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TO SPRING CLEAN AND REVITALISE YOUR HOME



6 days

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Before you start:

We would recommend doing this job on a bright sunny day - you are more likely to see the dirt and also you can fling the doors and windows wide open and get the air flowing through the house.

We are doing one room a day for 6 days (that doesn't mean each room will take a day it's just so you can really focus your attention on each room) - If you are finding it hard to start,set a 10 min timer and go more often than not you will still be going long past the timer going off.

Make sure to remove from each room any bits like any dirty cups, glasses bits that people just leave lying around (I like to take a washing basket with me and go into each room rounding up those little bits that are not where they should be so that you aren't running back and forth or up and down the stairs.)

Start each room from the top and the end furthest from the door. Work a wall at a time from top to bottom (keeping a close eye on skirting boards and hidden lower down corners that we often miss) and work your way out of the room, floors last. Clean your way out of the room!



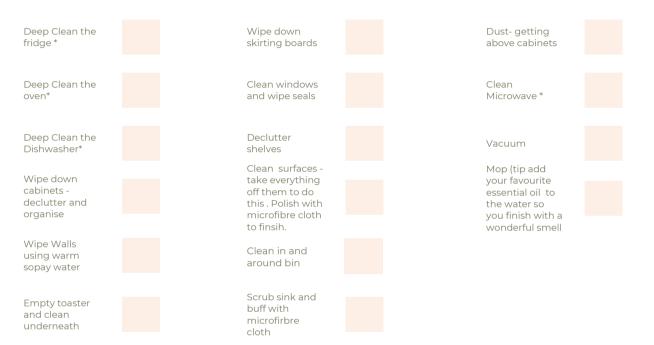
YOU WILL NEED:







This is a biggy so we will get it out of the way first!



*Notes:

*Tips for deep cleaning the fridge:

Take everything out, compost or recycle what you no longer need. Make sure to only use warm soapy water in the fridge, most manufactures only recommend using washing up liquid so no sprays! Toothbrushes are great for getting into the corners of the fridge.

*Tips for deep cleaning the oven:

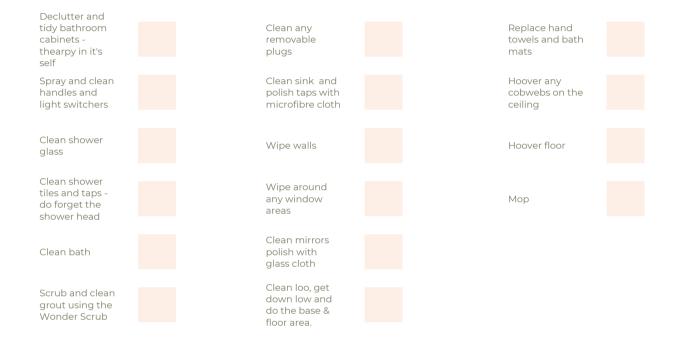
One of the worst jobs but it will be worth it. When cleaning make sure the oven is warm, it makes removing dirt a lot easier. Put the metal racks in the bath full of water wrapped tin foil with a dishwashing tablet and leave either overnight or for a few hours run a wire brush over them and you will be amazed at the results, squeaky clean and very little effort required.

*Tips for deep cleaning the Dishwasher:

Clean inside making sure to check around seals for any food stuck in them, wash out the filter. A cup of vinegar in the dishwasher will help break down all grease and dirt, and a lemon cut in half on the tip rack of the dishwasher will keep it smelling fresh, run on empytso that everything gets a good wash. Give outside a nice wipe down with our all purpose spray.



THE BATHROOM

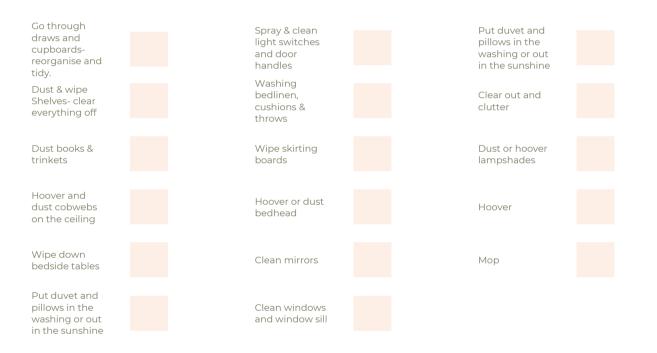


Repeat in any shower rooms or loo's in the house.

Time to run a bubble bath and light some candle to enjoy your sparkling bathroom. You deserve it!



Strip beds and anything you need cleaned put into the washing machine first so its not adding time at the end.



*Repeat depending on the number of bedrooms you may have.

Once finished put on the kettle and enjoy a cuppa and a piece of cake!



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Do a happy dance becasue the house is starting to look good!



ENTRANCE AREA



Top tip, get some lovely tulips or daffodiles to add an uplifting spring feel when you come through the door.





And that is a wrap! The house should be looking great and you should be feeling very zen!

Congratulations, more tea and cake anyone?!