All information about this hamper included below is correct at the time of going to press. Please be aware that in the event that a substitution is made, this nutrition information and allergy summary may not accurately reflect the contents of the gift. If you have any concerns in relation to allergens, or queries about dietary requirements, please contact us prior to purchase.

Name of product	Reid's Shortbread Salted Caramel 150g	
Monty&Ridge product code	F-BS03	
	Reids Bakery (Thurso) Ltd T/A Reids of Caithness, Unit 17	
Manufacturer's name and address	Henderson Street, Thurso, Caithness, Scotland, KW14 7QU	
[		
	Wheat flour (with calcium carbonate, iron, niacin, thiamin),	
butter (33%) (milk, salt), sugar, salted caramel piece		
	glucose syrup, vegetable fat (shea kernel, palm oil, emulsifiers	
	(sunflower lecithin, soya lecithin), unsalted butter (milk), water,	
	skimmed & condensed milk, salt, sugar icing, natural flavouring),	
Ingredients	cornflour, caramel flavour (1%).	

Country of origin	United Kingdom
Storage instructions	Store in a cool, dry place. Once opened, keep in an airtight
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	Yes
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:

Nuts and sesame seeds.

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Energy (kj)	
Energy (kcal)	
Carbohydrate (g)	
Of which sugars (g)	
Fat (g)	
Of which saturates (g)	
Protein (g)	
Fibre (g)	
Salt (g)	

Hamlet Chocolates 125g cream	
F-HI03	
Hamlet nv, Kerkstraat 77, 77 KERKSTRAAT, BE-9120, VRASENE,	
Belgium	
Assorted chocolates - Ingredients: sugar, whole milk powder,	
-	

	cocoa mass, cocoa butter, HAZELNUTS (NUTS) 6%, sweetened
	condensed whole mil, palm fat, glucose syrup, butter oil (milk),
	milk sugar, dextrose, alcohol, coffee extract 0.04%, emulsifier:
	soy lecithin, stabiliser: E420ii, flavourings, caramel, raspberry,
	orange and vanilla. Cocoa solids: chocolate: min 50%, milk
	chocolate min 29%, white chocolate min 23%. Milk solids: milk
Ingredients	chocolate: min 24%, white chocolate: min 27%.

Country of origin	
Storage instructions	Keep cool and dry
Instructions for use	
Alcoholic strength (%ABV)	

0	
Celery	No
Eggs	No
Tree nuts	Yes
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	May contain traces of other nuts.

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Energy (kj)	2200
Energy (kcal)	526
Carbohydrate (g)	56
Of which sugars (g)	54
Fat (g)	30
Of which saturates (g)	16
Protein (g)	6.2
Fibre (g)	
Salt (g)	0.16

Name of product	CCC milk chocolate drizzle 90g	
Monty&Ridge product code	F-HB04	
Manufacturer's name and address	Calico Cottage, Haddenham Business Park, CB6 3PT	
	Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass,	
Ingredients	Emulsifier: SOYA Lecithin, Natural Vanilla Flavouring.	

Country of origin	United Kingdom
Storage instructions	Store in a cool dry place away from sunlight.
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

## May contain statements:

May contain tree nuts, peanuts, gluten, egg, sulfites.

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	No

Energy (kj)	2330
Energy (kcal)	557
Carbohydrate (g)	52.6
Of which sugars (g)	51.9
Fat (g)	35
Of which saturates (g)	21
Protein (g)	6.8
Fibre (g)	
Salt (g)	0.21

Name of product	Kernow Milk choc - creme caramel 100g
Monty&Ridge product code	F-HB08
	Kernow Chocolate, 755 Orion Drive, St Eval, Wadebridge,
Manufacturer's name and address	Cornwall. PL27 7TU. UK
[	
	Sugar 44%, cocoa butter 27%, whole milk powder 23%, cocoa
	mass 5%, emulsifier: soya lecithin <1%, natural vanilla flavouring

Country of origin	United Kingdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements: gluten, egg	
Suitable for vegetarians? Yes	
Suitable for vegans? No	
Suitable for gluten allergy sufferers? No	

Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers? Yes	
Suitable for egg allergy sufferers? No	

Nutrition labelling - typical value per 100g/100ml

Energy (kj)	2360
Energy (kcal)	564
Carbohydrate (g)	52.8
Of which sugars (g)	52.1
Fat (g)	356
Of which saturates (g)	21.5
Protein (g)	6.4
Fibre (g)	
Salt (g)	0.2

Name of product	Joe&Sephs Popcorn Caramel and white choc 30g	
Monty&Ridge product code	F-PM02	
Manufacturer's name and address	Joe's Gourmet Foods Ltd, 3 Willen Field Rd, London NW10 7BQ	
	Corn, Butter (Milk), Sugar, White Chocolate (16%) {Sugar (46.5%), Cocoa Butter (29.5%), Whole Milk Powder (23.5%), Soya	
Ingredients	Lecithin, Natural Vanilla}, Corn Syrup	

Country of origin	
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	

- 0	
Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Energy (kj)	2207
Energy (kcal)	528
Carbohydrate (g)	61.1
Of which sugars (g)	37
Fat (g)	29.6
Of which saturates (g)	20
Protein (g)	43
Fibre (g)	
Salt (g)	0.8