

All information about this hamper included below is correct at the time of going to press. Please be aware that in the event that a substitution is made, this nutrition information and allergy summary may not accurately reflect the contents of the gift. If you have any concerns in relation to allergens, or queries about dietary requirements, please contact us prior to purchase.

Name of product	New English Teas tin of 40 teas
Monty&Ridge product code	D-HT07
Manufacturer's name and address	New English Teas, Spitfire Close, Coventry Business Park, Coventry, CV56UR

Ingredients	Tea (Ceylon).
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Country of origin	India
Storage instructions	
Instructions for use	For a full, fresh flavour, this tea should be brewed in boiling water for three to four minutes.
Alcoholic strength (%ABV)	0

Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	
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Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	0
Energy (kcal)	0
Carbohydrate (g)	0
Of which sugars (g)	0
Fat (g)	0
Of which saturates (g)	0
Protein (g)	0
Fibre (g)	0
Salt (g)	0

Name of product	Furniss Clotted Cream Shortbread with Lemon 200g
Monty&Ridge product code	F-BS04
Manufacturer's name and address	Furniss of Cornwall, Unit 11, Druid Road, Redruth, Cornwall, TR15 3RH

Ingredients	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Butter (MILK) (36%), Sugar, Cornflour, Lemon Oil (1%), Salt.
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Country of origin	United Kingdom
Storage instructions	Store in a cool dry place and once opened in an airtight container
Instructions for use	
Alcoholic strength (%ABV)	0

Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	Yes
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	No

May contain statements:	Nuts
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Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	2269
Energy (kcal)	543
Carbohydrate (g)	63.3
Of which sugars (g)	21.9
Fat (g)	30.8
Of which saturates (g)	19.8
Protein (g)	16.8
Fibre (g)	
Salt (g)	0.62

Name of product	Westcountry Cider Cake 350g
Monty&Ridge product code	F-CF01
Manufacturer's name and address	Foxcombe Bakehouse, Okehampton, Devon, EX20 4PH

Ingredients	Raisins (48%), wheat flour, sugar, Devon cider (11%), vegetable fat spread (vegetable oils, water, salt), apple juice, free range eggs, mixed spices.
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Country of origin	United Kingdom
Storage instructions	Store in a cool, dry place.
Instructions for use	
Alcoholic strength (%ABV)	0

Allergens

Celery	No
Eggs	Yes
Tree nuts	No
Cereals containing gluten (including wheat)	Yes
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	Nuts
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Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	No

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	1366.9
Energy (kcal)	324
Carbohydrate (g)	59.7
Of which sugars (g)	48.9
Fat (g)	9
Of which saturates (g)	2.6
Protein (g)	3.1
Fibre (g)	1.7
Salt (g)	0.3

Name of product	Kernow White choc - eton mess 100g
Monty&Ridge product code	F-HB09
Manufacturer's name and address	Kernow Chocolate, 755 Orion Drive, St Eval, Wadebridge, Cornwall. PL27 7TU. UK

Ingredients	White chocolate 90% (sugar, cocoa butter, whole milk powder, emulsifier: soya lecithin, natural vanilla flavouring), strawberry & raspberry flavoured jelly pieces 6% (concentrated puree (apple, strawberry and raspberry), fructose glucose syrup, glucose syrup, sugar, humectant: glycerol, wheat fibre, palm fat (RSPO-SG), acidity regulator: malic acid, gelling agent: pectin, food colouring (concentrate of carrot, pumpkin, blackcurrant and blueberry), natural strawberry flavouring with other natural flavouring), meringue pieces 4% (sugar, fractionated and refined fat coating (palm RSPO-MB), wheat starch, egg albumen powder).
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Country of origin	United Kingdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

Allergens

Celery	No
Eggs	Yes
Tree nuts	No
Cereals containing gluten (including wheat)	Yes
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	n/a
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Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	No

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	2310
Energy (kcal)	552
Carbohydrate (g)	57.4
Of which sugars (g)	56.1
Fat (g)	33.2
Of which saturates (g)	20.2
Protein (g)	5.5
Fibre (g)	
Salt (g)	0.2

