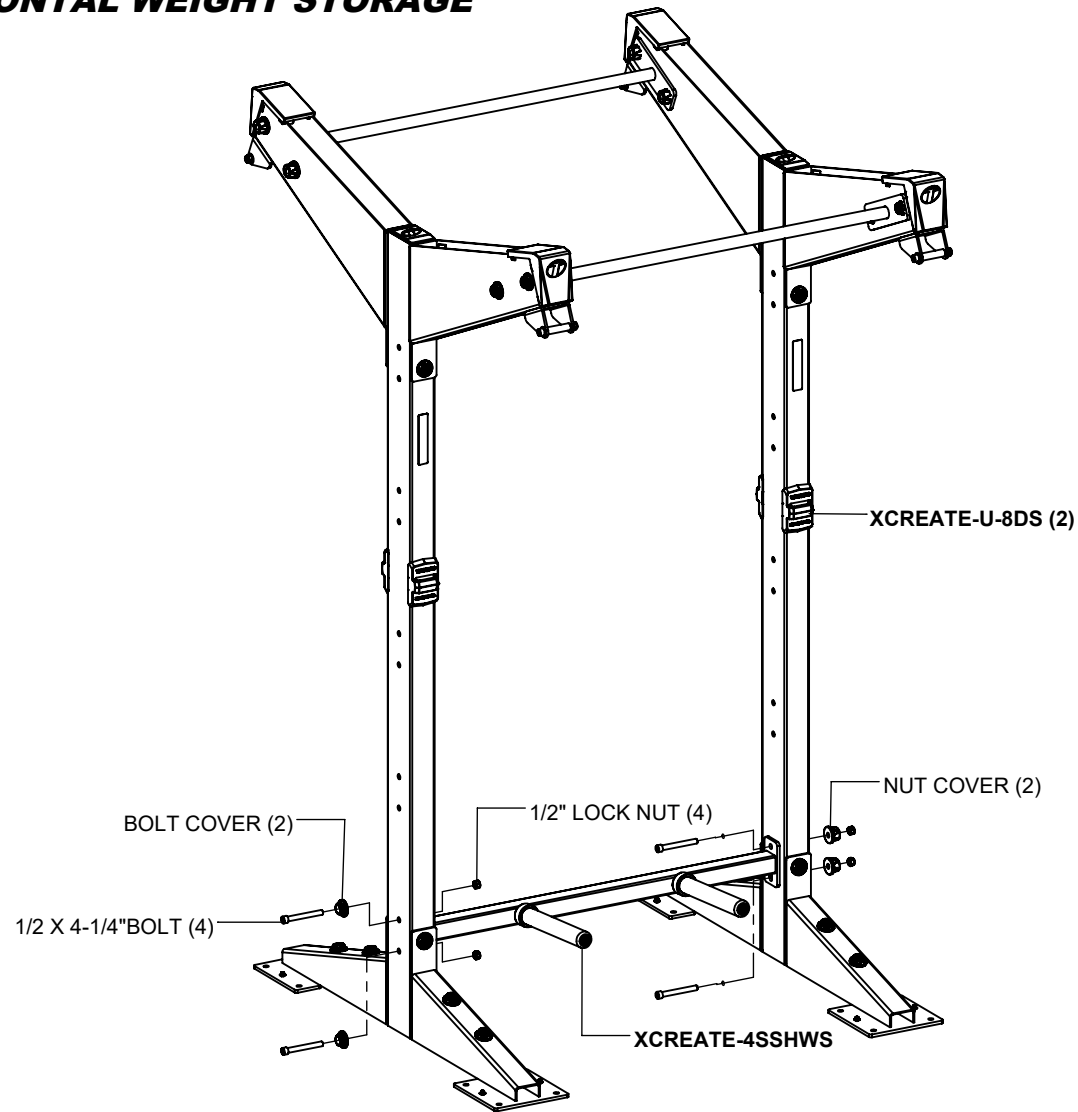


NOTES:

SECURELY tighten all bolt connections in this step.



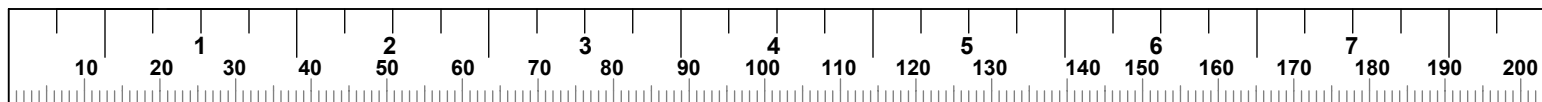
XCREATE-4SSHWS
4' SINGLE SIDE HORIZONTAL WEIGHT STORAGE



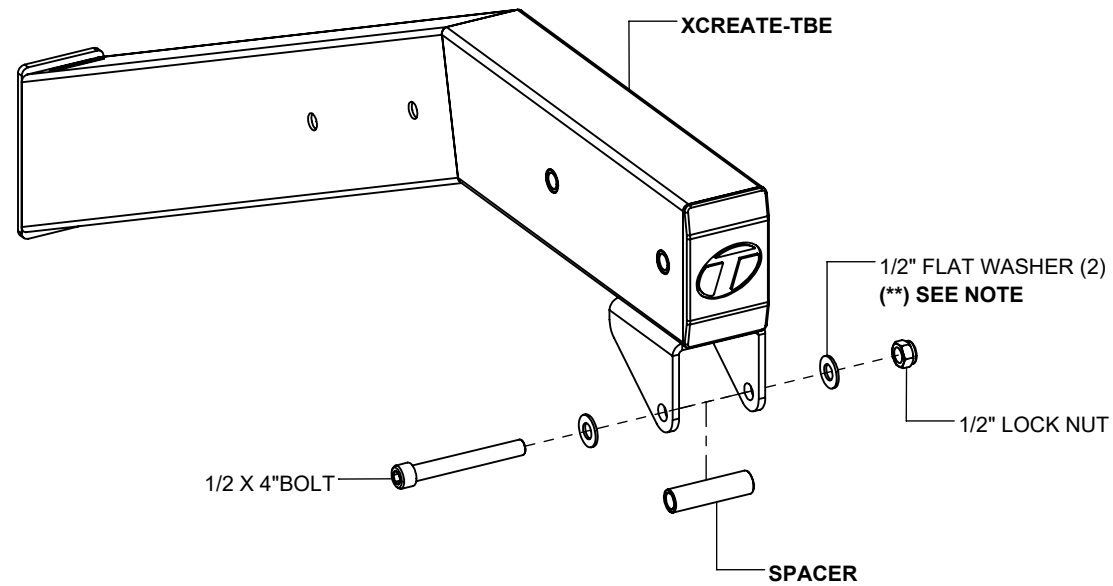
NOTES:

SECURELY tighten all bolt connections in this step.

(*) HARDWARE COVERS **CANNOT** be used on plate side.



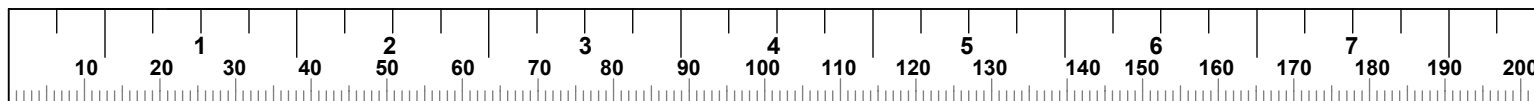
XCREATE-TBE TOP BOOM EXTENSION



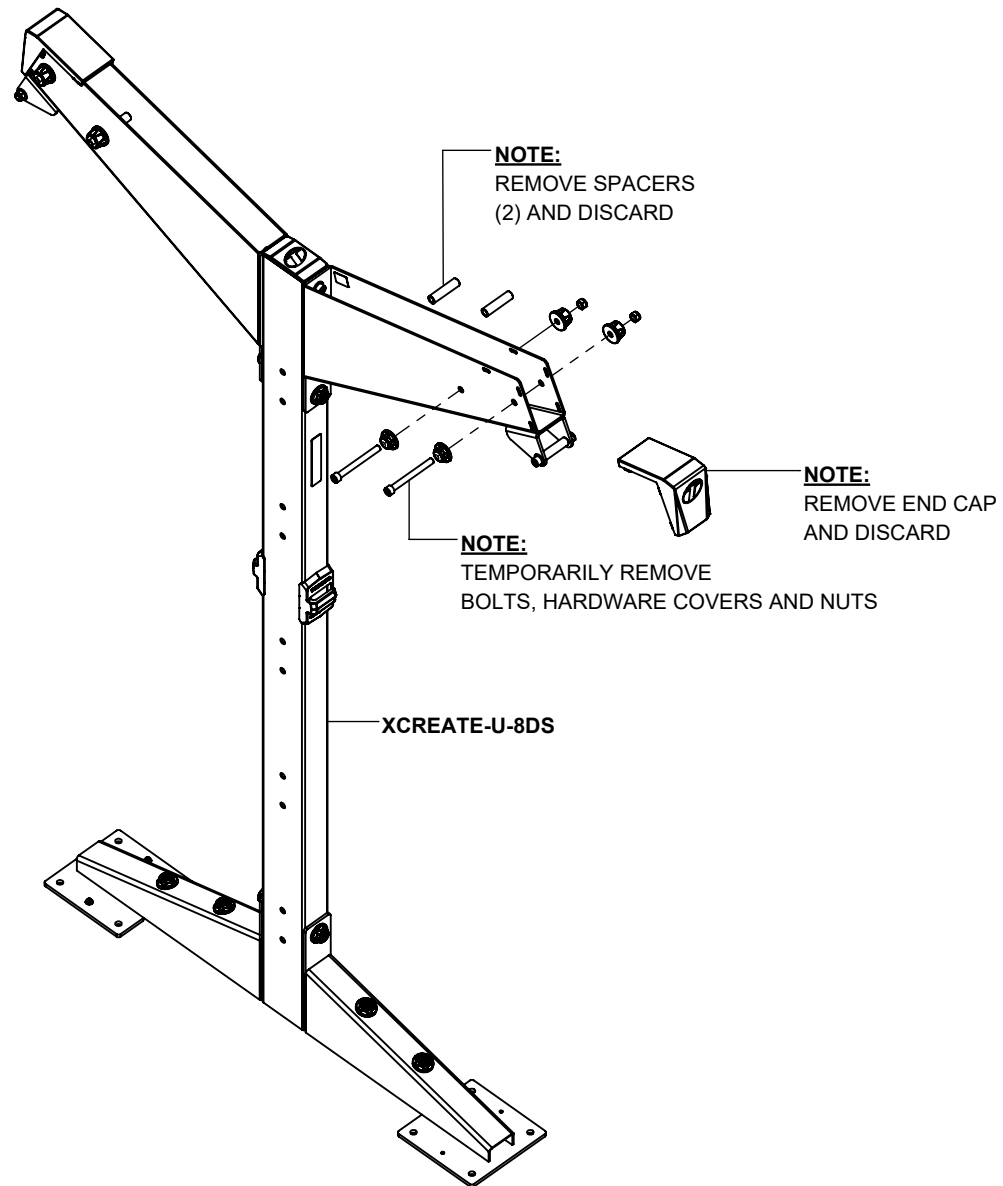
NOTES:

SECURELY tighten bolt connection in this step.

(**) **HARDWARE COVERS CANNOT** be used in place of washers in this step.



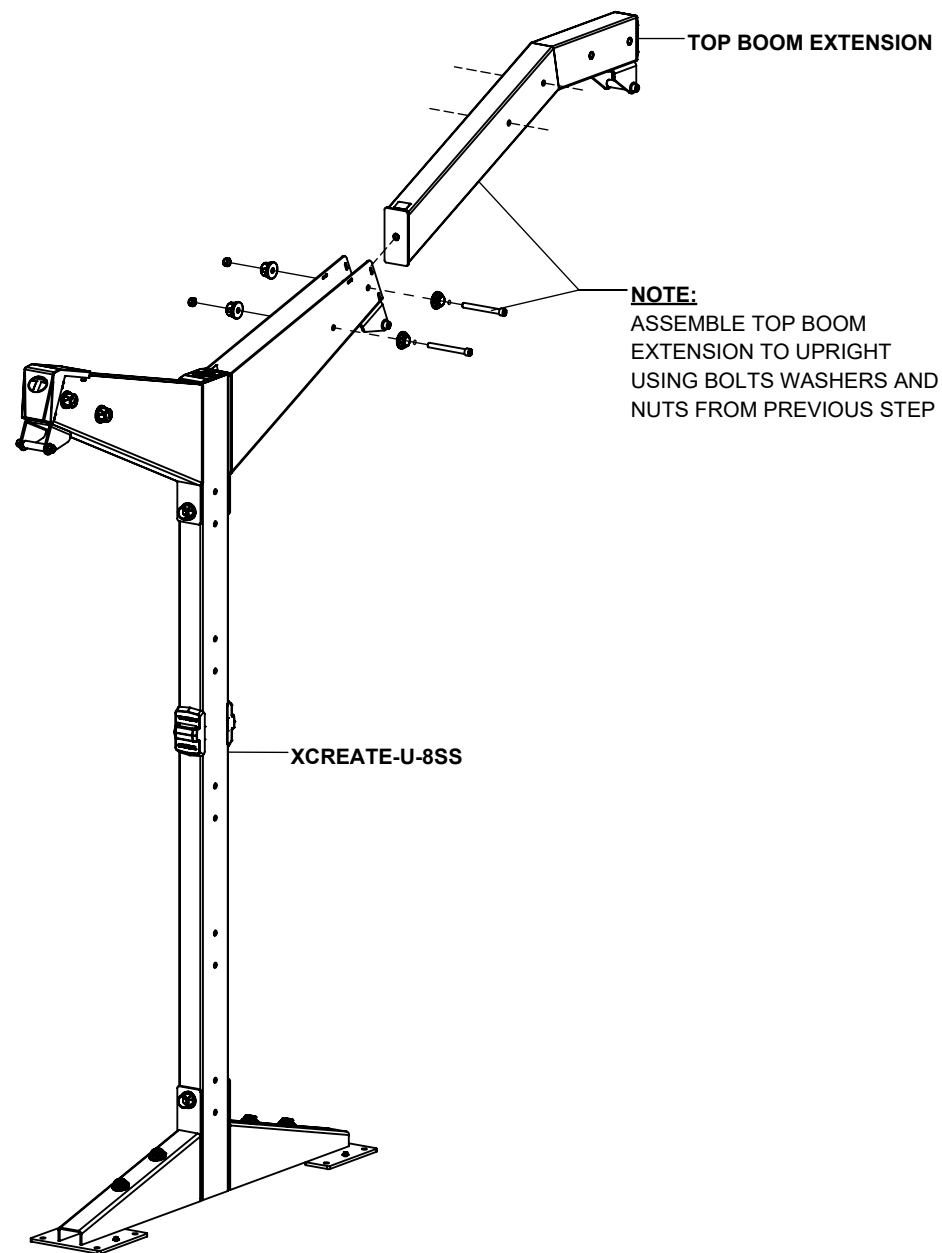
XCREATE-TBE TOP BOOM EXTENSION



NOTE:

Repeat this step for as many TOP BOOM EXTENSIONS there are to assemble.

