

MORTON & BASSETT SPICES®

## *Roasted Blackened Chicken*



- 4 chicken breasts
- 2 tablespoons olive oil
- 2 tablespoons Morton & Bassett Blackened Seasoning
- Pinch of salt
- Fresh herbs and roasted potatoes for serving

Brush chicken breasts with olive oil on both sides so they're fully covered, then shake blackened seasoning to cover all sides of the chicken. Roast chicken breasts in a large nonstick pan over medium high heat. Cook until chicken is golden brown on both sides and has an internal temperature of 165 degrees F. Depending on the thickness of chicken breasts, this can take anywhere from 10-20 minutes total. Serve with roasted potatoes and fresh herbs.



[mortonbassett.com](http://mortonbassett.com)

