

NUTRITIONAL FACTS

PRODUCT: Fruit Cake (Cupcake)

USA NFT:

***Serving Size: 2.5 Oz (70.87 g)**

Nutrition Facts	
Serving size	(71g)
Amount per serving	
Calories	230
	% Daily Value*
Total Fat 8g	10%
Saturated Fat 2g	10%
Trans Fat 1.5g	
Cholesterol 30mg	10%
Sodium 95mg	4%
Total Carbohydrate 36g	13%
Dietary Fiber 1g	4%
Total Sugars 19g	
Includes 9g Added Sugars	18%
Protein 3g	
Vitamin D 0mcg	0%
Calcium 16mg	2%
Iron 1mg	6%
Potassium 89mg	2%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

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INGREDIENT LIST:

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INGREDIENTS: Flour, Combined Fruits (Raisins, Red Wine, Fruit Mix (Papaya, Orange Peel, Glucose-Fructose, Lemon peel, Cherries, Citric Acid, Colour, Artificial flavour, Sodium benzoate, Sodium metabisulphate), Prunes, Rum (40%), Cherries, Dried Currants, Dates, Mixed Peel (Orange peel, Glucose, Glucose-Fructose, Lemon Peel, Citron Peel, Sodium Benzoate, Citric Acid)), Turbinado Sugar, Margarine, Red Wine, Egg Whites, Browning Caramel (Water, caramel, salt, sodium benzoate), Egg Yolks, Rum (40%), Unsalted Butter, Molasses, Vanilla Extract, Baking Soda, Ground Cinnamon, Baking Powder.

Contains Egg, Milk, Wheat.

May also contain Gluten, Sulphites.

