All information about this hamper included below is correct at the time of going to press. Please be aware that in the event that a substitution is made, this nutrition information and allergy summary may not accurately reflect the contents of the gift. If you have any concerns in relation to allergens, or queries about dietary requirements, please contact us prior to purchase.

Name of product	Belvoir cucumber and mint presse 75cl	
Monty&Ridge product code	D-SP01	
Manufacturer's name and address	Belvoir Fruit Farms Ltd, Barkestone Lane, Bottesford, NG13 0DH.	

Carbonated Spring Water, Real Pressed Cucumber Juice	
Sugar, Lemon Juice from Concentrate, Citric Acid, Cu	
Ingredients	Extract, Mint Extract, Geranium Extract

Country of origin	United Kingdom
	Store in a cool dark place. Once opened please keep in the fridge
Storage instructions	and use within 3 days.
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:

Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

tractition labelling typical value per 1006/100mm		
Energy (kj)	134	
Energy (kcal)	32	
Carbohydrate (g)	7.9	
Of which sugars (g)	7.4	
Fat (g)	0	
Of which saturates (g)	0	
Protein (g)	0	
Fibre (g)	0	
Salt (g)	0	

Name of product	Furniss Clotted Cream Shortbread with Strawberry 200g	
Monty&Ridge product code	F-BS05	
,	Furniss of Cornwall, Unit 11, Druid Road, Redruth, Cornwall,	
Manufacturer's name and address	TR15 3RH	
	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin,	
	Thiamin), Butter (MILK) (34%), Sugar, Cornflour, Strawberry	
	Pieces (9%) (Fruit (Apple, Strawberry), Fructose Glucose Syrup,	
	Sugar, Humectant: Glycerol, WHEAT Fibre, Palm Fat, Acidity	
	regulator: Malic Acid, Gelling Agent: Pectin, Natural Food	
	Colouring, Natural Strawberry Flavouring, Natural Flavourings),	
Ingredients	Cornish Clotted Cream (MILK) (2%), Salt.	
Country of origin	United Kingdom	
	Store in a cool dry place and once opened in an airtight	
Storage instructions	container	
Instructions for use		
Alcoholic strength (%ABV)	0	
<u> </u>		
Allergens		
Celery	No	
Eggs	No No	
Tree nuts	No No	
Cereals containing gluten (including wheat)	Yes	
Fish	No No	
Peanuts	No No	
Crustaceans	No Van	
Milk	Yes	
Sesame	No No	
Soy	No	
May contain statements:	Nuts	
Suitable for vegetarians?	Yes	
Suitable for vegans?	No	
Suitable for gluten allergy sufferers?	No	
Suitable for wheat allergy sufferers?	No	
Suitable for dairy allergy sufferers?	No	
Suitable for soya allergy sufferers?	Yes	
Suitable for nut allergy sufferers?	No	
Suitable for egg allergy sufferers?	Yes	
Nutrition labelling - typical value per 100g/100)ml	
Energy (kj)	2228	
Energy (kcal)	533	
Carbohydrate (g)	64.2	
Of which sugars (g)	261	
Fat (g)	29.4	
Of which saturates (g)	18.8	
Protein (g)	15.8	
Fibre (g)		
Salt (g)	0.57	

Name of product	Westcountry Cider Cake 350g
Monty&Ridge product code	F-CF01
Manufacturer's name and address	Foxcombe Bakehouse, Okehampton, Devon, EX20 4PH
	Raisins (48%), wheat flour, sugar, Devon cider (11%), vegetable
	fat spread (vegetable oils, water, salt), apple juice, free range
Ingredients	eggs, mixed spices.

Country of origin	United Kingdom
Storage instructions	Store in a cool, dry place.
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	Yes
Tree nuts	No
Cereals containing gluten (including wheat)	Yes
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

ſ	May contain statements:	Nuts

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	No

Energy (kj)	1366.9
Energy (kcal)	324
Carbohydrate (g)	59.7
Of which sugars (g)	48.9
Fat (g)	9
Of which saturates (g)	2.6
Protein (g)	3.1
Fibre (g)	1.7
Salt (g)	0.3

Name of product	Hamlet Chocolates 125g cream
Monty&Ridge product code	F-HI03
	Hamlet nv, Kerkstraat 77, 77 KERKSTRAAT, BE-9120, VRASENE,
Manufacturer's name and address	Belgium

	Assorted chocolates - Ingredients: sugar, whole milk powder,
	0 0,
	cocoa mass, cocoa butter, HAZELNUTS (NUTS) 6%, sweetened
	condensed whole mil, palm fat, glucose syrup, butter oil (milk),
	milk sugar, dextrose, alcohol, coffee extract 0.04%, emulsifier:
	soy lecithin, stabiliser: E420ii, flavourings, caramel, raspberry,
	orange and vanilla. Cocoa solids: chocolate: min 50%, milk
	chocolate min 29%, white chocolate min 23%. Milk solids: milk
Ingredients	chocolate: min 24%, white chocolate: min 27%.

Country of origin	
Storage instructions	Keep cool and dry
Instructions for use	
Alcoholic strength (%ABV)	

Celery	No
Eggs	No
Tree nuts	Yes
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	May contain traces of other nuts.

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Energy (kj)	2200
Energy (kcal)	526
Carbohydrate (g)	56
Of which sugars (g)	54
Fat (g)	30
Of which saturates (g)	16
Protein (g)	6.2
Fibre (g)	
Salt (g)	0.16

Name of product	Joe&Sephs Popcorn Caramel and white choc 30g
Monty&Ridge product code	F-PM02
Manufacturer's name and address	Joe's Gourmet Foods Ltd, 3 Willen Field Rd, London NW10 7BQ
Ingredients	Corn, Butter (Milk), Sugar, White Chocolate (16%) {Sugar (46.5%), Cocoa Butter (29.5%), Whole Milk Powder (23.5%), Soya Lecithin, Natural Vanilla}, Corn Syrup
Country of saisin	
Country of origin	
Storage instructions	
Instructions for use	

Alcoholic strength (%ABV)

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	Nuts, peanuts, sesame

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Energy (kj)	2207
Energy (kcal)	528
Carbohydrate (g)	61.1
Of which sugars (g)	37
Fat (g)	29.6
Of which saturates (g)	20
Protein (g)	43
Fibre (g)	
Salt (g)	0.8