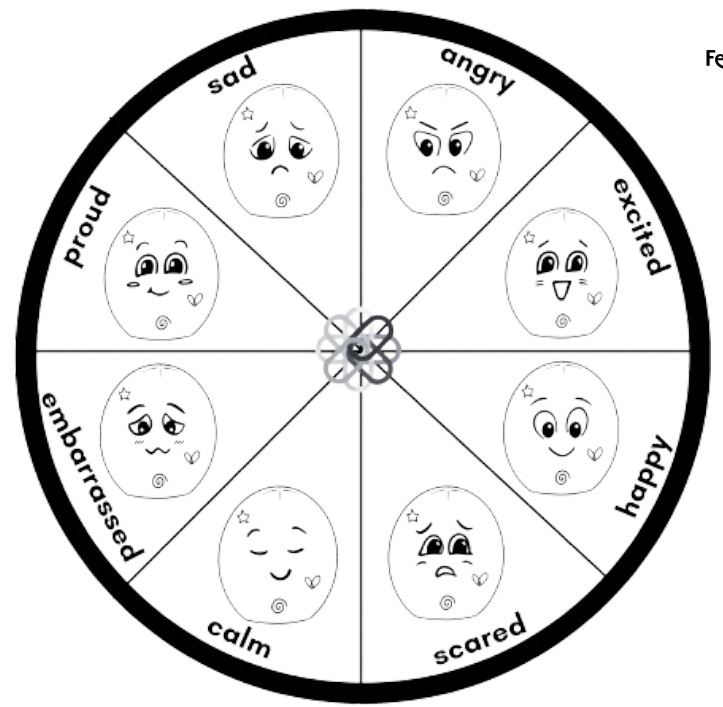
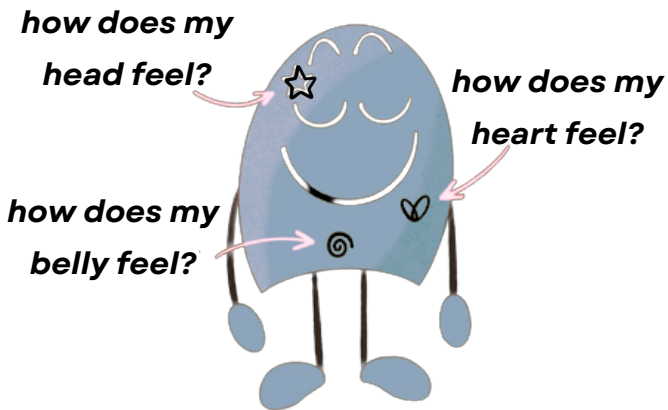
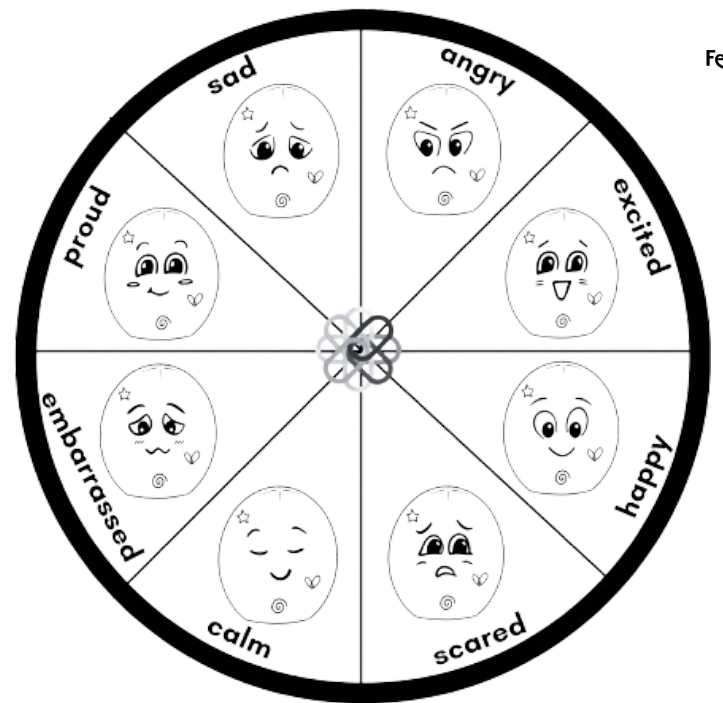


# I AM FEELING



# I AM FEELING



# SELF CHECK-IN

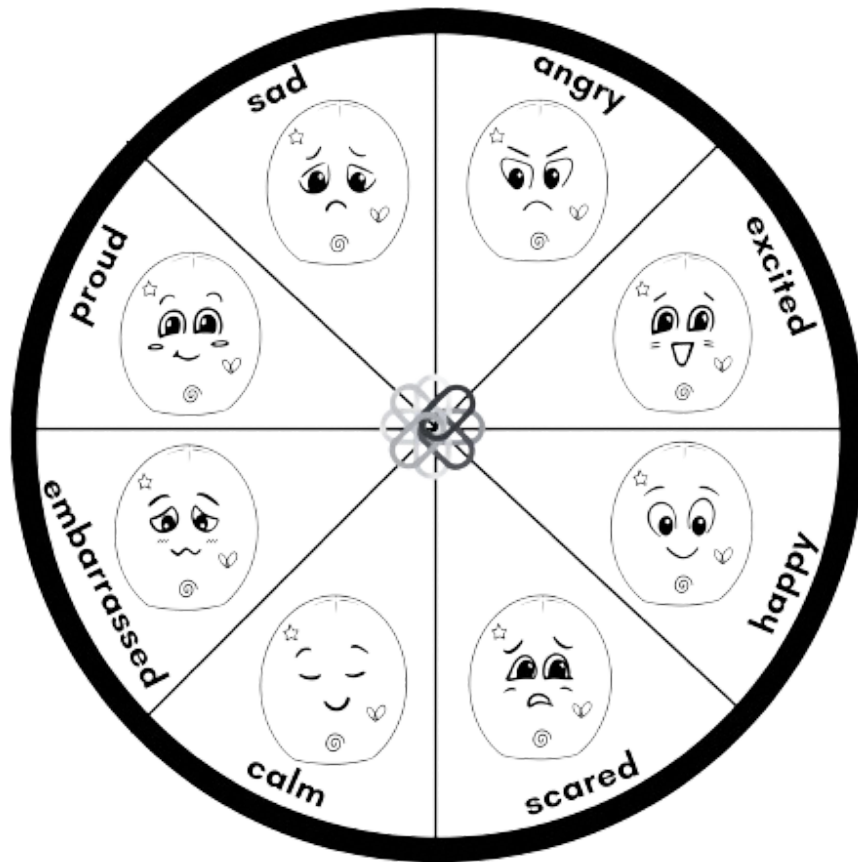
how does my  
head feel?

how does my  
heart feel?

how does my  
belly feel?



# COLOR THE EMOTION WHEEL



# I AM FEELING \_\_\_\_\_

