

All information about this hamper included below is correct at the time of going to press. Please be aware that in the event that a substitution is made, this nutrition information and allergy summary may not accurately reflect the contents of the gift. If you have any concerns in relation to allergens, or queries about dietary requirements, please contact us prior to purchase.

|                                 |  |
|---------------------------------|--|
| Name of product                 | Edinburgh Tea and Coffee co coffee 56g   |
| Monty&Ridge product code        | D-HC02   |
| Manufacturer's name and address | Edinburgh Tea & Coffee Co Ltd, 15G, 214 Sir Harry Lauder Road, Edinburgh, United Kingdom, EH15 2QA |

|             |        |
|-------------|--------|
| Ingredients | Coffee |
|-------------|--------|

|                           |   |
|---------------------------|---|
| Country of origin         | United Kingdom  |
| Storage instructions      | Store in cool dry area away from direct sunlight  |
| Instructions for use      | Cafetieres - 1. Boil water and warm jug 2. Spoon coffee into jug, one dessert spoon for every cup required 3. Pour in water and stir 4. Allow to stand for 3-5 minutes depending on strength preference |
| Alcoholic strength (%ABV) |   |

#### Allergens

|   |     |
|---|-----|
| Celery                                      | No  |
| Eggs  | No  |
| Tree nuts                                   | No  |
| Cereals containing gluten (including wheat) | No  |
| Fish  | No  |
| Peanuts                                     | No  |
| Crustaceans                                 | No  |
| Milk  | No  |
| Sesame                                      | No  |
| Soy   | Yes |

|                         |  |
|-------------------------|--|
| May contain statements: |  |
|-------------------------|--|

|  |     |
|--|-----|
| Suitable for vegetarians?              | Yes |
| Suitable for vegans?                   | Yes |
| Suitable for gluten allergy sufferers? | Yes |
| Suitable for wheat allergy sufferers?  | Yes |
| Suitable for dairy allergy sufferers?  | Yes |
| Suitable for soya allergy sufferers?   | Yes |
| Suitable for nut allergy sufferers?    | Yes |
| Suitable for egg allergy sufferers?    | Yes |

#### Nutrition labelling - typical value per 100g/100ml

|                        |   |
|------------------------|---|
| Energy (kj)            | 0 |
| Energy (kcal)          | 0 |
| Carbohydrate (g)       | 0 |
| Of which sugars (g)    | 0 |
| Fat (g)                | 0 |
| Of which saturates (g) | 0 |
| Protein (g)            | 0 |
| Fibre (g)              | 0 |
| Salt (g)               | 0 |

|                                 |   |
|---------------------------------|---|
| Name of product                 | Annas Almond Thins 150g                                   |
| Monty&Ridge product code        | F-BO01  |
| Manufacturer's name and address | AB Annas Pepparkakor, Radiovagen 23, 13548 Tyreso, Sweden |

|             |  |
|-------------|--|
| Ingredients | Wheat flour, sugar, vegetable oils (palm, rapeseed, coconut), sugar syrup, raising agent (sodium hydrogen carbonate), cinnamon, natural flavour, salt. |
|-------------|--|

|                           |        |
|---------------------------|--------|
| Country of origin         | Sweden |
| Storage instructions      |        |
| Instructions for use      |        |
| Alcoholic strength (%ABV) | 0      |

#### Allergens

|   |     |
|---|-----|
| Celery                                      | No  |
| Eggs  | No  |
| Tree nuts                                   | No  |
| Cereals containing gluten (including wheat) | Yes |
| Fish  | No  |
| Peanuts                                     | No  |
| Crustaceans                                 | No  |
| Milk  | No  |
| Sesame                                      | No  |
| Soy   | No  |

|                         |                   |
|-------------------------|-------------------|
| May contain statements: | Traces of almond. |
|-------------------------|-------------------|

|  |     |
|--|-----|
| Suitable for vegetarians?              | Yes |
| Suitable for vegans?                   | Yes |
| Suitable for gluten allergy sufferers? | No  |
| Suitable for wheat allergy sufferers?  | No  |
| Suitable for dairy allergy sufferers?  | Yes |
| Suitable for soya allergy sufferers?   | Yes |
| Suitable for nut allergy sufferers?    | No  |
| Suitable for egg allergy sufferers?    | Yes |

