All information about this hamper included below is correct at the time of going to press. Please be aware that in the event that a substitution is made, this nutrition information and allergy summary may not accurately reflect the contents of the gift. If you have any concerns in relation to allergens, or queries about dietary requirements, please contact us prior to purchase.

Name of product	CCC Hot chocolate stirrer salted caramel 42g
Monty&Ridge product code	D-HH01
Manufacturer's name and address	Calico Cottage, Haddenham Business Park, CB6 3PT

	Chocolate ingredients: Sugar, cocoa butter, whole milk powder,
	cocoa mass, emulsifier (soya lecithin (E322)), sea salt,
	flavourings: natural caramel, natural vanilla. Chocolate contains:
	minimum 30% cocoa solids, minimum 25.7% milk solids.
	Marshmallow ingredients: glucose-fructose syrup, sugar, water,
	gelatine*, anticaking agent: maize starch, flavouring, natural
	colour E162
Ingredients	*marshmallows not suitable for vegetarians.

Country of origin	United Kingdom
Storage instructions	Store in a cool, dry place away from direct sunlight
Instructions for use	Stir into 300ml of hot milk and enjoy
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	Tree nuts, peanuts, gluten, egg, sulfites
ividy contain statements.	rice rides, pedrides, glateri, egg, saintes

Suitable for vegetarians?	No
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	No

*Marshmallows only

Energy (kj)	2251
Energy (kcal)	538
Carbohydrate (g)	57.4
Of which sugars (g)	56.4
Fat (g)	31
Of which saturates (g)	19
Protein (g)	6.4
Fibre (g)	
Salt (g)	0.29

Name of product	Reid's Shortbread White Chocolate and Hazelnut 150g
Monty&Ridge product code	F-BS02
	Reids Bakery (Thurso) Ltd T/A Reids of Caithness, Unit 17
Manufacturer's name and address	Henderson Street, Thurso, Caithness, Scotland, KW14 7QU

	Wheat flour (with calcium carbonate, iron, niacin, thiamin),
	butter (33%) (milk, salt), sugar, white chocolate chips (6%)
	(sugar, cocoa butter, whole milk powder, whey powder (milk),
	lactose (milk), emulsifier (soya lecithin), vanilla extract),
Ingredients	hazelnuts (6%), cornflour.

Country of origin	United Kingdom
Storage instructions	Store in a cool, dry place. Once opened, keep in an airtight
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	Yes
Cereals containing gluten (including wheat)	Yes
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	Nuts and sesame seeds.
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Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Energy (kj)	2327
Energy (kcal)	557
Carbohydrate (g)	59.9
Of which sugars (g)	22.6
Fat (g)	32.4
Of which saturates (g)	18
Protein (g)	5.6
Fibre (g)	
Salt (g)	0.6

Name of product	Hamlet Chocolates 125g gold
Monty&Ridge product code	F-HI02
,	Hamlet nv, Kerkstraat 77, 77 KERKSTRAAT, BE-9120, VRASENE,
Manufacturer's name and address	Belgium
	1
	Assorted chocolates - Ingredients: sugar, whole milk powder, cocoa mass, cocoa butter, HAZELNUTS (NUTS) 6%, sweetened condensed whole mil, palm fat, glucose syrup, butter oil (milk), milk sugar, dextrose, alcohol, coffee extract 0.04%, emulsifier: soy lecithin, stabiliser: E420ii, flavourings, caramel, raspberry, orange and vanilla. Cocoa solids: chocolate: min 50%, milk chocolate min 29%, white chocolate min 23%. Milk solids: milk
Ingredients	chocolate: min 24%, white chocolate: min 27%.
Country of origin	
Storage instructions	Keep cool and dry
Instructions for use	
Alcoholic strength (%ABV)	

Celery	No
Eggs	No
Tree nuts	Yes
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	May contain traces of other nuts.	
Cuitable for usestarians?	Vac	

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

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Energy (kj)	2200
Energy (kcal)	526
Carbohydrate (g)	56
Of which sugars (g)	54
Fat (g)	30
Of which saturates (g)	16
Protein (g)	6.2
Fibre (g)	
Salt (g)	0.16

Name of product	Kernow Dark chocolate - ginger 100g
Monty&Ridge product code	F-HB06
	Kernow Chocolate, 755 Orion Drive, St Eval, Wadebridge,
Manufacturer's name and address	Cornwall. PL27 7TU. UK

	Dark chocolate 90% (cocoa mass, sugar, cocoa butter, emulsifie	
	soya lecithin, natural vanilla flavour), crystallised stem ginger	
Ingredients	10% (ginger, sugar).	

Country of origin	United Kingdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	Yes

May contain statements:	gluten, egg, dairy
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Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	No

Energy (kj)	2209
Energy (kcal)	527
Carbohydrate (g)	49.1
Of which sugars (g)	46.6
Fat (g)	33
Of which saturates (g)	19.7
Protein (g)	4.6
Fibre (g)	
Salt (g)	0

Name of product	Kernow Milk choc - milk 100g
Monty&Ridge product code	F-HB07
	Kernow Chocolate, 755 Orion Drive, St Eval, Wadebridge,
Manufacturer's name and address	Cornwall. PL27 7TU. UK

	Sugar 42%, cocoa butter 24%, whole milk powder 22.5%, cocoa	
	mass 11%, emulsifier: soya lecithin <1%, natural vanilla	
Ingredients	flavouring <1%.	

Country of origin	United Kingdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	gluten, egg
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Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	No

Energy (kj)	2356
Energy (kcal)	563
Carbohydrate (g)	50.9
Of which sugars (g)	49.9
Fat (g)	36.2
Of which saturates (g)	218
Protein (g)	7
Fibre (g)	
Salt (g)	0.2

CCC dark chocolate buttons 150g
F-HO01
Calico Cottage, Haddenham Business Park, CB6 3PT
Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: SOYA Lecithin
(E322), Natural Vanilla Flavouring.

Country of origin	United Kingdom
Storage instructions	Store in a cool dry place away from sunlight.
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	Yes

	tree nuts, peanuts, gluten, wheat, egg, milk, sesame and
May contain statements:	sulphites.

Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	No

Nutrition labelling - typical value per 100g/100mi		
Energy (kj)	2272	
Energy (kcal)	543	
Carbohydrate (g)	47.6	
Of which sugars (g)	44	
Fat (g)	35	
Of which saturates (g)	21.4	
Protein (g)	5.5	
Fibre (g)		
Salt (g)	0.01	

Name of product	Cartwright&Butler Chocolate fudge 175g	
Monty&Ridge product code	F-FC01	
	Cartwright & Butler, Unicorn House, Broad Lane, Gilberdyke	
Manufacturer's name and address	Brough, East Riding of Yorkshire, HU15 2TS	

	Sugar, sweetened condensed milk, glucose syrup, butter (milk),
Ingredients	cocoa mass (3%), golden syrup, humectant: glycerine

Country of origin	United Kingdom
Storage instructions	Once opened store in a cool, dry place, in an airtight container
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	No

May contain statements:	May contain nuts and peanuts.	
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Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

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Energy (kj)	1800
Energy (kcal)	427
Carbohydrate (g)	80
Of which sugars (g)	72
Fat (g)	11
Of which saturates (g)	7
Protein (g)	2.6
Fibre (g)	<0.5
Salt (g)	0.2