XCREATE-TBE TOP BOOM EXTENSION

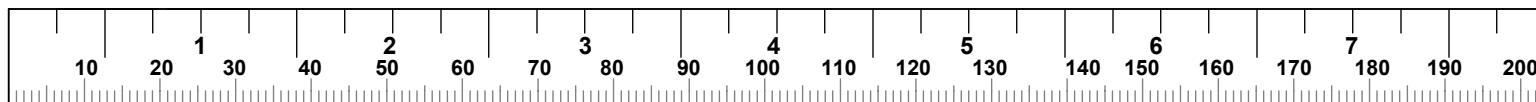


NOTES:

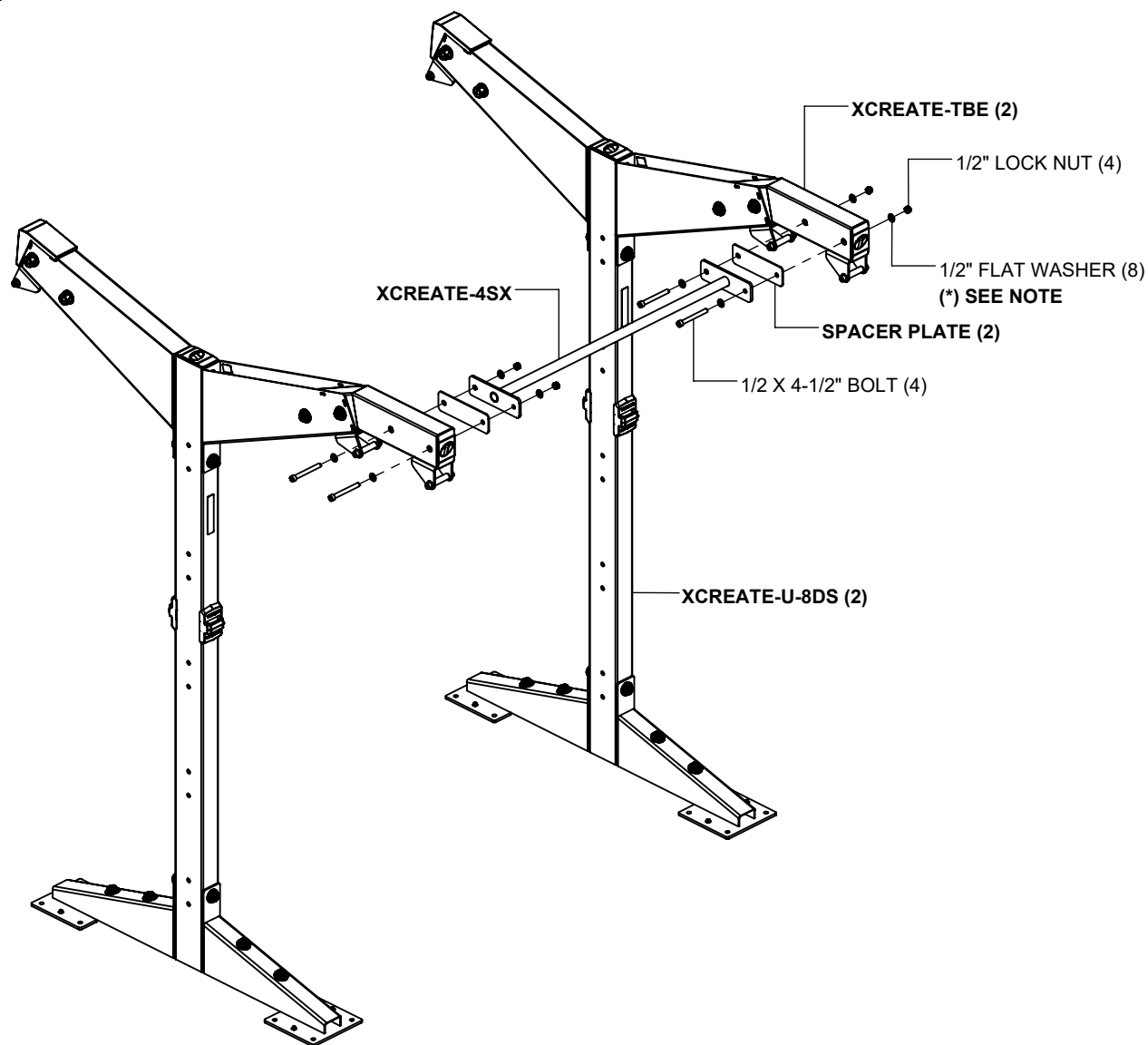
Repeat this step for as many TOP BOOM EXTENSIONS there are to assemble.

If only one TOP BOOM EXTENSION is being assembled, then **SECURELY** tighten all bolt connections in this step.

If joining two TOP BOOM EXTENSIONS together, then keep all bolt connections loose until next step.



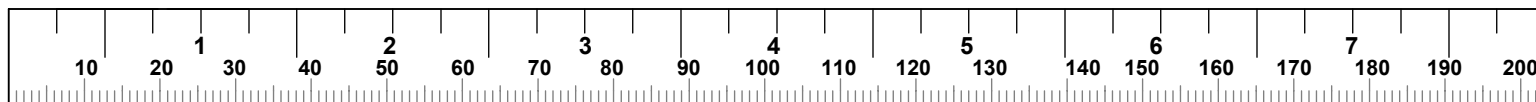
XCREATE-TBE TOP BOOM EXTENSION



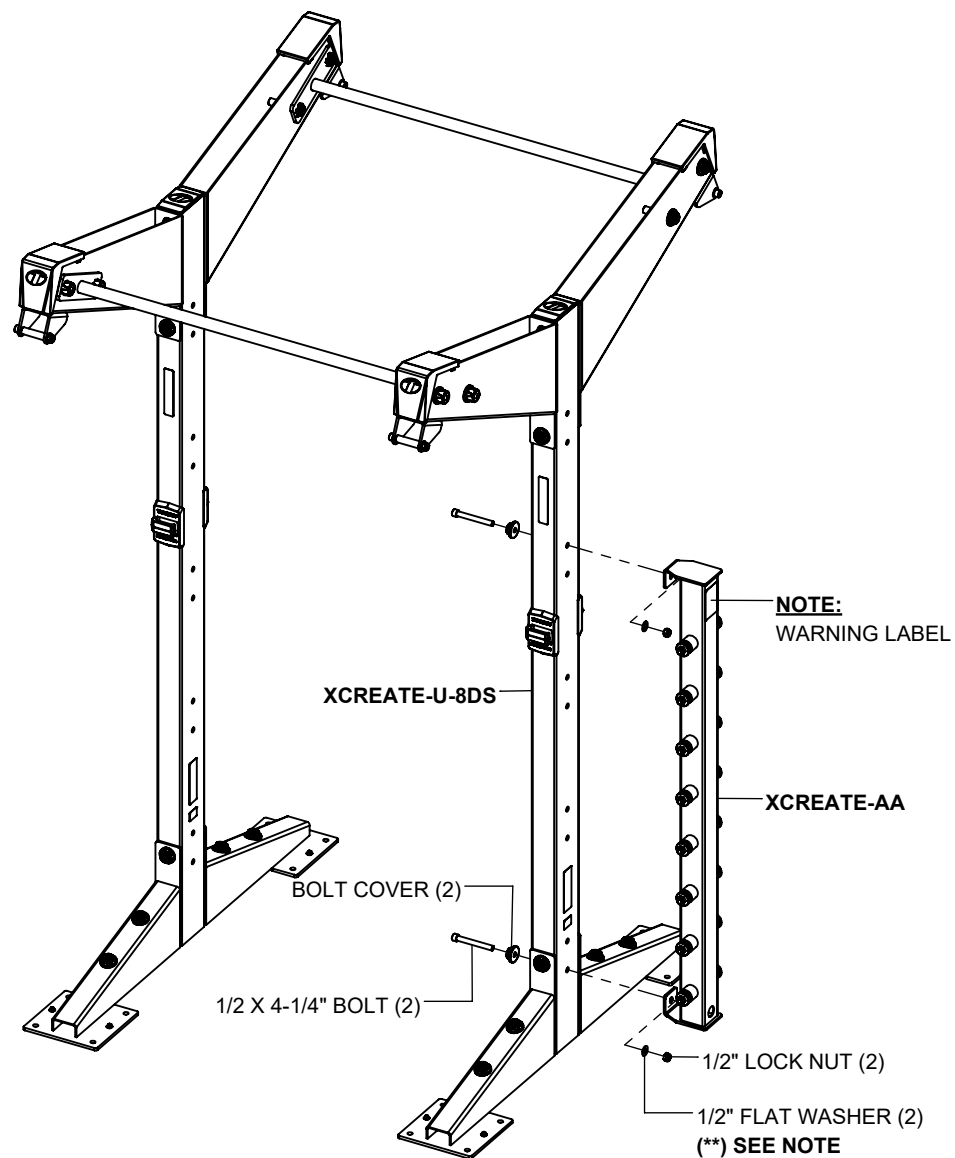
NOTES:

SECURELY tighten all bolt connections in this step.

(*) HARDWARE COVERS **CAN** be used in place of washers in this step. (**SEE PAGE 3**).



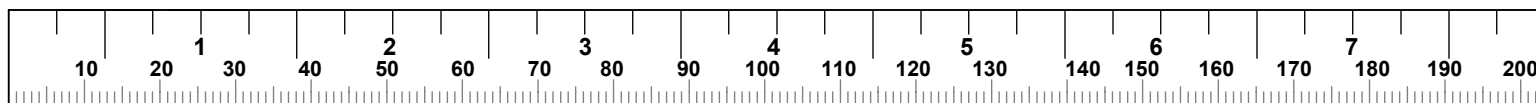
XCREATE-AA ATTACHMENT ANCHOR



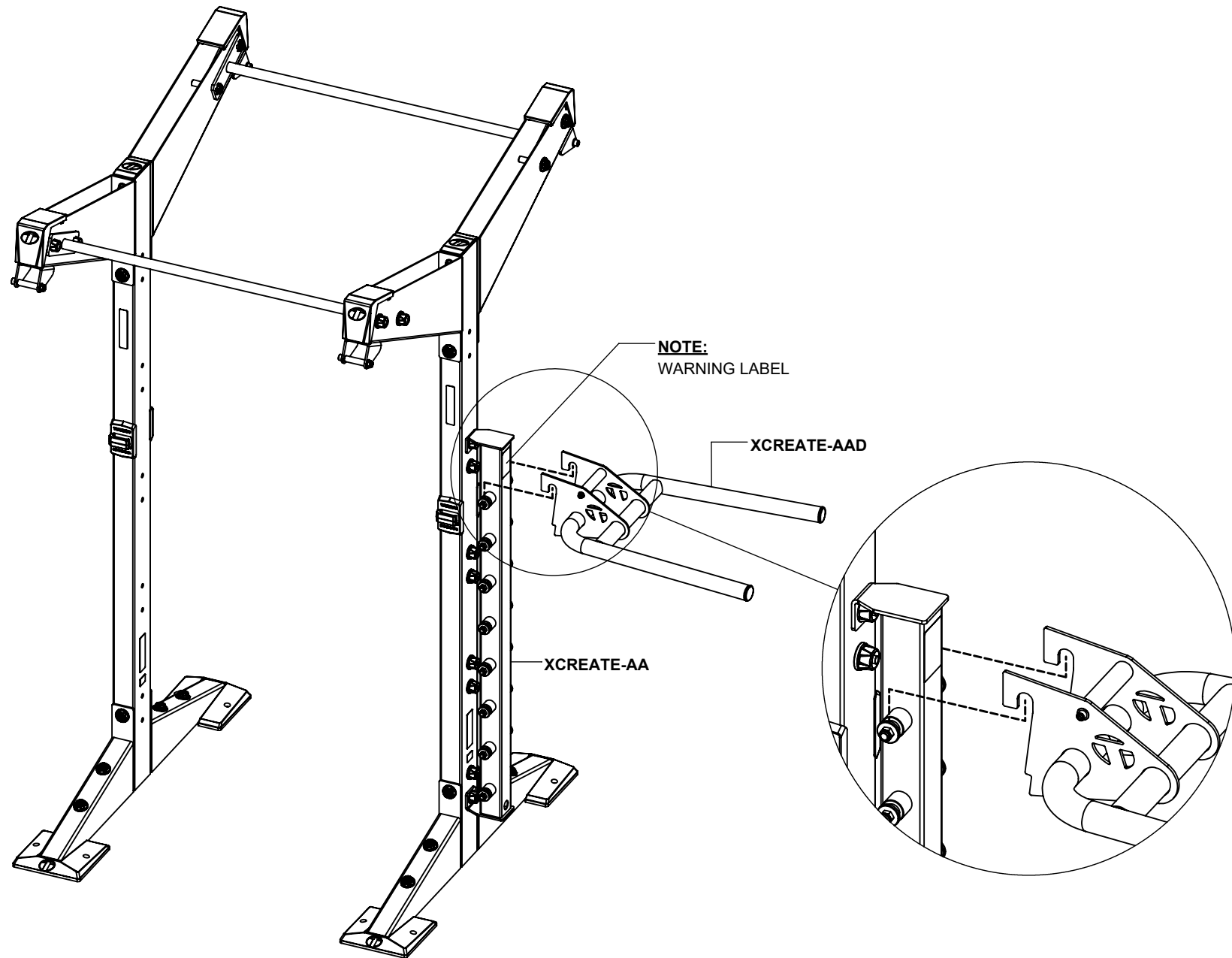
NOTES:

SECURELY tighten all bolt connections in this step.