#### Nutrition labelling - typical value per 100g/100ml

|                        |      |
|------------------------|------|
| Energy (kj)            | 1976 |
| Energy (kcal)          | 471  |
| Carbohydrate (g)       | 69   |
| Of which sugars (g)    | 33   |
| Fat (g)                | 19   |
| Of which saturates (g) | 9    |
| Protein (g)            | 5.4  |
| Fibre (g)              | 1.9  |
| Salt (g)               | 1.21 |

|                                 |  |
|---------------------------------|--|
| Name of product                 | Kernow Milk choc - creme caramel 100g  |
| Monty&Ridge product code        | F-HB08   |
| Manufacturer's name and address | Kernow Chocolate, 755 Orion Drive, St Eval, Wadebridge, Cornwall. PL27 7TU. UK |

|             |   |
|-------------|---|
| Ingredients | Sugar 44%, cocoa butter 27%, whole milk powder 23%, cocoa mass 5%, emulsifier: soya lecithin <1%, natural vanilla flavouring <1%, natural caramel flavouring <1%. |
|-------------|---|

|                           |                |
|---------------------------|----------------|
| Country of origin         | United Kingdom |
| Storage instructions      |                |
| Instructions for use      |                |
| Alcoholic strength (%ABV) | 0              |

#### Allergens

|   |     |
|---|-----|
| Celery                                      | No  |
| Eggs  | No  |
| Tree nuts                                   | No  |
| Cereals containing gluten (including wheat) | No  |
| Fish  | No  |
| Peanuts                                     | No  |
| Crustaceans                                 | No  |
| Milk  | Yes |
| Sesame                                      | No  |
| Soy   | Yes |

|                         |             |
|-------------------------|-------------|
| May contain statements: | gluten, egg |
|-------------------------|-------------|

|  |     |
|--|-----|
| Suitable for vegetarians?              | Yes |
| Suitable for vegans?                   | No  |
| Suitable for gluten allergy sufferers? | No  |
| Suitable for wheat allergy sufferers?  | No  |
| Suitable for dairy allergy sufferers?  | No  |
| Suitable for soya allergy sufferers?   | No  |
| Suitable for nut allergy sufferers?    | Yes |
| Suitable for egg allergy sufferers?    | No  |

#### Nutrition labelling - typical value per 100g/100ml

|                        |      |
|------------------------|------|
| Energy (kj)            | 2360 |
| Energy (kcal)          | 564  |
| Carbohydrate (g)       | 52.8 |
| Of which sugars (g)    | 52.1 |
| Fat (g)                | 356  |
| Of which saturates (g) | 21.5 |
| Protein (g)            | 6.4  |
| Fibre (g)              |      |
| Salt (g)               | 0.2  |

|                                 |   |
|---------------------------------|---|
| Name of product                 | Fine Cheese Co crackers with gruyere 45g              |
| Monty&Ridge product code        | F-RS01  |
| Manufacturer's name and address | The Fine Cheese Co, 29&31 Walcot Street, Bath BA1 5BN |

|             |   |
|-------------|---|
| Ingredients | Wheat flour, gruyere cheese (17%) (milk), emmental cheese (16%) (milk), autolysed yeast, butter (milk), mustard powder, raising agent (sodium bicarbonate) sea salt, sugar, ground nutmeg, ground black pepper. |
|-------------|---|

|                           |                |
|---------------------------|----------------|
| Country of origin         | United Kingdom |
| Storage instructions      |                |
| Instructions for use      |                |
| Alcoholic strength (%ABV) | 0              |

