All information about this hamper included below is correct at the time of going to press. Please be aware that in the event that a substitution is made, this nutrition information and allergy summary may not accurately reflect the contents of the gift. If you have any concerns in relation to allergens, or queries about dietary requirements, please contact us prior to purchase.

Name of product	Punto Alto Malbec 75cl
Monty&Ridge product code	D-AR02
	Richmond Wine Agencies, Richmond House, 1 The Links,
Manufacturer's name and address	Popham Close, Hanworth, Middlesex, TW13 6JE, UK

Ingredients Grapes. Contains sulfites	Ingredients	Grapes. Contains sulfites	
---------------------------------------	-------------	---------------------------	--

Country of origin	Argentina
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	13.5

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	Contains sulfites
-------------------------	-------------------

Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

Energy (kj)	
Energy (kcal)	
Carbohydrate (g)	
Of which sugars (g)	
Fat (g)	
Of which saturates (g)	
Protein (g)	
Fibre (g)	
Salt (g)	

Name of product	CCC Hot chocolate stirrer salted caramel 42g
Monty&Ridge product code	D-HH01
Manufacturer's name and address	Calico Cottage, Haddenham Business Park, CB6 3PT

	Chocolate ingredients: Sugar, cocoa butter, whole milk powder,
	cocoa mass, emulsifier (soya lecithin (E322)), sea salt,
	flavourings: natural caramel, natural vanilla. Chocolate contains:
	minimum 30% cocoa solids, minimum 25.7% milk solids.
	Marshmallow ingredients: glucose-fructose syrup, sugar, water,
	gelatine*, anticaking agent: maize starch, flavouring, natural
	colour E162
Ingredients	*marshmallows not suitable for vegetarians.

Country of origin	United Kingdom
Storage instructions	Store in a cool, dry place away from direct sunlight
Instructions for use	Stir into 300ml of hot milk and enjoy
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	Tree nuts, peanuts, gluten, egg, sulfites
ividy contain statements.	rice rides, pedrides, glateri, egg, saintes

Suitable for vegetarians?	No
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	No

*Marshmallows only

Energy (kj)	2251
Energy (kcal)	538
Carbohydrate (g)	57.4
Of which sugars (g)	56.4
Fat (g)	31
Of which saturates (g)	19
Protein (g)	6.4
Fibre (g)	
Salt (g)	0.29

Name of product	Reid's Shortbread White Chocolate and Hazelnut 150g
Monty&Ridge product code	F-BS02
	Reids Bakery (Thurso) Ltd T/A Reids of Caithness, Unit 17
Manufacturer's name and address	Henderson Street, Thurso, Caithness, Scotland, KW14 7QU

	Wheat flour (with calcium carbonate, iron, niacin, thiamin),
	butter (33%) (milk, salt), sugar, white chocolate chips (6%)
	(sugar, cocoa butter, whole milk powder, whey powder (milk),
	lactose (milk), emulsifier (soya lecithin), vanilla extract),
Ingredients	hazelnuts (6%), cornflour.

Country of origin	United Kingdom
Storage instructions	Store in a cool, dry place. Once opened, keep in an airtight
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	Yes
Cereals containing gluten (including wheat)	Yes
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	Nuts and sesame seeds.
-------------------------	------------------------

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Energy (kj)	2327
Energy (kcal)	557
Carbohydrate (g)	59.9
Of which sugars (g)	22.6
Fat (g)	32.4
Of which saturates (g)	18
Protein (g)	5.6
Fibre (g)	
Salt (g)	0.6

Name of product	Kernow Milk choc - milk 100g
Monty&Ridge product code	F-HB07
	Kernow Chocolate, 755 Orion Drive, St Eval, Wadebridge,
Manufacturer's name and address	Cornwall. PL27 7TU. UK

	Sugar 42%, cocoa butter 24%, whole milk powder 22.5%, cocoa
	mass 11%, emulsifier: soya lecithin <1%, natural vanilla
Ingredients	flavouring <1%.