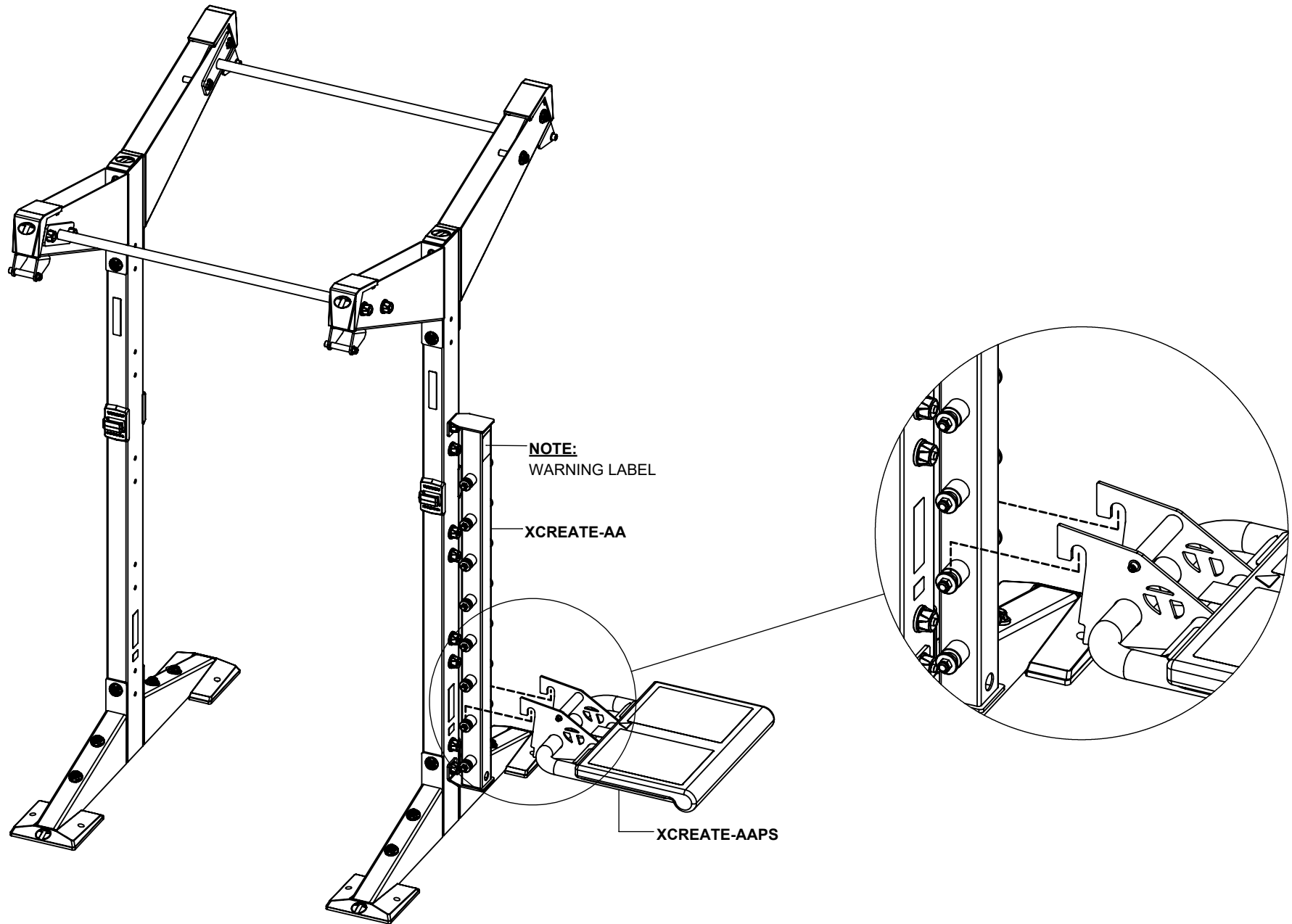
(**) HARDWARE COVERS **CANNOT** be used on plate side.



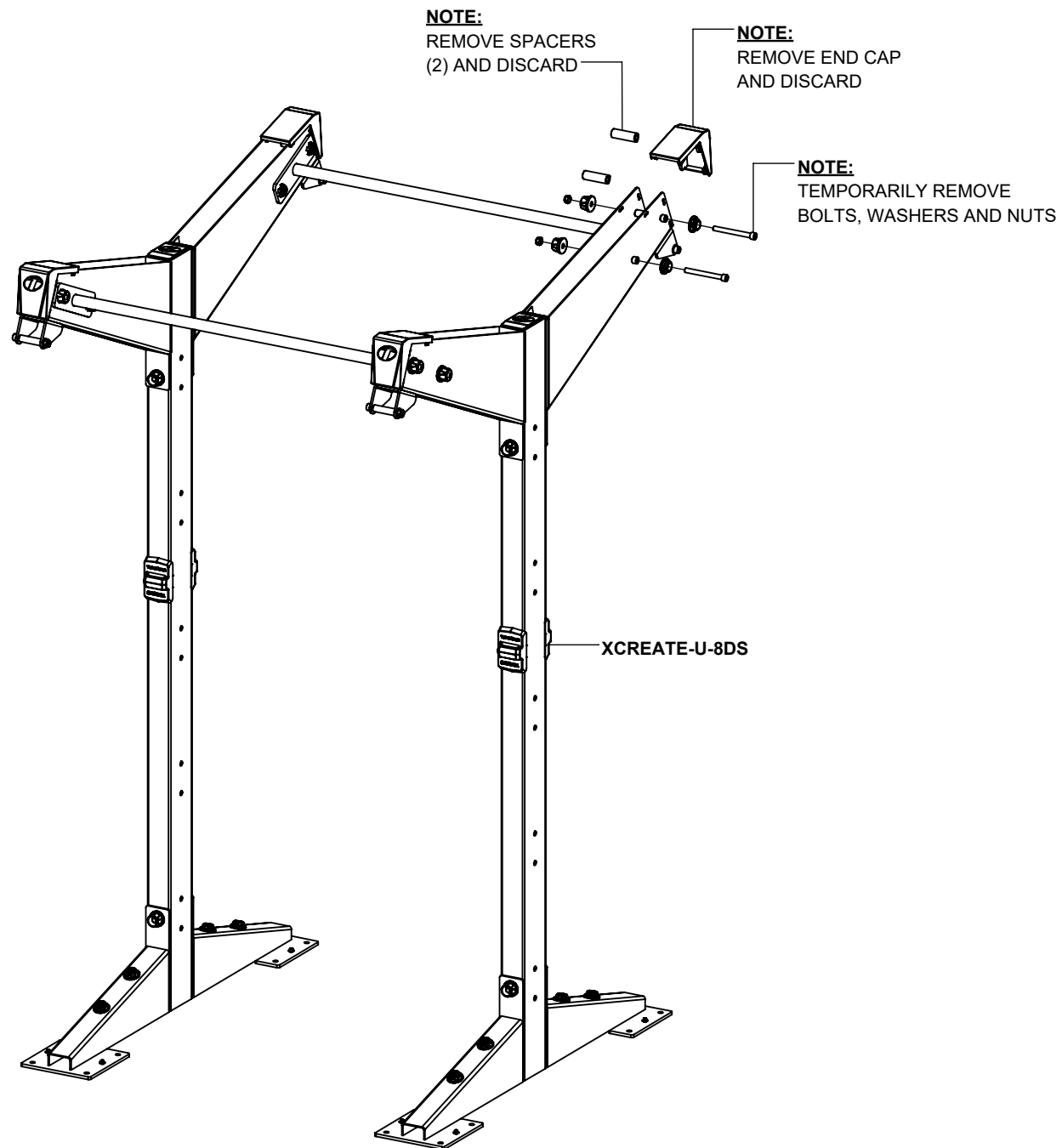
**XCREATE-AAD
ATTACHMENT ANCHOR DIP**



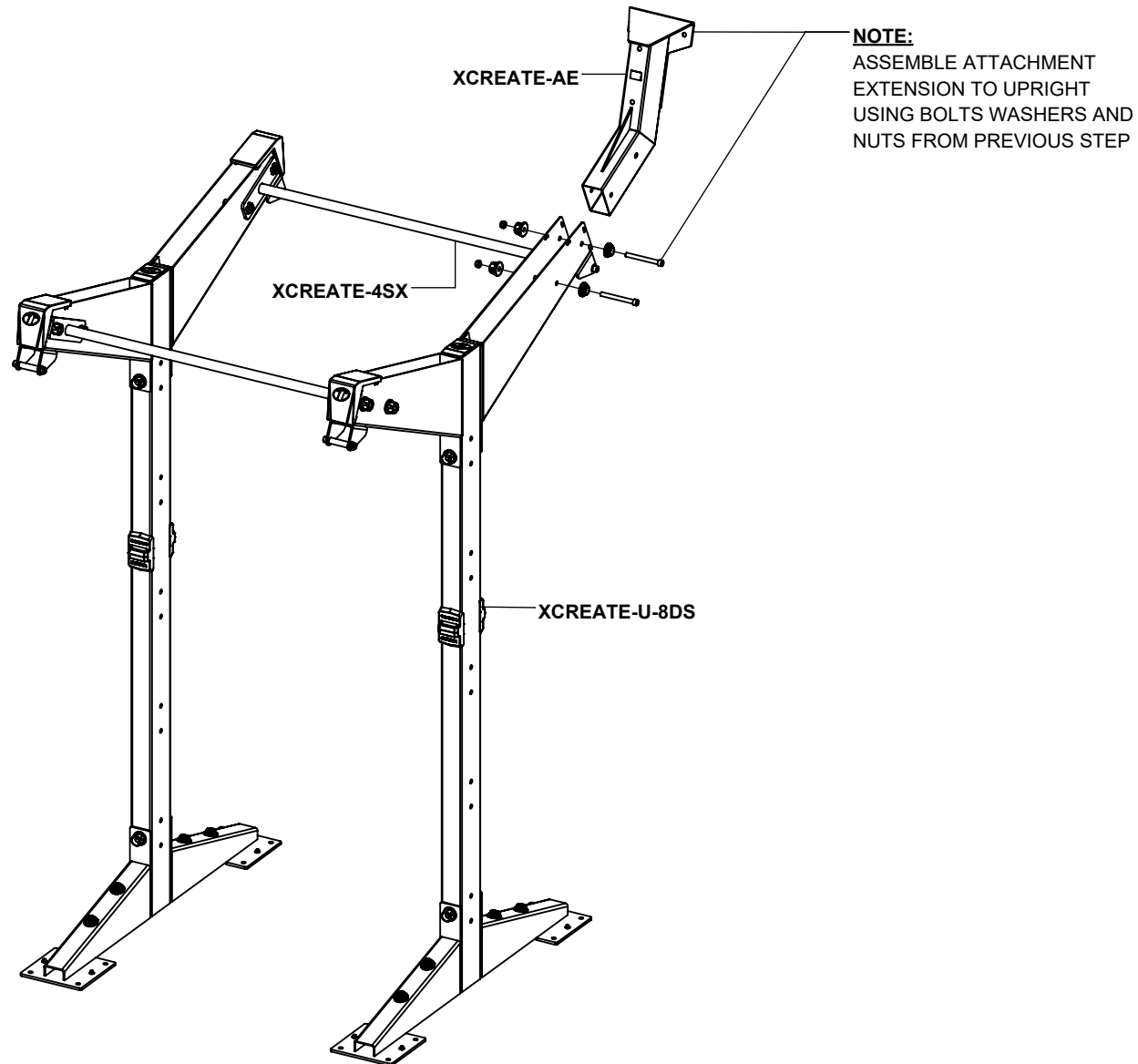
**XCREATE - AAPS
ATTACHMENT ANCHOR PLYO STEP**



XCREATE-AE ATTACHMENT EXTENSION

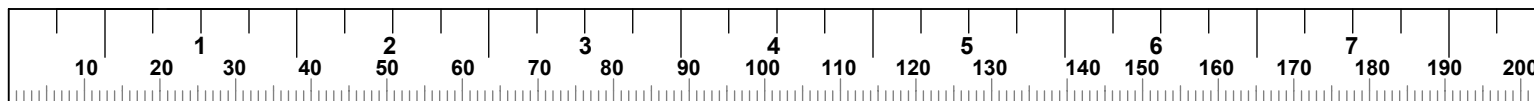


XCREATE-AE ATTACHMENT EXTENSION

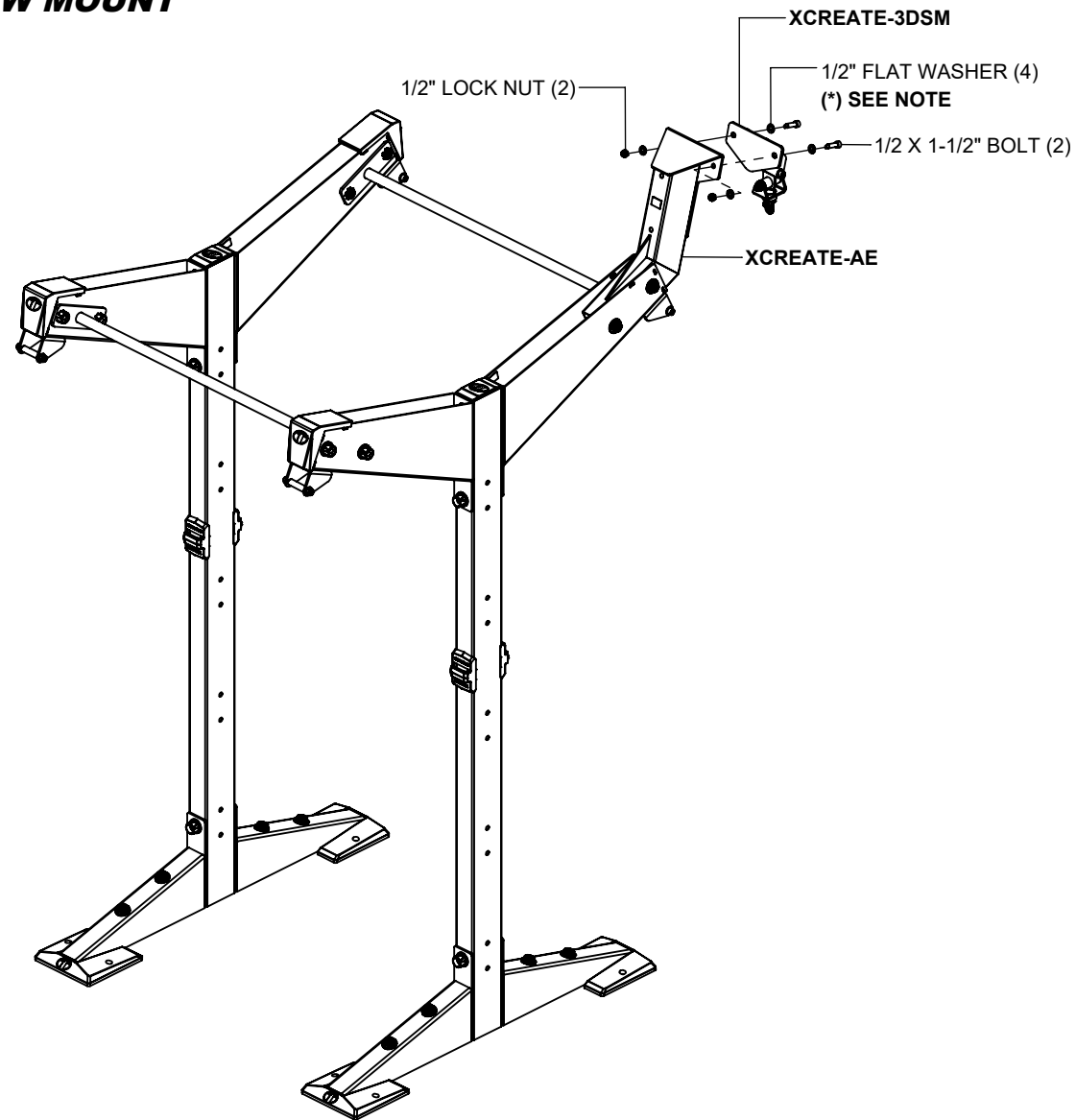


NOTES:

SECURELY assemble bolt connections in this step.



