

MORTON & BASSETT SPICES®

Chipotle Barbeque Chicken



- 2 chicken breasts
- 1 teaspoon flakey salt
- 1 tablespoon Morton & Bassett Chipotle Barbeque Rub
- 1 tablespoon avocado oil

Preheat the oven to 450°F. Pat chicken breasts dry. Drizzle oil across both breasts, followed by M&B Chipotle Barbeque Rub. Flip and repeat. Set chicken on a parchment lined baking sheet. Roast in the oven for 18-20 minutes, or until the internal temperature reads 165°F. Slice and serve over a bed of orzo.

Servings: 4 | Time: 35 minutes



mortonbassett.com