Country of origin	United Kingdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	Yes

May contain statements:	gluten, egg
-------------------------	-------------

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	No
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	No

Energy (kj)	2356
Energy (kcal)	563
Carbohydrate (g)	50.9
Of which sugars (g)	49.9
Fat (g)	36.2
Of which saturates (g)	218
Protein (g)	7
Fibre (g)	
Salt (g)	0.2

Name of product	Fine Cheese Co crackers with gruyere 45g
Monty&Ridge product code	F-RS01
Manufacturer's name and address	The Fine Cheese Co, 29&31 Walcot Street, Bath BA1 5BN
Ingredients	Wheat flour, gruyere cheese (17%) (milk), emmental cheese (16%) (milk), autolysed yeast, butter (milk), mustard powder, raising agent (sodium bicarbonate) sea salt, sugar, ground nutmeg, ground black pepper.
Country of origin	United Kingdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	Yes
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	No

May contain statements:	Not suitable for nut allergy sufferers.

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	No
Suitable for wheat allergy sufferers?	No
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	No
Suitable for egg allergy sufferers?	Yes

Energy (kj)	1853
Energy (kcal)	440
Carbohydrate (g)	56.3
Of which sugars (g)	0.9
Fat (g)	16.3
Of which saturates (g)	9.9
Protein (g)	20
Fibre (g)	
Salt (g)	2

Name of product	Thursday Cottage Strawberry jam 112g
Monty&Ridge product code	F-JJ01
Manufacturer's name and address	Thursday Cottage Ltd, Trewlands Farm, Tiptree, Essex, CO5 0RF

	Sugar, strawberries, celling agent: citrus pectin, concentrated
Ingredients	lemon juice

Country of origin	United Kingdom	
Storage instructions	Keep in a cool place once opened	
Instructions for use		
Alcoholic strength (%ABV)	0	

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	No
Sesame	No
Soy	No

May contain statements:	n/a
-------------------------	-----

Suitable for vegetarians?	Yes
Suitable for vegans?	Yes
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	Yes
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

<u> </u>	
Energy (kj)	1048
Energy (kcal)	247
Carbohydrate (g)	61
Of which sugars (g)	60
Fat (g)	0
Of which saturates (g)	0
Protein (g)	0
Fibre (g)	0
Salt (g)	0.02

Name of product	Yorkshire Crisps chardonnay wine vinegar crisps 50g drum
Monty&Ridge product code	F-YC03
	The Yorkshire Crisp Company, Units 1-4 Waleswood Industrial
Manufacturer's name and address	Estate, Wales Bar, Sheffield, S26 5PY

	Potatoes, sunflower oil, Dried Malt Vinegar, Sea Salt, Whey	
	powder (MILK), Maltodextrin, Sugar, Dried Chardonnay White	
	Wine, Yeast Extract, Spirit Vinegar Powder, Dried Lemon Juice,	
Ingredients	Acidity Regulator: Citric acid	

Country of origin	United Kingdom
Storage instructions	
Instructions for use	
Alcoholic strength (%ABV)	0

Celery	No
Eggs	No
Tree nuts	No
Cereals containing gluten (including wheat)	No
Fish	No
Peanuts	No
Crustaceans	No
Milk	Yes
Sesame	No
Soy	No

May contain statements:	None
-------------------------	------

Suitable for vegetarians?	Yes
Suitable for vegans?	No
Suitable for gluten allergy sufferers?	Yes
Suitable for wheat allergy sufferers?	Yes
Suitable for dairy allergy sufferers?	No
Suitable for soya allergy sufferers?	Yes
Suitable for nut allergy sufferers?	Yes
Suitable for egg allergy sufferers?	Yes

<u> </u>	
Energy (kj)	2108
Energy (kcal)	503
Carbohydrate (g)	65.5
Of which sugars (g)	2.7
Fat (g)	23.9
Of which saturates (g)	5.4
Protein (g)	6.6
Fibre (g)	
Salt (g)	1.5