Name of product	Joe&Seph's Popcorn strawberry cheesecake 30g
Monty&Ridge product code	F-PM04
Manufacturer's name and address	Joe's Gourmet Foods Ltd, 3 Willen Field Rd, London NW10 7BQ

Ingredients	Corn, Sugar, Butter (Milk), Dried Cream Cheese (Milk) (16%), Corn Syrup, Strawberry fruit pieces (4%) (Strawberry Puree 92%, Fructose Glucose Syrup, Gelling Agent Pectin), Dried Strawberry, Natural Strawberry Flavour, Madagascan Vanilla Powder
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Country of origin	United Kingdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	No

May contain statements:	Nuts, peanuts, sesame
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Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	2179
Energy (kcal)	523
Carbohydrate (g)	46.5
Of which sugars (g)	29.4
Fat (g)	36.2
Of which saturates (g)	22.6
Protein (g)	2.5
Fibre (g)	
Salt (g)	1.3

Name of product	Thursday Cottage Strawberry jam 112g
Monty&Ridge product code	F-JJ01
Manufacturer's name and address	Thursday Cottage Ltd, Trewlands Farm, Tiptree, Essex, CO5 0RF

Ingredients	Sugar, strawberries, celling agent: citrus pectin, concentrated lemon juice
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Country of origin	United Kingdom
Storage instructions	Keep in a cool place once opened
Instructions for use	
Alcoholic strength (%ABV)	0

Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	n/a
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Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	1048
Energy (kcal)	247
Carbohydrate (g)	61
Of which sugars (g)	60
Fat (g)	0
Of which saturates (g)	0
Protein (g)	0
Fibre (g)	0
Salt (g)	0.02

Name of product	Cartwright&Butler Sour Apple Sweets 170g
Monty&Ridge product code	F-EC02
Manufacturer's name and address	Cartwright & Butler, Unicorn House, Broad Lane, Gilberdyke Brough, East Riding of Yorkshire, HU15 2TS

Ingredients	Sugar, glucose syrup (sulfites), citric acid, flavourings, colour: curcumin, chlorophyllin.
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Country of origin	United Kingdom
Storage instructions	Once opened store in a cool, dry place, in an airtight container.
Instructions for use	
Alcoholic strength (%ABV)	0

Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	Contains sulfites. May contain traces of milk.
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Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	1673
Energy (kcal)	394
Carbohydrate (g)	95
Of which sugars (g)	75
Fat (g)	1.3
Of which saturates (g)	0.9
Protein (g)	<0.5
Fibre (g)	<0.5
Salt (g)	0.03

Name of product	Macarons de Pauline trio 36g
Monty&Ridge product code	F-GM01
Manufacturer's name and address	Poppies Bakeries NV, Kasteelstraat 29, 8980 Zonnebeke, Belgium

Ingredients	sugar, almonds 22%, egg white, vegetable oils (palm, sunflower), water, stabilisers (glycerol, sorbitols), glucose syrup, chocolate 1.2% (cocoa mass, sugar, fat-reduced cocoa powder, emulsifer (lecithins), natural vanilla flavouring), starch, fat-reduced cocoa powder, pistachio nuts 0.5%, concentrated strawberry juice 0.3%, emulsifiers (mono- and diglycerides of fatty acids, polyglycerol esters of fatty acids, lecithins), natural flavourings, hazelnuts, preservative (sorbic acid), colours (carotenes, carmine, copper complexes of chlorophylls and chlorophyllins), acid (citric acid).
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Country of origin	Belgium
Storage instructions	Keep cool and dry.
Instructions for use	
Alcoholic strength (%ABV)	0

Allergens

Celery	No
Eggs	Yes
Tree nuts	Yes
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	Milk, peanuts, gluten, other nuts
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Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	No

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	1935
Energy (kcal)	462
Carbohydrate (g)	58
Of which sugars (g)	51
Fat (g)	22
Of which saturates (g)	5.1
Protein (g)	7.5
Fibre (g)	3
Salt (g)	0.09