

MORTON & BASSETT SPICES®

Ginger Green Smoothie



- 1 banana
- 1 avocado
- 1 cup spinach
- ½ teaspoon Morton & Bassett Ground Ginger
- ½ teaspoon Morton & Bassett Vanilla Powder
- ½ teaspoon chia seeds, plus a pinch for garnish
- 1½ cups milk of choice

In a blender, combine banana, avocado, spinach, M&B Ground Ginger, M&B Vanilla Powder, chia seeds, and milk. Blend until smooth. Top with chia seeds.

Servings: 2 | Time: 10 minutes



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