Meal Orders Call - 1800 532 001

Live Life Foods is a new home meal delivery service created to ensure everyone has access to a wide range of quality nutritional and great tasting meals.

Live Life FOODS

Menu – Live Life Foods Premium Range		Retail Price	HCP
Grilled salmon with béarnaise on mashed potato and seasonal greens	*GF*	$16.50	**$4.95**
Grilled barramundi herb crust with potato and seasonal vegetables		$15.90	**$4.77**
Traditional roast lamb with vegetables, potato & gravy	*GF*	$15.90	**$4.77**
Traditional roast pork with gravy and roast potatoes	GF	$14.90	**$4.47**
Traditional roast chicken with roast vegetables & potatoes	*GF*	$13.90	**$4.17**
Traditional roast beef with vegetables, potatoes & burgundy gravy	*GF*	$14.90	**$4.77**
Roast duck with hoi sin and fragrant jasmine rice and Asian greens	*GF*	$15.90	**$4.77**
Pork fillet with mustard cream sauce, red cabbage, potatoes & vegetables	*GF*	$14.90	**$4.47**
Prawns with sweet and sour sauce, fried rice, baby corn and greens		$15.90	**$4.77**
Massaman lamb curry with vegetables and jasmine rice	*GF*	$14.90	**$4.47**
Chicken parmigiana with sweet potato mash & seasonal vegetables		$14.90	**$4.47**
Chicken sweet & sour with noodles and vegetables		$13.90	**$4.17**
Chicken cheesy macaroni with and greens		$13.90	**$4.17**
Chicken satay meatballs & Jasmine rice		$13.50	**$4.05**
Authentic Butter chicken with vegetables and basmati rice	*GF*	$14.50	**$4.35**
Cottage pie with vegetables topped with mashed potato	*GF*	$14.5	**$4.35**
Mild Thai red fish curry, jasmine rice & vegetables	*GF*	$14.90	**$4.47**
Baked fish with creamy mornay sauce and vegetables	*GF*	$13.50	**$4.05**
Homemade beef lasagne		$13.90	**$4.17**
Spaghetti meatballs & Napoli sauce		$12.90	**$3.87**
Beef stroganoff with pasta & vegetables		$13.90	**$4.17**
Beef rissoles mashed potato gravy & vegetables		$13.90	**$4.17**
Slow cooked beef brisket with mushroom sauce with potatoes & vegetables	*GF*	$13.90	**$4.17**
Grilled pork chipolata sausages on mashed potato & green peas		$12.90	**$3.87**
Beef bourguignon mashed potato & vegetables		$14.90	**$4.47**

Smart choices - *Protein Guide for a healthy diet*

NPA Nutrition Professionals Australia *solutions for a healthy life*

Visit our website for our protein smart choices reference guide

Menu – Live Life Foods Premium Range		Retail Price	HCP
Vegetable Indian style curry with basmati rice	GF	$13.90	$3.87
Vegetarian lasagne made with seasonal vegetables and Napoli sauce		$14.90	$4.47
the Good Meal Co			
Special Roast Chicken Roast Potato & Gravy 300g		$11.90	$3.67
Special Roast Beef Roast Potato & Gravy 300g		$11.90	$3.67

Dineamic.

Dineamic	Retail Price	HCP
Beef Bolognese with broccoli and pasta	$12.50	$3.75
Creamy pesto chicken with spiral pasta & broccoli	$12.50	$3.75
Slow cooked Lamb with turmeric cous-cous	$12.50	$3.75

Desserts		Retail Price	HCP
Chocolate mousse	GF	$4.90	$1.47
Strawberry crepe		$4.90	$1.47
Chocolate crepe		$4.90	$1.47
Sticky date pudding		$5.90	$1.77
Tiramisu		$6.20	$1.86
Apple crumble with custard		$6.20	$1.86
Baked New York flourless cheesecake	GF	$6.20	$1.86

Soups		Retail Price	HCP
Honey Pumpkin	GF	$5.50	$1.65
White Bean	GF		
Seasonal vegetable	GF		
Creamy broccoli & kale	GF		
Chicken & vegetable	GF	$6.20	$1.86
Potato leek	GF	$4.90	$1.47

Place your order before 2 pm on Tuesday to ensure Friday same week delivery in metro areas. With advance notice, we can also accommodate deliveries on your preferred days.

Contact our dedicated team today for additional information or special inquiries.

livelifefoods.com.au

Call 1800 532 001

Orders@livelifefoods.com.au

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*Visit our website to view the current menu and pricing, as the menu is subject to change Dec 2023