

it's baby time

HOSPITAL BAG CHECKLIST

- DOCUMENTS
ID, INSURANCE CARD, BIRTH PLAN
- NURSING PILLOW
- SLIDES/FLIPFLOPS
FOR THE SHOWER. MAKE SURE THEY'RE
LARGE ENOUGH FOR SWOLLEN FEET
- PHONE/CHARGER/EARBUDS
- CLOTHING
SOCKS (WITH GRIPPIES), LOOSE CLOTHING
TO WEAR HOME, GOWN/ROBE IF YOU CHOOSE
NOT TO WEAR HOSPITALS, NURSING BRA
- TOILETRIES
TOOTHBRUSH/ TOOTHPASTE, HAIRBRUSH,
HAIR TIE, BODY CLEANSER, SHAMPOO, FACE
WIPES, DRY SHAMPOO, DEODORANT.
- BABY CLOTHES
GOING HOME CLOTHES.
- NURSE GIFTS
SNACKS OR COFFEE GIFT CARD
- MISC
SLEEP EYE MASK, BABY PHOTO
PROPS (HELLO MY NAME IS SIGN)