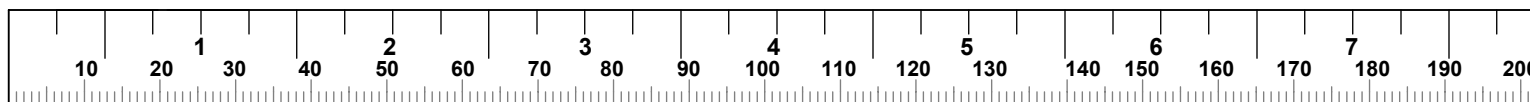
**XCREATE-AE & XCREATE-3DSM
ATTACHMENT EXTENSION AND
3 DIMENSIONAL SWIVEL W MOUNT**



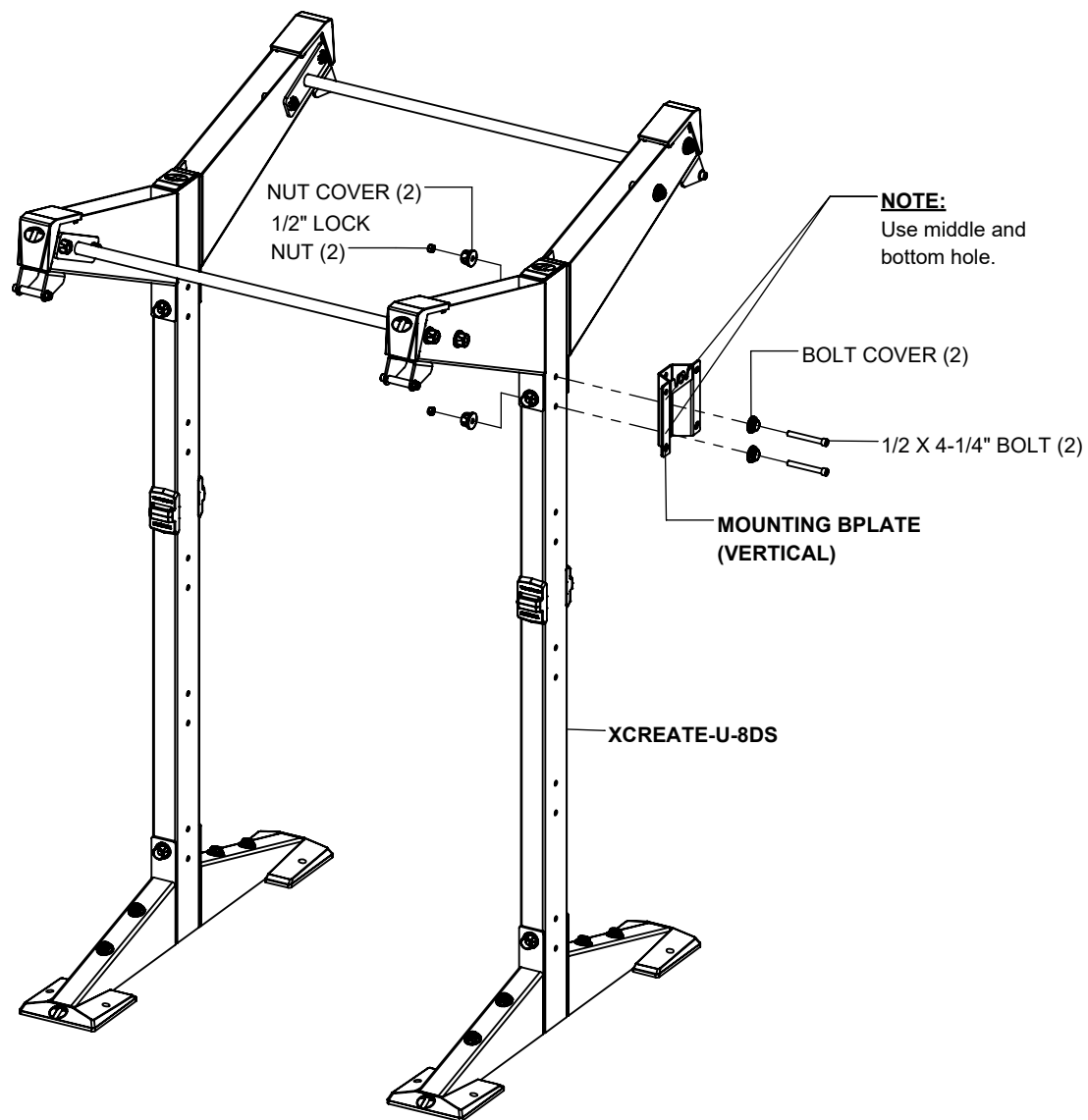
NOTES:

SECURELY assemble bolt connections in this step.

(*) HARDWARE COVERS **CAN** be used in place of washers in this step. (SEE PAGE 3).

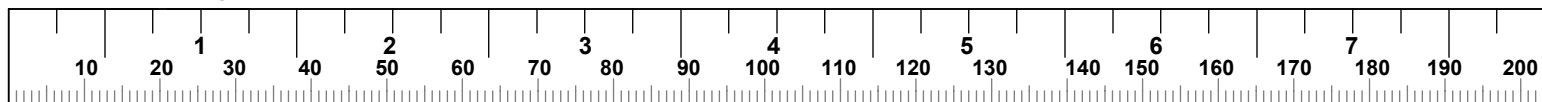


***XERT
RELENTLESS ROPE TRAINER (UPRIGHT MOUNT)***

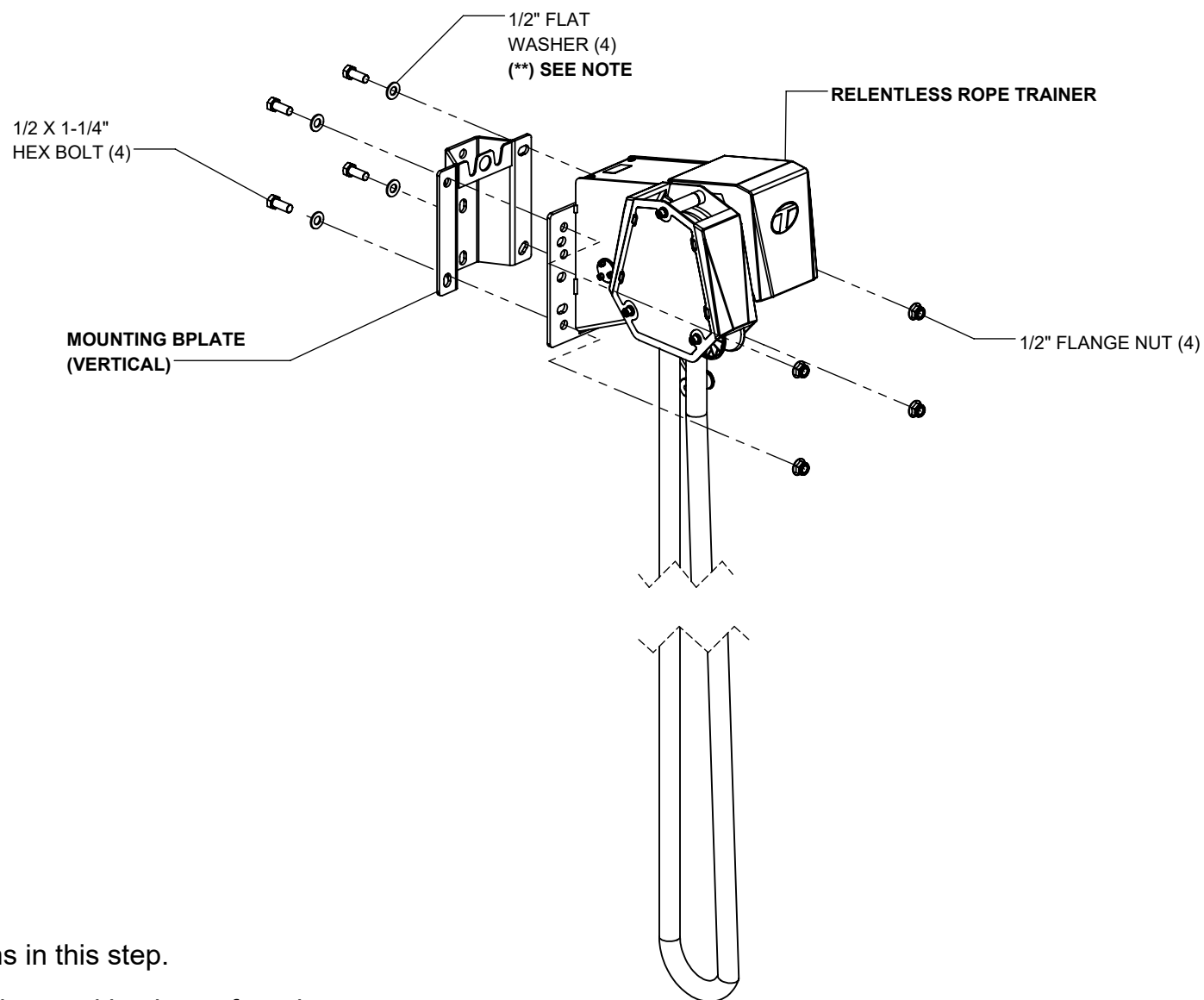


NOTES:

SECURELY tighten all bolt connections in this step.



XERT
RELENTLESS ROPE TRAINER (UPRIGHT MOUNT)

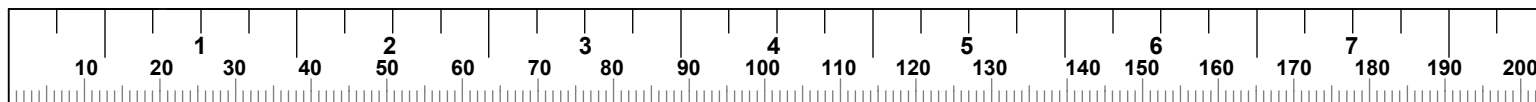


NOTES:

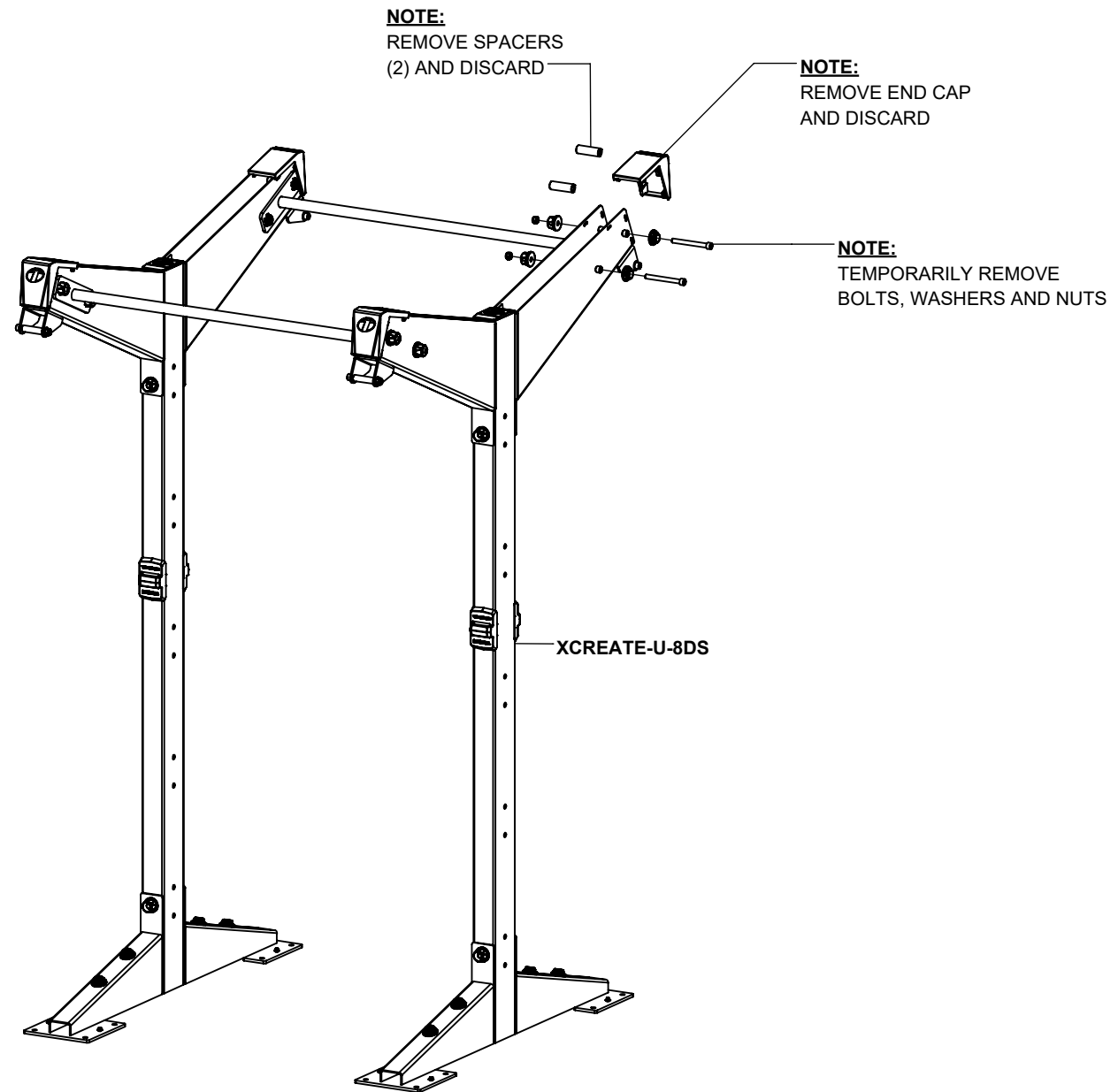
SECURELY tighten all bolt connections in this step.

(**) **HARDWARE COVERS CANNOT** be used in place of washers in this step.