#### Allergens

|   |     |
|---|-----|
| Celery                                      | No  |
| Eggs  | No  |
| Tree nuts                                   | No  |
| Cereals containing gluten (including wheat) | Yes |
| Fish  | No  |
| Peanuts                                     | No  |
| Crustaceans                                 | No  |
| Milk  | Yes |
| Sesame                                      | No  |
| Soy   | No  |

|                         |   |
|-------------------------|---|
| May contain statements: | Not suitable for nut allergy sufferers. |
|-------------------------|---|

|  |     |
|--|-----|
| Suitable for vegetarians?              | Yes |
| Suitable for vegans?                   | No  |
| Suitable for gluten allergy sufferers? | No  |
| Suitable for wheat allergy sufferers?  | No  |
| Suitable for dairy allergy sufferers?  | No  |
| Suitable for soya allergy sufferers?   | Yes |
| Suitable for nut allergy sufferers?    | No  |
| Suitable for egg allergy sufferers?    | Yes |

#### Nutrition labelling - typical value per 100g/100ml

|                        |      |
|------------------------|------|
| Energy (kj)            | 1853 |
| Energy (kcal)          | 440  |
| Carbohydrate (g)       | 56.3 |
| Of which sugars (g)    | 0.9  |
| Fat (g)                | 16.3 |
| Of which saturates (g) | 9.9  |
| Protein (g)            | 20   |
| Fibre (g)              |      |
| Salt (g)               | 2    |

|                                 |   |
|---------------------------------|---|
| Name of product                 | Joe&Seph's Popcorn Salted caramel 30g                       |
| Monty&Ridge product code        | F-PM01  |
| Manufacturer's name and address | Joe's Gourmet Foods Ltd, 3 Willen Field Rd, London NW10 7BQ |

|             |  |
|-------------|--|
| Ingredients | Corn, Sugar, Butter (Milk), Corn Syrup, Sea Salt |
|-------------|--|

|                           |                |
|---------------------------|----------------|
| Country of origin         | United Kingdom |
| Storage instructions      |                |
| Instructions for use      |                |
| Alcoholic strength (%ABV) | 0              |

#### Allergens

|   |     |
|---|-----|
| Celery                                      | No  |
| Eggs  | No  |
| Tree nuts                                   | No  |
| Cereals containing gluten (including wheat) | No  |
| Fish  | No  |
| Peanuts                                     | No  |
| Crustaceans                                 | No  |
| Milk  | Yes |
| Sesame                                      | No  |
| Soy   | No  |

|                         |                       |
|-------------------------|-----------------------|
| May contain statements: | Nuts, peanuts, sesame |
|-------------------------|-----------------------|

|  |     |
|--|-----|
| Suitable for vegetarians?              | Yes |
| Suitable for vegans?                   | No  |
| Suitable for gluten allergy sufferers? | Yes |
| Suitable for wheat allergy sufferers?  | Yes |
| Suitable for dairy allergy sufferers?  | No  |
| Suitable for soya allergy sufferers?   | Yes |
| Suitable for nut allergy sufferers?    | No  |
| Suitable for egg allergy sufferers?    | Yes |

#### Nutrition labelling - typical value per 100g/100ml

|                        |      |
|------------------------|------|
| Energy (kj)            | 2016 |
| Energy (kcal)          | 481  |
| Carbohydrate (g)       | 65.2 |
| Of which sugars (g)    | 40.3 |
| Fat (g)                | 22.1 |
| Of which saturates (g) | 14.4 |
| Protein (g)            | 3.3  |
| Fibre (g)              |      |
| Salt (g)               | 1.4  |

|                                 |   |
|---------------------------------|---|
| Name of product                 | Yorkshire Crisps chardonnay wine vinegar crisps 50g drum  |
| Monty&Ridge product code        | F-YC03  |
| Manufacturer's name and address | The Yorkshire Crisp Company, Units 1-4 Waleswood Industrial Estate, Wales Bar, Sheffield, S26 5PY |

|             |  |
|-------------|--|
| Ingredients | Potatoes, sunflower oil, Dried Malt Vinegar, Sea Salt, Whey powder (MILK), Maltodextrin, Sugar, Dried Chardonnay White Wine, Yeast Extract, Spirit Vinegar Powder, Dried Lemon Juice, Acidity Regulator: Citric acid |
|-------------|--|

|                           |                |
|---------------------------|----------------|
| Country of origin         | United Kingdom |
| Storage instructions      |                |
| Instructions for use      |                |
| Alcoholic strength (%ABV) | 0              |

