

I FEEL A SENSE OF BELONGING

- DRAW YOUR FACE IN THE SPACE LABELED "ME."
- THINK ABOUT WHERE YOU FEEL LOVED AND SAFE: SOMEWHERE YOU FEEL A SENSE OF BELONGING. THIS MIGHT BE: FRIENDS, FAMILY, SCHOOL, SPORTS TEAM OR ACTIVITY.
- THINK ABOUT THE PEOPLE THAT ARE THERE, THEN ADD THEM TO THE OTHER FACES. YOU CAN ADD THEIR NAMES, TOO!
 - *YOU DO NOT HAVE TO FILL IN EACH FACE - OR YOU CAN ADD MORE FACES IF YOU WANT!
- FEEL FREE TO ADD "THINGS" TO THE PICTURE AROUND THE HEART THAT MAKE YOUR SENSE OF BELONGING COME TO LIFE. FOR EXAMPLE, MAYBE IT'S FAMILY: YOU CAN ADD PETS, YOUR HOME, A PICTURE OF YOUR FAVORITE STUFF ANIMAL, ETC.

