

All information about this hamper included below is correct at the time of going to press. Please be aware that in the event that a substitution is made, this nutrition information and allergy summary may not accurately reflect the contents of the gift. If you have any concerns in relation to allergens, or queries about dietary requirements, please contact us prior to purchase.

Name of product	New English Teas tin of 40 teas
Monty&Ridge product code	D-HT07
Manufacturer's name and address	New English Teas, Spitfire Close, Coventry Business Park, Coventry, CV56UR

Ingredients	Tea (Ceylon).
-------------	---------------

Country of origin	India
Storage instructions	
Instructions for use	For a full, fresh flavour, this tea should be brewed in boiling water for three to four minutes.
Alcoholic strength (%ABV)	0

#### Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	
-------------------------	--

Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

#### Nutrition labelling - typical value per 100g/100ml

Energy (kj)	0
Energy (kcal)	0
Carbohydrate (g)	0
Of which sugars (g)	0
Fat (g)	0
Of which saturates (g)	0
Protein (g)	0
Fibre (g)	0
Salt (g)	0

Name of product	Edinburgh Tea and Coffee co coffee 56g
Monty&Ridge product code	D-HC02
Manufacturer's name and address	Edinburgh Tea & Coffee Co Ltd, 15G, 214 Sir Harry Lauder Road, Edinburgh, United Kingdom, EH15 2QA

Ingredients	Coffee
-------------	--------

Country of origin	United Kingdom
Storage instructions	Store in cool dry area away from direct sunlight
Instructions for use	Cafetieres - 1. Boil water and warm jug 2. Spoon coffee into jug, one dessert spoon for every cup required 3. Pour in water and stir 4. Allow to stand for 3-5 minutes depending on strength preference
Alcoholic strength (%ABV)	

#### Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	Yes

May contain statements:	
-------------------------	--

Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

#### Nutrition labelling - typical value per 100g/100ml

Energy (kj)	0
Energy (kcal)	0
Carbohydrate (g)	0
Of which sugars (g)	0
Fat (g)	0
Of which saturates (g)	0
Protein (g)	0
Fibre (g)	0
Salt (g)	0

Name of product	Furniss Clotted Cream Shortbread with Lemon 200g
Monty&Ridge product code	F-BS04
Manufacturer's name and address	Furniss of Cornwall, Unit 11, Druid Road, Redruth, Cornwall, TR15 3RH

Ingredients	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Butter (MILK) (36%), Sugar, Cornflour, Lemon Oil (1%), Salt.
-------------	---

Country of origin	United Kingdom
Storage instructions	Store in a cool dry place and once opened in an airtight container
Instructions for use	
Alcoholic strength (%ABV)	0

#### Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	Yes
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	No

May contain statements:	Nuts
-------------------------	------

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

#### Nutrition labelling - typical value per 100g/100ml

Energy (kj)	2269
Energy (kcal)	543
Carbohydrate (g)	63.3
Of which sugars (g)	21.9
Fat (g)	30.8
Of which saturates (g)	19.8
Protein (g)	16.8
Fibre (g)	
Salt (g)	0.62

Name of product	Westcountry Cider Cake 350g
Monty&Ridge product code	F-CF01
Manufacturer's name and address	Foxcombe Bakehouse, Okehampton, Devon, EX20 4PH

Ingredients	Raisins (48%), wheat flour, sugar, Devon cider (11%), vegetable fat spread (vegetable oils, water, salt), apple juice, free range eggs, mixed spices.
-------------	---

Country of origin	United Kingdom
Storage instructions	Store in a cool, dry place.
Instructions for use	
Alcoholic strength (%ABV)	0

#### Allergens

Celery	No
Eggs	Yes
Tree nuts	No
Cereals containing gluten (including wheat)	Yes
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	Nuts
-------------------------	------

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	No

#### Nutrition labelling - typical value per 100g/100ml

Energy (kj)	1366.9
Energy (kcal)	324
Carbohydrate (g)	59.7
Of which sugars (g)	48.9
Fat (g)	9
Of which saturates (g)	2.6
Protein (g)	3.1
Fibre (g)	1.7
Salt (g)	0.3

Name of product	Hamlet Chocolates 125g gold
Monty&Ridge product code	F-HI02
Manufacturer's name and address	Hamlet nv, Kerkstraat 77, 77 KERKSTRAAT, BE-9120, VRASENE, Belgium

Ingredients	Assorted chocolates - Ingredients: sugar, whole milk powder, cocoa mass, cocoa butter, HAZELNUTS (NUTS) 6%, sweetened condensed whole mil, palm fat, glucose syrup, butter oil (milk), milk sugar, dextrose, alcohol, coffee extract 0.04%, emulsifier: soy lecithin, stabiliser: E420ii, flavourings, caramel, raspberry, orange and vanilla. Cocoa solids: chocolate: min 50%, milk chocolate min 29%, white chocolate min 23%. Milk solids: milk chocolate: min 24%, white chocolate: min 27%.
-------------	---

Country of origin	
Storage instructions	Keep cool and dry
Instructions for use	
Alcoholic strength (%ABV)	

#### Allergens

Celery	No
Eggs	No
Tree nuts	Yes
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	May contain traces of other nuts.
-------------------------	-----------------------------------

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

#### Nutrition labelling - typical value per 100g/100ml

Energy (kj)	2200
Energy (kcal)	526
Carbohydrate (g)	56
Of which sugars (g)	54
Fat (g)	30
Of which saturates (g)	16
Protein (g)	6.2
Fibre (g)	
Salt (g)	0.16

