



THE SUN & MY SOUL
self-care club

Corporate Gifting Guide

GIVE THE GIFT OF SELF-CARE



How We Can Help

1. GIFTS FOR EMPLOYEES

ONE OFF PERSONALISED GIFTS

Welcome new staff, celebrate achievements and holidays, and leave a lasting impression that reflects your brand and values. Personalise each box with your chosen items and make your next employee gift truly special.

AUTOMATED

Our wellbeing gift boxes are prepared and sent on time, ensuring you never miss a significant occasion again. From employee appreciation and milestones to birthdays, we've got you covered.

MONTHLY SUBSCRIPTION

Join our Monthly Subscription Program and proudly incorporate wellbeing as one of the benefits you offer to your employees. Enable employee wellbeing customisation within a designated budget. Let your employees choose the products they need to enhance their personal wellness.

2. GIFTS FOR CLIENTS

EXPRESSING GRATITUDE TO CUSTOMERS & CLIENTS

Strengthen your relationships with customers and clients by expressing your appreciation for their business through a thoughtful and wellbeing-focused gift box.

PR BOXES & GOODIE BAGS

If you're looking to generate buzz around your company or brand, we have you covered. Our wellness-focused gift boxes are perfect for creating excitement among influencers, media outlets, and potential partners.



3. GIFTS FOR EVENTS

IN-PERSON EVENTS

From team-building exercises to conferences, meetings, presentations, and social gatherings we can help you curate unique gift boxes that align with the occasion and reinforce a positive and inclusive work culture.

ONLINE EVENTS

Our wellbeing gift boxes serve as a delightful addition to your online workshops. These are carefully curated to align with the theme of your workshops, providing participants with tangible items that enhance their overall wellness.



How It Works

1. CHOOSE YOUR GIFTS BY THREE METHODS

A.) READY TO SHIP GIFT BOXES

Choose from our range of unique and luxury self-care boxes that have all the essentials they need to make them feel nourished and appreciated both inside and out. All of our self-care boxes arrive in beautiful gift packaging.

B.) BUILD YOUR OWN

Choose all the items you would like in your box, from our selection of self-care essentials or add your own product to the box.

C.) SEND A GIFT CARD OR VOUCHER

We can post gift cards or send e-cards with voucher codes so your recipients can choose their own gifts.

2. SELECT OR PERSONALISE YOUR BOX

Choose from our range of signature boxes or pay extra for a branded box. You can personalise all details in your packaging including the card, tissue paper and filling paper, etc.



3. LEAD TIME

Small orders can be done within a few working days depending on stock availability, whilst customised orders that include special request will take up to 2-3 weeks.

If you need your order sooner for an event or occasion we can offer an express service.



Ready To Ship Gift Boxes

We have created a range of curated gift boxes designed for different events and occasions. Choosing from our ready to ship range is the fastest and most cost effective service. All of our self-care boxes arrive in beautiful gift packaging. Including our signature white box, luxury tissue paper, cream shredded filling and black ribbon. Free UK Tracked Shipping included.

[Browse our full range of self-care gift boxes](#)



HOME SPA -
RELAX AND
INDULGE LUXURY
SELF-CARE GIFT
BOX

£65.00



UNWIND
RELAXING SELF-
CARE GIFT BOX

£54.00



MINDFULNESS
STRESS RELIEF
SELF-CARE GIFT
BOX

£45.00



RECHARGE AND
REJUVENATE
UPLIFTING SELF-
CARE GIFT BOX

£34.50



HAPPY BIRTHDAY
SELF-CARE GIFT
BOX

£46.50



THINKING OF YOU
SELF-CARE GIFT
BOX

£46.50

Relaxing Pamper Products

[Browse our full range of pamper products](#)



EYE THERAPY
COLLAGEN
UNDER EYE MASK
(3 PAIRS)

£5.00



CICA AND
NIACINAMIDE
BRIGHTENING
SHEET FACE MASK

£5.00



BRIGHTENING
COLLAGEN SHEET
FACE MASK WITH
VITAMIN C

£5.00



LUXURY SATIN
SLEEP EYE MASK
IN POUCH
-MORE COLOURS
AVAILABLE

£12.00



YOU ARE LOVED -
SELF-LOVE ROSE
BATH BOMB

£8.00



RELAX YOU
DESERVE IT -
RELAXING
LAVENDER BATH
BOMB

£8.00



GRATEFUL FOR YOU
- LEMON MERINGUE
PIE GRATITUDE
BATH BOMB

£8.00



HAPPY BIRTHDAY
- YORKSHIRE
VIOLET BIRTHDAY
BATH BOMB

£8.00



SPA DAY LAVENDER
& JOJOBA LUXURY
HIMALAYAN BATH
SALTS WITH
MAGNESIUM FLAKES
IN POUCH

£12.50



SPA DAY LAVENDER
& JOJOBA LUXURY
HIMALAYAN BATH
SALTS WITH
MAGNESIUM FLAKES
IN JAR

£16.00



RELAX ROSE & YLANG
YLANG LUXURY
HIMALAYAN BATH
SALTS WITH
MAGNESIUM FLAKES
IN POUCH

£12.50



RELAX ROSE & YLANG
YLANG LUXURY
HIMALAYAN BATH
SALTS WITH
MAGNESIUM FLAKES
IN JAR

£16.00

Premium Scented Soy Wax Candles

[Browse our full range of scented soy wax candles](#)



