

All information about this hamper included below is correct at the time of going to press. Please be aware that in the event that a substitution is made, this nutrition information and allergy summary may not accurately reflect the contents of the gift. If you have any concerns in relation to allergens, or queries about dietary requirements, please contact us prior to purchase.

Name of product	New English Teas afternoon tea box of 10
Monty&Ridge product code	D-HT05
Manufacturer's name and address	New English Teas, Spitfire Close, Coventry Business Park, Coventry, CV56UR

Ingredients	Tea (Assam and Nilgiri)
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Country of origin	India
Storage instructions	
Instructions for use	For a full, fresh flavour, this tea should be brewed in boiling water for three to four minutes.
Alcoholic strength (%ABV)	0

Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	
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Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	0
Energy (kcal)	0
Carbohydrate (g)	0
Of which sugars (g)	0
Fat (g)	0
Of which saturates (g)	0
Protein (g)	0
Fibre (g)	0
Salt (g)	0

Name of product	Reid's Shortbread Luxury All Butter 150g
Monty&Ridge product code	F-BS01
Manufacturer's name and address	Reids Bakery (Thurso) Ltd T/A Reids of Caithness, Unit 17 Henderson Street, Thurso, Caithness, Scotland, KW14 7QU

Ingredients	Wheat flour (with calcium carbonate, iron, niacin, thiamin), butter (33%) (milk, salt), sugar, cornflour.
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Country of origin	United Kingdom
Storage instructions	Store in a cool, dry place. Once opened, keep in an airtight container
Instructions for use	
Alcoholic strength (%ABV)	0

Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	Yes
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	No

May contain statements:	Nuts and sesame seeds.
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Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	2273
Energy (kcal)	544
Carbohydrate (g)	62.7
Of which sugars (g)	20.5
Fat (g)	30.1
Of which saturates (g)	18.8
Protein (g)	4.8
Fibre (g)	
Salt (g)	0.7

Name of product	CCC dark chocolate mint drizzle 36g
Monty&Ridge product code	F-HM01
Manufacturer's name and address	Calico Cottage, Haddenham Business Park, CB6 3PT

Ingredients	Sugar, Cocoa Mass, Cocoa Butter, Whole MILK Powder, Emulsifier: SOYA Lecithin (E322), Natural Peppermint Oil, Natural Vanilla Flavouring, Colours: E172, E133.
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Country of origin	United Kingdom
Storage instructions	Store in a cool dry place away from sunlight.
Instructions for use	
Alcoholic strength (%ABV)	0

Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	May contain tree nuts, peanuts, gluten, egg, sulfites.
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Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	No

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	2288
Energy (kcal)	546
Carbohydrate (g)	48.5
Of which sugars (g)	45.3
Fat (g)	35.2
Of which saturates (g)	21.6
Protein (g)	5.6
Fibre (g)	
Salt (g)	0.04

Name of product	Millers grate britain cheese cheddar crackers 45g
Monty&Ridge product code	F-RS02
Manufacturer's name and address	Artisan biscuits, Britannia House, Blenheim Road, Ashbourne, Derbyshire, DE6 1HA

Ingredients	Wheat flour (wheat flour, calcium iron, niacin, thiamin), Wookey Hole cheddar (33%) (milk), autolysed yeast, butter (milk, salt), sea salt, mustard powder, raising agent: sodium bicarbonate, ground nutmeg, black pepper.
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Country of origin	United Kingdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	Yes
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	No

May contain statements:	Not suitable for nut allergy sufferers.
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Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	1825
Energy (kcal)	433
Carbohydrate (g)	55.3
Of which sugars (g)	0.6
Fat (g)	17
Of which saturates (g)	10.1
Protein (g)	18.7
Fibre (g)	
Salt (g)	4.4

Name of product	Olives et al Whole olives pistou basil and garlic 150g
Monty&Ridge product code	F-DO01
Manufacturer's name and address	Olives et al, Unit 1 North Dorset Business Park, Sturminster Newton, Dorset DT10 2GA

Ingredients	Green olives (58%), extra virgin olive oil (41%), basil, garlic, acidity regulator: lactic acid.
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Country of origin	United Kingdom
Storage instructions	No need to chill, just keep cool and covered by oil.
Instructions for use	
Alcoholic strength (%ABV)	0

Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	Nuts, peanuts, sesame
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Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	1988
Energy (kcal)	484
Carbohydrate (g)	1
Of which sugars (g)	0
Fat (g)	53
Of which saturates (g)	8
Protein (g)	1
Fibre (g)	0
Salt (g)	2

Name of product	Joe&Seph's Popcorn Caramel and white choc 30g
Monty&Ridge product code	F-PM02
Manufacturer's name and address	Joe's Gourmet Foods Ltd, 3 Willen Field Rd, London NW10 7BQ

Ingredients	Corn, Butter (Milk), Sugar, White Chocolate (16%) {Sugar (46.5%), Cocoa Butter (29.5%), Whole Milk Powder (23.5%), Soya Lecithin, Natural Vanilla}, Corn Syrup
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Country of origin	
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	

Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	Nuts, peanuts, sesame
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Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	2207
Energy (kcal)	528
Carbohydrate (g)	61.1
Of which sugars (g)	37
Fat (g)	29.6
Of which saturates (g)	20
Protein (g)	43
Fibre (g)	
Salt (g)	0.8

Name of product	Savoursmiths Somerset cheddar and shallot crisps 40g bag
Monty&Ridge product code	F-YC01
Manufacturer's name and address	Savoursmiths Ltd, College Farm, Grange Road, Duxford, Cambridge, CB22 4QF

Ingredients	Potatoes, Sunflower Oil, Somerset Cheddar and shallot flavour (lactose (milk), salt, onion powder, sugar, dried cheese powder (milk), milk powder, yeast extract, buttermilk powder, dried Somerset Cheddar cheese (milk), acidity regulator (citric acid, lactic acid (milk), calcium lactate), garlic powder, natural flavouring, parsley, paprika extract).
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Country of origin	United Kingdom
Storage instructions	Store in a cool, dry place.
Instructions for use	
Alcoholic strength (%ABV)	0

Allergens

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	No

May contain statements:	None
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Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	2018
Energy (kcal)	482
Carbohydrate (g)	52
Of which sugars (g)	3.2
Fat (g)	28
Of which saturates (g)	2.9
Protein (g)	6.9
Fibre (g)	7.3
Salt (g)	1.78

Name of product	Cambrook salted mixed nuts jar 95g
Monty&Ridge product code	F-YN03
Manufacturer's name and address	Cambrook Foods Ltd, Unit B1/B2, Howard Tenens Estate, Macadam Way, Andover, Hampshire, United Kingdom, SP10 3LF

Ingredients	Peanuts (59%), cashew nuts (20%), almonds (15%), hazelnuts (5%), sunflower oil, salt.
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Country of origin	Various; Manufacture: UK
Storage instructions	Store in a cool dry place
Instructions for use	
Alcoholic strength (%ABV)	0

Allergens

Celery	No
Eggs	No
Tree nuts	Yes
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	Yes
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	n/a
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Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	2521
Energy (kcal)	609
Carbohydrate (g)	9.4
Of which sugars (g)	4.2
Fat (g)	53.7
Of which saturates (g)	8.7
Protein (g)	22.7
Fibre (g)	5.7
Salt (g)	1.1