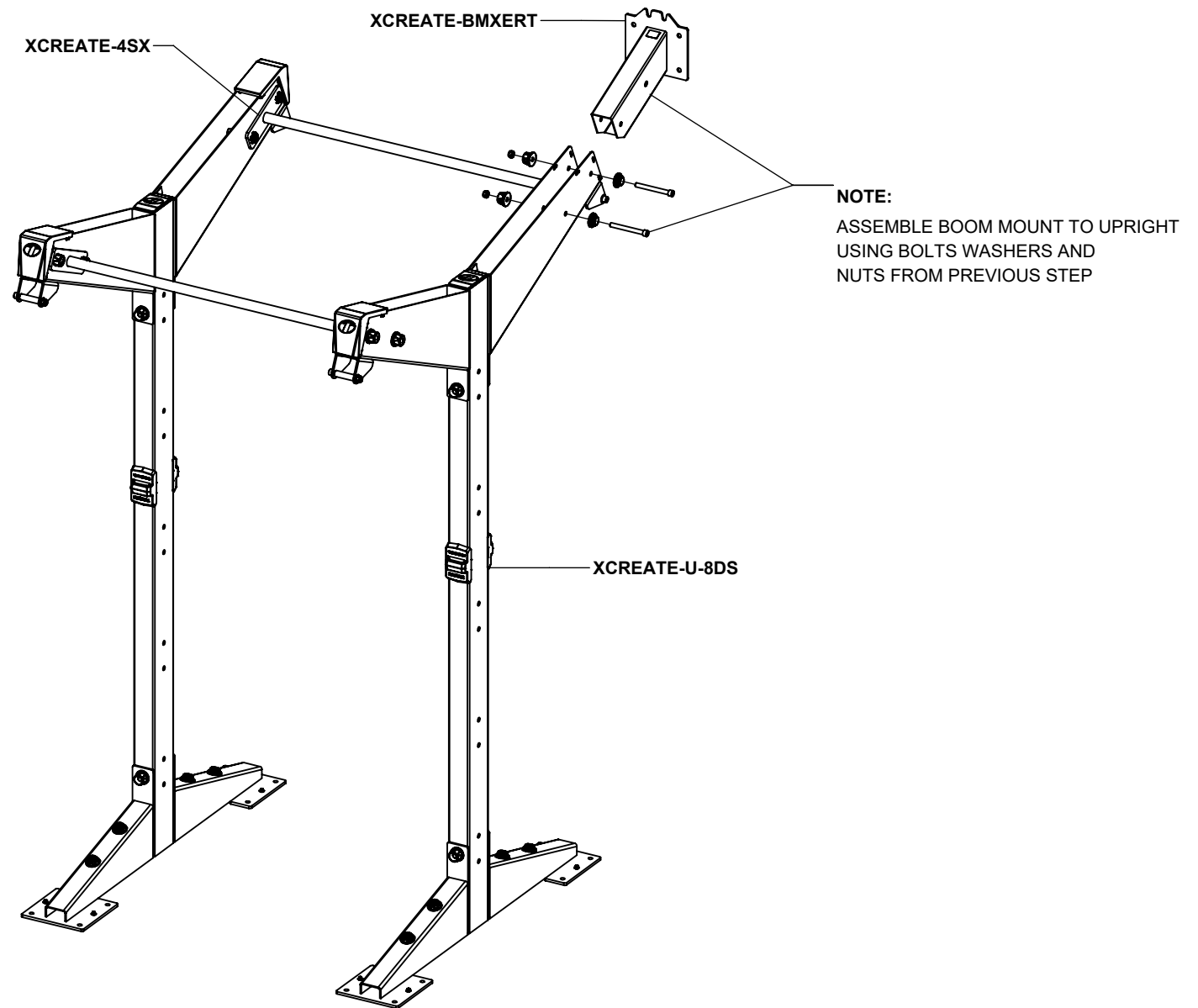
XCREATE has been hidden for assembly clarity.



XCREATE-BM BOOM MOUNT



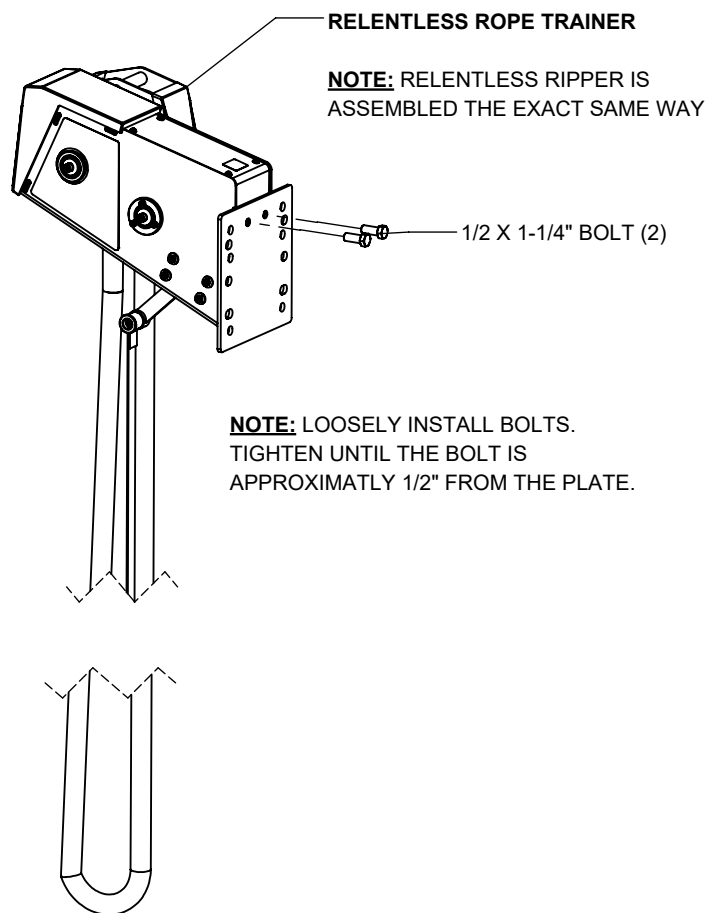
XCREATE-BMXERT BOOM MOUNT



NOTE:

SECURELY tighten all bolt connections in this step.

XCREATE-BMXERT RELENTLESS ROPE TRAINER / RELENTLESS RIPPER

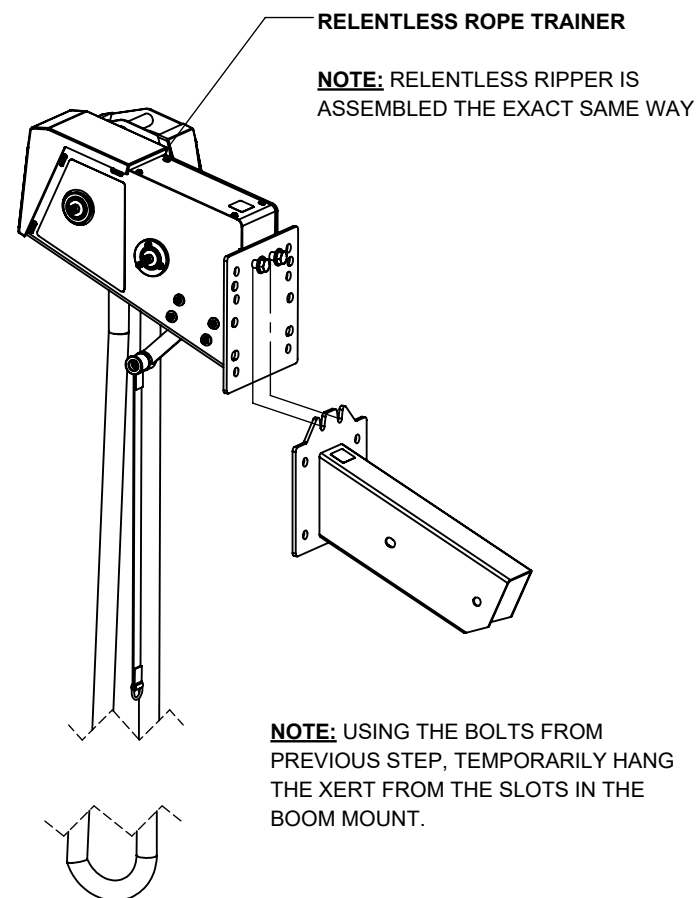


NOTE:

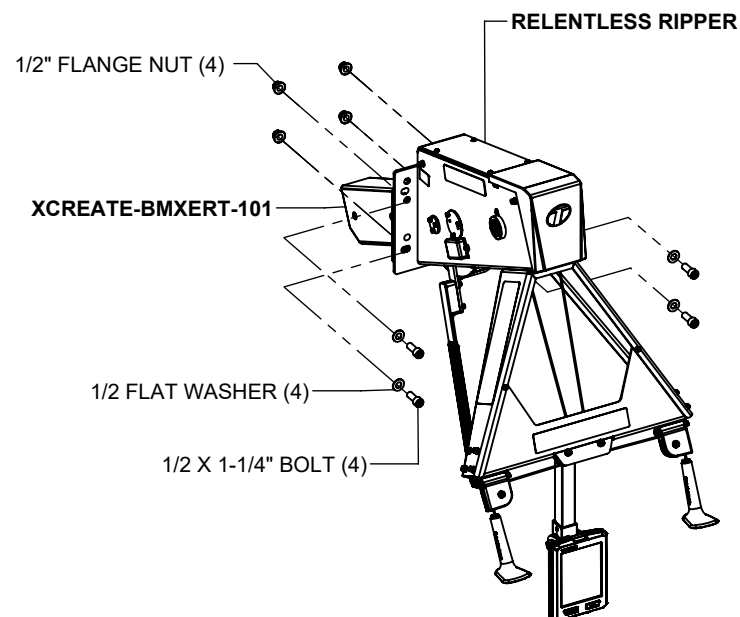
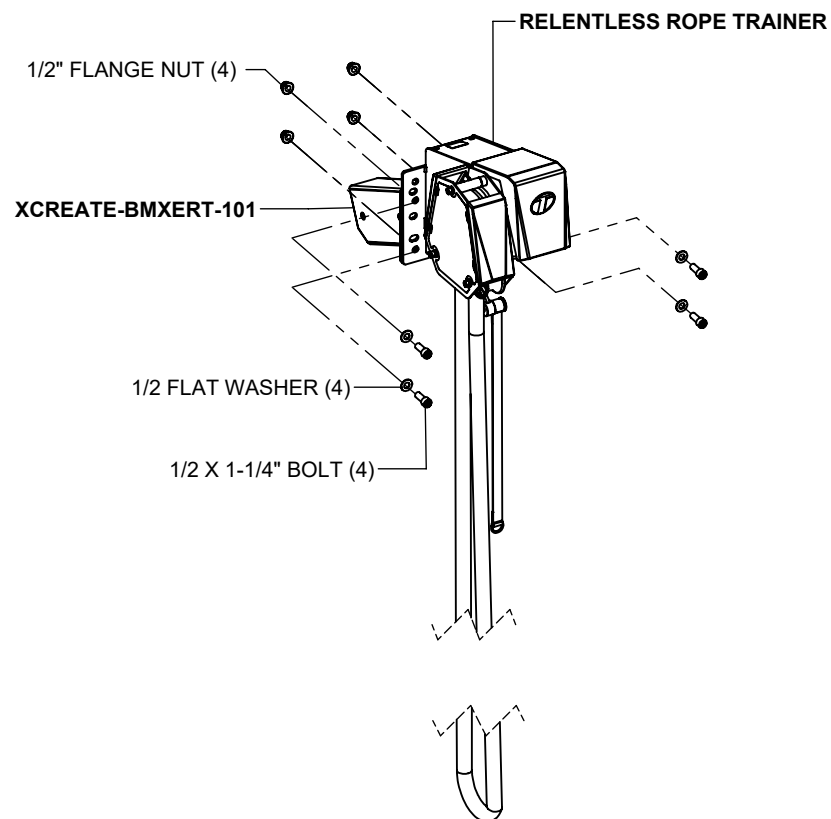
The **Relentless Rope Trainer** is shown, follow the exact same steps to assemble the **Relentless Ripper**.

(**) HARDWARE COVERS **CANNOT** be used in place of washers in this step.

XCREATE has been hidden for assembly clarity.



XCREATE-BMXERT RELENTLESS ROPE TRAINER / RELENTLESS RIPPER

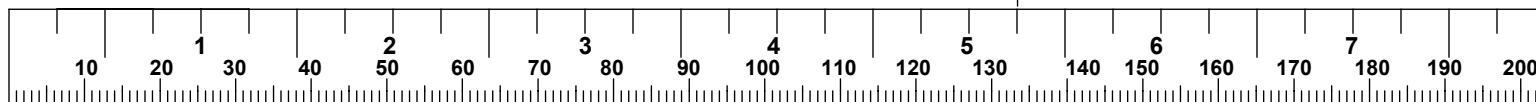


NOTE:

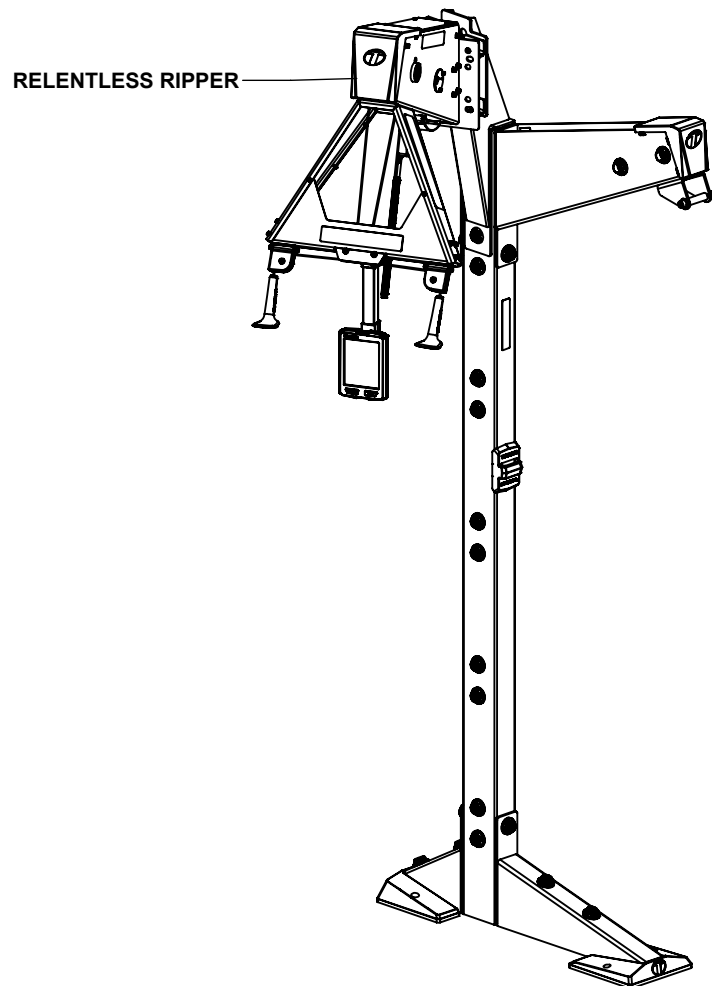
SECURELY tighten all bolt connections in this step, Including the bolts from the previous step.

