All information about this hamper included below is correct at the time of going to press. Please be aware that in the event that a substitution is made, this nutrition information and allergy summary may not accurately reflect the contents of the gift. If you have any concerns in relation to allergens, or queries about dietary requirements, please contact us prior to purchase.

Name of product	Birchall tea lemon and ginger
Monty&Ridge product code	D-HT01
	Birchall Tea, Imporient (UK) Ltd, 54 Willow Way, London SE26
Manufacturer's name and address	4QP United Kingdom

	lemongrass, ginger root, liquorice root, turmeric, natural
Ingredients	flavouring, lemon peel

Country of origin	Various
Storage instructions	Store in a cool, dry place away from strong aromas
	Recommended Brew Time: 3 minutes
Instructions for use	Recommended Brew Temperature: 100°
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	None

Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

Energy (kj)	0
Energy (kcal)	0
Carbohydrate (g)	0
Of which sugars (g)	0
Fat (g)	0
Of which saturates (g)	0
Protein (g)	0
Fibre (g)	0
Salt (g)	0

Name of product	Birchall tea peppermint
Monty&Ridge product code	D-HT02
	Birchall Tea, Imporient (UK) Ltd, 54 Willow Way, London SE26
Manufacturer's name and address	4QP United Kingdom

Ingredients	peppermint

Country of origin	Various
Storage instructions	Store in a cool, dry place away from strong aromas
	Recommended Brew Time: 3 minutes
Instructions for use	Recommended Brew Temperature: 100°
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	None

Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

real real range typical value per 100g/100iiii	
Energy (kj)	0
Energy (kcal)	0
Carbohydrate (g)	0
Of which sugars (g)	0
Fat (g)	0
Of which saturates (g)	0
Protein (g)	0
Fibre (g)	0
Salt (g)	0

Name of product	Birchall tea decaf
Monty&Ridge product code	D-HT03
	Birchall Tea, Imporient (UK) Ltd, 54 Willow Way, London SE26
Manufacturer's name and address	4QP United Kingdom

Ingredients	black tea (caffeine content less than 0.2%)

Country of origin	Various
Storage instructions	Store in a cool, dry place away from strong aromas
	Recommended Brew Time: 3 minutes
Instructions for use	Recommended Brew Temperature: 100°
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	None
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Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

Nutrition labelling - typical value per 100g/100illi	
Energy (kj)	0
Energy (kcal)	0
Carbohydrate (g)	0
Of which sugars (g)	0
Fat (g)	0
Of which saturates (g)	0
Protein (g)	0
Fibre (g)	0
Salt (g)	0

Name of product	Monty&Ridge Vegan fizzy dummies 50g
Monty&Ridge product code	F-EC01
	Kingsway, 25 Jubilee Drive, Loughborough, Leicestershire, LE11
Manufacturer's name and address	5TX

	Sugar, Glucose syrup, WHEAT starch, Water, Modified maize
	starch, Acids(lactic acid, malic acid, citric acid, sodium malate),
	Modified potato starch, Flavourings, Fruit & Vegetable
	Concentrates (spirulina, safflower, black carrot,grape),Colours
Ingredients	(curcumin, paprika extract).

Country of origin	United Kingdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	Yes
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	n/a

Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

reaction labelling typical value per 1006, 100m	
Energy (kj)	1454
Energy (kcal)	342
Carbohydrate (g)	85.2
Of which sugars (g)	58
Fat (g)	0.1
Of which saturates (g)	0.1
Protein (g)	0.1
Fibre (g)	0.1
Salt (g)	0.26