Name of product	CCC milk chocolate drizzle 90g
Monty&Ridge product code	F-HB04
Manufacturer's name and address	Calico Cottage, Haddenham Business Park, CB6 3PT

Ingredients	Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring.
-------------	--

Country of origin	United Kingdom
Storage instructions	Store in a cool dry place away from sunlight.
Instructions for use	
Alcoholic strength (%ABV)	0

#### Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	May contain tree nuts, peanuts, gluten, egg, sulfites.
-------------------------	--

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	No

#### Nutrition labelling - typical value per 100g/100ml

Energy (kj)	2330
Energy (kcal)	557
Carbohydrate (g)	52.6
Of which sugars (g)	51.9
Fat (g)	35
Of which saturates (g)	21
Protein (g)	6.8
Fibre (g)	
Salt (g)	0.21

Name of product	Kernow Milk choc - creme caramel 100g
Monty&Ridge product code	F-HB08
Manufacturer's name and address	Kernow Chocolate, 755 Orion Drive, St Eval, Wadebridge, Cornwall. PL27 7TU. UK

Ingredients	Sugar 44%, cocoa butter 27%, whole milk powder 23%, cocoa mass 5%, emulsifier: soya lecithin <1%, natural vanilla flavouring <1%, natural caramel flavouring <1%.
-------------	---

Country of origin	United Kingdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

#### Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	gluten, egg
-------------------------	-------------

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	No

#### Nutrition labelling - typical value per 100g/100ml

Energy (kj)	2360
Energy (kcal)	564
Carbohydrate (g)	52.8
Of which sugars (g)	52.1
Fat (g)	356
Of which saturates (g)	21.5
Protein (g)	6.4
Fibre (g)	
Salt (g)	0.2

Name of product	Thursday Cottage Strawberry jam 112g
Monty&Ridge product code	F-JJ01
Manufacturer's name and address	Thursday Cottage Ltd, Trewlands Farm, Tiptree, Essex, CO5 0RF

Ingredients	Sugar, strawberries, celling agent: citrus pectin, concentrated lemon juice
-------------	---

Country of origin	United Kingdom
Storage instructions	Keep in a cool place once opened
Instructions for use	
Alcoholic strength (%ABV)	0

#### Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	n/a
-------------------------	-----

Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

#### Nutrition labelling - typical value per 100g/100ml

Energy (kj)	1048
Energy (kcal)	247
Carbohydrate (g)	61
Of which sugars (g)	60
Fat (g)	0
Of which saturates (g)	0
Protein (g)	0
Fibre (g)	0
Salt (g)	0.02

Name of product	Savoursmiths Bubbly and serrano chilli crisps 40g bag
Monty&Ridge product code	F-YC02
Manufacturer's name and address	Savoursmiths Ltd, College Farm, Grange Road, Duxford, Cambridge, CB22 4QF

Ingredients	Potatoes, Sunflower Oil, dried sparkling wine, rice flour, sugar, sea salt, dried chardonnay, dried spirit vinegar, yeast extract, acidity regulator (sodium bicarbonate, tartaric acid), cayenne chilli, Serrano chilli, natural flavouring, onion, red bell peppers.
-------------	--

Country of origin	United Kingdom
Storage instructions	Store in a cool, dry place.
Instructions for use	
Alcoholic strength (%ABV)	0

#### Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	None
-------------------------	------

Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

#### Nutrition labelling - typical value per 100g/100ml

Energy (kj)	2029
Energy (kcal)	485
Carbohydrate (g)	49
Of which sugars (g)	2.8
Fat (g)	26.5
Of which saturates (g)	2.8
Protein (g)	6.7
Fibre (g)	6.4
Salt (g)	0.8

Name of product	Cambrook caramel sesame peanuts packet 45g
Monty&Ridge product code	F-YN02
Manufacturer's name and address	Cambrook Foods Ltd, Unit B1/B2, Howard Tenens Estate, Macadam Way, Andover, Hampshire, United Kingdom, SP10 3LF

Ingredients	PEANUTS (61%), Sugar, SESAME Seeds (9%), Honey, Salt
-------------	--

Country of origin	Various; Manufacture: UK
Storage instructions	Store in a cool dry place
Instructions for use	
Alcoholic strength (%ABV)	0

#### Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	Yes
Crustaceans	No
Milk	No
Sesame	Yes
Soy	No

May contain statements:	Various nuts
-------------------------	--------------

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

#### Nutrition labelling - typical value per 100g/100ml

Energy (kj)	2240
Energy (kcal)	541
Carbohydrate (g)	40.7
Of which sugars (g)	28.8
Fat (g)	31.9
Of which saturates (g)	5.8
Protein (g)	21
Fibre (g)	3.6
Salt (g)	0.6

Name of product	Cartwright&Butler Rhubarb and Custard Sweets 190g
Monty&Ridge product code	F-EC03
Manufacturer's name and address	Cartwright & Butler, Unicorn House, Broad Lane, Gilberdyke Brough, East Riding of Yorkshire, HU15 2TS

Ingredients	Sugar, glucose syrup (sulfites), citric acid, flavourings, colour: curcumin, anthocyanins.
-------------	--

Country of origin	United Kingdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

#### Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	Contains SULFITES. May contain traces of milk.
-------------------------	--

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

#### Nutrition labelling - typical value per 100g/100ml

Energy (kj)	1673
Energy (kcal)	396
Carbohydrate (g)	95
Of which sugars (g)	75
Fat (g)	1.3
Of which saturates (g)	0.9
Protein (g)	<0.5
Fibre (g)	<0.5
Salt (g)	0.03