(**) **HARDWARE COVERS CANNOT** be used in place of washers in this step.

XCREATE has been hidden for assembly clarity.



XCREATE-SAM XCREATE SIDE ATTACHMENT MOUNT



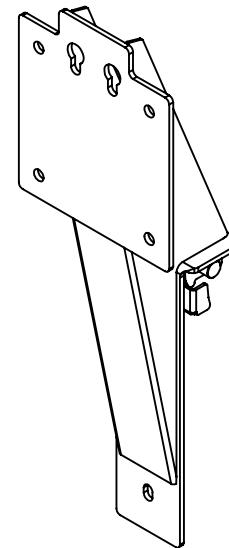
NOTE:

The **Relentless Ripper** is shown, **Relentless Rope** may be assembled the same way.

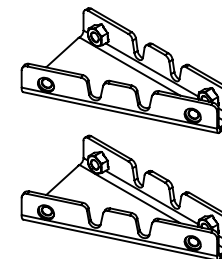
Assembly instructions for the attachments above are included with the **XCREATE-SAM**.

The instructions can also be downloaded at
<https://commercial.torquefitness.com/pages/assembly-manuals>

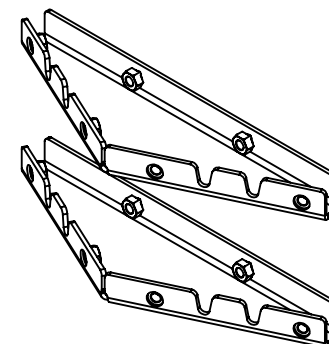
XCREATE-SAM
SIDE ATTACHMENT MOUNT



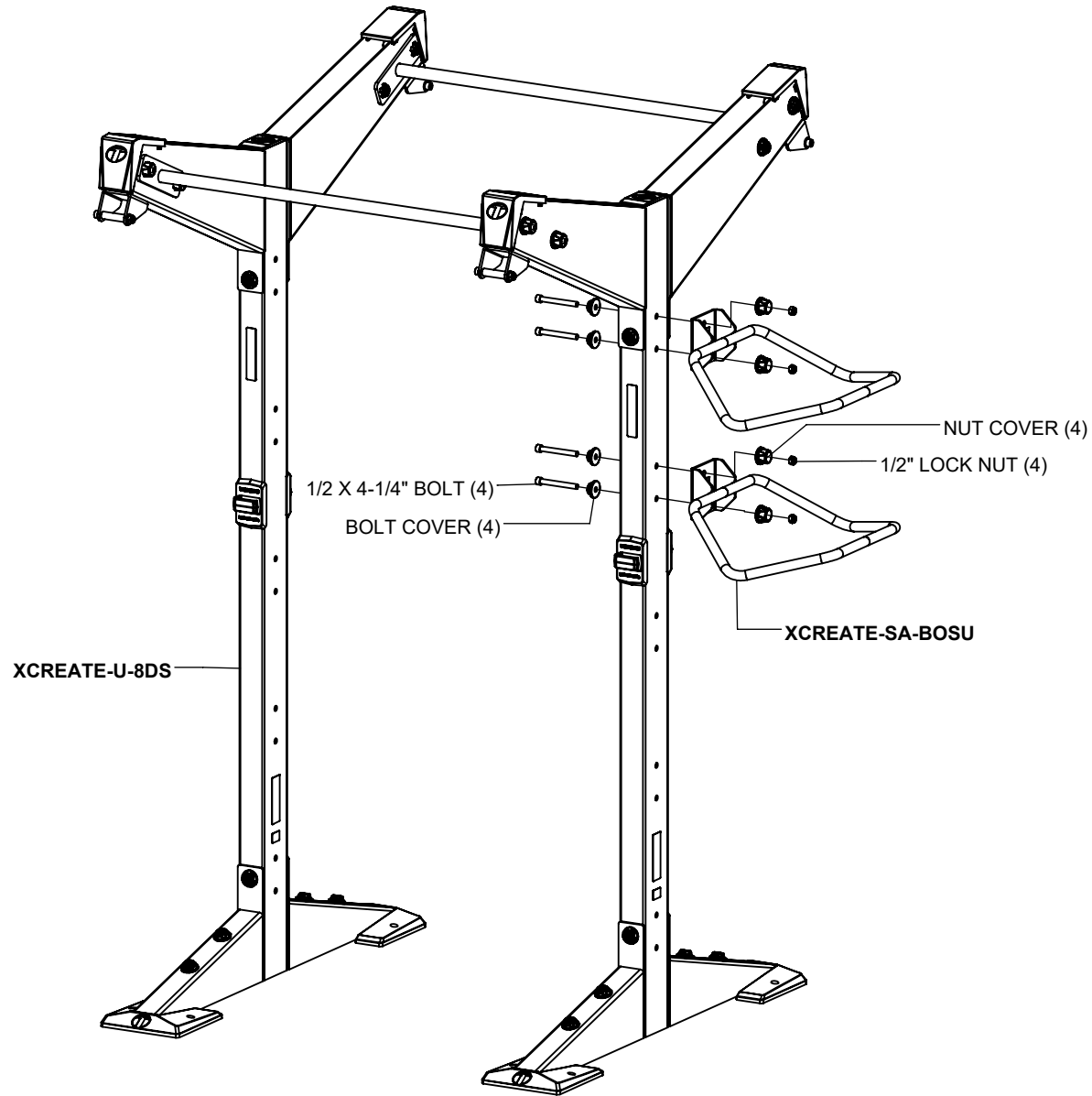
XCREATE-SUW
SINGLE UNIT WEDGE



XCREATE-DUW
DOUBLE UNIT WEDGE

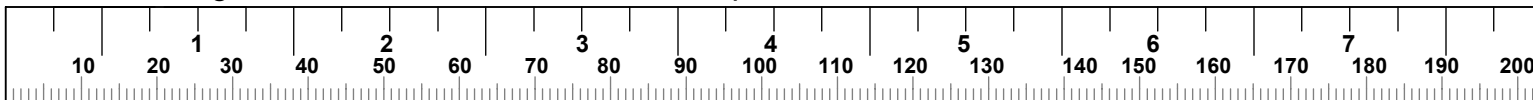


XCREATE-SA-BOSU BOSU STORAGE ATTACHMENT



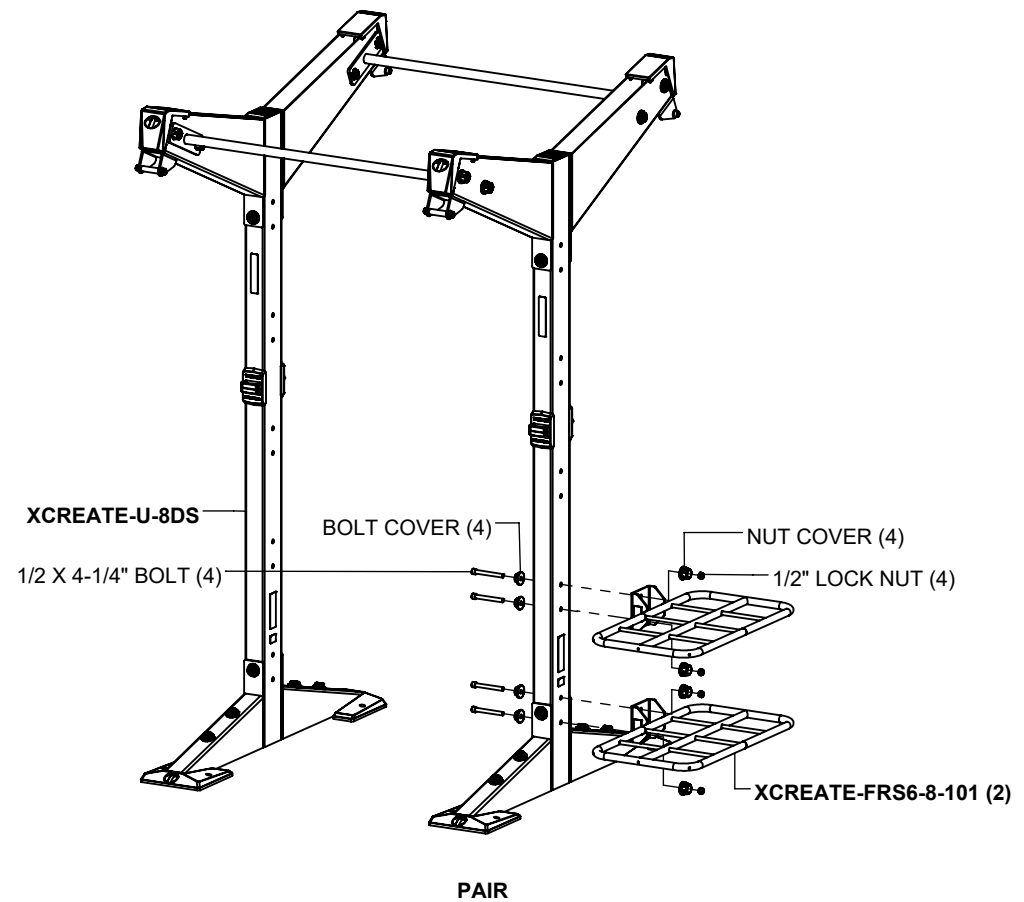
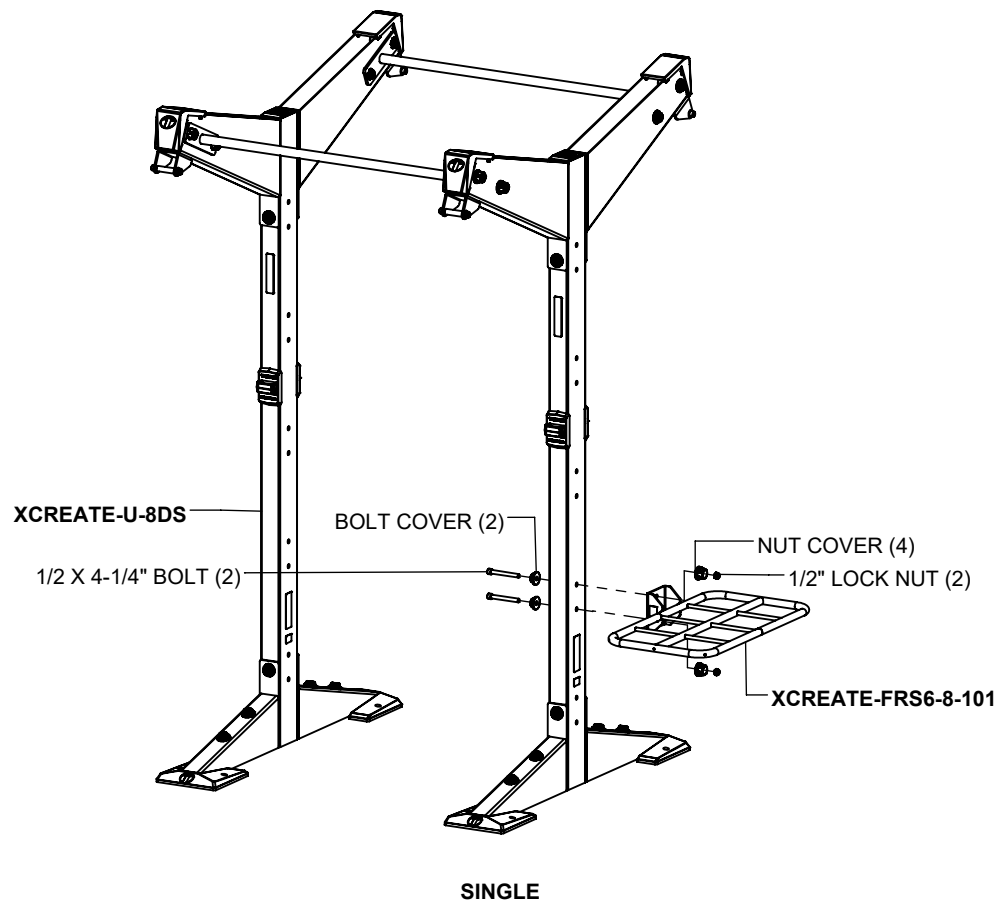
NOTES:

SECURELY tighten all bolt connections in this step.



XCREATE-FRS6-8

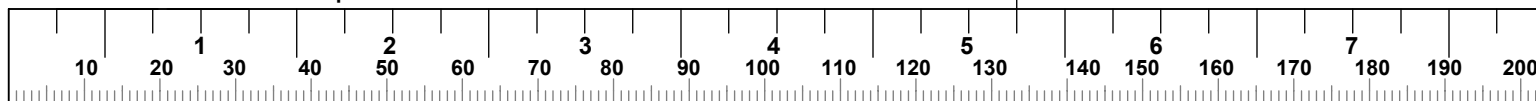
FOAM ROLLER STORAGE ATTACHMENT



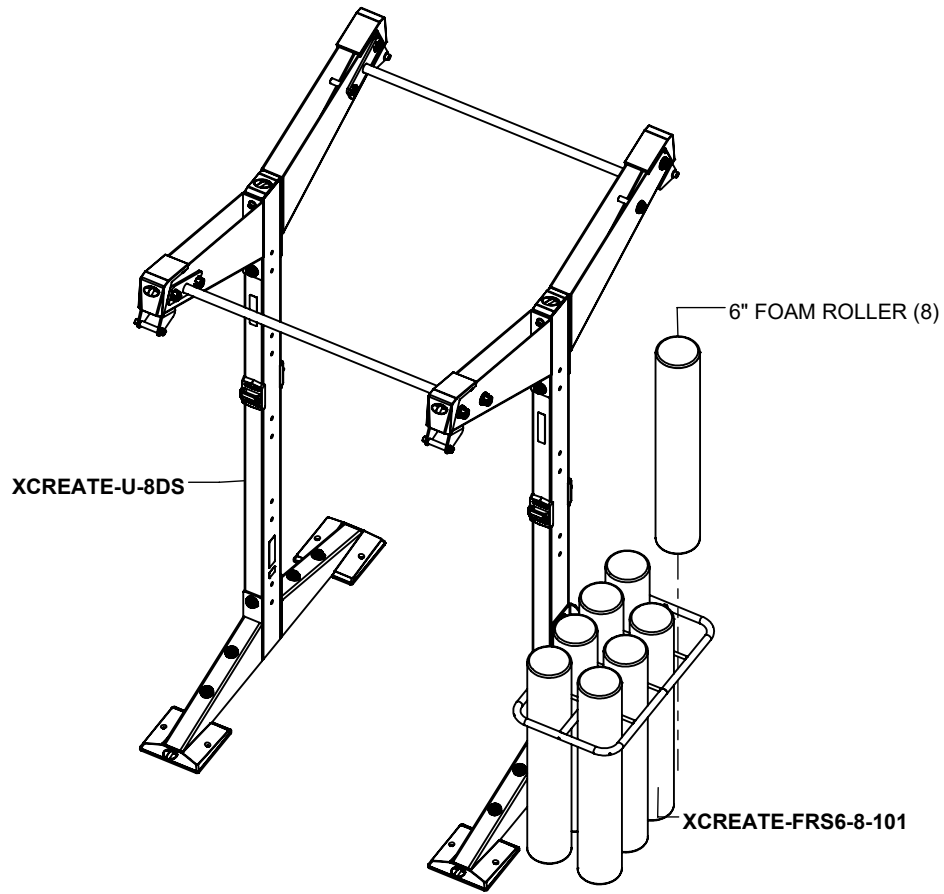
NOTES:

Assembly steps show a single and pair. For additional foam roller stability a pair is recommended.

