KIDS FORMULA

120 GUMMIES

Directions: For children 4 years of age and older, take four (4) gummies daily. May be taken with or without food. Chew each gummy thoroughly.

Supplement Facts

Serving Size 4 Gummies Servings Per Container About 22

Amount per 4 Gummy Serving % Daily Value		
Calories	35	
Cholesterol	< 5 mg	< 1%
Total Carbohydrate	7 g	3%†
Sugars	5 g	**
Includes 5 g Added Sugars		10%†
Vitamin A (as 50% beta-carotene USP, retinyl palmitate l	JSP) 180 mcg	20%
Vitamin C (as ascorbic acid USP)	45 mg	50%
Vitamin D (D-3 as cholecalciferol USP)	20 mcg (800 IU)	100%
Vitamin E (as as d-alpha-tocopherol from sunflower oil)	6.6 mg	44%
Vitamin K (K-1 as phylloquinone USP)	12 mcg	10%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.1 mg	8%
Riboflavin (Vitamin B-2 USP)	0.16 mg	12%
Vitamin B-6 (as pyridoxal 5-phosphate)	1 mg	59%
Folate (as L-methylfolate, calcium salt)	250 mcg DFE (150 mcg L-methylfolate)	63%
Vitamin B-12 (as methylcobalamin USP)	1.8 mcg	75%
Biotin USP	16 mcg	53%
Pantothenic acid (as calcium D-pantothenate USP)	0.375 mg	8%
Choline (as choline bitartrate)	12 mg	2%
Iodine (as potassium iodide USP)	90 mcg	60%
Zinc (as zinc citrate USP)	1.6 mg	15%
Sodium	15 mg	1%
Fish Oil	340 mg	**
Total Omega-3 Fatty Acids	100 mg	**
EPA (Eicosapentaenoic Acid)	56 mg	**
DHA (Docosahexaenoic Acid)	44 mg	**
Inositol FCC	2 mg	**
Vitamin K-2 (as menaquinone-7)	8 mcg	**

[†] Percent Daily Value based on a 2,000 calorie diet.

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Gelatin, Pectin, Citric Acid, Natural Flavors, Colors Added (Organic Black Carrot Juice Concentrate, Organic Turmeric).

Omega 3 Fish Oil from Sustainable Fisheries, Small Fish Only

^{**} Daily Value not established.