Nutrition Facts 5 servings per container Serving size 1 package (95g) Amount Per Serving 310 **Calories** % Daily Value* Total Fat 2.5g 3%

Saturated Fat 0g 0% Trans Fat 0a Cholesterol 0ma 0%

Sodium 1400mg 61% Total Carbohydrate 63g 23% Dietary Fiber 2a 7%

Total Sugars 5g 4% Includes 2g Added Sugars

Protein 11g 22%

Vit. D 0mcg 0% • Calcium 14mg 2%

Iron 0.7mg 4% Potas. 118mg 2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.