#### Allergens

|   |     |
|---|-----|
| Celery                                      | No  |
| Eggs  | No  |
| Tree nuts                                   | No  |
| Cereals containing gluten (including wheat) | No  |
| Fish  | No  |
| Peanuts                                     | No  |
| Crustaceans                                 | No  |
| Milk  | Yes |
| Sesame                                      | No  |
| Soy   | No  |

|                         |      |
|-------------------------|------|
| May contain statements: | None |
|-------------------------|------|

|  |     |
|--|-----|
| Suitable for vegetarians?              | Yes |
| Suitable for vegans?                   | No  |
| Suitable for gluten allergy sufferers? | Yes |
| Suitable for wheat allergy sufferers?  | Yes |
| Suitable for dairy allergy sufferers?  | No  |
| Suitable for soya allergy sufferers?   | Yes |
| Suitable for nut allergy sufferers?    | Yes |
| Suitable for egg allergy sufferers?    | Yes |

#### Nutrition labelling - typical value per 100g/100ml

|                        |      |
|------------------------|------|
| Energy (kj)            | 2108 |
| Energy (kcal)          | 503  |
| Carbohydrate (g)       | 65.5 |
| Of which sugars (g)    | 2.7  |
| Fat (g)                | 23.9 |
| Of which saturates (g) | 5.4  |
| Protein (g)            | 6.6  |
| Fibre (g)              |      |
| Salt (g)               | 1.5  |

|                                 |  |
|---------------------------------|--|
| Name of product                 | Cambrook salted peanuts packet 45g   |
| Monty&Ridge product code        | F-YN01   |
| Manufacturer's name and address | Cambrook Foods Ltd, Unit B1/B2, Howard Tenens Estate,<br>Macadam Way, Andover, Hampshire, United Kingdom, SP10 3LF |

|             |                                     |
|-------------|-------------------------------------|
| Ingredients | Peanuts (98%), salt, sunflower oil. |
|-------------|-------------------------------------|

|                           |                           |
|---------------------------|---------------------------|
| Country of origin         | Various; Manufacture: UK  |
| Storage instructions      | Store in a cool dry place |
| Instructions for use      |                           |
| Alcoholic strength (%ABV) | 0                         |

#### Allergens

|   |     |
|---|-----|
| Celery                                      | No  |
| Eggs  | No  |
| Tree nuts                                   | No  |
| Cereals containing gluten (including wheat) | No  |
| Fish  | No  |
| Peanuts                                     | Yes |
| Crustaceans                                 | No  |
| Milk  | No  |
| Sesame                                      | No  |
| Soy   | No  |

|                         |                    |
|-------------------------|--------------------|
| May contain statements: | Other nuts, sesame |
|-------------------------|--------------------|

|  |     |
|--|-----|
| Suitable for vegetarians?              | Yes |
| Suitable for vegans?                   | Yes |
| Suitable for gluten allergy sufferers? | Yes |
| Suitable for wheat allergy sufferers?  | Yes |
| Suitable for dairy allergy sufferers?  | Yes |
| Suitable for soya allergy sufferers?   | Yes |
| Suitable for nut allergy sufferers?    | No  |
| Suitable for egg allergy sufferers?    | Yes |

#### Nutrition labelling - typical value per 100g/100ml

|                        |      |
|------------------------|------|
| Energy (kj)            | 2491 |
| Energy (kcal)          | 602  |
| Carbohydrate (g)       | 7.1  |
| Of which sugars (g)    | 3.8  |
| Fat (g)                | 53   |
| Of which saturates (g) | 9.5  |
| Protein (g)            | 24.5 |
| Fibre (g)              | 6    |
| Salt (g)               | 1.1  |