All information about this hamper included below is correct at the time of going to press. Please be aware that in the event that a substitution is made, this nutrition information and allergy summary may not accurately reflect the contents of the gift. If you have any concerns in relation to allergens, or queries about dietary requirements, please contact us prior to purchase.

Name of product	New English Teas tin of 40 teas	
Monty&Ridge product code	D-HT07	
	New English Teas, Spitfire Close, Coventry Business Park,	
Manufacturer's name and address	Coventry, CV56UR	
Ingredients	Tea (Ceylon).	

Country of origin	India
Storage instructions	
	For a full, fresh flavour, this tea should be brewed in boiling
Instructions for use	water for three to four minutes.
Alcoholic strength (%ABV)	0

Celery	No
-	
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:

Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

Energy (kj)	0
Energy (kcal)	0
Carbohydrate (g)	0
Of which sugars (g)	0
Fat (g)	0
Of which saturates (g)	0
Protein (g)	0
Fibre (g)	0
Salt (g)	0

Name of product	Annas Almond Thins 150g
Monty&Ridge product code	F-BO01
Manufacturer's name and address	AB Annas Pepparkakor, Radiovagen 23, 13548 Tyreso, Sweden
[Wheat flour, sugar, vegetable oils (palm, rapeseed, coconut),
	sugar syrup, raising agent (sodium hydrogen carbonate),
Ingredients	cinnamon, natural flavour, salt.

Country of origin	Sweden
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

Celery Eggs Tree nuts Cereals containing gluten (including wheat) Fish Peanuts	No No No
Tree nuts Cereals containing gluten (including wheat) Fish	
Cereals containing gluten (including wheat) Fish	No
Fish	110
-	Yes
Popputs	No
realluts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

Ma	ay contain statements:	Traces of almond.

Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Energy (kj)	1976
Energy (kcal)	471
Carbohydrate (g)	69
Of which sugars (g)	33
Fat (g)	19
Of which saturates (g)	9
Protein (g)	5.4
Fibre (g)	1.9
Salt (g)	1.21

Name of product	Kernow White choc - eton mess 100g
Monty&Ridge product code	F-HB09
	Kernow Chocolate, 755 Orion Drive, St Eval, Wadebridge,
Manufacturer's name and address	Cornwall. PL27 7TU. UK

	White chocolate 90% (sugar, cocoa butter, whole milk powder,
	emulsifier: soya lecithin, natural vanilla flavouring), strawberry &
	raspberry flavoured jelly pieces 6% (concentrated puree (apple,
	strawberry and raspberry), fructose glucose syrup, glucose syrup,
	sugar, humectant: glycerol, wheat fibre, palm fat (RSPO-SG),
	acidity regulator: malic acid, gelling agent: pectin, food colouring
	(concentrate of carrot, pumpkin, blackcurrant and blueberry),
	natural strawberry flavouring with other natural flavouring),
	meringue pieces 4% (sugar, fractionated and refined fat coating
Ingredients	(palm RSPO-MB), wheat starch, egg albumen powder).

Country of origin	United Kinfdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	Yes
Tree nuts	No
Cereals containing gluten (including wheat)	Yes
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:

n/a

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	No

Energy (kj)	2310
Energy (kcal)	552
Carbohydrate (g)	57.4
Of which sugars (g)	56.1
Fat (g)	33.2
Of which saturates (g)	20.2
Protein (g)	5.5
Fibre (g)	
Salt (g)	0.2

Name of product	Joe&Sephs Popcorn strawberry cheesecake 30g
Monty&Ridge product code	F-PM04
Manufacturer's name and address	Joe's Gourmet Foods Ltd, 3 Willen Field Rd, London NW10 7BQ
	Corn, Sugar, Butter (Milk), Dried Cream Cheese (Milk) (16%),
	Corn Syrup, Strawberry fruit pieces (4%) (Strawberry Puree 92%,
	Fructose Glucose Syrup, Gelling Agent Pectin), Dried Strawberry,
Ingredients	Natural Strawberry Flavour, Madagascan Vanilla Powder

Country of origin	United Kingdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

Allergens	
Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	No

May contain statements: Nuts, peanuts, sesame

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Energy (kj)	2179
Energy (kcal)	523
Carbohydrate (g)	46.5
Of which sugars (g)	29.4
Fat (g)	36.2
Of which saturates (g)	22.6
Protein (g)	2.5
Fibre (g)	
Salt (g)	1.3

Name of product	Cartwright&Butler Rhubarb and Custard Sweets 190g
Monty&Ridge product code	F-EC03
	Cartwright & Butler, Unicorn House, Broad Lane, Gilberdyke
Manufacturer's name and address	Brough, East Riding of Yorkshire, HU15 2TS
	Sugar, glucose syrup (sulfites), citric acid, flavourings, colour:
Ingredients	curcumin, anthocyanins.

Country of origin	United Kingdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements: Contains SULFITES. May contain traces of milk.

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

Energy (kj)	1673
Energy (kcal)	396
Carbohydrate (g)	95
Of which sugars (g)	75
Fat (g)	1.3
Of which saturates (g)	0.9
Protein (g)	<0.5
Fibre (g)	<0.5
Salt (g)	0.03

Name of product	Macarons de Pauline trio 36g
Monty&Ridge product code	F-GM01
Manufacturer's name and address	Poppies Bakeries NV, Kasteelstraat 29, 8980 Zonnebeke, Belgium
	sugar, almonds 22%, egg white, vegetable oils (palm, sunflower), water, stabilisers (glycerol, sorbitols), glucose syrup, chocolate 1.2% (cocoa mass, sugar, fat-reduced cocoa powder, emulsifer (lecithins), natural vanilla flavouring), starch, fat-reduced cocoa powder, pistachio nuts 0.5%, concentrated strawberry juice 0.3%, emulsifiers (mono- and diglycerides of fatty acides, polyglycerol esters of fatty acids, lecithins), natural flavourings, hazelnuts, preservative (sorbic acid), colours (carotenes, carmine, copper complexes of chlorophylls and chlorophyllins),
Ingredients	acid (citric acid).

Country of origin	Belgium
Storage instructions	Keep cool and dry.
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	Yes
Tree nuts	Yes
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements: Milk, peanuts, gluten, other nuts

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	No

Energy (kj)	1935
Energy (kcal)	462
Carbohydrate (g)	58
Of which sugars (g)	51
Fat (g)	22
Of which saturates (g)	5.1
Protein (g)	7.5
Fibre (g)	3
Salt (g)	0.09