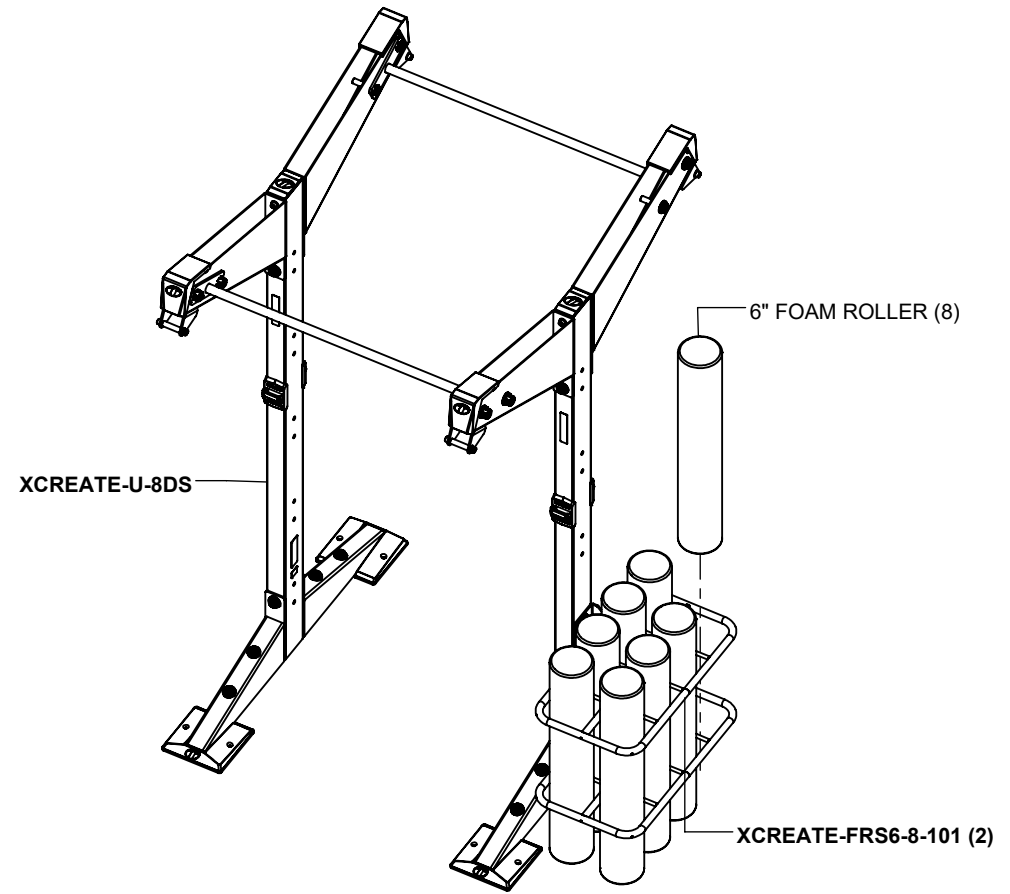
LEVEL ATTACHMENT AND SECURELY tighten all bolt connections in this step.



XCREATE-FRS6-8 FOAM ROLLER STORAGE ATTACHMENT



SINGLE

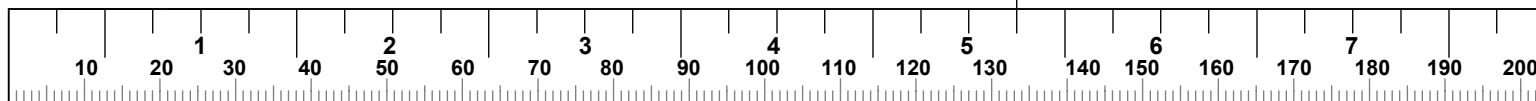


PAIR

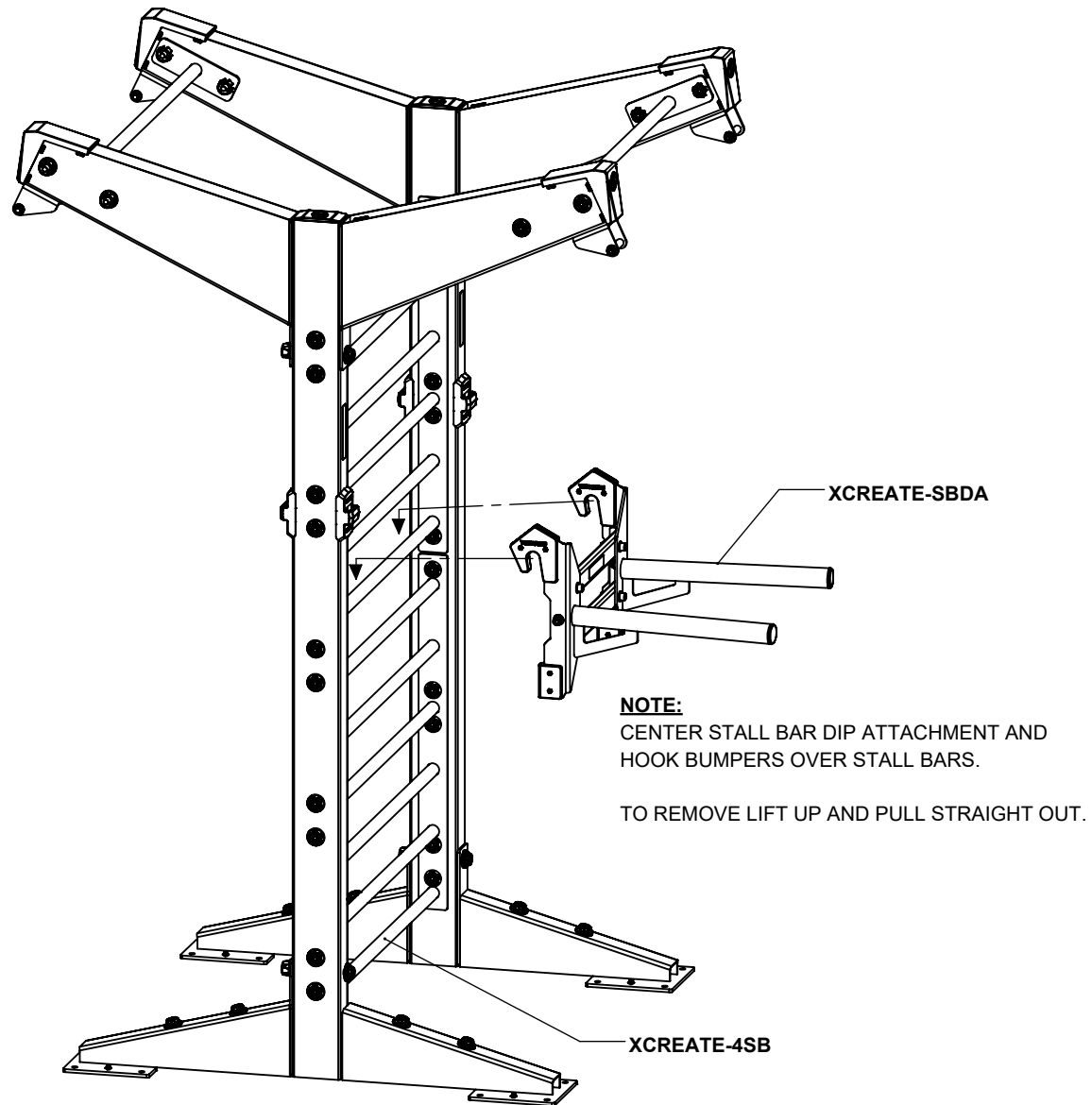
NOTES:

Assembly steps show a single and pair. For additional foam roller stability a pair is recommended.

LEVEL ATTACHMENT AND SECURELY tighten all bolt connections in this step.



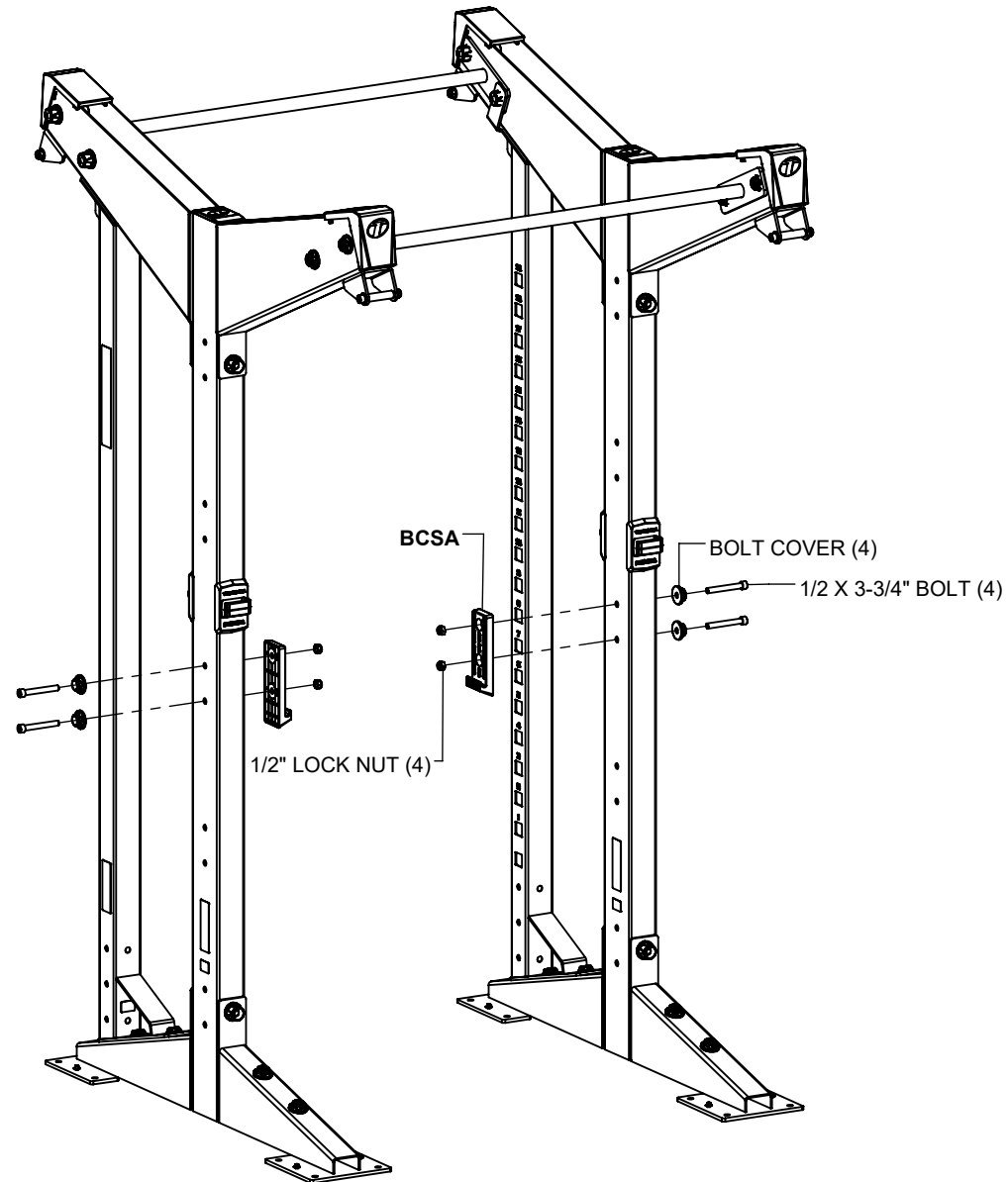
XCREATE-SBDA STALL BAR DIP ATTACHMENT



NOTES:

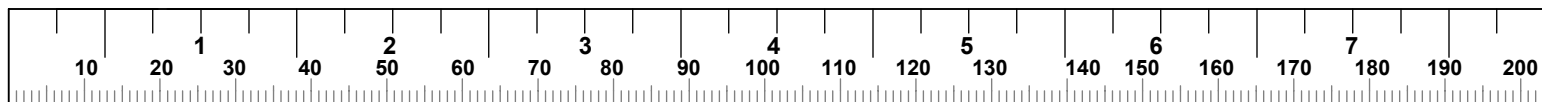
The XCREATE 4' stall bar module is required in this step. For module assembly see previous steps.

