

All information about this hamper included below is correct at the time of going to press. Please be aware that in the event that a substitution is made, this nutrition information and allergy summary may not accurately reflect the contents of the gift. If you have any concerns in relation to allergens, or queries about dietary requirements, please contact us prior to purchase.

Name of product	Birchall tea lemon and ginger
Monty&Ridge product code	D-HT01
Manufacturer's name and address	Birchall Tea, Imporient (UK) Ltd, 54 Willow Way, London SE26 4QP United Kingdom

Ingredients	lemongrass, ginger root, liquorice root, turmeric, natural flavouring, lemon peel
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Country of origin	Various
Storage instructions	Store in a cool, dry place away from strong aromas
Instructions for use	Recommended Brew Time: 3 minutes Recommended Brew Temperature: 100°
Alcoholic strength (%ABV)	0

#### Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	None
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Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

#### Nutrition labelling - typical value per 100g/100ml

Energy (kj)	0
Energy (kcal)	0
Carbohydrate (g)	0
Of which sugars (g)	0
Fat (g)	0
Of which saturates (g)	0
Protein (g)	0
Fibre (g)	0
Salt (g)	0

Name of product	Birchall tea peppermint
Monty&Ridge product code	D-HT02
Manufacturer's name and address	Birchall Tea, Imporient (UK) Ltd, 54 Willow Way, London SE26 4QP United Kingdom

Ingredients	peppermint
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Country of origin	Various
Storage instructions	Store in a cool, dry place away from strong aromas
Instructions for use	Recommended Brew Time: 3 minutes Recommended Brew Temperature: 100°
Alcoholic strength (%ABV)	0

#### Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	None
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Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

#### Nutrition labelling - typical value per 100g/100ml

Energy (kj)	0
Energy (kcal)	0
Carbohydrate (g)	0
Of which sugars (g)	0
Fat (g)	0
Of which saturates (g)	0
Protein (g)	0
Fibre (g)	0
Salt (g)	0

Name of product	Birchall tea decaf
Monty&Ridge product code	D-HT03
Manufacturer's name and address	Birchall Tea, Imporient (UK) Ltd, 54 Willow Way, London SE26 4QP United Kingdom

Ingredients	black tea (caffeine content less than 0.2%)
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Country of origin	Various
Storage instructions	Store in a cool, dry place away from strong aromas
Instructions for use	Recommended Brew Time: 3 minutes Recommended Brew Temperature: 100°
Alcoholic strength (%ABV)	0

#### Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	None
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Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

#### Nutrition labelling - typical value per 100g/100ml

Energy (kj)	0
Energy (kcal)	0
Carbohydrate (g)	0
Of which sugars (g)	0
Fat (g)	0
Of which saturates (g)	0
Protein (g)	0
Fibre (g)	0
Salt (g)	0

Name of product	Monty&Ridge Vegan fizzy dummies 50g
Monty&Ridge product code	F-EC01
Manufacturer's name and address	Kingsway, 25 Jubilee Drive, Loughborough, Leicestershire, LE11 5TX

Ingredients	Sugar, Glucose syrup, WHEAT starch, Water, Modified maize starch, Acids(lactic acid, malic acid, citric acid, sodium malate), Modified potato starch, Flavourings, Fruit & Vegetable Concentrates (spirulina, safflower, black carrot,grape),Colours (curcumin, paprika extract).
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Country of origin	United Kingdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

#### Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	Yes
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	n/a
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Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

#### Nutrition labelling - typical value per 100g/100ml

Energy (kj)	1454
Energy (kcal)	342
Carbohydrate (g)	85.2
Of which sugars (g)	58
Fat (g)	0.1
Of which saturates (g)	0.1
Protein (g)	0.1
Fibre (g)	0.1
Salt (g)	0.26