

MORTON & BASSETT SPICES®

Cinnamon Berry Smoothie Bowl



- 1 mango, sliced
- 1 ½ cups frozen mixed berries
- ½ cup frozen banana
- ⅓ cup milk of choice
- 1 teaspoon Morton & Bassett Ground Cinnamon
- ½ cup granola
- ½ fresh banana, sliced
- ¼ cup shredded coconut
- ¼ cup chia seeds
- 1 tablespoon bee pollen
- ½ teaspoon Morton & Bassett Lavender

In a blender, add sliced mango, frozen berries, frozen banana, milk, and M&B Ground Cinnamon. Blend until smooth and creamy.

Pour the smoothie mixture into two bowls. Top with granola, fresh banana slices, shredded coconut, chia seeds, bee pollen, and M&B Lavender.

Servings: 2 | Time: 10 minutes



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