BCSA
BAR CATCH STORAGE ATTACHMENT

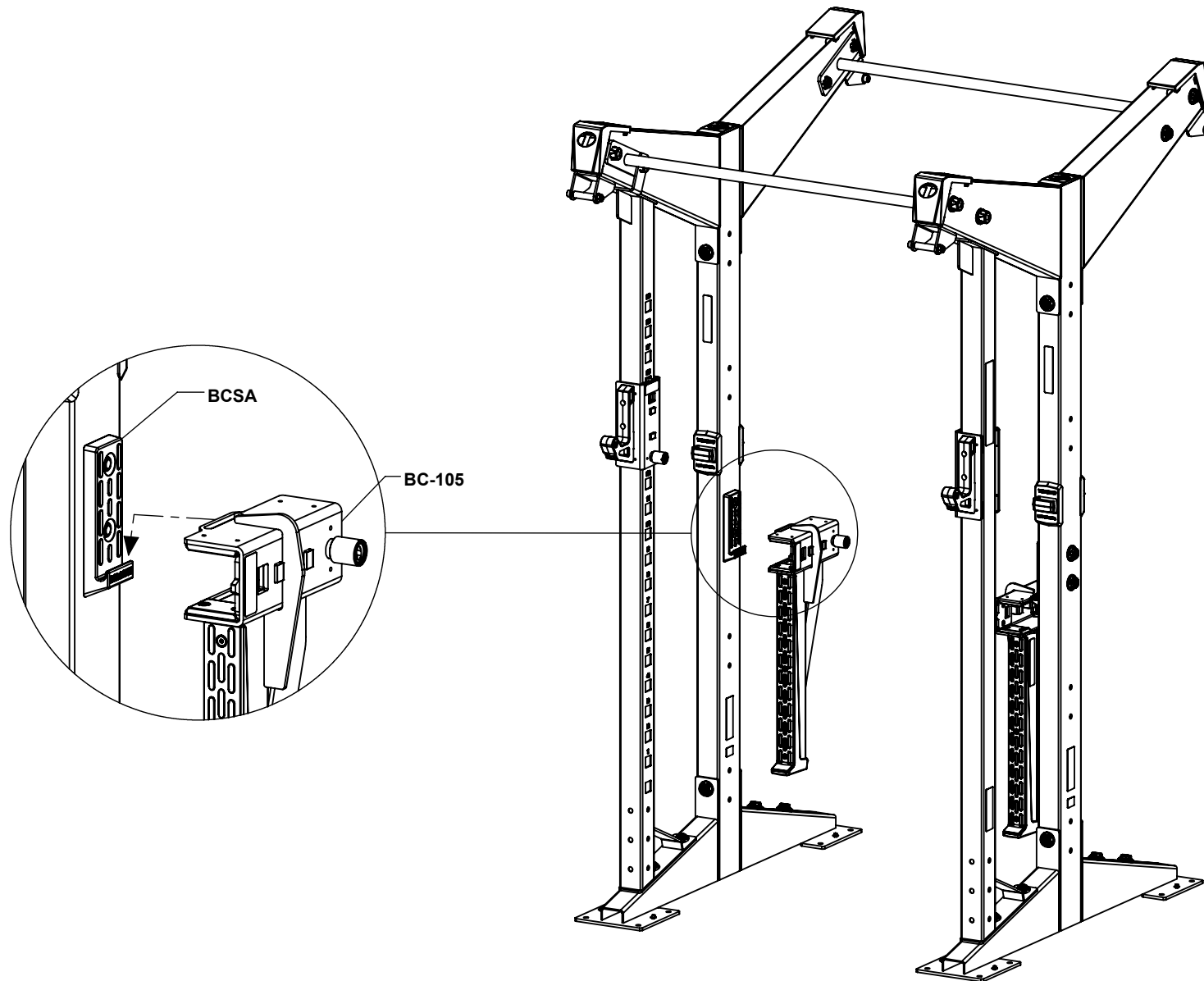


NOTES:

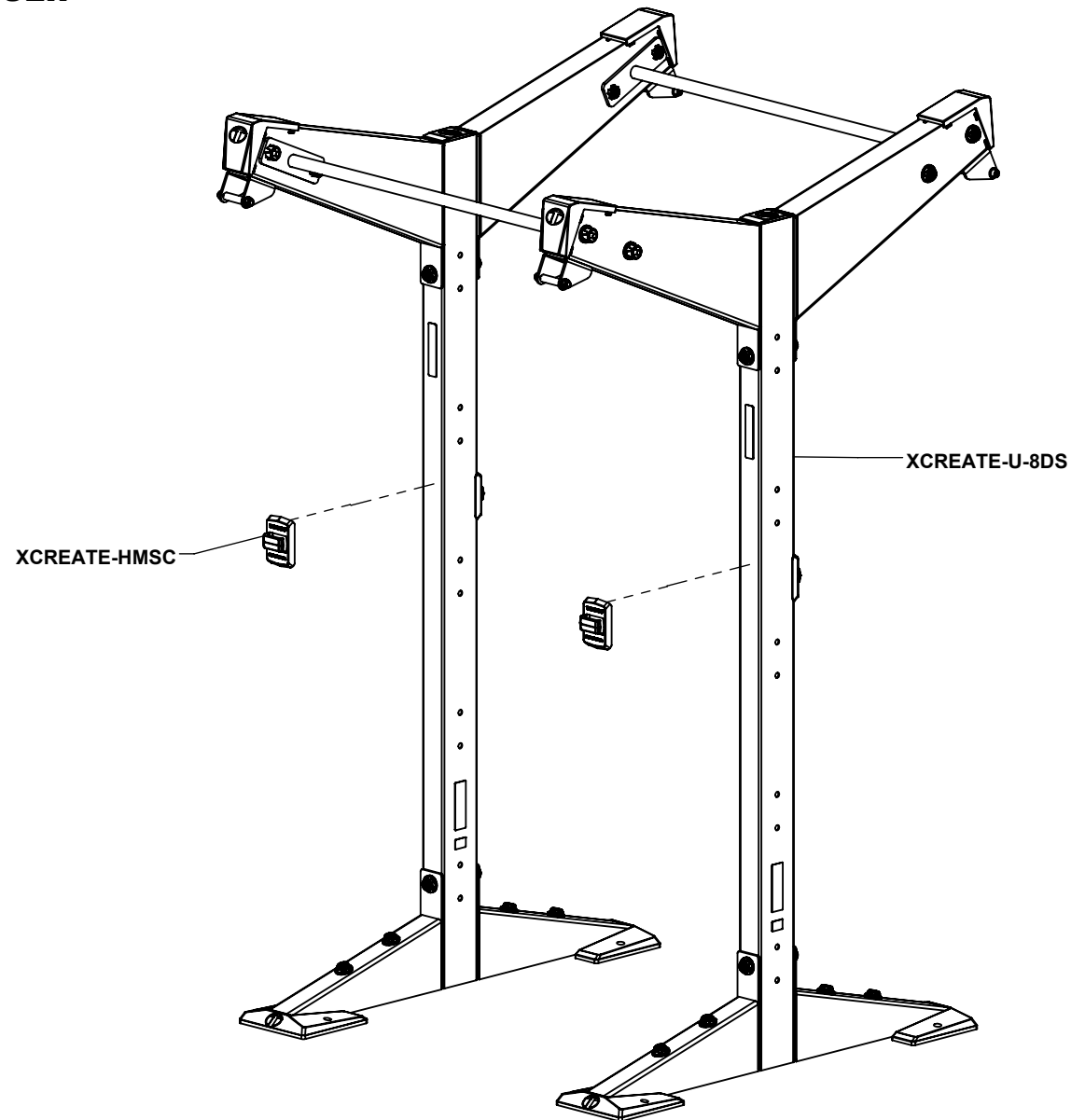
SECURELY tighten all bolt connections in this step.



BCSA
BAR CATCH STORAGE ATTACHMENT

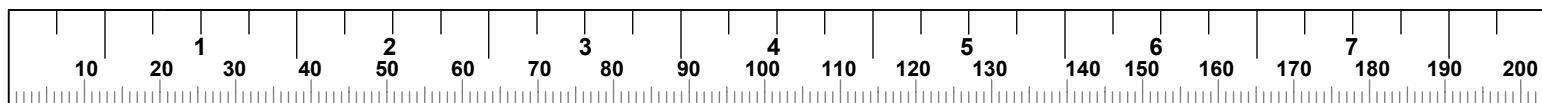


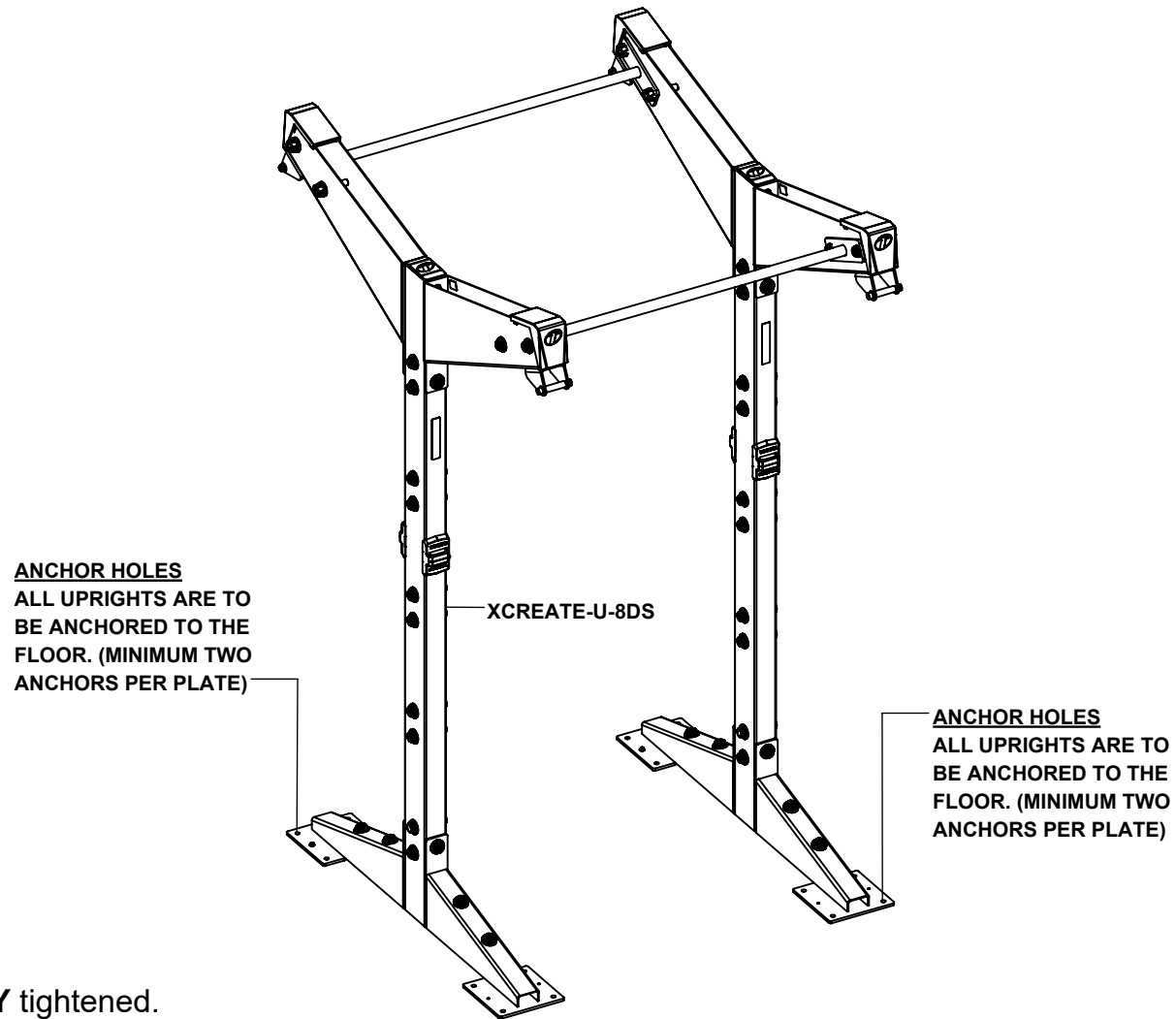
XCREATE-HMSC
MAGNETIC SUSPENSION CLIP



NOTES:

Suspension storage clip can be positioned to desired height.





NOTES:

Make sure all bolts are **SECURELY** tightened.

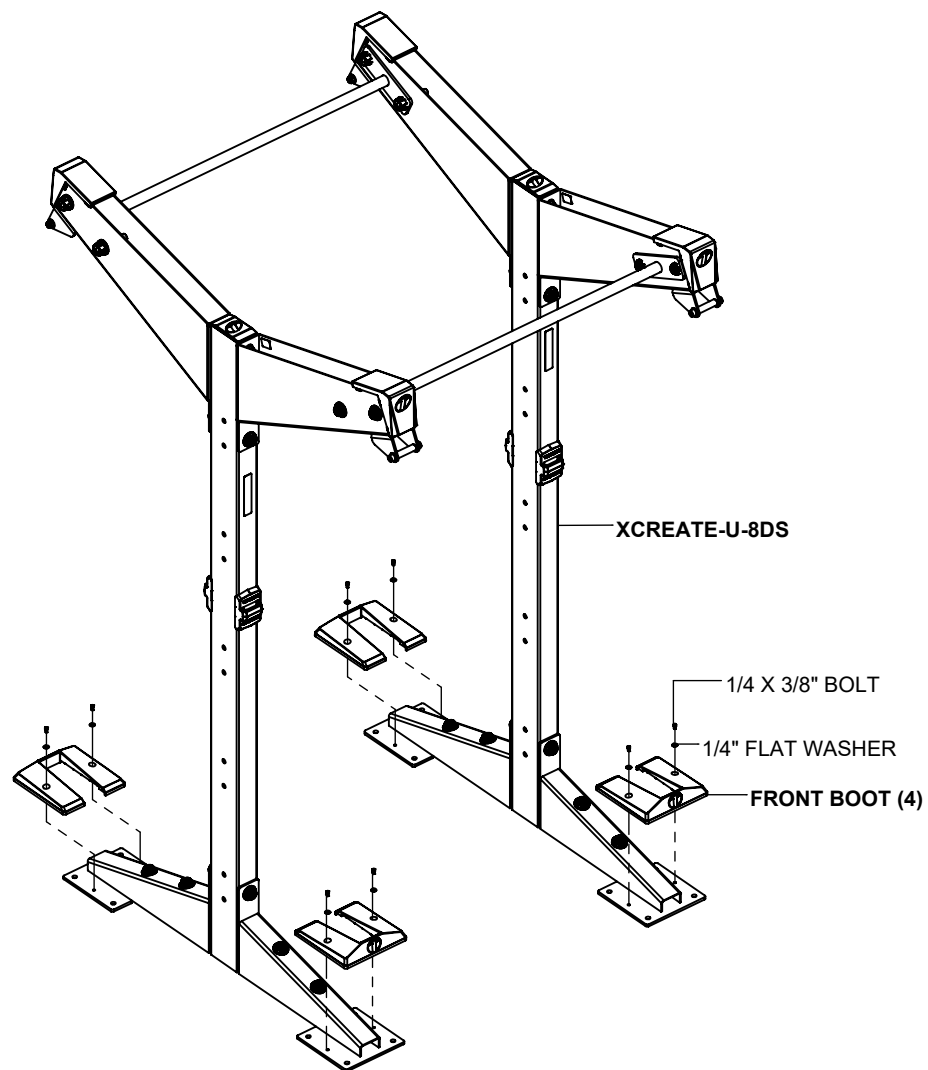
Position system to desired location in the room.

Anchor system to the floor referencing X-CREATE ANCHORING INSTRUCTIONS which can be downloaded at www.torquefitness.com/assembly-manuals

WARNING!

ALL X-CREATE ARE REQUIRED TO BE ANCHORED TO THE FLOOR TO PREVENT ROCKING OR TIPPING DURING USE.

XCREATE-URETHANE BOOTS



NOTES:

The URETHANE BOOTS and hardware are packaged with the upright boxes

SECURELY tighten bolt connections in this step.

Repeat this step for every upright.