MINDFULNESS -
MANDARIN, BASIL,
LIME SCENTED
PREMIUM SOY WAX
CANDLE

£19.95



BALANCE - SAGE SEA
SALT SCENTED
PREMIUM SOY WAX
CANDLE

£19.95



SPA DAY -
EUCALYPTUS
SCENTED PREMIUM
SOY WAX CANDLE

£19.95



RELAX - LAVENDER
SCENTED PREMIUM
SOY WAX CANDLE

£19.95



SUNDAY MORNING
-
FRESH LINEN
SCENTED PREMIUM
SOY WAX CANDLE

£19.95



HAPPY BIRTHDAY -
BIRTHDAY CAKE
SCENTED PREMIUM
SOY WAX CANDLE

£19.95



THINKING OF
YOU - JASMINE
SCENTED
PREMIUM SOY
WAX CANDL

£19.95



GRATITUDE -
AMBER SWEET
ORANGE SCENTED
PREMIUM SOY WAX
CANDLE

£19.95



POSITIVE
AFFIRMATION
CRYSTAL CANDLE,
SCENT - AMBER,
MUSK, SWEET
ORANGE

£25.00



CALM
AFFIRMATION
CRYSTAL CANDLE,
SCENT -
MANDARIN, BASIL,
LIME

£25.00



SELF-LOVE
AFFIRMATION
CRYSTAL CANDLE,
SCENT - PEONY,
BLUSH SUEDE

£25.00



HEALING
AFFIRMATION
CRYSTAL CANDLE,
SCENT - SAGE SEA
SALT

£25.00

Drink and Sweet Treats

Browse our full range of drink and sweet treats



UPLIFTING TEA, HAPPY WITH LEMON BALM
£5.95



RELAXING TEA, CALM WITH VALERIAN
£5.95



SLEEPY TEA, SNOOZE WITH LAVENDER
£5.95



PEPPERMINT HERBAL TEA
£5.50



EVERYDAY BREW BREAKFAST TEA
£5.50



DARJEELING EARL GREY TEA
£5.50



PERUVIAN DARK CHOCOLATE BAR (V)
£5.50



SALTED CARAMEL MILK CHOCOLATE BAR
£5.50



HAPPY BIRTHDAY, MILK CHOCOLATE BAR
£5.50



HONEYCOMB MILK CHOCOLATE BAR
£5.50



MINI SALTED CARAMEL TRUFFLES
£6.50



BELGIAN SHORTBREAD SPRITZ COOKIES
£4.50



THE SUN & MY SOUL
RELAX
Unwind after a long day.
ROSE & YLANG YLANG LUXURY HIMALAYAN
BATH SALTS WITH MAGNESIUM FLAKES
300 G | MADE IN LONDON

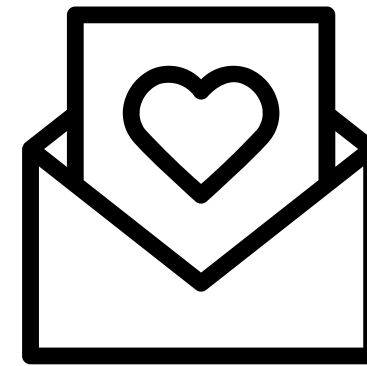
THE SUN & MY SOUL
SPA DAY
Create a home spa sanctuary.
LAVENDER & JOJOBA LUXURY HIMALAYAN
BATH SALTS WITH MAGNESIUM FLAKES
Made in London | Vegan | Cruelty Free
Ingredients: The perfect blend of Sodium Chloride (Pink Himalayan Salt), Magnesium Chloride (Epsom Salt), Magnesium Citrate (Magnesium Citrate), Lavender Flower, Lavender Absolute, Jojoba Seed Oil, Sesquiterpene Lactone (Jojoba Oil), Citrus Peel Oil, and Essential Oils.
Store in cool, dry place away from direct sunlight. Keep out of reach of children. Be careful, might leave bathtub slippery. ♻️ This pack is eco-friendly & fully recyclable. Size 300G.
THE SUN & MY SOUL.COM

THE SUN & MY SOUL
RELAX
Unwind after a long day.
ROSE & YLANG YLANG LUXURY HIMALAYAN
BATH SALTS WITH MAGNESIUM FLAKES
Made in London | Vegan | Cruelty Free
Ingredients: The perfect blend of Sodium Chloride (Pink Himalayan Salt), Magnesium Chloride (Epsom Salt), Magnesium Citrate (Magnesium Citrate), Rose Absolute, Ylang Ylang Flower, Camphor Absolute, Ylang Ylang Oil, Clove Macerated in Alcohol, and Essential Oils.
Store in cool, dry place away from direct sunlight. Keep out of reach of children. Be careful, might leave bathtub slippery. ♻️ This pack is eco-friendly & fully recyclable. Size 300G.
THE SUN & MY SOUL.COM

THE SUN & MY SOUL
SPA DAY
Create a home spa sanctuary.
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300 G | MADE IN LONDON

Send A Gift Card

Our e-card voucher service allows your recipients to choose exactly what they want and keeps your workload to a minimum.



SET THE BUDGET

Tell us your budget so we can let you know your different options.

PROVIDE THE EMAILS

We will send an e-card to all the giftees with a unique url link with details of how to get their gift and any other information you want to share.

WE DO THE REST

Once your giftee has ordered their self-care essentials, we will send it out and let you know that it's been claimed.

Packaging and Personalisation

Boxes and Box Filling

THE SUN & MY SOUL GIFT BOX

Box with luxury tissue paper, cream shredded filling and black ribbon - £6.50
Positive quote 'Treat yourself, you deserve it.'
Fast turnaround, No MOQ



GIFT BOX

Gift Box - £3.50
Personalised Sticker with your logo - £1.50/box
Custom Printed Gift Box - price on request, MOQ 120
Available Colours: White, Black, Pink, Blue

PREMIUM GIFT BOX

Gift Box with magnetic closure and ribbon
Size A5 from £8.00 MOQ 12
Size A4 from £10.00 MOQ 12
Personalised Sticker with your logo - £1.50/box
Available Colours: White, Black, Pale Pink, Red, Rose Gold, Navy, Pale Blue, Silver, Gold, Holographic

TISSUE PAPER

Premium Quality Tissue Paper - £1.00/sheet
Available Colours: Forest green, Lime green, Teal, Light pink, Lilac, Red, White, Navy, Black, Rose gold sparkling, White sparkling, Light Blue, Blush, Burgundy, coral, orange, yellow, sand, ivory, rose, fuchsia, royal blue, oxford blue.

BOX FILLING PAPER

Shredded Filling Paper - £1.50/box
Available colours: Cream, Black, White, Red, Deep Red, Pink, Kraft Brow, Cool Grey, Navy Blue, Chocolate Brown, Green, Forest Green, Lime Green, Orange, Yellow.

RIBBON

Black Satin Ribbon - £0.50/box

Packaging and Personalisation

Cards, Envelopes, Adding Your Products

CARD - £1.00

One or two sided A6 notecard with your logo and personalised message

ENVELOPE - £1.00

A6 premium heavyweight envelopes available in 20 different colours to match with your branding.

Available Colours: Burgundy, Deep Rose, Dusty Rose, Blush Pink, Terracotta, Buttermilk, Cherry Red, Olive, Khaki, Jade Green, Hunter Green, Almond, Navy Blue, Teal, Dusty Blue, Aubergine, Lilac, Dove White, Mid Grey, Storm Grey, Jet Black

ADD YOUR OWN PRODUCTS

If you would like to include external gifts or your branded products, we generally charge a £1.50 pick and pack fee per item.



Shipping and Additional Costs



PICKING AND PACKING

A Picking and Packing fee applies to all orders. This is for the packaging materials and the picking and packing of the boxes.

Pick and Pack - £1.50/box

UK SHIPPING

Boxes are sent with Royal Mail Service. Individually sent, prices by box size are:

Small Box:
Express Tracked - £6.50
Standard Tracked - £4.50

Medium Box: price on request

Sent to one location: price on request

INTERNATIONAL SHIPPING

Boxes are sent with Royal Mail and UPS Services. Individually sent, prices by box size are:

Small Box:
Royal Mail International Tracked (7 to 21 days subject to customs) from £25

Medium Box: price on request

Please note that any import duties or taxes are the responsibility of the customer or recipient of the gift.

HAVE QUESTIONS?

Contact Jutta at sales@thesunandmysoul.com

Partners we have worked with



"The perfect pick me up for our team. Excellent products that brought so much joy and such great customer service. Thank you so much and can't wait to shop here again!" - D.J.

"Amazing service. Wonderful products and so organised when sending to large groups. Thanks so much I'll be ordering again for sure!" - Maureen

